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ARROWHEAD REGIONAL DEVELOPMENT COMMISSION

Annual Report 1988/89

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PROGRAM REPORTS

The 1980's will be remembered in Northeastern Minnesota as a decade of great change. We have ridden a full cycle of economic recession and recovery and are positioned to begin the new decade with optimism for the region's development.

Our Regional Development Commission staff has also undergone change, with a fresh outlook on development opportunities for the region and a renewed commitment to serve all the communities represented by the Commission.

As we look ahead to 1990, ARDC will be establishing an outreach network which will improve access to our programs and services and will enhance the Commission's ability to respond to community needs. The Arrowhead Shared Administrator Program (ASAP) will be initiated in early 1990. Communities will have an opportunity to share the services of professional administrators and through these cooperative efforts can expect to experience cost savings and improved community services. The ASAP program will also include improved information sharing with community leaders. ARDC will be sponsoring informational programs on cutting edge issues which city officials and township officers must deal with in their day-to-day operations.

Greater grass-roots involvement of community leaders is also the primary objective of ARDC's "Year of the Commission: 1990" initiative. ARDC will be seeking the active involvement of Commission members in identifying regional needs and proposing new directions for the agency in responding to these needs. Commission members will be involved in working sessions at each of the quarterly meetings in 1990, where current topics will be raised and input will be sought to set a course for the remainder of the decade. The Commission is our greatest resource. We must draw out the best from our region to ensure that we are prepared to face the challenges of the '90s.

In my final year as Chair of ARDC, I am confident that we have a strengthened agency which is prepared to meet the challenges that lie ahead. Through ARDC, community leaders from across the region can participate in a cooperative effort to build a better future for Northeastern Minnesota.

Sincerely,



Marilyn A. Krueger



Arrowhead Area Agency on Aging

In 1989, the Arrowhead Area Agency on Aging allocated over \$1 million in Older Americans Act and state nutrition funds to regional programs. In addition, the Area Agency initiated many innovative programs and activities to provide services to the 63,216 older persons in the Arrowhead Region.

The Area Agency has continued to provide technical assistance to the five caregiver support projects. The programs are unique in responding to the specific needs of family caregivers through two caregiver-to-caregiver demonstration projects, manual development and distribution, rural telephone outreach, and rural respite services. Additional information has been provided through the quarterly newsletter, Aging Action.

The Arrowhead Area Agency on Aging also focused on housing needs of the elderly. A Housing Think Tank was organized which brought together representatives and consumers in all aspects of the housing area. The goal was to examine existing services, identify gaps, and determine how to respond to these needs. A directory of regional senior housing facilities is being developed and will be available in the fall.

The Area Agency played a key role in working with the Northeastern Minnesota Initiative Fund to establish the Aging Trust Fund. The Area Agency Advisory Committee provided the Initiative Fund information, advice and support in developing the strategy for funding the Aging Trust Fund.

The Arrowhead Area Agency played a significant role in the successful Senior Options North Exposition held on June 2 and 3. The Advisory Committee's Training and Education Subcommittee, established twenty-five workshops on topics of interest to seniors including housing, informal caregiving, long term care insurance, legal issues, financial management and health and wellness. Work is already underway to plan for the 1990 event scheduled for May 17 and 18.

Senior Options North

Senior Options North '89 was another huge success with approximately 7,000 seniors and their families attending the two-day event in June. Entertainment was provided by a variety of local groups, including a professional concertina player and a troupe of young women ranging in age from 5 to 21 who performed Scottish dances. Nationally-known celebrity Eddie Albert addressed a near-capacity crowd and the international group "Up With People" entertained an enthusiastic audience. In addition to entertainment, there was a variety of seminars, forums, and booths to inform and offer assistance to seniors in the region. Senior Options North '89 was made possible by the generous support of many local and regional sponsors.

Health Insurance Coalition

In 1989, The Health Insurance Coalition played an integral role in the development and passage of legislation which will help the legislature decide how to cope with the problem of uninsured Minnesotans. As part of this legislation, the Health Insurance Coalition demonstration project is specifically required to report to the legislature on its progress and outcomes.

Also during 1989 the Coalition established a relationship with an insurance carrier who will insure the Coalition's plan for the uninsured workers. This relationship will enable the project to move rapidly toward implementation in 1990.

