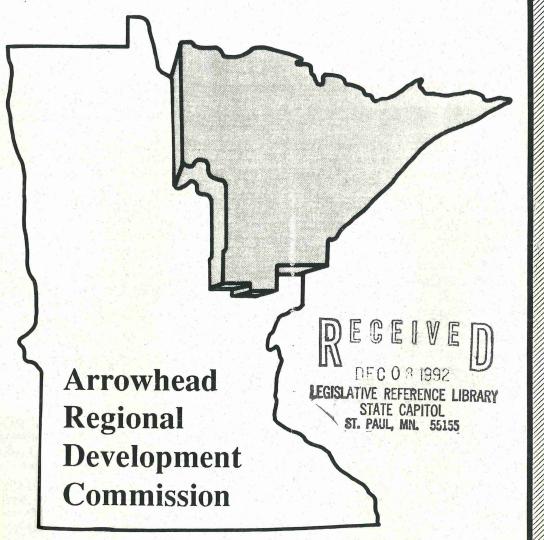


1991 - 1992

Annual Report



HT 393 .M62 A77ax 1991/92

Pursuant to Mn Stat 462.393, sd 1

From the Chair:



1992 brought new direction in ARDC's outreach. We started to move in this direction when we established the Arrowhead Shared Administrator Program which is based out of our office in Virginia. We are also becoming involved in education through our newly established advisory committees: the Education Advisory Committee and the Environmental Education Advisory Committee. The Learning Expo, being planned by the Education Advisory Committee for February 1993, will draw citizens from throughout the region together to share ideas for the future of education in northeastern Minnesota.

ARDC also continues to be the regional repository for the core collection of federal and state economic and demographic data (Census). Since 1968, ARDC has assisted a wide range of people in locating and using various census data. Beginning in August, ARDC's Area Agency on Aging will publish booklets on census data in a variety of focus areas. Following publication, a presentation on census information will be the centerpiece of an upcoming Commission meeting. The booklets will be useful to elected officials, public and private professionals and senior groups.

Change is inevitable...this much is certain. That is why good sound planning for the future is necessary. Look at what we have done with the North Shore Management Board, the St. Louis River Board and the Big Fork River Board: by helping local units of government, citizens and technical people to work together we are showing that grass roots involvement is essential in developing local plans.

ARDC's Health Ensurance Coalition got a pilot project started and continues to help uninsured workers acquire health insurance in 1992. Efforts are currently underway to establish the Arrowhead Region as one of four MinnesotaCare regions in the State of Minnesota. Also in 1991, we worked hard to get lost nutrition dollars into Itasca, Koochiching and St. Louis Counties. This year, we will have to fight to continue the funding and we will work hard to do so.

This summer, I have been visiting county board meetings with our new Executive Director, Henry Hanka, in order to bring units of government together to let them know who and what we are and to offer our services. We've been receiving good feedback from the counties in regard to our program activities. Regional government costs money. We must look at our past accomplishments to see if we are doing a good job or not---and I think we have.

I count on our Board, Commission, advisory committees and staff members for their expertise. I want this year to be the best ever---working together, joining hands to get the job done right. On the move in '92!

Sincerely,

Chester Lindskog, Chairman

Arrowhead Regional Development Commission

Programs

HEALTH ENSURANCE COALITION, INC.

The Coalition's low-cost, limited-benefit health insurance plan for uninsured workers begins its second and final year of enrollment, Fall 1992. It is available through NE Minnesota employers who are willing to share the premium costs. Dependent coverage is also available at comparable rates.

Marketing and administrative costs are funded by the State of Minnesota and private foundations. The project will serve as a "bridge" to the MinnesotaCare program. Coalition members, which include health care providers, local government officials, consumers, organized labor and small business owners, continue to assess and act on the regional impact of the changing health care industry.

THE LEARNING EXPO

ARDC's Education Advisory Committee's first goal is to present a regional event, The Learning Expo, on February 12, 1993. Combining a regional town meeting, up to 100 booths and exhibits, 21 workshops, and nationally known keynote speakers, the expo is an innovative way to bring parents, teachers, business people, students, and local officials together to discuss education in our region. The theme for 1993 is, Life is Learning: Never Too Old, Never Too Young. Sponsor participation has made it possible for ARDC to organize an event which will benefit the entire region.

ENVIRONMENTAL EDUCATION ADVISORY COMMITTEE

In May, 1992, ARDC created the Environmental Education Advisory Committee. The purpose of this committee is to "develop, coordinate, and implement the dissemination of environmental education to area educators." The committee's first project will be to create a resource guide, updated quarterly, providing teachers access to hundreds of different programs and information sources available in the Arrowhead Region. The Environmental Education Resource Guide, scheduled for completion in January 1993, will be sent to all public, private, and home schools in the Arrowhead Region. The EEAC also plans to publish a quarterly newsletter to be sent to teachers, which will highlight environmental education opportunities, book reviews and other environmental news.

