



# 2019 Minnesota Student Survey Tables

## Juvenile Correctional Facilities

October 2019

### **Minnesota Student Survey Interagency Team:**

Minnesota Department of Education

Minnesota Department of Health

Minnesota Department of Human Services

Minnesota Department of Public Safety

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## In Appreciation

The Minnesota Student Survey (MSS) Interagency Team is indebted to the students, parents, teachers, district assessment coordinators, school and district administrators, principals, and superintendents across the state that agreed to participate in and supported the MSS when it was administered in the first half of 2019. These data are made available as a result of their interest and time, and we are grateful for their efforts.

The planning and implementation of the 2019 Minnesota Student Survey administration resulted from an important collaborative effort among members of the MSS Interagency team, Minnesota Youth Council members, local educators and health professionals, researchers, and community members throughout the state of Minnesota – all of whom encouraged and supported school participation in the MSS.

Members of the MSS Interagency Team include: Lisa Burton, Megan Harms, and Maira Rosas-Lee at the Department of Education; Sharrilyn Helgertz and Ann Kinney at the Department of Health; Phyllis Bengtson, Emma Boley, and Eunkyung Park at the Department of Human Services; and Valerie Clark and Kristine Coulter at the Department of Public Safety.

# 2019 Minnesota Student Survey

## Survey Participation

The 2019 Minnesota Student Survey (MSS) was administered in the first half of 2019 to students in juvenile correctional facilities. The grade 9 and 11 survey version was used for students who participated in these settings. The survey was voluntary; facilities and students could choose to opt out.

## Mode of Administration

In 2019, facilities could choose to administer the online or on paper. Methods could not be mixed within a single facility. The survey questions online were the same as those in the paper version.

## Items on the Tables

The tables in this report include the responses for all survey items. Items are ordered within the tables by an overarching subject area; the order that items appear on the tables is not necessarily in the order that they appeared on the survey. The table of contents is provided on pages v-vi.

## New Questions and Year-to-Year Comparisons

While most MSS survey questions stayed the same between 2016 and 2019, other questions were updated with changes to the question or response options. Some entirely new questions were added, and some questions were dropped. New questions are noted on each table. **Caution must be used when making comparisons over time for any questions in which the wording has changed.**

Please note that although these surveys are given repeatedly over time, the student populations change between administrations of the survey.

## Validity of Responses

Caution was taken to identify invalid responses and remove them from the survey results. Surveys were removed when responses were highly inconsistent, when there was a pattern of likely exaggeration, when the survey was completed outside of school hours (this did not apply to online students), or when the survey was clearly a test of the online system. In addition, surveys were removed when only the background section of the survey was answered.

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## 2019 Minnesota Student Survey

### TABLE 1A DEMOGRAPHIC DESCRIPTION

#### *Minnesota Statewide Data*

		Gender			
		Male		Female	
		N	%	N	%
<b>Total number of surveys</b>		195	100%	83	100%
<b>Age</b>	<b>11</b>	3	2%	2	2%
	<b>12</b>	6	3%	2	2%
	<b>13</b>	13	7%	5	6%
	<b>14</b>	36	18%	20	24%
	<b>15</b>	35	18%	19	23%
	<b>16</b>	42	22%	20	24%
	<b>17</b>	45	23%	12	14%
	<b>18</b>	12	6%	3	4%
	<b>21 or older</b>	1	1%	0	0%
<b>How do you describe yourself? (Mark ALL that apply)</b>	<b>American Indian or Alaskan Native only</b>	22	11%	17	20%
	<b>Asian or Asian American only</b>	2	1%	1	1%
	<b>Black, African or African American only</b>	41	21%	8	10%
	<b>Hispanic or Latino/a only</b>	12	6%	3	4%
	<b>White only</b>	65	33%	22	27%
	<b>Multiple races (checked more than one)</b>	51	26%	32	39%
	<b>No answer</b>	2	1%	0	0%

**2019 Minnesota Student Survey**

**TABLE 1B  
DEMOGRAPHIC DESCRIPTION<sup>^</sup>**

***Minnesota Statewide Data***

		Male		Female	
		N	%	N	%
If you are American Indian or Alaskan Native, which group best describes you? (If more than one describes you, mark ALL that apply)	Anishinaabe/Ojibwe	34	17%	22	27%
	Dakota/Lakota	10	5%	2	2%
	Other tribal affiliation	8	4%	10	12%
If you are Asian or Asian American, which group best describes you? (If more than one describes you, mark ALL that apply)	Chinese	1	1%	0	0%
	Filipino	1	1%	1	1%
	Lao	1	1%	0	0%
	Vietnamese	2	1%	0	0%
	Other Asian	4	2%	1	1%
If you are Black, African or African American, which group best describes you? (If more than one describes you, mark ALL that apply)	African American	48	25%	10	12%
	Ethiopian – Oromo	0	0%	1	1%
	Ethiopian – other	0	0%	1	1%
	Liberian	1	1%	1	1%
	Nigerian	2	1%	0	0%
	Somali	2	1%	2	2%
	Other Black, African or African American	11	6%	4	5%
If you are Hispanic or Latino/Latina, which group best describes you? (If more than one describes you, mark ALL that apply)	Mexican	22	11%	17	20%
	Puerto Rican	2	1%	5	6%
	Salvadoran	1	1%	0	0%
	Spanish/Spanish-American	10	5%	3	4%
	Other Hispanic or Latino/Latina	1	1%	3	4%

<sup>^</sup> All questions on this table were new in 2019.

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**TABLE 2  
SEXUAL ORIENTATION; GENDER IDENTITY; GENDER  
EXPRESSION**

*Minnesota Statewide Data*

		Male	Female
		%	%
<b>A person's appearance, style, dress, or the way they walk or talk may affect how people describe them. How do you think other people at school would describe you?</b>	<b>Very or mostly feminine</b>	3%	42%
	<b>Somewhat feminine</b>	4%	19%
	<b>Equally feminine and masculine</b>	9%	34%
	<b>Somewhat masculine</b>	17%	3%
	<b>Very or mostly masculine</b>	68%	3%
<b>How do you describe yourself?^</b>	<b>Heterosexual (straight)</b>	82%	42%
	<b>Bisexual</b>	2%	33%
	<b>Gay or lesbian</b>	1%	6%
	<b>Questioning/not sure</b>	2%	3%
	<b>Pansexual</b>	1%	8%
	<b>Queer</b>	1%	0%
	<b>I don't describe myself in any of these ways</b>	10%	8%
	<b>I am not sure what this question means</b>	1%	0%
<b>Are you transgender, genderqueer, or genderfluid?^</b>	<b>Yes</b>	3%	12%
	<b>No</b>	89%	74%
	<b>I am not sure about my gender identity</b>	1%	4%
	<b>I am not sure what this question means</b>	8%	10%
<b>IF TRANSGENDER, GENDERQUEER OR GENDERFLUID: How do you describe yourself?^^</b>	<b>Male, trans male, trans man, or trans masculine</b>	20%	22%
	<b>Female, trans female, trans woman, or trans feminine</b>	40%	33%
	<b>Non-binary, genderqueer, or genderfluid</b>	40%	22%
	<b>I prefer to describe my gender as something else</b>	0%	22%

^ Change in question wording from 2016.

^^ New question in 2019.

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**TABLE 3  
SCHOOL PLANS; ACADEMIC ADVISING; IEP; ACADEMIC  
PERFORMANCE**

*Minnesota Statewide Data*

		Male	Female
		%	%
<b>What is the MAIN thing you plan to do right AFTER high school?</b>	<b>I don't plan to graduate from high school</b>	6%	3%
	<b>Get my GED</b>	7%	9%
	<b>Go to a two-year community or technical college</b>	14%	14%
	<b>Go to a four-year college or university</b>	21%	30%
	<b>Get a license or certificate in a career field</b>	6%	11%
	<b>Attend an apprenticeship program</b>	1%	0%
	<b>Join the military</b>	11%	5%
	<b>Work at a job</b>	18%	18%
	<b>Other</b>	18%	11%
<b>Has an adult in your school helped you think about education options for after high school (college or other training program)?<sup>^</sup></b>	<b>Yes</b>	61%	65%
	<b>No</b>	39%	35%
<b>Has an adult in your school helped you find career-focused field experiences (job shadowing, work-based learning, service learning, career camps, apprenticeships)?<sup>^</sup></b>	<b>Yes</b>	48%	53%
	<b>No</b>	52%	47%
<b>Do you receive special education services as part of an individual education plan or IEP?</b>	<b>Yes</b>	49%	39%
	<b>No</b>	39%	41%
	<b>Not sure</b>	12%	20%
<b>How would you describe your grades this school year?</b>	<b>Mostly A's</b>	20%	19%
	<b>Mostly B's</b>	40%	36%
	<b>Mostly C's</b>	20%	28%
	<b>Mostly D's</b>	6%	3%
	<b>Mostly F's</b>	8%	4%
	<b>Mostly Incompletes</b>	6%	6%
	<b>None of these letter grades</b>	1%	4%

<sup>^</sup> New question in 2019.

2019 Minnesota Student Survey

**TABLE 4  
SCHOOL ATTENDANCE<sup>^</sup>**

*Minnesota Statewide Data*

		Male	Female
		%	%
During the last 30 days, how many times did you miss a full day of school? (Do not include school-sponsored activities like field trips, sports, academic or music events)	None	51%	45%
	Once or twice	21%	29%
	3 to 5 times	11%	9%
	6 to 9 times	6%	8%
	10 or more times	10%	10%
During the last 30 days, how many times did you miss part of a day of school such as coming late, leaving early or missing class time during the day? (Do not include school-sponsored activities like field trips, sports, academic or music events)	None	35%	28%
	Once or twice	30%	24%
	3 to 5 times	20%	31%
	6 to 9 times	3%	6%
	10 or more times	13%	10%
AMONG THOSE WHO MISSED PART OF OR A FULL DAY OF SCHOOL: What are the reasons you missed a full or part of a day of school in the last 30 days? (Mark ALL that apply)	Illness (feeling physically sick), including problems with breathing or your teeth	27%	41%
	Medical, dental or other health-related appointment	28%	54%
	Vacation or trip	5%	5%
	Felt very sad, hopeless, anxious, stressed or angry	17%	46%
	Didn't get enough sleep	19%	38%
	Didn't feel safe at school	3%	4%
	Missed your ride or didn't have a way to get to school	16%	9%
	Had to work	5%	2%
	Had to take care of or help a family member or friend	3%	5%
	Had no place to shower or wash clothes	2%	2%
	Wanted to use alcohol or drugs	11%	18%
	Behind in schoolwork or not prepared for a test or class assignment	6%	11%
	Bored with or not interested in school	19%	30%
	Suspended from school	11%	11%
	Other reason	48%	16%

<sup>^</sup> All questions on this table were new in 2019.

