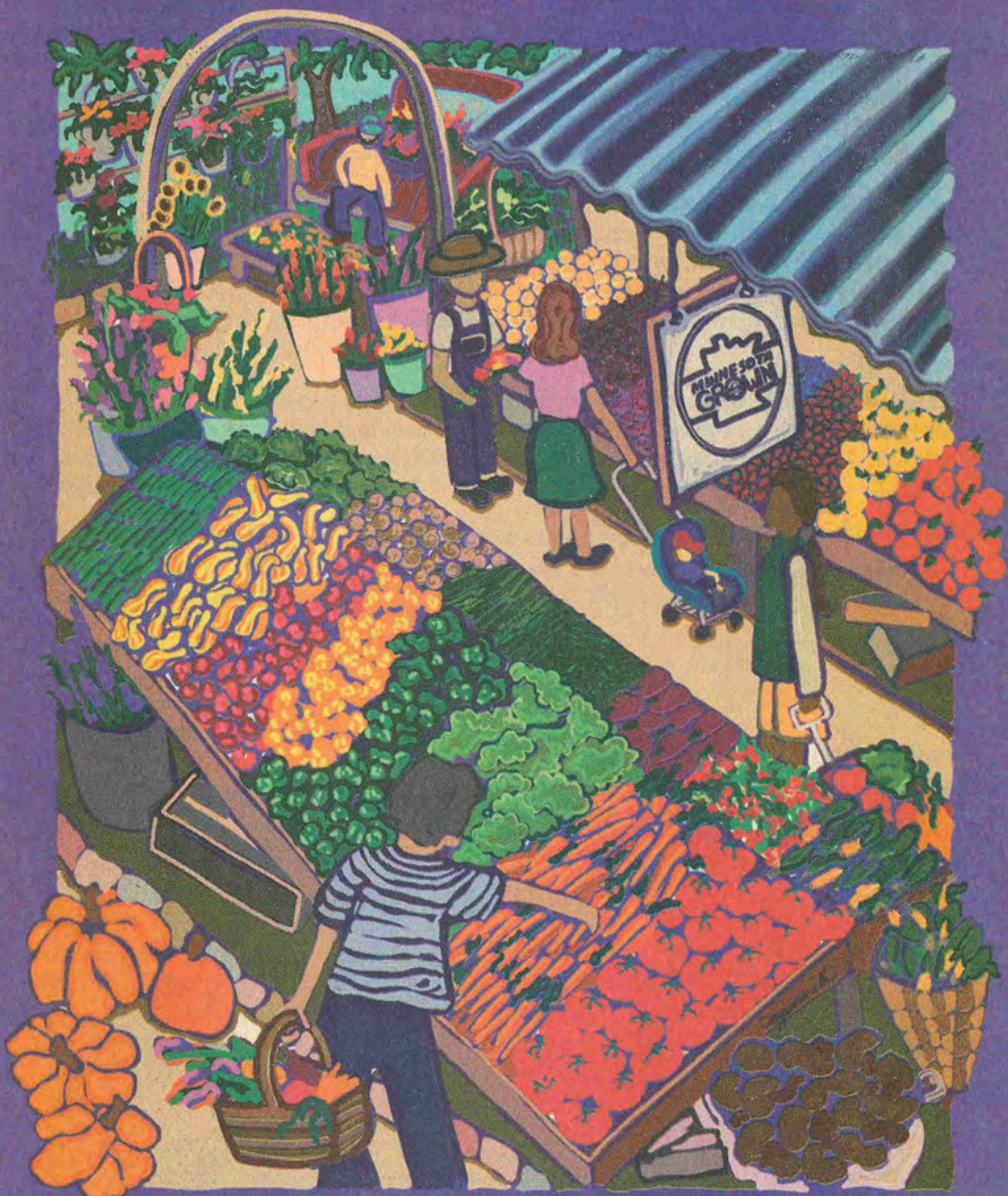


1996

Minnesota Grown

Fresh Produce & More



Minnesota Department of Agriculture
and

LAND LAKES

LIGHT
SOUR CREAM

LAND LAKES

Light Butter

LAND LAKES

NO-FAT
SOUR CREAM

This publication is paid for by the listing growers and sponsors. Listing does not constitute endorsement by the Minnesota Department of Agriculture. We make every attempt to locate Minnesota growers who sell their products direct to the consumer; however, some may have been missed. If you know of an eligible producer who would like to be listed, please contact us at the following address:



