

1988

Regional Calendar

Including ARDC's 1986-87 Annual Report

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Saint Paul, Minnesota 55155

Dorothy Molter 1907-1986

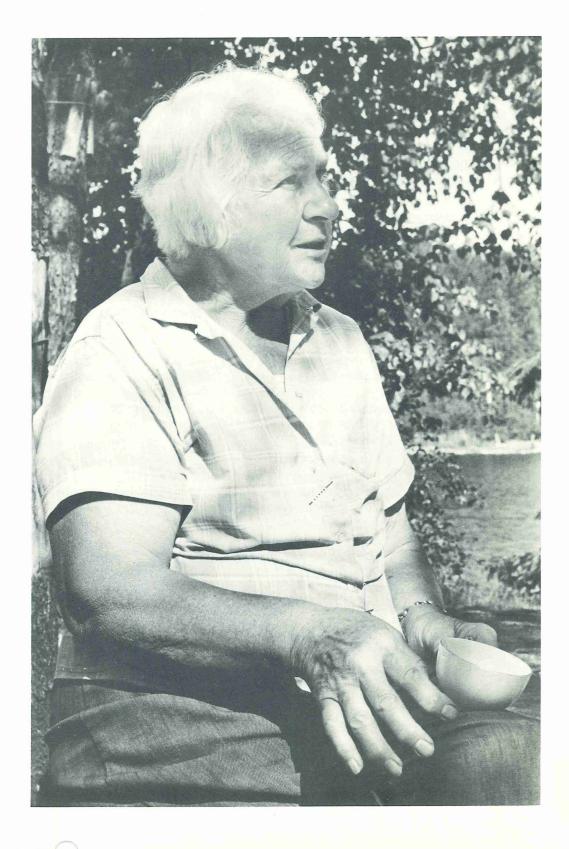
Arrowhead Regional Development Commission

Pursuant to Mn Stat 462.393, sd 1

Dorothy Molter somehow gave human form to the wilderness experience. She was the last person with permission to live in the Boundary Waters Canoe Area at her island home on Knife Lake. For more than 50 years she made her home along the old water highway bordering the United States and Canada. And in doing that she'd become known to thousands upon thousands of canoe travelers as "the wilderness nurse" and "the root beer lady." The first name referred to her medical training which she at times applied to visitors to her remote outpost; the second came from the beverage she for years brewed and sold there in the heart of the forest.

Miss Molter obviously chose the isolated, some would say eccentric, wilderness lifestyle she lived for a half century—plus because it suited her personal preference rugged, alone, without human companions sometimes for weeks on end. BWCA visitors held her in esteem in part because their wilderness experiences were relatively brief, and their memories of her could help keep those experiences alive.

Dorothy Molter chose for her own sake to be an integral part of our region's deepest wilderness. Even with her death, countless wilderness patrons will remain the richer for their memories and for her choice.



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Report from ARDC Chair, Marilyn Krueger

Our annual report this year celebrates the life of Dorothy Molter, the last resident of the Boundary Waters Canoe Area. Dorothy was one of those very rare individuals whose celebrity occurred not because of some isolated incident, but because of how and where she chose to conduct her daily life. She will forever symbolize the independence, strength and natural beauty of the people and the land which comprise northeastern Minnesota. We will miss knowing that she is out there in the wilderness, but we are all the better for having her symbolic guidance on our own grand portage.

This month we celebrate the 200th anniversary of the U. S. Constitution. During the summer of 1787, this document which forms the basis for our government and way of life in America, was hammered out by representatives from the 13 states. Those of us who have been involved in working on joint powers agreements between local units of government are always awestruck that the 13 states were able to work through all of their major disagreements and blend their differing philosophies in only a few short months. Their early accomplishments clearly illustrate that when leadership is brought to bear in a focused manner our differences can be resolved and we can forge a new future. If those individuals could form a nation in one summer of negotiations, imagine what we could accomplish in regard to our local problems if we would accept the challenge of leadership in the same spirit as did our nation's founders.

Next April, ARDC will celebrate an anniversary of its own. On April 23, 1968, ARDC was formally designated the economic development district for northeastern Minnesota by the U.S. Department of Commerce, Economic Development Administration. For 20 years we have worked with local governments and businesses, state agencies and federal programs to strengthen and diversify the region's economic base. At no time has our role been more challenging than it has been for the past seven years. We have tried everything we know, and even invented a few new strategies, in an effort to contribute to the team of organizations struggling to overcome the enormous economic blows which have hit the Arrowhead Region. We've had some successes and, quite frankly, we've had some initiatives that failed to produce the impact we desired. We are proud of our work in organizing local area economic development programs and in the creation of The Northspan Group, Inc. Northspan is providing the high quality professionalism and entrepreneurial perspective needed to aid economic recovery. The county economic leadership conferences, the formation of Northspan, and our Long Term Care Initiative each received National Innovative Project Awards this past year.

I am most pleased with the new spirit of cooperation which is emerging between and among the major regional development programs. It seems we have all learned from Dorothy Molter that even though we live on our own islands, we are inextricably connected - a part of each other. And, while this can sometimes be the source of our frustration, it is always the source of our true strength.

Sincerely,

Marilyn Krueger Chair



BOARD OF DIRECTORS



Marilyn Krueger Duluth



Warren Youngdahl Marcell



Colleen Nardone Grand Rapids



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Jack LaVoy Cloquet



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Chet LindskogGrand Marais



Robert Sederberg

Duluth



Beverly Alexander Island View



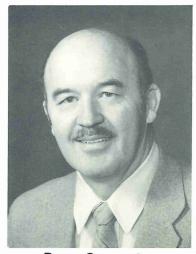
Harriet Headley Twig



Ronald Larson Aitkin



Ronald Sherer Grand Portage

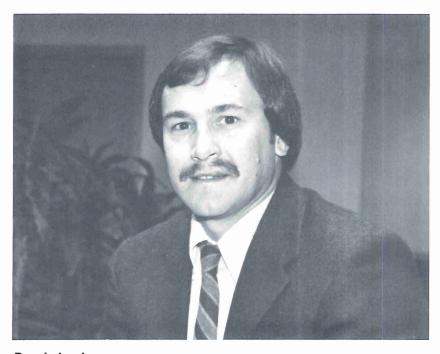


Doug Carpenter
Coleraine



Vincent Gentilini Virginia

28 years of service to the people of Northeastern Minnesota

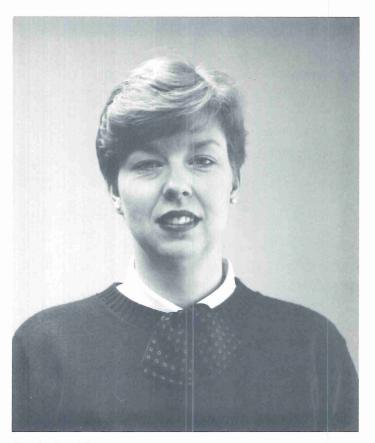


Randy Lasky

No other person has ever worked for ARDC as long! After 15 years of service, Randy Lasky left ARDC on August 1, 1987, to direct the Community Development programs at Northspan. Starting as a student intern at ARDC in 1972, Randy worked his way up through the organization to the position of Development Division Director. As a member of the ARDC Management Team, he helped shape the organization's major thrusts in recent years. In the past year, he personally lead the successful effort to form a North Shore Management Board and to secure State support for its activities. That project was indicative of the close working relationship and trust which Randy developed with local officials throughout the area. Fortunately his knowledge and experience will remain available to the region as he pursues his duties at Northspan.