North Shore Management Board

The North Shore Management Board was established in 1987 to develop a comprehensive management plan for Lake Superior's North Shore. In November of 1988, the Board adopted a shoreland management plan which is the first major element of this plan. The shoreland plan takes the place of the statewide DNR shoreland regulations. It is tailored to the

unique characteristics of the North Shore and is the product of extensive work by local government representatives and residents of the Shore. The Board was also successful in obtaining funds from the State Legislature for direct assistance to the affected local governments in implementing the plan.

The Board also initiated the second element of the North Shore Plan—a recreational boating harbors plan. This element is funded by a grant from the Legislative Commission on Minnesota Resources and will identify the need, cost and locations for additional recreational harbors.

EDA Planning Program Work Activities

ARDC is the State and Federally designated Economic Development District for the Arrowhead region. As such ARDC provides the primary staff support to implement the Economic Development Administration (EDA) development district work program. Funding from a grant of \$70,000 from the EDA planning work program included the following elements:

- Preparation of the required reporting documents in order to comply with and maintain the region's eligibility for EDA economic development programs.
- Collection, analysis and submittal of studies, reports and supporting data concerning the region's economic health.
- Establishment and the implementation of the Regional Economic Adjustment Strategy.
- Promotion of efforts in economic development that encourages environmental awareness and energy conservation.
- Provide direct technical and planning assistance to the region's local jurisdictions.
- Assist communities in the development of local strategies for economic adjustment.
- Facilitate and coordinate the efforts of the region's individual economic development organizations.

Duluth-Superior Metropolitan Interstate Committee

The Metropolitan Interstate Committee (MIC) was created by ARDC and the Northwest Regional Planning Commission in Wisconsin to serve as the planning organization for the Duluth-Superior urban area. The MIC is comprised of representatives from the area's local jurisdictions and is responsible for transportation and harbor planning for the metropolitan area. During 1989, the MIC completed transit studies and service improvement recommendations for the rapidly expanding Miller Hill commercial area in Duluth and UMD. The Committee continued its priority ranking of transportation projects for the area, approving a list of projects to receive federal funding. A study was initiated that will analyze the parking supply and demand in Downtown Duluth and recommend improvements. An air quality background report and request for removal of St. Louis and Douglas Counties from the list of areas not meeting federal air quality standards was approved by the Minnesota Pollution Control Agency. Major area employers were also identified for the 1990 U.S. Census.

The MIC initiated a new harbor planning program in 1988 with the completion of an analysis of sites for the disposal of materials dredged from the shipping channels of the Duluth-Superior harbor and recommended implementation.

Regional Transportation Planning Program

A program for signing improvements along the North Shore (US 61) was approved by the Transportation Advisory Committee. ARDC also coordinated a series of meetings to discuss the potential for a multi-use recreational trail from Duluth to Two Harbors. As a member of the Minnesota Department of Transportation 16b2 Transit Grant Review Committee, ARDC assisted several area applicants in successful grant applications.

PUBLICATIONS

Revised 1989 Overall Economic Development Program Update for the Arrowhead Region

A review of development activities of the past year, a look at regional problems and issues, and the determination of strategies and actions to improve the region's economy.

Duluth Public Marine Terminal Facility Analysis
ARDC provided partial funding for a consultant study and development of a long range capital planning program for the Seaway Port Authority of Duluth.

Port Town Trolley Passenger Count and Survey - Fifth Year Review

An analysis of trolley passenger data examining rider ship trends and patterns for the Port Town Trolley which operates in downtown Duluth and on the waterfront.

Roadway Jurisdiction Analysis for the Arrowhead Region

An examination of current roadway jurisdiction for the Arrowhead Region. Criteria for proper roadway jurisdiction was developed as a guideline for the study. Specific proposed changes in jurisdiction were developed by negotiated agreements between affected local, county and state jurisdictions. The results will be used by the Minnesota Legislature in determining jurisdictional changes.

Duluth-Superior Transit Development Program

A five year transit plan for the Duluth Transit Authority which reviews past trends and outlines a five year plan for transit development in the Duluth-Superior area.

National Kayaking Center/St. Louis River

A proposal to develop a portion of the St. Louis River in Carlton County into a national caliber white-water kayaking facility for competition and training.

Maintenance Dredge Material Disposal Plan for the Duluth-Superior Harbor

A local statement concerning the methods and sites for the disposal of maintenance dredged material from the shipping channels of the Duluth-Superior Harbor.

