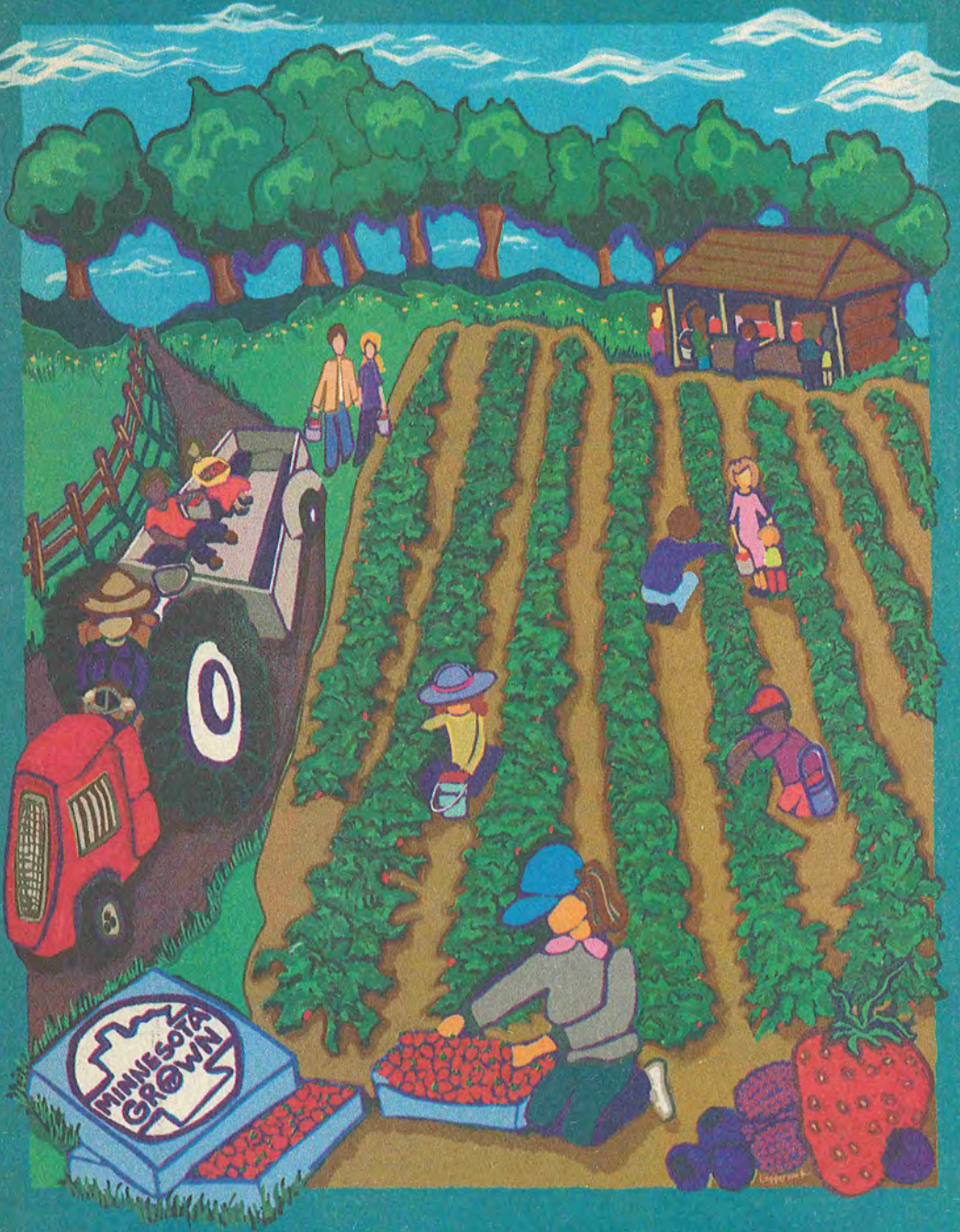


# Minnesota Grown

Fresh Produce & More

1997 DIRECTORY



Minnesota Department of Agriculture  
and

 HealthPartners®

This publication is supported by the listing growers and sponsors. Listing does not constitute endorsement by the Minnesota Department of Agriculture. We make every attempt to locate Minnesota growers who sell their products direct to the consumer; however, some may have been missed. If you know of an eligible producer who would like to be listed, please contact us at the following address:



Minnesota Department of Agriculture  
Minnesota Grown Program  
90 West Plato Boulevard  
St. Paul, MN 55107-2094 -

Phone: (612) 297-4648 • Fax: (612) 296-6890  
E-Mail: [christine.canaday@state.mn.us](mailto:christine.canaday@state.mn.us)



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# “Explore Minnesota Foods”

A Message from Minnesota Department of Agriculture Commissioner, Gene Hugoson

Want it fresh? You've come to the right place!

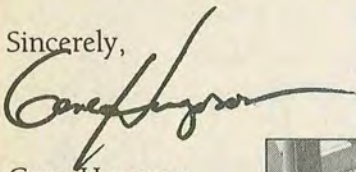
You probably know that Minnesota is a leader in agriculture. From the nursery stock that beautifies our landscape to the soy oil in the ink that's used to print this directory, Minnesota farm products are everywhere. In fact, more than one in five Minnesotans have jobs related to agricultural production, processing, and distribution. We rarely think about it, but that system provides the most economical, dependable, and safest food supply on earth.

Freshness, quality, and safety often go hand in hand. But how do you ensure freshness in the products you buy? In the grocery or restaurant, simply ask for Minnesota Grown products and look for the Minnesota Grown logo. You can also purchase direct from the grower!

Buying direct gives you the opportunity to take freshness to another level. You know what a difference that can make if you've had the chance to try sweet Minnesota berries, munch a vine-ripened tomato or savor a buttery ear of corn from a farmers' market. The value of freshness will become equally clear if you use this directory to find Minnesota Grown meat, honey, maple syrup, and even ornamental products.

Use this directory to explore all the freshness that Minnesota agriculture has to offer. You can be assured that our state's growers offer you the best.

Sincerely,



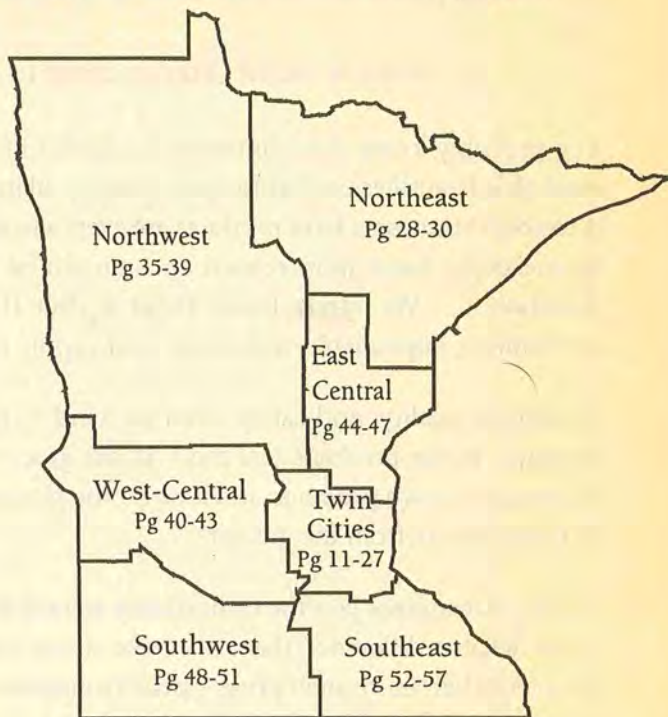
Gene Hugoson  
Commissioner



# Using This Directory...

This directory is organized into seven major Minnesota regions: Twin Cities Metro, Northwest, Northeast, West-Central, East-Central, Southwest and Southeast. Within those regions, the listings are arranged alphabetically by county.

Listings feature the name, location and phone number of the farm or market, up to five product icons, hours of operation, and other helpful information provided by the grower.



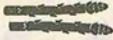




















































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# Product Table...

The following product icons are used throughout this directory. While not a complete list of what's available at each location, the icons, and product icon index (p. 60), are designed to help you locate specific products at a glance.

 Apples	 Apple Cider	 Asparagus	 Bakery Products	 Beans
 Bedding Plants	 Beef	 Bison	 Blueberries	 Carrots
 Cheese	 Chicken	 Christmas Trees	 CSA Farm*	 Cucumbers
 Cut Flowers	 Duck	 Eggs	 Emu/Ostrich	 Farm Tours
 Farmers Market	 Fish	 Goat Products	 Goose	 Herbs
 Honey	 Jam/Jelly	 Lamb/Wool	 Llamas	 Maple Syrup
 Melons	 Milk (cow)	 Mushrooms	 Nursery Stock	 Onions
 Organic Products	 Peppers	 Pheasant	 Popcorn	 Pork
 Potatoes	 Pumpkins	 Rabbit	 Raspberries	 Seed
 Squash	 Strawberries	 Sweet Corn	 Tomatoes	 Turkey
 Venison	 Wild Rice	 Wine/Grapes	* Community Supported Agriculture Farm	

# Minnesota Grown Berries...

How to pick and store them, and a few good recipes:

## BLUEBERRIES

To pick, hold the cluster in your hand and gently roll your thumb over the berries; ripe berries will separate from the plant. Sort out twigs and leaves prior to refrigerating. Berries may be placed in deep containers during picking and storing. Do not wash until ready to use or process. Will keep in refrigerator up to two weeks.



## STRAWBERRIES

Pick red, ripe berries with their caps and stems. Keep strawberries cool - don't leave them in a hot car or in direct sunlight; refrigerate immediately. Store in shallow containers so as not to crush the berries; do not remove the caps until ready to use or process. Use within 3 days.

## RASPBERRIES

Probably the most delicate of the berries. Pick into shallow containers. Ripe raspberries will separate easily from the plant. Handle gently and refrigerate immediately. Do not wash until ready to use or process. Use within 1-2 days.

### Chicken Salad Monterey

Makes 6 servings

- 1/2 lb. fresh spinach leaves, washed and crisped
- 1 lb. shredded, cooked chicken
- 1-1/2 quarts Minnesota Grown strawberries, stems removed and halved
- 6 oz. thinly sliced red onions
- 1-1/2 cups sliced fresh mushrooms
- 1-1/8 cups prepared oil & vinegar dressing

Toss spinach with chicken, strawberries, onions and mushrooms. Cover and chill until serving. For individual servings place 10 oz. (2-1/2 cups) salad on serving plate and drizzle with 3 tablespoons oil & vinegar dressing.



### Oven Pancakes

Makes 12 servings

- 12 eggs
- 3 cups flour
- 3 cups milk
- 2 Tablespoon sugar
- 1 teaspoon vanilla
- 3/4 teaspoon cinnamon
- 3/4 cups butter
- 1-1/2 cups sour cream

Beat eggs. Whisk in flour and milk; mix smooth. Whisk in sugar, vanilla and cinnamon; mix well. For individual servings: melt 1 tablespoon butter in 6-inch skillet over medium heat. Pour in 4 ounces (1/2 cup) batter. Bake at 425 degrees for 15 minutes, until pancake is set and lightly browned. Gently remove from pan and place on serving plate. Pour 1/3 cup Berry Topping (recipe follows) into cavity. Top with sour cream.

### Berry Topping for Oven Pancakes

Makes 12 servings

- 1-1/2 tablespoons cornstarch
- 1 quart berries, sliced and sweetened
- 1/4 cup light corn syrup
- 2 tablespoons butter

For topping: Blend together cornstarch and berries in saucepan. Stir in corn syrup and butter. Bring mixture to a boil, stirring frequently. Remove from heat and keep warm.



### Blueberry Banana Bread

350° F

- 2-1/2 cups buttermilk biscuit mix
- 3/4 cup firmly packed brown sugar
- 1 teaspoon cinnamon
- 1/2 teaspoon baking soda
- 1/2 teaspoon salt
- 1 cup mashed ripe bananas (2 or 3)
- 3/4 cup fresh blueberries
- 1/2 cup chopped nuts
- 1/2 cup dairy sour cream
- 2 eggs
- 1 teaspoon vanilla extract

Combine biscuit mix, sugar, cinnamon, soda and salt in large mixing bowl. Stir in bananas, blueberries and nuts. Add sour cream, eggs and vanilla; beat until dry ingredients are just moistened. Spoon into well buttered 9 x 5-inch loaf pan. Bake 55 to 60 min., or until wooden pick inserted in center comes out clean. Cool in pan 10 mins; remove from pan and cool completely on wire rack.

# A SEASONAL LOOK AT MINNESOTA GROWN PRODUCE

MAY	JUNE	JULY	AUG	SEPT	OCT	NOV
ASPARAGUS	ASPARAGUS	ASPARAGUS				
BEDDING PLANTS	BEDDING PLANTS	BEDDING PLANTS	BEDDING PLANTS			
GREEN ONIONS	GREEN ONIONS	GREEN ONIONS	GREEN ONIONS	GREEN ONIONS		
RADISHES	RADISHES	RADISHES	RADISHES	RADISHES	RADISHES	
RHUBARB	RHUBARB					
SPINACH	SPINACH			SPINACH	SPINACH	
	BROCCOLI	BROCCOLI	BROCCOLI	BROCCOLI	BROCCOLI	
	CABBAGE	CABBAGE	CABBAGE	CABBAGE	CABBAGE	
	GREENS	GREENS	GREENS	GREENS		
	GREEN BEANS	GREEN BEANS	GREEN BEANS	GREEN BEANS		
	KOHLRABI	KOHLRABI	KOHLRABI	KOHLRABI		
	PEAS	PEAS				
	STRAWBERRIES	STRAWBERRIES				
		BEETS	BEETS	BEETS	BEETS	
		BLUEBERRIES	BLUEBERRIES			
		CARROTS	CARROTS	CARROTS	CARROTS	CARROTS
		CAULIFLOWER	CAULIFLOWER	CAULIFLOWER	CAULIFLOWER	CAULIFLOWER
		CUCUMBERS	CUCUMBERS	CUCUMBERS		
		HERBS	HERBS	HERBS		
		PEPPERS	PEPPERS	PEPPERS		
		POTATOES	POTATOES	POTATOES	POTATOES	POTATOES
		RASPBERRIES		RASPBERRIES		
		SUMMER SQUASH	SUMMER SQUASH	SUMMER SQUASH		
		SWEET CORN	SWEET CORN	SWEET CORN		
		TOMATOES	TOMATOES	TOMATOES		
			APPLES	APPLES	APPLES	APPLES
			EGGPLANT	EGGPLANT		
			MELONS	MELONS		
			ONIONS	ONIONS	ONIONS	ONIONS
				BRUSSELS SPROUTS	BRUSSELS SPROUTS	
				PARSNIPS	PARSNIPS	PARSNIPS
				TURNIPS	TURNIPS	TURNIPS
				WINTER SQUASH	WINTER SQUASH	WINTER SQUASH
					PUMPKINS	PUMPKINS
						CHRISTMASTREE
SPRING		SUMMER			FALL	



Peak Season



# Great Gift Ideas!

Minnesota Grown t-shirts (adult, youth and infant sizes), sweatshirts, baseball caps and aprons available.

Call (612) 297-8695 or 1-800-657-3878 for a price list.



## Tell them you found 'em in the 1997 Minnesota Grown Fresh Produce and More Directory and Win a Free Minnesota Grown Sweatshirt!



Simply visit a farm or market that you found using this directory, have the clerk sign below, then complete and return this form. At the end of the year we will draw five winners who will receive a complimentary *Minnesota Grown Fresh* sweatshirt of the size specified.

Clerk Signature \_\_\_\_\_

Farm/Market Name or Location \_\_\_\_\_

Date Visited \_\_\_\_\_

Your name \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Desired Sweatshirt size  M  L  XL

Please detach and return to:  
Minnesota Grown Program  
Sweatshirt Sweepstakes  
90 West Plato Blvd.  
St. Paul, MN 55107-2094



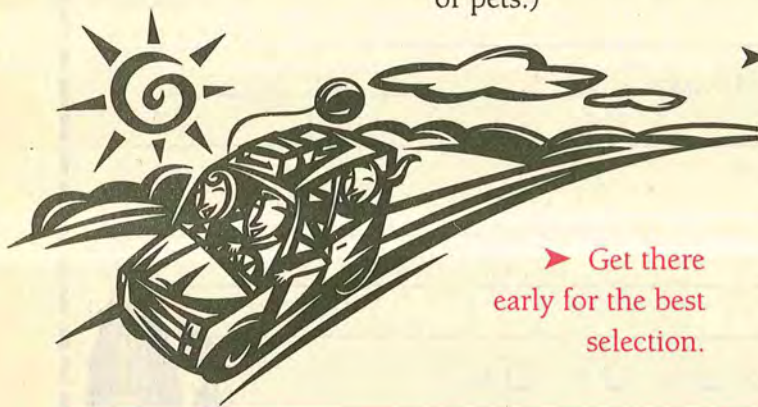
# Ready, Set, Go...

Tell these businesses you found them in the *Fresh Produce & More Directory!*

- Ask if the product you are seeking is available. Also ask about quality and quantity. Different stages of the season affect crop quantity, quality and sometimes price.

## These tips may help you when visiting a farm or market:

- If you are picking your own produce, ask if containers are supplied. Wear comfortable clothes and bring along sunglasses, sunscreen, a wide-brimmed hat, and perhaps a picnic lunch.
- Call to make sure that the farm or market is open and to verify directions.
- If you plan to bring children or pets, make sure they are welcome. (Not all farms allow children or pets.)
- If you are visiting a farmers' market, bring along a large bag with handles, stroller or wagon for hauling purchases. Carry change or small bills.
- Get there early for the best selection.



## NEED A MAP?

The Minnesota Office of Tourism has free highway maps and free travel information including festivals, events and activities such as golf, fishing and biking. Or try *Journey*, our personalized travel planning service. Just tell us your destination, what you'd like to do and any special requirements, and we'll send you a personalized travel plan according to your needs. Call the Minnesota Office of Tourism locally at 296-5029 or from outside the Twin Cities Metro Area at 1-800-657-3700.



### East Bethel Pinestead



21529 Durant St NE (Cty 15 & 74) 9 am-5 pm  
East Bethel Sat/Sun after Thanksgiving  
612/434-6738 end of Nov-Dec

Choose and cut Christmas Trees and wreaths. Blue Spruce, White Spruce, Scotch Pine, Norway Pine, White Pine. Park-like setting. Full service family owned and oriented. Campfire, picnic tables (tailgaters welcome). Free cider and cookies. Free drawings. From Mpls.: take Hwy 65 to County Road 22 (Viking Blvd), turn East 2 miles to County Road 15, then North 4 1/2 miles to entrance. From St. Paul: take I-35 to Wyoming, turn West on County Road 22 for 7 miles, then right on County Road 74 for 2 1/4 miles.

### Fruitful Prairie Farms



7955 217th Avenue NE Call for appointment  
Stacy Seasonal  
612/462-1133

Organic Produce - specializing in muskmelon and introducing Minnesota grown kiwi fruit and plants. Much more. Eggs year-round. Located approximately 4 miles west of Wyoming on Anoka County Road 22, right on Anoka County Road 75, approximately 1/2 mile. Call for appointment and more information.

### Halley's Tree Farm



Broadway 11/28/97 - 12/21/97  
Forest Lake  
612/464-6027

Located 1 mile west of 35W on Broadway or County Road 2. Open Noon-7 pm Mon-Fri, 9 am-6 pm Sat, 10 am-6 pm Sun. All prices include sales tax, tree bag, shaking. Hot apple cider.

### Hansen Tree Farm



Ramsey Blvd & 155th Ave NW 9 am-dusk  
Anoka Fri, Sat & Sun  
612/644-3927 or 644-2561 Thanksgiving-Christmas

Choose your family's Christmas tree in our 40 acre, park-like setting. Scotch, white & Norway pines, white & blue spruces, and close-by parking. Our many helpers make this holiday outing easy: we provide saws, twine, shaking (cleans it up) and baling (easier to handle). Custom made wreaths. Enjoy a wagon ride through our pine forest and warm-up around the campfire with complimentary cocoa. Between Anoka and Elk River, take US Hwy 10/169 to stop light at Ramsey Blvd and go 2 miles. We're close!

### Hipp Family Farm



210 NE Main St 9 am-7 pm Mon-Fri  
Blaine 9 am-6 pm Sat  
612/754-2428 In season

Roadside stand on Main St in Blaine. (Main St is same as Hwy 242.) Located 3/4 mile west of Hwy 65. All produce and bedding plants available at stand. Call for pick-your-own information and location. Large selection of crops: apples, beans, broccoli, cabbage, carrots, cauliflower, Christmas trees, cucumbers, pickles, melons, nursery stock, onions, potatoes, tomatoes, squash (several varieties), peppers (hot), corn. One of the largest selections of pumpkins in the North Metro area.

### Main Street Tree Farm



3014 Main St NE 8 am-6 pm  
Blaine Year round  
612/422-0715

Take Hwy 65 North to East Main St (County Rd 242). Go east two miles. Our tree farm is located on the south side of the road.

### Meadowood Farm



3900 Main St NE 9 am-5 pm  
Blaine Saturday  
612/784-9786 June-September

First year of production in 1997! Farm stand on south side of Main Street, 1/4 mile west of Lexington Ave, 4 miles north of 35W from the Lexington Ave exit. Wide range of produce including fresh vegetables, cut herbs, herb plants, ornamental perennial plants, and cut flowers.

### Oneka Berries



2333 E Cedar St Seasonal hours  
Hugo  
612/429-8761

Strawberries just 15 minutes north of St. Paul. Take freeway 35E to County 14 (Hugo exit). Go east 1/4 mile to Elmcrest Ave/24th Ave, then take a right turn and drive 1/2 mile to E Cedar St. Go right 1/4 mile to our sign. Pick-your-own or pre-picked. Call hotline for current information. Containers supplied. Children welcome.

### Rice Creek Gardens, Inc.



11506 Hwy 65 7 days a week (10-5 Sun)  
Blaine 9 am-5 pm (Thurs & Fri till dusk)  
612/754-8090 April 12-Nov 1

Unusual hardy plants: perennials, wildflowers, rhododendrons, day lilies, shrub roses, hosta and rock garden alpine. Bonsai, grasses, dwarf conifers, water lilies and herbs are produced and tested 'Minnesota Hardy'. Visit the twelve trial gardens connected by walking paths, to see plant communities and receive inspiration for your own gardens. Come several times to observe seasonal changes that make for year-around beauty. Design help available.

### Rowe's Berry Farm



6510 185th Ave NW 7 am-7 pm  
Anoka June & July  
612/753-5891

STRAWBERRIES - Pick-your-own mid June to early July. Call for current update. PUMPKINS - Hope on the hay wagon and take a ride with us to the pumpkin patch. Call for current update.

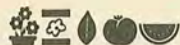
### Waldoch Farm



8174 Lake Drive 9 am-6 pm Mon-Fri  
Lino Lakes 9 am-5 pm Sat  
612/780-1207 or 612/784-4592 Noon-5 pm Sun  
mid July-Oct

Pick-your-own and roadside stand located on Lake Dr. (north of Main St). Call before coming to farm. Raspberries, beans, tomatoes, pickles, sweet and hot peppers, cabbage, broccoli, eggplant (regular and oriental), beets, sweet corn, melons, squash, okra, pumpkins and more.

### Waldoch Greenhouse



8174 Lake Dr  
Lino Lakes  
612/780-1207 or 612/784-4592

9 am-7 pm Mon-Fri  
9 am-6 pm Sat  
Noon-6 pm Sun  
Apr-July

Located on Lake Dr (north of Main St). Bedding plants, hanging baskets, herbs, large selection of vegetable plants and perennials.

### Wisp-O-Willow Berry Farm



22350 Sunrise Rd  
Stacy  
612/462-5149

Mon-Sat

Located 4-1/2 miles west of Wyoming on County 22 then right 1-1/2 miles on County 75. Call before driving to farm. Summer and fall raspberries, blueberries, honey, apples and plums.

## CARVER COUNTY

### Ambergate Gardens



8730 County Road 43  
Chaska, MN 55318-9358  
612/443-2248

9 am-5 pm Tues-Sun  
mid May-mid October  
And by appointment

Specialty mail-order and walk-in nursery emphasizing perennial flowers that are well adapted to Minnesota's rigorous climate. Offerings include native plants as well as numerous uncommon and/or unusual plants. Descriptive catalog of plants available for \$2. Minimum mail order amount is \$25. Shipping seasons are April-May and September-October. Nursery and display gardens are located 1.2 miles out of Victoria on Carver County Road 43. Visits outside normal business hours can be arranged by appointment.

### Ames Farm



11225 Co. Rd. 20  
Watertown  
612/955-3348

By appointment  
late Aug-early Nov

Honeycrisp and other hard to find varieties of apples are our specialty. 16 Varieties including Chestnut Crab, Regent, Sweet 16, Haralson, State Fair, Wealthy, Honeygold, Keepsake, Fireside and Victory. See us Sat/Sun most weekends during apple season at the Minneapolis Farmers Market or call ahead to visit our orchard.

### Bade's Orchard



104 Lano Lane  
Chaska  
612/448-4986

By appointment  
Aug-Oct

Located 1-1/2 miles west of 41 on U.S. Hwy 212, at Lano Lane. Open Aug through Oct by appointment. Apples (eleven varieties), and tomatoes. Call before you come.

### Berry Harvest (Formerly Bob's Berry Farm)



15085 Halsey Ave  
Carver  
612/448-6545

Call for hours  
June and Sept-Oct

Pick-your-own farm located 5 miles southwest of Chaska. Follow Hwy 212 west from Chaska one mile, turn south on County Rd 40, 3 miles south of Carver. Watch for Berry Harvest Sign. Strawberries (June & early July) and Fall Raspberries (Sept/Oct). Call for hours and picking times. Free containers. Families welcome, but children must be supervised.