In August of this year, ARDC said goodbye to two of its most popular and oldest employees. Between them, they have over a quarter of a century of outstanding service to ARDC and to the people of our region. Their contributions have been appreciated. We wish them well. We are the better for having worked with such fine people.



Cindy Conkins

The senior member of our Senior Services program, Cindy Conkins began her career as a student intern with ARDC's Human Resources division in 1974. Thirteen years later she has left ARDC to devote full-time attention to her two young children. Cindy's work is well known to everyone at ARDC, and particularly to the people served by ARDC's congregate and home delivered meals programs which Cindy managed. She also led our Senior Centers program, providing funding to upgrade centers in the rural and urban areas of the region. It will be difficult to replace Cindy's years of experience and personal knowledge of the people we work so closely with in our aging program.

THE COMMISSION

OFFICERS

Marilyn Krueger, Duluth, Chair Jack LaVoy, Cloquet, Vice-Chair Harriet Headley, Twig, Secretary Robert Sederberg, Duluth, Treasurer



Past members who served during 1986/87

William Corcoran, Grand Portage Robert Gregg, Finland Russell Jacobson, Virginia Melvin Koepke, Silver Bay L. H. (Gus) Schroeder, Hill City Art Wills, Barnum Armas Yuhala, Nashwauk

Beverly Alexander, Island View Chet Bianco, Two Harbors Eugene Boshey, Nett Lake James Bovis, Cloquet **Douglas Carpenter, Coleraine** Frank Cerkvenik, Mt. Iron Larry Chezick, International Falls Duane Deschampe, Grand Portage Jan Grannes. Carlton Vincent Gentilini, Virginia James Hakala, Duluth DeWayne Hayes, Mt. Iron Harriet Headley, Twig Lloyd Houle, Silver Bay Michele Jackman, Duluth Jerry Janezich, Hibbing Freeman Johansen, Cloquet Scott Kregness, Soudan Marilyn Krueger, Duluth Ronald Larson, Aitkin Steve Lathrop, Hill City Jack LaVov. Cloquet Harrison Lee, Ely Ronald Liikala, Esko Chet Lindskog, Grand Marais William Miller, Duluth Margaret Morris, Grand Marais Colleen Nardone. Grand Rapids Dale Nelson, Iron Dr. Robert Niemi, Hibbing Phillip Norrgard, Cloquet Nancy Obradovich, Grand Rapids Gerald O'Donnell, Hoyt Lakes Henry Pappone, Virginia David Peterson, Grand Marais Roger Peterson, Finland Linda Redetzke, Barnum Mario Retica, Hibbing Florence Saari, Jacobson Donald Sandbeck, International Falls Robert Sederberg, Duluth Robert Silver, Schroeder Mark Steen, Duluth Dennis Wain, Meadowlands Robert Williams, Nashwauk Warren Youngdahl, Marcell

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Daniel Hoffman, City of Proctor
Dennis Johnson, Minnesota Department of Transportation, Region
Dan Murphy, City of Duluth, Engineering
Sanders Sweeney, Duluth Public Works
John Larson, City of Superior, Engineering
Tony Wilhelm, Northwest Regional Planning Commission
John Judd, Duluth City Planning
William Croke, Minnesota Department of Transportation, District
Emil Dahlberg, City of Duluth, Engineering
John Pegors, Minnesota Pollution Control Agency
Dennis Jensen, Duluth Transit Authority
William Lehman, Superior Planning and Development
Norman Schmidt, City of Hermantown, Engineering
Ernest Vennerstrom - Vice Chair, Douglas County Highway Department

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ADVISORY COMMITTEE ON AGING

Beverly Alexander - Vice Chair, Island View Mildred Apuli, Silver Bay Sadie Brorson, Grand Rapids Katharine Dahlman, Cromwell John Filipovich, Duluth Marie Gilbertson, Grand Marais Beverly Hanson, Cloquet Barb Harris. Aitkin Dean Headley, Twig M.J. Humphrey, Grand Marais Kermit Johnson, Eveleth Art King - Chair, Duluth Ellen Kronschnabel, Duluth Vienna Maunu. Two Harbors Alice Nettell, Eveleth Leola Page, Duluth Sharon Piekarski, International Falls Ruth Reasby, Duluth Roy Rose, Duluth Lennea Saari. Floodwood Ernest Stauffenecker, Duluth Ken Stuart, Grand Rapids Gene Wayrynen, McGregor Trix Wyant, Palisade Jerome Benson, Duluth, Ex-Officio Harriet Headley, Duluth, Ex-Officio





FORESTRY COMMITTEE

Roger Howard, Aitkin, Aitkin County Land Commissioner
Milo Rasmussen, Carlton, Carlton County Forester
Stan Hedstrom, Grand Marais, Cook County Representative
Darrell Lauber, Grand Rapids, Itasca County Land Commissioner
Richard Stapleton, International Falls,

Koochiching County Land Commissioner

Marvin Maki, Two Harbors, Lake County Land Commissioner
Larry Duffy, Duluth, St. Louis County Representative
Jerry Hustead, Duluth, Superior National Forest
David Lothner, Grand Rapids,

North Central Forest Experiment Station Carl Prosek, Grand Rapids,

Minnesota Department of Natural Resources

Roy Adams, Duluth, Natural Resources Research Institute

Carl Wegner, Grand Rapids, U of M, Itasca County Extension Service

A. R. Hallgren, Cloquet, U of M, Cloquet Forestry Center

Ralph Olson, Grand Rapids, Society of American Foresters

Tom Houghtaling - Chair, Duluth, Society of American Foresters

Archie Chelseth, Cloquet, Potlatch Corporation

James Marshall, Grand Rapids, Blandin Woodlands **James Hall,** Lutsen, Minnesota Forest Industries & Timber

Producers Association **Ken Cutler,** International Falls, Boise Cascade Corporation **John Suffron,** Grand Rapids, Minnesota Foresters Association

HIGHLIGHTS_

JULY 1986

- ARDC and Seaway Port Authority of Duluth initiate analysis of Port Facilities and development of a capital improvements program.
- Strategic Planning Session for Itasca County Social Services Department Administrative Team conducted by Public Management Institute.
- Facilitate discussion among **Knife River** residents about development potential and governmental structure options.
- Import Substitution Program presentation by Alana Probst, Director of **Oregon Marketplace**.
- ARDC/Northspan Boards conduct joint Strategic Planning session.
- With ARDC's assistance, Itasca County Social Services is awarded a grant from the Governor's Planning Council on Developmental Disabilities to develop a state of the art computer-based client information system.
- City of Nashwauk is awarded a \$102,500 Minnesota Small Cities Development Grant for the Hydro Pro Inc. project.