## 2019 Minnesota Student Survey

### TABLE 5 DISCIPLINE; FEELINGS ABOUT SCHOOL

#### *Minnesota Statewide Data*

		Male	Female
		%	%
<b>During the last 30 days, how many times did you get sent out of the classroom for discipline?^</b>	<b>None</b>	57%	63%
	<b>Once or twice</b>	24%	23%
	<b>3 to 5 times</b>	7%	6%
	<b>6 to 9 times</b>	2%	5%
	<b>10 or more times</b>	10%	4%
<b>How often do you care about doing well in school?</b>	<b>All of the time</b>	25%	36%
	<b>Most of the time</b>	41%	40%
	<b>Some of the time</b>	26%	23%
	<b>None of the time</b>	8%	1%
<b>How often do you go to class unprepared?</b>	<b>All of the time</b>	7%	6%
	<b>Most of the time</b>	13%	13%
	<b>Some of the time</b>	52%	44%
	<b>None of the time</b>	27%	37%
<b>How often do you pay attention in class?</b>	<b>All of the time</b>	11%	10%
	<b>Most of the time</b>	55%	55%
	<b>Some of the time</b>	29%	35%
	<b>None of the time</b>	4%	0%

^ New question in 2019.

2019 Minnesota Student Survey

TABLE 6  
FEELINGS ABOUT SCHOOL

*Minnesota Statewide Data*

<i>How much do you agree or disagree with each of the following statements?</i>		Male	Female
		%	%
If something interests me, I try to learn more about it.	Strongly agree	50%	52%
	Agree	47%	47%
	Disagree	2%	1%
	Strongly disagree	2%	0%
I think things I learn at school are useful.	Strongly agree	14%	14%
	Agree	59%	62%
	Disagree	21%	16%
	Strongly disagree	6%	8%
Being a student is one of the most important parts of who I am.	Strongly agree	11%	15%
	Agree	35%	35%
	Disagree	37%	30%
	Strongly disagree	17%	19%
Overall, adults at my school treat students fairly.	Strongly agree	22%	17%
	Agree	58%	58%
	Disagree	14%	23%
	Strongly disagree	6%	3%
Adults at my school listen to the students.	Strongly agree	18%	23%
	Agree	55%	51%
	Disagree	22%	21%
	Strongly disagree	4%	5%
The school rules are fair.	Strongly agree	13%	10%
	Agree	57%	59%
	Disagree	24%	27%
	Strongly disagree	6%	4%
At my school, teachers care about students.	Strongly agree	27%	27%
	Agree	54%	61%
	Disagree	16%	8%
	Strongly disagree	3%	4%
Most teachers at my school are interested in me as a person.	Strongly agree	18%	23%
	Agree	49%	48%
	Disagree	26%	23%
	Strongly disagree	7%	5%

## 2019 Minnesota Student Survey

### TABLE 7A PRESENCE OF A SCHOOL RESOURCE/POLICE OFFICER

#### *Minnesota Statewide Data*

		Male	Female
		%	%
Is there a police officer or School Resource Officer (SRO) at your school?	Yes	42%	49%
	No	39%	32%
	I don't know	18%	19%

## 2019 Minnesota Student Survey

### TABLE 7B INTERACTIONS WITH A SCHOOL RESOURCE/POLICE OFFICER

#### *Minnesota Statewide Data*

<b><i>INCLUDES ONLY THOSE WHO HAVE A SCHOOL RESOURCE (SRO) OR POLICE OFFICER AT THEIR SCHOOL</i></b>		<b>Male</b>	<b>Female</b>
		%	%
<b>If I knew about something unsafe or illegal at my school, I would tell the SRO or police officer.</b>	<b>Strongly agree</b>	12%	22%
	<b>Agree</b>	19%	30%
	<b>Disagree</b>	29%	27%
	<b>Strongly disagree</b>	40%	22%
<b>I would feel comfortable going to my school's SRO or police officer if I was having problems or needed help.</b>	<b>Strongly agree</b>	10%	13%
	<b>Agree</b>	35%	50%
	<b>Disagree</b>	24%	21%
	<b>Strongly disagree</b>	31%	16%
<b>I think it is a good idea to have an SRO or police officer at our school.</b>	<b>Strongly agree</b>	23%	32%
	<b>Agree</b>	41%	45%
	<b>Disagree</b>	19%	13%
	<b>Strongly disagree</b>	17%	11%

## 2019 Minnesota Student Survey

### TABLE 8 PERCEPTIONS OF SAFETY

#### *Minnesota Statewide Data*

<i>How much do you agree or disagree with each of the following statements?</i>		Male	Female
		%	%
<b>I feel safe going to and from school.</b>	<b>Strongly agree</b>	43%	35%
	<b>Agree</b>	51%	54%
	<b>Disagree</b>	4%	6%
	<b>Strongly disagree</b>	2%	4%
<b>I feel safe at school.</b>	<b>Strongly agree</b>	37%	32%
	<b>Agree</b>	56%	61%
	<b>Disagree</b>	5%	4%
	<b>Strongly disagree</b>	3%	4%
<b>I feel safe in my neighborhood.</b>	<b>Strongly agree</b>	39%	32%
	<b>Agree</b>	45%	53%
	<b>Disagree</b>	12%	14%
	<b>Strongly disagree</b>	4%	1%
<b>I feel safe at home.</b>	<b>Strongly agree</b>	50%	49%
	<b>Agree</b>	41%	32%
	<b>Disagree</b>	6%	13%
	<b>Strongly disagree</b>	3%	6%

2019 Minnesota Student Survey

**TABLE 9A  
AFTER SCHOOL SUPERVISION**

*Minnesota Statewide Data*

<i>During a typical week, how often do you go to the following places after school?</i>		Male	Female
		%	%
<b>I stay at my school or go to another school</b>	<b>0 days</b>	77%	76%
	<b>1 day</b>	5%	4%
	<b>2 days</b>	1%	4%
	<b>3 to 4 days</b>	4%	1%
	<b>5 days</b>	13%	15%
<b>My home or another home such as a friend's, relative's or neighbor's</b>	<b>0 days</b>	31%	29%
	<b>1 day</b>	7%	4%
	<b>2 days</b>	12%	8%
	<b>3 to 4 days</b>	18%	14%
	<b>5 days</b>	31%	46%
<b>A rec, community or other youth center</b>	<b>0 days</b>	61%	61%
	<b>1 day</b>	13%	9%
	<b>2 days</b>	10%	12%
	<b>3 to 4 days</b>	6%	7%
	<b>5 days</b>	10%	12%
<b>A park or other outdoor space</b>	<b>0 days</b>	48%	51%
	<b>1 day</b>	19%	6%
	<b>2 days</b>	16%	14%
	<b>3 to 4 days</b>	10%	17%
	<b>5 days</b>	6%	12%
<b>A library</b>	<b>0 days</b>	75%	68%
	<b>1 day</b>	11%	19%
	<b>2 days</b>	7%	4%
	<b>3 to 4 days</b>	4%	8%
	<b>5 days</b>	3%	1%
<b>A church, synagogue, mosque, or other spiritual/religious place</b>	<b>0 days</b>	78%	74%
	<b>1 day</b>	15%	15%
	<b>2 days</b>	4%	9%
	<b>3 to 4 days</b>	1%	1%
	<b>5 days</b>	2%	0%
<b>A job</b>	<b>0 days</b>	70%	81%
	<b>1 day</b>	5%	3%
	<b>2 days</b>	7%	5%
	<b>3 to 4 days</b>	8%	4%
	<b>5 days</b>	10%	7%

## 2019 Minnesota Student Survey

### TABLE 10A BEING BULLIED FOR SPECIFIC REASONS

#### *Minnesota Statewide Data*

<i>During the last 30 days, how often have other students harassed or bullied you for any of the following reasons?</i>		<b>Male</b>	<b>Female</b>
		%	%
<b>Your race, ethnicity or national origin</b>	<b>Never</b>	76%	74%
	<b>Once or twice</b>	13%	18%
	<b>About once a week</b>	3%	3%
	<b>Several times a week</b>	5%	4%
	<b>Every day</b>	3%	1%
<b>Your religion</b>	<b>Never</b>	85%	83%
	<b>Once or twice</b>	9%	8%
	<b>About once a week</b>	1%	4%
	<b>Several times a week</b>	2%	4%
	<b>Every day</b>	3%	1%
<b>Your gender (being male or female)</b>	<b>Never</b>	88%	86%
	<b>Once or twice</b>	7%	4%
	<b>About once a week</b>	1%	5%
	<b>Several times a week</b>	1%	4%
	<b>Every day</b>	4%	1%
<b>Your gender expression (your style, dress, or the way you walk or talk)</b>	<b>Never</b>	78%	65%
	<b>Once or twice</b>	10%	20%
	<b>About once a week</b>	6%	9%
	<b>Several times a week</b>	1%	3%
	<b>Every day</b>	4%	3%

## 2019 Minnesota Student Survey

### TABLE 10B BEING BULLIED FOR SPECIFIC REASONS

#### *Minnesota Statewide Data*

<i>During the last 30 days, how often have other students harassed or bullied you for any of the following reasons?</i>		Male	Female
		%	%
<b>Because you are gay, lesbian, or bisexual or because someone thought you were</b>	<b>Never</b>	92%	76%
	<b>Once or twice</b>	4%	11%
	<b>About once a week</b>	1%	5%
	<b>Several times a week</b>	1%	5%
	<b>Every day</b>	2%	3%
<b>A physical or mental disability</b>	<b>Never</b>	84%	76%
	<b>Once or twice</b>	7%	11%
	<b>About once a week</b>	5%	3%
	<b>Several times a week</b>	1%	8%
	<b>Every day</b>	3%	3%
<b>Your size or weight</b>	<b>Never</b>	75%	65%
	<b>Once or twice</b>	12%	21%
	<b>About once a week</b>	4%	5%
	<b>Several times a week</b>	4%	6%
	<b>Every day</b>	5%	3%
<b>Your physical appearance</b>	<b>Never</b>	74%	62%
	<b>Once or twice</b>	12%	18%
	<b>About once a week</b>	4%	5%
	<b>Several times a week</b>	6%	8%
	<b>Every day</b>	3%	8%

## 2019 Minnesota Student Survey

### TABLE 11A BEING CYBERBULLIED

#### *Minnesota Statewide Data*

		Male	Female
		%	%
<b>During the last 30 days, how often have you been cyberbullied? (Count being bullied through texting, Instagram, Snapchat or other social media)^</b>	<b>Never</b>	90%	85%
	<b>Once or twice</b>	6%	9%
	<b>About once a week</b>	2%	3%
	<b>Several times a week</b>	2%	3%
	<b>Every day</b>	1%	1%

^ Change in question wording from 2016.