### Boorsma Farm



185 Arboretum Blvd  
Victoria  
612/443-2068

Call for hours  
June-Oct 31

Organically grown. Our farm is 3/4 mile west of U of M Landscape Arboretum on Hwy 5 & Minnewashta Pkwy. Tomatoes, cucumbers, beans, eggplant, peppers, corn and fresh herbs. Grown without chemicals and pesticides. Pumpkins our specialty for fall. Also squash, herbs & flowers, and old-fashioned perennials. U-pick strawberries and raspberries in season.

### Carver Nursery



County Rd 40  
Carver  
612/448-6696

7 am-2 pm  
June-July

Pick-your-own blueberries, raspberries and strawberries. Our farm is located 3 miles southwest of Carver off of County Rd 40.

### Deardorff Orchards



8350 Parley Lake Rd  
Waconia  
612/442-1885  
Fax: 612/442-6491

Open Tues-Sun  
Closed Mon  
mid Aug-Oct

Visit our 100 acre farm and pick-your-own or buy from our historic sales barn. Fifteen varieties of Minnesota apples including Haralson, Regent, McIntosh, Honeygold, Sweet 16 and Fireside. Crafts, Fall wreaths, honey, baskets and gift store. FRESH CIDER. Ponies and horses, pumpkins, ornamental corn and fall vegetables, too. Weekend Hay Wagon. Take 169 or 494 to State Hwy 5, West. Travel through Eden Prairie, Chanhassen, and Victoria. We are located 3 miles west of Victoria off Hwy 5—follow signs.

### Halla Nursery Inc.



10000 Great Plains Blvd  
Chanhassen  
612/445-6555

8 am-8 pm Mon-Fri  
8 am-6 pm Sat  
10 am-5 pm Sun  
April 1-Dec 24

Three miles south of Hwy 50N & Hwy 101. LANDSCAPE DESIGNERS, CONTRACTORS, GROWERS, TREE MOVERS & GARDEN CENTER. Halla is a complete landscape design, construction and grower. We grow over 300 varieties of shade trees, evergreens and shrubs and have an on-site greenhouse for selection of bedding plants and over 800 varieties of perennials. Winner of several national and local landscape design awards, Halla specializes in moving shade trees up to 20" in diameter featuring the United States' LARGEST TREE SPADE (102" in diameter).

### St. Boni Orchard

West Hill Rd  
St. Bonifacius  
612/472-5752



1-5:30 pm  
Thurs, Fri, Sat & Sun  
Sept-Oct

Quality Minnesota apples: Sweet 16, Haralson, Honeygold, Regent, Fireside/Connell Red, McIntosh and Red Baron. Call for bushel specials. (Split a bushel with friends!) Seconds always half price. Enjoy the fall colors as you drive to our orchard. Located on State Hwy 7 to the stop light at St. Bonifacius, then take 92 north one mile, turn west on West Hill Rd for 1/2 mile.

### Wilson's Nursery, Inc.

9150 Great Plains Blvd 7:30 am-4:30 pm, Mon-Fri  
Chanhassen 8 am-noon, Sat  
612/445-4088



Growers of shade, ornamental and evergreen trees and shrubs. Growing fields located at 5730 Yancy Ave, New Germany, MN 55367. Located 12-1/2 miles west of St. Bonifacius on Hwy 7; or 1-1/2 miles west of Hollywood Ranch House, then south on Yancy Ave 1/4 mile.

## DAKOTA COUNTY

### Adelmann's Farm Market

3645 Hwy 13  
Eagan  
612/454-2964



9 am-6 pm daily  
Apr-Nov

Roadside stand located 1-1/2 miles north of Cedar Ave on Hwy 13. Wide assortment of herb plants, bedding plants, ornamentals, geraniums, vegetable plants and hanging baskets, wholesale and retail. Vegetables in season - tomatoes, peppers (sweet and hot), cucumbers, onions, potatoes, cabbage, melons, beets, etc. Sweet corn picked fresh daily. Inquiries concerning freezing and canning quantities welcome. Pumpkins, squash, gourds, ornamental corn and other fall decorations in season.

### Alexis Bailly Vineyard, Inc.

Hwy 61 at 170th St  
Hastings  
612/437-1413

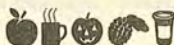


11 am-5 pm  
Fri-Sun  
June-Oct

Located one mile south of Hastings. Visitors welcome to visit the winery, stroll through the vineyards and sample the wines. Retail sales of wines.

### Appleside Orchard

Hwy 3  
Farmington  
612/463-2505



Seasonal hours  
Aug-Nov

The freshest, most flavorful apples are the ones you and your family pick right from the trees at Appleside. With over 100 acres of apples, raspberries and pumpkins, Appleside is one of Minnesota's premier pick-your-own farms. We have something for everyone, from caramel apples to popcorn, and fresh apple cider to gift baskets. Pre-picked fruit available. Hayrides in the fall. Apples and raspberries: Aug-Nov. Pumpkins: Oct. Call for harvest dates and weekend activities.

### Biermeier Greenhouses, Inc.

9022 Concord Blvd  
Inver Grove Heights  
612/457-5393



10 am-8 pm  
mid Apr-August

Bedding plants, vegetable plants and perennial flower plants. Huge selection and personalized service.

### Burnsville Farmers' Market

Mary, Mother of the Church  
3333 Cliff Rd  
Burnsville  
612/227-6856 hotline



Noon-5 pm Thurs.  
May 22-Oct 30

Located on the parking lot of church. Fresh locally grown fruits, vegetables, plants, honey and bakery items from a 50 mile radius. Produce sold directly from farmer to consumer. Call hotline for current market information or 612/227-8101 for business information.

### Diffley's Gardens of Eagan

4355 South Robert Tr  
Eagan  
612/454-6188 or 612/469-1855



9:30 am-6:30 pm daily  
July-Oct

Organically grown produce. CERTIFIED ORGANIC by O.G.B.A. Roadside stand located between Diffley and Cliff Rd. Freshly picked SUPER SWEET CORN of yellow, white bicolor our specialty. Muskmelon, yellow and red watermelon, cucumbers, fresh green beans, red, yellow and green sweet peppers, sweet Spanish and German storage onions, green and red cabbage, garlic braids, 12 types of winter squash, yellow and red potatoes, purple and green broccoli, cut flowers, large selection of pumpkins and decorations. Fifth generation family farm since 1857.

### Gerten Greenhouse, Garden Center and Nursery

5500 Blaine Ave  
Inver Grove Heights  
612/450-1501



Year round

Flowering spring bedding plants, vegetable plants, nursery stock, poinsettias and Easter lilies, lawn and garden and landscape supplies.

### Girardin Gourmet Gardens

County Rd 88  
Cannon Falls  
507/263-5897



6-8 pm, Mon-Fri  
Noon-8 pm Sat-Sun  
Aug-Oct

Call for directions. More than 60 varieties of garlic, 20 varieties of shallots, 20 varieties of winter squash, 30 varieties of hot peppers, including Habanero and Scotch Bonnet, 20 varieties of potatoes. Many other unique gourmet vegetables.

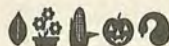
### Hawk's View Farm



Cedar Ave (Dakota County 23) May-Nov  
Northfield  
507/645-8282

Located 14 miles south of Apple Valley or 7 miles north of Northfield, just south of the intersection of County Rds 23 & 86. Organically grown produce picked fresh daily, including a wide variety of herbs, cut flowers, and vegetables in season: lettuce, u-pick peas, u-pick green beans, broccoli, potatoes, hot and sweet peppers, melons, tomatoes, sweet corn and more. Fall produce includes pumpkins, squash, ornamental corn, gourds and dried flowers. Call for u-pick times.

### The Herb Man



State Hwy 3 & 240th Street 10 am-6 pm Mon-Sat  
Farmington Noon-5 pm Sun  
612/463-3543 April 20-Dec 25

THE HERB MAN. Truck greenhouses and farm. Stand is located 2-1/2 miles south of Farmington on southwest corner of 240th St and State Hwy 3. Look for small red barn with green roof next to greenhouse range. Over 700 herb varieties and scented geraniums. Spring bedding and vegetable plants, perennials, hanging baskets, and geraniums. Vegetables in season - sweet corn, tomatoes, melons, peppers, pumpkins, squash, gourds, ornamental corn, etc. Wholesale inquiries invited. Dried floral material and arrangements in gift shop. Custom herb plant propagation available in early season.

### Lorence's U-Pick Strawberries and Raspberries



Cedar Ave (City Rd 23) 6 am-8 pm daily  
Northfield June-Sept  
507/645-9749  
612/944-1412 City Line

Pick Your Own farm located 14 miles south of Apple Valley or seven miles north of Northfield. Call before driving to the farm. Children must be supervised. Containers are supplied.

### Lorentz Meats & Deli



305 W Cannon St 7:30 am-7 pm Mon-Fri  
Cannon Falls 8 am-4 pm Sat  
507/263-3617 or 1-800-535-6382 11 am-4 pm Sun

Located just 30 miles south of the metropolitan area, Lorentz Meats & Deli is a great stop for people looking for old-fashioned sausages, smoked products and fresh meats. Hunters have grown accustomed to the high quality venison sausages, and farmers bring their beef, pork and lamb to be processed year round. Our 25 years of family pride assure you of quality service and products.

### Maher's Berry Farm



Akron Ave 7 am-Noon  
Inver Grove Heights Mon-Sun  
612/450-1011 Until full or picked out

Pick your own raspberries. We grow Boyne red raspberries, and the season usually begins around the 4th of July and lasts 3-5 weeks. We also provide the quart containers. FROM ST. PAUL take Robert St (Hwy 3) south to Cliff Rd (County Rd 32), go east one mile to Akron Ave, north 1/4 mile to farm. FROM MINNEAPOLIS take Cedar south to Cliff Rd, go east 6-7 miles to Akron, north 1/4 mile to farm. Call for daily status.

### Pahl's Market



6885 160th St Daily  
Apple Valley May-Dec  
612/431-4345

Located 1/4 mile east of Cedar. Bedding plants, hanging baskets, sweet corn, vegetables, pick-your-own pumpkins, and Christmas trees.

### Peterson Farms Inc.



County Rd 71 & 140th St 8 am-6 pm daily  
Rosemount Strawberries, June-July 4  
612/423-1934

Pick-your-own farm located 3-1/2 miles east of Rosemount on County Rd 42, past Dakota Technical College, then north (left turn) on County Rd 71 for 1/2 mile or two miles south of Pine Bend Oil Refinery on Hwy 52, right turn on 140th Street, one mile. Follow signs. Free containers, recipes furnished, pre-picked berries available by order only. Strawberries and blueberries in season.

### Peterson Farms Inc.



County Rd 71 & 140th St Call ahead  
Rosemount Blueberries, July-Aug  
612/423-1934

Pick-your-own farm located 3-1/2 miles east of Rosemount on County Rd 42, past Dakota Technical College, then north (left turn) on County Rd 71 for 1/2 mile or two miles south of Pine Bend Oil Refinery on Hwy 52, right turn on 140th Street, one mile. Follow signs. Free containers. Strawberries and blueberries in season.

### Pflaum Farms



5780 - 225th St W Daily hours during season  
Farmington May-October  
612/463-3577

Conveniently located 1-3/4 miles east of Cedar Ave on 225th St. Farm fresh fruits and vegetables in season. Fresh and dried flowers. Early Spring and Summer...potted perennials, annual flowers, vegetable plants, herb plants, asparagus, rhubarb, lettuce, spinach, radishes, onions. Also Available In Season...strawberries, raspberries, sweet corn, tomatoes, peppers, green beans, carrots, beets, potatoes, melons, ornamental corn, squash, pumpkins, gourds. All fresh, homegrown produce picked daily. Call before coming and for additional information.

### Signal Hills Farmers' Market



Signal Hills Shopping Center  
Butler & Robert Streets  
West St. Paul  
612/227-6856 hotline

8 am-noon Fri  
June 13-Oct 31

Fresh, locally grown fruits and vegetables, eggs and bakery items from a 50 mile radius sold direct from producer to consumer. Call the hotline for current market information or 612/227-8101 for business information.

### Silver Bell Tree Farm



Apple Valley  
612/423-6859

9 am-5 pm Sat  
Noon-5 pm Sun  
Apr-Dec

Christmas Trees - Balsam, Spruce, Scotch, White Pine. Cut-your-own and pre-cut. Also balled and burlaped and potted evergreens. Call for directions.

### Switzer's Nursery & Landscaping Inc

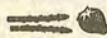


26601 Chippendale Ave  
Northfield  
612/460-2171 or 507/645-9741

March-Dec  
Call for hours

Evergreens, shade trees, ground covers, flowers, flowering shrubs, landscape materials and Christmas trees. Located on Hwy 3, 5 miles south of Farmington or 8 miles north of Northfield. Call for more information.

### Wyatt Strawberries



10370 - 180th St E  
Hastings  
612/437-8479

7 am-dusk in season  
Asparagus: early May-June  
Strawberries: mid June-early July

Featuring asparagus while in season. We will pick to your order. Strawberries - pick-your-own. We are located south of Hastings between Hwy 61 and County Rd 47. Bring your own containers.

## HENNEPIN COUNTY

### Access Marketing, Inc.



301 4th Avenue South  
Minneapolis  
612/321-9668

8 am-6 pm  
Jan-Dec

We buy and sell specialty crops - OCIA and FVO Certified organic, chemical free, or conventional production. Grower contracts, seed conditioning. Soybeans, corn, grains, other specialty crops.

### Bauer Berry Farm



County Rd 121  
Champlin  
612/421-4384

7 am-1 pm Sun-Sat for strawberries  
5-8 pm Tues-Thurs for strawberries  
8 am-noon Mon-Sat for blueberries  
10 am-4 pm daily for sweet corn

One half mile west of Hwy 169 on County Rd 12, then follow County Rd 121 one mile west to farm. PICK YOUR OWN STRAWBERRIES AND BLUEBERRIES. READY-PICKED SUPER SWEET CORN. Seasons: Strawberries, June 15 to July 15; Blueberries, July 10 to Aug 1; Sweet corn, July 20 to Aug 10. All dates are approximate and picking hours can vary due to weather and crop abundance. Open additional evenings during peak. Call first for directions, picking hours and conditions.

### Berry Brook Farm & Orchard



10311 Noble Ave N  
Brooklyn Park  
612/424-8700 or 612/865-4957

7 am-11 am Tue-Sat  
& 6 pm-8 pm Tue-Sat  
Noon-4 pm Sun

PICK-YOUR-OWN & ROADSIDE STAND BLUEBERRIES, RASPBERRIES, SWEET CORN, GARDEN VEGETABLES AND APPLES. OPEN JUNE-OCTOBER. Dates for crops may vary depending on season and weather. Please call before coming to confirm picking times, crop availability, or directions. New strawberry fields planted. Please keep us in mind for your strawberry picking in the 1998 season. Located between Zane Ave N and West River Rd approximately a half mile south of 109th Ave.

### Brooklyn Park Farmers' Market-Outdoor Plaza



7640 Brooklyn Blvd  
Brooklyn Park  
612/493-8335

Noon-5:30 pm  
Tues & Fri  
May-Oct

Bedding plants, flowers, fruits, vegetables and honey. The farmers market is located at the corner of Brooklyn Blvd and Zane Ave No.

### Cal's Market & Garden Center



2100 West Old Shakopee Rd  
Bloomington  
612/884-7889

9 am-9 pm  
Seasonal

Bedding plants, geraniums, hanging baskets, perennials, nursery stock, pumpkins, fruits, vegetables and Christmas trees. Super-sweet sweet corn our specialty.

### Cannon Bee Honey & Supply Co.



6105 11th Ave  
South Minneapolis  
612/861-8999

6 pm-9 pm Tues  
9 am-1 pm Sat  
Other times by appointment

Located one block north of the Crosstown Hwy (County 62). Retail/wholesale - specializing in flavored whipped honeys (peach, cinnamon & natural), round comb honey, cut comb and MN liquid honeys - basswood, buckwheat, clover and wildflower. We are a distributor for "Honey Straws" - available now in twelve delicious flavors! We also collect locally fresh Bee Pollen which is available in capsules or as granules. We have beeswax and candle making supplies and also stock beekeeping supplies. We have a large gift (honey products) line with many unusual gift ideas in varied sizes and prices. Also, choose special container sizes for your own honey gift packs.



### Christmas Tree Retail Center



Plymouth Shopping Center  
Hwy 55  
Plymouth  
612/493-5090

9 am-8 pm  
Nov 28-Dec 22

Located in Plymouth Shopping Center on Highway 55, between 169 and 494. Scotch pine, white pine, Norway Pine, Fraser Fir, Balsam Fir, Spruce, wreaths, garland and church trees.

### Dumas Apple House



3025 W Wayzata Blvd (Hwy 12)  
Long Lake  
612/473-9538

Aug-Oct

A family orchard for over 69 years. We grow and sell 30 different varieties of Minnesota apples, including Mantet, Paula Red, Beacon, Lakeland, Haralson, Fireside, Regent, etc. The summer apples are ripe about the 1st of Aug and we are usually open until the end of Oct. We pick each day-call for current hours and varieties. Pumpkins of all sizes before Halloween at reasonable prices. The orchard and market are located 1-1/2 miles west of Long Lake.

### Eden Apple (& Berry) Orchard



Eden Prairie  
612/934-7873

Call for hours  
June-Nov

Pick-your-own strawberries, raspberries and apples. Located southwest of the Twin Cities in Eden Prairie, three miles west of the Flying Cloud Airport and U.S. Hwy 169 on County Rd 1 (Pioneer Tr). STRAWBERRIES available in June. Picking containers provided, kids welcome, call ahead for field conditions. RASPBERRIES available in Sept. APPLES - pick-your-own and ready picked available from mid Aug through mid Oct. Free hayrides available on weekends.

### Fall Harvest Orchard



County Rd 30 SE  
Delano  
612/972-3894

Seasonal hours  
Aug-Nov

The orchard, located on a working farm, features fifteen varieties of Minnesota apples. Visitors may pick their own or buy fresh apples from our Apple House. Other u-pick produce includes gourds, pumpkins, squash, calico corn, etc. A popular activity is the old-fashioned cider press where families can press their own fresh apple cider. Children will enjoy seeing the diversity of animals on the farm. A gift shop offers stained glass, wooden apple crates and much more. We're located five miles west of Delano on County Rd 30.

### Gregor Farm & Greenhouse



2592 Holy Name Dr  
Medina  
612/478-9832

9 am-6 pm Mon-Sat  
11 am-4 pm Sun

Call for extended hours in May-June

Located one mile south of Hwy 55. Take Hwy 101 to County Rd 24. West on 24 for 3/4 mile to Holy Name Dr. North on Holy Name Dr 3/4 mile to farm. Sweet corn, cabbage, tomatoes and other produce in season. Bedding plants, hanging baskets, perennials, water flowers, mums and shrubs. Poinsettias, Christmas trees and wreaths at Christmas. Open 7 days. Call for availability.

### Hamel Maple Syrup Co



3312 Red Fox Drive  
Hamel  
612/478-2353

Year round  
Call for hours

Call for information on our maple syrup.

### Hand N Home Farm



Minnetonka  
612/545-3791

Step back in time - to Grandpa and Grandma's day - and experience vegetables and herbs grown the traditional way, Chemical Free! Using vintage equipment and special care, Hand N Home Farm provides hand picked vine-ripened produce from our Central Minnesota farm for wholesale, restaurant, and limited retail sales in the Metro area. For 14 years, we have specialized in unique, proven varieties of produce as well as fall display products. Call us for details on golden tomatoes, summer squash, sweet corn, pie & jack-o-lantern pumpkins, colorful gourds, ornamental corn and fresh herbs. (Interested in vintage equipment? Call us!)

### Homestead Orchard



County Rd 92  
Maple Plain  
612/479-3186 or 612/479-2448

10 am-6 pm daily  
Aug 15-Nov 1

Located 23 miles west of Minneapolis. Take Hwy 12 (394) and watch for sign 3 miles west of Maple Plain, then 2 miles south on County Rd 92. Apple varieties include Haralson, Fireside, Connell Red, Honeycrisp, Regent, Prairie Spy and Early Blush. Apple cider, honey and pick-your-own apples. Picnic tables, hayrides, pot belly pigs and pygmy goat petting zoo. Utility apples at half price. Free pony rides with purchase of ten pounds of apples. Year round pre-arranged large horse drawn hay and sleigh rides.

### Jacobs Pumpkin Patch Farm



6367 Lawndale Ln  
Maple Grove  
612/559-5796

9 am-7 pm daily  
mid Sept-Dec 25

Farm is located 3 miles west of I-494 on Bass Lake Rd (Co 10) then 1 mile south on Lawndale Ln. (Signs). Open for family fun with U-Pik Pumpkins. Also squash, gourds, ornamental corn, corn bundles and hay bales. We have small farm animals for our visitors to see. Special attractions on weekends & October for raspberries, Haralson apples, and a great selection of pumpkins. All produce is available u-pick or picked. Over 5 acres of raspberries. Call to check on produce availability.

### Knapton's Raspberries & Apples



Hwy 55 & Lake Sarah Hts Dr  
Greenfield  
612/479-1184

8 am-8 pm daily, July  
8 am-dusk daily, Sept-Oct

Pick-your-own farm located 11 miles west of I-494 on Hwy 55 at Lake Sarah Hts Drive (just west of Loretto). Open daily in July for summer red and golden raspberries. Open in September & October for raspberries, Haralson apples, and a great selection of pumpkins. All produce is available u-pick or picked. Over 5 acres of raspberries. Call to check on produce availability.

### Lazaroff Gardens

2601 Brookdale Dr  
Brooklyn Park  
612/561-9143



9 am-7 pm Mon-Fri  
9 am-5 pm Sat  
12-5 pm Sun  
April-Dec

Lazaroff Gardens is located west of Hwy 252 on Brookdale Drive in Brooklyn Park. A family run business in vegetable farming and Garden Center. A variety of home grown fresh vegetables in season along with quality grown bedding plants and other gardening needs. "Come home to the park and plant with us." (Hours subject to change)

### Marshall's Family Farm Mkt

County Rd 4 & 1  
Eden Prairie  
612/949-3495



10 am-8 pm daily  
mid April-mid June  
10 am-6:30 pm daily  
mid July-Oct

We're a roadside stand located southwest of the Twin Cities: two miles west of Flying Cloud Airport and U.S. Hwy 169 on County Rd 1 (Pioneer Tr) then right onto County Rd 4 (Eden Prairie Rd). Open starting in mid April with a full line of quality bedding plants, hanging baskets, geraniums and perennials. We open again in mid July with a complete line of homegrown fruits and vegetables. We also have garden Mums, pumpkins and all your other fall favorites.

### Minneapolis Farmers' Market

Exit 230 from I-94  
Minneapolis  
612/333-1718



6 am-1 pm daily  
Apr 22-Dec 24  
6 am-6 pm Thurs on Nicollet Mall  
May-Nov

Minnesota's largest open air, covered market. Extended hours during Dec. Take Exit 230 from I-94, follow signs three blocks to market. Largest selection of Minnesota Grown fruits and vegetables, herbs, farmstead cheese, eggs, honey, maple syrup, also fish, meats and breads. Great selection of in season bedding plants, flowering plants, cut flowers and Christmas trees and wreaths during Dec. The best shipped in produce and flowers also are available. Also visit the Nicollet Mall Farmers' Market every Thursday from 6 am-6 pm, May to Nov. Call for more information.

### Minnetonka Orchards

6530 County Rd 26  
Minnetrista  
612/479-3191 or 479-2630 or 800/657-1667



10 am-7 pm daily  
Aug-Dec

A LITTLE BEYOND THE LAKE. Highway 394 (old 12) to Maple Plain, then County Rd 83 south 2-1/2 miles to County Road 26; from Mound take County Rd 110 2-1/2 miles north to County Rd 26, follow the signs. Apples, cider, jams, popcorn, caramel apples, pies, honey, maple syrup, pumpkins, winter squash and craft items. FREE hayrides on weekends, weather permitting. Scheduled orchard tours. Live music every weekend Sept 20 thru Oct 19. U-pick apples Aug-Oct. U-pick pumpkins in Oct.

### Morrie's Market

7170 Hwy 7  
Excelsior  
612/472-1135



1 pm-6 pm  
July-Oct

Located seven miles west of Excelsior, one mile east of St. Bonifacius. Raspberries, grapes, sweet corn, tomatoes, squash, melons, pumpkins, pears, apples & all garden vegetables. Handmade wreaths and baskets.

### Nicollet Mall Farmers Market

Nicollet Mall  
Minneapolis  
612/333-1718



6 am-6 pm  
Thursdays  
May 1-Oct 31

Take 4th Street to 10th Street on Nicollet Mall. Fresh vegetables and farmstead products from over 50 vendors. 4 star rating. Call for more information.

### Nistler Farms

3315 Lake Sarah Rd  
Maple Plain  
612/479-6593



Sweet corn, squash, pumpkins, ornamental corn, gourds and corn bundles available in season at the farm and Minneapolis Farmers' Market downtown and on the Nicollet Mall. Hayrides by appointment during pumpkin season. Whole or 1/2 hogs for sale year round. Active participant in the National Pork Producer's *Pork Quality Assurance* program.

### Peterson Produce

8910 Highway 12  
Delano  
612/972-2052



10 am-6 pm daily  
May-Oct

"Goodness Grows!" Easy to find on Hwy 394/12, 14 miles west of Wayzata. We welcome families with children. Call for u-pick information or to place bulk orders. Fresh asparagus in May and June. In July our on-farm roadstand opens offering you the highest quality sustainably grown produce. Sweet corn, tomatoes, raspberries, peas, cucumbers, dill, basil, broccoli, cabbage, beans, potatoes, peppers, onions, melons, zucchini, honey, popcorn. Fall sales include winter squash, ornamental corn, gourds and pumpkins. For family fun come and pick-your-own pumpkins from the field!

### Premium Quality Tree Company

5616 101st Avenue North  
Brooklyn Park  
612/424-5773



Wholesale Office

Christmas trees, Scotch pine, white pine, Norway pine, spruce, Fraser fir, balsam fir, wreaths, roping and spruce tips. Call or write for price list or farm tour.