RETIREMENT

The Retirement Planning Steering Committee has completed development of its comprehensive retirement planning program entitled "Choices and Changes: A Retirement Resource." A pilot of the project was conducted in the senior center at Grand Marais. Additional pilots are being explored in both community and private business settings. Marketing options are being explored and include such possibilities as video tapes, cassettes, and a manual which could be used for both personal or group facilitation.

ARROWHEAD AREA AGENCY ON AGING

In 1992, the Arrowhead Area Agency on Aging allocated over \$1 million in Older Americans Act funds and state nutrition funds to regional programs. In addition, the Area Agency initiated innovative programs and activities to provide services to the 67,860 older people in the Arrowhead Region.

The Area Agency on Aging has been working cooperatively with ARDC's Transportation Program to look at transportation coordination in the region. A task force of providers, seniors, and referral agencies has been formed to study the current system and look at options for increased efficiency.

The Area Agency was also one of three presenting organizations for Senior Options North in 1992. The Area Agency's Training and Education Subcommittee assisted in the development of twenty-one workshops on topics including health and wellness, financial management, legal issues, retirement, and independent living.

PARTNERS FOR TOMORROW

Partners is an exciting intergenerational project which was piloted in 1991 with the financial assistance of the Northeastern Minnesota Initiative Fund. This leadership development initiative creates a model which pairs older adults and youth in leadership training and in the setting of community service goals. ARDC staff facilitates the training process and supports implementation of the service projects. Funds have been secured through the Bush and Bremer Foundations to expand this project into all seven counties.

Programs

NORTH SHORE MANAGEMENT BOARD

The North Shore Management Board (NSMB) moved forward in 1991-92 with many projects including the North Shore Water Quality Demonstration Project (an assessment of on-site sanitary systems and drinking water supply), the North Shore Signage Initiative (addressing a consistent sign policy for the corridor), analysis of the Coastal Resources Management Program (a federal funding source for resource management), and finalization of the "North Shore Management Plan" implementation.

The Board also proceeded with implementation activities relating to the "North Shore Harbors Plan". The three communities of Silver Bay, Schroeder, and Grand Marais are interested in harbor development and have formed local Citizen Advisory Groups to guide the process and assure public acceptance of the design concept. It is anticipated that by June 1993, Silver Bay will be ready to start the construction phase of the plan.

BIG FORK RIVER BOARD

The Big Fork River Board received approval of the "Big Fork River Plan" from the Minnesota Department of Natural Resources and began the process of implementation in 1991-92. The Plan will be adopted by Itasca and Koochiching Counties and the Cities of Big Falls and Bigfork and administered through local zoning ordinances. One priority of plan implementation is the establishment of a water quality monitoring program for the Big Fork River.

ST. LOUIS RIVER BOARD

ARDC provides professional administrative and planning staff services to the St. Louis River Board. Established in 1991, the Board operates under a formal joint powers agreement and is made up of elected representatives from Lake, Carlton and St. Louis counties, six townships (representing more than 50 townships) and the Fond du Lac Reservation. The Board received a \$287,000 grant from the 1991 Legislature and is developing a comprehensive land and water plan for the St. Louis, Cloquet and Whiteface Rivers. The Plan, which will be implemented locally by the townships and counties, is slated for completion in July, 1993.

SUPERIOR VISTA TRAIL

ARDC is facilitating a local planning process to assist communities with the development of a plan for the Superior Vista Trail: a proposed off-road, multi-use recreation trail, parallel to the shore of Lake Superior between Duluth and Two Harbors. As an initial step in this planning process, ARDC convened a meeting of all public and private groups, state agencies and local units of government having an interest in the development of this trail. Based on these organizations, the Superior Vista Trail Advisory Committee was formed to serve as the driving force for the trail planning process. The committee has already reviewed the project work plan, a proposed project schedule and has begun the development of a set of goals and objectives for the trail. The Minnesota Department of Natural Resources (DNR) is currently underwriting this community-based planning process.

TIMBER/TOURISM

Minnesotans are concerned about the aesthetic quality of their forests. Under a contract with the Minnesota Department of Natural Resources, ARDC has worked this year to facilitate the Timber/Tourism Steering Committee's efforts to develop a set of Visual Quality Best Management Practices (BMP) for Minnesota forest lands. The representatives on the Steering Committee are from the timber industry (Minnesota Timber Producers Association, and Minnesota Forest Industries) and the resort industry (Minnesota Resort Association and Minnesota Congress of Resorts). The group believes that through cooperation, good communications and education, significant benefits can be obtained by both industries and forest users in the state. ARDC staff is also assisting with the draft BMP document which will be a product of this cooperative process.