Minnesota Department of Agriculture

Minnesota Grown Program
90 West Plato Boulevard
St. Paul, MN 55107-2094



Phone: (612) 297-4648 • Fax: (612) 296-6890

E-Mail: ccanaday@mda-is.mda.state.mn.us

In accordance with the Americans With Disabilities Act, an alternative form of communication is available upon request. Telecommunications Device for the Deaf (TDD): 612/297-5353 • 1-800/627-3529

“Explore Minnesota Foods”

A Message from Minnesota Department of Agriculture Commissioner, Gene Hugoson

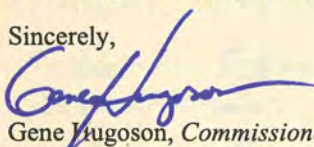
Greetings from the Minnesota Department of Agriculture. As we write to you, there's a light snow falling outside our St. Paul office, but spring is just around the corner. Reflecting on the upcoming growing season and what the "Fresh Produce & More Directory" is all about, it becomes very clear that the directory is more than a summer guide to farmers' markets, roadside stands, and pick-your-own farms. This directory is a year-round invitation for you to share in the diversity and bounty of Minnesota agriculture.

The directory is about finding the hardiest bedding plants and nursery stock to plant after the ground thaws in the spring. It's about a sunny June morning spent with the grand-kids picking strawberries to eat fresh and also to preserve for the rest of the year. It's about that first mouth-watering taste of genuine Minnesota sweet corn and vine-ripened tomatoes on a summer picnic, the sizzling aroma of the grill, and the wonderful salads you can assemble that are made even better with Minnesota Grown fresh ingredients.

In the autumn, the directory is about fun family outings to the apple orchard or pumpkin patch to enjoy the sights and sounds of country life. And when the snow flies again in the north country, the directory is about the wonderful scent of a real Minnesota Grown Christmas tree with a turkey roasting in the oven.

Keep a copy of this directory handy and use it to enjoy the great taste of Minnesota no matter what the season. Whether you are seeking fruits and vegetables, meats, or ornamental products, you can be assured that our state's growers offer you the best.

Sincerely,



Gene Hugoson, Commissioner

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Using this Directory...

This directory is organized into seven major Minnesota regions: Twin Cities, Northwest, Northeast, West-Central, East-Central, Southwest and Southeast. Within those regions, the listings are arranged alphabetically by county.

Listings feature the name, address and phone number of the outlet, up to five product icons, hours of operation, and other helpful information provided by the grower.



The following product icons are used throughout this directory. While not a complete list of what's available at each location, the icons, and product icon index (p. 59), are designed to help you locate specific products.

					
Apples	Apple Cider	Asparagus	Bakery Products	Beans	Bedding Plants
					
Beef	Blueberries	Bison	Carrots	Cheese	Cherries
					
Chicken	Christmas Trees	CSA's*	Cucumbers	Cut Flowers	Duck
					
Eggs	Emu/Ostrich	Farmers Markets	Farm Tours	Fish	Geese
					
Goat Milk	Herbs	Honey	Jams/Jellies	Lamb	Llama Breeding
					
Maple Syrup	Melons	Mushrooms	Nursery Stock	Onions	Peppers
					
Pheasant	Popcorn	Pork	Potato	Pumpkins	Rabbit
					
Raspberries	Seed	Spring Water	Squash	Strawberries	Sweet Corn
					
Tomatoes	Turkey	Venison	Wild Rice	Wine/Grapes	

* Community Supported Agriculture

Traveling Tips...