### Richfield Farmers' Market

64th & Portland Ave  
Richfield  
612/861-9385



Veterans Memorial Park  
Richfield  
7 am-Noon Sat  
May-Oct

Market is located in Veterans Memorial Park of Richfield. Use Crosstown 62 coming from east or west, exit at Portland Ave. Go south to 64th St, turn left to enter park. Market is within picnic shelter. Fresh bakery products and concessions available. Plenty of fresh grown vegetables.

### St. Boni Orchard



West Hill Rd 1-5:30 pm Thurs, Fri, Sat & Sun  
St. Bonifacius Sept-Oct  
612/472-5752

Quality Minnesota apples: Sweet 16, Haralson, Honeygold, Regent, Fireside/Connell Red, McIntosh and Red Baron. Call for bushel specials. (Split a bushel with a friend!) Seconds always half price. Enjoy the fall colors as your drive to our orchard. Located out State Hwy 7 to the stop light at St. Bonifacius, then take 92 north one mile, turn west on West Hill Rd for 1/2 mile.

### Sweet Corn & More, Inc.



Knollwood Mall 9 am-7 pm Mon-Sat  
Hwy 7 & Texas Avenue 10 am-6 pm Sun  
St. Louis Park May-Oct  
612/935-7228

"WE GROW FOR YOU" We start with bedding plants and hanging baskets and move into strawberries, super-sweet sweet corn, green beans, tomatoes, peppers, cucumbers, melons and then to fall crops of squash, decorative gourds and a huge pumpkin patch. Many other locations to serve you, please call for information.

### T.E.C. Co.



PO Box 539 Seasonal hours  
Osseo, MN 55369-0539

TREE SEEDLINGS & TRANSPLANTS. Hardwoods, softwoods, evergreens, wildlife shrubs, MAIL ORDER ONLY—SPRING DELIVERY. MAPLE SYRUP AND BLACK WALNUTS available year round. CHRISTMAS TREES - Cut Your Own and some Precut: Scotch Pine, White Pine, Norway Pine, Blue Spruce, White Spruce, Norway Spruce, Balsam Fir and Fraser Fir. Beautiful Wreaths and much more. Write for more information.

### Univ. of Minnesota Apple House Horticultural Research Center



Hwy 5 & County Rd 13 10 am-6 pm  
Excelsior Mon-Sat  
612/474-9440 or 612/443-2460 Noon-6 pm Sun

The Horticultural Research Center (HRC) has developed cold-hardy fruit varieties for northern climates since 1908. Apple breeding has produced 20 new varieties, and many have quickly become favorites. New introductions are always becoming available. You can buy about 50 different varieties during the harvest season. A CONSUMER TASTE PANEL WILL INVOLVE YOU IN RESEARCH WITH YOUR COMMENTS ON POTENTIAL RELEASES! Pure maple syrup from the Landscape Arboretum and jellies made from HRC fruit are also available. Proceeds help support research at the HRC. The Apple House is 2 miles west of Hwy 41 on State Hwy 5, west of Chanhassen.

### Wahlfor's Raspberry Farm



1525 Deer Hill Rd Seasonal hours  
Long Lake  
612/473-7770

U-pick fall raspberries. Located 3 miles from Long Lake or 4 miles from Wayzata. Berries from mid Aug until frost. Call ahead for hours and specific directions to farm.

### Westonka Farmers' Market



County Rds 15 & 110 8 am-noon Sat  
Mound May 31-Oct 25  
612/491-8042 Noon-5 pm Mon & Wed

Apples, berries, corn, melon, beans, tomatoes, broccoli, honey, flowers, herbs, squash, peppers, bread. The Westonka Farmers' Market is sponsored by the Community Education and Services Department of the Westonka Public Schools in cooperation with the City of Mound.

### RAMSEY COUNTY

#### Aldrich Arena Farmers' Market



1850 White Bear Ave 8 am-12:30 pm Wed  
St. Paul May 7-Oct 29  
612/227-6856 hotline

Located in the north side parking lot. Fresh produce, bedding plants, eggs, honey, bakery, cheese, herbs, flowers, produce from within a 50 mile radius. St. Paul Grower's Association, Inc. Call the hotline for current market information, or call 612/227-8101 for business information.

#### Arden Hills Nursery



4350 Hamline Ave N 9 am-8 pm May-June  
Arden Hills Thanksgiving-Christmas:  
612/636-4151 Noon-8 pm, Weekdays  
9 am-6 pm, Weekends

Located on Hamline Avenue 1/2 mile North of 694. Spring plants include a large selection of annuals, perennials, hanging baskets, patio planters, vegetables, herbs and nursery stock. Christmas Trees - State Fair Grand Champion Winners. Fraser Fir, Balsam Fir, Spruce, Scotch Pine, Norway Pine and White Pine.

#### B. Brand Apiary



760 Larson Ct By appointment  
Shoreview Year round  
612/483-1367

Call before coming to house. Honey available in containers, bulk or in your own containers. Honey, beeswax, candles, comb honey and spun honey. May through mid Nov at St. Paul Farmers' Market stall 74.

#### Bill's Backyard Berries



4901 Bald Eagle Avenue Seasonal hours  
White Bear Lake June-July  
612/426-7547

Take freeway 35E to Hwy 96 (White Bear Lake exit). Go east to first light, turn left. Follow until road dead-ends. Turn right to 3rd house on right. Pick-your-own or pre-picked. Call for current picking information. Containers supplied.

#### Glen Tower Pines



County Road B & Dale Street 9 am-9 pm Sat-Sun  
Roseville Noon-9 pm Wed  
612/484-9119

Family farm - retail lot - offering Minnesota Grown: Balsam, Scotch Pine, White Pine, Norway and Spruce. Garland - Wreaths - Swags. Located between Jerry's Spur & Jubilee Foods.

### Har Mar Farmers' Market



Har Mar Mall  
County Rd. B & Snelling Ave  
Roseville  
612/227-6856 hotline

8 am-12:30 pm Tues  
June 3-Oct 28

Located in the parking lot on the east/south side of the complex. Look for fresh locally grown fruits and vegetables, honey, cheese, eggs, herbs, bakery goods, plants, fresh cut flowers, all produced within a 50 mile radius by the seller. Call hotline for current market information or for business information call 612/227-8101.

### The Honey House



North Oaks Village Center  
889 Village Center Dr  
North Oaks  
612/483-5626

10 am-5 pm  
Tues-Sat

Minnesota Grown honey products. Please call for more information.

### Landscape Alternatives, Inc.



1705 St. Albans St  
Roseville  
612/488-3142

Seasonal  
Apr-Oct

We grow nearly 200 species of native wildflowers and grasses. The nursery is located near the corner of Larpenteur Ave, 1 block west of Dale in Roseville. We are open Apr-Oct; please call for current hours. Catalog available for \$2.

### Marketfest



Washington Square  
White Bear Lake  
612/429-8535

6-9 pm Thurs  
June 26-Aug 14

Thursday night Marketfest is a weekly food and entertainment event held in downtown White Bear Lake in Railroad Park, located at the corner of Hwy 61 and 4th St. Marketfest includes food, farmers' market, entertainment, children's activities, artists, crafters and lots of fun! Most events are free or at minimal cost. This is a family event.

### Northern Lakes Wild Rice Co.



St. Paul  
612/771-4503

9 am-5 pm Tue-Fri  
9 am-1 pm Sat  
Year round

We offer a variety of Minnesota grown products. We have Wild Rice which is naturally grown, and harvested the Traditional way. The Wild Rice can be ordered in soup blends. Also available is Maple Syrup, and Wild Berry Jellies. All can be put into a variety of Birch Bark gift packs. NOTE Birch Bark is a seasonal product. Mail orders only, or visit Minneapolis Farmers Market.

### St. Luke's Farmers' Market



Summit & Lexington Aves  
St. Paul  
612/227-6856 hotline

1:15-5 pm Fri  
May 2-Oct 31

Located in church parking lot. Fruits, vegetables, herbs, flowers, honey, eggs, cheese, bakery items and plants. Call hotline for current market information or 612/227-8101 for business information.

### St. Paul Weekend Farmers' Markets



290 E Fifth St  
St. Paul  
612/227-6856 hotline

Saturday & Sunday

Located in Lowertown. Everything sold is produced within a 50 mile radius. Featuring Minnesota Grown fruits and vegetables, bedding plants, poultry, eggs, cheese, honey, herbs, trout, shrubs, plants, fresh cut flowers, buffalo meat. Also available maple syrup, bakery goods, dried arrangements, some crafts, Hmong handwork and bagel sandwiches. Christmas trees available after Thanksgiving. Call the hotline for market update information or 612/227-8101 for business information. Open 6 am-1 pm Sat; Apr 26-Nov 1 and 8 am-1 pm Sun, May 4-Oct 26.

### Seventh Place Mall Market



Seventh Place  
7th & Wabasha  
St. Paul  
612/227-6856 hotline

10 am-2 pm Tues  
July 1-Sept 30  
10 am-2 pm Thurs  
June 19-Oct 30

Fresh, local fruits and vegetables from a 50 mile radius direct from the grower. Call hotline for current market information or call 612/227-8101 for business information.

### Victoria Valley Orchard



4304 N Victoria  
Shoreview  
612/484-4500

9 am-6 pm daily  
Aug-Nov

On-farm sales outlet located in Shoreview, one mile north of I-694, just north of St. Paul. Call to find out which apples are in season. Free apple sampling and recipe sheet. Nineteen varieties of pre-picked apples including Haralson, Regent, Honeygold, Cortland, McIntosh, etc.

### Ziittel Greenhouses



1958 N Rice St  
St. Paul  
612/489-8772

8 am-5 pm Mon-Sat  
Year round  
8 am-8 pm  
Spring & summer

Also sell at the Minneapolis Farmers' Market, 312 N Lyndale, Minneapolis. Call to verify time open. Bedding plants and geraniums.

## SCOTT COUNTY

### Bob's Bluebird Orchard & Craft Barn



26205 Fairlawn Avenue  
Webster, MN 55088  
612/461-3143

10 am-6 pm  
Thurs-Sun  
mid Aug-late Nov

Family owned and operated Apple Orchard featuring over 25 varieties of apples, fresh and frozen cider and caramel apples. Also Fall raspberries, pumpkins, squash, onions, Indian corn, honey, maple syrup, jams and jellies and much more. In addition, over 25 vendors feature all kinds of craft items.

### Bob's Country Garden Center



Hwy 169  
Shakopee  
612/496-0207

9 am-8 pm Mon-Sat  
9 am-5 pm Sun  
Apr-Dec

Complete retail garden center and farm market. We're located 1/2 mile south of 41 on U.S. Hwy 169. Bedding plants, perennials, geraniums, hanging baskets, trees, shrubs, evergreens, and windbreak plants. All types of vegetables and fruits in season. Visit Bob's Pumpkinland in the fall—known for the largest selection of large and small pumpkins. Call for information.

### Brewery Creek Farm Market



Scenic US Hwy 169  
Belle Plaine  
612/873-6555

Seasonal Hours

On-farm market and greenhouse. ASPARAGUS harvested fresh daily! Large quantities available mid April through June. HYDROPONIC TOMATOES (starting in May!), large variety of HERBS and HERB PLANTERS, geraniums, bedding plants, hanging baskets. Beautiful fresh-cut flowers: gladiolus, peonies, lilies, zinnias and many others. Pumpkins, squash, dried flowers and fall decorations available late summer and fall for wholesale and retail. You're invited to our 17th ANNUAL SPRING OPEN HOUSE held first weekend in May: drawings, refreshments and price specials.

### Cal's Market & Greenhouse



County Rd 42 & County Rd 27  
Savage  
612/447-5215

9 am-8 pm  
Seasonal

Located 3-1/2 miles west of 35W. Bedding plants, geraniums, hanging baskets, nursery stock, tomatoes, vegetables, fruits and Christmas trees. Super-sweet sweet corn our specialty.

### Cedar Summit Farm



25816 Drexel Ave  
New Prague  
612/758-6886

By appointment  
Year round

Home of UNCLE DAVE'S Premium Meat Products offering lean pasture raised poultry, beef & pork (custom processing). Cedar Summit Farm has been featured in Star-Tribune, Minnesota Volunteer and Minnesota Farmer. Call for information and directions.

### Emma Krumbie's Restaurant, Apple Orchard & Bakery



US Hwy 169  
Belle Plaine  
612/873-3006

Year round

Family fun all year round! U-pick apples among 7,500 trees yielding 29 varieties in season. Enjoy U-pick pumpkins, raspberries and our friendly petting zoo. The Apple Jubilee (Labor Day Weekend). Mid-September celebrates fall with press your own cider and entertainment. Great Scarecrow Festival (October) features huge scarecrow display, handicap accessible wagon rides, festival games. The Apple Barn features an "orchard fresh" bakery, homestyle buffet, County Store—plus apples galore! Orchard Group Tours available.

### EZ Acres



25420 Natchez Avenue  
Elko  
612/461-3428

Beef-Year round  
Poultry-May-Sept

Call anytime, leave message if no answer. Beef for custom processing by the 1/4, 1/2 or whole. Whole fresh range fed chickens available June - September.

### Greenfingers Farm



7140 Casey Pkwy  
Prior Lake  
612/447-8945

9 am-7 pm Mon-Sat  
Noon-5 pm Sun  
Apr-Oct

Located southwest of Burnsville Shopping Center on County Rd 27, 1/2 mile north of Cleary Lake Park. Bedding plants, perennials, nursery stock and all types of vegetables in season: tomatoes, sweet corn, melons, etc. We have a complete garden center and roadside market with vegetables. All our produce is CERTIFIED ORGANIC (O.G.B.A.).

### Havlicek's Veseli Vrssek Happy Hill Orchard



Hwy 13 at 270th St  
Veseli  
612/758-4386

4:30-6:30 pm Mon-Fri  
10 am-6 pm Sat-Sun  
Aug 15-Dec

Located 4 miles north of Veseli or 6 miles east of New Prague, or 10 miles south of Prior Lake off County Rd 23. Featuring 23 varieties of apples that ripen from August through October. We also have light basswood blossom honey, plums, grapes, pumpkins, squash, tomatoes, garlic, & onions. Our no frills family operation allows us to charge the lowest prices.

### Kornder's Berry Farm



9751 Old Hwy 169 (Cy Rd 66)  
Belle Plaine  
612/873-6459

8 am-8 pm daily  
early June-mid July

"Pick-your-own" STRAWBERRY farm located 1-1/2 miles northeast of Belle Plaine on US Hwy 169, east 1/4 mile on Old Hwy 169 (County Rd 66). FREE picking containers provided. Families welcome! Call for picking information which is updated 4 times daily during picking season. Our 32nd season.

### Meadow Oaks Farm



4145 200th St E  
Prior Lake  
612/447-4189

7 am-6 pm  
Year round

Join the prestigious, the meat that royalty eats, farm FRESH LAMB. On-farm sales for custom processing. Located 3-1/2 miles south of Prior Lake on Panama Ave (Hwy 23) to 200th St E. Call for orders or appointments and for availability. Lamb is available year-round. Handspinning skirted fleeces, both colored and white. Also tanned lambskins, wool batts, wool mattress pads, roving and wool for stuffing dolls and toys. Also natural ringlets for doll hair and beads.

## Nelson's Apple Farm



County Rd 86  
Webster  
612/461-3355

10 am-6 pm Mon-Sat  
1-6 pm Sun  
Aug 15-Dec 20

Pick-your-own apples—20 different varieties! Apple barn open Aug 15-Dec 20 with pre-picked apples, cider, Apple Dandies®. Free wagon rides, petting zoo. School and senior citizen tours by appointment. PYO strawberries in June. PYO pumpkins in October. Straw maze. Gift shop. Pre-cut and cut-your-own Christmastrees after Thanksgiving. We're relocated 1 mile northwest of Webster on County Rd 86.

## Oak Hill Farm



23710 Homestead Ave  
Belle Plaine  
612/873-2903

By appointment  
June-Oct

Our corn-fed lamb is second to none! Whole or half lambs available, cut to your specifications at a local state-inspected processor. Located 30 miles southwest of the Twin Cities. Please call for prices and availability. Wool quilt bats, mattress pads, crafter's wool and lambskins are also available.

## Shun's U-Pick



County Rd 81  
Shakopee  
612/445-4023

Sun-up to dark  
June-Nov

Located between Shakopee and Prior Lake. 5-1/2 miles south of Shakopee on County Rd 17 to County Rd 82, go past golf course to County Rd 81 to first driveway on left side of road. From Bumsville take County Rd 42 to County Rd 83, go past bingo parlor to County Rd 82, take right to County Rd 81 and take left to first driveway on left side of road. Strawberries & raspberries. Children welcome.

## Sponsel's Minnesota Harvest



### Apple Orchard & Bakery

Old Hwy 169 Blvd at Apple Lovers' Ln  
Jordan  
612/492-2785 or 492-3169 or 49-APPLE

ACTIVE HARVEST-TIME ATMOSPHERE! KIDS WELCOME. Pre-picked and PYO apples, 45 varieties. Pies, cider, delicious squeeze-bottle caramel, apple butter, honey, jellies, pumpkins (ALL GROWN OR MADE ON SITE). Large, exceptional bakery. Meals, snacks, wagon rides, nature walk, animal farm, live pony rides. Field trips and tour groups welcome; please arrange ahead. Directions: Hwy 169 south from Shakopee. Don't exit at Jordan. Go two miles past Jordan, then left on Cty Rd 59. Credit cards accepted. 9 am-7 pm daily. Year round

## Spring Lake Farms



4340 E 190th St  
Prior Lake  
612/440-4225

April-Dec

Chickens and turkeys raised the way Grandma and Grandpa did. Birds are allowed to roam and exercise in grassy outside runs, helping them to supplement their diets with bugs, worms, grass, seeds and who knows what. This helps produce a healthier, firmer and more tasteful bird. Please call for availability and prices. Located 2-1/2 miles south of Prior Lake or 8 miles west of Interstate 35W.

## SHERBURNE COUNTY

### Grayson's Berryland



6679 County Rd 8  
Clear Lake  
320/743-3384

8 am-6 pm Mon-Fri  
8 am-3 pm Sat  
8 am-1 pm Sun

Located 45 minutes north of Twin Cities on I-94. Take Clearwater exit and travel north on Hwy 24 to County Rd 8. Pick-your-own or already picked strawberries, blueberries, raspberries, and rhubarb. Containers provided. Also fresh potatoes.

### Norm's Farm Market



10568 Hwy 25  
Becker  
612/261-4267

8 am-dark daily  
June 25-Nov

Homegrown sweet corn, potatoes, melons, vegetables, squash, pumpkins and other vegetables in season. Wild rice available year round. Located 2-1/2 miles northwest of Becker on Hwy 25.

### Oakwood Game Farm, Inc.



Hwy 169  
Princeton  
1-800-328-6647

8 am-5:30 pm Mon-Fri  
8:30 am-noon Sat

Three miles south of Princeton. Commercial hatchery and rearing facility for game birds since 1967. Ringneck pheasant, chukar partridge and wild turkey hatching eggs, day old chicks and adult birds available retail. Also retail store featuring smoked and fresh frozen pheasant, quail, mallard duck, wild turkey and partridge. Gift packs shipped nationwide, Visa/Mastercard.

### Petersen Gladiolus



18040 US Hwy 10  
Big Lake  
612/263-3078 or 612/263-6575

7 am-dusk Mon-Fri  
7 am-5 pm Weekends

On-farm sales outlet located 1/2 mile east of Big Lake. Cut gladiolus and various other cut flowers, sweet corn, tomatoes, strawberries, other vegetables in season.

### Petersen Tree Farm



County Rd 6  
Clear Lake  
612/441-6094

9:30 am-5 pm, Fri/Sat/Sun  
Starting day after Thanksgiving  
'til Christmas

Family-oriented tree farm conveniently located 3 miles north of Hwy 10 on County Rd 6 in Clear Lake. Scotch, Norway, White Pine, Spruce, Fraser Fir and Balsam. Free hay rides, free candy canes, free toys for kids. Free tree shaking and baling, weather permitting. A family-run operation offering a fun holiday outing in the country. Call for prices.

### Riverside Farm Market



Hwy 10  
Anoka  
612/427-6023

9 am-8 pm Mon-Sun  
beginning May 1-Oct 31

Located five miles northwest of Anoka. Full line of bedding plants. Sweet corn, peppers, melons, tomatoes, squash, etc. Fresh from our fields to your table.

### Tallakson's Tree Farm

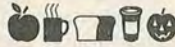


15875 255th Avenue  
Big Lake  
612/474-7196

Christmas trees: wholesale, retail, and choose & cut. Nursery stock: dig your own, potted and balled/burlap available (Spruce, Pine, Birch, Maple, Oak). Pumpkins and evergreen boughs. Call before coming to farm, delivery available. Open 9 am-5 pm Tues-Sat. Nursery - April-Oct. 9 am-5 pm Sat & Sun, Christmas Trees - Nov & Dec.

## WASHINGTON COUNTY

### Aamodt's Apple Farm



Hwy 36 & Manning Ave (Cty 15) Stillwater  
Seasonal hours  
June-Dec  
612/439-3127

Throughout the season Aamodt's takes on a festive atmosphere. Our turn-of-the-century farm village comes alive with children's laughter rising from the hay maze as fiddlers stroll the grounds. Take a hay ride, or sit back and relax in the pantry with homemade bakery goods and fresh pressed cider. Visit our pumpkin patch or take a ride in Aamodt's hot air balloons. Also, we've added a winery, unveiling both apple and grape wines.

### Afton Apple Orchards



14421 S 90th St Afton  
7 am-8 pm or 'til picked out daily  
June-July  
612/436-8385  
10 am-6 pm daily  
Aug-Oct

Come "Pick your own" strawberries, apples, raspberries and pumpkins. Located on S 90th St between Cty Rd 21 and Minnesota 95, two miles south of Afton Alps in the scenic St. Croix Valley. Strawberries - June and July. Call for picking conditions. Apples and fall raspberries - Aug through Oct. Pre-picked fruit also available. Honey, jam, jellies, cider, maple syrup and other apple-time favorites. Playground and picnic facilities. Free hayrides on weekends in the fall. Call for directions and tour information.

### Afton Raspberry Co.



1421 Neal Ave S  
(County Rd 71 & 15th St S)  
Afton  
612/436-7631

8 am-dark daily  
mid July 'til frost  
(first week in Oct)

Pick-your-own raspberries mid-July through frost (first week in Oct). Bring a lunch and enjoy our "Pickers' Patio." Please call to make sure we have raspberries on the day you wish to come. From St. Paul: take 94 east to Manning. Go south on Manning 200 feet before turning left on the frontage road. At first stop sign (1 mile) turn right onto Neal Ave. Continue on Neal 1.3 miles. Afton Raspberry Co. is on the left.

### Afton South Oak Orchard



13255 50th St S  
Afton  
612/436-8467

Afternoons Sat-Sun  
Sept-Oct

Apples. Please call for varieties or more information.

### Arbor Hill Tree Farm



6520 Keats Ave S (Cty 19)  
Cottage Grove  
612/459-8805

Seasonal Evening/Weekend Hrs

The Knutson Family Tree Farm. Growers of quality Colorado Blue Spruce trees. Pick from various sizes. Other tree varieties as well. Landscape design, installation and tree moving service available. Please call for more information and directions.

### Axdahl's Garden Farm



7452 Manning Avenue N  
Stillwater, MN 55082  
612/439-2460

Seasonal

"Axdahl's" roadside located at Co. Rd. 12 & 15, 1 mi. N. of Hwy 36 on Co. 15 just west of Stillwater. Other sales locations - St. Paul Farmers' Markets and Stillwater Farmers' Market. Sweet corn, snap beans, melons, pumpkins, squash, ornamental corn, gourds and Christmas trees. Come and shop in our restored early 1900's barn for pumpkins and Christmas trees and pick your own pumpkins at 12 & 15 location.

### Bernin's Tree Farm



6540 Green Ave N  
Hugo  
612/426-3856

9 am-5 pm daily  
Day after Thanksgiving-Dec 24

Scotch, Norway, White Pine, Fir or Spruce trees shaken to remove loose needles. Apple cider, cookies and coloring books for the kids. Located 15 minutes from St. Paul, one mile east of Ricci's Saloon on Hwy 61. From 35E go right at Hugo exit and follow signs. Pre-cut trees, wreaths and garland also available.

### The Berry Patch



Manning Tr & County Rd 50  
Forest Lake  
612/433-3448

Daily  
May-Sept

Pick-your-own farm. Travel five miles east of Forest Lake on Hwy 97, then south on County Rd 15 or Manning Tr for 1-3/4 miles, then turn right onto County Rd 50. Open in May for sale of pre-picked asparagus; in June for pick-your-own and pre-picked strawberries; in July for pick-your-own raspberries and blueberries; in September for pick-your-own raspberries; in October for pumpkins. Call before driving to the farm. Children welcome. Containers provided.

### Bittersweet Farm

2500 Manning Ave N  
Lake Elmo  
612/439-0728



4 pm-7 pm Mon-Fri  
Noon-7 pm Sat & Sun  
mid July- end of Oct

Fresh at the field sweet corn. 1 1/2 miles south of the Washington County Fairgrounds on Cty Rd 15. Pick your own pumpkins plus pre-picked squash, pumpkins and fall decorations including corn stalks, decorative corn, and bittersweet. Alternate directions: 2 1/2 miles north of I-94 on Manning Avenue (Cty Rd 15).

### Covered Bridge Farm

18655 Forest Blvd (U.S. 61)  
Forest Lake  
612/464-0735



Seasonal hours

Pick your own U of M cultivar blueberries available early July; pumpkins in October; and cut your own Balsam, Spruce, Scotch or White Pine Christmas trees starting the Friday after Thanksgiving. Replica covered bridge over Farm Creek in picturesque rural setting. Easy access from I-35; just 2 1/2 miles south of State 97, south end of Forest Lake, on U.S. 61. Call for specifics in season.

