

Annual Report

EAST CENTRAL

REGIONAL DEVELOPMENT COMMISSION

100 SOUTH PARK
MORA, MINNESOTA 55051

FISCAL YEAR 1988

JULY 1, 1987 - JUNE 30, 1988

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COMMISSION MEMBERSHIP (As of June 30, 1988)

Chisago County Representatives

Barry Blomquist, North Branch Dr. Bill Kieper, Rush City Sheldon Porter, Stanchfield Sig Stene, Lindstrom Bob VandeKamp, North Branch Public Interest
School Boards
Townships
Municipalities/Mayor
County Commissioner

Isanti County Representatives

Al Baxter, Princeton Clell Bone, Isanti Laurence Collin, Isanti Glenn Johnson, North Branch Town Boards
Municipalities
Public Interests
County Commissioner

Kanabec County Representatives

Dale Dunstan, Mora Lucille Schultz, Mora Stan Cooper, Isle Public Interests Town Board County Commissioner

Mille Lacs County Representatives

Phyllis Christianson, Foreston Dave Oberfeld, Isle Art McMullen, Onamia Municipalities County Commissioner Town Board

Pine County Representatives

Everette Koecher, Kerrick Jim Tuttle, Willow River John Thinesen, Askov Wayne White, Grasston

County Commissioner Town Boards Municipalities Public Interests

ADVISORY COMMITTEES

Advisory Committee on Aging

Clifford Anderson, Almelund Beth Steen, Milaca Laurel Hoff, Mora Fred Wahlstrom, Mora Roger Sellman, Almelund Sid Sonnichsen, Princeton Harley Peterson, Cambridge Belle Anderson, Sandstone Madeline Miller, Willow River Elaine Lucht, Cambridge Les Larson, Willow River Connie Strandberg, Mora Jean Francis, Isle Phyllis Christianson, Foreston Charles Huyink, Mora Virginia Linkert, Mora Ted Gredvig, St. Paul Sister Grace Donavon, St. Cloud Anna Pierce, Ogilvie Phil Leier, Stanchfield Lloyd Stavem, Stanchfield Stan Cooper, Isle Fran Barg, Princeton Chester Chmielewski, Sturgeon Lake

Advisory Committee on Arts Council

Sue Thue, Sandstone
Karen Schlenker, Milaca
Lucy Schultz, Mora
Gwen Baldry, Onamia
Tim Krinke, Ogilvie
Mary Nieber, Lindstrom
Jack Sharp, Pine City
Larry Stark, North Branch
Beverly Ceaglske, Braham
Marilyn Taus, Cambridge
Paula Vanecek, Mora
James Larson, Sandstone

ADVISORY COMMITTEES

Advisory Committee on Physical Development

Roger Bergman, Isanti
Everette Koecher, Kerrick
Laurence Collin, Isanti
Bob Peterson, Isanti
Fred Ahlgren, Mora
Jim Tuttle, Willow River
Robert Hoefert, Isle
Art Schultz, Rock Creek
Barry Blomquist, North Branch
Terry Kientop, Mora

Advisory Committee on Transportation

Bob VandeKamp, North Branch
Harold Eklund, Stanchfield
Al Jacobson, Cambridge
Al Baxter, Princeton
Ralph Bloomgren, Cambridge
Wayne Beesaw, Ogilvie
Greg Nikodym, Mora
Richard Larson, Milaca
Art McMullen, Onamia
Greg Paulson, Pine City
James Tuttle, Willow River
Don Hubert, Brainerd
Darryl Durgin, St. Paul
Jon Bloom, St. Paul

Eastern Minnesota Economic Corporation

Tim Nelson, Princeton
John James, Lindstrom
Loren Jennings, Rush City
David Dahlquist, Braham
Phil Gelhorn, Braham
Bob Filson, Mora
Cal Clark, Pine City

HUMAN SERVICES DIVISION

"Pride In Parenting" Child Abuse Prevention Project

The Pride In Parenting Project of the EC RDC has now been operating for two full years. Developed in cooperation with county child protection teams, family service agency staff, schools and others from throughout the five county area, the program has been highly successful in addressing the need for increased programs and resources focusing on the prevention of child abuse and child sexual abuse. Once the need for such resources was identified as a priority need in the region, EC RDC staff, with assistance provided by the above groups, were able to develop a project/grant proposal which was funded initially by the McKnight Foundation (\$41,000) and the Mardag Foundation (\$8,450). \$28,505 in additional funds were provided by the Central Minnesota Initiative Fund to expand and continue the project July, 1987 through June, 1988. In addition to these sources of support, the EC RDC has provided cash and inkind support to the project, as well as the Pine City Public School system, which has provided office space, and space for the regional curriculum resource center free of charge. Community groups and organizations have also made cash contributions to the program.