The following tips may help you when visiting a farm or market:

- Call to make sure that the farm or market is open and to verify directions.
- Ask if the product you are seeking is available. Also ask about quality and quantity. Different stages of the season affect crop quantity and quality. Crop supply is often limited early in the season, while peak season crops are in large supply. (Prices may be lower in the peak season, too.)
- For the best selection, get there early .
- If you plan on bringing children or pets along, make sure they will be welcome. (Not all farms allow children or pets.)
- If you are picking your own produce, ask if containers are supplied. Wear comfortable clothes and bring along sunglasses, sunscreen or tanning lotion, a wide-brimmed hat and, perhaps, a picnic lunch.
- Enjoy your car trip by bringing along bags of sliced fruit and vegetables.
- If you are visiting a farmers' market, bring along a large bag with handles, stroller or wagon for hauling purchases. Carry change or small bills.
- Tell these businesses you found them in the *Minnesota Grown Directory of Fresh Produce & More!!*

NEED A MAP?

Minnesota maps, as well as travel, festival and special event information, are available from the Minnesota Office of Tourism. The address is:

Minnesota Office of Tourism
100 Metro Square Building
121 East 7th Place
St. Paul, Minnesota 55101

Twin Cities area residents can call the center at 296-5029, and callers outside the metro area can phone toll free 1-800-657-3700.



“CELEBRATING TRADITION, BUILDING THE FUTURE”

From watching the first talking movies to surfing the Internet, Land O'Lakes has witnessed a lot of innovation in the last 75 years, especially in the dairy case.

Land O'Lakes marks its diamond anniversary in 1996, celebrating 75 years as a cooperative made up of the best agricultural partners in the country. Due largely to the commitment of our farmer members, our reputation for quality has become more pronounced and recognized through the years. Our anniversary gives us reason and context to salute our members, our employees and our customers. Following is a sample of some events planned during our year-long celebration.

- **“Baking at Julia’s.”** Land O'Lakes is sponsoring Julia Child’s new PBS cooking series, “Baking at Julia’s,” set to debut in fall 1996.
- **Agriculture Scholarships.** Land O'Lakes has awarded \$1,000 in scholarships to 75 students of undergraduate agricultural studies. With this program, Land O'Lakes pays tribute to its tradition of excellence by investing in the future of agriculture and food science.

Land O'Lakes and *Fresh Produce & More* - Supporting Minnesota Agriculture

As we celebrate our 75th Anniversary as a Minnesota-based cooperative, how fitting that we also support the agricultural community of our home state — by sponsoring *Fresh Produce & More* and encouraging visits to roadside farm stands and farmers’ markets.

Buying fruits and vegetables straight from farmers means getting the freshest “produce picks” of the season. But visits to local farms can also become educational family adventures. In this directory, we’ve collected information to help you make farm-stand visits a family affair.

Fresh Produce & More will help spark ideas for cooking and storing your fruits and vegetables. Several easy, high-flavor recipes, featuring LAND O LAKES® Light Butter, Light Sour Cream and No•Fat Sour Cream, may also inspire you.

So read on and support Minnesota agriculture by incorporating locally grown produce into your family meals.

HAPPY PRODUCE PICKING!



Celebrating Tradition ♦ Building The Future

Serving Up a Fresh Family Tradition

Make a family tradition out of trips to fresh farm stands and farmers' markets. By going straight to your local fruit and vegetable sources, you not only get the freshest produce, but you get it at reasonable prices. These visits also help you and your family "get to the root" of your produce, as you learn how it's harvested, ways to prepare it – and more.

Much satisfaction can be gained by preparing family meals together with fresh produce purchased straight from the actual grower.

Mealtime can be a significant bonding force for families, especially in our fast-paced '90s culture. Three out of five families would like to sit down together for a meal more often. And, more than half of families blame busy schedules for interfering with family time. This requires America's families to employ creative ways to connect with one another. With visits to farm stands and farmers' markets, you can combine meal planning with a fun, educational activity.