AUGUST 1986

- ARDC hosts reception for Duluth local officials on board the William A. Irvin.



- Facilitated a Crisis Management meeting for Lake County officials following Reserve Mining shutdown.
- The first meeting of the Minnesota Association of Area Agencies on Aging was held in Brainerd.
- Ninth Annual Conference on Aging draws over 230 persons from throughout the region.

DECEMBER 1986

- The Long Range Element of The Duluth-Superior Transportation Plan was adopted by the Metropolitan Interstate Committee. This long range plan projects population, employment, and traffic volumes for the year 2010 and recommends highway improvements for the area.
- Presentation on "Innovative Regional Development Projects" at the National Association of Development Organizations Workshop in Lexington, Kentucky.
- City of Floodwood Annexation of Floodwood Township Feasibility Assessment completed.
- Regional Shippers Association feasibility study completed.
- ARDC convenes County Coordinators on Aging from the region for their semi-annual session to discuss common issues and concerns.

JANUARY 1987

- Over 40 individuals and representatives of senior advocacy organizations attended ARDC's Advisory Committee on Aging - Legislative Training Day at ARDC.
- Four senior center renovation projects were completed in Makinen, Laurentian, Bowstring and Wright.
- A Cold Weather Testing Market Analysis and Assessment is completed for Koochiching County.

Capitalizing on cold

International Falls makes most of 'Icebox of the nation' status



- Facilitated Strategic Planning session on Aging Services for Miller-Dwan Medical Center.

MARCH 1987

- Sponsored a Land and Water Conservation (LAWCON) Outdoor Reservation Projects grant application workshop involving over 30 community representatives.
- Facilitated Farmer to Farmer Conference in Mankato for the Region Nine Development Commission
- Second gathering of all County Commissioners in the Arrowhead Region to discuss legislative and economic development issues.



- Dave Martin testified to Senate Rural Development Committee in Washington about local economic issues and innovative programs being devised to help address these problems.
- Facilitated North Itasca Development Group Organization of a joint economic development program involving the two cities of Bigfork and Effie and the three townships of Bigfork, Marcell, and Stokes.
- ARDC released survey results which reveal that the typical person receiving a home delivered meals is 85 years or older, female, widowed and living alone on \$430 per month or less.
- Coleraine and Duluth's Portman Center complete their ARDC-funded senior center renovation projects.

APRIL 1987

- Focus 90 Conference: Metro Trends, looked at the future of the Duluth-Superior area from the viewpoint of a variety of community leaders.
- As part of its initiative to increase support services to Family Caregivers, ARDC requests proposals for \$46,167 to develop needed programs and services.
- ARDC and the Minnesota Board on Aging hosted an informational meeting in **Aitkin** on the development of congregate housing for the elderly.
- Facilitated a Conference on Suicide for the Grief Support Center of St. Mary's Hospital.

SEPTEMBER 1986

- Focus 90 session at Ironworld USA in Chisholm features business development possibilities in the region's office sector.
- Completed Strategic Planning process for the UMD Center for Innovation.
- East Range Technologies receives \$50,000 from the IRRRB Bank Participation loan program to expand its business in Aurora.
- ARDC completes five year County Economic Development Strategy for Aitkin County.

OCTOBER 1986

- ARDC receives three National Innovative Project Awards for:
 - County Economic Leadership Conferences Regional Long Term Care Project Formation of The Northspan Group, Inc.
- Office Sector Task Force meets in Cloquet to finalize marketing targets.
- Facilitated Itasca County Economic Leadership Conference at Quadna Mountain Resort in Hill City.
- North Shore Management Task Force is organized, ARDC provides staff support.

NOVEMBER 1986

- Aitkin Growth holds first annual meeting.
- First meeting of all County Commissioners from Northeastern Minnesota, to prepare a Regional County Agenda for Action.
- ARDC and its Advisory Committee on Aging holds a public hearing on the 1987-1990 Area Plan on Aging which outlines the upcoming four year plan of action for ARDC's area agency on aging.



- \$1.2 million is allocated by ARDC for aging services in the region.

- Workshop on "Economic Development Role for Counties" at the Association of Minnesota Counties Annual Conference.
- David Speer, Commissioner of the Minnesota Department of Trade and Economic Development, made first formal appearance in N.E. Minnesota at ARDC's Annual Meeting.



- Warren Youngdahl Leadership Award presented to Frank Hansen of Tofte, former Cook County Commissioner and President of the Association of Minnesota Counties.
- Jack LaVoy, Carlton County Commissioner, elected Vice-Chairman of ARDC Board of Directors.

FEBRUARY 1987

- Facilitated **Regional Arts Conference** in Grand Rapids for the **Blandin Foundation**.
- Employee Involvement Program for the Itasca County Social Services Department conducted by the Public Management Institute.
- Facilitated negotiations for expansion of the Itasca Development Corporation to serve the entire Itasca County area.
- Metropolitan Interstate Committee Second Annual Dinner Meeting featured Davis Helberg speaking on the future of the Port of Duluth-Superior.
- ARDC allocates an additional \$83,178 for services to older persons, raising the total to \$1.3 million for 1987.
- Forty-four Advisory Committee on Aging members and residents of the Arrowhead Region joined over 1000 others from across the state at an "Aging Day on the Hill" at the Capitol in St. Paul.
- ARDC hosted a meeting of local policy-makers to discuss the needs of the 36,500 uninsured persons in the region.

- Facilitated a Tourism Development Conference for the Cook County Resource Development Council.

MAY 1987

- ARDC awarded a total of \$34,856 for senior center renovation projects to Blackhoof Valley Coalition and Rice River Township.
- Local Caregiver Initiatives are a major topic for the Arrowhead County Coordinators on Aging at their semi-annual meeting hosted by ARDC.
- Management "Team Building" presentation by Public Management Institute to Carlton County Department Heads.
- Funding secured from Minnesota Legislature for Lake Superior Shoreland Management Planning.
- Health insurance legislation is secured which authorizes a pilot program in Northeastern Minnesota to provide health care coverage to the uninsured.
- Deer River, Zemple, Hill City, and Nashwauk receive Small Cities Development Block Grants totaling \$1.4 million.
- State of Minnesota assumes greater share of costs for General Assistance program as the result of a joint lobbying effort by Arrowhead Counties Association.