Services and resources of the Pride In Parenting Project are made available primarily through schools. Resources such as in-service training seminars and workshops are also made available and used by family service agency staff, court services and corrections/law enforcement personnel. Almost all of the nineteen school districts in the region have made use of resources available through the project. The focus of the program is children themselves, seeking to educate and teach personal defensive measures which can be taken, and that it is "okay" to tell someone about abuse, and who can be told. Children need to know what kinds of behavior constitutes abuse/sexual abuse, and that it is safe to tell someone about it.

During the past year alone, twenty six volunteers reached over 6,000 children and over 500 teachers were provided information (including, in some instances, in-service workshops) concerning identification, reporting, and the handling of disclosures of the sexually abused child. Resources made available as a result of the project enabled the region to obtain a license from the Illusion Theatre of Minneapolis for production of the nationally recognized production of Touch (good/bad touch) in many of the region's schools and communities, and community presentations of Family. The Pacer Puppet Program of Prevention was pruchased by the project, and student volunteers present the program to schools. Touch productions are presented by volunteers from community theatre groups and others from within the region, to

which the project is **deeply** indebted for the great commitment of time and energy of these people.

The project has been effective in addressing the problem of child abuse/sexual abuse. It is often difficult to determine the impact of programs of prevention. An important part of school presentations of, for example, Touch, is the follow-up discussions with children by project staff. We know the message is being "heard" when children ask revealing questions and, as has happened in a few instances, a child comes forth revealing their abuse.

The project was recently formally evaluated by the University of Minnesota at the request of the Central Minnesota Initiative Fund. The result of the evaluation was very high marks for the project and a recommendation that the Initiative Fund Board of Directors consider additional funding to continue the project. Funds are also being requested from the newly created Children's Trust Fund.

Area Agency On Aging Program

As the designated Area Agency on Aging for the five county area the Commission, based on recommendations made by it's advisory committee on aging, approved more than \$545,887 in federal and state funds to provide needed services and resources to older residents of the region. Services funded included congregate dining sites in Onamia, Isle, Milaca, Princeton, Mora, Cambridge, Pine City, Hinckley, Willow River, Bruno and Askov, and home delivered nutrition programs in Chisago and Pine Counties. A legal services project for the five county area was funded, as well as funds for a Hospice program in Chisago County and health assessment/Volunteer Outreach programs in Isanti County.

Other activities carried out by the Area Agency on Aging Program include completion of a county long term care plan for in-home and community based services for the elderly which was formally adopted by the county board of commissioners, establishing and providing ongoing staff support to informal caregiver support groups in two counties and providing formal training for support group facilitators within the region. A one day regional conference on aging in which more than 250 senior citizens and others participated was held in August of 1988.

Aging
Services To Be Provided in 1988

	Units of	Service	Persons	Served
Congregate Meals Home Delivered Meals Legal Services Ombudsman Services Hospice Health Assessment Volunteer Outreach Senior Centers	1,080	meals hours hours hours	3,980 542 280 110 14 60 1,400 600	hours
			6,986	

Volunteers:

More than 36,085 hours will be contributed by volunteers in the provision of the above services (excluding senior centers). Approximate value of donated time = \$144,340.

FY'88 GRANTEES - EAST CENTRAL (7E) AREA AGENCY ON AGING

Nutrition Centers Program Catholic Charities 1730 South 7th St. Cloud, MN 56301

Same as above

Chisago County HDM C/O Parmly Lakeview Apartments Chisago City, MN 55013

Rush City Mobile Meals C/O City of Rush City P.O. Box 556 Rush City, MN 55069

Legal Asst. to Older Americans C/O Legal Aid Society of Mpls. 222 Grain Exchange 323 4th Avenue South Minneapolis, MN 55415