Family Traditions for Today, a LAND O LAKES® Sour Cream program encouraging family togetherness, offers helpful tips to make the most of mealtime:

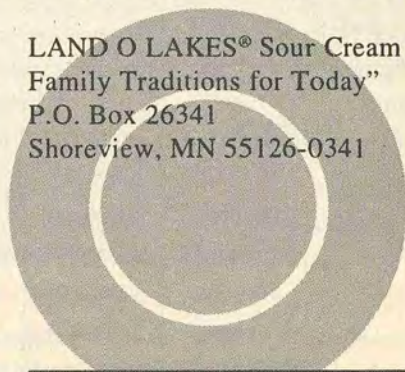
Plan meals together. Involve kids and select tasty recipes. Do Vegetable Pita Pockets sound good? Write a grocery list together.

Go shopping together. Whether from a grower or at the grocery store, encourage kids to hand-pick ingredients for their recipes.

Cook together. Teach kids to cook. Let them wash fresh vegetables and produce, grate cheeses and stir sauces.

Learn more tips for creative and practical family bonding, at mealtime or anytime with the free brochure, "*Family Traditions for Today: Tips and Recipes for Busy People*." Call 1-800-782-9602 or send your name and address to:

LAND O LAKES® Sour Cream
Family Traditions for Today"
P.O. Box 26341
Shoreview, MN 55126-0341



Offer good while supplies last.

A SEASONAL LOOK AT MINNESOTA GROWN PRODUCE

MAY	JUNE	JULY	AUG	SEPT	OCT	NOV
ASPARAGUS	ASPARAGUS	ASPARAGUS				
BEDDING PLANTS	BEDDING PLANTS	BEDDING PLANTS	BEDDING PLANTS			
GREEN ONIONS	GREEN ONIONS	GREEN ONIONS	GREEN ONIONS	GREEN ONIONS		
RADISHES	RADISHES	RADISHES	RADISHES	RADISHES	RADISHES	
RHUBARB	RHUBARB					
SPINACH	SPINACH			SPINACH	SPINACH	
	BROCCOLI	BROCCOLI	BROCCOLI	BROCCOLI	BROCCOLI	
	CABBAGE	CABBAGE	CABBAGE	CABBAGE	CABBAGE	
	GREENS	GREENS	GREENS	GREENS		
	GREEN BEANS	GREEN BEANS	GREEN BEANS	GREEN BEANS		
	KOHLRABI	KOHLRABI	KOHLRABI	KOHLRABI		
	PEAS	PEAS				
	STRAWBERRIES	STRAWBERRIES				
		BEETS	BEETS	BEETS	BEETS	
		BLUEBERRIES	BLUEBERRIES			
		CARROTS	CARROTS	CARROTS	CARROTS	CARROTS
		CAULIFLOWER	CAULIFLOWER	CAULIFLOWER	CAULIFLOWER	CAULIFLOWER
		CUCUMBERS	CUCUMBERS	CUCUMBERS		
		HERBS	HERBS	HERBS		
		PEPPERS	PEPPERS	PEPPERS		
		POTATOES	POTATOES	POTATOES	POTATOES	POTATOES
		RASPBERRIES		RASPBERRIES		
		SUMMER SQUASH	SUMMER SQUASH	SUMMER SQUASH		
		SWEET CORN	SWEET CORN	SWEET CORN		
		TOMATOES	TOMATOES	TOMATOES		
		APPLES		APPLES	APPLES	APPLES
		EGGPLANT		EGGPLANT		
		MELONS		MELONS		
		ONIONS		ONIONS	ONIONS	ONIONS
				BRUSSELS SPROUTS	BRUSSELS SPROUTS	
				PARSNIPS	PARSNIPS	PARSNIPS
				TURNIPS	TURNIPS	TURNIPS
				WINTER SQUASH	WINTER SQUASH	WINTER SQUASH
					PUMPKINS	PUMPKINS
						CHRISTMAS TREE



Peak Season

SPRING SUMMER FALL

THE PICK OF THE CROP

Tips on Selecting, Storing and Preparing Farm-Fresh Produce

A local farmers' market or farm stand offers newly harvested vegetables that often reach your table within 24 hours of being picked. Follow these simple tips to help you find and prepare the best vegetables.

