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# **FACT BOOK:** **State hospitals &** **nursing homes**

Department of Human Services

State of Minnesota

JANUARY 1985

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1985

FACT BOOK: State Hospitals and Nursing Homes

January 2, 1985

Prepared by: Minn. Dept. of Human Services  
Residential Facilities Div.  
Centennial Office Bldg.  
658 Cedar Street  
St. Paul, Minnesota 55155



STATE OF MINNESOTA  
DEPARTMENT OF HUMAN SERVICES  
CENTENNIAL OFFICE BUILDING  
ST. PAUL, MINNESOTA 55155

January 2, 1985

TO THE USER:

This Fact Book, issued in compliance with MS 246.06, was prepared to provide basic information on the ten residential facilities (eight hospitals and two nursing homes) operated by Minnesota's Department of Human Services. It will acquaint you with each facility and their programs, their locations and receiving areas, population trends, staff complements, bed capacities, square footages, capital improvements and operating expenditures. In general, the statistics contained in this document were prepared with information available up to November 15, 1984.

We hope you'll find the Fact Book to be both interesting and useful. If you should have any questions regarding our facilities or their programs, feel free to contact John Clawson, Assistant Commissioner for institutions.

A handwritten signature in cursive script, reading "Leonard W. Levine".

LEONARD W. LEVINE

Commissioner

AN EQUAL OPPORTUNITY EMPLOYER

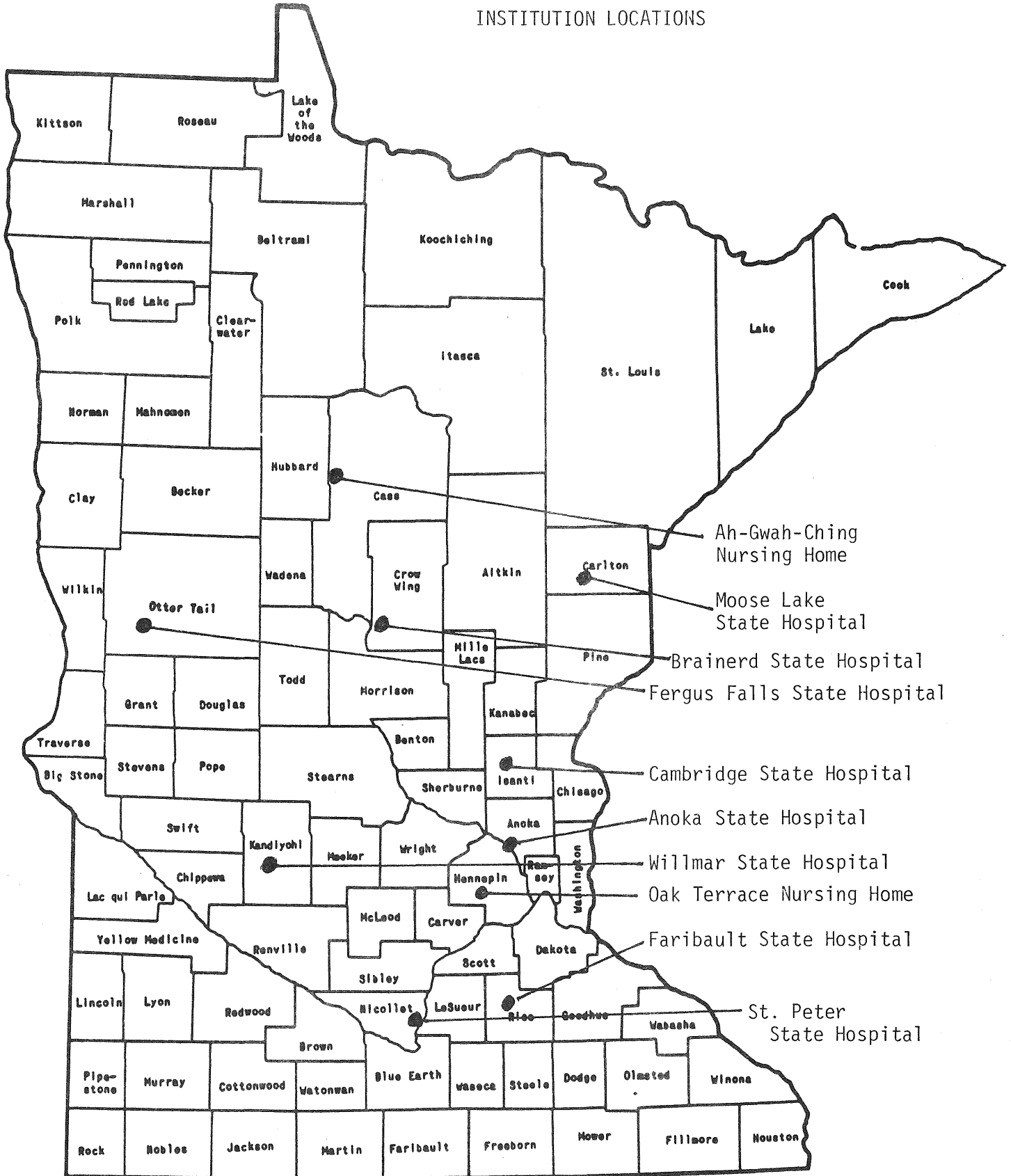
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DEPARTMENT OF HUMAN SERVICES

INSTITUTION LOCATIONS



FACTS ON STATE HOSPITALS

State Hospitals

	<u>Actual FY 1983</u>	<u>Actual FY 1984</u>	<u>Actual or Estimated FY 1985</u>	<u>Requested or Estimated FY 1986</u>	<u>Requested or Estimated FY 1987</u>
<u>Expenditures</u>	<u>\$141,282,600.</u>	<u>\$149,491,178</u>	<u>\$156,213,834</u>	<u>\$160,182,600</u>	<u>\$155,866,700</u>
<u>Revenue -</u>					
Medicare	\$ 1,538,251	\$ 1,793,312	\$ 1,400,000	\$ 1,700,000	\$ 2,400,000
MA	103,771,253	104,685,276	103,632,800	100,886,400	94,923,000
Other*	14,309,718	14,772,255	16,500,000	19,485,000	22,300,000
TOTAL	<u>\$119,619,222</u>	<u>\$121,250,843</u>	<u>\$121,532,800</u>	<u>\$122,071,400</u>	<u>\$119,623,000</u>
<u>Population</u>					
MI	1,080	1,021	1,019	1,046	1,052
MR	2,297	2,179	2,070	1,896	1,670
CD	637	595	606	612	616
Security	172	170	172	173	173
Sex Offender	40	40	40	40	40
	<u>4,226</u>	<u>4,005</u>	<u>3,907</u>	<u>3,767</u>	<u>3,551</u>
<u>Staff</u>	<u>5,463.1</u>	<u>5,447.0</u>	<u>5,447.0</u>	<u>5,447.0</u>	<u>5,447.0</u>

\*Includes county and court fees, private insurance and individual payments.

Nursing Homes

<u>Expenditures</u>	<u>\$ 15,598,400</u>	<u>\$ 16,397,379</u>	<u>\$ 17,640,420</u>	<u>\$ 18,028,400</u>	<u>\$ 18,066,200</u>
<u>Total Revenue</u>	<u>\$ 13,378,500</u>	<u>\$ 16,612,257</u>	<u>\$ 17,663,700</u>	<u>\$ 19,037,000</u>	<u>\$ 20,565,400</u>
<u>Population</u>	<u>657</u>	<u>671*</u>	<u>689**</u>	<u>665***</u>	<u>670</u>
<u>Staff</u>	<u>616</u>	<u>616</u>	<u>616</u>	<u>616.5</u>	<u>616.5</u>

\* Includes 19 for Lakeside Unit

\*\* Includes 29 for Lakeside Unit

\*\*\* No projections made for Lakeside Unit. Program reviewed by Legislature biennially.

AVERAGE DAILY POPULATION OF STATE HUMAN SERVICE FACILITIES  
AS OF NOVEMBER 30 EACH YEAR 1974-1984

<u>Institution</u>	<u>1974</u>	<u>1975</u>	<u>1976</u>	<u>1977</u>	<u>1978</u>	<u>1979</u>	<u>1980</u>	<u>1981</u>	<u>1982</u>	<u>1983</u>	<u>1984</u>
Anoka State Hospital	357	349	365	373	376	363	320	319	313	325	316
Brainerd State Hospital	651	653	662	637	593	545	519	499	489	469	429
Cambridge State Hospital	677	632	608	582	560	532	514	511	507	484	469
Faribault State Hospital	1107	1027	928	863	837	815	782	784	749	709	677
Fergus Falls State Hospital	517	498	554	580	613	569	545	553	549	470	483
Hastings State Hospital	223	184	123	119	Closed 5/1/78						
Moose Lake State Hospital	425	451	498	499	459	469	459	492	509	422	434
Rochester State Hospital & Social Adaptation Center	569	502	557	519	468	458	422	172	Closed 5/1/82		
St. Peter State Hospital, MVSAC, & Security Hospital	632	590	567	604	564	560	576	590	620	591	611
Willmar State Hospital	602	577	635	609	609	578	570	569	589	568	537
Lake Owasso Children's Home	73	60	To Ramsey County		6/1/76						
Ah-Gwah-Ching Nursing Home & Lakeside CD Unit*	432	386	356	368	360	348	329	326	323	346	349
Glen Lake State Sanatorium	16	2	Last TB Patient discharged 4/5/76								
Oak Terrace Nursing Home	322	334	333	338	334	333	333	331	330	331	331
Braille & Sight Saving School	65	59	55	Transferred to Dept. of Education 7/1/77							
School for the Deaf	214	195	179	Transferred to Dept. of Education 7/1/77							
Gillette State Hospital	Authority changed 5-1973										
<b>TOTALS</b>	<u>6882</u>	<u>6499</u>	<u>6420</u>	<u>6091</u>	<u>5773</u>	<u>5570</u>	<u>5369</u>	<u>5196</u>	<u>4978</u>	<u>4715</u>	<u>4636</u>

POPULATIONS - INSTITUTIONS FOR MENTALLY ILL, MENTALLY RETARDED AND CHEMICALLY DEPENDENT

<u>Year</u>	<u>Mentally Ill</u>	<u>Mentally Retarded</u>	<u>Chemically Dependent</u>	<u>Total</u>
1965 (1/31)	6,701	6,080	289	13,070
1970 (6/30)	3,223	4,696	371	8,290
1978 (6/30)	1,525	2,835	582	4,942
1979 (6/30)	1,568	2,757	560	4,885
1980 (6/30)	1,462	2,650	572	4,684
1981 (6/30)	1,222	2,430	603	4,255
1982 (6/30)	1,303	2,368	581	4,252
1983 (6/30)	1,292	2,297	637	4,226
1984 (6/30)	1,231	2,179	595	4,005

\*Lakeside CD Unit at Ah-Gwah-Ching opened February 1983.

Licensed, Certified and Utilized Bed Capacities  
 In Residence\* Average Daily Census (ADC) as of October 1984

<u>Campus</u>	<u>Spec. Units</u>	<u>MI</u>	<u>MR</u>	<u>CD</u>	<u>Sub Total</u>	<u>This Mo. ADC</u>	<u>Util. Beds</u>	<u>Cert. Beds</u>	<u>Licen. Beds</u>	<u>% of Occupn.</u>
Anoka		234		76		310	338	257	347	91.72%
Brainerd		56	261	73	390		472**	489	489	82.63%
MLC	37				37	427	42	42	42	88.10%
Cambridge			469			469	512	512	512	91.60%
Faribault			681			681	790	803	845	86.20%
Fergus Falls		100	226	147		473	541	561	561	87.43%
Moose Lake		174	102	176		452	577	577	645	78.34%
St. Peter		160	166	55	381		420	419	438	90.71%
MSH	217				217	598	236		236	91.95%
Willmar		277	151	85	513		615	631	631	83.41%
PCU	6				6	519	6	6	6	100.00%
Totals	260	1001	2056	612		3929	4549	4297	4752	86.37%

<u>Nursing Homes (ADC)</u>	<u>SNF</u>	<u>ICF</u>	<u>Total</u>	<u>Util. Beds</u>	<u>% of Occupancy</u>
Ah-Gwah-Ching	169	157	326	336	97%
Lakeside Unit			26	35	74%
Oak Terrace	298	35	333	346	96%

\* In residence includes short visits of 7 days or less.

\*\* 17 doubled counted medical beds deducted.

ALLOCATION OF BUILDING FUNDS  
(Laws of 1984, Chapter 597, Section 18)

	<u>Appropriation</u>	<u>Allocation</u>	<u>Balance</u>
Subdivision 1. To the Commissioner of Administration for the purposes more specifically described in the following subdivisions of this section	<u>\$4,730,400</u>		
The appropriations in this section are from the general fund, unless otherwise indicated.			
Subd. 2. Faribault State Hospital	<u>344,400</u>		
(a) Reconstruct roads and parking areas	303,400	303,400	-0-
Of the amount appropriated \$6,000 shall be for seal coating.			
(b) Renovate power plant and laundry condensation systems.	<u>41,000</u>	<u>41,000</u>	-0-
	<u>344,400</u>	<u>344,400</u>	
Subd. 3. Fergus Falls State Hospital	<u>502,000</u>		
(a) For air conditioning in buildings 26 and 28	222,000	222,000	-0-
(b) Replace boiler emission control with electrostatic precipitator	<u>280,000</u>	<u>280,000</u>	-0-
Item (b) is appropriated from the state building fund.	<u>502,000</u>	<u>502,000</u>	
Subd. 4. Moose Lake State Hospital	<u>810,000</u>		
(a) For purchase and installment of a new ventilation system in buildings 1, 2, 3, and 4	578,000	578,000	-0-
(b) Renovate and replace plumbing and shower fixtures in buildings 51 & 52	53,000	53,000	-0-
(c) Boiler conversion	<u>179,000</u>	<u>179,000</u>	-0-
	<u>810,000</u>	<u>810,000</u>	

	<u>Appropriation</u>	<u>Allocation</u>	<u>Balance</u>
Subd. 5. St. Peter State Hospital	<u>\$300,000</u>		
Demolish the old Minnesota Security Hospital building	<u>300,000</u>	<u>300,000</u>	-0-
Subd. 6. Roof repair and replacement	<u>408,000</u>		
This appropriation shall be limited to projects at state hospitals in Anoka, Cambridge, Faribault, Fergus Falls, Moose Lake and St. Peter			
	ASH	N/A	25,000
	CSH	N/A	28,800
	FSH	N/A	31,800
	FFSH	N/A	240,400
	MLSH	N/A	37,000
	SPSH	N/A	45,000
		<u>408,000</u>	-0-
Subd. 7. Floor Covering	<u>650,000</u>		
This appropriation shall be limited to projects for carpeting or alternative floor coverings at state hospitals in Brainerd, Cambridge, Faribault, Fergus Falls, Moose Lake, St. Peter and Willmar.			
	BSH	N/A	104,000
	CSH	N/A	165,000
	FSH	N/A	150,000
	FFSH	N/A	48,000
	MLSH	N/A	30,000
	SPSH	N/A	137,000
	WSH	N/A	16,000
		<u>650,000</u>	-0-
Subd. 8. Systemwide Furniture Replacement	<u>400,000</u>		
	AGC	N/A	28,000
	ASH	N/A	27,500
	BSH	N/A	36,800
	CSH	N/A	40,100
	FSH	N/A	59,300

	<u>Appropriation</u>	<u>Allocation</u>	<u>Balance</u>
FFSH	N/A	41,500	
MLSH	N/A	38,600	
OTNH	N/A	29,100	
SPSH	N/A	50,500	
WSH	N/A	48,600	
		<u>400,000</u>	-0-

Subd. 9. Road & Parking Lot Repair \$184,000

This appropriation shall be limited to projects for patching, resurfacing, and sealcoating at Ah-Gwah-Ching State Nursing Home and state hospitals in Anoka, Brainerd, Cambridge, Fergus Falls, Moose Lake, St. Peter and Willmar.

(\$ 92,164)*	AGC	N/A	Pending**	
	ASH	N/A	40,000	
	BSH	N/A	20,000	
	CSH	N/A	32,000	
(\$116,300)*	FFSH	N/A	20,000	
(\$ 63,025)*	MLSH	N/A	Pending**	
	SPSH	N/A	31,765	
(\$110,000)*	WSH	N/A	Pending**	
			<u>143,765</u>	40,235
			<u>361,489</u>	

Subd. 10. Mechanical System Renovation 450,000

This appropriation shall be used for various boiler, heating and hot water projects at Oak Terrace State Nursing Home and state hospitals in Anoka, Brainerd, Faribault, Moose Lake and Willmar.

	OTNH	N/A	110,000	
	ASH	N/A	139,000	
	BSH	N/A	50,000	
(\$ 83,800)*	FSH	N/A	Pending**	
	MLSH	N/A	70,000	
	WSH	N/A	37,000	
			<u>406,000</u>	44,000

	<u>Appropriation</u>	<u>Allocation</u>	<u>Balance</u>
Subd. 11. Special Building Contingent	<u>\$682,000</u>		
(a) Building renovation and structural corrections at Ah-Gwah-Ching State Nursing Home and state hospitals in Anoka, Brainerd, Cambridge, Faribault, Moose Lake and Willmar	500,000	***	
(b) Remodeling bathrooms at Faribault and Moose Lake State Hospitals and Ah-Gwah-Ching Nursing Home	182,000	***	
		<u>3,964,165</u>	<u>84,235</u>

\*\*\*The appropriations for the projects in this subdivision shall be available only after a plan for the future use of state hospitals has been submitted by the State Planning Agency to the 1985 Legislature and subsequent consideration of these projects with the Chairmen of the Senate Finance Committee and the House Appropriations Committee

\*\* Pending availability of funds.

\* Estimated cost of project.