2019 Minnesota Student Survey

TABLE 11B  
BEING BULLIED OR HARASSED AT SCHOOL

*Minnesota Statewide Data*

<i>During the last 30 days, on how many days have other students at school...</i>		Male	Female
		%	%
...pushed, shoved, slapped, hit or kicked you when they weren't kidding around?	Never	83%	86%
	Once or twice	12%	11%
	About once a week	3%	1%
	Several times a week	1%	1%
	Every day	2%	0%
...threatened to beat you up?	Never	73%	75%
	Once or twice	17%	15%
	About once a week	5%	5%
	Several times a week	3%	4%
	Every day	2%	1%
...spread mean rumors or lies about you?	Never	72%	48%
	Once or twice	14%	34%
	About once a week	9%	6%
	Several times a week	2%	5%
	Every day	4%	6%
...made sexual jokes, comments or gestures towards you?	Never	81%	67%
	Once or twice	9%	22%
	About once a week	4%	3%
	Several times a week	5%	4%
	Every day	2%	5%
...excluded you from friends, other students or activities?	Never	79%	64%
	Once or twice	11%	22%
	About once a week	5%	5%
	Several times a week	1%	4%
	Every day	3%	5%
Bullied once or more in the last 30 days <sup>^</sup>	No	56%	36%
	Yes	44%	64%
Bullied weekly or more in the last 30 days <sup>^</sup>	No	74%	71%
	Yes	26%	29%
Bullied daily in the last 30 days <sup>^</sup>	No	91%	88%
	Yes	9%	12%

<sup>^</sup> These are computed variables based on combinations of responses to the first five questions on this table.

2019 Minnesota Student Survey

**TABLE 12  
BULLYING OR HARASSING OTHER STUDENTS AT  
SCHOOL**

***Minnesota Statewide Data***

<i>During the last 30 days, how many times at school have YOU...</i>		<b>Male</b>	<b>Female</b>
		%	%
<b>...pushed, shoved, slapped, hit or kicked someone when you weren't kidding around?</b>	<b>Never</b>	80%	81%
	<b>Once or twice</b>	16%	17%
	<b>About once a week</b>	2%	0%
	<b>Several times a week</b>	2%	1%
<b>...threatened to beat someone up?</b>	<b>Never</b>	63%	63%
	<b>Once or twice</b>	31%	27%
	<b>About once a week</b>	2%	5%
	<b>Several times a week</b>	3%	5%
	<b>Every day</b>	1%	0%
<b>...spread mean rumors or lies about someone else?</b>	<b>Never</b>	89%	82%
	<b>Once or twice</b>	8%	10%
	<b>About once a week</b>	1%	1%
	<b>Several times a week</b>	0%	5%
	<b>Every day</b>	1%	1%
<b>...made sexual jokes, comments or gestures towards someone else?</b>	<b>Never</b>	90%	87%
	<b>Once or twice</b>	6%	8%
	<b>About once a week</b>	3%	3%
	<b>Several times a week</b>	1%	1%
	<b>Every day</b>	1%	1%
<b>...excluded someone from friends, other students or activities?</b>	<b>Never</b>	81%	72%
	<b>Once or twice</b>	13%	19%
	<b>About once a week</b>	4%	3%
	<b>Several times a week</b>	2%	4%
	<b>Every day</b>	0%	3%

## 2019 Minnesota Student Survey

**TABLE 13A  
AVAILABILITY OF COMMUNITY PROGRAMS**

***Minnesota Statewide Data***

		Male	Female
		%	%
<b>Does your school or community offer a variety of programs for people your age to participate in outside of the regular school day?</b>	<b>Yes</b>	42%	38%
	<b>No</b>	25%	27%
	<b>I don't know what programs are available in my community</b>	33%	35%

2019 Minnesota Student Survey

**TABLE 13B  
ENRICHMENT ACTIVITIES**

*Minnesota Statewide Data*

<i>During a typical week, how often do you participate in the following activities outside of the regular school day?</i>		Male	Female
		%	%
<b>Sports teams, such as park and rec teams, school teams, in-house teams or traveling teams</b>	<b>0 days</b>	63%	69%
	<b>1 day</b>	7%	9%
	<b>2 days</b>	4%	6%
	<b>3 to 4 days</b>	12%	4%
	<b>5 or more days</b>	15%	12%
<b>School sponsored activities or clubs that are not sports, such as drama, music, chess or science club</b>	<b>0 days</b>	86%	87%
	<b>1 day</b>	7%	4%
	<b>2 days</b>	4%	8%
	<b>3 to 4 days</b>	2%	0%
	<b>5 or more days</b>	1%	1%
<b>Tutoring, homework help or academic programs</b>	<b>0 days</b>	84%	91%
	<b>1 day</b>	6%	8%
	<b>2 days</b>	5%	1%
	<b>3 to 4 days</b>	1%	0%
	<b>5 or more days</b>	3%	0%
<b>Leadership activities such as student government, youth councils or committees</b>	<b>0 days</b>	88%	92%
	<b>1 day</b>	6%	1%
	<b>2 days</b>	3%	4%
	<b>3 to 4 days</b>	2%	1%
	<b>5 or more days</b>	2%	1%

2019 Minnesota Student Survey

**TABLE 13C  
ENRICHMENT ACTIVITIES**

*Minnesota Statewide Data*

<i>During a typical week, how often do you participate in the following activities outside of the regular school day?</i>		Male	Female
		%	%
<b>Artistic lessons, such as music or dance</b>	<b>0 days</b>	87%	82%
	<b>1 day</b>	6%	8%
	<b>2 days</b>	3%	5%
	<b>3 to 4 days</b>	3%	1%
	<b>5 or more days</b>	1%	4%
<b>Physical activity lessons, such as tennis or karate</b>	<b>0 days</b>	84%	94%
	<b>1 day</b>	6%	0%
	<b>2 days</b>	2%	3%
	<b>3 to 4 days</b>	5%	0%
	<b>5 or more days</b>	3%	4%
<b>Other community clubs and programs such as 4-H, Scouts, Y-clubs or Community Ed</b>	<b>0 days</b>	92%	89%
	<b>1 day</b>	3%	4%
	<b>2 days</b>	2%	4%
	<b>3 to 4 days</b>	3%	1%
	<b>5 or more days</b>	1%	1%
<b>Religious activities such as religious services, education or youth group</b>	<b>0 days</b>	85%	72%
	<b>1 day</b>	9%	14%
	<b>2 days</b>	3%	5%
	<b>3 to 4 days</b>	2%	4%
	<b>5 or more days</b>	1%	4%

2019 Minnesota Student Survey

**TABLE 14  
QUALITY OF YOUTH ACTIVITIES<sup>^</sup>**

**Minnesota Statewide Data**

<i>When you spend time doing activities outside of the regular school day, how often do you...</i>		<b>Male %</b>	<b>Female %</b>
<b>...feel safe?</b>	<b>Rarely or never</b>	7%	8%
	<b>Sometimes</b>	14%	14%
	<b>Often</b>	29%	31%
	<b>Very often</b>	50%	47%
<b>...learn skills like teamwork or leadership?</b>	<b>Rarely or never</b>	15%	14%
	<b>Sometimes</b>	34%	38%
	<b>Often</b>	26%	28%
	<b>Very often</b>	26%	20%
<b>...develop trusting relationships with peers your age?</b>	<b>Rarely or never</b>	16%	20%
	<b>Sometimes</b>	28%	33%
	<b>Often</b>	33%	28%
	<b>Very often</b>	22%	19%
<b>...develop trusting relationships with adults?</b>	<b>Rarely or never</b>	18%	18%
	<b>Sometimes</b>	36%	35%
	<b>Often</b>	26%	32%
	<b>Very often</b>	19%	14%
<b>...help make decisions?</b>	<b>Rarely or never</b>	14%	17%
	<b>Sometimes</b>	33%	28%
	<b>Often</b>	32%	36%
	<b>Very often</b>	21%	20%
<b>...do something that gives you joy and energy?</b>	<b>Rarely or never</b>	12%	11%
	<b>Sometimes</b>	23%	20%
	<b>Often</b>	27%	39%
	<b>Very often</b>	38%	30%
<b>...learn skills that you can use in a future job?</b>	<b>Rarely or never</b>	15%	16%
	<b>Sometimes</b>	38%	24%
	<b>Often</b>	24%	36%
	<b>Very often</b>	23%	25%

<sup>^</sup> These items are a subscale of the Constructive Use of Time Scale from the Developmental Assets Profile (DAP) (Search Institute, Minneapolis, MN).

## 2019 Minnesota Student Survey

### TABLE 15 LIVING SITUATIONS

#### *Minnesota Statewide Data*

		Male	Female
		%	%
Have you ever been in foster care? (Mark ALL that apply)^	No	66%	36%
	Yes, during the last year	18%	40%
	Yes, more than a year ago	22%	47%
During the past 12 months, have you stayed in a shelter, somewhere not intended as a place to live, or someone else's home because you had no other place to stay? (Mark ALL that apply)	No	68%	62%
	Yes, I was with my parents or adult family member	14%	12%
	Yes, I was on my own without any adult family members	21%	32%
Have any of your parents or guardians ever been in jail or prison? (Mark ALL that apply)	None of my parents or guardians has ever been in jail or prison	35%	28%
	Yes, I have a parent or guardian in jail or prison right now	16%	24%
	Yes, I have had a parent or guardian in jail or prison in the past	56%	60%
IF YOU HAVE OR HAVE HAD A PARENT OR GUARDIAN IN JAIL OR PRISON: Did you live with a parent or guardian at the time they went to jail or prison?^	Yes	44%	52%
	No	56%	48%

^ New question in 2019.

**2019 Minnesota Student Survey**

**TABLE 16  
COMMUNICATION WITH ADULTS**

***Minnesota Statewide Data***

		<b>Male</b>	<b>Female</b>
		<b>%</b>	<b>%</b>
<b>Which of these adults can you talk to about problems you are having? (Mark ALL that apply)^</b>	<b>Parent or guardian</b>	69%	82%
	<b>Adult at school</b>	28%	35%
	<b>Some other adult</b>	31%	47%
	<b>I don't have any adults that I can talk to about problems I am having</b>	18%	1%

^ New question in 2019.

## 2019 Minnesota Student Survey

**TABLE 17**  
**PERCEPTIONS OF FAMILY AND OTHERS CARING**  
*Minnesota Statewide Data*

		Male	Female
		%	%
<i>How much do you feel ...</i>			
...your parents care about you?	Not at all	5%	8%
	A little	10%	12%
	Some	5%	15%
	Quite a bit	16%	11%
	Very much	64%	55%
...other adult relatives care about you?	Not at all	8%	7%
	A little	9%	9%
	Some	22%	21%
	Quite a bit	22%	22%
	Very much	39%	41%
...friends care about you?	Not at all	8%	13%
	A little	8%	7%
	Some	20%	25%
	Quite a bit	33%	22%
	Very much	31%	33%
...teachers/other adults at school care about you?	Not at all	14%	17%
	A little	24%	22%
	Some	29%	29%
	Quite a bit	15%	14%
	Very much	18%	17%
...adults in your community care about you?	Not at all	27%	24%
	A little	31%	20%
	Some	17%	24%
	Quite a bit	11%	21%
	Very much	14%	11%

## 2019 Minnesota Student Survey

### TABLE 18 ADVERSE CHILDHOOD EXPERIENCES

#### *Minnesota Statewide Data*

		Male	Female
		%	%
Do you live with anyone who drinks too much alcohol?	Yes	23%	27%
	No	77%	73%
Do you live with anyone who uses illegal drugs or abuses prescription drugs?	Yes	18%	32%
	No	82%	68%
Do you live with anyone who is depressed or has any other mental health issues?^	Yes	36%	69%
	No	64%	31%
Does a parent or other adult in your home regularly swear at you, insult you or put you down?	Yes	18%	36%
	No	82%	64%
Has a parent or other adult in your home ever hit, beat, kicked or physically hurt you in any way?	Yes	26%	34%
	No	74%	66%
Have your parents or other adults in your home ever slapped, hit, kicked, punched or beat each other up?	Yes	27%	39%
	No	73%	61%
Has anyone who was not a relative/family member ever pressured, tricked, or forced you to do something sexual or done something sexual to you against your wishes?^^	Yes	16%	41%
	No	84%	59%
Has any relative/family member ever pressured, tricked, or forced you to do something sexual or done something sexual to you?^^	Yes	7%	32%
	No	93%	68%
Have you ever traded sex or sexual activity to receive money, food, drugs, alcohol, a place to stay, or anything else?^	Yes	8%	21%
	No	92%	79%
ACEs Score-short^^^	None	18%	7%
	One	28%	23%
	Two	20%	10%
	Three	12%	11%
	Four or more	22%	49%

^ New question in 2019.