SELECTING FRESH VEGETABLES:

Bigger doesn't always mean better. As vegetables grow larger, they can get tougher and taste strong or less sweet.

Trust your senses. Many fruits and vegetables have a certain aroma or texture when ready to be eaten. Learn more from your local grower.

BRINGING PRODUCE HOME:

You don't even have to open the refrigerator to put away onions, potatoes, sweet potatoes, eggplant, okra, tomatoes, mushrooms, or hard-skinned squashes. Don't keep them in the crisper because they already have enough moisture. They are best left out in the open.

Before refrigerating other produce, pull off any wilted parts.

COOKING WITH VEGETABLES:

Add variety to meals by cooking vegetables in non-traditional ways.

Grilling. Grilling brings out the flavor of vegetables without adding a lot of fat. If you're grilling meat, put some sweet corn on the grill, too. (See the grilling chart for more information.)

Steaming. Steaming is another healthy alternative. Steaming allows vegetables to retain more of their water-soluble vitamins and minerals.

VEGGIE TRIVIA

Broccoli: Fights cancer by the bunch. Grown by the ton in America each year. Absolutely unpalatable to George Bush. Still, it has been voted "America's Favorite Vegetable" for the third consecutive year in the 1996 LAND O LAKES® Light Butter "Playing the (Farmers') Market" Survey.

Brussels sprouts: Captured the designation "America's Least Favorite Vegetable" in this survey category.

Braising (Slow-cooking vegetables in broth or juices). When braising, be sure to choose a pan with a cover, large enough that all of the vegetables come in contact with the liquid. Try topping carrots braised in apple cider with melted butter and honey.

Roasting. Turn fresh peppers, garlic or eggplant into a main meal by roasting, then tossing them with pasta.



Simmer up more ideas by referring to the recipes in this guide.

For more information about picking, storing and cooking with your farm-fresh produce, order the LAND O LAKES® Light Butter "Playing the (Farmers') Market" Map. Use the same ordering information listed on page 7.

Great Veggie Grilling

When summer temperatures in the kitchen skyrocket, Minnesotans hit the grills. But beyond basic burgers, steaks and barbecued chicken waits another flavor adventure: grilled vegetables!

For great veggie grilling, choose a method:

Bundle-wrap chunks of your favorite vegetables, butter and seasonings in aluminum foil to create a bowl-like package that may or may not be "scrunched" shut at the top, depending on your preference. This works best directly on the grill rack.

Or you can seal vegetable chunks, butter and seasonings in airtight foil packages. To create an **airtight foil wrap**: place the vegetables in a pile on a sheet of heavy-duty aluminum foil, bring one pair of foil edges up above vegetables and tightly roll them down together; then roll each of the remaining open ends inward. Whether placed directly on the embers or on the rack, airtight foil wrapping allows you to flip the package for even cooking without fear of leaking its contents.

Large pieces of vegetables such as peppers and zucchini also can be placed **directly on the rack** over medium coals. Basting lightly with seasoned butter or LAND O LAKES® Light Butter makes the vegetables tastier. Turn them frequently and grill until slightly browned and crisply tender. Some dense vegetables, such as acorn squash or sweet potatoes, can even be placed **directly on the coals** without being wrapped. Oil the skins before placing on coals.

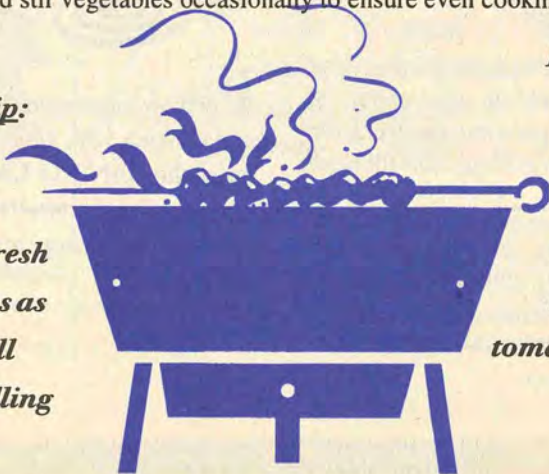
Skewering is another fun, popular way of grilling bite-size veggies. To assemble kabobs, alternately thread vegetable and meat chunks on metal skewers. (Using similar-sized pieces will promote even cooking.) If you're grilling seafood or fruits, use bamboo or wooden skewers as the smaller size helps prevent the food from breaking apart. To keep bamboo or wooden skewers from burning, soak them in water before threading with food.