SUMMARY OF EXPENDITURES  
YEAR ENDING June 30, 1984

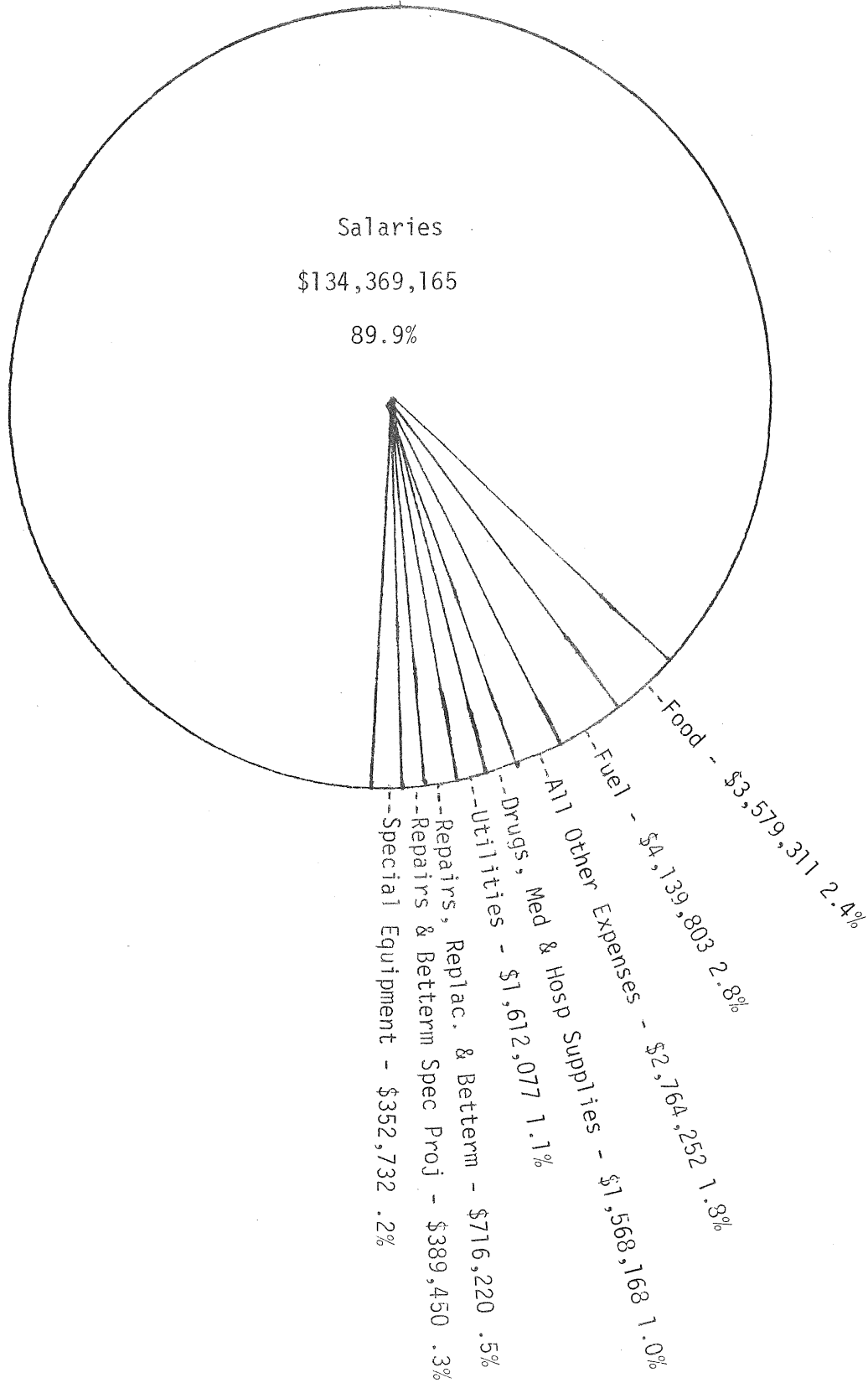
<u>Institution</u>	<u>Salaries</u>	<u>Current Expense</u>	<u>Repairs and Replacements</u>	<u>Special Equipment</u>	<u>Total</u>
Anoka	\$ 10,512,838	\$ 1,195,888	\$ 133,084	\$ 33,453	\$ 11,875,263
Brainerd	17,138,442	1,722,657	139,765	37,943	19,038,807
Cambridge	18,264,243	1,686,972	102,830	30,063	20,084,108
Faribault	26,126,776	2,706,208	210,885	71,566	29,115,435
Fergus Falls	15,480,408	1,431,617	159,317	31,933	17,103,275
Moose Lake	12,186,139	1,400,555	83,444	24,782	13,694,920
Rochester	125,473	-0-	-0-	-0-	125,473
St. Peter	13,421,176	1,962,546	146,123	74,301	15,604,146
Security Hosp.	5,400,631	-0-	-0-	-0-	5,400,631
Willmar	<u>15,713,039</u>	<u>1,557,168</u>	<u>130,222</u>	<u>48,691</u>	<u>17,449,120</u>
Subtotal	<u>134,369,165</u>	<u>13,663,611</u>	<u>1,105,670</u>	<u>352,732</u>	<u>149,491,178</u>
<u>Nursing Homes</u>					
Ah-Gwah-Ching	7,291,441	761,511	54,188	28,750	8,135,890
Oak Terrace	<u>7,132,630</u>	<u>1,025,799</u>	<u>75,041</u>	<u>28,019</u>	<u>8,261,489</u>
Subtotal	<u>14,424,071</u>	<u>1,787,310</u>	<u>129,229</u>	<u>56,769</u>	<u>16,397,379</u>
GRAND TOTAL	<u><u>\$148,793,236</u></u>	<u><u>\$15,450,921</u></u>	<u><u>\$1,234,899</u></u>	<u><u>\$409,501</u></u>	<u><u>\$165,888,557</u></u>

STATE HOSPITALS

SUMMARY OF EXPENDITURES

Year Ending June 30, 1984

TOTAL: \$149,491,178

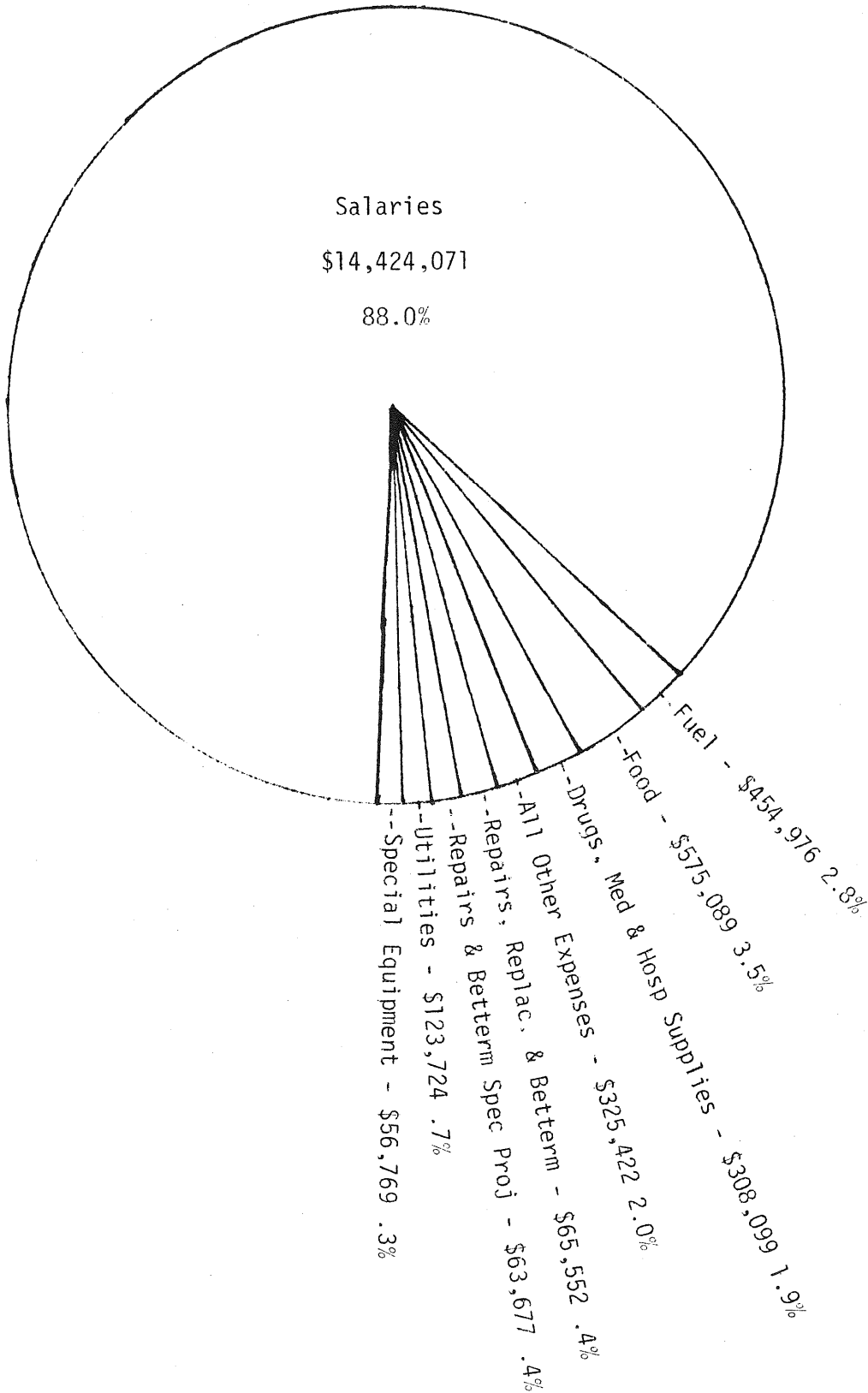


NURSING HOMES

SUMMARY OF EXPENDITURES

Year Ending June 30, 1984

TOTAL: \$16,397,379



SQUARE FOOTAGE AND ACREAGE OF CAMPUSES

<u>State Hospitals</u>	<u>Square Feet</u>	<u>Acreage</u>
Anoka	483,516	243.50
Brainerd	734,829	198.33
Cambridge	694,699	245.00
Faribault	953,307	760.00
Fergus Falls	867,014	320.25
Moose Lake	535,313	175.00
St. Peter	803,581*	751.43
Willmar	584,122	158.00
Total	<u>5,656,381</u>	<u>2,851.51</u>
<u>Nursing Homes</u>		
Ah-Gwah-Ching	254,011	240.00
Oak Terrace	444,835	75.91
Total	<u>698,846</u>	<u>315.91</u>
GRAND TOTAL	<u><u>6,355,227</u></u>	<u><u>3,167.42</u></u>

\*Does not include Building #30 (16,755 sq. ft.) and Building #57 (78,682 sq. ft.) which are scheduled for demolition.

DEPARTMENT OF HUMAN SERVICES  
 LAND AND BUILDINGS DECLARED SURPLUS  
 JANUARY 1, 1973 THROUGH DECEMBER 31, 1984

<u>Institution</u>	<u>Type of Building</u>	<u>Square Footage</u>	<u>Status</u>	<u>Acres</u>	<u>If Sold- Selling Price</u>
<u>ANOKA STATE HOSPITAL</u>	Farm buildings (milk house, barn, 4 silos, slaughter house, farm house, garage)	15,146	Demolished		\$
	Pumping Station	756	Demolished		
	Staff House #5 and garage	2,799	Sold		1,984.50
	Staff House #1 and garage	2,767	Sold		3,820.00
	Staff House #2 and garage	2,763	Sold		3,650.00
	Staff House #3 and garage	3,036	Sold		9,800.00
	Staff House #4 and garage	2,763	Sold		4,130.00
	Burns Building	50,390	Demolished (4/1/79)		
	Surplus Property - NE ¼ of SE ¼ of Sec. 9, Twnbsp. 31, Range 24, lying NE of Trunk Hwy #10 in Coon Rapids, Mn., County of Anoka		Transferred to DNR 5/1/80	10.5	
	<u>BRAINERD STATE HOSPITAL</u>	No buildings declared surplus.			
<u>CAMBRIDGE STATE HOSPITAL</u>	Patients' Residence (Cottage #7)	19,288	Demolished		
	Staff House #5W (Incl. lot)	3,120	Sold 10/9/75		27,650.00
	Staff House #3N	2,484	Sold 6/8/74		12,000.00
	Staff House #4E	1,200	Sold 11/5/77		41,800.00
	Staff House 2C (as of Nov. 1, 1978)	2,000	Sold 5/10/79		13,690.00
<u>FARIBAULT STATE HOSPITAL</u>	Farm Building #70 - Piggery	1,250	Demolished		
	Farm Building #86 - Bull Pen	784	Demolished		
	Farm Building #87 - Sick Bay	430	Demolished		
	Farm Building #89 - Barn	2,400	Demolished		
	Farm Building #91 - Maternity Barn	2,400	Demolished		
	Farm Building #104 - Slaughter House	560	Demolished		
	Farm Building #105 - Farrowing House	3,500	Demolished		

<u>Institution</u>	<u>Type of Building</u>	<u>Square Footage</u>	<u>Acres</u>	<u>Status</u>	<u>If Sold - Selling Price</u>
<u>FARIBAULT</u> <u>Continued</u>	Farm Building #106 - Barn	1,800		Demolished	
	Farm Building #107 - Barn	4,420		Demolished	
	Farm Building #108 - Farrowing House	3,552		Demolished	
	Farm Building #109 - Barn	1,250		Demolished	
	Chippewa Building	70,114		Demolished	
	Iris Cottage	12,262		Demolished	
	Sioux Cottage	12,879		Demolished	
	Ivy Building	68,126		Demolished	
	Daisy Cottage	12,262		Demolished	
	Staff House #71, garage #72 (incl. lot)	2,656		Sold	27,200.00
	Staff House #73, garage #74 (incl. lot)	2,656		Sold	26,300.00
	Staff House #75, garage #76 (incl. lot)	2,748		Sold	34,000.00
	Garage #97	264		Sold	
	Staff House #98	2,025		Sold	34,750.00
	Garage #99	308		Sold	
	Staff House #100, garage #101 (incl. lot)	3,062		Sold	30,150.00
	Staff House #102, garage #103 (incl. lot)	2,515		Sold	25,200.00
	Superintendent's Residence #1	8,362		Sold & Razed	1.00
	Vacant Lot, Lot 5, Block 1		(80' x 155')	Sold	4,600.00
	Vacant Lot, Lot 8, Block 1		(89' x 155')	Sold	5,125.00
	Vacant Lot, Lot 9, Block 1		(102' x 155')	Sold	7,100.00
Access leased to City of Faribault for Nature Interpretative Center			536		
Root Cellar Leased to City of Faribault for Snowmobile Trail	9,600				
Leased to City of Faribault for Park and Recreation			7.6		
<u>FERGUS</u> <u>FALLS</u> <u>STATE</u> <u>HOSPITAL</u>	Cottage B & C - Bldg. 43	5,298		Demolished	
	Cottage D Bldg. #44	3,922		Demolished	
	Cottage E Bldg. #7	2,624		Leased to O.T. Cty Humane Soc.	
	Cottage A Bldg. #39	3,024		Demolished	
	Staff House #40 (as of 7/15/78)	2,352		Leased	
	Staff House #46 (as of 7/15/78)	2,612		Leased	
	Staff House #47 (as of 7/15/78)	3,171		Leased	
	Staff House #48 (as of 7/15/78)	3,171		Leased	

<u>Institution</u>	<u>Type of Building</u>	<u>Square Footage</u>	<u>Acres</u>	<u>Status</u>	<u>If Sold - Selling Price</u>
<u>MOOSE LAKE STATE HOSPITAL</u>	Beach House	209		Demolished	
	Staff House 40	3,402		Sold	3,506.00
	Staff House 41	2,820		Transferred to DNR	
	Staff House 42	2,988		Sold	31,200.00
	Staff House 43 (incl. lot)	2,988		Sold	25,000.00
	Staff House 44 (incl. lot)	2,820		Sold	20,500.00
	Staff House 45	3,326		Sold	30,250.00
	Staff House 46 (incl. lot)	3,326		Sold	28,000.00
<u>ROCHESTER STATE HOSPITAL</u>	Closed in accordance with Laws 1981, Chapter 360, Section 2.				
<u>ST. PETER STATE HOSPITAL</u>	Building 88 - Corn Crib	1,718		Sold	410.00
	Building 86 - Hog House	6,126		Demolished	
	Building 46 - Staff House	1,863		Sold	420.00
	Building 47 - Staff House	2,348		Demolished	
	Building 42 - Staff House	2,484		Sold	13,900.00
	Building 43 - Staff House	2,484		Sold	12,500.00
	Building 44 - Staff House	2,484		Sold	11,200.00
	Building 45 - Staff House	1,602		Sold	6,200.00
	Building 40 - Staff House	1,346		Sold	14,000.00
	Liberty Hall (#14)	18,006		Demolished	
	Greenhouse - Bldg. #85	6,966		Sold	425.00
	Wooden Shed	320		Demolished	
	Building 30	16,755		Pending	
	Building 35	8,499		Leased*	
	Acreage		15	Pending	
Building #57 - Old Security Hosp.	78,682		Being Demolished		

\*Surplus but leased to Brown-Nicollet for an Adolescent Treatment Unit.

-15-

<u>Institution</u>	<u>Type of Building</u>	<u>Square Footage</u>	<u>Acres</u>	<u>Status</u>	<u>If Sold - Selling Price</u>
<u>WILLMAR STATE HOSPITAL</u>	Hog House	none		Demolished	
	Chief Engineer's Staff House	1,728		Sold	2,155.00
	Old Barn	8,000		Demolished	
	Farm Manager's Residence	1,728		Sold	410.00
	Staff House (Doctor's Residence)	2,600		Sold	8,560.40
	Staff House R-3 (as of Oct. 1, 1978)	2,600		Sold	10,450.00
	Staff House R-6	2,900		Sold	14,859.00
	Auditorium Rehab. Therapies Bldg. #11	16,400		To be demolished	
<u>AH-GWAH-CHING NURSING HOME</u>	Chicken Coop	none		Demolished	
	Staff House #44	2,156		Sold	1,560.00
	Staff House #46 and garage	2,184		Sold	2,654.29
	Staff House #48 (to be removed)	2,184		Sold	750.00
	Staff House #49	2,884		Sold	125.00
<u>OAK TERRACE NURSING HOME</u>	Building #2 - Staff House	2,880		Sold	50.00
	Building #3 - Staff House & garage	3,232		Sold	225.00
	Nurses Home #1	74,001*		Surplus-Leased to Nexus, Inc.	
	Superintendent's Residence #4	4,590		Surplus-Leased to Alanon	
	Building #6 - Children's Bldg.	21,096		Leased to Happy Hrts. Chris. Child	
	Building #16 - Men's Bldg.	37,681		Pending	Care
	Building #7 - West Cottage	13,038		Pending	
		<u>762,740</u>	<u>571.0</u>		<u>\$552,260.19</u>

\*Square footage was listed as 40,148 sq. ft. for Nurses Home #1, this is actually square footage of one building. #1 is a double building with total square footage of 74,001 per American Appraisal.

## AH-GWAH-CHING NURSING HOME

### HISTORY

Historically, this facility was a tuberculosis sanitarium beginning in 1907 and was converted to a geriatric treatment center on January 1, 1962.

Initially most residents came from the state mental hospitals. In the conversion process, many building alterations have been made to conform to current life and safety, and Health Department rules and regulations. As an example, the licensed beds have been reduced from 456 to the current 343 to provide the proper floor-to-bed square foot ratio to meet medical standards for skilled and intermediate care facility. In 1984, certification was also received for Medicare.

Residents and patients come from almost all counties of the state in general proportion to the population of the counties.

### FUNCTION

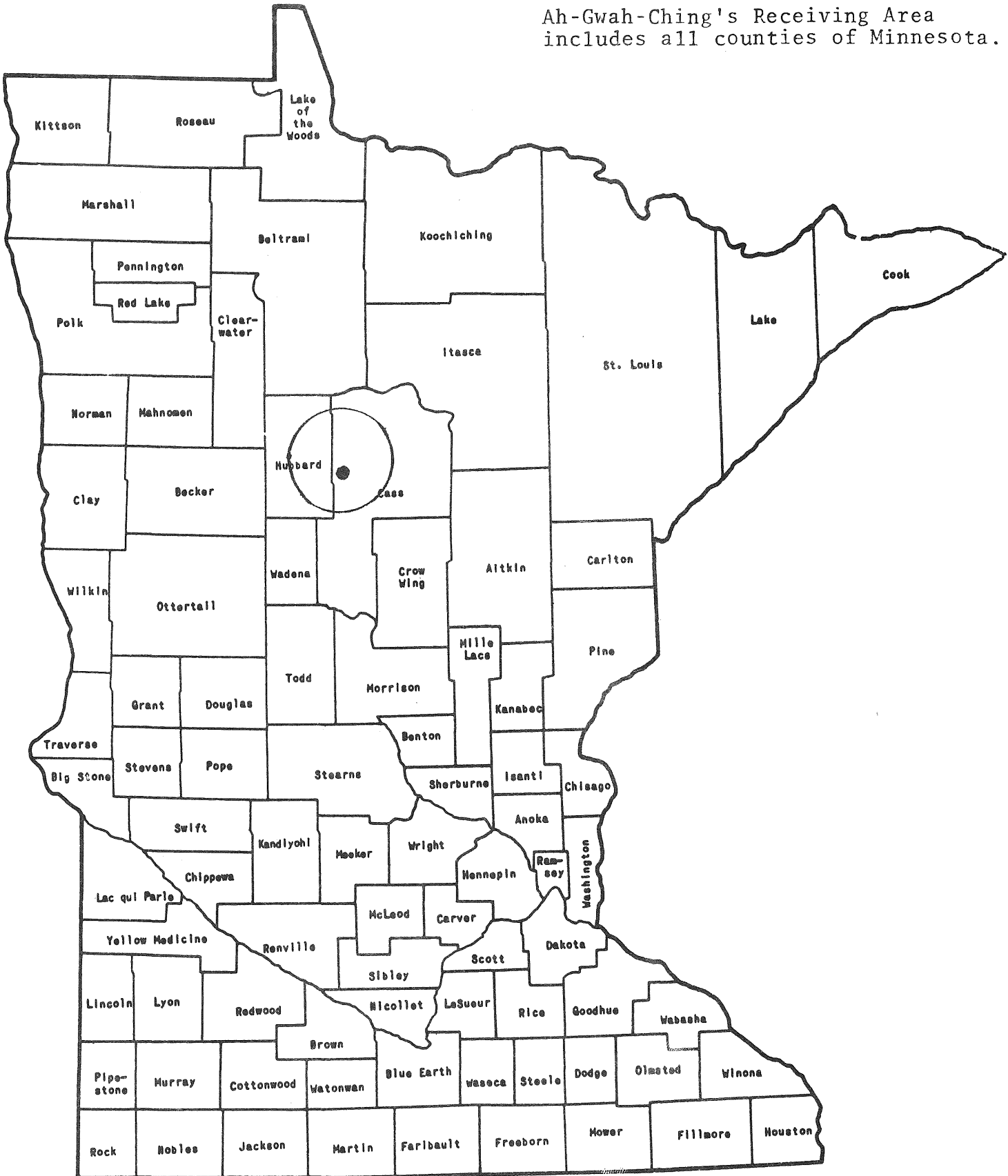
The Ah-Gwah-Ching Nursing Home was established in 1962 to provide long-term nursing care of the geriatric population from state hospitals, and meet the ICF/SNF certification requirements necessary to participate in the Medicaid/Medicare programs. It differs from community nursing homes in that its primary purpose is to care for elderly clients with severe behavior problems that prevent admission to, and often cause referral from, community nursing homes and other facilities.