JUNE 1987

- Facilitated a development meeting in Grand Marais involving Minnesota Trade and Economic Development (TED), the County Board, City Council, Cook County Resource Development Council, and Grand Marais Downtown Leadership Group to discuss Grand Marais downtown development potential.
- East Range Technologies receives a \$125,000 IRRRB bank participation loan to finance continued expansion of its Aurora operations which now employs 90 people.
- Workshop on "Employee Morale" conducted by the Public Management Institute at the League of Minnesota Cities Annual Conference in Rochester.
- Northeastern Minnesota Initiative Fund awards \$50,000 to ARDC to assist the Health Ensurance Coalition in its efforts to create an on-going program designed to provide low-cost health insurance for the region's 36,500 uninsured.
- The Medtronic Foundation awards \$20,000 to ARDC to sponsor "Senior Options North". To be held in June 1988, the event will link area seniors with available products and services.
- Facilitated first formal joint meeting of the Two Harbors City Council and the Lake County Board of Commissioners to discuss matters of mutual concern.

AREA AGENCY ON AGING GRANTS __

The needs for our aging population present a special challenge to our region. Currently, there are more than 63,000 people over the age of 60 in Northeastern Minnesota. By the year 2010, this area's older population is expected to increase by 13,000. We know that older people have special needs and concerns. How will their needs be met? What can we do to insure a satisfactory quality of life for our family members and friends as they age?

These are difficult questions. ARDC is the designated Area Agency on Aging for the Arrowhead Region. In this capacity we work closely with local units of government, service agencies and senior citizen's organizations to find the answers.

As the designated Area Agency on Aging for Northeastern Minnesota, ARDC administers funding under the terms of the federal Older Americans Act. A summary of the grants awarded this year follows:

NUTRITION PROJECTS

GRANTEE	PROJECT NAME	AMOUNT
Arrowhead Economic Opportunity Agency	Arrowhead Elderly Nutrition Program	\$474,806
City of Duluth	Duluth Senior Nutrition Program	\$187,254
Koochiching/Itasca Action Council	Koochiching/Itasca Senior Nutrition Program	\$ 500
Arrowhead Economic Opportunity Agency	Arrowhead Home Delivered Meals Program	\$ 71,969
Koochiching/Itasca Action Council	Koochiching/Itasca Home Delivered Meals Program	\$ 23,446
St. Louis County Social Services Dept.	St. Louis County Home Delivered Meals Program	\$ 40,000
	TOTAL	\$797,975

10,041 older persons participate in the Nutrition Programs 692,900 meals are provided

SUPPORTIVE SERVICE PROJECTS

GRANTEE	PROJECT NAME	AM	OUNT
Legal Aid Service of NE MN	Senior Citizens Law Proje	ect \$	60,648
Senior Citizen Coalition of NE MN	NE Area Long Term Care Ombudsman Program	\$	32,488
Aitkin Hospice, Inc.	Aitkin County C.A.R.E.	\$	4,452
College of St. Scholastica	Informal Caregivers Support Project	\$	10,714
Itasca Nursing Home	Itasca Adult Day Care of Grand Rapids	\$	18,550
Lake County Home Health Service	Lake County In-Home Respite Program	\$	18,549
Aitkin County Hospice Program, Inc.	Grief and Bereavement Supportive Services in Aitkin County	\$	12,750
Arrowhead Economic Opportunity Agency	Senior Insurance Advocacy Program	\$	20,000
College of St. Scholastica	A Manual for Caregivers: Development and Dissemination	\$	13,115
Carlton County Human Services	Carlton County Long Term Care	\$	10,124
Itasca County Coordinator on Aging	Tri-County Caregiver to Caregiver Project	\$	22,276
Range Mental Health Center, Inc.	Peer Counselor Project Northeast Minnesota	\$	22,345
Northern Itasca Hospital	Project Phone Home	\$	6,675
	TOTAL	\$2	252,686

7119 older persons benefit from these Supportive Service Projects.

SENIOR CENTER RENOVATIONS

GRANTEE	AMOUNT
Blackhoof Valley Coalition, Inc. (Carlton County)	\$19,894
Rice River Township (Aitkin County)	\$14,962
TOTAL	\$34,856

The Year Ahead: Targeted Initiatives

Several new programs and initiatives have been identified as priorities by ARDC for the coming year as part of our annual strategic planning process. We have learned that by focusing our scarce resources on a few initiatives which are both desirable and achievable we can achieve the greatest impact. Now that the Northspan Group is up, running, and successfully pursuing its own business plan, we can turn our attention to new efforts in our Human Services and our Planning divisions.



HUMAN SERVICES

The Human Services Team has identified three major thrusts for the coming year. First is the Health Ensurance Coalition, formed by ARDC to develop means for the provision of health insurance to the approximately 36,000 residents of Northeastern Minnesota who are currently uninsured. Initial funding to design this new program has been awarded to ARDC by the Northeastern Minnesota Initiative Fund and the Northwest Area Foundation, with other funding pending as this report is prepared. A 17-member coalition of health care providers, consumers, social service departments, business owners and local elected officials has been formed to provide guidance in the development of a pilot regional insurance program.

The second major thrust is Senior Options-North, a two-day exposition at the Duluth Arena-Auditorium scheduled for June 2 & 3, 1988. Modeled after the successful Senior Options expo in the Twin Cities, this initiative will replace ARDC's annual Aging Conference with a much larger event involving thousands of the area's senior citizens. Products and services will be displayed and demonstrated, along with special workshops, presentations and entertainment. The Medtronic Foundation has provided ARDC with the seed money to start pulling this gigantic effort together. Other major sponsors are being sought locally.

The third major thrust of the Human Services Team is the development of an Aging Foundation for the Region. With state and federal support of services and programs for senior citizens not keeping pace with needs, we are attempting to devise new, innovative means of fund development. The foundation will provide a mechanism for area seniors, businesses, and others to build a fund which will provide help to future seniors in perpetuity. Organizational options are currently being assessed and fund raising alternatives are being examined.

