

**The Minnesota Bid for the  
USWF  
National Championships  
Monday, May 1, 1989**

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**I. Minnesota Bid for the USWF  
National Championships**



## **Minnesota bid for the National Championships**

Minnesota Weightlifting in conjunction with its sponsor, the Minnesota Amateur Sports Commission is submitting a bid to be host to the following USWF national championships:

1990 National Jr. Weightlifting Championships

1990 American and Under 23 Weightlifting Championships

1991 National Weightlifting Championships

1991 National Women's Weightlifting Championships

1991 American and Under 23 Weightlifting Championships

The sponsor of these events will be:

Minnesota Amateur Sports Commission  
900 American Center  
150 East Kellogg Boulevard  
St. Paul, MN 55101

Telephone: 612/296-4845  
FAX: 612/296-1290

The sanctioning of these events would be through:

Minnesota Weightlifting Committee  
2925 East 50th Street  
Minneapolis, MN 55417

The site of the championships would be:

National Sports Center  
1700 105 Avenue NE  
Blaine, MN 55434





## Considerations that impact Minnesota's bid

### 1) National Sports Center

- Training and warm-up area purpose-built for weightlifting.
- Venue-designed to host events from local to international level with portable staging area with purpose-built seating plan.
- Dormitory rooms on site - housing for 200 athletes/officials/coaches, etc. for \$30.00 each per night, including 3 meals per day.
- Locker rooms, meeting rooms, sauna, sports medicine, lounges and cafeteria on site.

### 2) Sponsorship

- The sports marketing department for the Minnesota Amateur Sports Commission will secure sponsorship and funding for the events. These events will be fully underwritten by the National Sports Center.

### 3) Commitment to USWF and Minnesota Weightlifting

The National Championships are but a part of a complete program for weightlifting that includes the high school clean and jerk program, coaches, referees, and athlete clinics, as well as events at all levels, including local, state, regional, national and international levels.

### 4) Experienced leadership in Minnesota weightlifting

- previous events:
  - 1983 National Juniors
  - 1986 National Juniors
  - 1988 Women's Nationals
  - 1988 National Championships
- the growth of the Minnesota junior program, overall numbers, coaches and clubs
- development of a program for long-term growth

Clearly, the combination of the facility and staff of the National Sports Center, with expertise of the leadership of the Minnesota Committee will produce quality championship events.

### Additional factors to be considered:

- 1) Geographically and centrally located for all participants.
- 2) Major airport for ease of access.



- 3) Shuttle service for transportation between airport, and venue and additional hotels
- 4) Choice of economical dorms or hotels
- 5) Facilities available for up to a whole week prior to event if needed.



**II. The National Sports Center  
Blaine/Minnesota**



## **National Sports Center Blaine, Minnesota**

The National Sports Center, under the direction of the Minnesota Amateur Sports Commission, has been designed as one of the finest athletic complexes in the nation for competition and training in athletics (track and field), cycling, soccer, weightlifting and wrestling. With \$14.7 million in funding, it was the lead project in a \$29.4 million capital bonding package for the construction and enhancement of amateur sports facilities.

The National Sports Center is located adjacent to the Anoka County Airport in Blaine, Minnesota, a northern suburb of the Twin Cities. It is easily accessible by major highway systems and has ample parking for major spectator events.

The complex features three state-of-the-art venues on 92 acres of land. It includes a lighted, outdoor stadium for soccer and track and field competition; a multi-purpose sports hall complete with indoor training facilities for weightlifting, wrestling, soccer and track and field; and a velodrome for cycling.

Five national governing bodies have designated the Center as an official training site for their sport. Those organizations include The Athletics Congress of the U.S. (TAC); U.S. Cycling Federation (USCF); U.S. Soccer Federation (USSF); U.S. Weightlifting Federation (USWF); and USA Wrestling.