The primary functions are:

- 1) To provide for nursing care and active treatment programs for elderly patients with severe behavior problems who cannot be placed elsewhere because of these problems;
- 2) To provide technical assistance as requested by the counties to assist in maintaining behaviorally disabled in the community;
- 3) To provide chemical dependency treatment for elderly persons throughout the state identified as chronically chemically dependent (at the 40 bed Lakeside Center).

AH-GWAH-CHING NURSING HOME

Ah-Gwah-Ching's Receiving Area includes all counties of Minnesota.



AH-GWAH-CHING NURSING HOME

STATISTICAL AND FINANCIAL DATA

Approved Complement October 1984 - 316

Population October 1984 Average - 352  
(Including Lakeside CD Unit)

AVERAGE POPULATION - 15 Year Period

<u>Fiscal Year</u>		<u>Fiscal Year</u>	
1969-70	477	1976-77	363
1970-71	471	1977-78	369
1971-72	465	1978-79	358
1972-73	458	1979-80	351
1973-74	451	1980-81	328
1974-75	426	1981-82	330
1975-76	386	1982-83	326
		1983-84	339*

ADMISSIONS AND DISCHARGES 5 Year Period

<u>Fiscal Year</u>	<u>Admissions</u>		<u>Discharges</u>	
	<u>Nurs. Home</u>	<u>Lakeside**</u>	<u>Nurs. Home</u>	<u>Lakeside</u>
1979-80	78		80	
1980-81	36		58	
1981-82	47		49	
1982-83	43	50	43	33
1983-84	35	64	51	63

EXPENDITURES

	<u>FY</u> <u>1980</u>	<u>FY</u> <u>1981</u>	<u>FY</u> <u>1982</u>	<u>FY</u> <u>1983</u>	<u>FY</u> <u>1984</u>
Salaries	\$5,137,659	\$5,484,421	\$5,812,125	\$6,177,348	\$7,296,441
Cur. Exp.	646,694	659,027	735,934	721,806	761,511
Rep. & Repl.	26,827	21,997	22,144	26,906	54,188
Spec. Equip.	14,280	5,364	5,353	23,463	28,750
Total	<u>\$5,825,460</u>	<u>\$6,170,809</u>	<u>\$6,575,556</u>	<u>\$6,949,523</u>	<u>\$8,135,890</u>
Per Capita Costs	\$16,597.00	\$18,643.00	\$20,232.00	\$21,318.00	\$24,000.00

\*Includes 20 average population for Lakeside Unit

\*\*Data for 5 mos. only. Lakeside Unit opened February 1983.

## ANOKA STATE HOSPITAL

### HISTORY

Anoka State Hospital was first occupied in 1902 and was the fourth hospital built in Minnesota to care for the mentally ill. Following much competition between the towns of Hastings and Anoka for location of the new facility, the Legislature finally accorded each town an institution designated as "transfer asylums" as opposed to the existing "receiving" hospitals at St. Peter, Rochester, and Fergus Falls.

By June, 1930, the population had risen to 1060 and it continued to rise annually to a maximum in 1954, when the population was approximately 1500, 1000 of which were women. It was originally approved by the American Hospital Association in 1940. Anoka received its first psychiatrist in 1935, first social worker in 1948, and first psychologist in 1949. In 1984, these professionals at the hospital have expanded to eight psychiatrists, eighteen social workers, and eight psychologists in addition to many other professionals.

In 1948, Anoka was designated as the center for treatment of tuberculosis among the mentally ill. Eventually tuberculosis patients were relocated from cottage areas into the "main" building then renamed the Burns Building. In 1951, Anoka changed status from "transfer" hospital to "receiving" hospital with the construction and occupancy of the Miller Building. In December, 1967, the tuberculosis treatment center was closed out.

By Legislative mandate: 1) The medical-surgical program was discontinued the end of June, 1971; 2) the Minnesota Residential Treatment Center, a program for emotionally disturbed children between the ages of 5 and 12, was discontinued at the end of July, 1972. This unit transferred here from Lino Lakes in April, 1970. By Department of Public Welfare directive, the Adolescent Center, formerly located in the Miller Building, was discontinued in March of 1973, after eight years of operation. This unit's treatment program was for boys and girls, ages 13-18, with emotional problems and character disorders. This directive was based on a lack of referrals to the program and increase in community agencies who specialized in treating these problems.

Recent years have clarified the utilization of the hospital as serving the most severely mentally ill people in the Metro Region, as well as critical hospital-based chemical dependency services. At 93% occupancy, the hospital is the highest-utilized hospital of any type in the State of Minnesota. With almost 1300 annual admissions and 1300 discharges, the hospital stabilizes many people within one to six months, and returns them to community living.

### FUNCTION

Anoka State Hospital provides inpatient mental illness and chemical dependency treatment services to severely disabled persons from the Metro Region, most of whom have exhausted community hospital and outpatient program alternatives and are medically indigent. The hospital has a total of 347 licensed beds, 257 in the mental illness treatment program and 90 in the chemical dependency treatment program.

## MENTAL ILLNESS TREATMENT PROGRAM SERVICES

Each of the seven treatment units operates a specialized treatment program designed to meet the treatment needs of a group of patients. Within the treatment program, the individual treatment needs of patients are addressed by a multidisciplinary treatment team. Catchment Area: Anoka, Dakota, Hennepin, Ramsey, Sherburne, Washington Counties.

### Admission Units - Miller North and South - 54 beds

All patients admitted with a mental illness diagnosis are placed on one of the admission units for initial assessment, evaluation, and treatment planning followed by transfer to the treatment unit which is determined to most effectively meet their treatment needs. If hospitalization is expected to be of short duration, the patient may remain on the admission unit for treatment and discharge. The Miller South Admission Unit also operates a 5-bed Secure Intensive Care Unit for patients requiring short term crisis intervention.

### Mental Illness/Chemical Dependency Unit - Vail I - 45 beds

Provides specialized treatment programming for mentally ill persons with concomitant chemical dependency problems.

### Social Skills Unit - Vail II - 48 beds

Provides specialized treatment programming for long term chronically ill persons whose goal of treatment is placement in a community-based residential facility. The programming emphasizes activities of daily living, group work, goal setting, pre-vocational training.

### Gero-Psychiatric Unit - Vail III - 36 beds

Provides specialized treatment programming for mentally ill persons who, because of age or concomitant medical management problems, are unable to participate in another unit's program. Goal of treatment is either placement in another treatment unit or discharge to a skilled nursing facility in the community.

### Behavior Modification Unit - Cottage 9 - 37 beds

Provides specialized treatment programming for persons with behavior problems which would severely interfere with or prevent effective participation in another unit's program. Programming emphasizes the use of behavior therapy techniques.

### Step Level/Fairweather Unit - Cottage 8 - 37 beds

Provides specialized treatment programming for persons who are expected to require a relatively short (3-6 months) period of hospitalization prior to community placement in a Fairweather Lodge or other residential facility, or in an independent living situation.

## CHEMICAL DEPENDENCY TREATMENT PROGRAM SERVICES

The two treatment units operate specialized treatment programs designed to meet the treatment needs of their patients. Within the treatment program, the individual treatment needs of patients are addressed by a multidisciplinary treatment team. Catchment area: Anoka, Dakota, Hennepin, Sherburne Counties.

### Primary Treatment Unit - Cronin Building - 55 beds

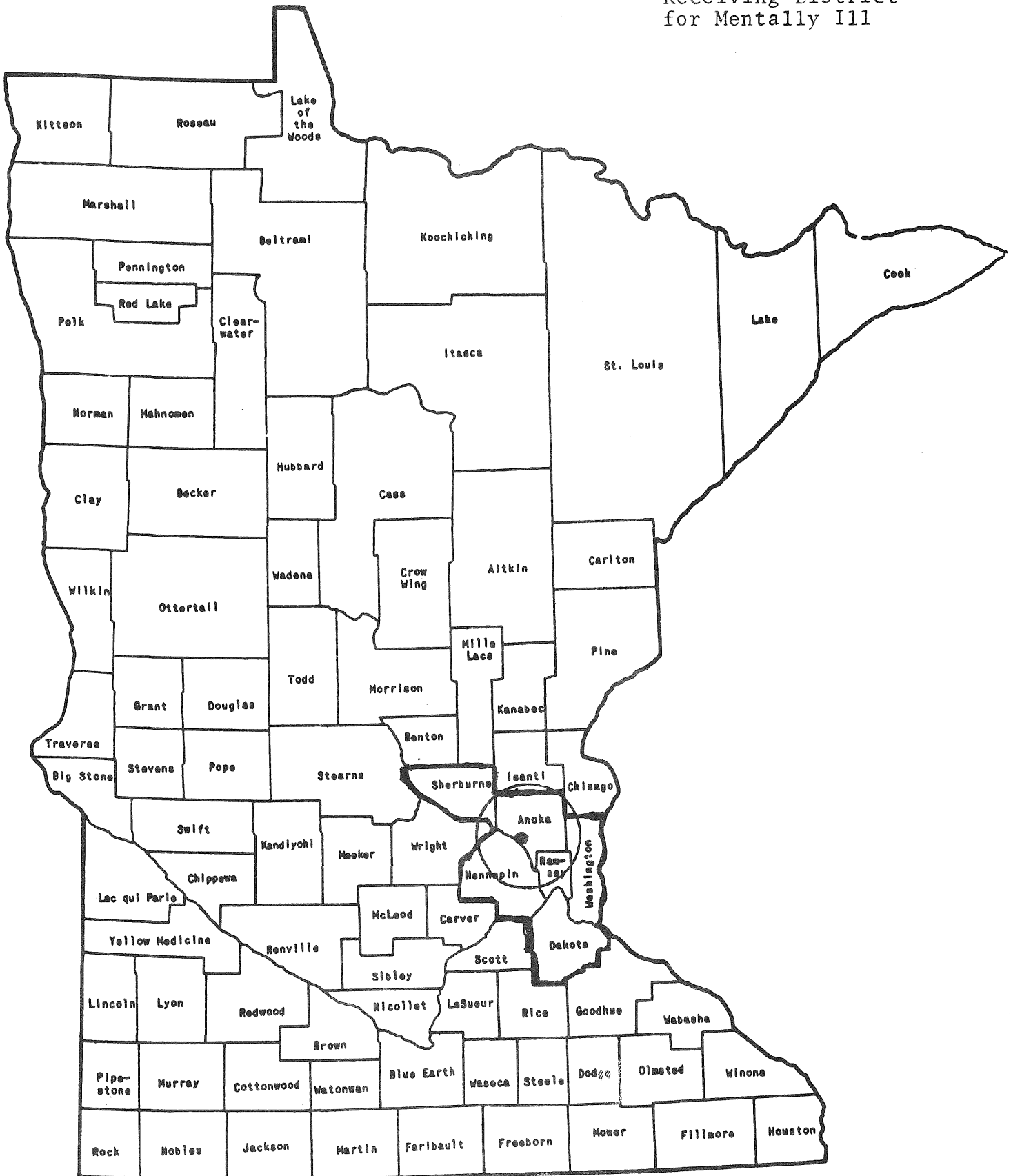
Primary treatment is a program of four to six weeks' duration. This program is geared to educate the patient about chemical abuse, gain his acceptance of his dependency and of the means to maintain sobriety. The program features lectures, films, and group sharing. The Alcoholics Anonymous philosophy is stressed along with 12 steps of Alcoholics Anonymous. Evening AA meetings are conducted by outside groups. In addition, there is individual counseling, occupational and recreational therapy. An individualized aftercare plan is prepared with each patient, concerned persons and community agencies.

### Extended Treatment Unit - Cronin Building - 35 beds

Extended treatment is a program of three to four months' duration. The program is intended for the person whose previous treatment has not been effective and whose chemical dependency has virtually brought life to a standstill. The goal of treatment is sobriety and the regaining of the ability to function in society. The Alcoholics Anonymous philosophy and the 12 steps of Alcoholics Anonymous are used in the program. Daily program activities include participation in a step level system of responsibilities and privileges, group therapy, peer group meetings, industrial therapy and recreational therapy. Weekly AA meetings are conducted by alumni or community groups. A comprehensive aftercare plan is prepared and discharge placement typically involves placement in a community-based halfway house.

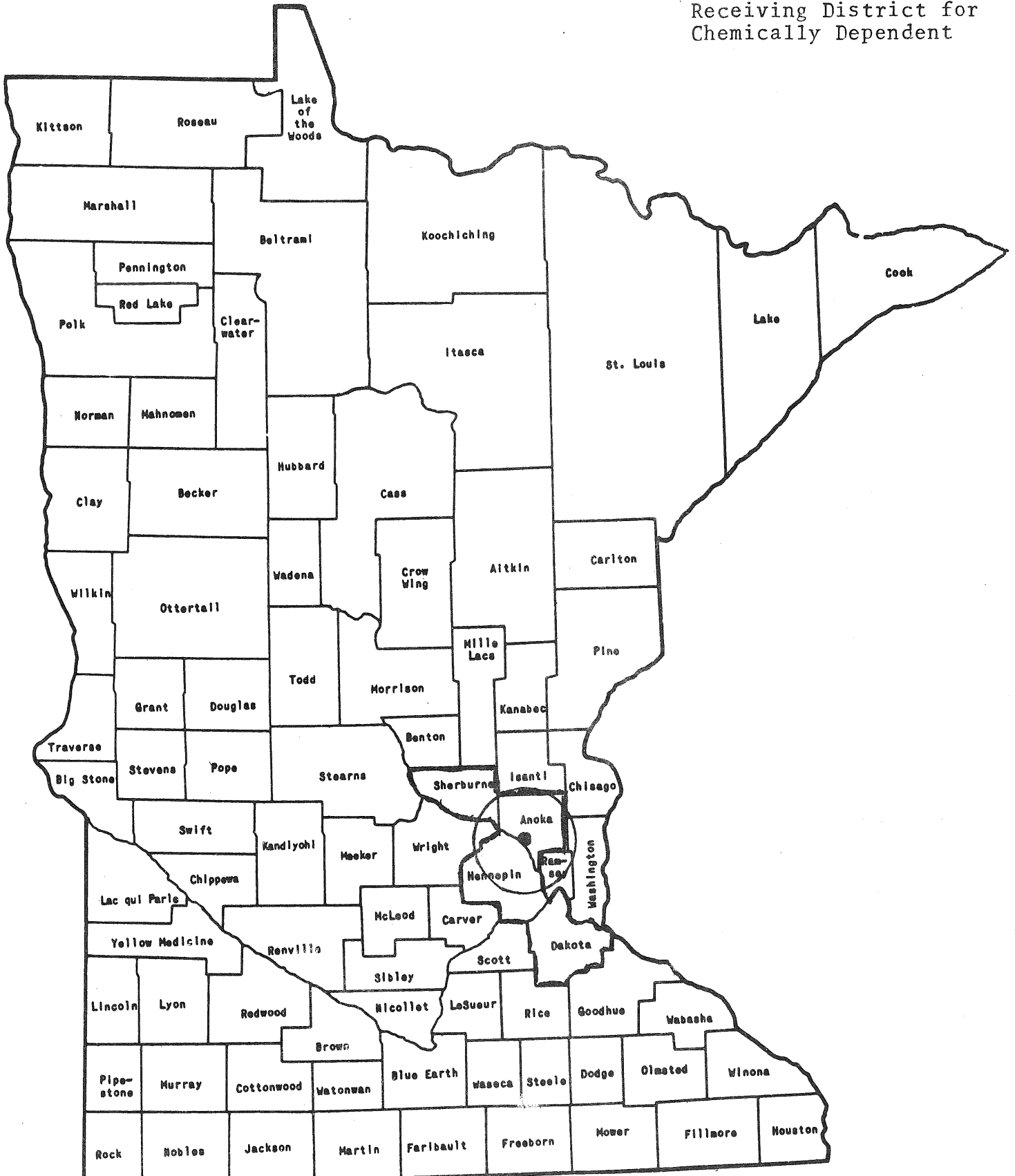
ANOKA STATE HOSPITAL

Receiving District  
for Mentally Ill



ANOKA STATE HOSPITAL

Receiving District for  
Chemically Dependent



ANOKA STATE HOSPITAL

STATISTICAL AND FINANCIAL DATA

Approved Complement October 1984 - 378.66

Population October 1984 Average - 310

AVERAGE POPULATION 15 Year Period

<u>Fiscal Year</u>	<u>MI</u>	<u>CD</u>	<u>Total</u>	<u>Fiscal Year</u>	<u>MI</u>	<u>CD</u>	<u>Total</u>
1969-70	476		476	1976-77	246	76	322
1970-71	435	11	446	1977-78	248	88	336
1971-72	335	86	421	1978-79	281	87	368
1972-73	297	143	440	1979-80	280	82	362
1973-74	274	117	391	1980-81	240	80	320
1974-75	255	103	358	1981-82	228	78	306
1975-76	255	83	338	1982-83	224	81	305
				1983-84	237	79	316

ADMISSIONS AND DISCHARGES 5 Year Period

<u>Fiscal Year</u>	<u>Admissions</u>			<u>Discharges</u>		
	<u>MI</u>	<u>CD</u>	<u>Total</u>	<u>MI</u>	<u>CD</u>	<u>Total</u>
1979-80	446	670	1116	463	716	1179
1980-81	431	578	1009	432	576	1008
1981-82	543	657	1200	541	692	1233
1982-83	554	809	1363	543	805	1348
1983-84	420	872	1292	425	886	1311

EXPENDITURES

	<u>FY</u> <u>1980</u>	<u>FY</u> <u>1981</u>	<u>FY</u> <u>1982</u>	<u>FY</u> <u>1983</u>	<u>FY</u> <u>1984</u>
Salaries	\$7,431,492	\$8,095,430	\$8,385,169	\$9,481,490	\$10,512,838
Cur. Exp.	903,740	956,998	1,001,534	1,079,923	1,195,888
Rep. & Repl.	46,253	50,334	48,749	56,833	133,084
Spec. Equip.	27,355	1,214	20,394	15,494	33,453
Total	<u>\$8,408,840</u>	<u>\$9,103,976</u>	<u>\$9,455,846</u>	<u>\$10,633,740</u>	<u>\$11,875,263</u>
Per Capita Costs	\$23,229.00	\$28,450.00	\$30,901.00	\$34,865.00	\$37,580.00

## BRAINERD STATE HOSPITAL

### HISTORY

In September, 1958, the first building on the Brainerd State Hospital campus was opened and 88 residents from a 28-county receiving area were transferred from Cambridge and Faribault State Hospitals. By 1967, the campus was completed as it stands today.