### Croix Farm Orchard "Fischer's"

12971 St. Croix Trail S  
Hastings  
612/437-7126



Open daily  
Sept-Nov

Located on the scenic Lower St. Croix River, one mile north of Hwy 10 on Washington County Rd 21. Six miles south of Afton Alps, next door to Carpenter's Nature Center. Apples pre-picked or pick-your-own, honey, jams and jellies, cider, maple syrup, and fall vegetables. Take a hayride or hike through the orchard to our pumpkin patch and amazing maze or Press-Your-Own Cider in our cider porch. Picnic facilities available. Hayrides on weekends.

### Gilbertson Farms

12791 Oakhill Road  
Scandia  
612/433-2227



10 am-6 pm Tues-Sun  
mid July-mid Sept

On the farm and roadside stands. Call for roadside locations. Sweet corn - super sweet varieties.

### Grove Orchard

8455 110th St S  
Cottage Grove  
612/459-4752



9 am 'til dark  
Aug 15-Oct  
9 am-6 pm  
Oct-Dec 1

Go south from St. Paul on Hwy 61, exit Jamaica, turn right, follow signs to orchard. All MN varieties of apples from early State Fair to late Regent and Keepsake. U-pick apples, pumpkins, flowers and store sales. Thrift boxes and holiday gift boxes, plus apple pies, apple cider and honey. Orchard walking trails and wagon rides to pumpkin patch. Group evening hayrides by appointment.

### Hugo Animal Farm, Inc.

9441 180th St N  
Hugo, MN 55038  
612/433-3345



Open daily, Seasonal hours  
Reservations required (except Dec)  
End of April-June, Mid Sept-Oct  
& Nov 29-Dec

Take a guided "farm animal" tour in spring or a hay ride to the pumpkin patch in fall. We have nature hikes, picnic facilities and many seasonal activities on our operating farm located 15 miles north of Highway 694. Individuals, group and families welcome. Call for information, reservations or admission price. Honey, pumpkins, gourds, corn shocks and bales available in season. Christmas tree sales in December. Available for company picnics. Ask for details, many exciting options.

### Johnson's Whistling Well Farm

S. Croix Trail & 90th St  
Afton  
612/436-7314



10 am-dusk Sat-Sun  
Sept-Oct

Located 2 miles south of Afton Alps/Afton State Park and 1/4 mile east of Afton Apple on County Rd 21 & County Rd 76. Fall raspberries, apples, ornamental corn, corn stalks, straw, gourds, honey, dried flowers, squash, pick-your-own pumpkins and other assorted vegetables. Groups welcome mid week by appointment.

### Jordan Ranch

6400 Upper Afton Rd  
Woodbury  
612/738-3422 or 612/739-9578



9 am-6 pm Tues-Sat  
10 am-6 pm Sun

Farm market four miles east of downtown St. Paul. Call for produce availability and to place large orders of freshly picked quality produce. U-pick tomatoes when harvest allows, call. Also available: sweet corn, tomatoes, bedding plants, broccoli, Brussels sprouts, beans, cantaloupe, cauliflower, cucumbers, cabbage, dill, eggplant, gourds, kohlrabi, onions, ornamental corn, peppers, popcorn, potatoes, pumpkins, summer and winter squash, watermelon, crafts and covering hay. Horse-drawn hay and sleigh rides by reservation.

### Krueger's Sprucegate Farm

4452 Lake Elmo Ave No  
Lake Elmo, MN (call for nursery stock availability)  
612/257-8638



Nov 15-Dec 23

Family-owned and operated Christmas tree farm located in the beautiful St. Croix Valley. Our family has been growing and selling quality Christmas trees and nursery stock for over 40 years. We specialize in large Balsam and Fraser Christmas trees. Located close to Stillwater, in Lake Elmo, between Hwys 5 and 36.

### Lofton Ridge Deer Farm

24740 Lofton Avenue  
Chisago City  
612/440-4225



Year round  
Daily - by appointment  
Delivery available

Venison, bison, rabbit, pheasant, wild boar, ostrich, wild turkey. (Roasts, steaks, burgers, 1-lb chubs, primals, sub-primals). Some products seasonal. 10 mins. east of Forest Lake, 10 mins. west of Scandia on Hwy 97, North on Washington County #1 (Lofton Ave) 3.2 miles.



### McDougall's Apple Junction



St. Croix Tr & 110th St  
Hastings  
612/437-6794

Noon-6 pm Mon-Fri  
10 am-6 pm Sat-Sun  
late Sept-Nov

Orchard located just 20 minutes south of St. Paul. Four miles south of Afton Alps or two miles north of Carpenter's Nature Center on County 21 & County 78. Apples, honey, pick-your-own pumpkins, jams and jellies, fall vegetables, Chrysanthemums, dried flowers, crafts and more. Make a drive along the beautiful lower St. Croix River Valley an autumn tradition, and be sure to include a visit to McDougall's Apple Junction. Gary and Alice McDougall.

### Nature's Nectar



11108 Manning Trail North  
Stillwater  
612/439-8793

May-Dec  
Seasonal hours

Located in the beautiful St. Croix River Valley. 5 miles north of Hwy 36 on Manning (Cty 15). Local honey, spun honey, comb honey, beeswax products. Seasonal gift packs. Please call ahead. Look for us at the Stillwater and White Bear Farmers Market.

### Northern Vineyards Winery



402 N Main St  
Stillwater  
612/430-1032

10 am-5 pm Mon-Sat  
Noon-5 pm Sun  
Year round

Minnesota wines made from locally grown grapes. We offer a broad selection of award winning wines ranging from oak-aged reds to light and fruity whites. Located in the historic Staples Mills complex.

### Northwoods Christmas Trees



18150 Forest Road N  
Forest Lake  
612/464-2893

8 am-5 pm Fri/Sat/Sun  
Thanksgiving 'til Christmas

Pre-cut or U-cut Scotch, White Pine, Spruce & Fir. Large pre-cut Fir. Shake & bale trees, heated barn/office with free cider, candy, coloring books, tree disposal bags, etc. Fresh wreaths made on site. Bon-fire with free marshmallows. Located 3 1/2 miles north of Hugo or 3 miles south of Forest Lake on Hwy 61. Approximately 17 miles north of St. Paul.

### Out Back Nursery, Inc.



15280 110th St S  
Hastings  
612/438-2771

2 pm-5 pm Fri  
8 am-4 pm Sat  
May-Nov

Native Minnesota container-grown trees, shrubs and perennials. (As well as unusual and common hardy plants and landscaping hardgood materials.) Hard to find items. Looking for native plants? Call us! Looking for design, consulting or landscape service? Call us! We deliver. From State Hwy 10/61 go north on State Hwy 95 1/2 mile to 110th St S. East on 110th St 3-1/2 miles to the Nursery (on left). We are also open by appointment.

### Pine Tree Apple Orchards



E Hwy 96  
White Bear Lake  
612/429-7202

Seasonal hours  
June-Feb

On-farm sales northeast of White Bear Lake (Hwy 61 north through White Bear Lake, east on Hwy 96, north on Apple Orchard Rd). Picturesque orchard setting offering a variety of apples (Aug - Feb), homemade apple bakery/dessert products, caramel apples, fresh cider, apple gifts, gift baskets, jams & jellies. For family outings-wagon ride, PYO pumpkins in October, entertainment, x-c skiing. Call for schedule. Tours Aug-Oct are educational and fun - reservations needed. PYO and ready picked strawberries available in June. Other location in Fillmore County.

### Poplar Hill Dairy Goat Farm



12521 Mayberry Trail N  
Scandia  
612/433-2684

Year round

Goat milk and goat milk cheeses. Please call before coming to the farm.

### Red Cardinal Farm



9694 75th St No.  
Stillwater, MN 55082  
612/653-8038

8 am-6 pm Mon-Fri  
May 15-Oct 5

The farm is located west of Stillwater on 75th St N (County 12) 1-1/2 miles north of Hwy 36. Organically grown fancy baby lettuces and greens, herbs, tomatoes, raspberries, fresh and dried flowers, plus more. We offer Community Supported Agriculture (CSA) and Bouquet of the Week Memberships. We sell gourmet produce directly to chefs/restaurants and cut flowers to florists. Call for information and references. Tours by appointment.

### Shiloh Farm



8855 202nd Street N  
Forest Lake  
612/464-3415

9 am-9 pm  
Mon-Fri  
April-Oct

We are located approximately 30 minutes from Minneapolis or St. Paul, 4 miles east of Interstate 35. Shiloh is an organic subscription farm, offering a large variety of fresh fruits, vegetables, herbs, flowers and poultry. Order early, our shares are limited. We also have available landscape consulting and nursery stock. Take a trip to the Farm!

### St. Croix Vineyards



Hwy 36 & Manning Ave (Co Rd 15)  
Stillwater  
612/430-3310

Seasonal hours

St. Croix Vineyards Winery and Tasting Room is located in a restored 1800's barn at Aamodt's Apple Farm. Tour our vineyards and sample our award-winning wines. Nine grape and two apple wines will be available along with cheese and bread to fill your picnic basket. Come and visit a new taste in Minnesota. Seasonal hours daily, Aug-Nov. Seasonal hours Fri-Sun, Labor Day-Aug.

### Twin Pine Farm

21509 Lofton Ave N  
Scandia  
612/433-4644

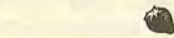


9:30 am-5 pm  
Mon-Sat  
Year round

Hydroponic vegetable farm located 1/2 mile north of MN 97 on Lofton Ave N (Co. 1). Tomatoes, specialty greens, sweet & hot peppers and fresh herbs are available year round. We also have herb and fruit infused olive oil and vinegars, marinades and flavored honey. Tours are available.

### Withrow Berry Farm

County Rd 7  
Withrow  
612/439-4481



7 am 'til picked out  
mid June-July 4

We're located between White Bear Lake and Stillwater. From St. Paul: east on Hwy 36 to Washington Cty Rd 15 (Manning Ave), north on 15 to Washington Cty Rd 7; follow signs to farm. Call for daily information. Strawberries: pick your own or already picked. Call ahead to order berries already picked.

## WRIGHT COUNTY

### Apple Jack Orchards, Inc.

4875 37th St SE  
Delano  
612/972-6673



10 am-6 pm daily  
mid Aug-Dec

Located west of Rockford—note sign—one mile south of Hwy 55 on County 115. Many apple varieties and cider. Large barn full of handmade crafts and gifts as well as tasty treats to eat. Weekend Wagon rides. Fun Fall family outing.

### Betzler's Blue Ribbon Vegetable Farm

3623 156th St NW  
Clearwater  
320/558-2431



Tues/Thurs/Sat  
St. Cloud Farmers Market  
July-Oct

Vegetable farm conveniently located 1 1/2 miles from I-94 along Mississippi River. Sweet corn, tomatoes, potatoes, onions, cucumbers, peppers, beans melons, cabbage, broccoli, kohlrabi, popcorn, summer and winter squash, pumpkins, ornamental corn & gourds, honey, plus more. Directions: From I-94 - Take Hasty Exit 183. Go north 1 mile on Co. Rd 8/Elder Ave NW to T. Turn right on 156th St NW, 1/2 mile to first farm on right. Call before coming to farm.

### Black Dog Farm

County Rd 116 & 33  
Buffalo  
612/682-5277



Seasonal hours  
July-Oct

Fruit farm with pick-your-own or picked raspberries in July and Sept, apples starting in late Aug. Pick-your-own apples. Located two miles north of Hwy 55 between Rockford and Buffalo, southeast corner of Wright County Rd 116 and 33, 3 miles west of Rockford. Call for picking dates and times. Always open weekends.

### Carlson's Orchard, Bakery & Cider Mill

11893 Montgomery Ave  
Winsted  
320/485-3704



9 am-7 pm daily  
Aug-Sept-Oct  
9 am-6 pm daily, Nov

"99¢ PIE & ICE CREAM" ALWAYS! Orchard, farm bakery and cider mill located on Carlson's Orchard in Winsted. Minnesota apples, raspberries and pumpkins. Baked goods, jams and cider made in our bakery and cider room. Walk or hayride through our orchard, followed by soup, sandwich, pie and coffee in our dining area. LOCATED five miles south of State HWY 12 on COUNTY RD 5 (between Howard Lake and Cokato), or 5 miles west of Winsted on COUNTY 56. JOE and COLLEEN CARLSON.

### Countryside Apple Farms

13506 US Hwy 12 SW  
Cokato  
320/286-6115



Noon-dusk Sun-Fri  
9 am-dusk Sat  
mid Aug-mid Nov

Roadside market located just east of Cokato on US Hwy 12. Many varieties of apples are available through the season. Fall crops and vegetables will be on hand. You are always welcomed to call. It would be our pleasure to be of service to you!

### Deer Lake Orchard

1903 10th St SW (County Rd 108)  
Buffalo  
612/682-6159



10 am-7 pm daily  
Aug-Oct

Good time country atmosphere. 26 varieties of apples, fresh cider, pumpkins, squash, ornamental corn, apple pies and more! Weekends: free wagon rides through our scenic orchard and into Groggins Woods, miniature barnyard, pony rides, and caramel apple sundaes. "APPLE FEST" 9/27 & 9/28. Group tours available by prearrangement. From Buffalo take Hwy 25 south to County Rd 12 to County Rd 108.

### Fair Haven Farm

13835 51st Avenue  
South Haven, MN 55382  
320/236-7685



7 am-7 pm, June-July  
11 am-6 pm Daily  
Aug-Oct

Located three miles north of South Haven and 18 miles south of St. Cloud. Near the intersection of County Rd 44 and 7 in Fairhaven. Open June and July for pick-your-own strawberries, raspberries and blueberries. Also open in Aug-Oct for a wide selection of Minnesota apples. Also sell wide variety of grapes and dried flowers. Call for directions.

### Fall Harvest Orchard

County Rd 30 SE  
Delano  
612/972-3894



Seasonal hours  
Aug-Nov

The orchard, located on a working farm, features fifteen varieties of Minnesota apples. Visitors may pick their own or buy fresh apples from our Apple House. Other u-pick produce includes gourds, pumpkins, squash, calico corn, etc. A popular activity is the old-fashioned cider press where families can press their own fresh apple cider. Children will enjoy seeing the diversity of animals on the farm. A gift shop offers stained glass, wooden apple crates and more. We're located 5 miles west of Delano on County Rd 30.

### Homeplace Beef™ Organic Farm



14316 Endicott Ave NW  
Clearwater  
320/558-6392

Corn fed beef quarters & halves cut, wrapped & sharp frozen at local locker according to customer's instructions. Cattle are fed only homegrown corn, hay and pastures produced without pesticides or chemical fertilizers. All cattle are born on *Homeplace Farm*—no outside cattle purchases. Recognized in the *Humane Consumers & Producers Guide* for humane husbandry practices. In business since 1972. Call for prices and more information.

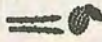
### Jim Rougier's Berry Farm



6687 Cameron Avenue NE 8 am-until picked out  
(County Rd 131) mid June -mid July  
Buffalo  
612/682-1904

Pick-your-own strawberries at our farm located 5 miles north of Buffalo on Hwy 25, then left onto County Rd 37 for 1/4 mile, then left on 131 or 5 miles south of Monticello on Hwy 25, then right on County Rd 37 for 1/4 mile, then left on 131 to farm. Watch for signs. Call before coming for picking information.

### McKinley Bridge Farm



5901 Farmington Ave SE  
Delano, MN 55328  
612/972-3911 or 972-3886

Seasonal hours  
May 1-31 or  
Sept 1-frost

Hwy 12 to Delano, north on County Rd 17, left on Farmington Ave SE. 3/4 mile to farm. U-pick or we-pick asparagus in May and fall raspberries from Sept. 1 to frost.

### Meadow Brook Organic Acres



9182 Lathrop Ave SW  
Howard Lake  
320/543-3225

South of Howard Lake on County Rd 6—go 2-1/2 miles to County Rd 30—go west 2 miles on #30 to Lathrop Ave SW—turn left—first place on left. OR 1 mile east of Cokato to County Rd 5—south 3 miles to County Rd 30—east one mile to Lathrop Ave SW—turn right—first place on left. Organic since 1979. Beef for custom processing.

### Mrs. Neisen's Home Grown Chickens



3772 County Rd 30 SE  
Delano  
612/972-2048

Sale Day-Sat  
9 am-5 pm  
Year round

20 minutes west of Minnetonka on Hwy 12. Located 1 mile west of Delano on County Rd 30. We specialize in home grown chicken. These meaty, delicious chickens are dressed and flash frozen for quality and freshness! Please call your order in. These birds go fast, and weekly supplies are limited! Whole, cut-ups, smoked & special order cuts available. My chickens are also available at Rieders Meat Market in downtown Delano Monday-Saturday.

### Plum Crazy Orchard



2542 50th St NE  
Buffalo  
612/682-3738

Seasonal hours

Wholesale orchard and dried flower business. Specializing in Minnesota grown plums, Honeycrisp and Sweet 16 apples (other varieties, too) plus a large variety of dried flowers. Call before coming.

### Susan Marie Potpourri and Herbs



Wright County 116  
Buffalo  
612/682-6645

9 am-7pm Thurs-Sat  
Noon-5 pm Sun  
May 8 - Sept 7

Medicinal and Culinary Herb Plants, Everlasting plants, tomato and pepper plants. 200 varieties. Organically grown. Tour gardens for landscaping ideas. Group herbal walks available by appointment. 2 miles east of Buffalo Target on Highway 55, then 2 miles east on County 33, then south on Wright County 116. Second place on right.

### Wood's Edge Apples

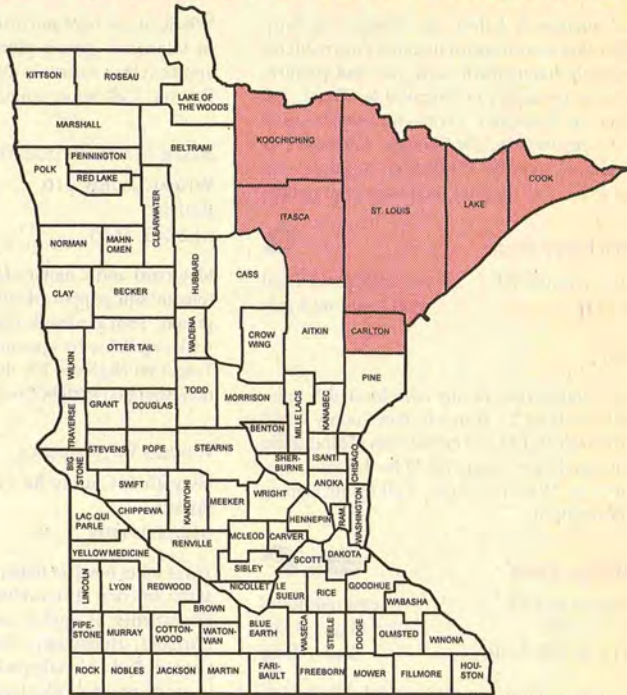


Hwy 25 & County Rd 113  
Buffalo  
612/682-4409

9 am-7 pm Mon-Sat  
Noon-7 pm Sun  
Aug 20-mid Nov

Three miles north of Buffalo or 6 miles south of Monticello at the junction of State Hwy 25 and County Rd 113. Over 20 varieties of apples including State Fair, Sweet 16, Cortland, Honeycrisp, Haralson, Regent, Fireside and Connell Red. Already picked or pick-your-own. Quality is our #1 priority. Also large selection of dried flowers and pumpkins, plus squash, plums, pears, honey, strawberries, melons, ornamental corn and cider.

# Northeast Area...



## CARLTON COUNTY

### Butkiewicz Family Farm



6710 Butkiewicz Road  
Kettle River  
218/273-6100 or 218/273-4805

Pick-your-own raspberries, pre-picked available upon request. Old Fashioned Raspberry Jam, Country Raspberry Sauce, Honey, Wild Rice and Minnesota Gift Baskets. Choose-and-cut Christmas trees. Christmas Lane lighting display. Live homegrown beef sold by the quarter, half or whole available year round for custom processing at inspected facility. From Moose Lake take MN Hwy 27/73 west 4-1/2 miles. Continue on Hwy 27 west to the left 6 miles. Turn right on County Rd 12 north for 1.7 miles. Turn left on County Rd 19 west 1 mile to Butkiewicz Rd leading to the farm. Enjoy a fine country drive to the Butkiewicz Family Farm. Daylight hours, July-Aug for raspberries. Nov-Dec for Xmas Trees.

### Carlton County Farmers Market



Hwy 45 & I-35  
Scanlon  
218/879-5790

8 am to sellout  
Saturdays  
June 28-Oct 25

Located just north of I-35 Scanlon exit. Fresh fruits, vegetables, bedding plants, honey, bread and baked goods, maple syrup, crafts. For more information contact Emma.

### Chub Lake Tree Farm



1867 E Chub Lake Rd  
Carlton  
218/927-6900

8 am-6 pm  
Seasonal

Located at Carlton, south 1 mile on County Rd 1, right 1 mile on County Rd 3, right on East Chub Lake Rd. Christmas trees available for your selection or limited numbers for wholesale. Balsam Fir, Norway, Scotch and White Pine. Excellent quality in all species. Regional delivery may be arranged if necessary. Smaller trees may be dug as needed for landscaping purposes. You dig - we dig.

### Finkes' Berry Farm



2331 County Rd 4  
Carlton  
218/384-4432

8 am dark  
July-Aug

Pick-your-own farm located nine miles southwest of Carlton; from I-35 (Mahtowa exit #227), two miles east, then one mile north on County Hwy 4. Open in July for pick-your-own and pre-picked strawberries, and open in Aug for pick-your-own blueberries. Please call ahead.

### Little Otter Nursery



2140 Gillogly Road  
Carlton, MN 55718-0006  
218/384-4216

Large sheared Balsam.

## COOK COUNTY

### Wild Country Maple Products, LLC



Barker Lake Road  
Lutsen  
218/370-0531

10 am-4pm  
Fri-Sun  
Aug-Oct

Come visit our historic old log sugarhouse and 10,000 tap sugarbush in Lutsen, Minnesota. We offer 100% pure maple syrup in a variety of sizes and containers. State and national wholesale distribution available. Inquiries welcome. Follow the Caribou Trail north off of Highway 61 seven miles, then left on HoneyMoon Trail one-half mile and left on Barker Lake Road 1 1/2 miles. Enjoy the fantastic fall colors, beautiful Lake Superior and much more.

## ITASCA COUNTY

### Blueberry Meadows



1009 Eight Mile Rd  
Grand Rapids  
218/326-0671

8 am-dusk  
late July, Aug, early Sept

Pick-your-own Northsky, Northcountry and Northblue blueberries. We're eight miles south of Grand Rapids on Hwy 169 to Eight Mile Rd, turn right on Eight Mile Rd and go 3/4 mile. Blueberry Meadows is on the left. Picking from last week in July through most of Aug. Call for picking days.

### Deer River Wild Rice, Inc.



E Hwy 2  
Deer River, MN 56636  
218/246-2713

8 am-3 pm  
Oct-July  
7 am-4 pm  
Aug-Sept

Selling wild rice.

### Great River Farmer's Market



Wal-Mart  
Hwy 169 South  
Grand Rapids

8 am-noon Wed & Sat  
mid June-mid Oct

Fresh produce, fresh and dried flowers, maple syrup products, wild rice. Handcrafted wooden furnishings for adults and children. Jams and jellies, fall crops and ornaments.

### Lavalier's Berry Patch



1750 County Rd 441  
Grand Rapids  
218/326-8271

June 20-Aug

Located five miles south of Grand Rapids on the River Rd, then 3/4 mile east on County Rd 441. Strawberries and blueberries. Please call for specific picking times.

## Nordic Ridge Gardens



1830 County Road 434  
Bovey  
218/247-7726

Seasonal hours

Pick Your Own Strawberries in our relaxed country setting. Containers and recipes, provided. Children welcome. Pre-picked berries by order only. Call ahead to avoid disappointment. Choose Your Own Pumpkins from our decorated barn. Hayloft maze for kids. Farm school tours mid-week. Call for hours. Located 4 1/2 mi. south of Calumet: Take Co. Rd. 12, go 3 1/2 mi, turn right on Co. Rd. 70, then left on (gravel) Co. Rd. 434. Follow signs.

### Patzoldt's Lost Frontier



3001 Horseshoe Lake Rd  
Grand Rapids  
218/326-5769

Daylight hours  
March-Dec

Since 1968. Located two miles southwest of Grand Rapids. Call to avoid disappointment. Organically grown, hand picked wild rice, maple syrup, maple walnut fudge, maple sugar, breads and other baked goods made with freshly ground, organically grown grains, maple syrup, and jams and jellies made with all natural fruit - no preservatives or additives. Gift boxes available with any combination of items. Brochure available.

### Wegner's Christmas Tree Farm



1551 Cardinal Dr  
Grand Rapids  
218/326-5965

9 am - dark Sat & Sun  
December

Specializing in Balsam Fir, Spruce, Norway Pine, Scotch Pine and White Pine to 10' in height. From Grand Rapids go east 8 miles to the Blackberry Store, turn right on Dove Lane for 1/2 mile, turn left on to Cardinal Drive for 1 1/2 miles. Look for fire #K125.

## ST. LOUIS COUNTY

### The Blueberry Patch



Lilac Rd & County Hwy 20  
Gilbert  
218/865-4100  
or 218/865-4384

8:30 am-8 pm  
Strawberries  
Open at 9 am Wed & Sat  
Blueberries  
late June-Sept 1

Go 2-1/2 miles east of Gilbert on State Hwy 135. Then go 5-1/2 miles south on County Hwy 20. Look for our sign. We have pick-your-own strawberries and blueberries. Hand harvested wild rice, jam and topping is also available. Supervised children welcome for strawberries, and children 10 and up are welcome for blueberries. Containers provided for strawberries, but please bring your own blueberry pails. Berry farming since 1986. Steven and Wanda Lerol.