# **The Facilities of the National Sports Center**

## **The Stadium**

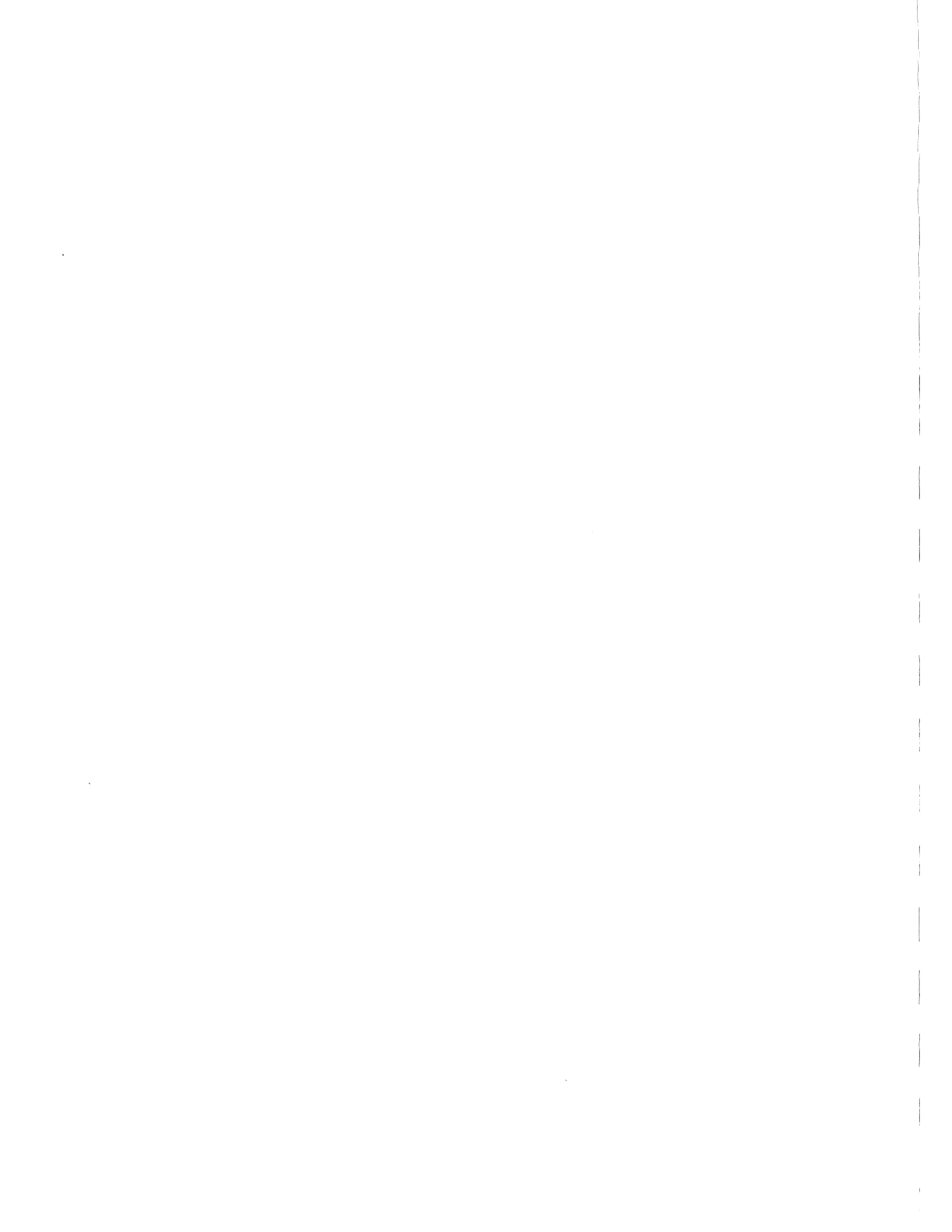
The National Sports Center stadium will be the only outdoor facility of its type in Minnesota. It features ticket, concession and merchandise areas, restrooms, enclosed storage, lighting, electronic scoreboard and press box.

Construction for the initial phase of the stadium includes combined permanent and portable seating for up to 12,000 spectators. Second- phase stadium seating, scheduled for 1990, will increase the spectator capacity to 25,000.

A third-phase stadium construction is proposed for 1992/'93 which would allow for up to 45,000 seats as part of the 1994 World Cup competition.

The natural turf soccer field will be 110 meters by 73 meters and designed for both international and professional competition. The stadium is supported by 15 on-site soccer fields which are adjacent to 15 additional fields owned and operated by the City of Blaine. Combined, the stadium and 30 fields will make the National Sports Center the largest contiguous soccer complex in North America.