PLANNING

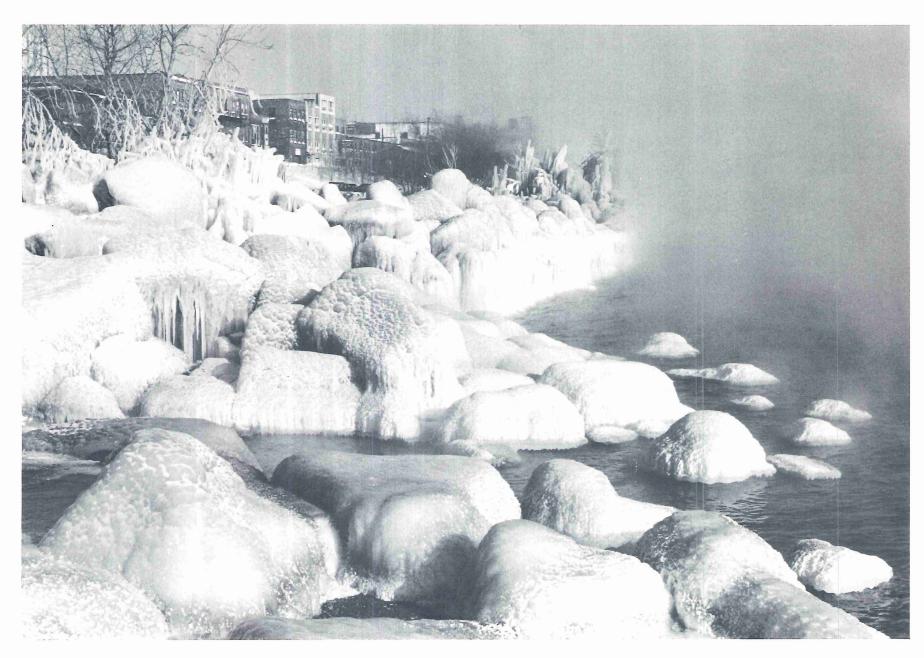
With the formation of the North Shore Management Board in August, 1987 and the decision by that Board to use ARDC for staff support, the Planning Team has focused on this important new project as its primary initiative. ARDC staff worked for almost a year with representatives from Lake, Cook, and St. Louis Counties, Two Harbors, Silver Bay, Beaver Bay, Grand Marais, Duluth Township and Lakewood Township to develop and form the North Shore Management Board. The joint powers board, modeled after the Upper Mississippi Headwaters Board, will prepare a shoreline management plan for the North Shore of Lake Superior. Once it is adopted locally and by the State of Minnesota, the management plan will replace the State Shoreland Management rules for the Lake Superior coast. It is hoped that this cooperative State/local effort utilizing a grassroots planning process will address the unique aspects of Lake Superior in terms of both environmental protection and development opportunities. Funding for the two-year planning effort has been received from the Department of Natural Resources.

The Planning Team also intends to pursue revising and finalizing the **Duluth-Superior Harbor Plan**. Discussion with the Wisconsin and Minnesota DNRs, local governments, and the Northwest Wisconsin Regional Planning Commission have been initiated. It is hoped that the plan can be developed as the basis for agreement on key harbor issues such as dredging, waterfront development, wildlife habitat enhancement and other concerns.

ARDC AGENCY-WIDE

ARDC will follow through on its major thrust of working with the Arrowhead Counties Association and the seven county boards of commissioners in the region to address priority issues and opportunities. Initial efforts have resulted in coordinated lobbying efforts among the counties during the last legislative session, which focused on increased State funding of General Assistance costs. This first effort was a success, with the State increasing its share of the costs for these programs. Other priority topics to be pursued include examining the role of county government in economic development and discovering ways to improve county government management.

Finally, it should be noted that in addition to these key initiatives, ARDC will continue to address its many other areas of responsibility. These include transportation and transit planning, support of the Metropolitan Interstate Committee, serving as the Economic Development District for Northeastern Minnesota, and addressing the needs of the region's senior citizens in our role as the Area Agency on Aging.



Second Avenue East and the Lakefront, Duluth - Jack Rendulich, Duluth News Tribune & Herald

JANUARY

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Arrowhead Regional Development Commission

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Icy Jaws - Steve Stearns, Duluth News Tribune & Herald

FEBRUARY

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Arrowhead Regional Development Commission

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Coffee Party in Ely - Steve Stearns, Duluth News Tribune & Herald

MARCH

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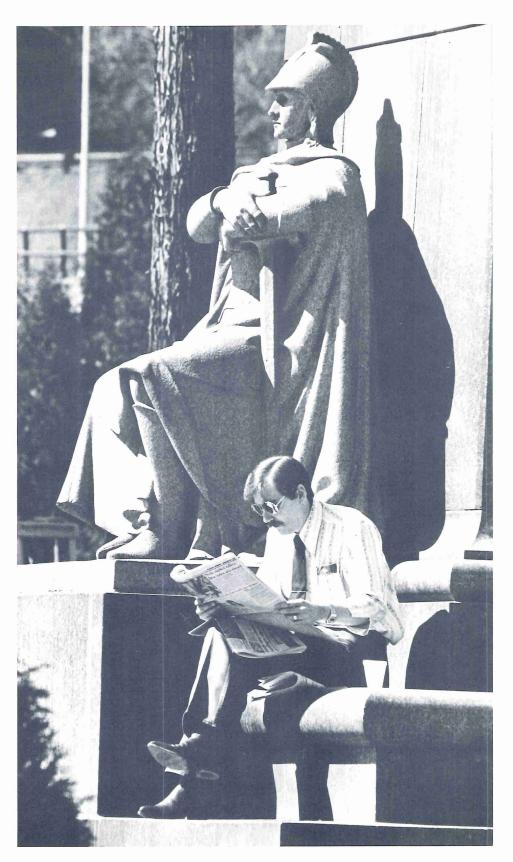
Arrowhead Regional Development Commission

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A Brief Spring Break - Charles Curtis, Duluth News Tribune & Herald

APRIL

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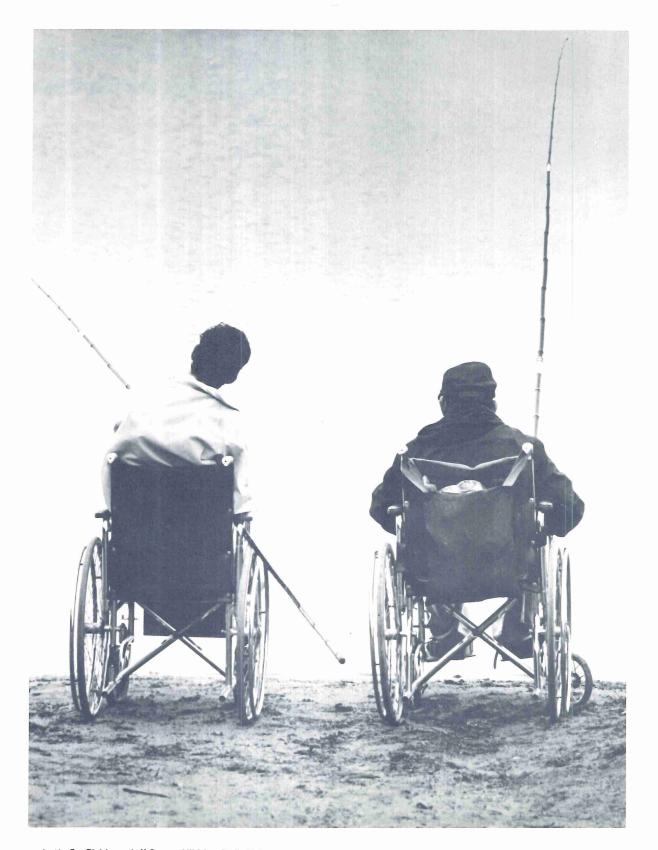