### Homestead Mills

River Street & Mill Road  
Cook, MN 55723  
800/652-5233



9 am-5 pm Mon-Fri  
9 am-Noon Sat

Homestead Mills is a multifaceted manufacturer of specialty flours, cereals and batter mixes for your table. The Mill produces dozens of tasteful offerings including Northern Lites Pancakes, Country Blend Cereal, Uncle Wayne's Fish Batter and Native American Bannock Quickbread. Available in hand silk-screened bags are products make ideal "Gifts of Taste". Our company store carries a variety of gourmet foods produced in our area including wild rice, fruit preserves, syrups and honey. We ship world-wide.

### Lake Superior Syrup Company

3136 Maple Ln  
Duluth  
218/624-2696 or 218/722-8134



Pure organic Minnesota maple syrup. Available year round at two locations. 2 miles southwest from Spirit Mountain (218/624-2696 or near Miller Hill Mall (218/727-5976). Please call for directions.

### Lakewood Berry Farm

Jean Duluth & Riley Rd  
Duluth  
218/525-5710



Seasonal hours

Located 1/4 mile east of intersection of Jean Duluth and Riley Rd (Duluth). Call about opening times. Pick-your-own or pre-picked raspberries, strawberries, black currants and red currants. Jams and gift boxes also available.

### Mackey's Country Garden

6544 Bodas Road  
Gilbert  
218/865-4612



11 am-6 pm  
Mon, Thurs, Sat  
By appointment only  
mid July-Aug

Pick-your-own or pre-picked orders. We are also at the Virginia Farmers Market on Tuesdays and Fridays.

### Peterson's Berry Farm

2001 Hwy 37  
Eveleth  
218/744-5759



9 am-dusk  
July-Aug

Our pick-your-own farm entrance is located one block west of Junction of HWY 37 & HWY 53, just five miles south of EVELETH. Call for pre-picked ASPARAGUS in late May and June. Open in early July for STRAWBERRIES, mid July for SASKATOONS (JUNEBERRIES) followed by BLUEBERRIES to late August. Free picking containers provided. Please call for picking information and pre-picked orders.

### Pioneer Forests

9749 Hwy 133  
Meadowlands, MN 55765  
218/427-2185



9 am-6 pm  
Nov 28-Dec 23

Pre-cut and choose and cut Christmas Trees. Farm tours and school stours by appointment. visits all year without appointment. 12 miles West of Hwy 53 on Cty Hwy 133. Hwy 133 is 2 miles north of Canyon, MN.

### Shary's Berries

1651 Two Harbors Rd  
Two Harbors  
218/834-5221



call for picking times  
late July-mid Aug

Pick-your-own organic blueberries. Raspberries, carrots, basil, leeks and more. Certified organically grown.

### Superior Highland Sugarbush

546 Rose St  
Duluth  
218/525-6837



Year round

Provides pure maple syrup and maple cream from Lake Superior high country maples near Two Harbors. More than 15,000 gallons of sap are boiled over a wood fire each April to produce a fine-flavored product that meets organically grown standards. Sugarbush tours by request. Philip Cook, sugarmaker, sells maple products from his home.

### Virginia Farmers' Market

Armory Parking Lot  
8 1/2 St South  
Virginia  
218/865-4732



2-6 pm  
Tues & Fri  
July-Oct

Offers locally grown produce: strawberries, wild and domestic blueberries, raspberries, sweet corn, tomatoes, wild rice, melons, cucumbers, all kinds of vegetables and fresh flowers. Call for more information.

## Did You Know?

 HealthPartners.

# Research shows eating fruits and vegetables can give you a healthier life!



## Preventing Diabetes

You or someone you know may be if you are overweight, eat a high-fat diet, have high blood pressure or other risk factors.

along with getting regular physical activity, can help prevent diabetes.



For a FREE video and workbook about how you can prevent diabetes, call HealthPartners at (612) 883-6745.

Here are just a few reasons why you should choose a fruit or vegetable to satisfy your next snack attack:

According to the National Cancer Institute, people who eat more fruits and vegetables have half the cancer risk of people who eat only a few.

Eating five or more servings of carrots weekly has been shown to have a significant effect on lowering a woman's risk of stroke.



Men who eat more Vitamin C and beta-carotene rich fruits and vegetables have a 30% lower risk of dying from a heart attack compared to men who eat fewer of these fruits and vegetables.

A study of more than 5,000 men showed that for each additional three servings of fruits and vegetables they ate per day, there was a 22% decrease in their risk of stroke.

Fruits and vegetables are great natural sources of fiber and antioxidants, which are believed to be protectors against heart disease and cancer.



Folic acid is an important B vitamin that can help prevent birth defects. Fruits and vegetables such as oranges, pineapple juice, artichokes, spinach, asparagus and other greens are some of the best dietary sources of folic acid.

All women of child-bearing age should take a daily folic acid supplement of 0.4 mg. (400 mcg.).

# It's easy to feel more energetic and productive!

In addition to eating lots of fruits and vegetables, you will feel better and improve your health by being active every day! Here are a few ideas:

## Free Course Catalog



Interested in finding out more about how you can

- be more active?
- eat healthier?
- watch your cholesterol?
- control stress?
- manage your weight?
- be a better parent?

HealthPartners offers low-cost health education classes throughout the Twin Cities area. All classes are open to everyone (you don't have to be a HealthPartners member) and are taught by health education professionals.

For a free course catalog, call the *Partners for Better Health*® Phone Line at **883-7800**. (1-800-311-1052 outside the Twin Cities area.)

Health educators and registered dietitians can also link you with many resources, including books and brochures, personalized counseling, community groups and more.

- Keep active in the yard. Plant a garden. Pull weeds.
- Take a brisk 10-minute walk on your lunch break. You'll feel good, and have more energy the rest of the day, too!
- Hop off the bus or out of your car a few blocks early and walk the rest of the way.
- Try a fun new activity like biking or inline-skating to your nearest farmer's market.
- Use a walking lawn mower to groom your grass. Volunteer to mow your neighbor's yard as well!
- Be adventurous. Take a family hike around town or a city park.
- Climb the stairs instead of riding the elevator. You'll be more fit without adding additional time to your fitness routine.
- Take someone apple or berry picking!



**Try to accumulate 30 minutes of physical activity most days of the week, and you'll be amazed at how much more energetic you feel!**

**Remember, you don't have to do your physical activity all at the same time—10 minutes here and 10 minutes there will all add up to big benefits!**



# 15 Great ways

## to add fruits and veggies to your day:

- ✓ Top cereal, waffles or pancakes with fresh, canned or dried fruit.
- ✓ Load pancake batter with chopped apples, berries, bananas and walnuts.
- ✓ Drink 100% fruit or vegetable juice instead of soda pop for a snack or with breakfast.
- ✓ Replace your cookie jar with a fruit bowl.
- ✓ Keep vegetable sticks in your refrigerator in plastic bags.
- ✓ Experiment with exotic fruits and vegetables such as pomegranates, artichokes, jicama and mangoes.
- ✓ Try dried apricots, cranberries, raisins, prunes or a mixed fruit combo.
- ✓ Pile your sandwich high with lettuce, tomato, cucumbers or sprouts.
- ✓ Add chopped or grated broccoli, carrots or sweet potato to chili, spaghetti sauces, casseroles or stew for added flavor and nutrients.
- ✓ Dip fruit in low-fat vanilla yogurt or lemon yogurt, or make a veggie dip with fat-free sour cream and mayonnaise.
- ✓ Grill sliced peppers or zucchini.
- ✓ Sprinkle fresh cilantro, basil and tomato on your favorite pasta.
- ✓ Microwave low-fat cheese and veggies on a tortilla, roll and dip in salsa.
- ✓ Top angel food cake with fresh berries.
- ✓ Experiment with a new kind of squash.



## Tasty, quick and healthy recipe ideas

One of the main reasons people don't eat healthier is time! Our busy schedules limit the time we spend planning and preparing meals. It's easy to fall into a high-fat, fast-food rut. Try some of these ideas which don't take a lot of time:



### Kabobs

Marinate cubed chicken or round steak in equal parts of apricot juice, low-sodium soy sauce, and white wine for several hours. Place on skewers with green and red peppers, cherry tomatoes, potato wedges, large mushrooms, onion wedges and pineapple chunks. Grill until meat is no longer pink and vegetables are tender. Serve with fruit and whole grain rolls.

### Squash Spaghetti

Place whole spaghetti squash in microwave on plate. Poke with fork. Cook on high for 9 minutes. Turn over and microwave for another 5-10 minutes. Remove. Cut squash in half and remove "spaghetti" with fork. Top with prepared sauce. Serve with garlic bread.

# 7 strategies for getting your kids to eat more fruits and vegetables!

 HealthPartners.



## 1. Start early!

Offer a variety of fruits and vegetables to expose your kids to many different tastes, colors and textures. Don't panic if you haven't done this—we can all learn new tastes at any age!

## 2. Be a role model

Kids who try and like fruits and vegetables have parents who do, too!



## 3. Expect tastes to change

If a child refuses or dislikes a certain food, tell them that it's ok, and that maybe when their taste buds grow up a little more they may like it. Then offer the food to your child again at a later time.

## 4. Try, try and try again

Research shows that kids who are offered a fruit or vegetable many times over are more likely to eat it!



## 5. Offer fruits and vegetables in different and fun ways



Most children prefer fresh, crunchy fruits and vegetables in dip. Try making fruit faces or celery boats as fun treats. Present vegetables in different ways—although many kids say they don't like tomatoes, nearly all report pizza as one of their favorite foods!

## 6. Make it an adventure

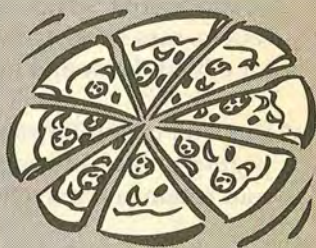
Next time your child goes grocery shopping with you, invite them to pick out a new fruit or vegetable that they've never tried before.

## 7. Take advantage of peer pressure

When your child has friends over, serve a fruit or vegetable that one of the children likes. Your child will be very likely to try it then.



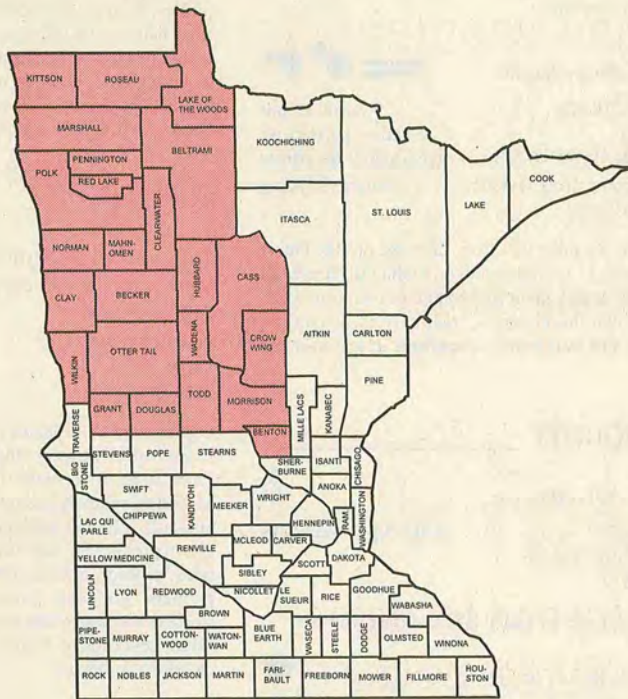
## Frozen Pizza with Pizzazz:



Start with a frozen pizza with 12 grams of fat or less per serving.

Add extra mushrooms, peppers (green, yellow or red), tomatoes, pineapple chunks, onions or other favorite fruits or vegetables.

# Northwest Area...



## BECKER COUNTY

### Lake Park Organics

Route 1, Box 8  
Lake Park  
218/238-5002



10 am-7 pm  
May 1-freeze

Located one mile south of Highway 10 on Becker Co. #1. Bedding Plant sales start May 1. Veggie sales in season including peas, kohlrabi, cabbage, beans, broccoli, beets, turnips, cauliflower, many varieties of sweet and hot peppers, tomatoes, potatoes, cukes, sweet corn, eggplant, squash, melons, pumpkins and much more. We have emu chicks for sale and can supply emu meat and emu oil. Crafts, herbs, cut flowers and much more.

### Manitok Food & Gifts

Hwy 59, Box 97  
Callaway, MN 56521  
218/375-3425 or 1-800-726-1863



8 am-4:30 pm  
Year round

Hand harvested wild rice, jams and jellies available. Please call for more information.

## BELTRAMI COUNTY

### Countryacre Blueberries

11904 Cardinal Rd NW Call for picking information  
Bemidji July-Aug  
218/751-0193



Pick your own organically grown North Blue and North Country blueberries. We are conveniently located 5 1/2 miles northwest of Bemidji on County Road 9 (Cardinal Road). Call for picking days or to order pre-picked berries.

### John's Berry Patch

1130 Oakhills Road SW  
Bemidji  
218/759-0011



7 am-8 pm  
Call for availability

Come out and pick your own strawberries on John's Berry Patch. Just 1 1/2 miles south of Bemidji on Hwy 71. West 1 1/4 miles on Oak Hills Road. Signs will be posted. If you wish, I will pick them for you. Just call for availability at 218/759-0011. We supply containers. "2,000 Miles Fresher!"

### Rhinestone Farm

Star Rt N  
Waskish, MN 56685  
218/647-8573 or 1-800-525-7858



9 am-5 pm

Wild rice, wooden gift boxes and Wild Rice Collections cookbooks available. Mail order only.

### Ten Mile Berry Farm

Route 1, Box 107  
Puposky, MN  
218/243-2438



7 am-8 pm  
Tues-Sun  
June-July, Aug, Sept

Call ahead for field conditions. Strawberries, raspberries, melons and pumpkins.

### Uncle TL's Berry Ranch

1925 Frohn Rd NE  
PO Box 713  
Bemidji, MN 56601-0713  
218/751-0830 or 218/751-4555  
or 218/751-0278



9 am-3:30 pm  
Weather permitting  
Asparagus - May/June  
Berries - July/Aug

We're located 3.9 miles east from Lake Ave on (the Power Dam Rd) CAR 12. 1/4 mile south on Frohn Rd. Please call ahead for picking information. Picking containers provided. Pick-your-own blueberries, raspberries, currants, gooseberries and jostaberries. Asparagus in season (May/June).

## CASS COUNTY

### Leech Lake Wild Rice Co.

RR 3 Box 100  
Cass Lake, MN 56633  
218/335-8317

8 am-5 pm weekdays

100% natural, hand-harvested lake and river wild rice.

### Maple Trails Resort & Flaherty's Mapleworks

HCR 1 Box 120 on Boy Lake  
Boy River, MN 56632  
218/889-2258

8 am-6 pm  
Year round  
Call first during winter

In addition to a 6-cabin family resort, the Flaherty's produce State Fair blue ribbon maple syrup. Home of Minnesota's largest maple tree, the resort and mapleworks can be found 17 miles north of Longville on County Rd 172, 4 miles off Hwy 8. Syrup is sold in many size containers.

### Perkins Garden Center

Pine River  
218/587-4804

We grow flowers (bedding plants) and vegetable plants for home garden planting. We also grow a mixed vegetable garden containing some strawberries, raspberries, broccoli, cauliflower, cabbage, potatoes, tomatoes, cucumbers, sweet corn, peppers, etc. using organic method of growing with natural fertilizers. Please call for more information.

### Pine Winder Farms

HCR 78, Box 101  
Pine River  
218/587-2752

Strawberries 8 am-'til all picked  
Blueberries by appointment  
mid June-Aug

Strawberries and blueberries. You pick/we pick. From Pine River travel 3 miles north on Hwy 371. Turn west (left) at the Mildred Chapel Rd, then follow signs. Approximately 1.5 miles.

### Tianna Farms Kitchen

1 Tianna Farms Rd  
Walker  
1-800-842-6628 or 218/547-1306



8:30 am-5 pm daily  
May-Dec

Wild and garden grown jams, jellies, spices, relishes and pickles. Each of our 50 different products are homemade in small batches of 10-12 jars. Our pickles go from vine to jar in the same day and are hand-packed, just like Grandma did it. Located west of town, just off Hwy 371 at Tianna Farms Bed and Breakfast. Call for brochure. Mail order, Visa, Master Card, Discover accepted.

## CLAY COUNTY

### The Community Farmers Market Moorhead-Fargo

Dike East Park  
Fourth St South  
Fargo, ND  
218/498-0216

10 am-6:30 pm Tues  
10 am-6:30 pm Thurs  
10 am-6:30 pm Sat  
mid June-Oct

Operated by Great Plains Produce (Growers). Hosted by Fargo Parks District at Dike East Park by Red River Dam. Enter across street south from high rise on Second Ave-Second St, south bypass by river, east from YMCA, Fourth St South. Produce available in season Fresh locally home grown produce for sale: variety of green garden vegetables, beets, cabbage, carrots, SWEET CORN, cukes, MELONS, peppers, potatoes, pumpkins, squash, TOMATOES, strawberries, raspberries, apples, chickens, flowers and more. "Minnesota Grown - Tastes 2,000 Miles Fresher" and "Pride of Dakota" products.

### Driscoll Farms

Hwy 9  
PO Box 98  
Glyndon, MN 56547  
218/498-0216

8 am-7 pm daily  
May-Oct

Located 3 miles east of Glyndon, then 1-1/2 miles north on Hwy 9. Bedding plants and hanging baskets. Asparagus, rhubarb, tomatoes, potatoes, sweet corn, peppers, beans, pumpkins, squash and much more.

### Gifts-N-Honey

605 4th Street S  
Moorhead, MN 56560  
218/236-7762 or 1-800-786-1147

We carry sour cherry, strawberry, lemon, sour grape, cinnamon and raspberry flavored liquid honeys, along with natural, peach and cinnamon whipped honey. We distribute mostly MN clover honey and use that when processing products. Specialties: Honey-Horseradish Mustard, Apricot-Honey Marmalade and Honey-Caramel Corn. We distribute 16 different flavors of honey straws, locally grown fresh bee pollen in capsules or as granules, and other unique items locally produced. We have beeswax and 100% Beeswax candles (hand-rolled, molded, hand-dipped). Our many products are combined into gift baskets and boxes for gift giving. Mail order, VISA, MasterCard and Discover accepted.

## CLEARWATER COUNTY

### Wildwood Farms

Route 1, Box 192  
Gonvick, MN. 56644  
218/487-5653

Call anytime  
Year round



Located 2 miles north of Gonvick on County 7. We are producers of pure maple syrup, and offer our product year 'round - in glass, tin, and plastic containers of all sizes. Tours of the sugaring operation are free. We delight in having you and your family, or group come visit us. We also handle packaging supplies, as well as evaporators, and all syrup production equipment. Please call ahead.

## CROW WING COUNTY

### Art Brown's North Country Farm

11866 County Rd 4 N  
Nisswa, MN 56468  
218/963-3804

Seasonal hours



Located 4.5 miles north of Merrifield, MN at intersection of County Rds 4 & 118. Asparagus, raspberries and rhubarb in season. (Rhubarb until July fourth, Asparagus usually until about mid-July, Raspberries main crop usually first three weeks of July, minor crop until frost.) Please call to check hours and availability.

### Lakes Area Growers Market

Westgate Mall Parking Lot  
Hwy 210 W  
Brainerd  
218/829-8181



8:30 am-3 pm  
Tues & Fri  
June 16-Oct 31

Garden fresh produce all Minnesota Grown.

### Natural Spring Farm

101 Thorson Rd NE  
Brainerd  
218/764-3418



Seasonal

Fresh picked raspberries, broccoli, cauliflower, beans, lettuce, sweet corn, tomatoes, cabbage, squash, pumpkins, cut flowers and more. "Minnesota Grown." Please call before coming to the farm.

## DOUGLAS COUNTY

### Alexandria Farmers' Mkt

K-Mart Parking Lot 9 am-Noon Tues, Thurs & Sat  
2020 Fillmore Street mid June-Aug  
Alexandria 1-5 pm Tues & Thurs, 9 am-Noon Sat  
320/763-6893 Sept-Oct



Located at 2020 Fillmore Street. Offering a full line of Minnesota Grown fruits and vegetables including: apples, beans, beets, blueberries, broccoli, cabbage, carrots, cucumbers, herbs, lettuce, melons, onions, peas, peppers, potatoes, pumpkins, raspberries, squash, strawberries, sweet corn, tomatoes and bedding plants, flowers, and chicken.

### Berry Ridge Farm

1301 Fireman's Lodge Rd SW  
Alexandria  
320/763-6893



Mon-Sat  
June-Oct

Located two miles west of Alexandria on the east side of Lake Latoka. Blueberries, strawberries, raspberries, tomatoes, beans, peas, cucumbers, pumpkins, squash and more. For your convenience, call ahead for directions and crop availability.

### Plants Beautiful Nursery & Christmas Tree Farm

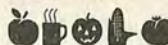
Parkers Prairie  
800/451-7623



In Parkers Prairie turn east at Bank on County Road 42, go 8 miles. CENTRAL MINNESOTA'S LARGEST SELECTION OF CHOOSE AND CUT CHRISTMAS TREES. 100 acres fresh pre-cut Christmas trees cut weekly in greenhouse. Fresh custom-made wreaths and roping, centerpieces, gift shop. Free horse-drawn sleigh rides with purchase. 1997 DATES: Nov 28, 29, 30, Dec 6, 7. Varieties of trees: Scotch, White, Norway Pine, Balsam Fir, Colorado Blue and White Spruce. MAILORDER CHRISTMAS TREES AND WREATHS. Nursery stock and landscaping available. 9 am-6 pm Nursery stock/call for appt. Christmas items 11/22-12/24.

### Ranum's West Lake Mary Orchards

5730 State Hwy 114 SW  
Alexandria  
320/886-5539



8 am 'til dark  
June 'til end of Oct

Locally grown fresh fruits and vegetables in season. In our garden we have raspberries, strawberries, sweet corn, tomatoes, beets, squash, pumpkins, apples (18 varieties) and fresh apple juice. Plan to have our 5th Harvest Open House the first Sat & Sun in Oct 4th-5th. Come tour our orchard and pumpkin patch. Hayrides each day. We're located 6 miles west of Alexandria on Hwy 27, then south 1/2 mile on Hwy 114. Available at the house and Alexandria Farmers' Market.

## HUBBARD COUNTY

### Carters Red Wagon Farm

Hwy 34 9:30 am-5 pm Mon-Sat  
East of Park Rapids June 20-Oct 1 at Farm Market  
218/732-4979 7 am 'til picked out Mon-Sat  
June 20-July 20 U-Pick at Farm



We grow most of our own produce. Strawberries—u-pick or ready picked. Blueberries—u-pick. Huge ox team transport to field. A real farm experience. Farm market specializes in sweet corn, early tomatoes, melons, green beans, asparagus. Also cucumbers, potatoes, pumpkins, squash, wild rice, honey, maple syrup, jams and jellies, cabbage, cauliflower, broccoli, onions, eggplant, peppers, beets, carrots, peas, ornamental corn, and other vegetables and farm produce. Besides our market on Hwy 34 east of Park Rapids, we also have a market - "look for the red barn". From the stoplight in Park Rapids go 3 miles west on Hwy 34 and follow the blue highway signs, or go 4 miles south on Hwy 71 and follow the signs.

## The Secret Garden

Rt 1 Box 404  
Park Rapids, MN 56470  
1-800-950-4409

9 am-3 pm Mon-Fri  
By appointment  
Year round



Creamy Wild Rice Asparagus Soup, Minnesota Minestrone Soup, Wild Rice Waffles with Minnesota Maple Syrup.... You can create these Minnesota masterpieces in your own kitchen with our easy gourmet mixes. We have many unique items for gift giving as well as locally produced honey, maple syrup and wild rice. Gift baskets and boxes shipped nationwide. Visa/Master Card accepted. Call for a free catalog.

## Swee-Tree

Guthrie  
218/751-1522

Hours vary, please call ahead  
Jan-Dec



Located 8 miles east of Bemidji on Hwy 2, 3 miles south on Hubbard County 45, 3/4 mile west on 102. Maple syrup, maple cream, maple sugar, fruit syrups, jams, jellies, pickles. Please call ahead.

## MARSHALL COUNTY

### Snowflake Products Cooperative

PO Box 70  
Oslo  
218/695-2000 (sales)  
218/695-2203 (shipping)

7:30 am-5 pm  
April-Dec



"Taste the Sweetness", for sales ask for Bryan. Shipping 1#, 2#, 3#, 5#, 25#, 50# bags, 1250 bulk bins.

## MORRISON COUNTY

### Little Falls Farmers' Market

Downtown  
Bay St  
Little Falls  
320/632-5155

Early morning-early afternoon  
Wed & Sat  
Summer-fall



Located downtown on Bay St on the banks of the Mississippi River, one block north of Hwy 27, 1/2 block west of Kidder St. Open early morning to early afternoon. Fruits, vegetables, honey, plants and other farm garden products.

### Maschler's Maple Bush

County Rd 14 & Maple Bush Tr  
Rt 1 Box 132  
Randall, MN 56475  
320/749-2232

Year round



Located 3 miles west of Randall on County Rd 14. We offer award-winning maple syrup year round. Retail sales at our home as well as other local retail outlets in several sizes of containers. Shipping is available. Please call before coming.

## Rolling Hills Greenhouse & Nursery

321 N Main St  
Pierz  
320/468-2451



Bedding plants, vegetable plants, trees and shrubs, packaged and bulk vegetable seed, onion sets, gardening and landscaping supplies, rock. Open 8 am-5 pm Mon-Sat. By appointment Sun April 1-July 1. By appointment anytime July 1-March 31.

## Triple S Farm

7408 Imperial Road Strawberries: late June-early July  
Royalton  
320/584-8159



Pumpkins: October

We are located just 2 1/2 miles east of MN Hwy #10 on County Hwy #27 (Imperial Road). Our pastures and fields are set among rolling hills of mature burr and red oaks. We have 2 acres of pick-your-own strawberries and we will pick upon request. Pumpkins ripen by the end of September and butcher lambs are available year round. All production is with sustainable practices and low chemical inputs. Come visit anytime!