The stadium soccer field is surrounded by a 400 meter all-weather, nine-lane performance track built to international specifications. The facility will have two 110 meter straightaways, along with vaulting pits, jumping pits and field event areas. There is also a field events training area adjacent to the stadium.



## Sports Hall

The National Sports Center's multi-purpose sports hall is constructed to accommodate a variety of activities and events.

The main facility is dedicated to weightlifting, wrestling, soccer and track and field competition and training. It includes special areas for weightlifting and wrestling, along with a 200 meter synthetic track and a 60 yards by 100 yards area for soccer training. The sports hall arena also has the flexibility to host other related sports competitions and can hold up to 5,000 spectators for certain events.

In addition, the multi-purpose sports hall houses nine spacious locker rooms, sports medicine and fitness training areas, saunas, meeting room space, ticket office and gift shop. All administrative offices for the Minnesota Amateur Sports Commission and National Sports Center are located in this facility.

A three-story residence hall complex attached to the facility enhances the ability of the National Sports Center to host camps and training seminars. Complete with food service and laundry, the hall contains 200 beds and a lounge area on each floor.

## Velodrome

The Minnesota Amateur Sports Commission enlisted the services of West German velodrome design specialists Herbert Schurmann Architects when building the only all-weather, wood cycling track in the United States.

With a 250 meter by 7 meter track, the National Sports Center velodrome is similar to the facility constructed for the 1992 Olympic Games cycling



competition in Barcelona, Spain. The velodrome will include a tower for administration and video taping purposes, with seating able to accommodate up to 5,000 spectators.

A one kilometer criterium (road) cycling course has also been planned throughout the Center's service road system. This allows the complex to include criterium cycling competitions in conjunction with major velodrome events.

### **Support Facilities**

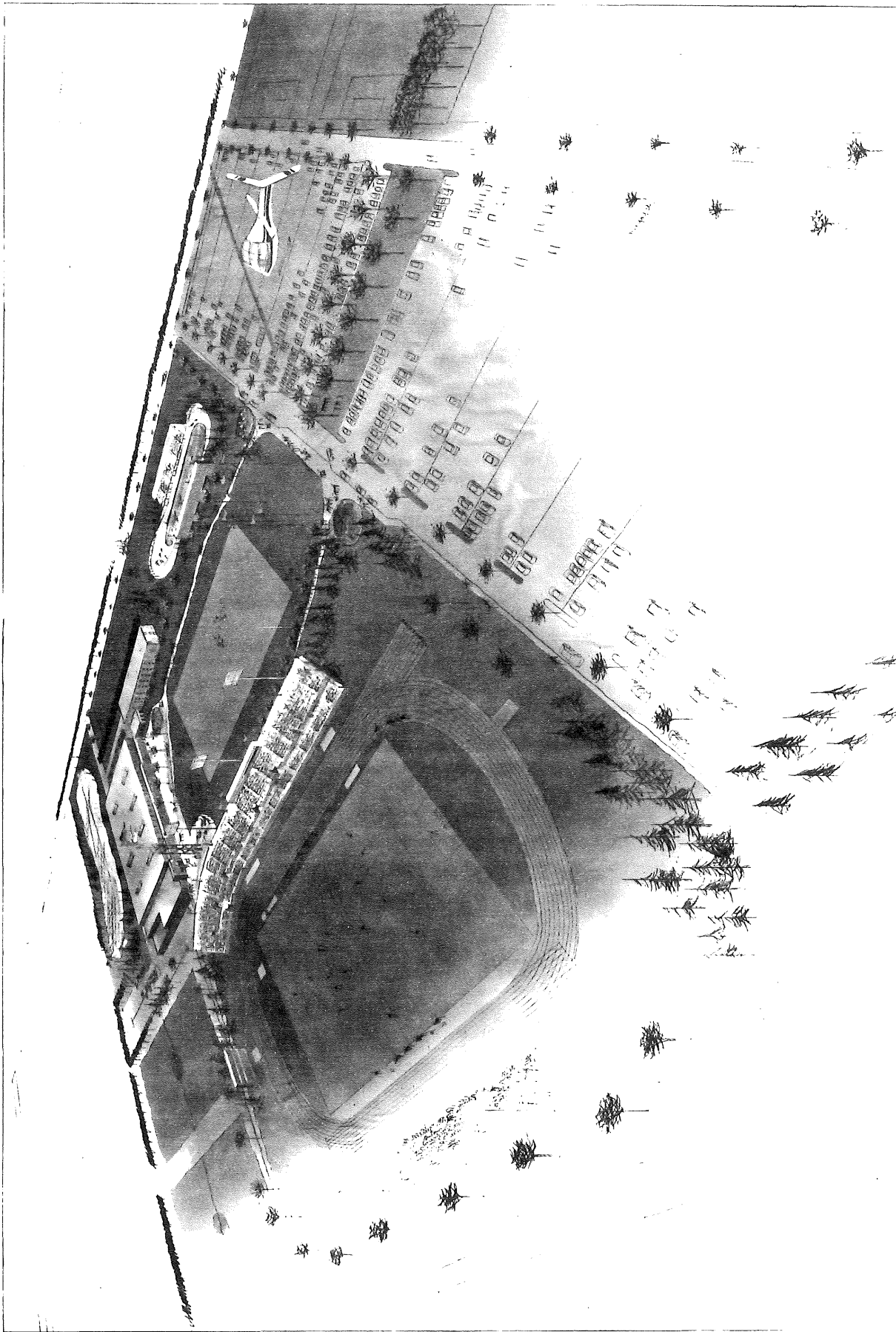
The National Sports Center venues are complimented by other features which serve the facility both functionally and aesthetically.