Hospice Expanded Service Chisago Lakes Hospital Chisago City, MN 55013

Isanti County Nursing Service 224 South Ashland Cambridge, MN 55008

Central MN Senior Federation 1900 Minnesota Blvd. St. Cloud, MN 56304

City of Rush City 240 West Fourth Street Rush City, MN 55069

Kettle River Township 7750 Co. Hwy 61 Willow River, MN 55795 Congregate Meals Federal Funds - \$161,000 State Funds - 69,940 USDA - 57,256

Home Delivered Meals-Federal Funds - \$84,431 USDA - \$21,239

Home Delivered Meals-Federal Funds - \$5,851 USDA - \$4,950

Home Delivered Meals-Federal Funds - \$2,402 USDA - \$1,287

Legal & Paralegal - \$35,000

Hospice - \$12,832

Health Assessment - \$6,603 Volunteer Outreach - \$3,577

Ombudsman - \$38,519

Senior Center - \$17,000

Senior Center - \$24,000

Arts Program

The purpose of the East Central Arts Council is to encourage the growth and development of the arts in the East Central Region of Minnesota by: 1) Improving the quality of arts experiences in the East Central Region; 2) Increasing awareness of arts resources on the part of the region's citizens and artists; 3) Making the arts available to those who desire exposure to the arts; and 4) Promoting greater communication among the community of artists and arts organizations.

A program of the East Central Regional Development Commission, the Arts Council attempts to attain these goals by considering and making decisions on grant applications for local arts development funds, coordinating or sponsoring programs in the arts, providing technical assistance and carrying out the responsibilities of a Regional Arts Council to qualify the Region for block grant funds as appropriated by the Minnesota Legislature. During the past year the Council was involved in a variety of activities as outlined in our fiscal year 87-88 plan.

The Council approved a total of 24 Sponsor, Production and McKnight grants for a total of \$22,685.99. Projects represented a wide spectrum of art diversity, including classical music concerts to bluegrass festivals; the writing and production of a community's historical pageant; presentations of authentic Swedish music and storytelling; a juried art show; and a regional tour of original children's theatre productions.

The Arts Council continued publishing the <u>East Central Arts Quarterly</u>, a regional arts newsletter which contains information on the Arts Council's and other programs, profiles artists in the Region, highlights resources available to artists and arts organizations, and covers unique and significant projects in the Region.

The Council also continued to provide technical assistance to local art groups, community organizations and schools to further its commitment to establishing arts organizations in each of the region's primary activity centers.

In addition, a highlight this year was the Art Council's successful endeavor of updating the Regional Artists Directory. This directory contained names of artists, along with their art form and experience, and arts council programs and granting procedures.

FY 88 Grantees - East Central (7E) Arts Council

Fairview Parent-Teacher Adv. Comm. C/O Phillip N. Moye, Supt. 400 East Maple Mora, MN 55051

East Central Concert Assn C/O David Polodna 224 South Birch Cambridge, MN 55008

Isanti County Historical Society P.O. Box 525 Cambridge, MN 55008

Onamia Community Education C/O Dick Siemers Onamia Public Schools Onamia, MN 56359

Hinckley Elementary School C/O O.W. Pat Ostrand, Supt. Hinckley Public Schools Hinckley, MN 55037

Taylors Falls Historical Society C/O Irving Olson, President Angels Hill Apartment Taylors Falls, MN 55084

Mille Lacs Lake Museum C/O Lois Bassett Route 1, Box 113B Wahkon, MN 56386 Sponsor Assistance - \$192.37 Sponsor Play "The Constitution Turns 200"

Sponsor Assistance - \$191.00 Sponsor author/illustrator Nancy Carlson consisting of slides and 3 large drawings that children help her develop.

Sponsor Assistance - \$900.00 Sponsor 4 concerts in East Central Region (Sweet Adeline, East Central Chorale, Tom Prin Trio, and Goldsmith-Hurling Duo)

Sponsor Assistance - \$650.00 Sponsor concert by Anne-Charlotte Harvey and Kjell Hanson

Sponsor Assistance - \$200.00 Sponsor - fee for folk musician to perform throughout 7th Annual Ice Cream Social

Sponsor Assistance - \$630.00 Sponsor "Special Consensus" a four-person acoustic bluegrass band

Sponsor Assistance - \$860.00 Sponsor group to provide awareness of school students and community of classical instruments and exposure to quality chorale group.