## Wild Oats Produce Company

Hwy 10  
Royalton  
320/584-8001

9 am-7 pm  
May-Oct



A truly unique market, reminiscent of an old time country mercantile. The store is decorated entirely in antiques and farm memorabilia. A complete selection of produce of the season, grown on premises, fills the store. You'll find some of the best prices in the state on Minnesota wild rice, honey and maple syrup. We feature many Minnesota made products, local crafters and artists, many unique gifts. High quality at low prices is our specialty and our guarantee.

## NORMAN COUNTY

### Midwest Emu Growers Alliance

RR 1, Box 132  
Twin Valley  
218/567-8526

Year round



Midwest Emu Growers Alliance is an emu grower owned cooperative. We have Minnesota raised emu (lean red meat) and emu oil. Call for information and availability.

## OTTERTAIL COUNTY

### Lipinski Farms

County Rd 75  
RR 1, Box 125  
Hewitt  
218/924-2967  
FAX: 218/924-2965

July to freeze



Sweet corn, tomatoes, green beans, dill, beets, carrots, cucumbers and other garden vegetables. Located 4-1/2 miles west of Hewitt on Hwy 210 and 1-1/2 miles south on County Rd 75. Call for more information.

## Plants Beautiful Nursery & Christmas Tree Farm



Parkers Prairie  
800/451-7623

In Parkers Prairie turn east at Bank on County Road 42, go 8 miles. CENTRAL MINNESOTA'S LARGEST SELECTION OF CHOOSE AND CUT CHRISTMAS TREES. 100 acres fresh pre-cut Christmas trees cut weekly in greenhouse. Fresh custom-made wreaths and roping, centerpieces, gift shop. Free horse-drawn sleigh rides with purchase. Free DATES: Nov 28, 29, 30, Dec 6, 7. Varieties of trees: Scotch, White, Norway Pine, Balsam Fir, Colorado Blue and White Spruce. MAIL ORDER CHRISTMAS TREES AND WREATHS. Nursery stock & landscaping available. 9 am-6 pm. Nursery stock/call for appt. Christmas items 11/22-12/24.

## Sundberg Honey



County Rd 14  
Richville  
218/346-6725

Year round

Located six miles south of Perham on Hwy 78, then three miles west on County Rd 14. Honey and beeswax.

## PENNINGTON COUNTY

### Efta Produce



Pennington Avenue South  
Thief River Falls  
218/681-7610

10 am-7 pm  
May-Nov

Located in Thief River Falls one (1) mile south of First St. on Pennington Ave (the Airport road). Pre-picked and U-pick berries, vegetables, potatoes, pumpkins, flowers, and ornamentals. Watch for our signs. Call for seasonal crop information.

## POLK COUNTY

### Johnson's Fruit & Vegetable Farm



US Hwy 2  
Crookston  
218/281-4672

9 am-6 pm  
Mon-Sat  
late June-Oct

On-farm sales outlet located 1-1/2 miles east of Crookston on U.S. Hwy 2. Call to place orders for strawberries and raspberries. Early red potatoes, sweet corn, tomatoes, cucumbers, cantaloupe, squash and pumpkins.

### Wentzel Farms Greenhouse & Gardens



Route 1, Box 35A  
Crookston, MN 56716  
218/281-4000

8 am-8 pm Mon-Sat  
Noon-6 pm Sun  
Open year round

Located 1/2 mile south of US Hwy 2 on Hwy 75.

## RED LAKE COUNTY

### Beau Pre' Farm



RR 2 Box 253  
Red Lake Falls  
218/253-2270

Call anytime  
Year round

Our 16th year offering farm-fresh or frozen lamb for all seasons, cut and delivered to your specifications. Select from our Natural Colored Wool Growers Association-registered flock. Lambs offered for sale receive no high tail docks, no castration. Order by phone or visit our farm, seven miles north and west of Red Lake Falls on County Rd 18.

## TODD COUNTY

### Thorson's Farm Fresh Chickens



Todd County #79  
Browerville  
218/894-3071

6-9 pm Mon, Wed & Fri  
mid June-mid Sept

Fresh chickens available mid June to mid Sept on Monday, Wednesday and Friday from 6-9 pm. Call to place your order. Chickens are raised outdoors. Great for frying, roasting or grilling. Frozen chickens available June to Oct. Call before coming to the farm. We're located 9 miles northeast of Browerville or 12 miles south of Staples on Todd County #79.

### Three D Produce & Greenhouses



Rt 1 Box 151  
Staples  
218/894-3346

9 am-8 pm Sun-Fri  
May-June (Greenhouse)  
July 'til frost (Produce)

At greenhouse we have: annuals, bedding plants, perennials, roses, shrubs, potato sets, onion sets, bulbs, and seed. At u-pick/ready pick we have in season: sweet corn, tomatoes, hot and mild peppers, cantaloupe, watermelon, squash, beets, eggplant, onions, okra, cucumbers, pickles and assorted vegetables. Please call ahead and leave a message to schedule u-pick availability. Closed Saturday.

## WADENA COUNTY

### Carman Berry Farm

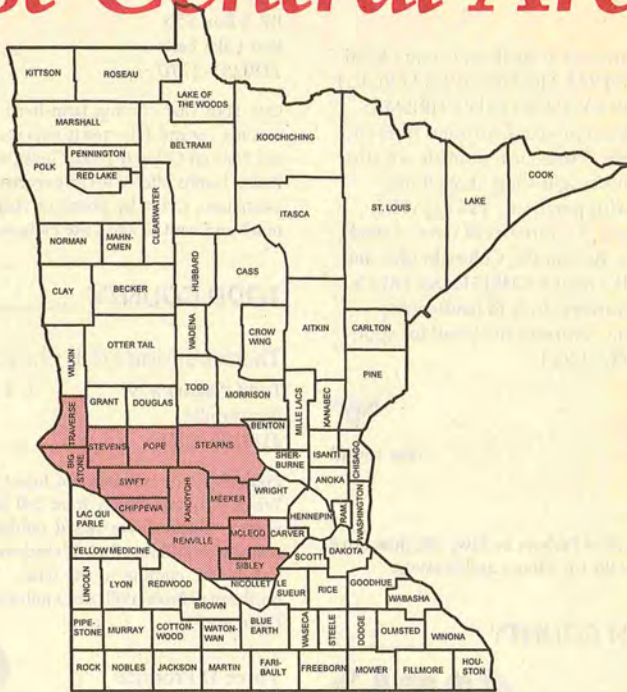


Hwy 71  
Wadena  
218/631-4613

By appointment  
June 25-July 15

Located five miles north of Wadena on Hwy 71, then 1-1/2 miles east on T-149. Pick-your-own and ready-picked strawberries.

# West-Central Area..



## CHIPPEWA COUNTY

### Doug's Trimming & Gardens

7025 Hwy 7 SW  
Montevideo  
320/269-9182



11 am-6 pm Tues-Sat  
Chance or apt Sun-Mon  
Apr-Dec

Located 1/4 mile west of Montevideo on Hwy 7 & 59 right hand side of road. Large variety of fresh picked daily or pick your own vegetables including peas, beans, cukes, tomatoes, peppers, beets, carrots, sweet corn, melons, squash and pumpkins. Artwork and antiques also available. Whenever the gates open stop in. Doug and Marie Pederson.

### Montevideo Farmers' Mkt

Hwy 7 & 59  
Montevideo  
320/269-6789



7 am-1 pm Tues & Sat  
1-8 pm Thurs  
mid June-freeze

Located across from Chippewa Village in Montevideo. Locally grown garden produce, strawberries and raspberries. Some craft items.

## KANDIYOHI COUNTY

### Garden of Eatin'

24402 10th St  
Belgrade  
320/354-2375



7 am-7 pm Mon-Sat  
1:30-7 pm Sun  
June-Oct

PYO strawberries. On-farm sales of summer and fall apples and apple cider. Also choose-and-cut Christmas trees Nov 15 through Dec 20. Located six miles south of Belgrade on U.S. 71, then one mile west on 247th Ave and 1/4 mile south on Tenth St. Open Nov 15-Dec 20 for trees.

### Jimmy Applesseed Orchard

15455 Old Mill Road  
Spicer  
320/796-5307



10 am-6:30 pm daily  
Sept 10-Oct 30

Located midway between New London and Spicer on MN Hwy 23. Look for the signs! We have apples and cider for you to taste. We grow Haralson, Connell Red, Red Baron, Wealthy, Sweet 16, Honeycrisp, Redwell and Prairie Spy. We have a few trees of other varieties, so call us if you have a favorite. We invite you to take a walk in the orchard, especially during apple blossom time. New - fresh frozen apple pies and crisp. Call for more information.



## Woodland Herb Gardens



5376 NE 132nd Ave (City Rd 32) 8 am-6 pm Mon-Sat  
Spicer Noon-6 pm Sun  
320/796-5931 April-Oct

Large variety of Minnesota hardy herb plants, fresh cut and dried herbs, scented geraniums. Greenhouse and gift shop with herb vinegars, seasonings, teas, soaps, herb related gift items. All herbs are grown without chemicals. Located 1 mile north of Spicer on County Rd 32, 1-1/2 miles west of State Hwy 23.

## MCLEOD COUNTY

### Bijan's Potpourri Farm



8299 Dove Ave 7:30 am-6 pm  
Glencoe Mon-Sat  
612/864-5754 July-Jan

Located 50 scenic miles from downtown Minneapolis. Live lamb sold for custom processing. Processing and sale of free range chicken, duck and geese. Available Oct-Jan, except chicken July-Sept. Call between 7:30 am-6 pm Mon-Sat.

### The Lamb Shoppe



61231 MN Hwy 7 Call for hours  
Hutchinson Year round  
320/587-6094

The Lamb Shoppe, an on-farm retail outlet, is located just one hour west of the Twin Cities on Hwy 7 near Cedar Mills. We have a USDA processing facility in which we cut and package our natural fed lamb. Our store specializes in lean, luscious & lavish cuts of lamb, but also features tender Jersey beef and other delightful treasures such as handmade woolens. Also available are whole lambs and beef quarters and halves. Look for our booth at the Minnesota State Fair in the food building.

### Maple Crest Berry Farm



21454 Jade Rd 8 am-8 pm  
Silver Lake Mon-Sat  
320/327-2728 May-Nov

Located two miles north of State Hwy 7 taking McLeod County 16 north and west 1/4 mile then north 1-3/4 miles on Jade Rd. Asparagus in season, picked to your order. Pick-your-own strawberries and picked to order strawberries. Carrots in September & October. Oven ready turkeys, fresh or frozen in November. Please call before coming to farm.

## MEEKER COUNTY

### The Apple Sellers



County Rd 14 9 am-7 pm Mon-Sat  
Darwin Noon-7 pm Sun  
320/275-2282 Aug-Oct

Come and see one of Minnesota's most scenic orchards by a picturesque lake. Visit our unique red barn featuring many varieties of apples, fresh cider, pies, honey and a craft boutique. Located ten miles north of Hutchinson on County Rd 12 or five miles south of Darwin on County Rd 14.

## Carlson Meats



Box 205 7:30 am-5 pm Mon-Fri  
Grove City, MN 56243 7:30 am -Noon Sat  
320/857-2261

Processing and sales of beef, buffalo and pork. Specializing in fresh and smoked homemade pork sausages and fresh potato sausages. Mail order available. USDA inspected slaughter and processing.

### Central Park Farmers Market



Central Park 3 pm-6 pm  
Richfield Thursdays  
320/453-3835 May-Oct

Contact person - Jane Rossmeisl.

### Crow River Farms



County Rd 9 7 am-7 pm  
Litchfield June-July  
320/693-7966

Pick-your-own strawberries from June 5 - July 10. Located 5 miles east of Litchfield on Hwy 12, 1-3/4 miles south on County Rd 9. Roadside market located E Hwy 12, Litchfield. Selling sweet corn, tomatoes, new potatoes from July 1 - Aug 10.

### Dassel Hillside Farm



24492 Hwy 15 June-Dec  
Dassel  
320/275-2622

"Fresh Apples From Dassel" located on State Hwy 15, 1-1/2 miles north of US Hwy 12, watch for signs. U-pick strawberries. U-pick raspberries in July. Apples mid Aug-Dec. Call for hours. Sample our Beacon, Paula Red, Red Baron, Wealthy, McIntosh, Cortland, Honeycrisp, Haralson, Sweet 16, Regent and Connell Red apples. Honey from our bees and country crafts. Families welcome. Call for information on special weekend activities in Sept and Oct. Choose & cut Christmas trees, Thanksgiving-December. Julie and Karl Townsend.

### Earthberry Farm



So. Hwy 15 5 pm-8 pm daily or  
Kimball by appointment  
320/398-6252 April-Nov

Seed potato. Asparagus. Nursery stock with specialty Canadian Pauley roses. Plums and cherries. Tomatoes fresh and plants, squash, fresh herb, plants, gladiolus.

### Hilltop Farms




21173 Vails Lake Road 9 am-8 pm  
Eden Valley May-Oct  
320/453-3835

Fresh produce available starting in May with asparagus and continuing through the season with different vegetables and black & red raspberries. We are at several local Farmers Markets in our area. Please call for produce availability and market locations.

## Leafblad Produce


67784 330th St  
Watkins  
320/693-2486

  
7 am-7 pm June-July  
May 1-Sept  
By appointment-May, Aug & Sept

Pre-picked or pick-your-own asparagus available May 1st. Offering five varieties of strawberries & both Summer and Autumn bearing red raspberries. Gooseberries, currants, and purple raspberries available in season. We are located 12 miles northeast of Litchfield on Hwy 24, then 1 mile west on 330th St, or 20 miles south of St. Cloud on Hwy 15, 5 miles west on Hwy 24, then 1 mile west on 330th St.

## The Nelson Farm

23618 CSAH 1  
Litchfield, MN 55355  
320/693-7750

  
Sept 28-Oct 27  
11 am-5 pm Sat  
Noon-5 pm Sun

Five weekends of fun! Pumpkins, ornamental corn, gourds, popcorn, squash, apples, corn shocks. Pick your own or prepicked. Scarecrow making, horse drawn trolley ride, trails, cornfield mazes, farm animals, gift shoppe, tractor pulled wagon ride to pumpkin patch. Fee charged. Special Candlelight evening Oct 25-26-27. Require Reservations. Fee charged. Family Oriented fun! **Directions In Litchfield** -N Sibley Ave (Hwy 12 & 22). Take 5th St W to CSAH 1, go south 3-1/2 miles. Watch for signs. School field trips by Appt - Monday-Friday. Special candlelight evenings Oct 25-26-27 by Reservation.

## Sleeping Cat Organic Farm


66683 288th St  
Litchfield, MN 55355  
320/693-8449

  
Year round

Beef, veal, chevon (goat meat), free-range eggs and horse hay. Farm is organic. Weekly metro area delivery. Also at Minneapolis Farmers' Market on Saturday mornings.

## Turks Trees

67304 MN Hwy 24  
Litchfield, MN 55355  
320/693-3944

  
Nov 28-mid Dec  
FARM - 9 am-4 pm

Located 9 miles NE of Litchfield on MN Hwy 24. Choose and cut your Christmas tree. We help cut, load, shake & bale your tree. Balsam Fir, Scotch, Red, & White Pine, Colorado & Black Hills Spruce. Pre-cut trees available. Custom Balsam wreaths, garland, crafts sold in our gift shop. Free cider, cookies & coloring books. Santa Claus visiting on weekends, also hayrides. **RETAIL LOT HOURS**-Hutchinson & Litchfield: 10 am-7 pm weekends and 1 pm -7 pm weekdays.

## POPE COUNTY

### Stivland Gardens

RR 1, Box 2B  
Lowry  
320/283-5227



Member of the Alexandria Farmers Market or call for availability and directions. Bedding plants, cut flowers, dried flowers, herbs (plants or cut), range fed chickens, peppers, tomatoes, squash, cucumbers, onions, potatoes, beans, pumpkins, sweet corn, cabbage, beets, Romaine lettuce, raspberries, grapes and more.

## SIBLEY COUNTY

### Burdorf's

Rt 2 Box 37  
Arlington  
507/964-5815



Year round

Grain fed beef halves and quarters cut, wrapped and frozen to your specifications. Beef are fed only O.G.B.A. Certified Organic Grains grown without the use of pesticides or chemical fertilizers. Beef available year round. Chickens and turkeys, available in season, are also fed O.G.B.A. Certified Organic grains. Taking orders for poultry in Jan-March. Call or write for more information. Ask for Gary or Carol.

### Kathleen's Gardens

County Hwy 9  
Arlington  
1-800-823-7743  
507/237-2247



7 am 'til picked out  
Berry season

Pick-your-own farm located 4-1/2 miles south of Arlington on County Hwy #9 and 1-1/2 miles west on Township Rd. Open about June 1 for strawberries, July-Oct for raspberries. Free containers provided. Call ahead.

### Mom's Dairy

Route 1, Box 123  
Gaylord, MN 55334  
507/834-6308



Year round  
Call ahead

A small on-farm dairy that processes Organic milk and ice cream. Milk is pasteurized but not homogenized and available in skim and 2% B.F. Organic milk requires no pesticides be used on feed for the cows. And no antibiotics or hormones used on animals. Cheese and yogurt to be available soon.

### Page's Poultry & Produce

Northwest of Winthrop  
Winthrop  
507/647-5987



7 am-7 pm  
Poultry year round  
Produce-in season

Farm fresh vegetables and poultry available. Potatoes, tomatoes, sweet corn, cabbage, raspberries, squash, pumpkins and more. Call before coming for availability. Located 2 miles west of Winthrop on Hwy 19, then 2 miles north on Cty Road 53.

## STEARNS COUNTY

### Colleville Orchards

15517 Fruit Farm Road  
St. Joseph, MN 56374  
320/356-7609



10 am-6 pm  
Sat-Sun  
mid Aug-Oct

Formerly Meyer's Orchard. Colleville Orchards offers over 20 summer and fall apple varieties, home-grown pumpkins, squash, grapes, decorative corn and gourds, as well as honey, maple syrup, jams and jellies. We are located 2 miles west of St. Johns University in scenic Colleville Hills. Take 1-94 to St. John's exit. Fruit Farm Road is first right as you enter the campus. Watch for signs.

### Fair Haven Farm

13835 51st Ave  
South Haven, MN 55382  
320/236-7685

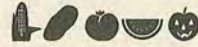


7 am-7 pm, June-July  
11 am-6 pm Daily  
Aug-Oct

Located three miles north of South Haven and 18 miles south of St. Cloud. Near the intersection of County Rd 44 and 7 in Fairhaven. Open June and July for pick-your-own strawberries, raspberries and blueberries. Also open in Aug-Oct for a wide selection of Minnesota apples. Also sell wide variety of grapes and dried flowers. Call for directions.

### Fresh Produce Co.

32328 Cty Rd 18  
Brooten, MN 56316  
320/352-5658



10 am-9 pm Sun, Mon, Wed, Fri  
2 pm-9 pm Tues, Thurs, Sat  
July-Oct

Located 6-1/2 miles north of Brooten on tar road #18. We have most kinds of vegetables in season but specialize in sweet corn, tomatoes, ten kinds of potatoes, melons, squash, pumpkins, gourds, ornamental corn. Please call before you come out to the farm to check on availability; leave a message if no one is home. We are a member of the Alexandria Farmers' Market, open Tues, Thurs and Sat from 9 am-noon.

### Hilltop Farms

21173 Vails Lake Road  
Eden Valley  
320/453-3835



9 am-8 pm  
May-Oct

Fresh produce starting in May with asparagus and continuing the season with different vegetables and black & red raspberries. We are at several local Farmers Markets in our area. Please call for produce availability and market locations.

### Llama Gardens

14904 260th Street  
Cold Spring  
320/685-3859



Llamas bred and raised to use and enjoy. Herd is multiplying with future animals for sale. Also have for sale Ringneck and Jumbo White Pheasants, limited number of Wild Turkeys, produce in season, herbs, flowers, some garden crafts and nature photography and photo cards. For more information give us a call and come check us out. Dan and Judy Johannes.

### Northstar Exotics

29505 91st Avenue  
St. Joseph  
320/363-0567



8 am-8 pm  
7 days a week

Emu and Rhea meat, hide, oil, and oil products. Birds fed premium (Muenster) feed to ensure superior quality meat and oil. Buy, sell, trade of Emu and Rhea. Top quality breeding stock, microchipped and registered. Offer boarding, incubating, transporting, and experienced after sale support.

### Produce Acres

25704 Co Rd 50  
Cold Spring  
320/685-3257



8 am-8 pm or picked out daily  
May 1-Oct 31

Located 3-1/2 miles northwest of Cold Spring. Pick-your-own asparagus, strawberries, or raspberries. Pre-picked asparagus, strawberries, tomatoes, raspberries, pumpkins, gourds, squash, cucumbers, beans, glads, onion, sweet corn, indian corn, cantaloupe.

### St. Cloud Area Farmers Market

St. Cloud  
320/398-6252



Fruits, vegetables, annual and perennial plants, nursery stock, chickens. Open Saturday: 1st American Bank, 8 am-Noon May-Oct, Tuesday: K-Mart, Noon-5 pm July-Oct, Thursday: Courthouse Square (7th Ave & 1st St N). 11 am-2 pm July-Oct.

### Windmill Orchard

22286 Co. Rd. 40  
Albany  
320/845-2280

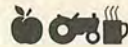


Chemical free apples and garden produce. Four miles south of Albany on Cty Road 41, then 1 1/4 miles east on Cty Road 40. Open: 8 am-8 pm M.W.F, PM Sat, Sun during August. After 4 pm M-F, PM Sat, Sun, Sept-Nov. Call ahead for availability.

## STEVENS COUNTY

### Das Apfel Haus Orchard

County Rd 1  
Hancock  
320/392-5123



10 am 'til dark  
Aug-Nov

One mile southwest of Hancock on County Rd 1. We have several varieties of apples including Haralson, Connell Red, Sweet 16 and Honeygold. Under new owners and managers, so look for new things to come.

### Steve's Strawberries

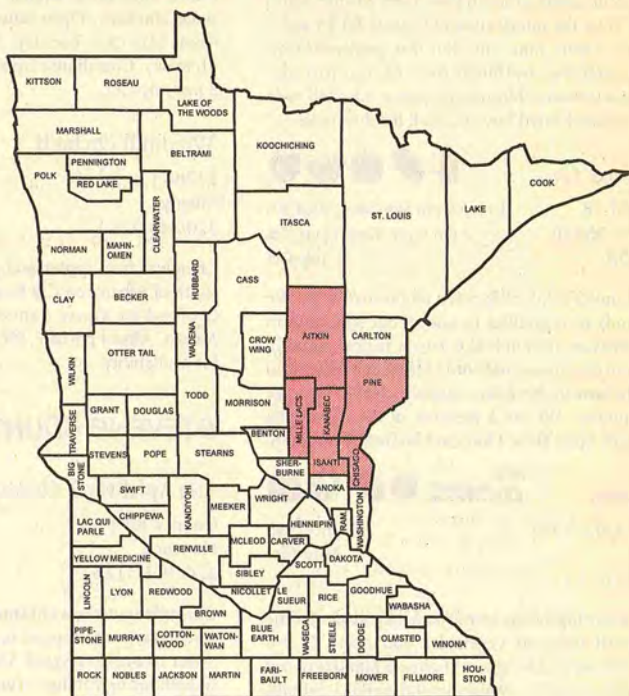
State Hwy 59 (East of Morris)  
Morris  
320/589-1631



8 am-8 pm Mon-Sat  
11 am-5 pm Sun  
June 15-July 4

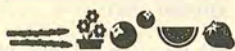
Pick your own and ready picked strawberries. To order ready picked berries or for more information, please call. Children welcome.

# East-Central Area...



## AITKIN COUNTY

### Great River Gardens



Aitkin 8:30 am-5:30 pm  
218/927-2521 May-Sept

Roadside Stand - East edge of Aitkin. Pick your Own - 10 miles NE of Aitkin on 169. Pick your own: Asparagus, Strawberries and Blueberries. Complete line of vegetables in season including sweet corn, melons and tomatoes. Full Service Garden Center with bedding plants, perennials, trees and shrubs.

### Minnesota Wild Minnesota Specialty Crops



Highway 65 10 am-5 pm Mon-Sat  
McGregor, MN 55760 Noon-5 pm Sun  
1-800-328-6731 Year round

Winery Sampling Room open 7 days a week year round (must be 21 years of age to sample). Unique gifts, mail order and UPS shipping available. Look for the Minnesota WILD sign on the east side of Hwy 65, just a 1/2 mile north of McGregor.

## CHISAGO COUNTY

### Central Rivers Co-op



10575 Wyoming Ave 6 am-5 pm Sat  
Chisago City Noon-4 pm Sun  
612/257-6320 May-Nov

Located on Hwy 8 in Chisago City. A variety of agricultural and potted products are available for sale.

### Eichten's Hidden Acres Cheese & Bison Farm



Hwy 8, Center City 9 am-6 pm Mon-Sat  
612/257-1566 (retail) 10 am-6 pm Sun  
612/257-4752 (mail order) Year round

Located between Center City and Shafer. Cheese, sausages, wild rice, honey, maple syrup, ice cream treats, Buffalo meat and gift shop. Homemade cheese made on the farm, Minnesota's second largest American Bison Herd. Picnic tables available. Also sales at area farmers' markets.

### Forest Boulevard



North Branch  
612/424-5773  
800-424-5773

9 am-4:30 pm  
Nov 28-Dec 22

Only second year open. Tall trees up to 14'. Choose from 1000's of Balsam Fir, Blue Spruce, Black Hills Spruce, White Pine and Scotch Pine. Horse drawn hayrides and Santa will make your visit memorable for the family.

### Franconia Flora Farm



26910 St. Croix Tr N (Hwy 95)  
Shafer, MN 55074  
612/257-9579

10 am-6 pm  
May-Dec

Fresh garden flowers - June-September. Dried and preserved flowers, foliage and herbs. Natural Country & Victorian floral designs. Located on Highway 95, 7 miles south of Taylors Falls.