An exhibition soccer field surrounded by the three major venues becomes the focal point for special competitions, ceremonies and events. The courtyard area is designed for easy accessibility to all venues and earth-bermed grading permits a natural seating effect for spectators.

The National Sports Center is also reviewing proposals for constructing a private, full service sports medicine clinic on the Complex grounds. The clinic would provide injury rehabilitation, physical therapy, testing and research services to the Center.

Finally, National Sports Center landscaping provides for a lake, mall and hundreds of trees, evergreens and shrubs to portray the facility in true Minnesota tradition.





OCTOBER 27, 1988.

TKDA

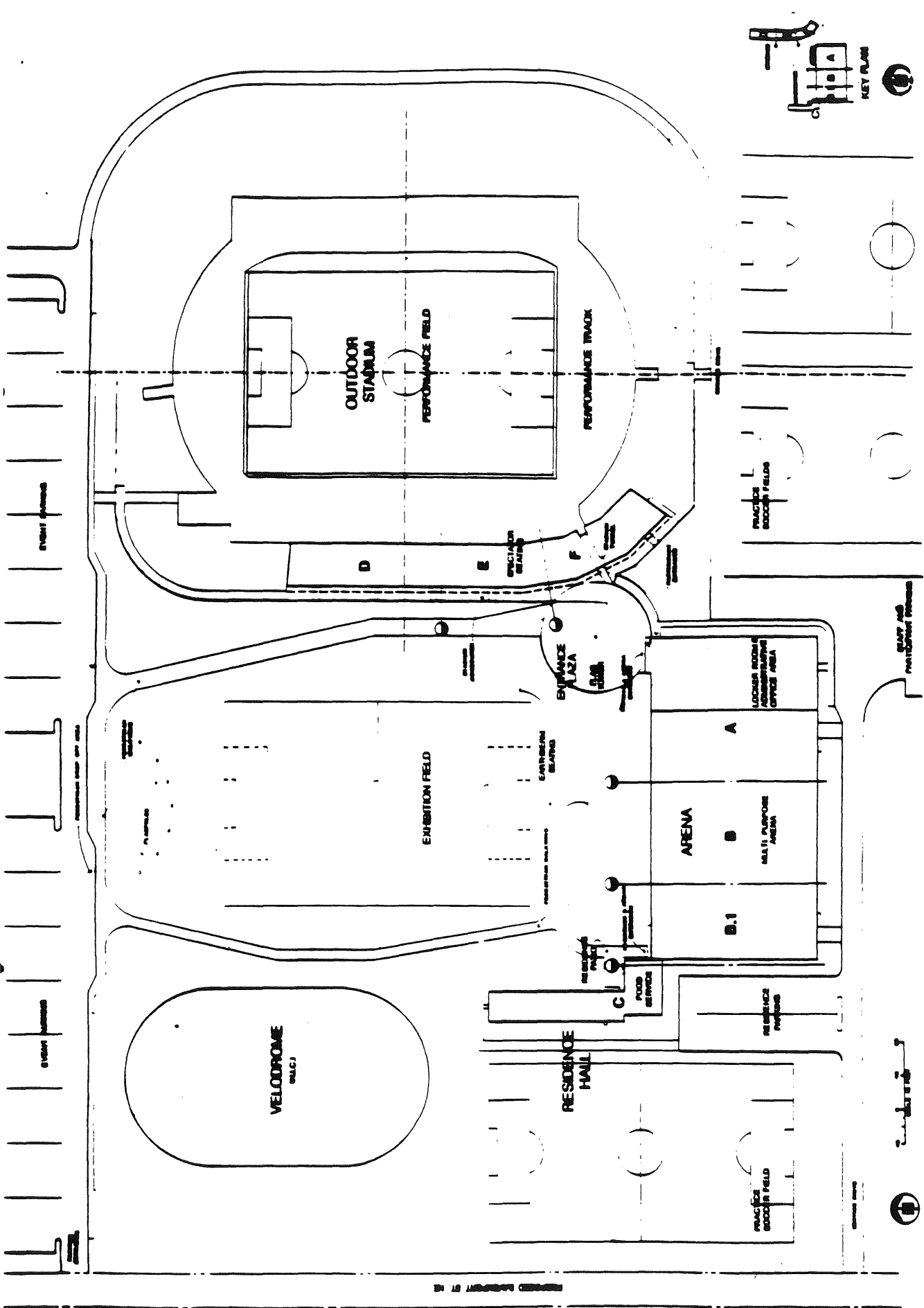
AT BLAINE,  
MINNESOTA

# NATIONAL SPORTS CENTER

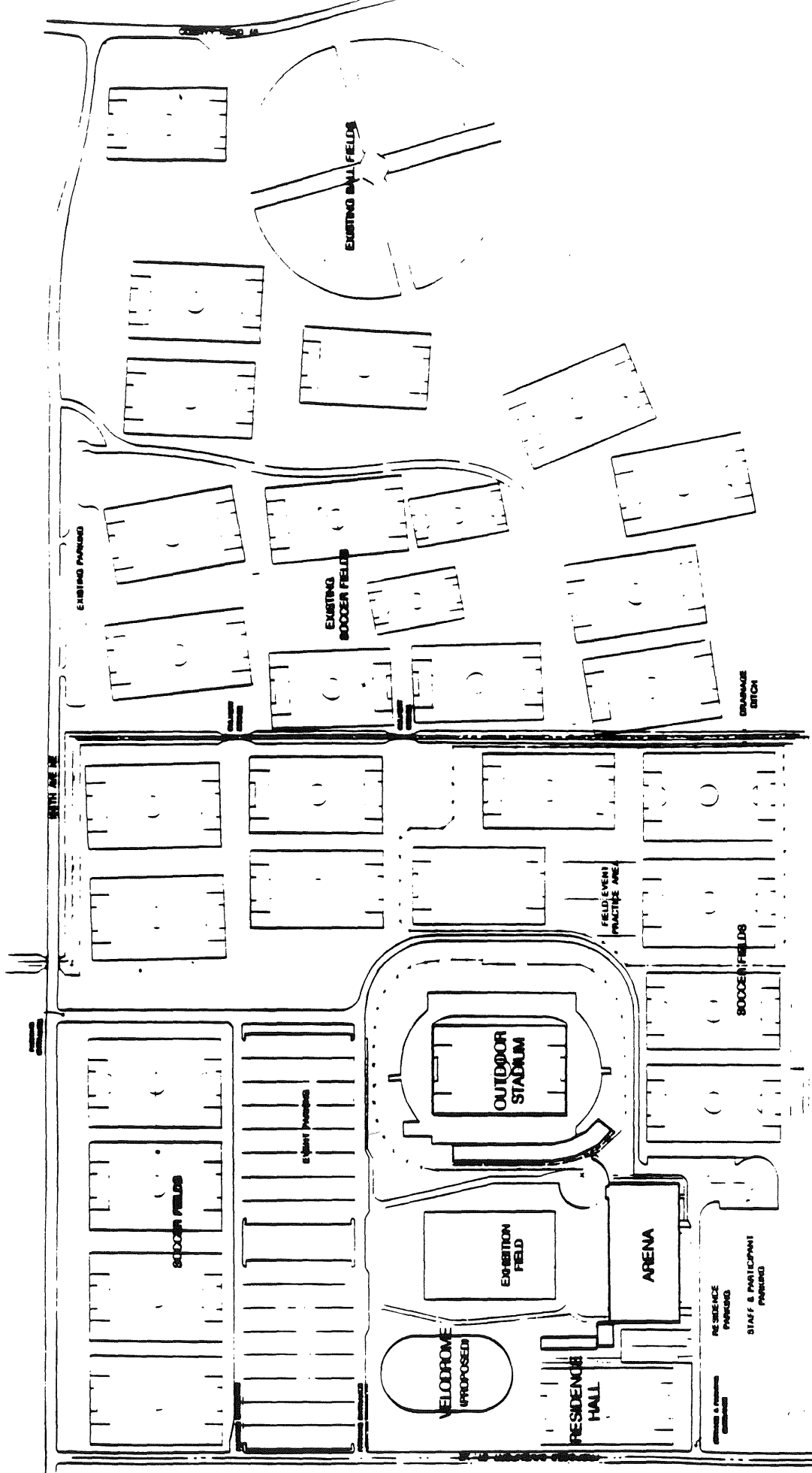
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**MISC** ————— **NATIONAL SPORTS CENTER** ————— **TKDA**  
 AT BLAKE, MINNESOTA