^^ Change in question wording from 2016.

^^^ An adverse childhood experience (ACE) describes a traumatic experience in a person's life occurring before age 18. The ACEs Score-short is a measure of cumulative exposure to adverse childhood conditions, and combines the responses to all but the last question in this table plus the responses to the first question about parental incarceration (See Table 15).

## 2019 Minnesota Student Survey

### TABLE 19 RELATIONSHIP VIOLENCE<sup>^</sup>

#### *Minnesota Statewide Data*

		Male	Female
		%	%
Have you been in a casual or serious relationship where your partner ever physically hurt you on purpose?	Yes	20%	37%
	No	80%	63%
Have you been in a casual or serious relationship where your partner ever verbally hurt or controlled you?	Yes	25%	48%
	No	75%	52%
Have you been in a casual or serious relationship where your partner ever pressured, tricked, or forced you to do something sexual, or did something sexual to you against your wishes?	Yes	9%	43%
	No	91%	57%
Have YOU ever pressured, tricked, or forced someone to do something sexual, or have YOU done something sexual to someone against their wishes?	Yes	12%	7%
	No	79%	87%
	Not sure	9%	6%

<sup>^</sup> All questions on this table were new in 2019.

2019 Minnesota Student Survey

**TABLE 20  
GENERAL HEALTH AND HEALTH CONDITIONS**

*Minnesota Statewide Data*

		Male	Female
		%	%
How would you describe your health in general?	Excellent	36%	20%
	Very good	36%	24%
	Good	20%	41%
	Fair	7%	14%
	Poor	1%	1%
Do you have any physical disabilities, or long-term health problems (such as asthma, cancer, diabetes, epilepsy or something else)? Long-term means lasting 6 months or more.	Yes	23%	16%
	No	77%	84%
Has a doctor or nurse ever told you that you have diabetes?^	Yes	4%	4%
	No	96%	96%
Has a doctor or nurse ever told you that you have pre-diabetes?^	Yes	4%	5%
	No	96%	95%
Has a doctor or nurse ever told you that you have asthma?	Yes	27%	20%
	No	73%	80%
Has a doctor or nurse ever told you that you have an allergy that requires you to carry an epi-pen?	Yes	9%	4%
	No	91%	96%
Do you have any long-term mental health, behavioral or emotional problems? Long-term means lasting 6 months or more.	Yes	46%	75%
	No	54%	25%
Weight status according to Body Mass Index (BMI)**	Normal or underweight	69%	30%
	Overweight	18%	36%
	Obese	13%	34%

^ New question in 2019.

\*\* Body Mass Index (BMI) is a number calculated from a child's self-reported weight and height. BMI is calculated using a standard formula. BMI-for-age percentiles are used to interpret BMI numbers for children and teens. CDC BMI-for-age growth charts were used to determine weight status according to BMI for participants in the Minnesota Student Survey.

Not overweight: Less than the 85th percentile  
Overweight: 85th to less than the 95th percentile  
Obese: Equal to or greater than the 95th percentile

2019 Minnesota Student Survey

**TABLE 21  
RECEIPT OF TREATMENT; ORAL HEALTH**

*Minnesota Statewide Data*

		Male	Female
		%	%
Have you ever been treated for a mental health, emotional or behavioral problem? (Mark ALL that apply)	No	43%	13%
	Yes, during the last year	40%	71%
	Yes, more than a year ago	28%	38%
Have you ever been treated for an alcohol or drug problem? (Mark ALL that apply)	No	59%	58%
	Yes, during the last year	31%	32%
	Yes, more than a year ago	13%	18%
When was the last time you saw a dentist for a check-up, exam or teeth cleaning or other dental work?^	During the last year	64%	64%
	Between 1 and 2 years ago	17%	23%
	More than 2 years ago	15%	13%
	Never	4%	0%
Have you any of the following dental problems during the past 12 months? (Mark ALL that apply)^^	Toothaches or pain	35%	45%
	Decayed teeth or cavities	22%	24%
	Swollen, painful or bleeding gums	11%	20%
	Could not eat certain foods because of a dental problem	5%	15%
	Missed one or more school days because of a dental problem	5%	5%
	I have not had any of these dental health problems	52%	41%
IF ONE OR MORE DENTAL PROBLEMS: Have you had this dental problem treated by a dentist?^^	Yes	50%	40%
	No, but I will see a dentist	39%	38%
	No, I am not able to get dental treatment	11%	21%

^ Change in question wording from 2016.

^^ New question in 2019.

2019 Minnesota Student Survey

**TABLE 22  
PHYSICAL ACTIVITY; SLEEP; USE OF INDOOR  
TANNING DEVICE**

*Minnesota Statewide Data*

		Male	Female
		%	%
<b>During the last 7 days, on how many days were you physically active for a total of AT LEAST 60 MINUTES PER DAY?</b>	<b>0 days</b>	10%	3%
	<b>1 day</b>	2%	1%
	<b>2 days</b>	2%	1%
	<b>3 days</b>	6%	8%
	<b>4 days</b>	11%	7%
	<b>5 days</b>	9%	12%
	<b>6 days</b>	9%	5%
	<b>7 days</b>	51%	62%
<b>During a typical school night, how many hours of sleep do you get?</b>	<b>4 hours or less</b>	10%	12%
	<b>5 hours</b>	8%	8%
	<b>6 hours</b>	11%	12%
	<b>7 hours</b>	22%	21%
	<b>8 hours</b>	31%	35%
	<b>9 hours</b>	11%	5%
	<b>10 or more hours</b>	8%	7%
<b>During the last 12 months, how many times did you use an indoor tanning device such as a sunlamp, sunbed or tanning booth?</b>	<b>0 times</b>	98%	100%
	<b>20 to 39 times</b>	1%	0%
	<b>40 or more times</b>	2%	0%

## 2019 Minnesota Student Survey

### TABLE 23 EATING MEALS

#### *Minnesota Statewide Data*

		Male	Female
		%	%
During the last 30 days, have you had to skip meals because your family did not have enough money to buy food?	Yes	7%	5%
	No	93%	95%
During a typical school week, where do you usually get your lunch? (Mark ALL that apply)	I usually don't eat lunch.	17%	17%
	Regular school lunch from the cafeteria	71%	63%
	The a la carte line (buy individual items)	8%	3%
	School store or vending machine	12%	4%
	Fast food restaurant, gas station or somewhere else outside of school	12%	20%
	I bring lunch from home.	8%	20%
Do you currently get free or reduced-price lunch at school?^	Yes	58%	59%
	No	20%	20%
	Not sure	21%	22%

^ Change in question wording from 2016.

2019 Minnesota Student Survey

TABLE 24A  
NUTRITION

Minnesota Statewide Data

		Male	Female
		%	%
During the last 7 days, how many times did you drink 100% fruit juices such as orange, apple or grape juice? (Do not count punch, Kool-Aid, sports drinks or other fruit-flavored drinks)^	I did NOT eat or drink this	14%	18%
	1 to 3 times in the last 7 days	14%	23%
	4 to 6 times in the last 7 days	18%	16%
	1 time per day	26%	27%
	2 times per day	13%	6%
	3 times per day	6%	4%
	4 or more times per day	7%	5%
During the last 7 days, how many times did you eat fruit? (Do not count fruit juice)^	I did NOT eat or drink this	9%	7%
	1 to 3 times in the last 7 days	20%	15%
	4 to 6 times in the last 7 days	17%	20%
	1 time per day	16%	12%
	2 times per day	16%	19%
	3 times per day	12%	15%
	4 or more times per day	10%	13%
During the last 7 days, how many times did you eat green salad, potatoes, carrots or other vegetables? (Do not count French fries, fried potatoes, or potato chips)	I did NOT eat or drink this	15%	19%
	1 to 3 times in the last 7 days	25%	33%
	4 to 6 times in the last 7 days	15%	15%
	1 time per day	19%	9%
	2 times per day	11%	9%
	3 times per day	11%	8%
	4 or more times per day	6%	7%
During the last 7 days, how many times did you eat from a fast food restaurant, including carry-out or delivery?	I did NOT eat or drink this	53%	65%
	1 to 3 times in the last 7 days	30%	24%
	4 to 6 times in the last 7 days	7%	1%
	1 time per day	4%	4%
	2 times per day	2%	1%
	3 times per day	2%	3%
	4 or more times per day	3%	1%
Servings of fruits, fruit juice and vegetables per day during the last 7 days^^	Less than five	69%	70%
	Five or more	31%	30%

^ Change in question wording from 2016.

^^ This is a computed variable based on combinations of responses to the first three questions on this table.

2019 Minnesota Student Survey

TABLE 24B  
NUTRITION<sup>^</sup>

Minnesota Statewide Data

<i>During the last 7 days, how many times did you drink...</i>		Male	Female
		%	%
... a glass of milk?	I did NOT eat or drink this	9%	17%
	1 to 3 times in the last 7 days	14%	17%
	4 to 6 times in the last 7 days	16%	14%
	1 time per day	12%	16%
	2 times per day	12%	16%
	3 times per day	22%	11%
	4 or more times per day	14%	9%
... a can, bottle or glass of pop or soda, such as Coke, Pepsi or Sprite?	I did NOT eat or drink this	39%	50%
	1 to 3 times in the last 7 days	49%	34%
	4 to 6 times in the last 7 days	5%	8%
	1 time per day	4%	5%
	2 times per day	2%	1%
	3 times per day	1%	0%
	4 or more times per day	1%	1%
... a can, bottle or glass of a sports drink, such as Gatorade or Powerade?	I did NOT eat or drink this	61%	71%
	1 to 3 times in the last 7 days	23%	24%
	4 to 6 times in the last 7 days	10%	1%
	1 time per day	2%	4%
	2 times per day	3%	0%
	4 or more times per day	1%	0%
... a can, bottle or glass of an energy drink, such as Rockstar, Red Bull, Monster or Full Throttle?	I did NOT eat or drink this	77%	88%
	1 to 3 times in the last 7 days	12%	5%
	4 to 6 times in the last 7 days	4%	0%
	1 time per day	3%	4%
	2 times per day	3%	0%
	3 times per day	1%	1%
... a can, bottle or glass of coffee or tea that had sugar, syrups, or honey added to it?	I did NOT eat or drink this	67%	76%
	1 to 3 times in the last 7 days	18%	14%
	4 to 6 times in the last 7 days	6%	3%
	1 time per day	5%	5%
	2 times per day	2%	1%
	3 times per day	1%	0%
... a can, bottle or glass of sweetened fruit drinks, such as Kool-Aid, Capri Sun and lemonade?	I did NOT eat or drink this	45%	55%
	1 to 3 times in the last 7 days	26%	26%
	4 to 6 times in the last 7 days	12%	7%
	1 time per day	8%	8%
	2 times per day	4%	1%
	3 times per day	2%	0%
... a bottle or glass of water?	I did NOT eat or drink this	7%	1%
	1 to 3 times in the last 7 days	9%	8%
	4 to 6 times in the last 7 days	12%	4%
	1 time per day	8%	3%
	2 times per day	8%	7%
	3 times per day	13%	9%
	4 or more times per day	44%	68%

<sup>^</sup> All questions on this table were new in 2019.