In July, 1970, the Minnesota Learning Center was established as a part of Brainerd State Hospital because of the closing of Owatonna State School by legislative action.

The Establishment of programs for mentally ill and chemically dependent in January, 1971 made Brainerd the first institution to become a multi-service facility.

In 1971 also, a number of retarded residents were transferred to Fergus Falls and Moose Lake State Hospitals in a move toward regionalization and smaller receiving areas which would place residents nearer their home counties.

### FUNCTION

Based upon the belief that everyone can improve no matter how disabled the person may be, it is the function of Brainerd State Hospital to treat and train clients with the objective of maximizing individual self-dependence, growth, and development and, where possible, to return them to the community with the capability to cope with their disabilities and successfully function in society.

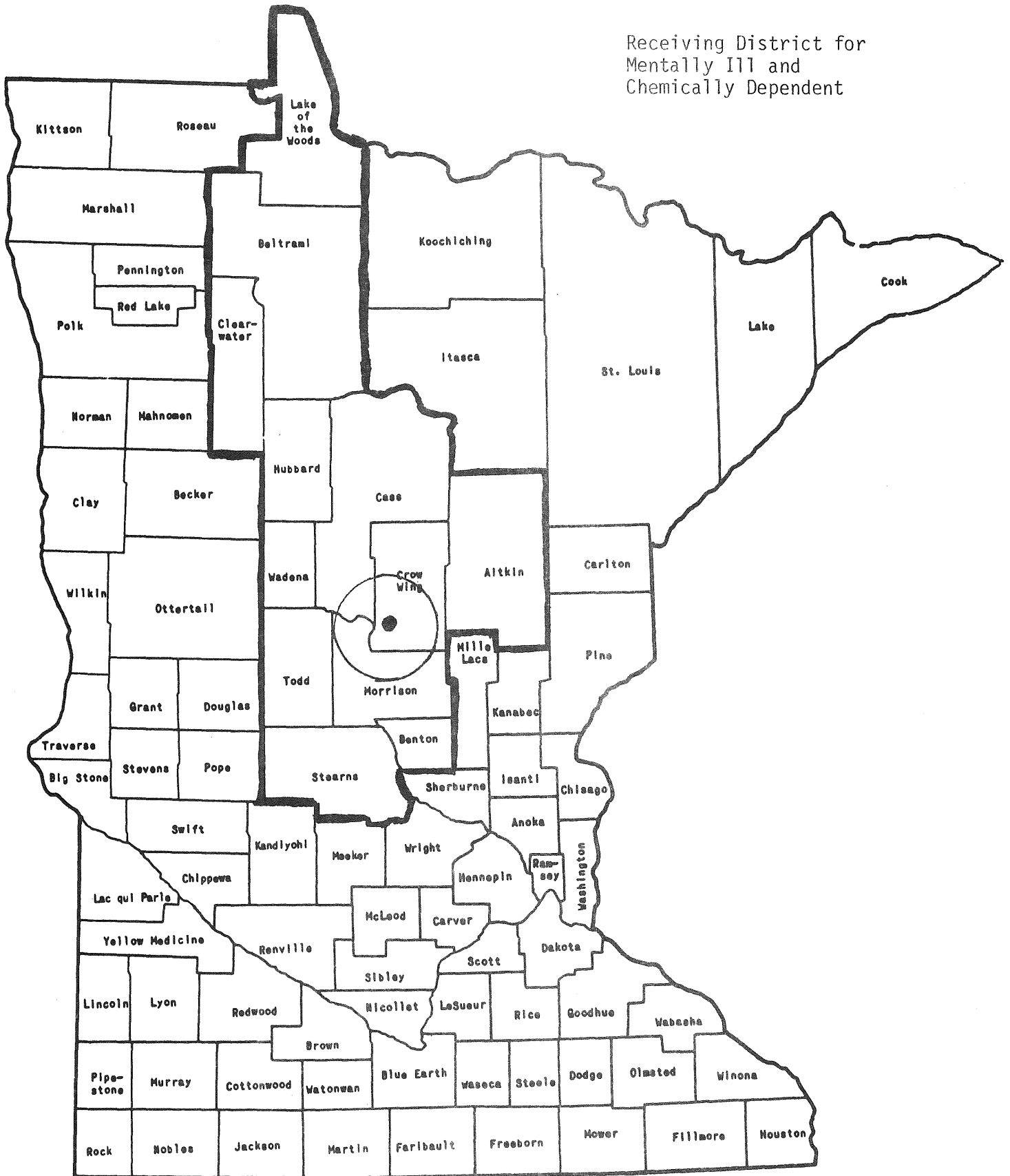
### AREA SERVED

Maps of areas served are shown on the following pages.

(The Minnesota Learning Center serves the educable retarded with behavior problems from the entire State.)

BRAINERD STATE HOSPITAL

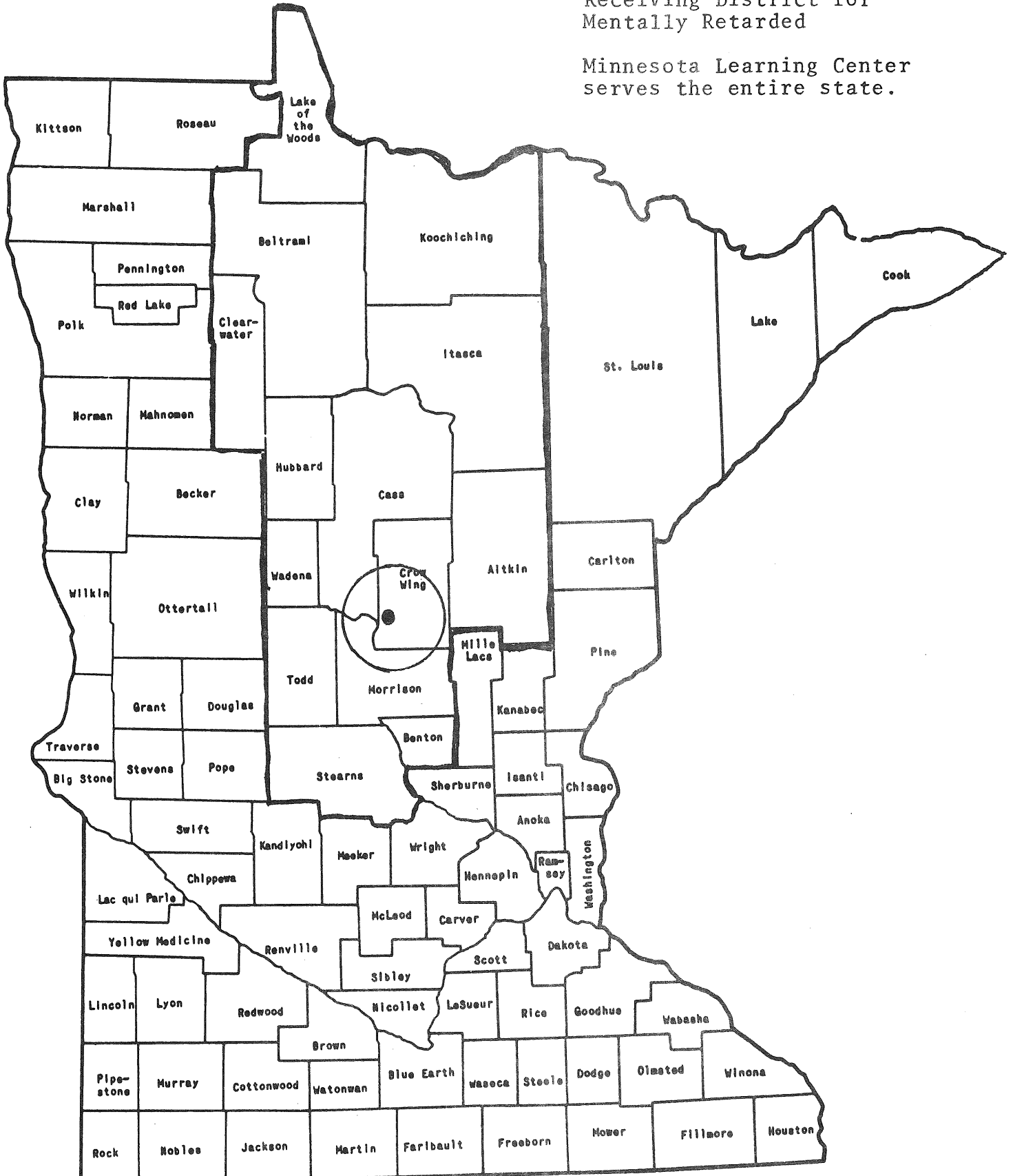
Receiving District for  
Mentally Ill and  
Chemically Dependent



BRAINERD STATE HOSPITAL

Receiving District for  
Mentally Retarded

Minnesota Learning Center  
serves the entire state.



BRAINERD STATE HOSPITAL

STATISTICAL AND FINANCIAL DATA

Approved Complement, October 1984 - 686.73

Population, October 1984 Average - 427

\*Includes Minnesota Learning Center

AVERAGE POPULATION - 15 Year Period

<u>Fiscal Year</u>	<u>MI</u>	<u>MR*</u>	<u>CD</u>	<u>Total</u>	<u>Fiscal Year</u>	<u>MI</u>	<u>MR*</u>	<u>CD</u>	<u>Total</u>
1969-70		1205		1205	1976-77	58	562	42	662
1970-71	44	956	18	1018	1977-78	67	511	42	620
1971-72	58	831	33	922	1978-79	72	470	38	580
1972-73	61	762	35	858	1979-80	60	440	43	543
1973-74	50	655	42	747	1980-81	65	396	47	508
1974-75	40	589	37	666	1981-82	74	363	49	486
1975-76	49	581	36	666	1982-83	78	352	49	479
					1983-84	65	324	60	449

\*Includes Minnesota Learning Center

ADMISSIONS AND DISCHARGES - 5 Year Period

<u>Fiscal Year</u>	<u>Admissions</u>					<u>Discharges</u>				
	<u>MI</u>	<u>MR</u>	<u>MLC</u>	<u>CD</u>	<u>Total</u>	<u>MI</u>	<u>MR</u>	<u>MLC</u>	<u>CD</u>	<u>Total</u>
1979-80	308	29	85	533	957	314	60	80	537	991
1980-81	258	34	84	451	827	242	92	91	440	865
1981-82	302	25	70	413	810	277	30	65	420	792
1982-83	223	15	61	613	912	226	32	61	629	948
1983-84	324	16	54	659	1053	325	57	57	657	1092

EXPENDITURES

	<u>FY 1980</u>	<u>FY 1981</u>	<u>FY 1982</u>	<u>FY 1983</u>	<u>FY 1984</u>
Salaries	\$11,971,373	\$13,084,713	\$13,972,184	\$15,413,944	\$17,138,442
Cur. Exp.	1,358,836	1,380,958	1,585,717	1,615,759	1,722,657
Rep. & Rpl.	72,838	60,687	75,001	75,771	139,765
Sp. Equip.	80,591	6,291	-0-	70,959	37,943
Sub.Tot.	<u>\$13,483,638</u>	<u>\$14,532,649</u>	<u>\$15,632,902</u>	<u>\$17,176,433</u>	<u>\$19,038,807</u>
Less: System-wide Reg. Laundry Costs	460,448	495,885	545,055	554,105	591,941
	<u>\$13,023,190</u>	<u>\$14,036,764</u>	<u>\$15,087,847</u>	<u>\$16,622,328</u>	<u>\$18,446,866</u>
Per Capita Costs	\$23,984.00	\$27,631.00	\$31,045.00	\$34,702.00	\$41,084.00

## CAMBRIDGE STATE HOSPITAL

### HISTORY

Cambridge State Hospital is a state facility licensed to provide residential and day program services to developmentally disabled citizens within a nine county receiving district. All actions taken by the facility are governed by the concept that the individual's basic human rights shall be protected and adamantly adhered to in all matters throughout its daily activities.

The facility was first authorized as a colony for epileptics in 1919. A site was selected 45 miles north of the Twin Cities on State Highway 65 in the town of Cambridge. Construction of the first cottage was completed on June 1, 1925 and with the transfer of five (5) males from Faribault State Hospital, the facility was opened.

Expansion continued through the years. In 1949, the name was changed to Cambridge State Hospital. In 1961, the population of the facility reached its highest point with 2008 residents housed in sixteen (16) buildings for residential living and daytime programs.

Since 1961, the population began to decrease as residents were placed in other community facilities. By 1983, the population was reduced to 484. This decreasing trend should continue as smaller and less restrictive facilities become available.

Cambridge State Hospital presently serves nine counties of Anoka, Chisago, Isanti, Kanabec, Mille Lacs, Pine, Ramsey, Sherburne, and Washington.

### FUNCTION

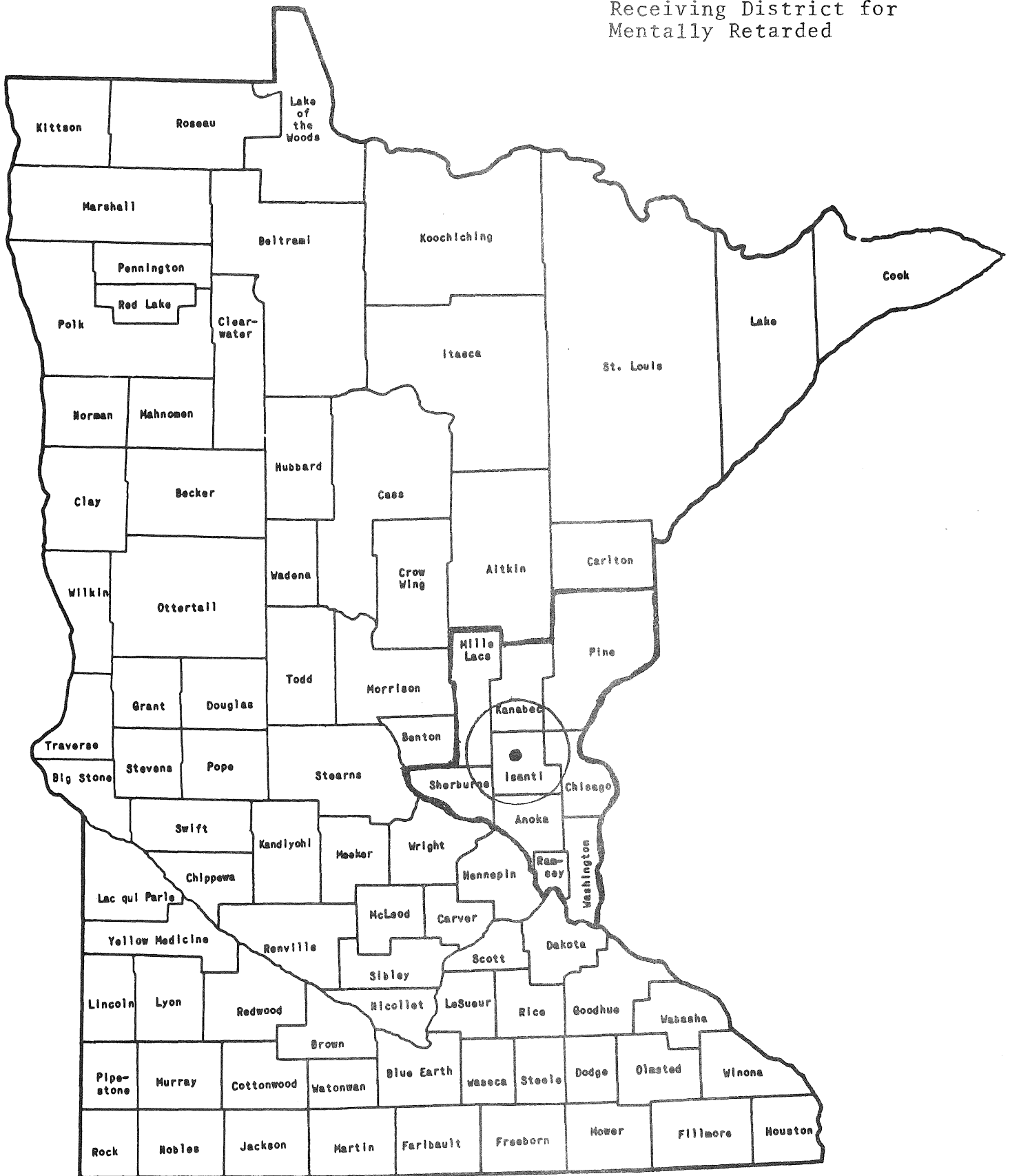
The residents of this facility are people who are mentally retarded for whom no other community treatment resource is now available. These people have all degrees of mental and physical handicaps. Approximately 92% of the residents are severely or profoundly retarded and are people who are incapable of independently caring for their own needs. Most of the adult residents are now admitted through a court commitment. No distinction is made by the treatment staff concerning services available to the individual regardless of their admission status.

A full renovation program has been completed and the institution now has a capacity of 588 beds with individual households of no more than 16 persons per household and four people per bedroom. The facility now meets all state and federal licensure and certification standards.

Organizationally the Unit approach is structured to further these basic concepts. The Unit has the resources and authorities to develop a program plan individualized to meet the programmatic or developmental needs of each resident. The Unit has the awareness that all staff have the responsibility to create a warm and friendly setting which facilitates the learning process. This environment is intended to further assist in the development of the individual residents, but it also characterizes itself in the interactions between the staff members themselves to increase the overall capacity of the facility to meet its mandated responsibilities.

CAMBRIDGE STATE HOSPITAL

Receiving District for  
Mentally Retarded



CAMBRIDGE STATE HOSPITAL

STATISTICAL AND FINANCIAL DATA

Approved Complement October 1984 - 796.9

Population October 1984 Average - 469

AVERAGE POPULATION 15 Year Period

<u>Fiscal Year</u>	<u>Cambridge</u>	<u>Lake Owasso</u>	<u>Fiscal Year</u>	<u>Cambridge</u>	<u>Lake Owasso*</u>
1969-70	1,137	108	1976-77	603	--
1970-71	1,004	90	1977-78	576	--
1971-72	887	77	1978-79	553	--
1972-73	816	73	1979-80	527	--
1973-74	735	75	1980-81	510	--
1974-75	672	70	1981-82	509	--
1975-76	628	61	1982-83	503	--
			1983-84	483	--

\*To Ramsey County by contract  
(6/3/76)

ADMISSIONS AND DISCHARGES 5 Year Period

<u>Fiscal Year</u>	<u>Admissions</u>	<u>Discharges</u>
1979-80	36	62
1980-81	50	66
1981-82	63	58
1982-83	30	51
1983-84	25	37

EXPENDITURES

	<u>FY 1980</u>	<u>FY 1981</u>	<u>FY 1982</u>	<u>FY 1983</u>	<u>FY 1984</u>
Salaries	\$12,322,478	\$13,954,264	\$14,419,047	\$16,399,112	\$18,264,243
Cur. Exp.	1,282,938	1,306,622	1,453,998	1,551,913	1,686,972
Rep. & Repl.	62,417	61,607	71,226	52,372	102,830
Spec. Equip.	72,506	30,764	25,616	45,428	30,063
Sub Total	<u>\$13,740,339</u>	<u>\$15,353,257</u>	<u>\$15,969,887</u>	<u>\$18,048,825</u>	<u>\$20,084,108</u>
Less: System-wide Reg. Laundry Costs	336,505	364,045	427,663	453,099	487,199
Per Capita Costs	<u>\$13,403,834</u>	<u>\$14,989,212</u>	<u>\$15,542,224</u>	<u>\$17,595,726</u>	<u>\$19,596,909</u>
	\$25,434.00	\$29,391.00	\$30,535.00	\$34,982.00	\$40,573.00

## FARIBAULT STATE HOSPITAL

### HISTORY

Faribault State Hospital is a public residential facility serving the mentally retarded. Established in 1881 following a two-year experimental program under the administration of the Minnesota Deaf School, it served the entire State until the mid-1950's with a peak population of 3355 in 1955. Current population is 690 residents with 55% from Hennepin County. Its current receiving district comprises thirteen primary counties: Hennepin, Dakota, Rice, Steele, Freeborn, Goodhue, Wabasha, Dodge, Olmsted, Winona, Mower, Fillmore and Houston.