Sponsor Assistance - \$2,700.00 Sponsor 3 days of authentic Swedish music, dancing, singing and storytelling

Sponsor Assistance - \$400.00 Sponsor a children's dance workshop, folk music concert and community dance in conjunction with the Museum's Arts/Crafts Festival Home Arts Workshop C/O Marie Thompson West Central Avenue Mora, MN 55051

Isanti County Arts Guild C/O Alice Boudreau Route 4, Box 128 Isanti, MN 55040

City of Sandstone C/O Bill Jokela Sandstone, MN 55072

Mille Lacs Community Theatre Box 26 Isle, MN 56342

Kanabec History Center C/O Evelyn Oosterhuis Ogilvie, MN 56358

East Central MN Choral C/O Lowell Becker 616 Sunset Lane Cambridge, MN 55008

Pine City Heritage Players C/O Betty Gilbey Box 52 Pine City, MN 55063

Hinckley Fire Museum 106 Old Highway 61 Hinckley, MN 55037 Sponsor Assistance - \$1,000.00 Sponsor a one-day five county arts workshop with series of classes

Sponsor Assistance - \$1,665.00 Sponsor - Juried Art Show "Image 88"

Production Assistance - \$1,330.00 Writing and pre-production of pageant based on the history of the City of Sandstone to commemorate its centennial in 1989 and for future performances

Production Assistance - \$550.00 Tour an original childrens show through Region 7E.

McKnight - \$414.30 Repair portable wooden staging platforms that were constructed by local theatre membership

Production Assistance - \$785.00
A one-day festival featuring demonstrations of pioneer & Native American life skills & arts forms to celebrate the 10th anniversary of the Kanabec History Center

Production Assistance - \$590.00 Financial support for "artists fees" and printing needs for Choral tour in the East Central Mn. area

McKnight - \$400.00 Special music for some special performances in spring (Bach Mass in F and 5 new pieces of music)

McKnight - \$688.32 4 "Baby Zoom" lights with lamps and connectors

McKnight - \$1,000.00 Hire a student of theatre to portray character of depot agent of 1894 and guide museum visitors through museum giving them an idea of Isanti County 4-H Route 5, Box 19 Cambridge, MN 55008

Finlayson Summer Theatre C/O Stanley Sjodahl, Supt. Finlayson High School Finlayson, MN 55735

Chisago Lakes Community Choir C/O Clark A. Malcomson Community Education Director Chisago Lakes Area Schools Lindstrom, MN 55045

Kanabec Co. Historical Society C/O Edna Cole P.O. Box 113 West Forest Avenue Mora, MN 55051

Total applications 24 Total funded:

Production 7

Sponsor 6

McKnight 11

history of the 1890's

McKnight - \$2,200.00

Production Assistance - \$1,250.00 Produce an annual summer play

McKnight - \$1,000.00 Upgrade lighting system with a follow spotlight.

Production Assistance - \$890.00 To provide musical opportunity for local artists and for the community

Production Assistance - \$2,200.00
A two-day event featuring folk
artists demonstrating at schools and
at the Kanabec and Hinckley Fire Museums
providing a creative outlet for artists and
exposure & education for students,
teachers and the general public.

7,595.00

5,702.62

9,388.37

\$22,685.99

COMMUNITY AND ECONOMIC DEVELOPMENT DIVISION

The Community and Economic Development Program serves as a resource to local governments and community organizations, assisting them in carrying out community improvement and economic development projects.

This past year's community development activities included:

Preparation of Small Cities Development Program Grant Applications for the City of Sandstone and Chisago County. The Chisago County application was funded and provided \$400,000 in funding for new sanitary sewer construction in the Chisago Lakes area of the county. Small Cities Grant Administration assistance was provided to Taylors Falls and Chisago County. Assessment abatement policies were developed and implemented for sewer projects in Nessel Township and the Chisago Lakes area.

Extensive planning, zoning and annexation assistance was provided to the City of Cambridge, townships of Knife Lake and Brunswick, and Chisago County.

Park and recreational area grant packaging assistance was provided to Athens Township and the City of Finlayson.

Community development planning and program information was provided to the cities of Chisago City, Center City, and Wyoming.