### Jewel Lane Farm



9748 Jewel Ln  
Chisago City, MN 55013  
612/257-5079

Noon-6 pm  
(Closed Mondays)  
mid July-Oct

Freezer lambs. Machine washable sheep skins. Sweet corn, tomatoes, peppers, melons, pumpkins, squash, cucumbers, dill, cabbage, potatoes and ornamental corn. Our stand is located on Forest Blvd at 311th St in downtown Stacy.

### Lofton Ridge Deer Farm



24740 Lofton Avenue  
Chisago City  
612/257-8638

Daily-by appointment  
Delivery available  
Year round

10 minutes east of Forest Lake on Hwy 97, north 3.2 miles on Washington Co. 1 (Lofton Avenue). Close also to Scandia. Venison, bison, rabbit, pheasant, ostrich, wild boar, wild turkey (roasts, steaks, burgers, 1 lb. chubs, sausages, primals, sub-primals).

### Monadnock Orchard



2725 Rush Point Dr (Cty Rd 7)  
Rush City, MN 55069  
320/358-4830

10 am-5 pm  
Fri-Sun  
Sept-Nov

Crunch into a fresh crisp apple from Monadnock Orchard!! Featuring more than 10 delicious varieties including Haralson, Sweet 16, Honeygold and others. Variety availability varies throughout the season. Halloween pumpkins for the kids available in season. From I-35 take the Rush City exit, then east 1/4 mile, right for 1/4 mile and then right on County Rd 7 for 4-1/2 miles to the orchard. From Hwy 65 go north of Cambridge to Grandy, then 7-1/2 miles east on County Road 6.

### Pinhaven Farm



28460 Kettle River Blvd N  
Wyoming  
612/462-1704

Call for appointment  
April-Dec

Educational Farm tours for school or groups, including farming practices, unusual animals & trolley ride. We have been featured on the TV programs "Environmental Journal" and "Minnesota Bound." Each visitor receives a free tree seedling. (RESERVATIONS ARE REQUIRED). We offer Pastured Poultry (Free Range Chickens and Eggs) also Venison for custom processing. Christmas Trees during the Holiday Season. Only 35 miles north of the Twin Cities. Call for Tour Brochure or information (612) 462-1704.

### Pleasant Valley Orchard



17325 Pleasant Valley Rd  
Rural Shafer  
612/257-1906

Noon-6 pm  
Tues-Sun  
Sept-Nov

Scenic orchard and rustic red sales barn located in the rolling hills of southern Chisago County overlooking the St. Croix River Valley. All your favorite apple varieties, cider, pie, honey, maple syrup, pumpkins, squash, ornamental corn, country crafts and gifts. Nature trail and weekend hayrides. Access off US Hwy 8 or MN 95 on Pleasant Valley Rd (County 26). Look for signs. Open Sept-Nov, Tues-Sun, Noon-6 pm.

### Riverview Farms



12455 St. Croix Tr  
North Branch, MN 55056  
612/674-8791

Weekends &  
by appointment  
Sept-Halloween

Sweet corn—call first. Squash, gourds, ornamental corn, pumpkins, corn shocks, straw and alfalfa bales. Decorative dried oats, wheat, etc. We set up fall harvest displays at homes or businesses. 6 miles east of North Branch or 14 miles west of Taylors Falls on Hwy 95.

## ISANTI COUNTY

### Anderson Berry Farm



County Road 59  
Isanti  
612/444-5179

8 am-8 pm  
Mon-Sat  
mid June-mid July

Pick-your-own strawberries, located 5 miles north of St. Francis on Hwy 47 and 1/2 mile west on County Rd 59 (277th Ave NW).

### Green Barn Garden Center & Farm Market



265th Ave & Hwy 65  
Isanti, MN 55040  
612/444-5725

9 am-7 pm daily, Spring  
9 am-5:30 pm daily, Fall  
March-Oct

Located 3 miles south of Isanti on Hwy 65 - or 18 miles north of Hwy 242. Full line of bedding plants, hanging baskets, nursery stock, sweet corn, squash, pumpkins, potatoes and tomatoes in season. Cucumbers. Bulk vegetable seed for large gardens.

### Green Forest Tree Farm



County Rds 9 & 18  
Stacy  
612/462-2469

April-Dec

4 miles north of Stacy of Old 61, 3 miles east on County 17. Cut-your-own & pre-cut Christmas Trees. White pine, Scotch pine, Norway Pine, Black Hills Spruce & Colorado Blue Spruce. Free hay rides, cider, candy canes & coloring books. Open daily Thanksgiving to Christmas. Nursery open April-October. Call for appointment.

### Isanti Pinestead



Hwy 65 & 285th Ave NE (Cty 55) 11 am-5 pm M-F  
Isanti 9 am-5 pm Sat & Sun  
612/434-6738 mid-Nov & Dec

Located 1/2 mile south of Isanti. Choose and cut or pre-cut Christmas trees and wreaths. Blue Spruce, White Spruce, Balsam Fir, Scotch Pine, Norway Pine, White Pine. Heated gift shop. Full service family owned and oriented. Made while you watch wreaths, swags, garland. Designer wreaths. Antique "climb aboard" bobsled and Russian sleigh for family photos. Hayrides (weekends), campfire, picnic tables (tailgaters welcome). Free tree shaking and baling. Free cider and cookies. Free drawings. Christmas lighting.

### Rod's Berry Farm



County Rd 5 to Zodiac St 8 am-8 pm  
North Branch Mon-Sat  
612/444-6353 mid June-mid July

Pick-your-own strawberries and blueberries. Wholesale pumpkins. Farm located seven miles east of Isanti on County Rd 5, then one mile south on Zodiac St. Call for picking information. Bring your own containers. Ready picked also available. Call 612/674-4172 to place an order.

### Rolf's Produce Fresh Vegetables & Greenhouses



6414 Hwy 95 NE 10 am-6 pm daily  
North Branch May-Nov  
612/689-9720

Roadside stand located on the corner of Hwy 95 and Virgo Street. 7 1/2 miles west of North Branch exit, off Hwy 35. All varieties of Minnesota Grown fruits, vegetables and plants.

### Rum Hollow Farm



30902 Tungsten St NW By appointment  
Princeton May-Oct  
612/389-1218

Visit our stalls at the St. Paul, Har Mar, St. Lukes, Aldrich and Immaculate Conception Farmers' Markets. We specialize in flowering spring bedding plants, baskets and vegetables in season: broccoli, cauliflower, cabbage, sweet corn, beans, onions, tomatoes, peppers, winter and summer squash, pumpkins, cukes, garlic and more. Call for produce availability and directions to our farm. We are located twelve miles west of Isanti.

### Stacy Tree Farm



County Rd 18  
Stacy, MN 55079  
612/653-7982

9 am-4:30 pm  
Nov 22-Dec 22

I-35 north to Stacy exit. 2 1/2 miles west (left); then 2 1/2 miles north (right) on Co. Rd. 36. Follow signs. Cut-your-own Christmas Tree. Scotch Pine, Colorado Blue Spruce, White Spruce, and Balsam Fir. Saws and tie rope provided. Field roads open. Wreaths, roping, stands also available. Many activities and events planned for family outing. Lots of parking space.

### Wolcyn Tree Farms & Nursery



Hwy 95  
Cambridge  
612/689-3346

Apr-Dec

Cut-your-own or pre-cut. Our farm is located 8 miles west of Cambridge on Hwy 95. Open daily after Thanksgiving. Free hayrides every weekend! Free hot cider, coffee, and cookies every day. Free tree removal bag with tree. Scotch Pine, White Pine, Norway Pine, Colorado Spruce, Balsam Fir, Fraser Fir—largest selection around. Wreaths, roping, stands. Visit our gift shop. Enjoy a day at Wolcyn's! Evergreen seedlings, transplants, potted or B&B trees available Apr-Oct. Call for more information.

## KANABEC COUNTY

### Kringen's Strawberry Patch



2094 220th Avenue  
Mora  
320/679-3845

8 am-8 pm or  
'til picked out daily  
mid June-mid July

Located 2 miles north of Mora on Hwy 65. Pick-your-own or custom-picked strawberries. Call for current information or to order custom-picked berries. We supply containers. Children welcome if supervised. Picnic facilities on site.

### Sharratt Berry Farm



1182 175th Avenue  
Ogilvie  
320/272-4319

Seasonal  
May-Oct

Pick your own berries, pre-picked asparagus and limited supply of apples. Also jams and jellies prepared in a certified kitchen. Call for specific crop information. From Ogilvie 1/4 miles north on Hwy 47, 2 miles west on County Road 10 (170th Ave).

## MILLE LACS COUNTY

### J.Q. Fruit Farm



8082 33rd St  
Princeton  
612/389-2567

Noon-6 pm Sat  
June -Oct 15

Pick-your-own and at Princeton Farmers' Market on La Grande. Call for crop information. Strawberries, blueberries, plums and apples.

### Rum River Orchard

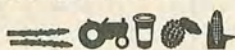


210th St & Hwy 169  
Milaca  
612/823-3354

10 am-dark Sat-Sun  
Beginning Labor  
Day weekend

North of Milaca on Hwy 169, 2 miles north of Prince Bait, 1000 ft west on 210th St. Watch for our signs. Additional days will be indicated by our orchard signs. Buy apples by the pound, peck, or bushel. Many varieties are available plus apple products, dried flowers, crafts, gifts, and pick-your-own pumpkins. Stop in and get a free recipe and a taste of our apples while you're out enjoying the fall colors.

### Schimming Family Farm/Rum River Country



2 miles north of Princeton  
Princeton  
612/389-2679

Daily  
Year-around

Farm products include asparagus, raspberries, sweet corn, jams, syrups and preserves. Also, miscellaneous grain crops. Fourth generation operating farm available for visits through reservations. Minnesota licensed Bed & Breakfast for overnight or family vacations. River wilderness area for walking or X Country skiing.

### Whitcomb Home Floral Greenhouse & Nursery



Hwy 169 West Service Rd N  
Princeton  
612/389-1739

9 am-6 pm Mon-Sat  
2-6 pm Sun  
mid April-Oct

Container-grown shrubs, trees, and perennials at wholesale prices. Spring bedding plants, large selection. Specializing in unusual hanging basket plants. Planting and landscape design service and installation, over 30 years experience. Blueberries, apples, pumpkins and squash in season. Pick-your-own or we pick—call ahead. Easily located 2 miles north of Princeton, Hwy 169 West Service Rd. Call before coming.

## PINE COUNTY

### Bork Tree Farms, Inc.



Highway 48  
Hinckley  
1-800-752-9182

9 am-5 pm daily  
After Thanksgiving

Balsam and Fraser Fir, Norway, Scotch and White Pine, Colorado, Black Hills and White Spruce, pre-cut or available for cut-your-own. Call for directions.

### Davy Jones' Garden



Hinckley  
320/384-7398

July-Oct

Specializing in melons. Located 16 miles east of Hinckley, south two miles on St. Croix State Park entrance road and west one mile. Call for availability from July through Oct. Produce includes watermelon, muskmelon, honeydew, tomatoes, peppers (hot and mild), cucumbers, cauliflower, broccoli, Brussels sprouts, cabbage, squash, pumpkins, gourds and sweet corn.

### High Hopes Acres Berry Farm



Pine County 21  
Hinckley  
320/384-6278

7 am-Noon & 6 pm-dark  
Every day during picking season  
Strawberries: mid June-mid July  
Asparagus: May-mid June

Located 10 miles east of Hinckley on Hwy 48 to Cloverdale, then 1.6 miles south on Pine County 21. U-pick strawberries or ready-picked by order. Open everyday 7 am-noon and 6 pm-dark during picking season (mid June-mid July). Asparagus ready picked by order - May-mid June. Call our Berry Line beginning May 1 at 612/384-6278 for picking information or ordering. Children welcome. Containers available for picking and transporting berries at no charge.

### Mans' Farm



County Road 75  
Hinckley  
320/384-6760

Dawn to dusk  
Seven days a week  
June-Oct

An extensive selection of vegetables and cut flowers: (almost) everything.

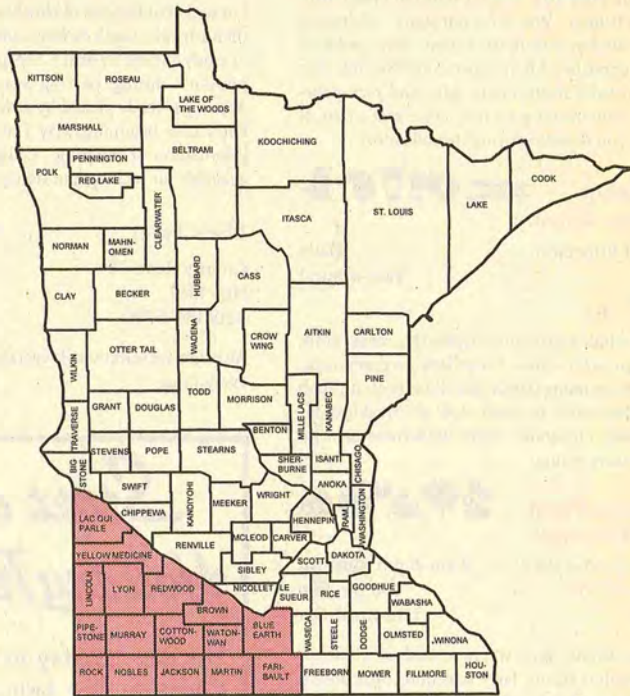
## Start a Real Holiday Tradition!

Use this directory to locate a nearby Christmas tree farm and start a new family tradition. With proper care, a real Christmas tree will add lasting beauty and a wonderful aroma to your home during the holidays.

Follow these tips below to get the most out of your Minnesota Grown tree.

- A freshly-cut tree will give better house life and needle retention.
- The stem heals over shortly after being cut, plugging water absorbing passages. To avoid this, cut at least 1/4" off the stem just before placing your tree in a stand.
- Keep water in the tree stand at all times to prevent the stem from healing over. A 7'-8' tree can absorb over one gallon of water each day. A tree stand that holds 1-2 gallons of water is best.
- Place your decorated tree away from fireplaces, heat registers or direct sunlight to keep it from drying out.


# Southwest Area...



## BLUE EARTH COUNTY

### Hanel Popcorn Company

County Rd 116  
Mankato  
507/947-3485

  
7 am-5 pm

Family farm that grows and processes Minnesota Grown popcorn. Farm is located 7 miles NW of Mankato on County Rd 116. Package sizes available: 50#, 3#, and 1#. Call ahead.

### Kopischke's Pumpkinland

1/2 mile south on Hwy 169  
Vernon Center  
507/549-3313

9 am-7 pm Mon-Sat  
10 am-7 pm Sun  
May & Aug-Oct

Farm market and pick-your-own farm located 1/2 mile south of Vernon Center. Call ahead for U-pick tomatoes. Also melons, squash, pumpkins, gourds, ornamental corn, apples, tomatoes, peppers, sweet corn, cabbage, beans, onions. Fall entertainment in October—hayrides to u-pick pumpkin patch. Bedding plants in May.

### Little's Tree Farm

Route 1, Box 149A  
Good Thunder, MN 56037  
507/278-3144 or 507/278-4206

Choose and Cut Farm. The freshest tree is the one you cut. Come out and have a family adventure. Located south of Mankato, off Hwy 66. Go 1 mile past Cty Rd 9 (Rapidan Turnoff) take a left on first gravel cross road. Follow signs to tree plantation. Hours 8 am-4:30 pm Weekends. By appointment Weekdays. Opens the Friday after Thanksgiving-Dec 25

### Mankato Farmers' Market

Madison East Center  
1400 Madison Ave  
Mankato  
507/387-7366 or 507/345-4494

8 am-noon Sat  
4 pm-6 pm Tues & Thurs  
June-Oct

Fresh, locally grown fruits, vegetables, bedding plants, cut flowers, herbs, honey, and dried flower arrangements from within a 40 mile radius. Growers must register. Call for information.



## Pietsch Gardens

County Rd 15  
Mankato  
507/245-3720 or 507/245-3354



Seasonal hours daily  
mid May-Oct

Located two miles west of St. Clair, off blacktop County Rd 15. Prepared all times in season. Raspberries, strawberries, tomatoes, corn, pickles, etc. Also selling at the farmers' market at Madison East in Mankato on Tues, Thurs and Sat.

## BROWN COUNTY

### A-Peeling Acres

Rt 4 Box 6  
New Ulm, MN 56073  
507/354-4945



10 am-6 pm  
Aug 15-Oct 31

When traveling south on Trunk Hwy #15, turn left at DNR Regional Headquarters. Go approximately 3 miles. Turn right at driveway marked "Nelson's Christmas Trees." Go through tree farm to end of driveway (3/10 of a mile). Eleven varieties.

### J & M Apiaries

700 Prescott NW  
Sleepy Eye, MN  
507/794-4791



By appointment

Located at west end of town (north of Hwy 14 across railroad tracks). Beeswax, crafts and honey. Hand-dipped candles, Christmas ornaments, hand-painted pure beeswax, ornamental candles and refrigerator magnets.

### Johnston's

221 Cass Avenue North  
Springfield  
507/387-2345



8 am-5:30 p.m.  
Sept-Oct

Sales outlet located in Springfield, MN (Hwy 14 west), 221 Cass Ave. Fresh MN Grown pumpkins. Pumpkin Sale Sept. 27 & 28, Oct 4 & 5, 8 a.m. - 5:30 p.m. "We Take Pride in our Pumpkins."

### Nelson's Christmas Trees & Nursery

Hwy 15  
New Ulm  
507/354-6132



Noon-8 pm Mon-Fri  
9 am-8 pm Sat-Sun  
Nov-Dec

Christmas trees of six species growing on our farm. Cut-your-own tree from our fields or purchase fresh-cut trees, tree stands, wreaths and other accessories at our sales barn. Hayrides and treats for kids of all ages. Turn east on Shag Rd opposite DNR Regional Office on Hwy 15 at south edge of New Ulm, travel 2 miles to farm.

### Rivervine

1510 North Broadway  
New Ulm, MN 56073  
507/354-6716



9 am-5:30 pm Mon-Fri  
9 am-5 pm Sat  
Open year round

We are a unique little shop open year-round specializing in the great tastes Minnesota has to offer. We grow 15 acres worth of vegetables and fruit, including u-pick or we-pick strawberries, sweet corn, tomatoes, squash, pumpkins, gourds and decorative corn. Minnesota apples and cider arrive in late summer. Enjoy our Minnesota specialty foods: maple syrup, honey, jams, wild rice, soup, bread and pancake mixes—all perfect for our Minnesota gift baskets.

## Springfield Farmers' Market

Riverside Park  
Springfield  
507/723-5375



8 am-11 am  
Wed & Sat  
July-Oct

Fresh fruits and vegetables of every kind in season. All produce is locally grown. Call for more information.

### Tomschin's Produce

Hwy 5  
Springfield  
507/723-5375



Seasonal  
June-Oct

Fresh locally grown vegetables including broccoli, cabbage, tomatoes, cucumbers, peppers, sweet corn, potatoes, squash, pumpkins, melons and popcorn. Located 5 miles south of Springfield on Cty Rd. 5.

## FARIBAUT COUNTY

### Minnesota Native Wildflower Grass Producers Association

Route 3, Box 163  
Winona, MN 55987



Send for brochure

The Association promotes the responsible use of high quality, regionally adapted native plants and seeds. The Association has members in the following Minnesota locations: Blue Earth, Fertile, Roseville, Annandale, Winona, Spring Grove, Owatonna and one member located in Harpers Ferry, Iowa.

## JACKSON COUNTY

### Holmes City Berries

7137 Country Lane SW  
Holmes City, MN 56308  
320/886-5382



6:30 am-7:30 pm Daily  
mid June-Aug  
Sept-Oct Weekends

Come pick-your-own "berry perfect" strawberries and raspberries. Containers supplied at no charge. Go 9 miles west of Alexandria on Hwy 27 to Holmes City. Watch for signs. Farm is located 1/2 mile east of Blade's Grocery, then 3/4 mile south on Country Lane. Call to confirm that picking season has begun and for information on picking conditions throughout the season. Enjoy wagon rides to field, which is scenically located between beautiful Blackwell and Great Lakes. Senior citizens and families welcomed! Call for pre-picked availability.

### Schumacher's Berry Farm and Nursery

Berry Ln  
Heron Lake  
507/793-2288



6:30 am-noon daily  
Seasonal

Pick-your-own strawberries. From Heron Lake, travel north on County Rd 9, 1 mile to Berry Ln. East for 3/4 mile on Berry Ln. Farm is located on north side of road. To confirm that the season has started, please call. Bring your own containers.

## LINCOLN COUNTY

### Hendricks Farmers' Market



Main St  
Hendricks

3-5:30 pm Fri  
mid July-mid Oct

All manner of garden vegetables, freshly picked seasonal fruits, home-baked goods, jams and jellies, and flowers. All locally grown and made.

### Ivanhoe Farmers' Market



Main St  
Ivanhoe

3-5:30 pm Wed  
mid July-mid Oct

All manner of garden vegetables, freshly picked seasonal fruits, home-baked goods, jams and jellies, and flowers. All locally grown and made.

## LYON COUNTY

### Holmberg Orchard



County Rd 8  
Rt 1 Box 109  
Vesta  
507/762-3131

10 am-6 pm daily Sept & Oct  
10 am - 6 pm weekends Nov

Located 13 miles east of Marshall on Hwy 19, miles north on Redwood County 8. Follow signs. Apples, including Red Baron, State Fair, Paula Red, Wealthy, Cortland, Honeygold, Haralson, Honeycrisp, Fireside, Connell Red, Regent. Stop for samples of apples and of our apple cider, made fresh here. Also pies, honey, caramel, apple butter and a country gift shop. Call our "Juicy Apple Line" for special weekend activities in Sept and Oct. Lee and Sindie Holmberg.

## MARTIN COUNTY

### Lori's Fine Herbs



North County Rd 38  
Avoca, MN 56114  
507/335-7786

9-5:30 pm Mon-Fri  
10 am-4 pm Sat  
Year round

Wholesale and retail fresh herbs and vegetables. Hydroponic greenhouses growing fresh herbs and vine ripened tomatoes. Seven and a half acre outdoor garden, specializing in sweet corn, onions and many kinds of peppers, both hot and sweet. Spring sales of herb and vegetable starts.

### Timberlake Orchards



County Rd 41 (Old Hwy 15)  
Fairmont  
507/235-6696

9 am-sunset daily  
Aug-Dec

On-farm sales outlet located nine miles south of Fairmont on County Rd 41 (old Hwy 15). Call for directions. Apples, fresh apple cider, dried florals, dried arrangements.

## MURRAY COUNTY

### Stonegate Orchard & Market



Hwy 59 North  
Slayton  
507/836-8373

Seasonal hours  
late Aug-mid Dec

Fall is festive at Stonegate Orchard & Market, 1 mile north of Slayton on Hwy 59. Visit the orchard for fresh apples, specialty food items, apple accessories, and country gifts. You will also find pumpkins, gourds, and more for fall decorating and fun. Educational tours arranged at your convenience. Special family events planned throughout the Fall including PYO, hayrides, crafts, and kids activities! Santa visits the 1st day of Christmas Tree Season (day after Thanksgiving).

## NOBLES COUNTY

### Indian Lake Berry Farm



County Rd 5  
Worthington  
507/376-4316

Noon-7 pm daily  
mid June 'til frost

Tomatoes and sweet corn available through Sept. Pick-your-own or pre-picked blueberries, raspberries, currants, saskatoon berries and lingon berries. Free containers. 10 flavors of honey, 8 flavors of jams and jellies, wild rice and maple syrup. Please call for harvesting dates or more information. From Worthington on County Rd 5—5 miles south, 1 mile east on County Rd 4, then 1-3/4 miles south on County Rd 5.

### Ocheda Orchard



Worthington  
507/376-3255

9 am -5 pm Mon-Sat  
Aug-Nov  
1 pm-5 pm Sun - Sept & Oct

Pick-your-own and roadside market located from Consolidated Coop Grain Terminal in Worthington 4 1/2 miles South on County Road #5. 25 Apple varieties available (mostly Minnesota varieties), sweet corn, pumpkins, honey and jams and jellies. Hours may be limited early season and extended in September and October.

## REDWOOD COUNTY

### Hacker's Tree Farm Nursery & Greenhouse



RR 3, Box 161  
Sleepy Eye  
507/794-2462

9 am-8 pm Mon-Sat  
Noon-8 pm Sun  
April-Dec

From Cobden: 3 miles north on Co. No. 7, 1 1/2 miles west on gravel. From Springfield: 3 miles east on Hwy. 14, 4 1/2 miles north on Co. No. 16, 1 1/2 miles east on gravel. From Morgan: 7 miles south on Co. No. 2, 1 1/2 miles east on gravel.

## Holmberg Orchard

County Rd 8, Rt 1 Box 109  
Vesta  
507/762-3131



10 am-5 pm Daily  
Sept & Oct  
10 am-6 pm weekends, Nov

Located 5 1/2 miles west of Vesta on Cty Rd 30, 1 mile north on Redwood Cty 8. Follow signs. Red Baron, State Fair, Paula Red, Wealthy, Cortland, Honeygold, Haralson, Fireside, Honeycrisp, Connell Red and Regent apples. Stop in for samples of apples and apple cider, made fresh here. We also have pies, honey, caramel, jams & jellies and a country gift shop. Call our "Juicy Apple Line" for special activities in Sept-Oct. Lee and Sindie Holmberg.

## WATONWAN COUNTY

### Pure and Simple

RR 3, Box 78  
St. James  
507/375-5396



By appointment  
June-Oct

All of our produce is grown using organic methods. Call ahead to make sure we are home. We are located 1/2 mile west of Godahl on Highway 4 (first place on the North). We also sell at the St. James Farmers Market.

## Watowan County Farmers' Market

St. James Downtown Park  
507/375-3333



June-Oct

Variety of vegetables (sweet corn, tomatoes, peppers, broccoli, cukes, melons), apples, etc. Open: 9 am-12:30 pm Tuesdays and 2 pm - 5:30 pm Thursdays.

