

SFY 24-25 Direct Appropriation Grant

Organization Name: [Abijahs on the Backside](#)

Grant ID #: [4ABBK5000](#)

Reporting Quarter End Date: 6/30/2025

A. Outcomes Report

1. Expenditures

See your Budget for “Planned” data. Obtain “Actual” data from your end-of-quarter FSR/RPR.
Add/delete rows as needed to match your RPR/FSR cost categories.

Cost Category	Total Planned Budget Jan 1, 2025 Start through Mar. 30, 2025 (Q7)	Planned Grant start thru end of reporting quarter	Actual Grant start thru end of reporting quarter
Administration Costs	\$5,400	\$43,200	\$43,200
Direct Services	\$53,350	\$426,800	\$426,800
TOTAL FUNDS:	\$58,750	\$470,000	\$470,000

PER SESSION EXPENDITURES - \$300/session

Mental Health Professional- \$95/session

Equine Specialist- \$75/session

Equine Care/Feed/Vet- \$55/session

Liability Insurance- \$30/session

Clinical Director- \$25/session

Outreach- \$20/session

ADMINISTRATIVE EXPENDITURES

Administrative Oversight of grant-

Workers Compensation Insurance-

Website Administration-

Cell Phone Utilities-

Email account fees-

Communications & materials-

2. Participant Outcomes

See your Workplan for “Planned” data. Obtain “Actual” data from Workforce One [Reports](#).

Measurable Outcomes	Total Planned Outcomes April 1, 2025 thru June. 30, 2025 Q8	Planned Grant start thru end of reporting quarter	Actual Grant start thru end of reporting quarter
Total Participant Enrollments	16	127	37 unique clients in Q8, 133 since grant start
Total Number of Sessions Provided	195	1560	148 sessions in Q8 and 1527 sessions total
Total Number of Participants who have remained actively employed First Responders	15	120	37 in Q8, 131 since grant start
Number of participants who have improved in self-reported assessments	15	120	37 in Q8, 133 since grant start
Number of departments/cities outreached to	2	17	0 in Q8, 17 since grant start

3. If Expenditures and/or Participant Outcomes are not meeting (plus or minus 15%) planned outcomes, please explain.
We continue to be on track and going above and beyond in regards to meeting our goal. As the word continues to get out that this is available to our first responders, hope continues to spread across the metro.

B. Narrative Report

- Describe the major activities and services provided during this reporting period. During this period we have continued to facilitate individual sessions along with intensives which are half day or full day wellness sessions.

2. What were your successes for this reporting period? Share 1-3 anecdotes, stories, or other narratives. This quarter, we had a retired officer we had been seeing (not included in the grant) who had been struggling with PTSD and anger regarding past experiences on the job. We had been working with him for about a year when he arrived to his session and shared, "I'm going back into the job." This client shared how his time at Abijah's has, "Helped me see things more clearly." Now that this client is back in the job he left over a year ago, he continues to come to sessions at Abijah's and is in such a healthier space emotionally and mentally and able to serve and protect.

This quarter, we had an officer who came to us from over an hour away for a couple of intensives (longer sessions due to the distance). What was so interesting during one of the intensives was when he started sharing about, "Bringing things into the light," and feeling like there are things in his professional and personal life that continue to weigh him down, "Like a chain." At this time, one of the horses literally picked up a rope in its mouth that had a chain at the other end of it. Myself and my team member (other facilitator) could not believe our eyes when this horse brought this rope over to spot in the arena where the sunlight was hitting the floor. This horse dropped/placed the chain in the sunlight! The client's eyes got big as we all could not believe what we were experiencing. This experience for this officer was, "Life changing." It was truly incredible.

3. What were some challenges you faced this reporting period, if any?
Being back on the track for the majority of this quarter has been great. First Responders really enjoy being able to be on the track and it facilitates a lot of new opportunities and catalysts for deep work during sessions. Challenges are mainly coordinating the demand that comes from the backside workers at the racetrack during the racing season with the needs of first responders.
4. What strategies did you develop to address these challenges, if applicable?
We engaged more support for the care, feeding and training of the horses to free up other staff for sessions.
5.
 - a. What are some updates/changes implemented since your most recent monitoring visit?
(N/A if monitoring visit has not occurred)
 - b. Are you working on any Areas of Concern or Corrective Action Items addressed during the visit? If so, please describe.
N/A
6. Subrecipients receiving over \$50,000 must be monitored by your organization. All subrecipient monitoring and contract documents must be made available to DEED upon request.
 - a. Does your organization utilize Subrecipients? If so, complete the table below.

Name of Subrecipient	Amount of Grant	Monitored Date
NONE	\$	
	\$	
	\$	

OPTIONAL

7. a. Describe new partnerships developed during this reporting period, if any.

The airport PD peer support team came out in May and is going to begin referrals.

8. b. What is working well?

We are in a groove with our relationships for referrals with PDs. We are now providing the required annual mental health assessments for many officers for a couple of PDs.

c. What needs improvement?

With the newly approved funding for the 2026 and 2027 FY we will be able to engage with retired First Responders and work with EMS!

8. What technical assistance/resources would be most helpful to you and your continued success?

Our program director has been very helpful to help us navigate the nuances of the Workforce One software.

Dani Palmer

Enter Your Name

VP of Development

Enter Your Title

Dani Palmer

Signature

7/25/2025

Date

**Quarterly reports are due on the 30th of the month following the end of the quarter.
April 30, July 30, October 30, and January 30**