North Shore Management Plan, A Shoreland Management Plan for Lake Superior's North Shore

A comprehensive Shoreland Management Plan for Lake Superior's North Shore which was developed by the local governments and residents along the Shore and takes the place of Statewide Shoreland Standards along the North Shore.

Arrowhead Regional Report

Published five times a year, this newsletter keeps board and commission members informed on regional issues and ARDC activities.

1989 Directory of Elected Officials

A listing of elected officials for Aitkin, Carlton, Cook, Itasca, Koochiching, Lake and St. Louis counties and includes all those elected to township, city and county offices.

1989 Annual Work Program

A summary of the projects, programs and planning efforts to be completed in 1989 in response to the Regional Development Act.

1987-1990 Area Plan on Aging: 1989 Amendments

ARDC's action plan for meeting the needs of older persons in the region. Includes demographic profile of the population aged 60 and over in the area. The Plan lays out specific objectives designed to support the activities and services which assist local older persons. Details on how ARDC intends to allocate nearly \$1.2 million in federal funds is included in the Plan.

Arrowhead Area Agency on Aging Brochure

The Arrowhead Area Agency developed a brochure which describes the many roles and responsibilities of the Area Agency on Aging and its Advisory Committee on Aging.

Aging Action in the Arrowhead Region

Published quarterly, this newsletter provides information on Aging issues to area senior groups and service providers.

Reshaping Local Long Term Care in Northeastern Minnesota: Final Report

This document describes the outcomes of the ARDC's Long Term Care Initiative sponsored by the Bush Foundation from 1985 through 1987. Included is an overview of the project, highlighting accomplishments and updates the progress in Aitkin, Carlton, Cook, Lake, Koochiching and Itasca Counties. It also gives a glimpse of what lies ahead in the provision of long term care in Northeastern Minnesota.

A Guide to Educational Opportunities for Older Adults in the Arrowhead Region

This guide provides information on educational facilities which offer regular curriculum classes to adults 62 years old and older at reduced fees.

Senior Options North: A Senior Sensation!

This program book was produced as a guide to the many choices that awaited those attending the Senior Options North exposition in June of 1989. The book also contains a wealth of information on the products and services available to older people and their families.

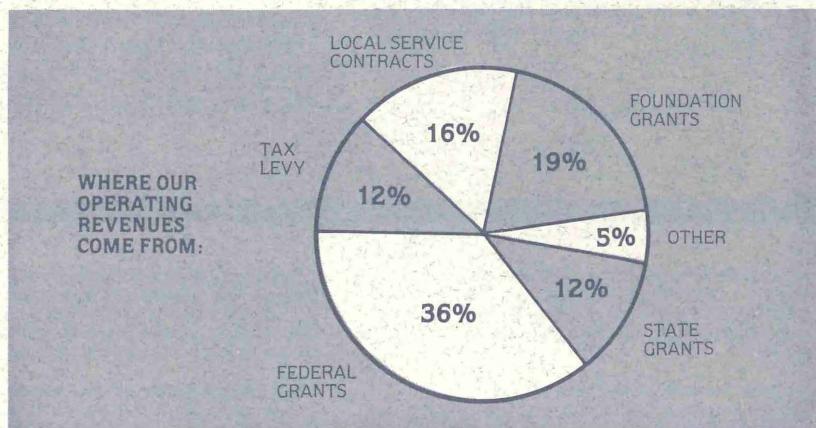
Regional Housing Directory

This Directory provides information on senior housing facilities available in the seven-county area. Included in the guide are subsidized apartments, market rate apartments, congregate housing board and lodging, board and care, intermediate and skilled care facilities.

OPERATIONAL BUDGET

The latest audit of ARDC's finances and contract performance by the State Auditor was completed July 1989 for fiscal year 1988. Copies of that audit and all prior audits are available for review at the ARDC offices. No negative findings were produced by the audit.