## YELLOW MEDICINE COUNTY

### Granite Falls Farmers Market

Sorlein Park  
Granite Falls  
320/564-4039

Wed-3 pm-til dark  
Sat - 9 am til noon




The Farmers Market is open from May until frost, fresh vegetables available. Call for more information.

# Honey



## COOKING TIPS

*For best results, use recipes developed for using honey.*

### When you substitute honey for granulated sugar in recipes:

-  Substitute honey for up to one-half of the sugar. With experimentation, honey can be substituted for all the sugar in some recipes.
-  Reduce the amount of liquid in the recipe by 1/4 cup for each cup of honey used in baked goods.
-  Add 1/4 to 3/4 teaspoon baking soda for each cup of honey used.
-  Reduce oven temperature by 25° F. to prevent over browning of baked goods.
-  Honey absorbs & retains moisture readily so baked goods will stay fresh longer.

## BUYING TIPS

-  Select mildly flavored honeys, such as clover, for use in cooking where delicate flavors predominate.
-  Use strongly flavored honeys in spreads or recipes where a distinct honey flavor is desired.

## STORAGE TIPS

Store honey at room temperature. When honey crystallizes, remove lid and place jar in warm water until crystals dissolve. Or, microcook 1 cup of honey in microwave-safe container at HIGH (100%) 2 to 3 minutes or until crystals dissolve; stir every 30 seconds. Do not boil or scorch.

### Minnesota Honey Producers Assn.

c/o Cathy Jo Rufer  
3499 75th Street SW  
Waverly, MN 55390  
Phone: (612) 658-4645



**PLEASE DO NOT GIVE HONEY TO CHILDREN 1 YEAR OF AGE OR YOUNGER.**

# Southeast Area...



## DODGE COUNTY

### Bob's Berry Farm & Busy Bee Crafts



RR 1, Box 229  
Kasson  
507/635-5815

7 am - 7 pm daily  
May-Oct

Pick your own, we pick strawberries and raspberries. Farm is located 7 miles south of Pine Island or 5 1/2 miles north of Byron on County Road 5. Free picking containers provided. Handcrafted beeswax candles in many styles, sizes and colors available, along with honey and honey stix. Call ahead to check on fruit availability. Check out our bedding plants from our greenhouse.

### Dodge County 4-H



Dodge County Fairgrounds  
Kasson  
800/385-3102

5 pm-8 pm  
Wed  
July 21-Oct 15

Produce and crafts. Located on east side of Mantorville Ave (Hwy 57) on north end of Kasson.

## King's Orchard



U.S. Hwy 14  
Kasson  
507/634-7830

9 am-dusk Mon-Sat  
Noon-dusk Sun  
mid Aug-early Nov

Located between Rochester and Owatonna. Dedicated to bringing customers high-quality apple varieties which include: Duchess, Paula Red, Wealthy, McIntosh, Red Baron, Jonathan, Cortland, Haralson, Regent and Fireside. Also available are pumpkins, several varieties of squash, cider, ornamental corn, honey, preserves and more. Call before coming to learn which varieties are available for pick-your-own.

## FILLMORE COUNTY

### Forest Resource Center



Route 2 Box 156A  
Lanesboro  
507/467-2437

8 am-4:30 pm Mon-Fri  
10 am-3 pm Sat & Sun  
Year Around

Log grown Shiitake mushrooms. Fresh, 3 pound box. UPS anywhere in the Midwest. Freeze-dried Shiitake, excellent for unexpected guests or presents. Shiitake/wild rice soup.

### O'Connor's Shamrock Station



RR 3 Box 28B  
Spring Valley, MN 55975  
507/346-2148

By appointment  
Year round

Live lamb available year round for on-site butchering in accordance with your cultural customs. On-farm sales outlet for locker lamb—we'll deliver to your butcher or ours for custom processing. Call for directions, to place an order or for more information.

### Pine Tree Apple Orchards



County Road 17  
Preston  
507/765-2408

Seasonal hours  
Aug-Dec

On-farm sales outlet located 1/2 mile northeast of Hwy 52 in Preston on County Road 17. Many varieties of apples, cider, apple bakery with pies, breads, donuts, caramel apples, apple gifts and gift baskets, jams and jellies. Tours available from Sept through Oct by reservation. PYO pumpkins and wagon rides available in Oct—call for times. Other location in Washington County.

### Preston Apple & Berry Farm



645 Hwy 16 & Hwy 52 E  
Preston  
507/765-4486

9 am-7pm daily May-Dec  
9 am - 6 pm Jan-April

Located on the south edge of Preston across from rest area. Free samples of 28 varieties of apples and cider. Fresh frozen apple pies, baked pies, other bakery products, caramel apples, honey, maple syrup, jams, popcorn, cheese & Watkins Products. Locally grown Christmas trees. April and May garden seeds and bedding plants. June and July Pick-your-own strawberries or already picked strawberries available - call before coming. Containers provided. Raspberries available July thru September. Apples available August through February.

### Rushford Community Farmers' Market



Nordic Lanes parking lot  
Rushford  
507/864-7720

All garden produce. Open early morning 'til sold out, July-Oct.

## FREEBORN COUNTY

### Farmer Johns Pumpkin Patch

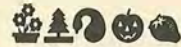


Route 1, Box 323  
Austin  
507/437-2642

8 am -sunset Daily  
Jun 1 - Nov 1

June - STRAWBERRIES - call for picking conditions or to order. Aug-Sep - TOMATOES - order bushels. Sep 27 - PUMPKIN PATCH opens (the Kids Place). Lots of varieties - Lots of fun! No entrance charge! Groups Welcome. Call early for reservations. Rhubarb, Raspberries, Currants, Vegetables. From AUSTIN - 218 North to Lansing Corners. West 3 miles, around curve to North 1/4 mile. From ALBERT LEA - North to 251. East (through Hollandale) another 8 miles to Corning. South 3/4 mile.

### Hilltop Greenhouse & Farm



County Road 28  
Hollandale  
507/889-3271

Greenhouse and produce sales outlet located two miles north of Hollandale, on County Road 28, then 1/4 mile west on second gravel road (watch for signs). Sixteen miles northeast of Albert Lea or 18 miles northwest of Austin. Greenhouse sales feature: bedding and vegetable plants, perennials, cut and dried flowers, foliage, holiday plants, wreaths and Christmas trees. Produce sales include: strawberries, peas, green beans, summersquash, cucumbers, tomatoes, peppers, eggplant, cabbage, cauliflower, broccoli, watermelon, cantaloupe, sweet corn, pumpkins, gourds, ornamental corn and wintersquash. For further information, please feel free to call. Open 9 am-5 pm Mon-Sat, Winter. 8 am-8 pm Mon-Sat, Noon-6 pm Sun, Summer.

### PP Enterprises



County Road 71  
Albert Lea  
507/373-3845

1 pm-6 pm daily  
Oct 1-Oct 24

Directions: from Skyline Mall intersection take County Road 46 west 2 miles, left on County Road 71 for 1/2 mile and PUMPKIN PATCH on right—well marked. Walk the PUMPKIN PATH and through the patch to find your PERFECT PUMPKIN. Also enjoy PUMPKINLAND where you can pumpkin bowl, golf, toss and dunk. Humpty Pumpkin and pumpkin houses are fun to look at. Farm animals also in pasture to see. Old-fashioned fun for the entire family!

## GOODHUE COUNTY

### Bridgeview Farms



46070 County 10 Blvd  
Zumbrota, MN 55992  
507/732-5076

Pick Your Own  
Noon-5 pm Fri-Sat-Sun

Located 1/2 mile west of Hwy 52 on County 10. Pick your own pumpkins, miniature and regular pumpkins, squash, and corn shocks. Retail and wholesale. Self Serv/7 am-7 pm 7 days a week, Sept-Oct.

### Bushel & Peck Market



Hwy 61  
Lake City  
612/345-4516 or 1-800-4(Bushel)

9 am-6 pm daily  
March-Jan

Located 4 miles north of Lake City on Hwy 61 or 12 miles south of Red Wing on Hwy 61. Pick your own strawberries available in June. Taste your favorite locally grown apples picked at the peak of flavor (August-December). Pick out a pumpkin for the kids from our large patch. Watch out for the witch! Petting Zoo (October). Buses and tour groups welcome. Picnic area and restrooms available. Contact Chuck Bremer for more information.

### Callister Farm

County Road 54  
Wanamingo  
507/824-2427



Every Thurs  
8 am-8 pm or by appointment  
June-Oct

Fresh and frozen chickens; frozen retail cuts of our own beef; vegetables in season; tomatoes by the bushel; homemade jams, jellies and fruit syrups.

### Country Quiet Nursery & Gardens

37295 112th Ave Way  
Cannon Falls  
800/258-1843



Noon-6 pm  
Sat & Sun only  
Sept-Oct

Make us part of your fall daytrip, pack up your youngins, picnic lunch, enjoy our country quiet. It's our pleasure to grow just for you, Pumpkins, (Giant, Halloween, Miniature), Squash, Ornamental Corn, Sunflowers. CQN&G is located in Southern Minnesota. Halfway between Twin Cities and Rochester, Northfield and Red Wing. (10 miles East of Minneapolis International Airport on 494, 36 miles south on 52, 2 miles East on Goodhue Co. 9, turn North on 112th Ave Way).

### Dancing Winds Farm

6863 County # 12 Blvd  
Kenyon, MN 55946-4125  
507/789-6606



Noon-6 pm Mon-Fri  
Noon-6 pm Sun  
Closed Saturdays  
April-Dec

Minnesota's first farmstead goat cheese plant est. 1987. We take pride in producing quality, fresh goat milk cheeses in the tradition of European cheesemaking. Customers are welcome to buy either fresh chevres and/or fetas. Spring is an especially fun time to visit—lots of new kids jumping around. We sell Sat at Minneapolis and St. Paul Farmers' Markets, too (April-Nov). Please call before coming to the farm. Tours available.

### Great River Vineyard

35680 Hwy 61 Blvd  
Lake City  
612/345-3531



8 am-6 pm daily  
July-Oct

Located: 12 miles south of Red Wing and 3 miles north of Lake City on Hwy 61. Products: Fresh table grapes, fresh local grape juice, grape jelly, Wine grapes for home winemakers. Pick your own grapes. Pick your own red raspberries, raspberry jam. Purple, black, yellow and raspberries in season. We are Minnesota's only producer of authentic Minnesota Grape Juice. Wine grapes available. No wine produced. No wine tastings.

### Hampton Hills Tree Farm

Minnesota Hwy 56  
Hampton  
612/493-5090



9 am-4:30 pm  
Nov 22-Dec 22

Located on Highway 56, 7 miles south of Hampton. Cut your own Christmas trees. Balsam, Fraser, Scotch, Spruce and White Pine. Call for horse drawn hayride schedule and Santa's visit.

### Oak Ridge Orchard

County 5 Blvd  
Lake City  
612/345-4371 or 612/345-3968



9 am-6 pm Mon-Sat  
Noon-6 pm Sun  
Sept-Nov

As you drive through the hills and valleys on your trip to the orchard you may see deer, wild turkeys and other wildlife in the fields and forests along the way. Take Hwy 58 to Goodhue County 5 from Red Wing. Take Goodhue County 2 to Goodhue County 5 from Frontenac. Five miles out on Goodhue County 5 from Lake City. We feature 20 varieties of apples, our own honey, pumpkins and more. Sample before you buy.

### Rainbow Ridge Farm

20175 Rhoda Ave  
Welch  
612/437-7837 or  
1-800-657-4974



8 am-noon, 4-7 pm daily  
Or 'til picked out  
Also open by appointment

South from Hastings on 316 (six miles), left on 200th Street, right on Ravenna Trail, left on 205th Street, at top of hill left on Rhoda, first farm on left. Call if earlier or later times are necessary. Open when crops are in season. June and July: strawberries and blueberries. Nov/Dec: geese. Playground. Picnic tables. Strawberries, blueberries, honey, jam, fresh and frozen geese. MN Grown gift boxes. Call for specific picking information.

### Sheep Sorrel Farm

31005 County 7 Blvd  
Welch, MN 55089  
612/258-4290 or 612/823-6112 (messages)



We produce sustainably-raised Minnesota lamb on chemical-free grass pastures. Custom processed lean lamb meat available by the whole, half or quarter. Cut, wrapped, and frozen to your order at local state inspected facility. Delivery available. Special order tanned pelts in natural colors, black, brown, and white. Bed and Breakfast accommodation on the farm. Open daily (Memorial Day-Labor Day). Weekends (Sept-May). Call for information and directions.

### Sweet Meadow Farms

Zumbrota  
507/732-7400 or 1-800-584-5351



By appointment

Pan-ready cuts of young, farm flock lamb and gourmet lamb sausages. Will UPS to your door.

### Traxler Beef

4359 County 11 Blvd  
Kenyon  
507/789-5946



Year round

Beef sold live by the 1/4, 1/2 or whole available year round for custom processing. Free brochure available. Call anytime.

## HOUSTON COUNTY

### Bauer's Market & Nursery



Hwy 14 and 61  
LaCrescent  
507/895-4583

Open daily  
Year round

Known for quality, selection and service, we sell Minnesota nursery stock, bedding plants and other spring items. As summer approaches, our market is filled with a country-fresh aroma. Strawberries, raspberries and sweet corn are just a few of the seasonal produce sold at Bauer's. Starting in mid July, the first Minnesota apples signify the coming of fall. We feature the largest selection of apples in southeast Minnesota. This selection is available through most of the winter, usually until mid March. Call ahead for hours.

### Old Hickory Orchards, Inc.



1625 County Hwy 29  
Apple Blossom Scenic Drive  
LaCrescent  
507/895-4845

8 am-6 pm  
Aug-Dec

Many varieties of apples and fresh apple cider. Please call for more information.

## MOWER COUNTY

### Austin Farmers' Market



North Main Street  
Austin  
507/437-4561

4 pm-6 pm  
Mon & Thurs  
June-Oct

Farm fresh fruits and vegetables in season, as well as cut flowers, dried flowers, plants and honey. The Austin Farmers' Market has been a community tradition since 1974. Take I-90 Austin exit 178B. Go south. Follow green downtown and business district signs to 11th Avenue.

### Cat's Creek Farm

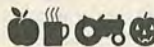


Route 1 Box 780  
Sargeant, MN 55973  
507/584-6330

By appointment  
Year round

Wool and mohair for handspinning. Angora goats and registered Shetland sheep for sale.

### Mustard Seed Gardens & Petting Farm



County Road 22  
Austin  
507/325-2346

3 pm-6 pm Mon-Fri  
Noon-6 pm Sat-Sun  
Sept 20 - Oct 26

From Austin take Interstate 90 to 218 south, then 7 miles to County Road #22. Turn east on #22 and go 1-1/2 miles. PUMPKINS & PETTING FARM is open from Sept. 20 - Oct. 26. Featuring apples, cider, pumpkins (painted & plain) squash, dried flowers, ornamental corn. Activities include wagon rides, apple cider press and The Ark Play Area. No admission fee. Petting Farm offers a hands-on approach with over 120 animals. Summer tours of petting farm available.

## OLMSTED COUNTY

### Barnes Sky Ranch Llamas



4724 75th Street NW  
Oronoco, MN 55960  
507/288-7720

Located 4 miles north of Rochester on Hwy 52 to 75th Street (County Road 14), then 1 mile west. We invite you to come and enjoy the beauty and uniqueness of llamas. These gentle animals will thrill you with their mystique and charm. We offer wonderful, endearing pets, some of which will be large and strong for packers and cart drivers. We also offer breeding stock that is registered, blood-typed and guaranteed. Our prices are very reasonable as we would like everyone to experience the joy of llamas. We welcome your inquiry and visit. Roger and Sharon Barnes.

### Happy Ours Farm



Co. 3  
Byron  
1-800-GOAT LADY

10 am-6 pm daily  
Year around

Take Hiway 14 west from Rochester, six miles south on County 3. Pasteurized goat milk in quart cartons and fresh goat cheeses available year around off the farm, in several retail stores in the Rochester area and at the downtown farmer's market March through October. Farm tours are available on request, call for directions.

### Kennellamas



702 23rd St SW  
Rochester, MN 55902  
507/288-0984  
Fax 507/288-7361

8 am-10 pm  
By appointment

Since 1981. "Breeding for the Right Stuff and Color." Forty fine long-wooled breeding and show stock. Free delivery within 300 miles. Shown by appointment.

### Rochester-Downtown Farmers Market



Broadway @ 3rd St. South  
Rochester  
507/753-2651

7:30 am-11:30 am  
Saturdays  
May-Oct

Over 40 registered growers bringing the best vegetables, fruits, meats, breads, cheeses and more direct to the customer. All locally grown and produced.

### Sekapp Orchard



3415 College View Rd E  
Rochester  
507/282-4544

9 am-7 pm daily  
July 15-Dec 31

Orchard sales room located one mile east of Rochester on County Road 9. Minnesota apples including Duchess, Beacon, Paula Red, Wealthy, McIntosh, Regent, Haralson, Red Delicious, Fireside, Honeygold and others. Fresh vegetables in season including sweet corn, cucumbers, peppers and tomatoes. Squash, pumpkins, apple cider, honey, jams and maple syrup. Strawberries and raspberries (pick-your-own both summer and fall).

## RICE COUNTY

### Countryside Berries



15974 Canby Ave  
Faribault  
507/332-8761

6 am-till picked out

Pick-your-own and ready picked strawberries. Call for current picking information. Picking starts at 6:00 am and goes till picked out. We're located 4 miles north of Faribault on Hwy 21. Watch for signs.

### Faribault Area Farmers' Market



Central Park  
Second Ave & Sixth St  
Faribault

Wed mornings  
July-Sept

Watch Faribault Daily News for any changes. Locally grown vegetables from asparagus to zucchini, apples, eggs, maple syrup, flowers and house plants.

### Fireside Orchard & Gardens



Hwy 19  
Northfield  
507/663-1376

9 am-6 pm daily  
Seasonal  
mid Aug-Dec 31

1-1/2 miles east of Interstate 35 on Hwy 19 to Northfield. Cold storage guarantees highest quality apples. Retail and pick-your-own. 14 favorite varieties: Haralson, Fireside, Keepsake, Prairie Spy, Cortland, Regent, McIntosh, Spartan, Honeycrisp, Honeygold, Connell Red, Empire, Early Blush, Wealthy. We feature homemade fudge, MN cheeses, fresh pressed cider, jams and jellies, maple syrup, donuts, honey, gift fruit boxes. Special attraction—you must see our color-burst fall chrysanthemum display gardens! Please call ahead.

### Fox Hill Farm



9562 170th St W  
Shieldsville  
507/334-7160

8 am-6 pm Every day  
Aug 10-Nov 30

Pick-your-own and pre-picked apples. Over 30 varieties of fresh apples, including: Haralson, Fireside, Regent, Honeygold, McIntosh, Cortland, Prairie Spy, Sweet 16, Keepsake, Honeycrisp, Connell Red, Empire, Duchess, Early Blush, Liberty and many more. Located 3.5 miles southwest of Shieldsville (1/2 mile west of Hunt Lake). Take County Rd 10 (Dodd Rd) 3 1/2 miles west from Shieldsville, turn right 170th, 1/3 mile on right; or call for directions.

### Gunderson Home Grown

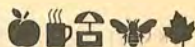


14612 90th St E  
Northfield  
507/645-8248

July-Sept

Located 5 1/2 miles east of Northfield on 90th St. E (Wall St. Road). We specialize in home grown pork and free range fed chickens. By letting the chickens free range, you receive a meatier, more juicy bird. Chickens are sold dressed and fresh (not frozen). Chickens will be available July-Sept. We will start taking orders in March. Vegetables will also be available in season.

### Kanne Orchard Faribo Farmers' Market



19365 Cannon City Rd  
Faribault  
1-800-958-1516

Weekends  
Sept-Oct

Apples, cider, vegetables, popcorn, honey, syrup, wood works, rugs, dried flowers, gifts, beef & turkey jerky and more. Open all day Sat and Sun afternoon. Free samples.

### Northfield Area Farmers' Mkt



Riverside Park on 7th St  
Northfield  
612/463-3577

May-Oct

Located downtown Northfield on 7th St. Large variety of fruits, vegetables, herbs, fresh and dried flowers. **Early Spring-Summer:** Potted perennials, annual flowers, vegetable plants, cut flowers. Asparagus, herb plants, rhubarb, lettuce, spinach, radishes, table onions, eggs, maple syrup, jams, jellies, pickles, herbal vinegars, baked goods, honey. **Also Available in Season:** Strawberries, raspberries, potatoes, tomatoes, green beans, peppers, sweet corn, melons, apples, ornamental corn, squash, pumpkins, gourds. All fresh, locally grown produce. Open at 11:45 am Tues & Fri. Open at 9 am Sat. Call for more information.

## STEELE COUNTY

### Kruckeberg Elk Farm



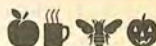
6820 SE 128th Street  
Blooming Prairie, MN 55917  
507/583-7109

By appointment

Elk available for custom processing. Please call to pre-order. Hides and antlers also available. Located three miles north of Blooming Prairie on Hwy 218, 1/2 mile west on township gravel road, then 1/2 mile south and 1/2 mile west.

## WABASHA COUNTY

### Apple Ridge Orchard



County Rd 1  
Mazeppa  
507/843-3033

Festive harvest atmosphere including PICK-YOUR-OWN for the entire family. Favorite family events include PYO APPLES and PYO PUMPKINS with tractor-pulled wagon rides every weekend in season, weather permitting. Fresh-pressed apple cider, apples fresh from the orchard, and pumpkins from the Pumpkin Patch. Our barnyard animals love kids.

### Nielsen Tree Farm



Route 1 Box 27  
Kellogg  
507/767-4476

Dawn-dusk  
Thanksgiving-Christmas Eve

Start a family tradition by choosing your perfect Christmas tree from thousands of homegrown Norway, Scotch and White Pine trees. Warm up and enjoy complimentary hot cider in our rustic giftshop. Pet and feed Rudy the deer. Saws, twine, shaking and baling provided. Roping, wreaths, tree stands and tree bags also available. Family operated for almost 20 years. Located just off Hwy 61 on County Road 84 near Weaver. Follow elf signs or call for more information.



## Oak Center General Store



Highway 63  
Oak Center  
507/753-2080

9 am-6 pm  
7 days per week  
All year round

Oak Center General Store is home-base for Earthen Path Organic Farm, a 14-acre fruit, herb and vegetable farm, and folk forum, a community outreach program. Located 25 miles north of Rochester, 10 miles south of Lake City. The store carries organic gardening and homesteading supplies, Earthen Path's organic produce, bulk foods and spices, honey, sorghum, maple syrup, handmades and natural medicinals. We take orders for canning quantities and allow a limited amount of pick your own raspberries or other produce.

## Pepin Heights Orchard



Hwy 61  
Lake City  
612/345-2305 or 1-800-652-3779

9 am-6 pm daily  
Aug-Thanksgiving

We're the world's largest producer of Minnesota's favorite apple—the Haralson. We have dozens of other varieties, too. Most are sold in Twin Cities grocery stores, but we save some of the finest for our retail store in Lake City. Fresh fruit, fresh-pressed cider, and our popular Pepin Heights Sparkling Cider, along with lots of other tasty regional treats. South of Lake City.

## Surin Farms



RR 1, Box 197 (Co. Rd. 68)  
Zumbro Falls  
507/753-2651

Call to visit  
May-Oct

Quality, hand picked, or pick your own vegetables. Specializing in Asian vegetables, herbs and spices. 1/2 mile west of Zumbro Falls on Hwy 60, then 1 1/2 miles north on County Road 68. Delivery available.

## Wescott Agri Products, Inc



RR 1, Box 13  
Elgin  
507/876-2891

8 am-4:30 pm  
Year round

Located one mile east of Elgin. Fourteen varieties of apples. We press our own cider.

## WASECA COUNTY

### Wesley Syrup Company



5th St SW  
Route 1 Box 122  
Elysian, MN 56028  
507/267-4453

Daytime hours daily  
Year round

A 3500 tap, pure maple syrup operation with recently installed Reverse Osmosis and evaporator system. Open year-round for sales, wholesale or retail, and mail orders. Visitors welcome. Location: Where is Elysian? Between Mankato and Faribault on Hwy 60, to Southwest 5th St, south and west 1-1/2 miles to location of operation.

## WINONA COUNTY

### Home on the Range



P.O. Box 53  
Lewiston, MN 55952  
507/689-2988 or 507/523-3366

By appointment  
Year around

Collaborative of rural farmers invite you to tour the beautiful bluff country of southeast Minnesota and visit our farms where you can buy delicious, meaty, farm fresh, range-fed chickens, dressed and flash frozen for quality and freshness! Please call your order in, quantities limited! Ask about our fresh beef, pork, lamb, goat, duck, organic veggies and more. Farm tours and camping available. Sustainable farming, land stewardship, and humane husbandry are our priorities.

Tap-In  
To Real  
Maple  
Syrup

*You already know that maple syrup is great on pancakes, French toast, and waffles. You may even be aware that maple syrup makes deliciously sweet baked beans. But have you tried vanilla ice cream, nuts, & maple syrup? ...Adding syrup to the water when boiling a ham?...Baking a squash with two tablespoons of syrup in the cavity?*

Pure maple syrup is a "natural" food that contains nothing artificial and has only 40 calories per tablespoon. Look for the maple leaf icon in this directory to find fresh Minnesota maple syrup!

### Try Cooking With Maple Syrup

You can substitute 1 - 1 1/2 cups of maple syrup and 3/8 tsp. baking soda for a cup of granulated sugar in your recipes. If syrup is replacing half the sugar, reduce the liquid in your recipe by one-fourth. If syrup is replacing all the sugar, reduce the liquid by one-half.

For more delicious maple syrup recipes, send a self-addressed, stamped envelope to: Recipes - MMSPA, RR #1 Box 132 Randall, MN 56475

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