REGIONAL TRANSPORTATION PLANNING

ARDC's Regional Transportation Advisory Committee provides a regional forum to discuss local and regional transportation issues and coordinate with the Minnesota Department of Transportation (Mn/DOT). Issues discussed during the past year include state and federal transportation funding, transit service coordination, intergovernmental review of Mn/DOT highway and airport programs, and local issues.

Programs

DULUTH-SUPERIOR METROPOLITAN INTERSTATE COMMITTEE

ARDC's Metropolitan Interstate Committee (MIC) completed the Miller Trunk Highway Corridor Traffic Impact Study which provided local officials in Duluth and Hermantown with a guide for transportation improvements. Traffic in the Tower Avenue Corridor through the City of Superior was also studied for improvements to traffic flow and safety. A survey of the Port Town Trolley, which operates in the Canal Park Area of Duluth, was completed and recommendations for improved service made to the Duluth Transit Authority.

A study was initiated which examines potential transit service expansion into the Proctor and Hermantown areas adjacent to Duluth. The MIC initiated a major project which will forecast roadway traffic volumes for the year 2015. The MIC also completed its annual priority ranking of transportation projects, culminating in the 1992-1994 Transportation Improvement Program, approving \$59 million in transportation projects for the Duluth-Superior area.

The MIC continued working toward a <u>Duluth</u> Comprehensive Port Development Plan which will provide local officials and the state an agreed-upon process for coordinating development and protecting natural resources in the harbor.

SENIOR OPTIONS NORTH '92

More than 6,000 senior citizens, pre-retirees and their families converged on the Duluth Entertainment Convention Center on May 14 and 15, 1992. All were there to attend the exciting fifth annual Senior Options North expo. Highlighting this year's event were appearances by television and radio personality Art Linkletter and Dr. Bob Arnot, CBS News medical correspondent. Seventeen seminars, more than 90 exhibits, performances by six outstanding regional entertainment groups and the presentation of this year's Success Over Sixty awards helped round out the expo. Major sponsors for Senior Options North '92 were St. Mary's Medical Center and First Bank - Duluth. Many local and regional sponsors also gave generously to support the event.

Publications

Metropolitan Interstate Committee: Miller Trunk Highway Corridor Traffic Analysis Study; Port Town Trolley 1991 Passenger Survey; 1992 Annual Status Report-Transit Development Program; 1992-94 Transportation Improvement Program.

North Shore Management Plan. Reprint of a shoreland management plan for Lake Superior's North Shore, developed by local governments and residents.

North Shore Harbors Plan. First printing of a comprehensive plan for Lake Superior's North Shore recreational boating harbors.

Big Fork River Plan. First printing of a locally developed shoreland management plan for the Big Fork River.

1992 Annual Overall Economic Development Report. Summary of the past year's economic development activities and review of changes in the region's economy including an evaluation of current regional development strategies.

1991 Economic Reassessment. A recommended plan of action to retain and attract private sector businesses to the Arrowhead Region through an objective assessment of the region's economy.

1992 Amendments of the Area Plan on Aging: ARDC's action plan for meeting needs of older people in the region.

Senior Needs Assessment. Summary of surveys conducted by the Area Agency on Aging 1992 needs assessment.

Senior Options North: Growing Older in a New World. Program book produced as a guide to the Senior Options North exposition in May of 1992.

Brochures: Health Ensurance Coalition
Arrowhead Area Agency on Aging

A Guide to Educational Opportunities for Older Adults in the Arrowhead Region. Information on educational facilities offering classes to adults 62 years old and older at reduced fees.

Commission/Board of Directors

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Cook County Commissioner
Patty Murto, Vice-Chair,
Carlton County Commissioner
Robert M. Sederberg, Jr.,
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Harriet Headley, Secretary
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Matt Huju, Grand Rapids
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Robert Silver, Schroeder
Marnene Rousse, Grand Rapids
Lillian Rizzo, Int'l Falls
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Population
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Clayton Hartman, Moose Lake
David Peterson, Grand Marais
Robert Herdman, LaPrairie
Paul McLaughlin, Int'l Falls
Chester Bianco, Two Harbors
Gerald O'Donnell, Hoyt Lakes

Communities Over 10,000
Population
Don Panger, Cloquet
Chris Dahlberg, Duluth
Ray Sogard, Hibbing
Ed Hoff, Virginia