Grill baskets represent a new, convenient method of grilling vegetables that's gaining popularity. These metal baskets are available with grill accessories in department and cookware stores. First, oil the basket to prevent sticking, then fill with vegetables. Set it directly on the grill rack, and stir vegetables occasionally to ensure even cooking.

Vegetable

Seasoning Tip:

Season with butter, salt, pepper and fresh or dried herbs as desired for all foil-wrap grilling methods.



Heat up your

summer

barbecue by

grilling

kabobs with

mushrooms,

tomatoes, onions

and green

peppers.

Minnesota Grown's Guide to Vegetable Grilling

Minnesota Grown Vegetables	Suggested Grilling Method	Preparation	Cooking Time (Approx. min.)	Direct Heat* (Directly over level coals)
Asparagus	Grill basket or directly on rack	Leave whole. Trim stems, brush with melted butter or oil.	10 to 20	Medium
Bell Peppers (<i>half or whole</i>)	Directly on rack	Cut; brush with oil.	15 to 25 or until brown	Medium-low
Broccoli/ Cauliflower	Airtight foil wrap or grill basket	Cut into small flowerets.	15 to 30	Medium
Carrots (<i>chunks</i>)	Airtight foil wrap	Scrub, don't peel; cut into small chunks.	20 to 25	Medium
Eggplant/ Summer Squash (<i>soft-skinned</i>)	Bundle or airtight foil wrap	Slice into thin pieces.	15 to 30	Medium
Green Beans	Airtight foil wrap	Cut diagonally in 1½-inch pieces.	20 to 25	Medium
Mushrooms	Bundle wrap or skewer	Leave whole; cut off stems.	<u>Wrap:</u> 15 to 20 <u>Skewer:</u> 6 to 8	Medium
Onions (<i>chunks</i>)	Skewer	Cut into small chunks; parboil** 1-2 minutes	20	Medium
Rutabaga/ Potatoes (<i>all types</i>)	Bundle or airtight foil wrap	Peel if desired; cut into 1-inch cubes.	35 to 60	Medium
Sweet Corn (<i>whole</i>)	Ember cook or airtight foil wrap	<u>Ember cook:</u> remove silk, leaving husk. Soak in water. <u>Wrap:</u> remove husks and silk.	<u>Ember cook:</u> 35 to 45 <u>Wrap:</u> 45	<u>Ember cook:</u> Low, turn often <u>Wrap:</u> Medium
Tomatoes (<i>halves</i>)	Bundle wrap	Cut into halves	30 to 40	Medium
Winter Squash (<i>halves</i>)	Directly on rack	Cover; cut sides with aluminum foil.	50 to 60	Medium, turn once

* To judge fire temperature, cautiously hold hand palm down at rack level. Count the seconds that you can hold the position comfortably. Five seconds = low heat; four and a half seconds = medium-low; four seconds = medium; three seconds = medium-hot; two seconds = hot.

** Parboil: To partially cook by boiling briefly (1 minute). Also called blanching.

Veggie Kabobs:

On metal skewers, alternately thread desired vegetable chunks, such as squash, onions, mushrooms, green peppers and cherry tomatoes. Cutting vegetables into similar sizes and shapes will promote even cooking. Brush vegetables with melted butter or oil as you cook the kabobs over medium heat, turning frequently until tender (10 to 15 min.).

HERE'S YOUR CHANCE: *Enter a State Fair Quick Bread Contest*

Does your family rant and rave at the first whiff of your fresh-baked goodies? If so, put your talents to the test by entering the LAND O LAKES® Sour Cream Quick Bread Contest.