## 2019 Minnesota Student Survey

### TABLE 25 VEHICLE SAFETY<sup>^</sup>

#### *Minnesota Statewide Data*

		Male	Female
		%	%
<b>When driving a car, truck or SUV, how often do you send or read text messages or emails?</b>	<b>I don't drive a car, truck or SUV</b>	39%	60%
	<b>I never do this</b>	23%	13%
	<b>Rarely</b>	13%	10%
	<b>Sometimes</b>	13%	13%
	<b>Often</b>	8%	3%
	<b>Always</b>	4%	1%
<b>When driving a car, truck or SUV, how often do you make or answer a phone call?</b>	<b>I don't drive a car, truck or SUV</b>	41%	59%
	<b>I never do this</b>	18%	14%
	<b>Rarely</b>	13%	6%
	<b>Sometimes</b>	11%	7%
	<b>Often</b>	10%	7%
	<b>Always</b>	6%	7%
<b>How often do you wear a seat belt when you are driving or riding in a car, truck or SUV?</b>	<b>I don't ride in a car, truck or SUV</b>	13%	22%
	<b>I never do this</b>	5%	5%
	<b>Rarely</b>	12%	7%
	<b>Sometimes</b>	10%	11%
	<b>Often</b>	17%	16%
	<b>Always</b>	43%	39%

<sup>^</sup> All questions on this table had wording changes from 2016.

2019 Minnesota Student Survey

TABLE 26A  
SELF DESCRIPTION<sup>^</sup>

*Minnesota Statewide Data*

<b><i>In general, how does each of the following statements describe you?</i></b>		<b>Male</b>	<b>Female</b>
		<b>%</b>	<b>%</b>
<b>I feel in control of my life and future.</b>	<b>Not at all or rarely</b>	16%	23%
	<b>Somewhat or sometimes</b>	30%	43%
	<b>Very or often</b>	30%	22%
	<b>Extremely or almost always</b>	23%	12%
<b>I feel good about myself.</b>	<b>Not at all or rarely</b>	15%	24%
	<b>Somewhat or sometimes</b>	24%	24%
	<b>Very or often</b>	37%	28%
	<b>Extremely or almost always</b>	23%	23%
<b>I feel good about my future.</b>	<b>Not at all or rarely</b>	16%	12%
	<b>Somewhat or sometimes</b>	31%	32%
	<b>Very or often</b>	34%	31%
	<b>Extremely or almost always</b>	20%	24%
<b>I deal with disappointment without getting too upset.</b>	<b>Not at all or rarely</b>	16%	24%
	<b>Somewhat or sometimes</b>	41%	43%
	<b>Very or often</b>	28%	21%
	<b>Extremely or almost always</b>	16%	12%
<b>I find good ways to deal with things that are hard in my life.</b>	<b>Not at all or rarely</b>	19%	20%
	<b>Somewhat or sometimes</b>	41%	47%
	<b>Very or often</b>	27%	19%
	<b>Extremely or almost always</b>	13%	15%
<b>I am thinking about what my purpose is in life.</b>	<b>Not at all or rarely</b>	15%	19%
	<b>Somewhat or sometimes</b>	33%	25%
	<b>Very or often</b>	31%	20%
	<b>Extremely or almost always</b>	21%	36%

<sup>^</sup> These items are adapted from the Developmental Assets Profile (DAP) under a license agreement with Search Institute, Minneapolis, MN.

2019 Minnesota Student Survey

TABLE 26B  
SELF DESCRIPTION<sup>^</sup>

*Minnesota Statewide Data*

<b><i>In general, how does each of the following statements describe you?</i></b>		<b>Male</b>	<b>Female</b>
		<b>%</b>	<b>%</b>
<b>I say no to things that are dangerous or unhealthy.</b>	<b>Not at all or rarely</b>	25%	29%
	<b>Somewhat or sometimes</b>	37%	33%
	<b>Very or often</b>	21%	19%
	<b>Extremely or almost always</b>	16%	19%
<b>I build friendships with other people.</b>	<b>Not at all or rarely</b>	15%	21%
	<b>Somewhat or sometimes</b>	30%	20%
	<b>Very or often</b>	38%	32%
	<b>Extremely or almost always</b>	18%	28%
<b>I express my feelings in proper ways.</b>	<b>Not at all or rarely</b>	22%	23%
	<b>Somewhat or sometimes</b>	43%	44%
	<b>Very or often</b>	28%	25%
	<b>Extremely or almost always</b>	7%	8%
<b>I plan ahead and make good choices.</b>	<b>Not at all or rarely</b>	22%	29%
	<b>Somewhat or sometimes</b>	45%	33%
	<b>Very or often</b>	23%	24%
	<b>Extremely or almost always</b>	10%	13%
<b>I stay away from bad influences.</b>	<b>Not at all or rarely</b>	30%	33%
	<b>Somewhat or sometimes</b>	40%	32%
	<b>Very or often</b>	16%	21%
	<b>Extremely or almost always</b>	13%	15%
<b>I resolve conflicts without anyone getting hurt.</b>	<b>Not at all or rarely</b>	17%	23%
	<b>Somewhat or sometimes</b>	41%	36%
	<b>Very or often</b>	31%	27%
	<b>Extremely or almost always</b>	10%	14%

<sup>^</sup> These items are adapted from the Developmental Assets Profile (DAP) under a license agreement with Search Institute, Minneapolis, MN.

## 2019 Minnesota Student Survey

### TABLE 26C SELF DESCRIPTION<sup>^</sup>

#### *Minnesota Statewide Data*

<b><i>In general, how does each of the following statements describe you?</i></b>		<b>Male</b>	<b>Female</b>
		%	%
<b>I accept people who are different from me.</b>	<b>Not at all or rarely</b>	10%	4%
	<b>Somewhat or sometimes</b>	19%	14%
	<b>Very or often</b>	41%	32%
	<b>Extremely or almost always</b>	31%	51%
<b>I am sensitive to the needs and feelings of others.</b>	<b>Not at all or rarely</b>	28%	16%
	<b>Somewhat or sometimes</b>	35%	31%
	<b>Very or often</b>	22%	25%
	<b>Extremely or almost always</b>	15%	28%
<b>I feel valued and appreciated by others.</b>	<b>Not at all or rarely</b>	21%	24%
	<b>Somewhat or sometimes</b>	34%	35%
	<b>Very or often</b>	34%	28%
	<b>Extremely or almost always</b>	11%	13%
<b>I am included in family tasks and decisions.</b>	<b>Not at all or rarely</b>	23%	23%
	<b>Somewhat or sometimes</b>	35%	28%
	<b>Very or often</b>	25%	28%
	<b>Extremely or almost always</b>	17%	20%
<b>I am given useful roles and responsibilities.</b>	<b>Not at all or rarely</b>	18%	14%
	<b>Somewhat or sometimes</b>	31%	26%
	<b>Very or often</b>	34%	40%
	<b>Extremely or almost always</b>	18%	21%

<sup>^</sup> These items are adapted from the Developmental Assets Profile (DAP) under a license agreement with Search Institute, Minneapolis, MN.

## 2019 Minnesota Student Survey

### TABLE 27A EMOTIONAL WELL-BEING AND DISTRESS

#### *Minnesota Statewide Data*

<i>Over the last two weeks, how often have you been bothered by...?</i>		<b>Male</b>	<b>Female</b>
		%	%
<b>...little interest or pleasure in doing things?</b>	<b>Not at all</b>	45%	29%
	<b>Several days</b>	37%	35%
	<b>More than half the days</b>	7%	21%
	<b>Nearly every day</b>	10%	15%
<b>...feeling down, depressed or hopeless?</b>	<b>Not at all</b>	46%	28%
	<b>Several days</b>	29%	29%
	<b>More than half the days</b>	10%	16%
	<b>Nearly every day</b>	15%	27%
<b>...feeling nervous, anxious or on edge?<sup>^</sup></b>	<b>Not at all</b>	33%	15%
	<b>Several days</b>	35%	31%
	<b>More than half the days</b>	14%	17%
	<b>Nearly every day</b>	18%	37%
<b>...not being able to stop or control worrying?<sup>^</sup></b>	<b>Not at all</b>	43%	28%
	<b>Several days</b>	27%	13%
	<b>More than half the days</b>	16%	27%
	<b>Nearly every day</b>	14%	32%

<sup>^</sup> New question in 2019.

## 2019 Minnesota Student Survey

### TABLE 28 SELF-INFLICTED INJURY; SUICIDAL THOUGHTS AND SUICIDAL BEHAVIOR

#### *Minnesota Statewide Data*

		Male	Female
		%	%
<b>During the last 12 months, how many times did you do something to purposely hurt or injure yourself without wanting to die, such as cutting, burning, or bruising yourself on purpose?</b>	<b>0 times</b>	66%	44%
	<b>1 or 2 times</b>	10%	16%
	<b>3 to 5 times</b>	7%	7%
	<b>6 to 9 times</b>	5%	11%
	<b>10 to 19 times</b>	4%	3%
	<b>20 or more times</b>	9%	20%
<b>Have you ever seriously considered attempting suicide? (Mark ALL that apply)</b>	<b>No</b>	62%	24%
	<b>Yes, during the last year</b>	22%	50%
	<b>Yes, more than a year ago</b>	27%	54%
<b>Have you ever actually attempted suicide? (Mark ALL that apply)</b>	<b>No</b>	68%	30%
	<b>Yes, during the last year</b>	18%	41%
	<b>Yes, more than a year ago</b>	23%	49%