Economic development projects included:

- Staff support to the Eastern Minnesota Economic Corporation including assistance with two 504 program business loans in Pine City and one in Cambridge.
- Approximately twelve (12) other businesses from throughout the region were counseled on possible financing alternatives. Two of the businesses were referred to the area Small Business Development Center for further business plan development and have successfully applied for financing. The EC RDC is currently involved with the packaging of loans for four (4) businesses whose financing involves municipal participation.
- Provisions of economic development program information to the cities of Isanti, Wyoming, Hinckley, Finlayson and Ogilvie. Staff made presentations to Ogilvie High School students on Ogilvie Career Day and potential entreprenuers at the Kanabec County Agricultural Extension Services' "Going Into Business Workshop." These presentations concerned based steps to take when going into business.
- Meetings were held with most of the public and private sector resource organizations constributing to the region. The purpose was to strengthen the EC RDC's relationship with them and to develop a full understanding of their programs' objectives.

Census Data Center

The East Central Regional Development Commission is an Affiliate Member of the Minnesota Census Data Center. As a Census Data Center, the Development Commission provides access to, and encourages use of census information by local governments, the private sector, and other interested persons. Various published Census Bureau reports and statistical information is available to the public, along with the assistance in locating the data.

As part of the Census Data Center, the Development Commission has obtained the service of Datanet, a computerized census data retrieval system, from the Minnesota State Planning Agency. The databases available in this system include: demographics, health, rankings, economics, agriculture, forestry, minerals, public land ownership, urban land, lakes, wetlands, and also information on state grants and loans. The data is based on the State of Minnesota with information available on a statewide, regional, county, city, township or school district basis.

During the past year approximately 60 different requests were made of the Census Data Center. It is estimated that 65% of the requests made were from government agencies, with 15% from community groups, 10% from individuals for personal use and another 10% from private businesses.

Transportation Program

The East Central Regional Development Commission, through its Transportation Advisory Committee (T.A.C.), has continued to monitor local, state and federal transportation programs and legislation of regional significance. The Commission also acts as a liason between the Minnesota Department of Transportation (MN/DOT), the Legislature and local road authorities on transportation issues in Region 7E. The Commission has also served as the regional review forum for federally funded transportation improvement projects in the Region.

A study, funded by MN/DOT's special transportation study grant program, was completed to encourage economic development considerations for assisting road authorities with transportation investment decisions. The <u>Transportation Investment Guide</u> develops selection considerations for transportation and economic development investment potentials.

The Commission's transportation program continues to provide technical assistance to local units of government. Road recording assistance has been provided to townships within the region. In addition, grantwriting services for a senior citizen organization applying for federal 16 (b)(2) transit assistance were approved.

ADOPTED BUDGET COMPARISON

REVENUE ANALYSIS

	FY'88 BUDGET	FY'89 BUDGET
Tax Levy State Appropriation Interest & Others Mn. Board on Aging Arts Board & McKnight Economic Development Transportation-Regular Transportation-Special Study Outside Contracts Local Sources Foundations	\$ 74,000 41,210 7,000 83,409 20,874 50,000 25,000 2,780 20,498 0 18,000	\$ 76,000 41,236 9,000 72,074 21,509 50,000 25,000 0 25,000 14,828 71,631
TOTAL REVENUES	\$342,771	\$406,278

LINE ITEM EXPENDITURES

	FY'88 BUDGET	FY'89 BUDGET
Salaries	\$182,201	\$196,541
Benefits	32,254	40,223
Telephone	9,000	7,000
Postage	6,800	6,500
Printing/Publications	8,461 2,500	6,800 2,500
Copying		
Audit	6,000	6,000
Vehicle Maintenance	2,200	3,000
Insurance/Bonds	1,200	1,200
Supplies	6,600	6,750
Equipment Maintenance	1,550	800
Staff Travel	13,746	20,700
Registration/Conference Fees	3,350	5,250
Miscellaneous	196	3,049
Rent	22,000	22,000
Technical Consultants	3,000	2,000
Advisory Committees	4,350	6,800
Commissioners' Per Diems	15,000	15,000
Commissioners' FICA & PERA	500	500
Employee Recruitment/Development	3,151	2,400
Subscriptions/Memberships	3,100	4,450
Aging Conference	3,000	2,000
General Fund	4,353	26,251
Legal Notices	150	100
EDA Seminars	0	1,000
PIP Special Project	0.100	17,464
Payment to Region 7W	8,109	0
TOTAL EXPENDITURES	\$342,771	\$406,278