Arrowhead Regional Development Commission

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Let's Go Fishing - Jeff Syme, Hibbing Daily Tribune

MAY

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8 Mother's Day	9	10	11	12	13	14
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29	30 Memorial Day	31				



Arrowhead Regional Development Commission

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Senior Options - Linda Naughton, ARDC staff

JUNE

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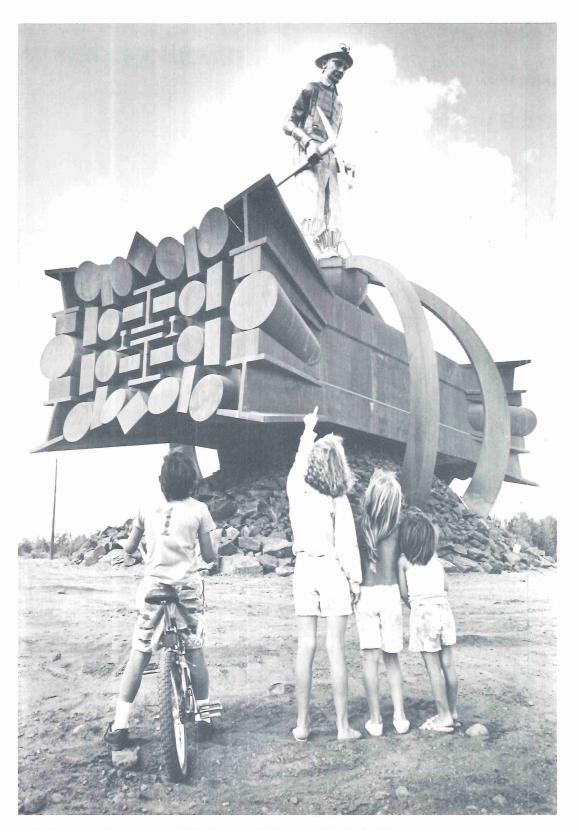


Arrowhead Regional Development Commission

218-722-5545

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The Great Iron Man, Ironworld USA, Chisholm - Jeff Syme, Hibbing Daily Tribune

JULY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4	5	6	7	8	9
10	Independence Day	12	13	14	15	16
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Arrowhead Regional Development Commission

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	JUNE							AUGUST					
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A Nesting Loon - Rick Meyer, Lake County Chronicle

AUGUST

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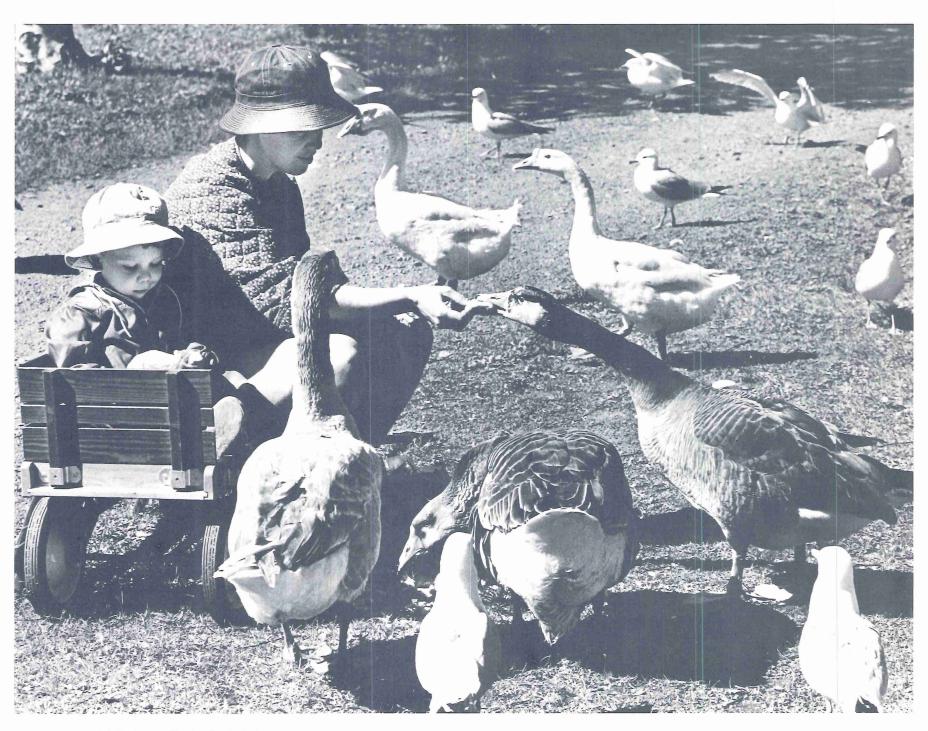
Arrowhead Regional Development Commission

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Having Lunch With the Birds - Charles Curtis, Duluth News Tribune & Herald

SEPTEMBER

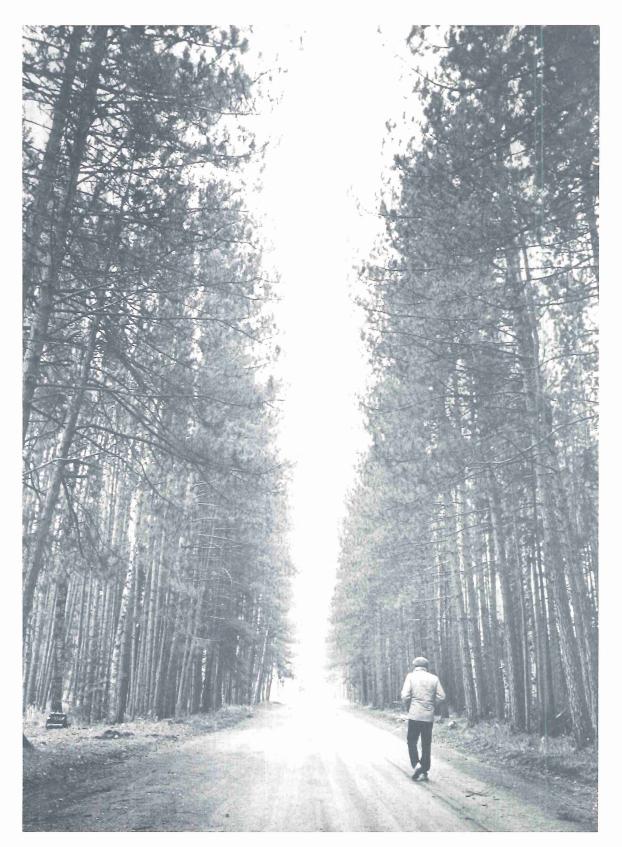
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Arrowhead Regional Development Commission