## 2019 Minnesota Student Survey

### TABLE 29 PROBLEMATIC AND ANTISOCIAL BEHAVIOR

#### *Minnesota Statewide Data*

<i>During the last 12 months, how often have you...</i>		<b>Male</b>	<b>Female</b>
		%	%
<b>...run away from home?</b>	<b>Never</b>	54%	27%
	<b>Once or twice</b>	23%	22%
	<b>3 to 5 times</b>	14%	22%
	<b>6 to 9 times</b>	6%	12%
	<b>10 or more times</b>	4%	18%
<b>...damaged or destroyed property?</b>	<b>Never</b>	46%	31%
	<b>Once or twice</b>	22%	28%
	<b>3 to 5 times</b>	17%	20%
	<b>6 to 9 times</b>	7%	12%
	<b>10 or more times</b>	8%	8%
<b>...hit or beat up another person?</b>	<b>Never</b>	35%	31%
	<b>Once or twice</b>	28%	39%
	<b>3 to 5 times</b>	17%	18%
	<b>6 to 9 times</b>	8%	4%
	<b>10 or more times</b>	11%	8%
<b>...taken something from a store without paying for it?</b>	<b>Never</b>	45%	39%
	<b>Once or twice</b>	15%	20%
	<b>3 to 5 times</b>	10%	9%
	<b>6 to 9 times</b>	3%	7%
	<b>10 or more times</b>	26%	24%

2019 Minnesota Student Survey

**TABLE 30A  
GAMBLING BEHAVIOR**

*Minnesota Statewide Data*

<i>During the last 12 months, how often have you done the following gambling/betting activities?</i>		<b>Male</b>	<b>Female</b>
		<b>%</b>	<b>%</b>
<b>Played cards, bet on sports teams or games of personal skill like video gaming, pool, golf or bowling</b>	<b>Not at all</b>	59%	74%
	<b>Less than once a month</b>	17%	12%
	<b>About once a month</b>	6%	4%
	<b>About once a week</b>	6%	3%
	<b>2 to 6 times a week</b>	8%	4%
	<b>Daily</b>	5%	4%
<b>Bought lottery tickets or scratch offs</b>	<b>Not at all</b>	84%	83%
	<b>Less than once a month</b>	5%	7%
	<b>About once a month</b>	5%	4%
	<b>About once a week</b>	2%	3%
	<b>2 to 6 times a week</b>	3%	3%
	<b>Daily</b>	2%	1%
<b>Gambled in a casino</b>	<b>Not at all</b>	86%	93%
	<b>Less than once a month</b>	4%	4%
	<b>About once a month</b>	5%	0%
	<b>About once a week</b>	2%	1%
	<b>2 to 6 times a week</b>	1%	0%
	<b>Daily</b>	1%	1%
<b>Gambled for money online</b>	<b>Not at all</b>	90%	100%
	<b>Less than once a month</b>	6%	0%
	<b>About once a month</b>	3%	0%
	<b>2 to 6 times a week</b>	1%	0%
	<b>Daily</b>	1%	0%

2019 Minnesota Student Survey

**TABLE 30B  
GAMBLING BEHAVIOR**

<b><i>INCLUDES ONLY THOSE WHO HAVE PARTICIPATED IN ANY GAMBLING ACTIVITIES DURING THE LAST 12 MONTHS</i></b>		<b>Male</b>	<b>Female</b>
		<b>%</b>	<b>%</b>
<b>...hidden your gambling/betting from your parents, other family members or teachers?</b>	<b>Never</b>	85%	75%
	<b>Sometimes</b>	8%	21%
	<b>Many times</b>	1%	0%
	<b>All of the time</b>	6%	4%
<b>...felt that you might have a problem with gambling/betting?</b>	<b>Never</b>	85%	88%
	<b>Sometimes</b>	13%	8%
	<b>Many times</b>	1%	4%
	<b>All of the time</b>	1%	0%
<b>...skipped hanging out with friends who do not gamble/bet to hang out with friends who do gamble/bet?</b>	<b>Never</b>	85%	96%
	<b>Sometimes</b>	10%	4%
	<b>Many times</b>	3%	0%
	<b>All of the time</b>	3%	0%

**2019 Minnesota Student Survey**

**TABLE 31  
SUMMARY OF SUBSTANCE USE\*\***

***Minnesota Statewide Data***

		<b>Male</b>	<b>Female</b>
		<b>%</b>	<b>%</b>
<b>Use of conventional tobacco products (cigarettes, cigars, smokeless tobacco) during the past 30 days</b>	<b>No</b>	62%	66%
	<b>Yes</b>	38%	34%
<b>Use of any tobacco products, including e-cigarettes and hookah, during the past 30 days</b>	<b>No</b>	52%	62%
	<b>Yes</b>	48%	38%
<b>Frequent binge drinking in the past year (typically drank 5 or more drinks at a time and drank on 10 or more occasions during the past year)</b>	<b>No</b>	89%	84%
	<b>Yes</b>	11%	16%
<b>Any alcohol and/or other drug use during the past year (excluding tobacco)</b>	<b>No alcohol or marijuana or other drug use in the past year</b>	30%	32%
	<b>Used only alcohol in the past year</b>	4%	1%
	<b>Used alcohol and marijuana in past year, but not other drugs</b>	10%	5%
	<b>Used marijuana or other drugs but not alcohol in the past year</b>	21%	14%
	<b>Used alcohol and marijuana or other drugs in the past year</b>	35%	48%

\*\* These are all computed variables based on combinations of responses to two or more survey items.

2019 Minnesota Student Survey

TABLE 33  
TOBACCO USE

Minnesota Statewide Data

		Male	Female
<i>During the last 30 days, on how many days did you ...</i>		%	%
...smoke a cigarette?	0 days	67%	68%
	1 to 2 days	10%	8%
	3 to 9 days	6%	5%
	10 to 19 days	4%	7%
	20 to 29 days	3%	3%
	All 30 days	10%	9%
...smoke cigars, cigarillos or little cigars?	0 days	75%	85%
	1 to 2 days	6%	4%
	3 to 9 days	5%	7%
	10 to 19 days	3%	1%
	20 to 29 days	4%	1%
	All 30 days	6%	1%
...use chewing tobacco, snuff or dip?	0 days	92%	96%
	1 to 2 days	4%	3%
	3 to 9 days	1%	1%
	10 to 19 days	1%	0%
	20 to 29 days	1%	0%
	All 30 days	2%	0%
...vape or use an e-cigarette like JUUL, suorin, blu, VUSE, or logic?^	0 days	63%	69%
	1 to 2 days	7%	7%
	3 to 9 days	5%	8%
	10 to 19 days	7%	5%
	20 to 29 days	4%	1%
	All 30 days	14%	9%
...use a hookah or a waterpipe to smoke tobacco?	0 days	91%	92%
	1 to 2 days	0%	3%
	3 to 9 days	2%	1%
	10 to 19 days	4%	1%
	20 to 29 days	1%	1%
	All 30 days	2%	1%
During the last 30 days, on how many days did you smoke cigarettes or use other tobacco products that were flavored to taste like mint or menthol?	0 days or no tobacco use	75%	72%
	1 to 2 days	8%	5%
	3 to 9 days	3%	5%
	10 to 19 days	5%	3%
	20 to 29 days	3%	1%
	All 30 days	7%	14%
During the last 30 days, on how many days did you use any tobacco product that was some other flavor, like candy, fruit, chocolate, clove, spice or alcoholic drinks?	0 days or no tobacco use	76%	82%
	1 to 2 days	6%	4%
	3 to 9 days	5%	3%
	10 to 19 days	6%	1%
	20 to 29 days	3%	1%
	All 30 days	4%	8%

^ Change in question wording from 2016.

## 2019 Minnesota Student Survey

### TABLE 33A ACCESS TO E-CIGARETTES<sup>^</sup>

#### *Minnesota Statewide Data*

<b>INCLUDES ONLY THOSE WHO VAPED OR USED E-CIGARETTES IN THE LAST 30 DAYS</b>		<b>Male</b>	<b>Female</b>
		%	%
<b>When you vaped or used an e-cigarette during the last 30 days, how did you get it? (Mark ALL that apply)</b>	<b>I bought it at gas stations or convenience stores</b>	21%	5%
	<b>I bought it at grocery, discount or drug stores</b>	11%	0%
	<b>I bought it on the internet</b>	25%	10%
	<b>I bought it at vape shops or other stores that sell only e-cigarettes</b>	23%	20%
	<b>I got it from friends</b>	63%	70%
	<b>I got it from my parents</b>	9%	20%
	<b>I got it from other family members</b>	13%	10%
	<b>I got it from someone I didn't know</b>	13%	35%
	<b>I got it by getting someone else to buy it for me</b>	36%	30%
	<b>I took it from my home</b>	11%	5%
	<b>I took it from a friend's home</b>	13%	15%
	<b>I took it from stores</b>	11%	5%
<b>I got it some other way</b>	34%	45%	

<sup>^</sup> All questions on this table were new in 2019.

2019 Minnesota Student Survey

**TABLE 35  
ALCOHOL USE FREQUENCY AND QUANTITY**

*Minnesota Statewide Data*

		<b>Male</b>	<b>Female</b>
		<b>%</b>	<b>%</b>
<b>During the last 30 days, on how many days did you drink one or more drinks of an alcoholic beverage?</b>	<b>0 days</b>	77%	76%
	<b>1 to 2 days</b>	9%	8%
	<b>3 to 5 days</b>	4%	5%
	<b>6 to 9 days</b>	2%	3%
	<b>10 to 19 days</b>	3%	4%
	<b>20 to 29 days</b>	1%	1%
	<b>All 30 days</b>	3%	3%
<b>During the last 12 months, on how many occasions (if any) have you had alcoholic beverages to drink?</b>	<b>0</b>	52%	46%
	<b>1 to 2</b>	15%	14%
	<b>3 to 5</b>	6%	1%
	<b>6 to 9</b>	6%	7%
	<b>10 to 19</b>	8%	9%
	<b>20 to 39</b>	7%	9%
	<b>40 or more</b>	7%	14%
<b>If you drink beer/wine/wine coolers/liquor, generally how much do you drink at one time?</b>	<b>No alcohol use</b>	54%	47%
	<b>1 glass/can/drink</b>	11%	10%
	<b>2 glasses/cans/drinks</b>	7%	7%
	<b>3 glasses/cans/drinks</b>	7%	6%
	<b>4 glasses/cans/drinks</b>	7%	8%
	<b>5 or more glasses/cans/drinks</b>	14%	22%
<b>Binge drinking (4 or more drinks in a row (females) or 5 or more drinks in a row (males) within a couple of hours)^</b>	<b>0 days</b>	83%	81%
	<b>1 day</b>	3%	7%
	<b>2 days</b>	4%	4%
	<b>3 to 5 days</b>	5%	3%
	<b>6 to 9 days</b>	3%	3%
	<b>10 to 19 days</b>	2%	3%
	<b>20 or more days</b>	1%	0%

^ Change in question wording from 2016

## 2019 Minnesota Student Survey

### TABLE 36 ACCESS TO ALCOHOL<sup>^</sup>

#### *Minnesota Statewide Data*

<b>INCLUDES ONLY THOSE WHO USED ALCOHOL IN THE LAST 30 DAYS</b>		<b>Male</b>	<b>Female</b>
		%	%
<b>When you used alcohol during the last 30 days, how did you get it? (Mark ALL that apply)</b>	<b>I bought alcohol at gas stations or convenience stores</b>	17%	6%
	<b>I bought alcohol at bars or restaurants</b>	8%	0%
	<b>I bought alcohol at stores</b>	22%	11%
	<b>I bought alcohol on the Internet</b>	8%	0%
	<b>I got alcohol from friends</b>	61%	100%
	<b>I got alcohol from my parents</b>	6%	22%
	<b>I got alcohol from other family members</b>	14%	28%
	<b>I got alcohol by getting someone else to buy for me</b>	47%	72%
	<b>I got alcohol at parties</b>	61%	56%
	<b>I took alcohol from my home</b>	22%	33%
	<b>I took alcohol from a friend's home</b>	14%	17%
	<b>I took alcohol from stores</b>	25%	6%
<b>I got alcohol some other way</b>	42%	39%	

<sup>^</sup> All questions on this table were new in 2019.