### **III. The Programming Philosophy**



## The Programming Philosophy

When the Minnesota Amateur Sports Commission began planning the National Sports Center in 1987, it identified the importance of making this facility available not only for elite athletic competition and training, but all individuals regardless of skill level or age.

Together, the Commission and the National Sports Center staff have refined this philosophy even further. They have developed a strong programming guide which will meet the needs of all groups -- local, regional, national and international athletes; coaches, officials and administrators; and event organizers and spectators. This has also generated three distinct classifications in the National Sports Center's concept for total programming.

The first includes activity-oriented programs for athletic pursuits and general fitness within the five major sports of the National Sports Center and involves twelve categories which fully utilize the three major venues and support facilities within those sports. These areas are 1) general recreational use; 2) sports club, secondary school and college use for training; 3) for clubs/schools/colleges, etc. regular season schedules, conference championships, etc.; 4) athlete development programs; 5) summer camps; 6) coaching development programs; 7) officiating development programs; 8) creating new events and competitions for the Center; 9) securing established events and competitions for the Center; 10) National and Olympic team training; 11) National and Olympic team competitions; and 12) special events, both athletic and non-athletic.

The second, entitled the National Amateur Sports Institute is designed to





complement activity programming while assisting in the development of athletic ability through utilization of the most effective and current techniques available in modern sports education.

The curriculum for the Institute includes eight components which stress the physiological, psychological, nutritional and emotional elements needed to promote success for on-field behavior, strength conditioning and strategy. The components include 1) cross training; 2) conditioning; 3) nutrition and wellness; 4) substance abuse; 5) psychology and imaging; 6) video-biomechanical performance feedback; 7) leadership skills; and 8) outdoors education and the international language of sport.

In addition, the National Amateur Sports Institute offers adult development programs, coaching and officiating certification training, and sports skill seminars. Instructors are selected from colleges and universities across the region and complemented by elite athletes residing and training at the National Sports Center.

Thirdly, additional areas of potential programming have been analyzed which can be feasibly accommodated at the National Sports Center. It is felt that many additional sports, activities, and events can be programmed to assist in generating a greater awareness, in our local marketplace of the National Sports Center. These sports, activities, and events include: a) Volleyball; b) Tennis; c) BMX Cycling; d) Free-style Cycling; e) Bocce; f) Rugby; g) Field Hockey; h) Softball; i) Martial Arts; j) Tug-o-war; k) Croquet; l) Cricket; m) Basketball; n) potential professional sports teams as major tenants; o) athletic training memberships at the National Sports Center; p) relationships with local and regional colleges; q) handicapped sports; r) major events development; s) wellness programs; t) the establishment of a



school tour and visitation program, with additional activities such as a speakers' bureau and volunteers and interpreters' bureau; t) special events coordination, ie: concerts/ Boy and Girl Scout jamborees/expos, etc.

A combination of all of these elements will certainly project a truly first-class image of our facility and establish its reputation as truly being a "National Sports Center".