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A Quiet Place for a Walk - Jeff Syme, Hibbing Daily Tribune

OCTOBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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9	Columbus Day (observed)	11	12	13	14	15
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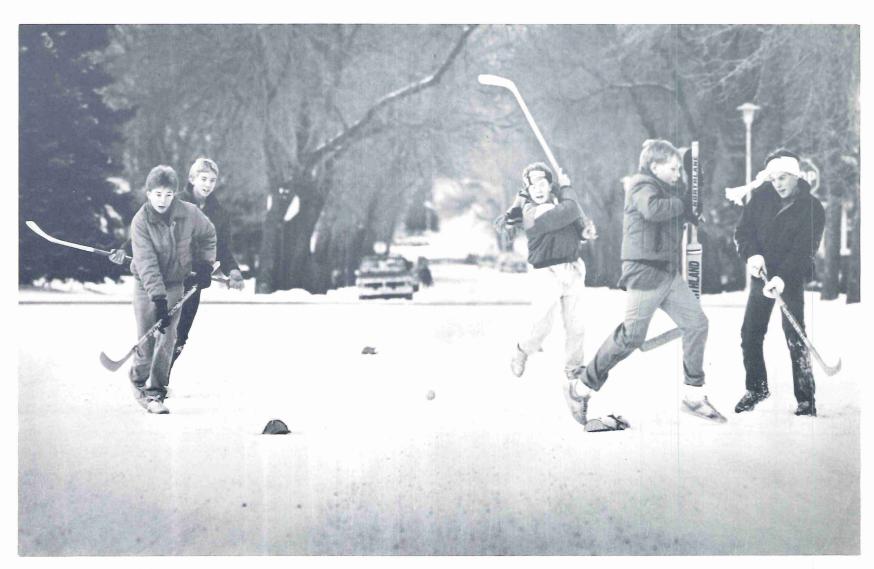


Arrowhead Regional Development Commission

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Street Hockey, Range Style - Jeff Syme, Hibbing Daily Tribune

NOVEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
6	7	8	9	10	11 Veterans' Day	12
13	14	15	16	17	18	19
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27	28	29	30			



Arrowhead Regional Development Commission

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Beargrease Winners, '87 - John Rott, Duluth News Tribune & Herald

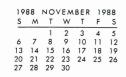
DECEMBER

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Arrowhead Regional Development Commission

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STAFF

Administration

David Martin, Executive Director Diane Nelson, Executive Secretary

Operations Division

Barbara Lucia, Division Director Barbara Solin, Financial Program Manager Linda Naughton, Public Information Specialist Nancy Hanson, Receptionist Shelley Perrault, Student Intern

Human Services Division

Kathleen Johnson, Deputy Director/Division Director Joyce Allen, Aging Program Manager Karen Olesen, Senior Planner Mary Robillard, Associate Planner Holly Sampson, Planner Patty Wallin, Secretary

Planning Division

Mike Hambrock, Division Director Gary Tonkin, Metropolitan Program Manager John Judd, Senior Planner Charles LeRoux, Planner Sue Lindholm, Secretary Heidi Falk, Student Intern Bonnie Leksell, Student Intern



Management Team

David Martin Kathleen Johnson Barbara Lucia Mike Hambrock Diane Nelson

Operational Budget

The latest audit of ARDC's finances and contract performance by the State Auditor was completed in July 1986 for fiscal year 1985. Copies of that audit and all prior audits are available for review at the ARDC offices. No major negative findings were produced by the audit.

REVENUE	1986 ACTUAL	1987 BUDGET
Tax Levy	\$ 242,916	\$ 212,072
State Appropriation	47,478	45,830
Grants & Contracts:		
MN Board on Aging	196,140	203,151
Economic Development Admin.	71,500	70,000
MN Dept. of Transportation	35,920	20,867
Federal Hwy Admin.	175,665	118,137
Urban Mass Transportation	38,309	47,600
Duluth Transit Authority		12,000
MN Dept. of Natural Resources		42,500
Bush Foundation	86,363	33,368
Blandin Foundation	297,147	
Iron Range Resources & Rehab.	10,735	
Local Technical Assistance	94,348	89,024
Other Grants & Contracts	36,647	48,413
Interest Income	5,589	3,000
Northspan Cost Share	69,104	117,102
Other Income	29,424	45,378
TOTAL REVENUE	\$1,437,285	\$1,108,442
EXPENDITURES		
Salaries & Fringe Benefits	\$643,035	\$604,356
Office Space	156,733	164,902
Consultants & Contractual	403,637	77,800
Communications	30,782	36,460
Staff Travel	28,483	34,170
Committee & Board Travel	35,048	40,846
Supplies	16,437	20,228
Interest	7,119	7,500
Depreciation	31,329	33,346
Equipment	1,341	5,800
Printing	17,609	16,298
Program Development		4,134
Other Expenses	55,051	62,602
TOTAL EXPENDITURES	\$1,426,604	\$1,108,442
REVENUES OVER EXPENDITURES	\$10,681	

Clearinghouse Review

The Arrowhead Regional Development Commission serves as a clearing-house for applications for federal and state financial assistance on proposed projects and programs in northeastern Minnesota.

The review process, known as the Project Notification and Review System, is an effort to reduce waste and duplication of public expenditures through cooperation and communication between applicants and funding agencies.

The number of reviews performed is not an indication of applications which are eventually funded. Due to incomplete information on some proposals, the totals are approximate.

FEDERAL AGENCIES	NUMBER OF APPLICATIONS	FUNDING REQUESTED
Housing & Urban Development	3	\$ 5,400,000
Health & Human Services	19	1,615,851
Urban Mass Transit Admin.	1	557,585
Federal Aviation Admin.	1	1,591,200
U.S. Dept. of Transportation	4	1,434,279
Environmental Protection Agency	2	3,657,323
Economic Development Admin.	4	1,508,157
U.S. Dept. of Agriculture	5	2,567,500
FEDERAL TOTALS	39	\$18,331,895
STATE AGENCIES	NUMBER OF APPLICATIONS	FUNDING REQUESTED
		Cost
MN Department of Health	4	Reimbursement
MN Department of Transportation	8	\$1,449,741
MN Pollution Control Agency	2	583,217
MN Department of Energy & Economic Development		
Economic Development	24	5,992,104
	24 1	5,992,104 10,000
MN Dept. of Jobs & Training MN Dept. of Human Services		
MN Dept. of Jobs & Training	1	10,000

Publications ___

Koochco Cold Weather Testing

A preliminary market assessment of the cold weather testing industry in the International Falls area. A list of potential products is provided, along with an inventory of available facilities. Recommendations are made regarding future directions to enhance this industry's economic impact on International Falls.

Revised 1987 Overall Economic Development Program Update for the Arrowhead Region

A review of development activities of the past year, a look at regional problems and issues, and the determination of strategies and actions to improve the region's economy.