All residential buildings are in full compliance with Life Safety Codes. Eleven of fifteen residential buildings have been remodeled to establish more home-like living and funds have been requested for the remaining four. All licensed beds (845) are eligible for federal reimbursement.

### FUNCTION

The Hospital provides specialized services for those mentally retarded persons who cannot properly be provided programs of care in the home and community, most often because of serious physical or health problems, or because of severely disruptive behavior. The Hospital's purpose is to reduce the identified dependencies of these residents so that they can be returned to their home or community, or live as independently as possible. Sixty percent of the hospital's residents are profoundly retarded; 30 percent are severely retarded; and 10 percent are moderately or mildly retarded. Thirty-six percent of our residents are also physically handicapped. The Hospital is licensed for 845 beds; 775 as an ICF/MR (Intermediate Care Facility for the Mentally Retarded) facility; 35 beds as a Skilled Nursing Facility; and 35 alternative beds as a Medical Hospital.

Each resident has an individual program plan, developed annually and reviewed quarterly. The program plan is developed by an interdisciplinary team consisting of appropriate professional and program staff. The resident participates in the development of this program plan, as does his family and his county social workers. Careful attention is devoted to identifying each resident's needs, establishing goals and finally agreeing on services or training needed to reach these goals.

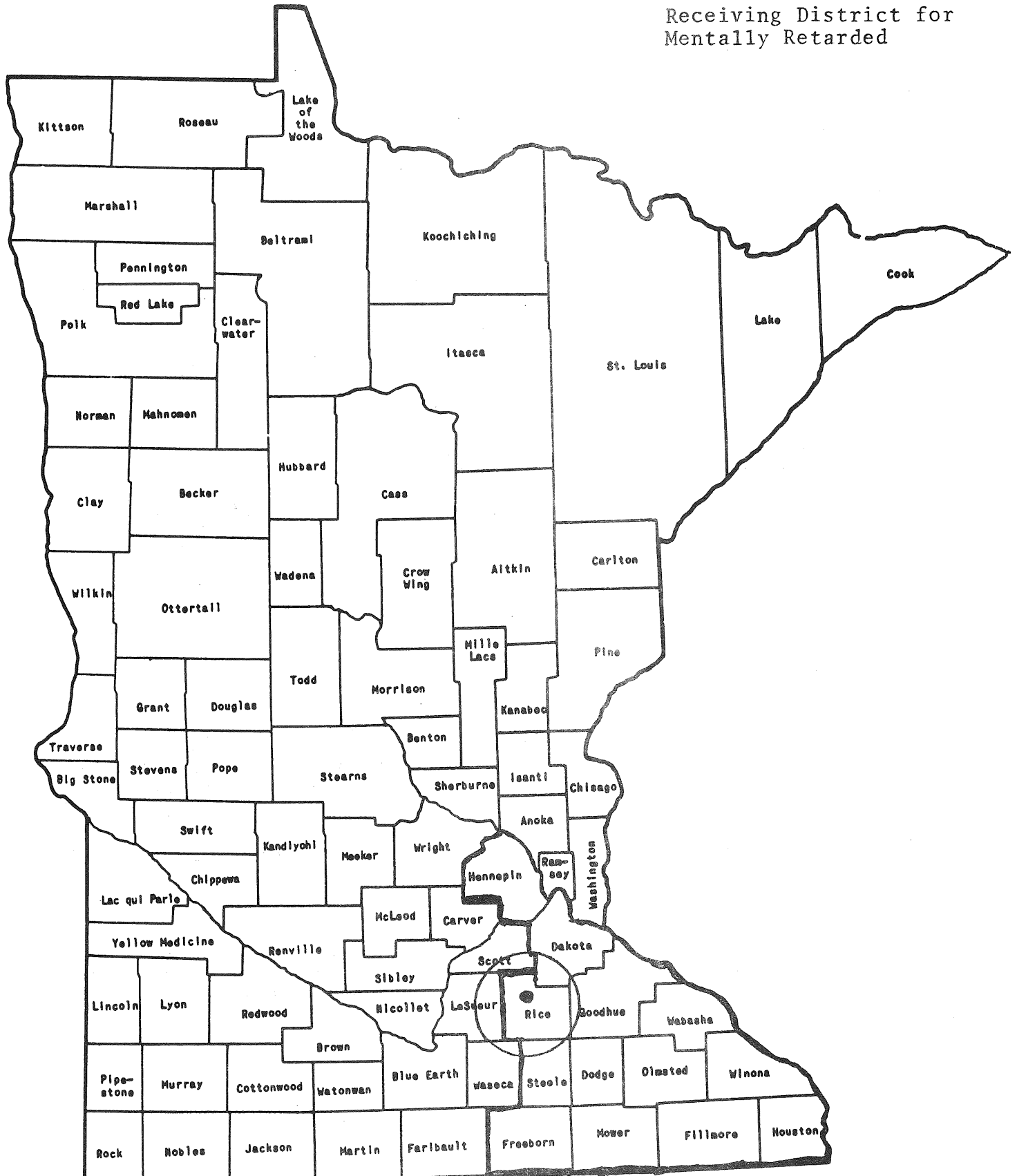
Twenty residents participate in the Faribault School District's TMR (Trainable Mentally Retarded) school program. This is a program provided during the regular school year and also during a six-week summer session. For the 670 adult residents who are not in the TMR program, the Hospital operates 71 Developmental Achievement Centers which they attend every weekday.

In the Developmental Achievement Centers residents are assisted in developing skills associated with self-care, daily living, social interaction, vocational skills, and other skills necessary for community or independent living. Depending on their needs and interests, residents may engage in physical development activities, home economics, horticultural education, work activity, music therapy, language development, and a host of other specially designed programs. They are also given opportunity for organized recreational activities as well as leisure time for activities of their own choice.

The Hospital provides a wide range of services and programs for its residents. Services include medical, dental, psychological, social service, occupational and physical therapy, recreation, vocational training, religious programs, volunteers, laboratory, x-ray, pharmacy, dietary and other supportive services. The Hospital has a program of constant self-evaluation of programs, activities and goals designed to insure effective and efficient training and care for its residents.

FARIBAULT STATE HOSPITAL

Receiving District for  
Mentally Retarded



FARIBAULT STATE HOSPITAL

STATISTICAL AND FINANCIAL DATA

Approved Complement October 1984 - 1093.18

Population October 1984 Average - 681

AVERAGE POPULATION - 15 Year Period

<u>Fiscal Year</u>		<u>Fiscal Year</u>	
1969-70	1757	1976-77	911
1970-71	1592	1977-78	856
1971-72	1539	1978-79	833
1972-73	1443	1979-80	807
1973-74	1207	1980-81	774
1974-75	1099	1981-82	772
1975-76	1021	1982-83	747
		1983-84	709

ADMISSIONS AND DISCHARGES - 5 Year Period

<u>Fiscal Year</u>	<u>Admissions</u>	<u>Discharges</u>
1979-80	51	98
1980-81	36	69
1981-82	89	78
1982-83	26	48
1983-84	33	76

EXPENDITURES

	<u>FY</u> <u>1980</u>	<u>FY</u> <u>1981</u>	<u>FY</u> <u>1982</u>	<u>FY</u> <u>1983</u>	<u>FY</u> <u>1984</u>
Salaries	\$15,808,252	\$18,038,458	\$20,254,451	\$23,601,373	\$26,126,776
Cur. Exp.	1,979,638	2,143,560	2,386,404	2,359,137	2,706,208
Rep. & Repl.	95,621	92,170	106,091	160,867	210,885
Spec. Equip.	47,296	36,827	51,183	17,447	71,566
Sub Total	<u>\$17,930,807</u>	<u>\$20,311,015</u>	<u>\$22,798,129</u>	<u>\$26,138,824</u>	<u>\$29,115,435</u>
Less: System-wide Reg. Laundry Costs	737,345	722,287	700,890	719,232	879,429
	<u>\$17,193,462</u>	<u>\$19,588,728</u>	<u>\$22,097,239</u>	<u>\$25,419,592</u>	<u>\$28,236,006</u>
Per Capita Costs	\$21,305.00	\$25,308.00	\$28,623.00	\$34,029.00	\$39,825.00

## FERGUS FALLS STATE HOSPITAL

### HISTORY

The hospital serves a 17-county area in northwestern and west central Minnesota. It is the third oldest of Minnesota's state hospitals with the first residents entering the psychiatric treatment program at the hospital in July of 1890. Since that date, the hospital has provided residential mental health services for about 65,000 citizens from northern Minnesota.

In 1969, the hospital became a multi-purpose treatment campus when, in addition to its psychiatric services, treatment programs were opened to help persons with chemical dependency problems and individuals with developmental disabilities caused by mental retardation.

All of the treatment programs at the hospital are fully accredited by the Joint Commission on Accreditation of Hospitals or by the Accreditation Council for Services for Mentally Retarded and other Developmentally Disabled Persons national accreditation bodies. The residential programs at the hospital also meet all state and federal licensure requirements. Mr. John Bloom is Acting Chief Executive Officer for the hospital.

### DRUG DEPENDENCY REHABILITATION CENTER

The Center is the Hospital's largest admissions program. Its Primary, HOPE, LIV, Free Way and Admissions Medical Units provide individualized treatment opportunities for adults and adolescents which are designed to help each person to learn to live a healthy and rewarding life without reliance on the use of alcohol or other drugs. A Family Program offers members of the resident's family an opportunity to learn about their role in the chemical dependency treatment process during a short stay at the Center. The Center operates an Alcohol Counselor Training Program which has received scholastic accreditation. The Center's treatment programs work in close cooperation with area Alcoholics Anonymous Chapters, community chemical dependency services, and other helping persons such as area pastors.

### MENTAL HEALTH DIVISION

The Division has a 115-bed capacity divided into four individual unit programs to give specific attention to particular needs. The units are the Psychiatric and Crisis Treatment Unit (PACT), the Hursh Unit - a mid-length psychiatric treatment unit with an added dimension of chemical abuse counseling, and two Geri-psychiatric Units. The Division provides individualized treatment and residential care services for adults and adolescents who are suffering from emotional problems. The Division's treatment programs are designed to meet both the emotional and physical care needs of each resident in an environment which provides a maximum opportunity to learn to successfully deal with those problems in living which each person is experiencing. The Division works in close cooperation with area mental health services and county social service departments.

## STATE REGIONAL RESIDENTIAL CENTER

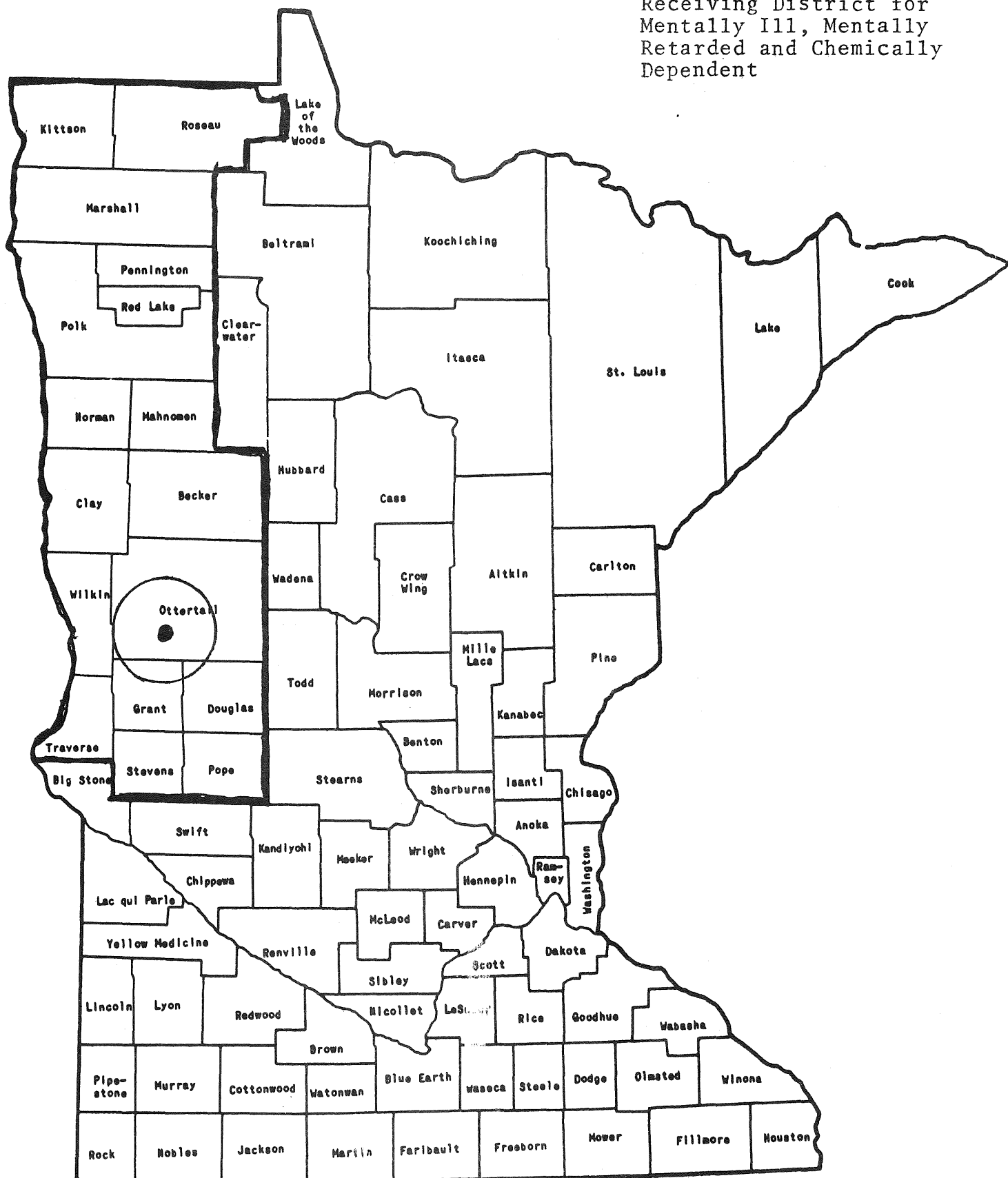
The Center is the Hospital's largest treatment program with an average daily resident population of about 230 persons. It offers a varied and specialized program of residential care, treatment, and education services for youth and adults with developmental disabilities caused by mental retardation. The goal of the Center is to provide the opportunity for each resident to develop to the maximum of their ability. The Center operates the following residential units: Achievement Center for Youth and Adults, Adult Achievement Center, Community Training Achievement Center, and Achievement Center for the Multiply Handicapped. The Center has been involved in a major remodeling effort which is improving the quality of life opportunities for the residents of the Center by changing large residential units into small and more home-life living areas. The Center also operates an Adult School Program which provides students with classroom programming. Evaluation and Training Center shop facilities, and a Speech and Hearing Clinic. The Center provides the supervision for specialized Occupational Therapy and Physical Therapy clinical services for the hospital, along with other specialized medical services such as neurological evaluations. The Center works in close cooperation with area programs serving mentally retarded citizens.

## COMMUNITY PROGRAMS SERVING AT HOSPITAL

Fergus Falls School District 544 provides specialized public education services for school age residents of the Hospital's State Regional Residential Center and the Free Way Unit of the Drug Dependency Rehabilitation Center. The hospital has a large Foster Grandparent Program which provides individualized services for residents of the State Regional Residential Center. The Student Live-In Program which the hospital operates in conjunction with the Fergus Falls Community College enables college students to live and work at the hospital and to learn about the hospital's programs.

FERGUS FALLS STATE HOSPITAL

Receiving District for  
Mentally Ill, Mentally  
Retarded and Chemically  
Dependent



FERGUS FALLS STATE HOSPITAL

STATISTICAL AND FINANCIAL DATA

Approved Complement October 1984 - 622.88

Population October 1984 Average - 473

AVERAGE POPULATION - 15 Year Period

<u>Fiscal Year</u>	<u>MI</u>	<u>MR</u>	<u>CD</u>	<u>Total</u>	<u>Fiscal Year</u>	<u>MI</u>	<u>MR</u>	<u>CD</u>	<u>Total</u>
1969-70	431	118	45	594	1976-77	132	289	105	526
1970-71	312	204	47	563	1977-78	131	288	128	547
1971-72	221	291	58	570	1978-79	142	282	155	579
1972-73	167	319	72	558	1979-80	129	278	143	550
1973-74	141	315	72	528	1980-81	125	268	157	550
1974-75	130	297	79	506	1981-82	113	268	166	547
1975-76	133	294	89	516	1982-83	108	245	169	522
					1983-84	98	231	140	469

ADMISSIONS AND DISCHARGES - 5 Year Period

<u>Fiscal Year</u>	<u>Admissions</u>				<u>Discharges</u>			
	<u>MI</u>	<u>MR</u>	<u>CD</u>	<u>Total</u>	<u>MI</u>	<u>MR</u>	<u>CD</u>	<u>Total</u>
1979-80	363	39	1133	1535	355	46	1153	1554
1980-81	392	35	1349	1776	389	37	1313	1739
1981-82	387	29	1568	1984	386	42	1598	2026
1982-83	408	34	1589	2031	431	50	1576	2057
1983-84	375	28	1474	1877	377	47	1479	1903

EXPENDITURES

	<u>FY 1980</u>	<u>FY 1981</u>	<u>FY 1982</u>	<u>FY 1983</u>	<u>FY 1984</u>
Salaries	\$10,369,767	\$11,243,981	\$12,619,583	\$13,825,247	\$15,480,408
Cur. Exp.	1,201,528	1,244,087	1,455,602	1,320,126	1,431,617
Rep. & Repl.	81,701	83,984	82,803	100,418	159,317
Spec. Equip.	51,589	5,600	34,000	38,175	31,933
<b>Total</b>	<b>\$11,704,585</b>	<b>\$12,577,652</b>	<b>\$14,191,988</b>	<b>\$15,283,966</b>	<b>\$17,103,275</b>
 Per Capita Costs	 \$21,281.00	 \$22,827.00	 \$25,945.00	 \$29,280.00	 \$36,468.00

## MOOSE LAKE STATE HOSPITAL

### HISTORY

Established by an act of the Legislature in 1935, the Moose Lake State Hospital opened in May of 1938, with its first patients being transferred from other state hospitals. On August 16, 1938, the first patients were directly admitted from the Probate Courts. The late 30's and early 1940's represented a predominantly custodial mode of care. The war years were a definite handicap in the recruitment of qualified personnel and the advancement of any real program. The early 1950's saw such departments as psychology, social service, chaplaincy, rehabilitation and the like, become a definite part of the organization of this hospital.