REVENUE	1988 ACTUAL	1989 BUDGET
Tax Levy	\$ 230,038	\$ 220,715
State Appropriation	45,707	45,682
Grants & Contracts:		
Minnesota Board on Aging	229,001	213,803
Economic Development Admin.	292,750	347,500
MN Dept. of Transportation	22,588	25,000
Federal Highway Admin.	110,521	106,341
Urban Mass Transportation	47,771	59,280
Northeast Area Foundation	39,275	—
MN Dept. of Natural Resources	79,446	85,000
Northeastern Minnesota Initiative Fund	172,713	23,700
Blandin Foundation	143,252	—
Iron Range Resources & Rehab.	88,650	92,500
Local Technical Assistance	14,941	39,266
Other Grants & Contracts	136,723	628,155
Interest Income	8,904	4,500
Northspan Cost Share	147,182	135,000
Other Income (Rent \$43,550)	79,405	38,073
 TOTAL REVENUE	 <u>\$ 1,888,867</u>	 <u>\$ 2,064,515</u>
 EXPENDITURES		
Salaries & Fringe Benefits	\$ 788,943	\$ 789,751
Office Space	175,277	215,336
Consultants & Contractual	331,391	360,543
Communications	57,749	47,000
Staff Travel	46,000	50,142
Committee & Board Travel	47,637	46,565
Supplies	38,956	22,221
Interest	8,658	12,116
Depreciation	38,246	49,129
Equipment	3,782	2,000
Printing	35,945	44,398
Loans Disbursed	297,000	370,000
Other Expenses	17,153	55,314
 TOTAL EXPENDITURES	 <u>\$ 1,886,737</u>	 <u>\$ 2,064,515</u>
 REVENUES OVER EXPENDITURES	 <u>\$ 2,130</u>	 —



Clearinghouse Review

As of September 10, 1987, the State of Minnesota discontinued its involvement in the Intergovernmental Review of Federal Programs. As a result of this action by the State, ARDC has significantly limited its involvement in the review of loan applications until such time as we determine that those reviews serve an important regional purpose. However, we will continue to review plans which are prepared for, or which have impact upon, the region.

BOARD OF DIRECTORS

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Warren Youngdahl, Marcell
Colleen Nardone, Grand Rapids
Clarence Maddy, Duluth
Lloyd Houle, Silver Bay
Robert Sederberg, Duluth
Beverly Alexander, International Falls
Chet Lindskog, Grand Marais
Ronald Larson, Aitkin
Harriet Headley, Twig
Doug Carpenter, Coleraine
Vincent Gentilini, Virginia
Larry Chezick, International Falls
Patty Murto, Esko
Bill Corcoran, Grand Portage

Past Board Members Who Served During 1988/89

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Sonny Nesbitt, International Falls

THE COMMISSION

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Colleen Nardone, Grand Rapids, Vice-Chair
Harriet Headley, Twig, Secretary
Robert Sederberg, Duluth, Treasurer

Beverly Alexander, International Falls
Thomas Baltes, Esko
Chet Bianco, Two Harbors
James Bovis, Cloquet
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Wallace Loberg, Hermantown
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Patty Murto, Esko
Colleen Nardone, Grand Rapids
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Roger Peterson, Finland

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Florence Saari, Jacobson
Robert Sederberg, Duluth
Robert Silver, Schroeder
Mark Steen, Duluth
Robert Tesck, Britt
Robert Williams, Nashwauk
Warren Youngdahl, Marcell

Past Commission members who served during 1988/89

Jan Grannes, Carlton
Jerry Janezich, Chisholm
Kathleen Juusola, Floodwood
Jack LaVoy, Cloquet
Harrison Lee, Ely
Robert Niemi, Hibbing
Mario Retica, Hibbing
Donald Sandbeck, International Falls

STAFF

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Diane Nelson, Executive Secretary

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Barbara Lucia, Division Director
Ron Nelson, Financial Program Manager
Leanne Kettleson, Public Information
Specialist
Marsha Contos, Receptionist
Deanna Keup, Receptionist

Human Services Division

Mary Robillard, Aging Program Manager
Nancy Gruver, Senior Planner
Anne Tellett, Associate Planner
Rosemary Lear, Grants Monitor/Bookkeeper
Jane Ankrum, Senior Options Coordinator
Patty Wallin, Administrative Assistant
Angie Woodward, Secretary

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Mike Hambrock, Division Director
Gary Tonkin, Metropolitan Program Manager
John Judd, Senior Planner
Cheryl Erickson, Associate Planner
Joan Hunn, Planner
Debbie Bailey, Secretary
Val Kolojeski, Intern
Heidi Wilson, Intern

*For more information call
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