Outline of the North Shore Management Plan

A response to the need for a new shoreline management plan as proposed by the Minnesota Department of Natural Resources. This document explains the planned course of locally directed actions that will prepare shoreline regulations specifically suited to the unique nature of Lake Superior's North Shore.

Floodwood Annexation Feasibility Assessment

Relevant data that must be analyzed prior to a decision regarding annexation. It specifically reviews possible actions that the City of Floodwood could initiate and explains the impact of each.

Cook County Star County Report

All of the facts and information required by the State of Minnesota's Star City program. Information about the Cook County Resource Development Council, a community profile, wage and labor information, available sites, economic development strategy and action program, and a complete economic assessment of the Cook County area is included.

Cook County Economic Development Strategy and 1988 Action Plan

A step-by-step action program to strengthen the county's economy based on current development opportunities and county-wide consensus about projects to be pursued.

Cook County / Grand Marais Capital Improvements Program

A joint Capital Improvements Program for Cook County and Grand Marais. This report investigates all of the potential projects in both jurisdictions and attempts to prioritize them over the next five years in light of other bonding needs and project coordination possibilities.

Knife River Development Potentials Assessment

Investigates the potential for future development in the Knife River area and the possibility of the area becoming a City or an organized Township in the future. This report looks at the effects of incorporation on future area development.

Silver Bay Marketing Fact Booklet

A marketing brochure compiled to generate investor interest in a potential medical facility project in Silver Bay.

Regional Shippers Association Feasibility Assessment

A history of Shippers Associations and how they have functioned in the past. Documentation of ARDC's efforts to generate interest in establishing a Shippers Association in the Arrowhead Region with conclusions regarding the feasibility of establishing a new Arrowhead Association or expanding an existing one

Star City Recertification Report for the East Range

An outline of past activities of the East Range Joint Powers Board, a review of recent accomplishments, and a proposed work program for 1987.

Profile of Aging Services and Programs

An inventory of services being delivered to the elderly in Aitkin, Carlton, Cook, Itasca, Lake, Koochiching and St. Louis Counties. The profile also describes special efforts and problems identified for each of the counties noted.

Final Report: Long Term Care System Development Project

This document describes the outcomes of the ARDC Long Term Care Project initiated in 1984 through a grant from the McKnight Foundation.

County Congregate Housing Report

Data for Aitkin, Lake, Carlton, and Koochiching counties on the need for congregate housing for older persons. The reports include results of surveys completed to determine feasibility and interest in congregate housing.

Family Caregivers: Concept Paper

A summary of issues and concerns facing family caregivers who provide daily home care for frail older persons in the Arrowhead Region; the paper analyzes the characteristics of caregivers and describes their role in providing support for loved ones who are no longer able to live independently due to poor health.

Aging Action in the Arrowhead Region

Published quarterly, this newsletter provides information on Aging issues to area senior groups and service providers.

1987 - 1990 Area Plan on Aging

ARDC's action plan for meeting the needs of older persons in the region. Includes a demographic profile of the population aged 60 and over in the area. The Plan lays out specific objectives designed to support the activities and services which assist local older persons. Details on how ARDC intends to allocate nearly \$1.2 million in federal funds is included in the Plan.

Progress Report - Reshaping Local Long Term Care in Northeastern Minnesota

Submitted to the Bush Foundation, this progress report outlines Long Term Care Project activities from October, 1985 through November, 1986.

Long Term Care: Planning for the Future -A Reference Manual for Local Leaders (April 1987)

This manual contains information of interest to county level policy makers on a variety of long term care issues. Periodic updates will be sent to manual holders.

Duluth-Superior Area Interstate Substitution Program

A quarterly report on the status of the design and construction progress of all highway projects funded through the Interstate Substitution Program.

Duluth-Superior Transportation Plan -Long Range Element

The highway plan and recommended improvements based on travel forecasts for the area. The plan projects to the year 2010.

1987-88 Transportation Improvement Program for the Duluth/Superior Area

A priority listing of all transportation projects in the urban area programmed for federal funding, including status reports on projects listed in the Duluth-Superior Transportation Plan.

East 2nd Street Corridor Analysis (U.S. Highways 2 & 53), Superior, Wisconsin

A corridor analysis for East 2nd Street in Superior, Wisconsin. The roadway has a history of capacity problems, sight restriction hazards and poor road conditions. This analysis identified specific recommendations to alleviate these problems.

Publications, continued on next page.

ARDC's Publications, continued

Comprehensive Land Use Plan Review - Town of Rice Lake

The Metropolitan Interstate Committee developed a Comprehensive Land Use Plan for Rice Lake Township in 1978. In 1987, the Committee reviewed the plan. After updating the demographic and physical characteristic information, the committee identified some minor alterations to the plan.

1986 Transportation Information Inventory - Surveillance and Monitoring Report

An annual compilation of information on the Duluth-Superior urbanized area, including population and economic data, transportation system data and other information for use in transportation planning.

Duluth Public Marine Terminal Facility Analysis

ARDC provided partial funding for a consultant study and development of a long range capital planning program for the Seaway Port Authority of Duluth.

Roadway Jurisdiction Analysis for the Arrowhead Region

An examination of current roadway ownership for the Arrowhead Region. Criteria for proper roadway ownership was developed as a guideline for the study. Specific proposed changes in ownership were developed by negotiated agreements between affected local, county and state jurisdictions. The results will be used by the Minnesota Legislature in determining jurisdictional changes.

Proctor I-35 Frontage Road -Location Design Study

A detailed preliminary engineering study of the design and location for the proposed I-35 frontage road in Proctor.

1986 Brown Sheet Passenger Count Survey

A detailed route-by-route passenger count for all the regular route service provided by the DTA. This information was used to examine route performance and efficiency and to identify bus shelter locations.

Duluth-Superior Transit Development Program

A five year transit plan for the Duluth Transit Authority which reviews past trends and outlines a five year plan for transit development in the Duluth-Superior area.

Port Town Trolley Passenger Count and Survey - Fourth Year Review

An analysis of trolley passenger data examining ridership trends and patterns for the Port Town Trolley which operates in downtown Duluth and on the waterfront.

1985-86 Annual Report/Calendar

1987 Directory of Elected Officials

A complete listing of elected officials for Aitkin, Carlton, Cook, Itasca, Koochiching, Lake and St. Louis counties and includes all those elected to township, city and county offices.

1987 Annual Work Program

A summary of the projects, programs and planning efforts to be completed in 1987 in response to the Regional Development Act.

HT 393 .M62 A77ax 1986/87 c. Arrowhead Resional Development Commission. Annual report

LEGISLATIVE REFERENCE LIBRARY
645 State Office Building
Saint Paul, Minnesota 55155

Arrowhead Regional Development Commission
Arrowhead Center
330 Canal Park Drive
Duluth, Minnesota 55802

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