The late 1950's and 1960's marked the greatest advancement of the hospital. The introduction of chemotherapy made a more open hospital a reality and helped eliminate restraints and the overall use of seclusion. The thrust of the 1970's and 1980's has been to develop programs and services designed to meet individual client needs while achieving and maintaining compliance with appropriate state/national programmatic standards. While programs advanced, the main building complex is now 40 years old. Major changes in the physical plan affecting the overall program of the hospital were made in 1949 and 1950, with the addition of the occupational therapy building, auditorium and library, and two geriatric cottages. There have been many smaller projects during this time that have greatly enhanced the overall functioning and appearance of the hospital. These projects have been: installation of kitchenettes, improving toilet facilities, showers, and overall kitchen facilities as well as the overall approach of improving the appearance of the facility in keeping with the humanistic approach.

More recently, extensive remodeling on some living units has been completed and they are in the process of completing the remaining units so that the entire hospital will meet all current regulations and provide a more normalized and modern environment.

### FUNCTION

Moose Lake State Hospital is a regional center providing specialized services for the mentally ill, the geriatric, the chemically dependent, and the mentally retarded--see maps for areas served. Moose Lake's role as a regional treatment center is to receive patients who require treatment in a more structured, intensive setting, restore them to the appropriate level of functioning, and return them to society where they can become active members of their local community once more.

In order to accomplish this overall role that has been established for the Moose Lake State Hospital, considerable work and effort must go into establishing close working relationships and ties to the community mental health centers, the county social service departments, and the private facilities that are found throughout our service region.

In order to carry out the overall role that has been established for the hospital, there are presently in operation programs for each disability group. The Chemical Dependency Program is designed to concentrate on several categories of problems. The Acclimation Program deals with the problems related to withdrawal from long or heavy use of chemicals and provides a basis for the client to gain an initial introduction to treatment. The Primary Treatment Program is intensive and short-term, with the overall goal of helping the client deal with all chemicals in a responsible manner. Primary treatment is itself divided into three specialized units; the Start Unit for clients in treatment for the first, second or third time, the Pioneer Unit for the more chronic client with five or more treatment experiences, and the Interface Unit serving clients actively involved in the criminal justice system. The Long-Term Program is designed to help the individual who has had repeated failures or needs habilitation or rehabilitation in order to lead a more satisfactory life. In addition, the Chemical Dependency Program operates a Family Program providing residential treatment for client families and friends as well as a combination inpatient/outpatient program, the 1x5 Program, in conjunction with the Northland Mental Health Center

Treatment of mental illness is divided into two distinctive programs. The Admission Program provides an initial assessment and evaluation, treats the acute but generally short-term emotional disorders. The Life Adjustment Center Program is designed to help individuals with chronic emotional disorders and those who may lack basic skills for leading a normal life in society.

The Psychogeriatric Program also provides two distinct program units to meet the unique needs of clients who are 65 years of age and older. Treatment of the geriatric, chemically dependent clients as well as the clients with both short and long term emotional disorders are the main emphases on one unit while the other deals primarily with clients with long term emotional disorders with complicating medical/physical problems.

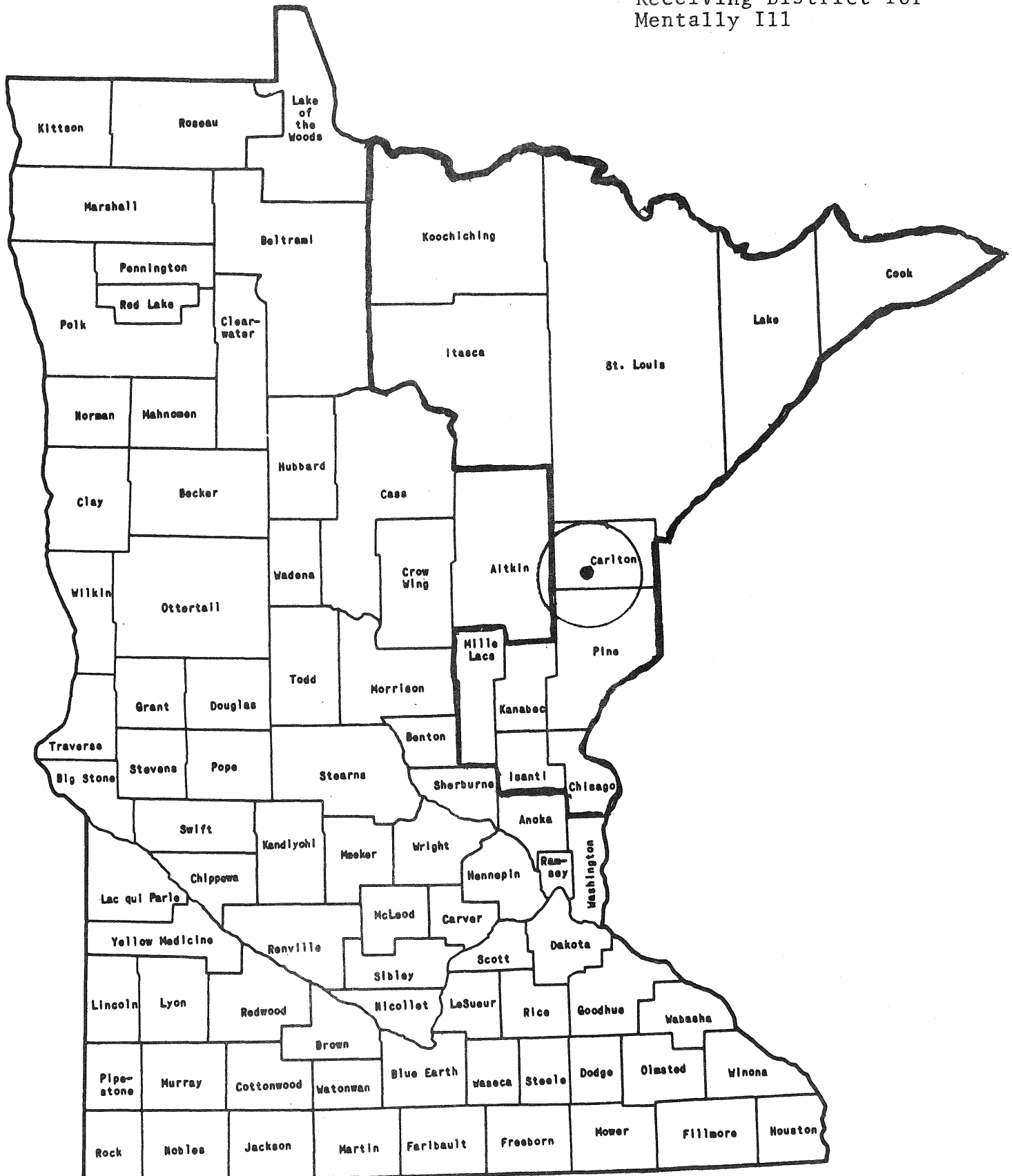
The Mental Retardation Program utilizes a wide array of program techniques directed toward carrying out an individualized program plan that has been developed for each resident. This program is developed for individuals who are 18 and older. The overall goal is to provide the most normalized environment possible with an emphasis on providing a broad range of learning experiences. Living units are organized into apartments and the individuals in each apartment are usually within the same level of functioning. The intent of this program is to help each person reach an optimum level of functioning and be able to progress to the least structured environment possible.

The hospital provides a wide range of programs and services. These services include medical, dental, psychological, social service, occupational, physical, recreational and industrial therapy, education and vocational programs, chaplaincy, volunteer, laboratory service, x-ray, pharmacy, housekeeping, dietary, public information, maintenance repair, as well as business and medical record maintenance, at an all-inclusive per diem rate.

Basic to the philosophy in operation of Moose Lake State Hospital, has been the feeling that if programs are to be therapeutic and beneficial, they must be geared to a strong foundation of treatment on the living unit closely linked to the overall services provided in the rest of the hospital. The entire hospital complex serves as the treatment facility, and every attempt has been made to keep the physical plant as current and up-to-date as possible. Coupled with this is the firm belief that to be effective, constant evaluation and consideration should be given to the proper utilization of living quarters and floor space in order to guarantee the most effective and efficient operation possible.

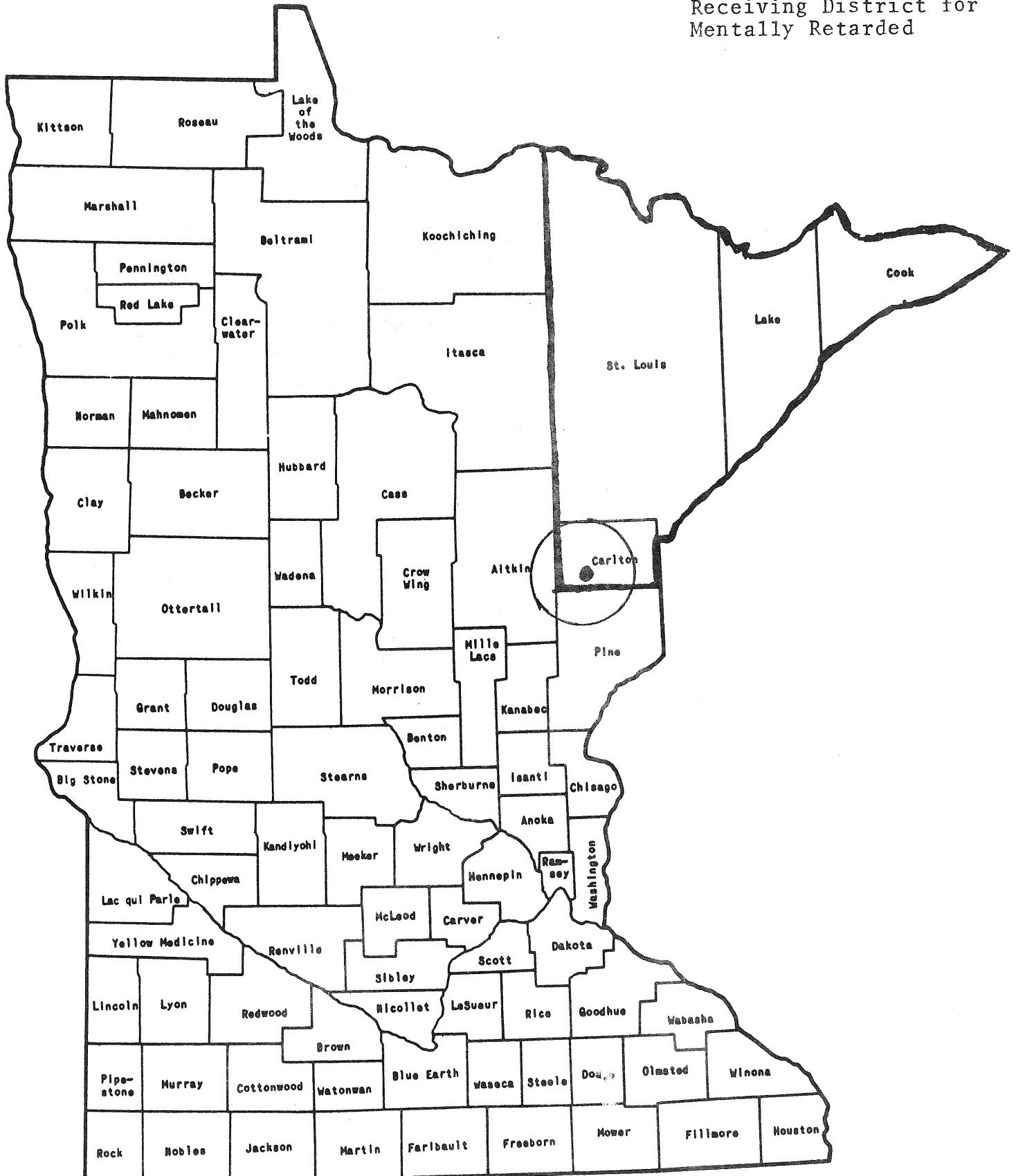
MOOSE LAKE STATE HOSPITAL

Receiving District for  
Mentally Ill



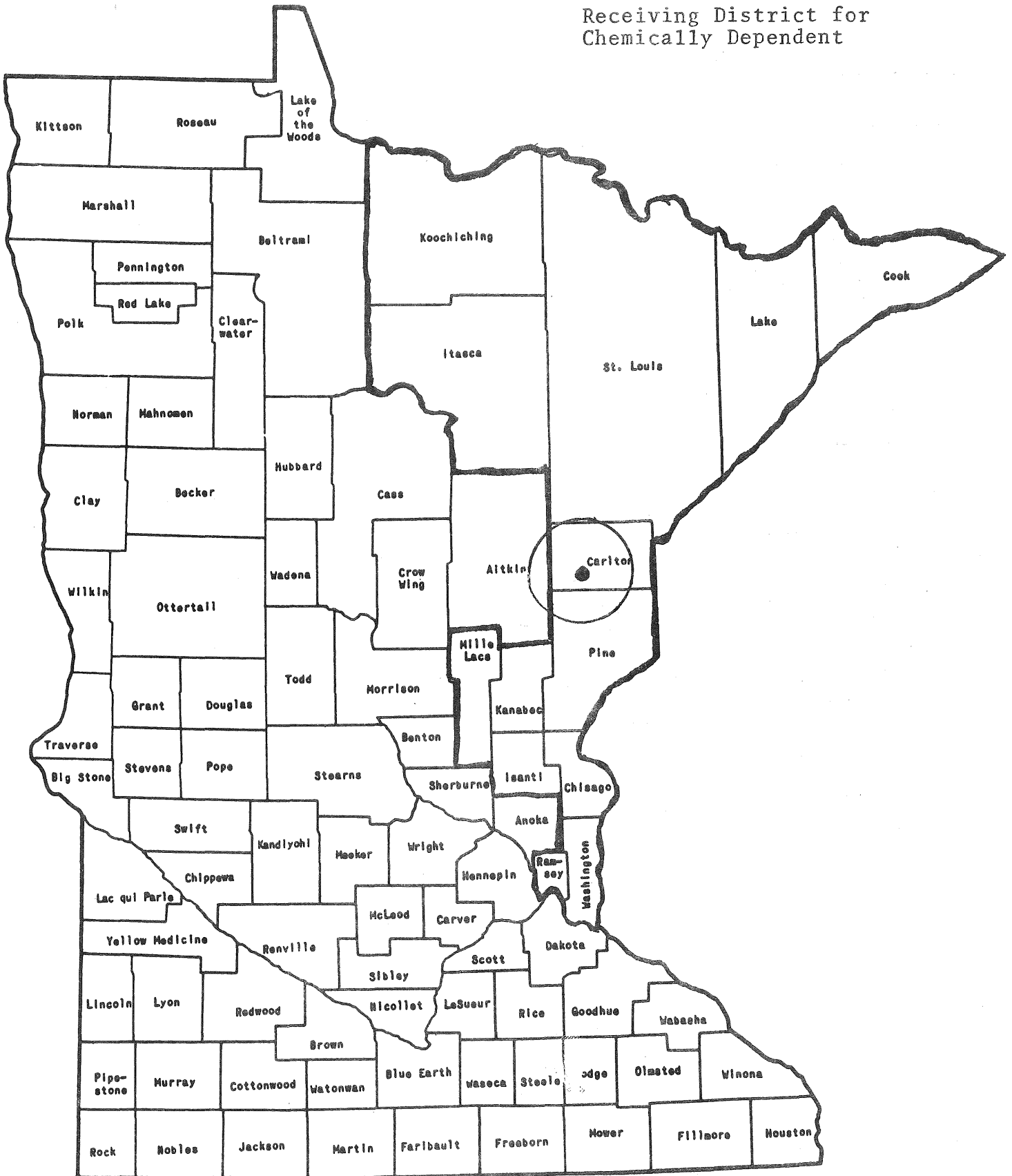
MOOSE LAKE STATE HOSPITAL

Receiving District for  
Mentally Retarded



MOOSE LAKE STATE HOSPITAL

Receiving District for  
Chemically Dependent



MOOSE LAKE STATE HOSPITAL

STATISTICAL AND FINANCIAL DATA

Approved Complement October 1984 - 512.35

Population October 1984 Average - 452

AVERAGE POPULATION - 15 Year Period

<u>Fiscal Year</u>	<u>MI</u>	<u>MR</u>	<u>CD</u>	<u>Total</u>	<u>Fiscal Year</u>	<u>MI</u>	<u>MR</u>	<u>CD</u>	<u>Total</u>
1969-70	541	26	64	631	1976-77	179	148	138	465
1970-71	404	51	76	531	1977-78	155	143	158	456
1971-72	297	62	87	446	1978-79	155	141	163	459
1972-73	265	68	87	420	1979-80	150	133	174	457
1973-74	226	123	84	433	1980-81	145	129	197	471
1974-75	191	158	81	430	1981-82	163	122	185	470
1975-76	184	146	127	457	1982-83	193	112	185	490
					1983-84	169	107	159	435

ADMISSIONS AND DISCHARGES - 5 Year Period

<u>Fiscal Year</u>	<u>Admissions</u>				<u>Discharges</u>			
	<u>MI</u>	<u>MR</u>	<u>CD</u>	<u>Total</u>	<u>MI</u>	<u>MR</u>	<u>CD</u>	<u>Total</u>
1979-80	269	7	1496	1772	287	17	1471	1775
1980-81	283	8	1598	1889	273	15	1572	1860
1981-82	331	8	1446	1785	294	18	1453	1765
1982-83	270	3	1348	1621	283	11	1351	1645
1983-84	251	4	1316	1571	273	8	1342	1623

EXPENDITURES

	<u>FY 1980</u>	<u>FY 1981</u>	<u>FY 1982</u>	<u>FY 1983</u>	<u>FY 1984</u>
Salaries	\$8,493,501	\$9,278,465	\$9,680,317	\$10,900,065	\$12,186,139
Cur. Exp.	1,067,426	1,199,870	1,283,503	1,278,757	1,400,555
Rep. & Repl.	61,923	51,678	60,910	74,144	83,444
Spec. Equip.	16,231	25,035	1,429	7,221	24,782
<b>Total</b>	<b>\$9,639,081</b>	<b>\$10,555,048</b>	<b>\$11,026,159</b>	<b>\$12,260,187</b>	<b>\$13,694,920</b>
Per Capita Costs	\$21,092.00	\$22,410.00	\$23,460.00	\$25,021.00	\$31,483.00

## OAK TERRACE NURSING HOME

### HISTORY

Glen Lake State Sanatorium and Oak Terrace Nursing Home were created by the State Legislature in 1961. Appropriate state officials were authorized to lease the Glen Lake Sanatorium facilities from Hennepin County for a period of thirty-five years, beginning January 1, 1962. The Minnesota State Tuberculosis Sanatorium program at Ah-Gwah-Ching (Walker, Minnesota) was merged with the Hennepin County tuberculosis program at Glen Lake. An initial amount of \$400,000 was appropriated for remodeling, repair and building rehabilitation.

Glen Lake State Sanatorium provided statewide services for inpatient tuberculosis care until Spring, 1976, when its patient census reached zero because the responsibility for tuberculosis care had been transferred to general hospitals and outpatient clinics.

Since then, the tuberculosis care program of Glen Lake State Sanatorium has been discontinued. In 1980, Chapter 357 was passed officially removing Glen Lake State Sanatorium from the record books.

In March, 1977 the Superintendent's Residence was leased to Alanon as a counseling center for alcoholics and their families. A five-year lease was authorized through the State Executive Council which took effect March 1, 1981.

Also in March, 1977 the Nurses' Residence was leased to Nexus, Incorporated, a rehabilitative program for released felons. A five-year lease was authorized through the State Executive Council which took effect November 1, 1980.

In 1984, the Childrens' Building was leased for use as a day care center for children of employees and the community. This is on a two-year lease and was effective in October, 1984.