School Boards Linda Redetzke, Barnum Chris Hagberg, Virginia

Public Interest Minorities Les Northrup, Cloquet Harlan Tardy, Nashwauk Ralph Johnson, Duluth

Human Resources
Judith Karon, Duluth
David Perry, Chisholm
Cynthia Brummer, Coleraine

Economic Development Robert Sederberg, Duluth Jim Wrobleski, Littlefork Alan Netland, Duluth James Bovis, Cloquet

Physical Development
William Miller, Duluth
Thomas Peterson, Two Harbors
Frank Cerkvenik, Mt.Iron

Citizens At-Large Jack LaVoy, Cloquet Sheryl Homan, Cloquet

Metropolitan Interstate Committee Earl Elde, Duluth

Advisory Committee on Aging Harriet Headley, Twig



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Michael Hambrock, Deputy
Director
Ron Nelson, Financial Director
Diane Nelson, Executive Secretary
Deanna Keup, Bookkeeper
Marsha Contos, Receptionist
Diane Dzuck, Receptionist
Terri Nelson, Clerical Assistant

COMMUNITY & ENVIRONMENTAL RESOURCES DIVISION Michael Hambrock, Division Director Gary Tonkin, Metropolitan Program Manager Cheryl Erickson, Senior Planner Steve Cerkvenik, Senior Planner John Judd, Senior Planner Joe Routh, Senior Planner Joan Hunn, Associate Planner Dave Pieper, Associate Planner Scott Peters, Associate Planner Michelle Hummel, Planner Marlene Bartikoski, Planner Debbie Bailey, Division Secretary Diane Dzuck, Secretary Curt Pianalto, Research Assistant Jason Hollinday, Research Assistant

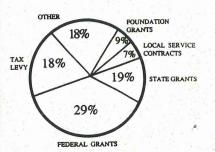
HUMAN SERVICES DIVISION Nancy Gruver, Division Director Anne Tellett, Aging Program Manager Nan Wheeler, Senior Planner Sally Hedtke, Associate Planner Mary Lee Lalich, Planner Kirsten Cruikshank, Planner Jane Ankrum, Administrative Assistant Patty Wallin, Administrative Assistant Pat Johnson, Division Secretary Linda Vokes, Grants Monitor Bob Hess, Intern Andy Pichotta, Intern

Operational Budget

The latest audit of ARDC's finances and contract performance by the State Auditor was completed July 1991 for fiscal year 1990. Copies of that audit and all prior audits are available for review at the ARDC offices.

	1991	1992
REVENUE	ACTUAL	BUDGET
Tax Levy	\$ 270,639	\$308,971
State Appropriation	22,802	0
Grants & Contracts:		
Minnesota Board on Aging	208,696	209,977
Economic Development Admin.	81,625	70,000
MN Dept. of Transportation	81,715	110,608
Federal Highway Admin.	65,763	191,770
Urban Mass Transportation	46,603	31,353
Northwest Area Foundation	17,415	49,500
MN Dept. of Natural Resources	150,685	213,000
Northeastern Minnesota Initiative Fund	40,634	18,000
Blandin Foundation	15,092	75,000
Minnesota Power	13,500	0
Mardag Foundation	21,496	5,504
Local Technical Assistance	86,739	62,500
Other Grants & Contracts	228,406	245,215
Interest Income	15,691	5,000
Northspan Cost Share	65,748	65,000
Other Income (Rent \$54,465)	65,115	49,372
TOTAL REVENUE	\$1,498,364	\$1,710,770
EXPENDITURES		
Salaries & Fringe Benefits	\$ 824,811	\$ 984,660
Office Space	201,667	208,647
Consultants & Contractual	246,274	212,942
Communications	50,205	40,000
Staff Travel	24,227	38,934
Committee & Board Travel	35,835	40,541
Supplies	18,379	14,000
Interest	1,433	0
Depreciation	30,348	23,500
Equipment	8,439	6,000
Printing	20,242	31,118
Other Expenses	68,900	110,428
TOTAL EXPENDITURES	\$1,530,760	<u>\$1,710,770</u>
REVENUES UNDER EXPENDITURES	\$ (32,396)	

ARDC Revenue Sources



Clearinghouse Review
As of September 10, 1987,
the State of Minnesota
discontinued its involvement
in the Intergovernmental
Review of Federal Programs.

As a result of this action by the State, ARDC has significantly limited its involvement in the review of loan applications until such time as we determine that those reviews serve an important regional purpose. However, we will continue to review plans which are prepared for, or which have impact upon, the region. Arrowhead Regional Development Commission Arrowhead Center 330 Canal Park Drive Duluth, MN 55802

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