## 2019 Minnesota Student Survey

**TABLE 37**  
**USE OF MARIJUANA AND PRESCRIPTION DRUGS**  
*Minnesota Statewide Data*

		Male	Female
		%	%
<b>During the last 30 days, on how many days did you use marijuana or hashish? (Do NOT count medical marijuana prescribed for you by a doctor)</b>	<b>0 days</b>	71%	71%
	<b>1 to 2 days</b>	6%	4%
	<b>3 to 5 days</b>	4%	5%
	<b>6 to 9 days</b>	2%	3%
	<b>10 to 19 days</b>	4%	3%
	<b>20 to 29 days</b>	6%	1%
	<b>All 30 days</b>	8%	13%
<b>During the last 12 months, on how many occasions (if any) have you used marijuana or hashish? (Do NOT count medical marijuana prescribed for you by a doctor)</b>	<b>0</b>	46%	50%
	<b>1 to 2</b>	7%	4%
	<b>3 to 5</b>	4%	3%
	<b>6 to 9</b>	5%	1%
	<b>10 to 19</b>	3%	4%
	<b>20 to 39</b>	6%	3%
	<b>40 or more</b>	29%	35%
<b>During the last 30 days, on how many days did you use prescription drugs without a doctor's prescription or differently than how a doctor told you to use it?^</b>	<b>0 days</b>	82%	78%
	<b>1 to 2 days</b>	4%	5%
	<b>3 to 5 days</b>	3%	5%
	<b>6 to 9 days</b>	4%	8%
	<b>10 to 19 days</b>	4%	0%
	<b>20 to 29 days</b>	1%	3%
	<b>All 30 days</b>	2%	0%

^ Change in question wording from 2016.

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**TABLE 38  
PRESCRIPTION DRUG USE**

***Minnesota Statewide Data***

<i>During the last 12 months, on how many occasions (if any) have you used any of the following prescription drugs without a doctor's prescription or differently than how a doctor told you to use it?</i>		<b>Male</b>	<b>Female</b>
		<b>%</b>	<b>%</b>
<b>Stimulants such as Amphetamines (bennies, speed, uppers) or diet pills</b>	<b>0</b>	85%	77%
	<b>1 to 2</b>	5%	7%
	<b>3 to 5</b>	4%	8%
	<b>6 to 9</b>	3%	3%
	<b>10 to 19</b>	2%	3%
	<b>20 or more</b>	1%	3%
<b>ADHD or ADD drugs (Ritalin, Adderall, hyper pills)</b>	<b>0</b>	80%	71%
	<b>1 to 2</b>	7%	3%
	<b>3 to 5</b>	7%	10%
	<b>6 to 9</b>	3%	5%
	<b>10 to 19</b>	1%	3%
	<b>20 or more</b>	2%	8%
<b>Pain relievers such as OxyContin, Percocet, Vicodin or others</b>	<b>0</b>	81%	75%
	<b>1 to 2</b>	3%	3%
	<b>3 to 5</b>	6%	11%
	<b>6 to 9</b>	5%	3%
	<b>10 to 19</b>	3%	4%
	<b>20 or more</b>	3%	4%
<b>Tranquilizers such as Valium, Xanax, Klonopin, Ativan, anxiety pills, sedatives or benzos (downers)</b>	<b>0</b>	71%	69%
	<b>1 to 2</b>	6%	4%
	<b>3 to 5</b>	5%	10%
	<b>6 to 9</b>	6%	6%
	<b>10 to 19</b>	6%	3%
	<b>20 or more</b>	6%	8%

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**TABLE 39  
HALLUCINOGEN, ECSTASY, COCAINE AND HEROIN  
USE**

*Minnesota Statewide Data*

<i>During the last 12 months, on how many occasions (if any) have you used...</i>		<b>Male</b>	<b>Female</b>
		<b>%</b>	<b>%</b>
<b>...used LSD (acid), PCP (wet sticks or dipped joints), or other psychedelics (mushrooms, angel dust)?</b>	<b>0</b>	75%	70%
	<b>1 to 2</b>	9%	11%
	<b>3 to 5</b>	8%	4%
	<b>6 to 9</b>	6%	8%
	<b>10 to 19</b>	1%	0%
	<b>20 or more</b>	1%	7%
<b>...used MDMA (E, X, ecstasy, Molly), GHB (G, Liquid E, Liquid X, roofies) or Ketamine (Special K)?</b>	<b>0</b>	80%	77%
	<b>1 to 2</b>	10%	8%
	<b>3 to 5</b>	6%	7%
	<b>6 to 9</b>	2%	0%
	<b>10 to 19</b>	2%	4%
	<b>20 or more</b>	1%	4%
<b>...used crack, coke or cocaine in any form?</b>	<b>0</b>	86%	77%
	<b>1 to 2</b>	6%	3%
	<b>3 to 5</b>	2%	5%
	<b>6 to 9</b>	2%	5%
	<b>10 to 19</b>	1%	4%
	<b>20 or more</b>	3%	5%
<b>...used heroin (smack, junk, China White)?</b>	<b>0</b>	95%	89%
	<b>1 to 2</b>	2%	1%
	<b>3 to 5</b>	1%	4%
	<b>10 to 19</b>	2%	1%
	<b>20 or more</b>	1%	4%

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**TABLE 40  
METHAMPHETAMINE, OVER-THE-COUNTER DRUG,  
SYNTHETIC DRUG AND INHALANT USE**

*Minnesota Statewide Data*

<i>During the last 12 months, on how many occasions (if any) have you ...</i>		<b>Male</b>	<b>Female</b>
		<b>%</b>	<b>%</b>
...used methamphetamine (meth, glass, crank, crystal meth, ice)?	<b>0</b>	87%	75%
	<b>1 to 2</b>	5%	11%
	<b>3 to 5</b>	1%	4%
	<b>6 to 9</b>	1%	1%
	<b>10 to 19</b>	1%	5%
	<b>20 or more</b>	5%	3%
...used over-the-counter drugs such as cough syrup, cold medicine or diet pills that you took only to get high?	<b>0</b>	73%	72%
	<b>1 to 2</b>	9%	7%
	<b>3 to 5</b>	4%	8%
	<b>6 to 9</b>	2%	7%
	<b>10 to 19</b>	6%	4%
	<b>20 or more</b>	6%	3%
...used synthetic marijuana (K2, Gold) that you took only to get high?^	<b>0</b>	86%	77%
	<b>1 to 2</b>	4%	4%
	<b>3 to 5</b>	3%	8%
	<b>6 to 9</b>	2%	4%
	<b>10 to 19</b>	1%	1%
	<b>20 or more</b>	3%	5%
...used any other synthetic drugs such as bath salts (Ivory Wave, White Lightning) that you took only to get high?^	<b>0</b>	96%	97%
	<b>1 to 2</b>	2%	1%
	<b>3 to 5</b>	0%	1%
	<b>6 to 9</b>	2%	0%
	<b>20 or more</b>	1%	0%
...sniffed glue or huffed or inhaled the contents of aerosol spray cans or other gases to get high?	<b>0</b>	91%	85%
	<b>1 to 2</b>	6%	7%
	<b>3 to 5</b>	1%	4%
	<b>6 to 9</b>	1%	3%
	<b>20 or more</b>	3%	1%

^ Change from 2016 from one question to two.

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**TABLE 41  
PERCEIVED RISK OF HARM FROM SUBSTANCE USE**

*Minnesota Statewide Data*

<i>How much do you think people risk harming themselves physically or in other ways if they...</i>		<b>Male</b>	<b>Female</b>
		<b>%</b>	<b>%</b>
...smoke one or more packs of cigarettes per day?	<b>No risk</b>	34%	14%
	<b>Slight risk</b>	19%	23%
	<b>Moderate risk</b>	18%	19%
	<b>Great risk</b>	29%	43%
...have five or more drinks of an alcoholic beverage once or twice per week?	<b>No risk</b>	35%	22%
	<b>Slight risk</b>	23%	23%
	<b>Moderate risk</b>	21%	26%
	<b>Great risk</b>	21%	29%
...use marijuana once or twice per week?	<b>No risk</b>	58%	43%
	<b>Slight risk</b>	17%	22%
	<b>Moderate risk</b>	6%	14%
	<b>Great risk</b>	19%	20%
...use prescription drugs not prescribed for them?	<b>No risk</b>	33%	19%
	<b>Slight risk</b>	16%	13%
	<b>Moderate risk</b>	22%	27%
	<b>Great risk</b>	28%	41%
...vape or use e-cigarettes? <sup>^</sup>	<b>No risk</b>	41%	30%
	<b>Slight risk</b>	32%	23%
	<b>Moderate risk</b>	16%	22%
	<b>Great risk</b>	11%	25%

<sup>^</sup> New question in 2019.

2019 Minnesota Student Survey

**TABLE 42A  
PERCEPTIONS OF PARENTS' DISAPPROVAL OF  
SUBSTANCE USE**

*Minnesota Statewide Data*

		<b>Male</b>	<b>Female</b>
		<b>%</b>	<b>%</b>
<b>How wrong do your parents feel it would be for you to smoke cigarettes?</b>	<b>Not at all wrong</b>	19%	23%
	<b>A little bit wrong</b>	17%	14%
	<b>Wrong</b>	23%	17%
	<b>Very wrong</b>	41%	46%
<b>How wrong do your parents feel it would be for you to have one or more drinks of alcoholic beverage nearly every day?</b>	<b>Not at all wrong</b>	15%	14%
	<b>A little bit wrong</b>	12%	11%
	<b>Wrong</b>	24%	20%
	<b>Very wrong</b>	50%	54%
<b>How wrong do your parents feel it would be for you to use marijuana?</b>	<b>Not at all wrong</b>	23%	26%
	<b>A little bit wrong</b>	19%	16%
	<b>Wrong</b>	22%	12%
	<b>Very wrong</b>	37%	46%
<b>How wrong do your parents feel it would be for you to use prescription drugs not prescribed for you?</b>	<b>Not at all wrong</b>	13%	16%
	<b>A little bit wrong</b>	3%	6%
	<b>Wrong</b>	25%	14%
	<b>Very wrong</b>	60%	64%
<b>How wrong do your parents feel it would be for you to vape or use e-cigarettes?^</b>	<b>Not at all wrong</b>	28%	35%
	<b>A little bit wrong</b>	19%	12%
	<b>Wrong</b>	21%	13%
	<b>Very wrong</b>	32%	41%

^ New question in 2019.