### FUNCTION

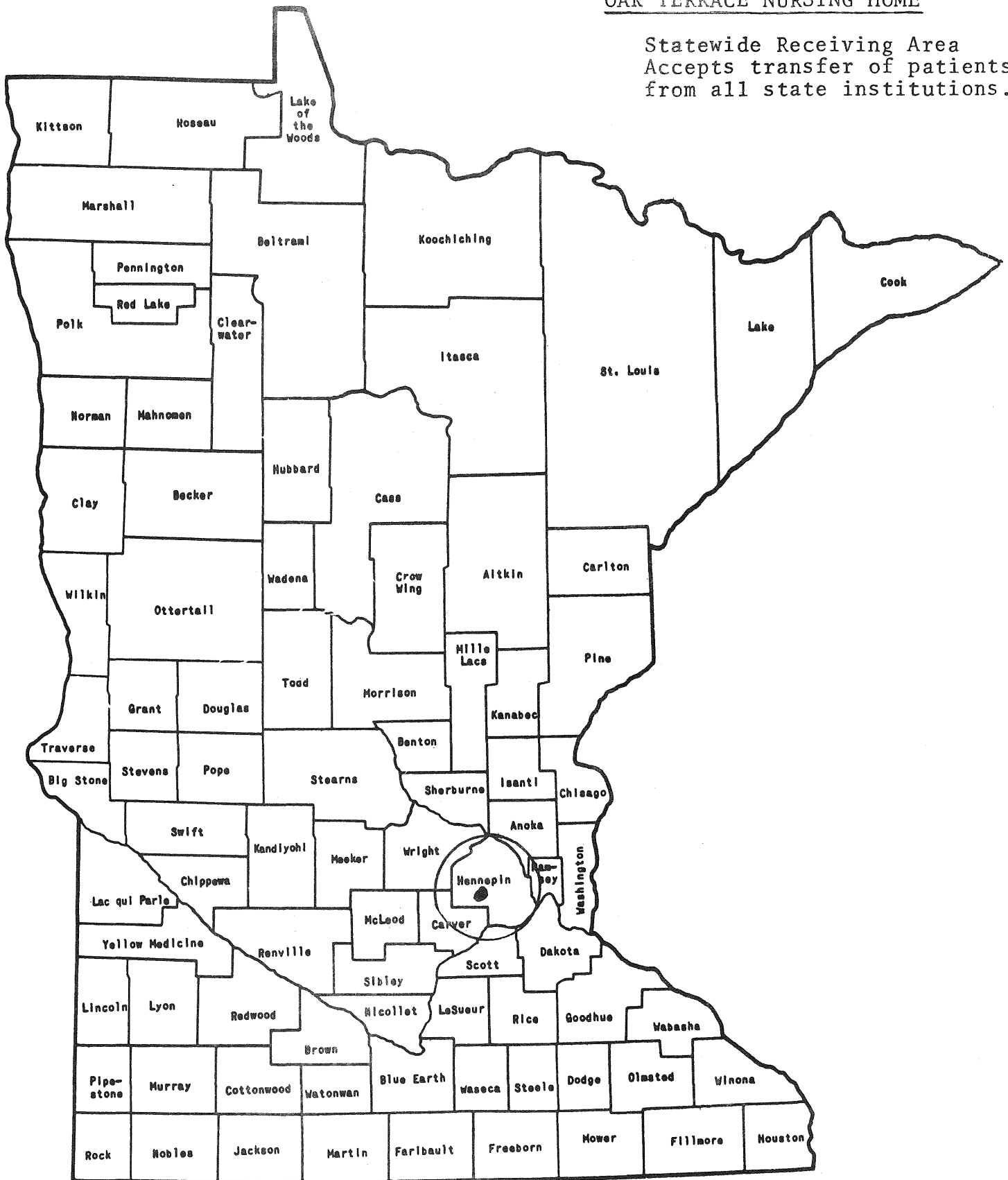
The program at Oak Terrace Nursing Home is designed to provide skilled nursing care for 350 geriatric patients discharged from the eight State Hospitals and no longer in need of active treatment programs provided by the state hospitals. Also admitted are significant numbers of persons having special needs which cannot be met in community nursing homes, such as severe behavioral problems which may have accompanying complex nursing care needs.

Geriatric patients requiring surgical or medical care which cannot be provided by the Oak Terrace medical staff may be transferred to Hennepin County Medical Center on a temporary basis. Funding for new programs concentrating on resident independence and self-sufficiency is proposed to the 1985 Legislature, together with tracking systems to follow rehabilitation and increase their discharge potential.

Oak Terrace Nursing Home is accredited for long term care by the Joint Commission on Accreditation of Hospitals and Long Term Care Facilities. It is also certified as a provider of extended care services under Medicare (Titles XVIII and XIX), and licensed by the Minnesota State Department of Health; and is approved to receive Veterans Administration Contracts.

OAK TERRACE NURSING HOME

Statewide Receiving Area  
Accepts transfer of patients  
from all state institutions.



OAK TERRACE NURSING HOME

STATISTICAL AND FINANCIAL DATA

Approved Complement October 1984 - 300.5

Population October 1984 Average - 333

AVERAGE POPULATION 15 Year Period

<u>Fiscal Year</u>	<u>San.</u>	<u>Nursing Home</u>	<u>Total</u>	<u>Fiscal Year</u>	<u>San.</u>	<u>Nursing Home</u>	<u>Total</u>
1969-70	37	321	358	1976-77	-	339	339
1970-71	35	320	355	1977-78	-	336	336
1971-72	30	322	352	1978-79	-	336	336
1972-73	22	325	347	1979-80	-	331	331
1973-74	18	322	340	1980-81	-	333	333
1974-75	12	321	333	1981-82	-	334	334
1975-76	2	331	333	1982-83	-	332	332
				1983-84	-	333	333

ADMISSIONS AND DISCHARGES - 5 Year Period

<u>Fiscal Year</u>	<u>Admissions</u>	<u>Discharges</u>
1979-80	32	36
1980-81	49	53
1981-82	41	40
1982-83	46	45
1983-84	42	37

EXPENDITURES

	<u>FY 1980</u>	<u>FY 1981</u>	<u>FY 1982</u>	<u>FY 1983</u>	<u>FY 1984</u>
Salaries	\$4,974,209	\$5,528,095	\$5,763,806	\$6,308,876	\$7,132,630
Cur. Exp.	728,403	827,241	913,244	956,962	1,025,799
Rep. & Repl.	36,846	37,451	43,903	39,504	75,041
Spec. Equip.	22,505	8,549	22,773	8,475	28,019
Total	<u>\$5,761,963</u>	<u>\$6,401,336</u>	<u>\$6,743,726</u>	<u>\$7,313,817</u>	<u>\$8,261,489</u>
Per Capita Costs	\$17,408.00	\$19,223.00	\$20,436.00	\$22,030.00	\$24,809.00

## ST. PETER REGIONAL TREATMENT CENTER

### HISTORY

The St. Peter State Hospital was opened in 1866 as the first state hospital in the State of Minnesota for the treatment of the mentally ill person. Subsequently, in 1911, the Minnesota Security Hospital was located on the St. Peter campus to house and treat mentally ill and dangerous men from the entire State. In 1967, the Legislature directed that a unit for the mentally retarded be established at the St. Peter State Hospital. This unit became known as the Minnesota Valley Social Adaptation Center. Finally, a separate unit for the chemically dependent was established at St. Peter in 1970.

The hospital of today is seen as a regional resource for those types and degrees of mental illness or disability which cannot be effectively treated by existing community resources. The St. Peter Regional Treatment Center is a classic example of this ongoing evolution in that it is comprised of three treatment facilities: Minnesota Security Hospital, providing forensic and treatment services to adjudicated offenders; St. Peter State Hospital, providing treatment services to mentally ill and chemically dependent adults; and Minnesota Valley Social Adaptation Center, providing treatment services to the mentally retarded. During the past several years, the entire facility has been commonly called the St. Peter Regional Treatment Center, reflecting both its mission and evolution.

Because of its unique organization and responsibilities, the St. Peter Regional Treatment Center presently serves Region IX plus Scott and Carver (11 counties) as a regional resource for the mentally retarded; Regions IX and X (19 counties) as a residential treatment facility for the mentally ill and chemically dependent; and the entire state as an evaluation and treatment facility for mentally ill and dangerous men and women. Present total hospital capacity is 674 licensed beds.

### St. Peter State Hospital

#### Mental Illness & Chemical Dependency Programs

This hospital is one of three treatment divisions on the St. Peter campus. The hospital has 234 beds available for quality treatment of adult mentally ill and chemically dependent patients from a 19-county area of south central and south-eastern Minnesota. There are several processes through which individuals are admitted to this hospital. They may be legally committed to the hospital by a county court; they may voluntarily seek hospitalization by requesting admission; or they may be transferred from other hospitals throughout the State of Minnesota.

Treatment planning begins on "day one" with an individual's admission to a treatment unit for assessment and evaluation of his problems and strengths. This is done by medical, psychiatric, psychological, nursing, social and rehabilitative services including vocational and educational areas. A written individual treatment plan, outlining problems, strengths, goals and plan of problem-solving services to achieve goals, is created by the team with the patient at the inception of treatment.

The anticipated period of hospitalization is also included in the plan. Re-assessments are made with the patient and the plan of treatment modified as indicated by progress.

When goals established for discharge are attained, a pre-discharge meeting is held with the patient, the patient's family and community agencies, as appropriate; and an individual aftercare plan is developed for each patient.

The hospital has six separate units. Shantz Hall 1 East, Shantz Hall 1 West, Pexton Independent Living Unit and Community Unit (Community North and South) have a general psychiatric population of up to 146 patients. Patients are assigned to sub-units along a continuum from intensive need to little or no need for structured psychiatric intervention and/or supervision. The Pexton Extended Care Unit provides a special group care program for a maximum of 30 older persons with both mental and physical problems and minimal self-care abilities. A structured program combination of training in self-care and simple activities is used to improve mental and physical health and increase socialization. Johnson Chemical Dependency Unit has a capacity of 58 beds and offers three programs: a short, 28-day cycle schedule of lectures and group sessions with emphasis on the Alcoholic Anonymous Program; an extended care program for chronic recidivists offering a special rehabilitation program; and a third program working with discharged patients through after-care and follow-up.

The St. Peter State Hospital is accredited by the Joint Commission on Accreditation of Hospitals, licensed under DHS Rules 35 and 36, and certified by the Department of Health and Human Services for Titles XVIII and XIX.

#### Minnesota Security Hospital

The Minnesota Security Hospital was first opened for use in 1911, charged by the Legislature with detention of men who were "dangerously and criminally insane". In the past, the primary purpose of the institution was to offer custodial care within a security setting. Today, services have included evaluation for state courts as well as intensive treatment.

It was not until 1963 that a professional staff was appointed to work exclusively at Minnesota Security Hospital. Since that time there has been an evolving increase in the number of professional and technical staff. With this increase in capability and credibility in the eyes of the courts and other state institutions, a dramatic increase in the number of admissions to the Minnesota Security Hospital for both evaluation and treatment has occurred.

The Sex Offender Treatment Program at Minnesota Security Hospital (one of the few such programs in the United States) is being used by the courts with increasing frequency for pre-sentencing examinations, as well as for treatment. This program is a long-term program (anticipated lengths of stay from three to seven years). In addition, the courts are sending an increasing number of persons to Minnesota Security Hospital under Rule 20 of the Minnesota Rules of Criminal Procedure in those instances where the court decides that security is required during the period of examination to determine competency.

The 1978 Legislature appropriated \$8.7 million to construct a new 165-bed unit. The new facility is located on top of the hill near the hospital's park area and was occupied in June of 1982. Present capacity is 236 beds; this includes 72 beds in Shantz Hall on the St. Peter State Hospital campus.

In summary, Minnesota Security Hospital accepts on a statewide basis, men and women whose mental, emotional and behavioral problems require a secure setting while examination and/or treatment takes place.

### Minnesota Valley Social Adaptation Center

The Minnesota Valley Social Adaptation Center is a state-operated residential facility serving the needs of mentally retarded citizens in south central Minnesota. This facility, one of seven in Minnesota, specifically serves the counties of Blue Earth, Brown, Faribault, LeSueur, Martin, Nicollet, Waseca, Watonwan, Sibley, Scott and Carver.

The chief function of the Minnesota Valley Social Adaptation Center is to provide a total living program that offers opportunities for individual development in ways that will add a dimension of independence to the daily living of the residents. Minnesota Valley provides a developmental continuum of training from basic self-help skills to work skills, thus allowing each resident the opportunity to enhance their life through a process that includes normalization and provides a consistent, meaningful rhythm of life. Additionally, the esteem a resident attaches to themselves is basic to the welfare of that individual; consequently, it is necessary to make every attempt to work with the self-image and self-concepts of each resident.

An Individual Program Plan is developed by an interdisciplinary team for each resident. Each resident's abilities and needs are assessed. A teaching strategy is designed for each resident that provides them meaningful, normal, and worthwhile experiences that are relevant and allow for daily success. Further, the entire staff continually re-evaluates its goals and directs their objectives toward becoming more aware of the needs of the residents and developing more effective methods to provide meaningful services. The Center also actively participates in the planning, development and implementation of both regional and state programs for staff to use in the training of the residents.

The MVSAC staff understand that to bring a resident to increased independence can only be accomplished by totally centering all services in a creative and cooperative manner around the resident. Parents and/or concerned others are partners with the staff in the habilitation and care provided.

To accomplish these goals, four different services are provided: residential, health, structured program and community support services. Each service provides assessment, comprehensive developmental programs, and on-going progress evaluations for every resident at MVSAC on an annual basis. Each service is staffed and supervised by a QMRP (Qualified Mental Retardation Professional) who provides an array of essential services. It is the responsibility of the residential service to assure that every resident is provided a comprehensive Individual Program Plan that will meet their needs.

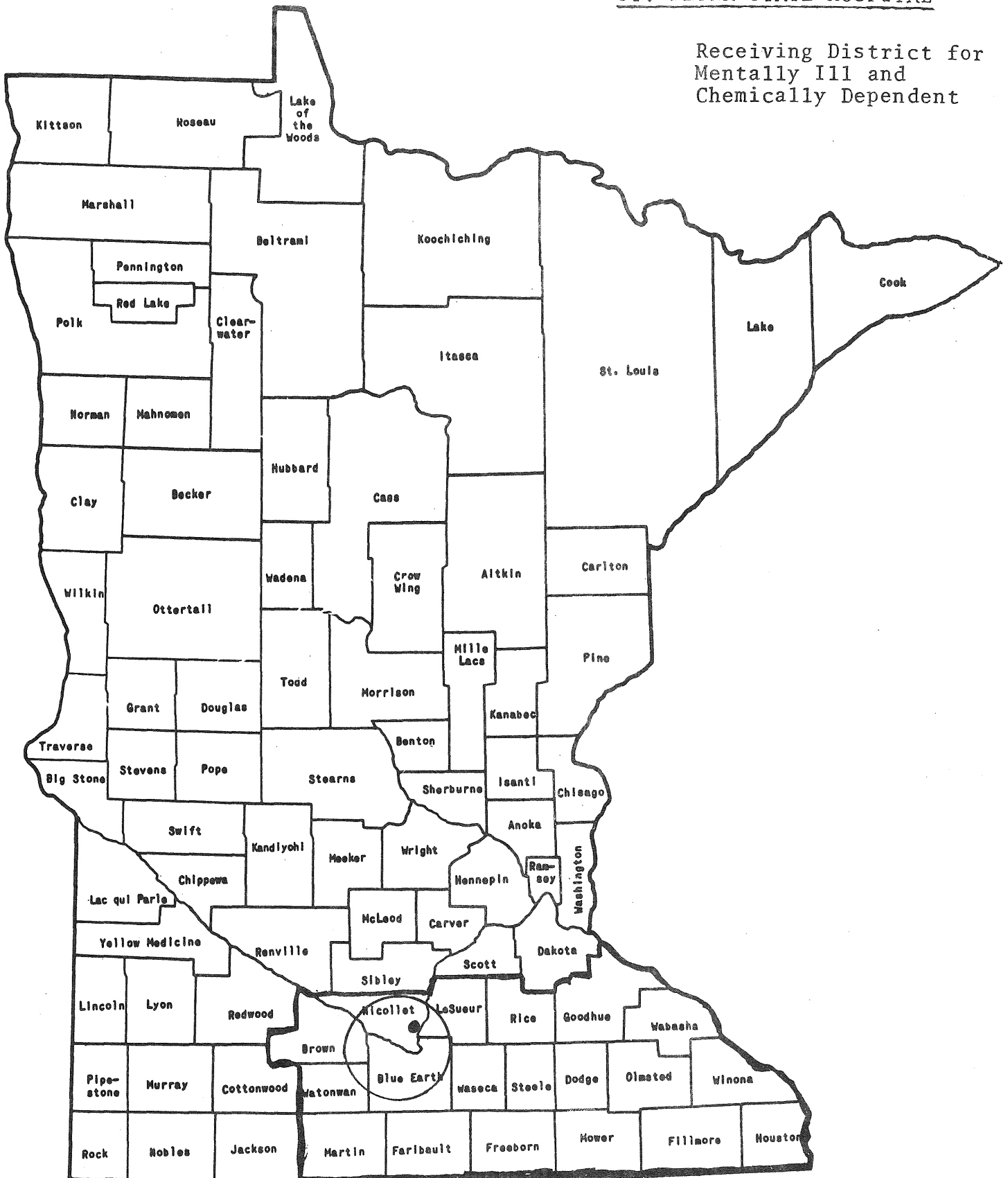
The Mission of the Minnesota Valley Social Adaptation Center is to provide developmental, social adaptation, residential and health services to mild, moderate, severe and profoundly retarded citizens of all ages. As a resource for Region IX plus Carver and Scott Counties, MVSAC provides:

1. Assessment, evaluation, goal setting and diagnosis for the residents of MVSAC.
2. Developmental programs in the areas of activities of daily living; i.e., grooming, eating, dressing skills, plus cognitive skills such as telling time, counting money, identifying objects and reading simple words.
3. Vocational programs to prepare residents for sheltered work, work activities and competitive employment.
4. Parental relief/respice care programs, providing temporary care (up to sixty days) to assist parents of retarded citizens who are living at home.
5. Crisis intervention for behavior management in community agencies.

Minnesota Valley Social Adaptation Center can both programmatically and residentially serve up to 185 residents at any time. These persons are mentally retarded individuals who demonstrate a need for specialized programming that will enable them to eventually return to a community setting. MVSAC's services will hopefully enable them to develop to a level of independence that will allow them to adjust to community living in some form.