2019 Minnesota Student Survey

**TABLE 42B  
PERCEPTIONS OF FRIENDS' DISAPPROVAL OF  
SUBSTANCE USE**

*Minnesota Statewide Data*

		<b>Male</b>	<b>Female</b>
		<b>%</b>	<b>%</b>
<b>How wrong do your friends feel it would be for you to smoke cigarettes?</b>	<b>Not at all wrong</b>	46%	56%
	<b>A little bit wrong</b>	23%	14%
	<b>Wrong</b>	15%	10%
	<b>Very wrong</b>	16%	20%
<b>How wrong do your friends feel it would be for you to have one or more drinks of alcoholic beverage nearly every day?</b>	<b>Not at all wrong</b>	37%	43%
	<b>A little bit wrong</b>	23%	21%
	<b>Wrong</b>	22%	10%
	<b>Very wrong</b>	19%	26%
<b>How wrong do your friends feel it would be for you to use marijuana?</b>	<b>Not at all wrong</b>	66%	61%
	<b>A little bit wrong</b>	9%	11%
	<b>Wrong</b>	9%	9%
	<b>Very wrong</b>	15%	19%
<b>How wrong do your friends feel it would be for you to use prescription drugs not prescribed for you?</b>	<b>Not at all wrong</b>	33%	38%
	<b>A little bit wrong</b>	19%	14%
	<b>Wrong</b>	22%	20%
	<b>Very wrong</b>	26%	28%
<b>How wrong do your friends feel it would be for you to vape or use e-cigarettes?<sup>^</sup></b>	<b>Not at all wrong</b>	62%	61%
	<b>A little bit wrong</b>	14%	12%
	<b>Wrong</b>	10%	7%
	<b>Very wrong</b>	15%	20%

<sup>^</sup> New question in 2019.

2019 Minnesota Student Survey

**TABLE 43  
PERCEPTIONS ABOUT ALCOHOL USE**

*Minnesota Statewide Data*

		Male	Female
		%	%
How do you feel about the following statement? Parents and other adults should clearly communicate with their children about the importance of not using alcohol.	Strongly agree	43%	51%
	Agree	24%	17%
	Neither agree nor disagree	25%	24%
	Disagree	4%	4%
	Strongly disagree	5%	4%
How do you feel about the following statement? Drinking alcohol is never a good thing for anyone my age to do.	Strongly agree	36%	39%
	Agree	24%	21%
	Neither agree nor disagree	24%	29%
	Disagree	8%	4%
	Strongly disagree	8%	7%
In your opinion, how do you think MOST STUDENTS in your school feel about the following statement? Parents and other adults should clearly communicate with their children about the importance of not using alcohol.	Strongly agree	22%	19%
	Agree	29%	28%
	Neither agree nor disagree	29%	37%
	Disagree	12%	12%
	Strongly disagree	7%	3%
In your opinion, how do you think MOST STUDENTS in your school feel about the following statement? Drinking alcohol is never a good thing for anyone my age to do.	Strongly agree	25%	25%
	Agree	23%	22%
	Neither agree nor disagree	30%	32%
	Disagree	12%	13%
	Strongly disagree	9%	7%

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**TABLE 44  
USE OF TOBACCO, ALCOHOL, MARIJUANA AND  
E-CIGARETTES**

**Minnesota Statewide Data**

<i>How often do you use each of the following?</i>		Male	Female
		%	%
Tobacco (cigarettes, chew)	Never	41%	33%
	Tried once or twice	10%	10%
	Once or twice a year	3%	10%
	Once a month	4%	0%
	Twice a month	4%	3%
	Once a week	9%	6%
	Daily	29%	38%
Alcohol (beer, wine, liquor)	Never	42%	35%
	Tried once or twice	14%	6%
	Once or twice a year	6%	12%
	Once a month	6%	10%
	Twice a month	13%	6%
	Once a week	16%	19%
	Daily	3%	12%
Marijuana (pot, hash, hash oil)	Never	34%	33%
	Tried once or twice	5%	7%
	Once or twice a year	4%	4%
	Once a month	3%	3%
	Twice a month	6%	6%
	Once a week	8%	12%
	Daily	40%	34%
Vaping device or e-cigarette <sup>^</sup>	Never	39%	36%
	Tried once or twice	10%	14%
	Once or twice a year	4%	3%
	Once a month	1%	4%
	Twice a month	8%	1%
	Once a week	10%	9%
	Daily	28%	32%

<sup>^</sup> New question in 2019.

2019 Minnesota Student Survey

**TABLE 45  
PERCEPTIONS OF OTHERS' USE OF TOBACCO, ALCOHOL,  
MARIJUANA AND E-CIGARETTES**

**Minnesota Statewide Data**

<i>In your opinion, how often do you think MOST STUDENTS in your school use each of the following?</i>		Male	Female
		%	%
Tobacco (cigarettes, chew)	Never	31%	20%
	Tried once or twice	8%	8%
	Once or twice a year	5%	8%
	Once a month	0%	16%
	Twice a month	7%	8%
	Once a week	11%	8%
	Daily	39%	32%
Alcohol (beer, wine, liquor)	Never	25%	24%
	Tried once or twice	15%	4%
	Once or twice a year	3%	8%
	Once a month	7%	16%
	Twice a month	13%	16%
	Once a week	13%	8%
	Daily	24%	24%
Marijuana (pot, hash, hash oil)	Never	23%	21%
	Tried once or twice	11%	4%
	Once or twice a year	3%	4%
	Once a month	5%	13%
	Twice a month	5%	4%
	Once a week	5%	21%
	Daily	48%	33%
Vaping device or e-cigarette <sup>^</sup>	Never	20%	20%
	Tried once or twice	8%	8%
	Once or twice a year	3%	4%
	Once a month	4%	8%
	Twice a month	4%	12%
	Once a week	4%	8%
	Daily	57%	40%

<sup>^</sup> New question in 2019.

2019 Minnesota Student Survey

**TABLE 46A  
CONSEQUENCES OF SUBSTANCE USE**

*Minnesota Statewide Data*

<i>During the last 12 months ...</i>		<b>Male</b>	<b>Female</b>
		%	%
...have you found that you had to use a lot more alcohol or drugs than before to get the same effect?	Did not use past 12 months	31%	32%
	Yes	25%	36%
	No	43%	32%
...have you tried to cut down on your use of alcohol or drugs but couldn't?	Did not use past 12 months	31%	32%
	Yes	19%	15%
	No	50%	52%
...have you continued to use alcohol or drugs even though you knew it was hurting your relationships with friends or family?	Did not use past 12 months	31%	32%
	Yes	25%	37%
	No	44%	31%
...were there any times when you felt such a strong desire or urge to drink alcohol or to use a drug that you couldn't resist or could not think of anything else?	Did not use past 12 months	31%	32%
	Yes	28%	34%
	No	41%	34%
...how many times have you spent all or most of the day using alcohol or drugs, or getting over their effects?	Did not use past 12 months	31%	32%
	0 times	37%	22%
	1 time	5%	8%
	2 times	6%	10%
	3 or more times	20%	28%
...how many times have you given up important social or recreational activities like sports or being with friends or relatives to use alcohol or drugs or to get over their effects?	Did not use past 12 months	31%	33%
	0 times	45%	25%
	1 time	8%	13%
	2 times	4%	1%
	3 or more times	12%	28%
...how many times have you missed work or school, or neglected other major responsibilities because of alcohol or drug use?	Did not use past 12 months	31%	33%
	0 times	46%	26%
	1 time	6%	7%
	2 times	4%	7%
	3 or more times	13%	27%

2019 Minnesota Student Survey

**TABLE 46B  
CONSEQUENCES OF SUBSTANCE USE**

*Minnesota Statewide Data*

<i>During the last 12 months, how many times...</i>		<b>Male</b>	<b>Female</b>
		<b>%</b>	<b>%</b>
...how many times have you driven a motor vehicle after using alcohol or drugs?	Did not use past 12 months	28%	30%
	0 times	40%	41%
	1 time	8%	3%
	2 times	6%	11%
	3 or more times	19%	15%
...how many times have you hit someone or become violent while using alcohol or drugs?	Did not use past 12 months	31%	33%
	0 times	47%	39%
	1 time	7%	13%
	2 times	6%	3%
	3 or more times	8%	13%
...how many times have you used so much alcohol or drugs that the next day you could not remember what you had said or done?	Did not use past 12 months	31%	33%
	0 times	40%	20%
	1 time	4%	11%
	2 times	8%	11%
	3 or more times	16%	24%
...how many times have you used more alcohol or drugs than you intended to?	Did not use past 12 months	31%	33%
	0 times	40%	26%
	1 time	7%	9%
	2 times	5%	12%
	3 or more times	17%	20%
...how many times has alcohol or drug use left you feeling depressed, agitated, paranoid, or unable to concentrate?	Did not use past 12 months	32%	32%
	0 times	41%	28%
	1 time	8%	8%
	2 times	6%	13%
	3 or more times	13%	18%

## 2019 Minnesota Student Survey

### TABLE 47A SEXUAL BEHAVIOR

#### *Minnesota Statewide Data*

		Male	Female
		%	%
<b>Have you ever had sexual intercourse ('had sex')?</b>	<b>Yes</b>	83%	75%
	<b>No</b>	17%	25%
<b>During the last 12 months, with how many different people have you had sexual intercourse?^</b>	<b>None</b>	27%	31%
	<b>1 person</b>	15%	19%
	<b>2 persons</b>	16%	10%
	<b>3 persons</b>	7%	7%
	<b>4 persons</b>	8%	6%
	<b>5 persons</b>	6%	7%
	<b>6 or more persons</b>	21%	18%

^ New question in 2019.

## 2019 Minnesota Student Survey

### TABLE 47B SEXUAL BEHAVIOR

#### *Minnesota Statewide Data*

<b>INCLUDES ONLY THOSE WHO HAVE EVER HAD SEXUAL INTERCOURSE</b>		<b>Male</b>	<b>Female</b>
		%	%
Have you talked with your partner(s) about protecting yourselves from getting sexually transmitted infections/HIV/AIDS?	Never	27%	39%
	Not with every partner	29%	22%
	At least once with every partner	44%	39%
Have you talked with your partner(s) about preventing pregnancy?	Never	28%	31%
	Not with every partner	36%	27%
	At least once with every partner	36%	42%
The LAST time you had sexual intercourse, what method or methods did you or your partner use to prevent pregnancy? (Mark ALL that apply)^	No method was used to prevent pregnancy	25%	30%
	Birth control pills	32%	19%
	Condoms	36%	32%
	Depo-Provera shot (or any birth control shot), Nuva Ring (or any birth control ring), Implanon (or any implant) or any IUD	10%	28%
	Withdrawal (pull-out)	33%	40%
	Some other method	5%	9%
	Not sure	8%	6%
The LAST time you had sexual intercourse, did you or your partner use a condom?	Yes	40%	29%
	No	60%	71%
Did you drink alcohol or use drugs before you had sexual intercourse the LAST time?	Yes	43%	43%
	No	57%	57%

^ Change in question from 2016 from "Mark only one" to "Mark ALL that apply".