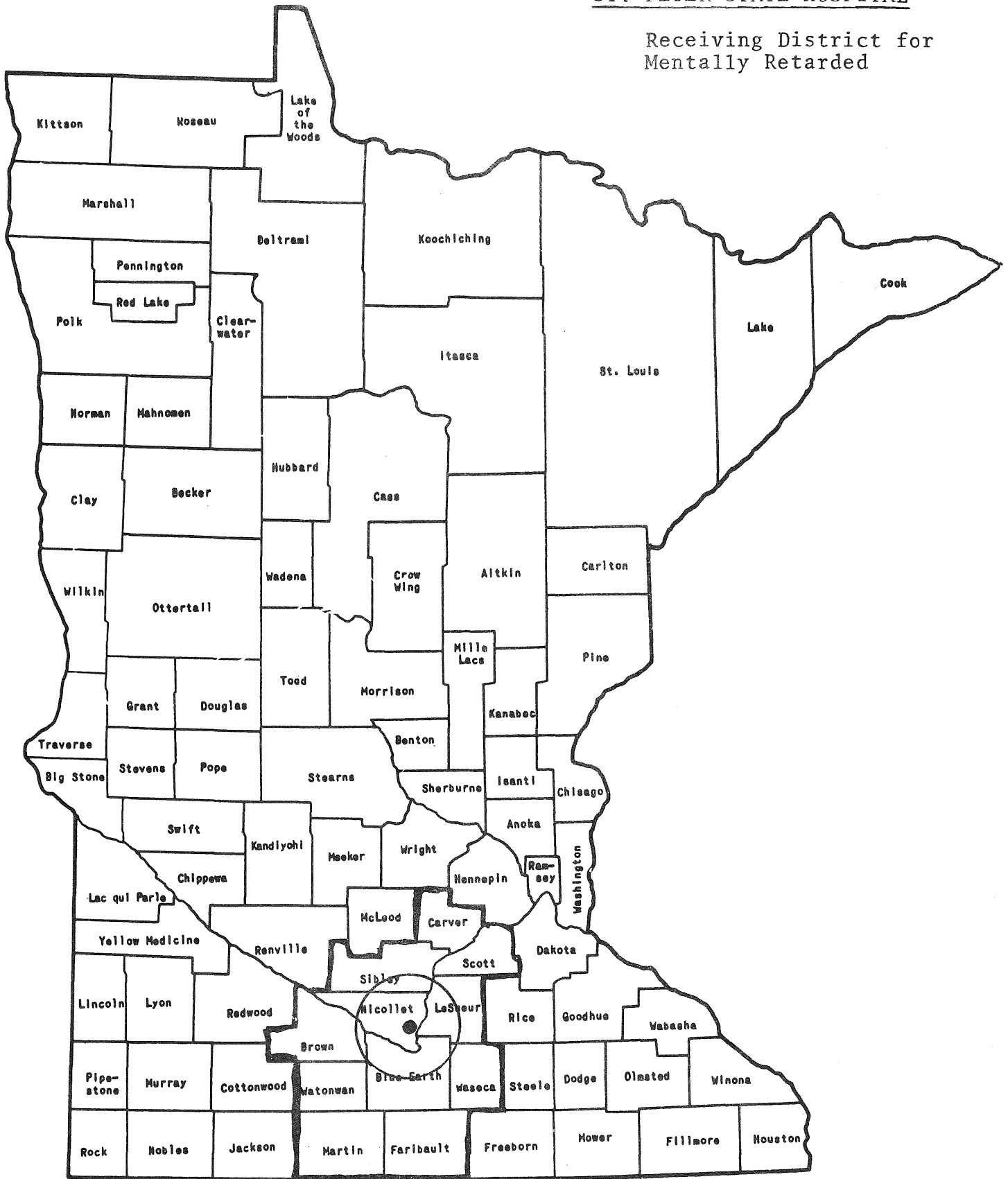
ST. PETER STATE HOSPITAL

Receiving District for  
Mentally Ill and  
Chemically Dependent



ST. PETER STATE HOSPITAL

Receiving District for  
Mentally Retarded



ST. PETER STATE HOSPITAL

STATISTICAL AND FINANCIAL DATA

Approved Complement October 1984 - 712.72

Population October 1984 Average - 598

AVERAGE POPULATION - 15 Year Period

<u>Fiscal Year</u>	<u>MI</u>	<u>CD</u>	<u>Total SPSH</u>	<u>MSH</u>	<u>MVSAC</u>	<u>Campus Total</u>
1969-70	295		295	142	339	776
1970-71	279	28	307	131	374	809
1971-72	256	34	290	114	371	775
1972-73	226	35	261	107	353	721
1973-74	207	38	245	106	319	670
1974-75	176	34	210	108	291	609
1975-76	158	31	189	108	278	585
1976-77	157	40	197	139	237	573
1977-78	150	42	192	167	208	567
1978-79	137	44	181	198	191	570
1979-80	136	40	176	203	192	571
1980-81	144	45	189	193	180	562
1981-82	159	45	204	189	183	576
1982-83	165	54	219	212	179	610
1983-84	156	54	210	210	170	590

ADMISSIONS AND DISCHARGES - 5 Year Period

<u>Fiscal Year</u>	<u>Admissions</u>					<u>Discharges</u>				
	<u>MI</u>	<u>CD</u>	<u>MSH</u>	<u>MVSAC</u>	<u>Total</u>	<u>MI</u>	<u>CD</u>	<u>MSH</u>	<u>MVSAC</u>	<u>Total</u>
1979-80	161	453	249	29	892	163	436	227	26	852
1980-81	164	516	222	21	923	161	506	211	40	918
1981-82	220	556	243	31	1050	189	554	224	23	990
1982-83	246	605	294	45	1171	252	616	273	36	1177
1983-84	317	590	281	45	1233	302	598	284	48	1232

EXPENDITURES

	<u>FY 1980</u>	<u>FY 1981</u>	<u>FY 1982</u>	<u>FY 1983</u>	<u>FY 1984</u>
<u>SPSH-MVSAC</u>					
Salaries	\$8,891,642	\$9,659,967	\$10,457,754	\$11,808,174	\$13,421,176
Cur. Exp.	1,261,139	1,420,764	1,638,103	1,869,887	1,962,546
Rep. & Repl.	77,818	85,038	93,508	138,444	146,123
Spec. Equip.	29,074	8,637	38,789	29,386	74,301
<u>MSH</u>					
Salaries	\$3,193,937	\$3,409,247	\$3,790,492	\$4,768,229	\$5,400,631
Cur. Exp.	28,965				
Spec. Equip.	-0-	66,746*			
Sub.Tot.	\$13,482,575	\$14,650,399	\$16,018,646	\$18,614,120	\$21,004,777
Less: System-wide Reg.					
Laundry Costs	205,091	214,302	190,391	153,387	135,030
Total	\$13,277,484	\$14,436,097	\$15,828,255	\$18,460,733	\$20,869,747
Per Capita Costs	\$23,253.00	\$25,687.00	\$27,480.00	\$30,263.00	\$35,372.00

\*From sale of Hastings State Hospital equipment.

## WILLMAR STATE HOSPITAL

### HISTORY

The Willmar State Hospital was established in 1907 for the care and treatment of the alcoholic patient. The first alcoholic patient was received in the hospital in 1912. By 1917 the program at Willmar was expanded to include the treatment of mentally ill patients transferred from other state institutions. In 1951 the hospital was assigned a receiving district for referral of mentally ill patients from the 17 southwestern counties of the State. The hospital continues to receive and treat mentally ill patients from a 23-county area. Major treatment programs now include mental illness, chemical dependency, adolescent mentally ill, and mental retardation. Each of the hospital's four programs is accredited by the Joint Commission on Accreditation of Hospitals and licensed by the State of Minnesota. Community involvement, in addition to residential treatment programs, includes sponsorship or participation in training programs for clinical chaplains, licensed practical nurses, and occupational therapists. The mission or role of the hospital has, since its inception, been characterized by slow evolution reflecting the needs and impressions of the contemporary society as reflected by legislative action.

### FUNCTION

The following services are provided residents of Willmar State Hospital:

#### General Psychiatric Care and Treatment

Four area mental health-mental retardation programs (Mental Health Centers) at Luverne, Marshall, Willmar, and St. Cloud are located in the hospital's receiving district. Patients in the hospital are assigned into a geographic model of clinical care in separate units identified for each of the four area programs. The general psychiatric unit has a capacity for 288 patients. A total psychiatric treatment program is offered to all patients including diagnosis and services, and other therapies as indicated. It is expected that all patients admitted to the hospital will return to their home communities within a relatively short period of time. Care and treatment is provided in an open setting employing as many of the current treatment techniques as are feasible. Admission to the hospital is by personal application, by referral from a physician or agency, or by a probate court action.

#### Chemical Dependency Program (Alcoholic and Addictive Personalities)

This program consists of approximately 118 hospital beds. The treatment program is organized using trained counselors on alcoholism, the mainstay in group and individual therapy. Treatment consists primarily of lectures and group and individual counseling.

The entire alcohol program is A.A. oriented, but at the same time, a multi-disciplined effort is made to treat each patient as an individual in terms of his or her needs at the hospital, post-treatment planning, and length of hospitalization.

### Adolescent Treatment Program

The Adolescent Treatment Unit is a specialized psychiatric program at the Willmar State Hospital for the residential treatment of emotionally disturbed adolescents between the ages of 12 and 17. This unit has an assigned bed capacity of 55 and the program is designed specifically for the adolescent who needs a unique combination of group living experiences and an individual therapy program within a structured environment. The unit also includes a self-contained special education program as well as an educational program providing attendance at community schools where feasible. Adolescents are admitted directly to the unit following a referral from community agencies and a preadmission interview with the unit staff.

### Protective Component Unit

The Protective Component of the Adolescent Treatment Unit is a pilot project that was started in 1979 to provide treatment services to a small group of very severely disturbed male adolescents. These adolescents range in age from 11 to 16 years and are experiencing emotional problems that make treatment impossible in a more traditional residential program. A higher staff-to-patient ratio, a more intense treatment milieu and a greater emphasis on small educational group therapy sessions characterize this portion of the program. The major treatment goal aims at the establishment of enough self-control and symptom relief in these individuals to enable them to enter into and benefit from a traditional residential program. The average length of treatment in the Protective Component is six months.

### Medical-Geriatric

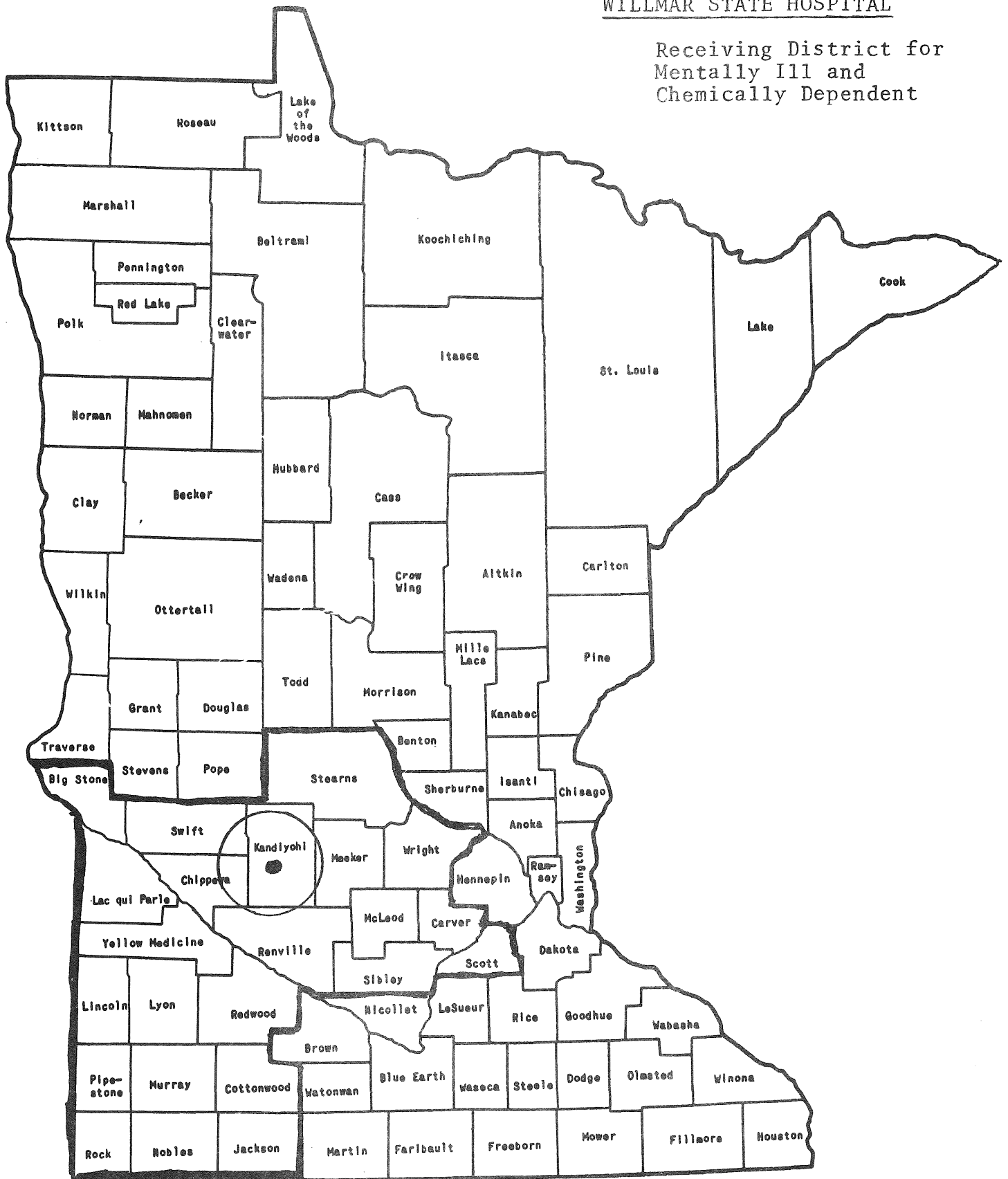
This service takes care of the diagnostic studies and short-term therapy of elderly patients from the Willmar State Hospital receiving area who have been unable to adjust to nursing or convalescent homes or who need short-term intensive medical care to prepare them for return to their families or other placement. This program also provides services for the chemically dependent patient needing medical care. Medical service is also provided for the long-term patients who are housed on the geographic units. Consultant physician service is also provided for the physical problems found on all hospital units. Dental service is provided by a resident dentist.

### Mental Retardation

The Glacial Ridge Training Center is the focal point for the delivery of essential services to mentally retarded persons and their families in southwestern Minnesota. The Center's facilities and program are licensed and meet all existing standards of care. Services provided include, but are not limited to, short- and long-term residency, parental relief, intensive training programs on an intervention basis (toileting, feeding, dressing, behavior control, etc.), family education, TMR school programs, and adult work activities. The residential portion of the program has 177 beds and maintains a fixed number of vacant beds for crisis and short-term placements from the southwestern communities.

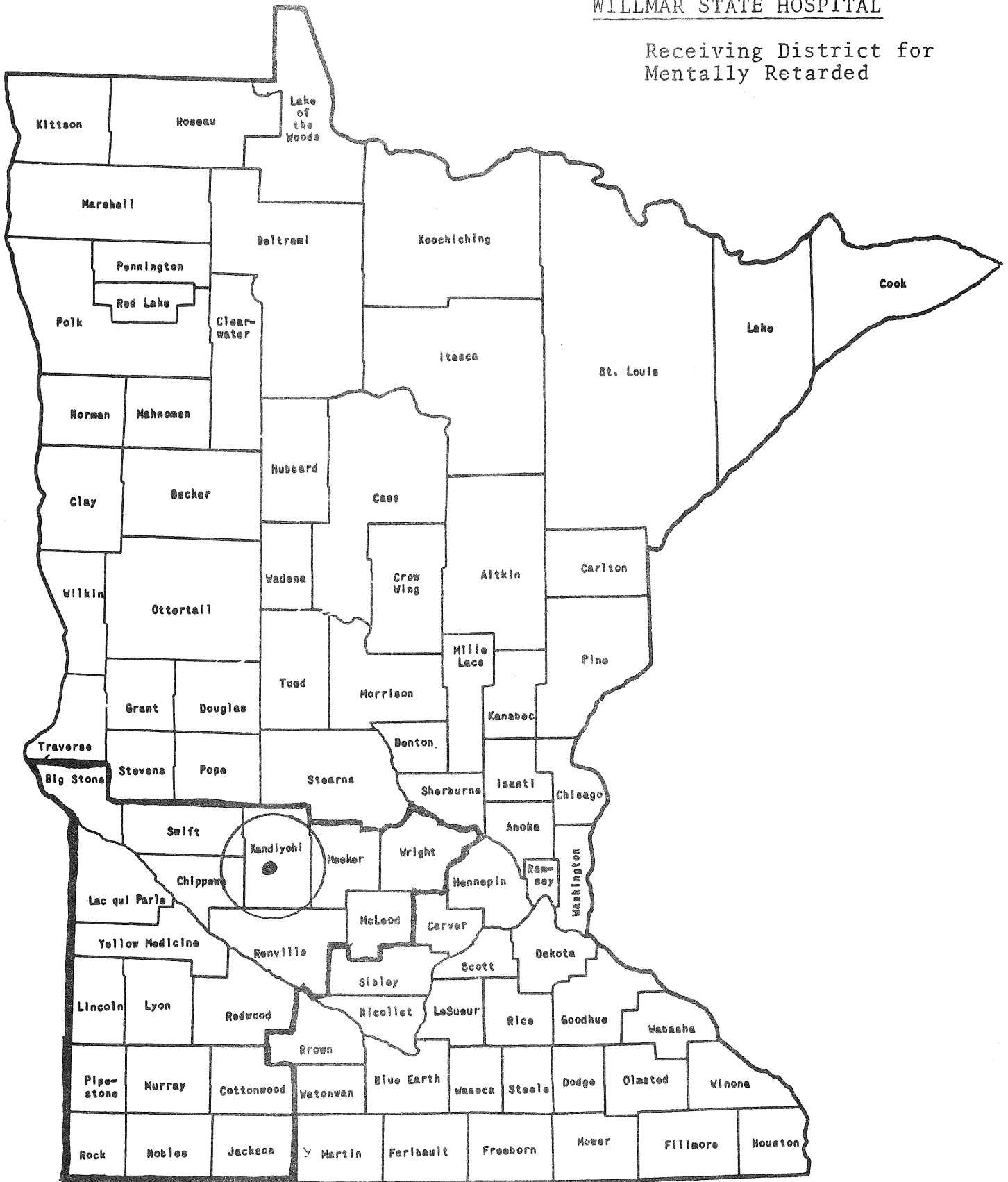
WILLMAR STATE HOSPITAL

Receiving District for  
Mentally Ill and  
Chemically Dependent



WILLMAR STATE HOSPITAL

Receiving District for  
Mentally Retarded



WILLMAR STATE HOSPITAL

STATISTICAL AND FINANCIAL DATA

Approved Complement October 1984 - 643.58

Population October 1984 Average - 519

AVERAGE POPULATION - 15 Year Period

<u>Fiscal Year</u>	<u>MI</u>	<u>MR</u>	<u>CD</u>	<u>Total</u>	<u>Fiscal Year</u>	<u>MI</u>	<u>MR</u>	<u>CD</u>	<u>Total</u>
1969-70	401		214	615	1976-77	336	175	100	611
1970-71	375		206	581	1977-78	316	162	105	583
1971-72	358		183	541	1978-79	321	161	109	591
1972-73	367	12	155	534	1979-80	313	158	104	575
1973-74	351	142	114	607	1980-81	310	158	97	565
1974-75	330	139	129	598	1981-82	306	162	96	564
1975-76	320	161	111	601	1982-83	312	159	99	570
					1983-84	296	155	103	554

ADMISSIONS AND DISCHARGES - 5 Year Period

<u>Fiscal Year</u>	<u>Admissions</u>				<u>Discharges</u>			
	<u>MI</u>	<u>MR</u>	<u>CD</u>	<u>Total</u>	<u>MI</u>	<u>MR</u>	<u>CD</u>	<u>Total</u>
1979-80	445	47	831	1323	483	41	843	1367
1980-81	416	38	780	1234	514	52	793	1359
1981-82	432	50	718	1200	476	36	713	1225
1982-83	369	46	797	1212	362	53	817	1232
1983-84	405	39	848	1292	419	46	829	1294

EXPENDITURES

	<u>FY 1980</u>	<u>FY 1981</u>	<u>FY 1982</u>	<u>FY 1983</u>	<u>FY 1984</u>
Salaries	\$10,896,724	\$11,813,774	\$12,585,647	\$13,942,657	\$15,713,039
Cur. Exp.	1,132,079	1,197,743	1,343,558	1,420,092	1,557,168
Rep. & Repl.	57,720	63,316	67,069	63,565	130,222
Spec. Equip.	39,014	6,653	33,324	20,281	48,691
Sub.Total	\$12,125,537	\$13,081,486	\$14,029,598	\$15,446,595	\$17,449,120
Less: System-wide Reg.					
Laundry Costs	177,567	189,390	201,943	216,019	249,554
Total	\$11,947,970	\$12,892,096	\$13,827,655	\$15,230,576	\$17,199,566
Per Capita Costs	\$20,779.00	\$22,818.00	\$24,517.00	\$26,720.00	\$31,046.00