In the eighth-annual, 1996 competition (judged at the Minnesota State Fair), quick bread bakers can win cash prizes up to \$100 with their superior creations. The first-place winner will then advance to compete with champions of 41 other fairs for the National Grand Prize — \$500 and a one-year supply of Land O'Lakes products.

All varieties of quick breads (breads without yeast) are eligible for the competition as long as they are made with at least one cup of LAND O LAKES® Light Sour Cream or No•Fat Sour Cream. Judges will critique entries based on taste-appeal (40 percent), creativity (25 percent), appearance (25 percent) and ease of preparation (10 percent). All participants must pre-register. For more information, call the entry department at the Minnesota State Fair: 612/642-2217.

To stir your family's creativity, following is the 1995 National Grand Prize Quick Bread Recipe. These flavorful twists are great for breakfast, brunch or snack time.

MAPLE PECAN TWIST

FILLING

- 1½ cups finely chopped pecans
- ¼ cup maple syrup
- 3 tablespoons firmly packed brown sugar

DOUGH

- 2¾ cups all-purpose flour
- 2 tablespoons sugar
- 1 teaspoon baking soda
- ½ teaspoon salt
- ½ cup LAND O LAKES® Butter
- 1 cup LAND O LAKES® Light Sour Cream or No•Fat Sour Cream
- ¼ cup milk
- 1 egg
- 1 tablespoon LAND O LAKES® Butter, melted

GLAZE

- 1 cup powdered sugar
- 1 tablespoon maple syrup
- 3 to 4 teaspoons milk

Heat oven to 450°. In small bowl stir together all filling ingredients; set aside. In large bowl combine flour, sugar, baking soda and salt. Cut in butter until crumbly. In medium bowl combine sour cream, ¼ cup milk and egg; beat with wire whisk until smooth. Stir sour cream mixture into flour mixture just until dough forms. Turn dough onto lightly floured surface; knead 12 to 15 times. Roll dough into 15 - x 12 - inch rectangle; brush with melted butter. Sprinkle topping over half of dough along long edge. Fold dough over filling. Cut dough into 15 (1-inch) strips. Twist strips about three times; place onto greased cookie sheets. Press ends onto sheet.

Bake for 10 to 12 minutes or until golden brown. Cool on wire rack. In small bowl combine all glaze ingredients; mix well. Drizzle over twists.

15 twists

Tabletop Trends:

FLAVORED BUTTERS



Spice up your supper by boosting your butter. By mixing your butter with high-flavor ingredients, you can add zing to your menu with very little effort. And to create flavored butter on the lighter side, use LAND O LAKES® Light Butter – with rich dairy butter taste and half the fat.

Simply soften the butter, then stir in your favorite ingredients. Involve the kids in the process. With easy flavored butter recipes, you can show kids how to be creative in the kitchen.

Popular mix-ins include herbs, fruits and vegetables. Of course, peak-of-the-season stir-ins offer the best flavor.

Experimenting with herb butters gives asparagus or corn a fresh variation, but the butters also season grilled or steamed vegetables, and provide a savory finish for broiled or grilled meat and fish. Vegetables with distinctive flavors, such as roasted red peppers, add zest to butter for topping everything from pasta to crackers to potatoes.

If time doesn't allow for mixing flavors at home, Land O'Lakes offers two new Flavored Butters. Made with classic LAND O LAKES® Grade AA Butter, the Flavored Butters come in two varieties (Honey and Roasted Garlic with Olive Oil), and can easily become part of everyday meals. Try the Garlic Butter for easy baked potatoes or mushrooms with zip, and use the Honey Butter to top baked apples, carrots or squash with a creamy honey taste.

The DO'S and DON'TS of DIPPING

Delight in your dipping, especially when your favorite veggie dippers – such as carrots and broccoli – come fresh from the farm.

Have a party, invite your friends, but be careful how you dip. Across America, the dipping behavior of snackers has come to the etiquette forefront. Why? Dipping can be embarrassing, especially if you drip the dip, break the chip or double dip.

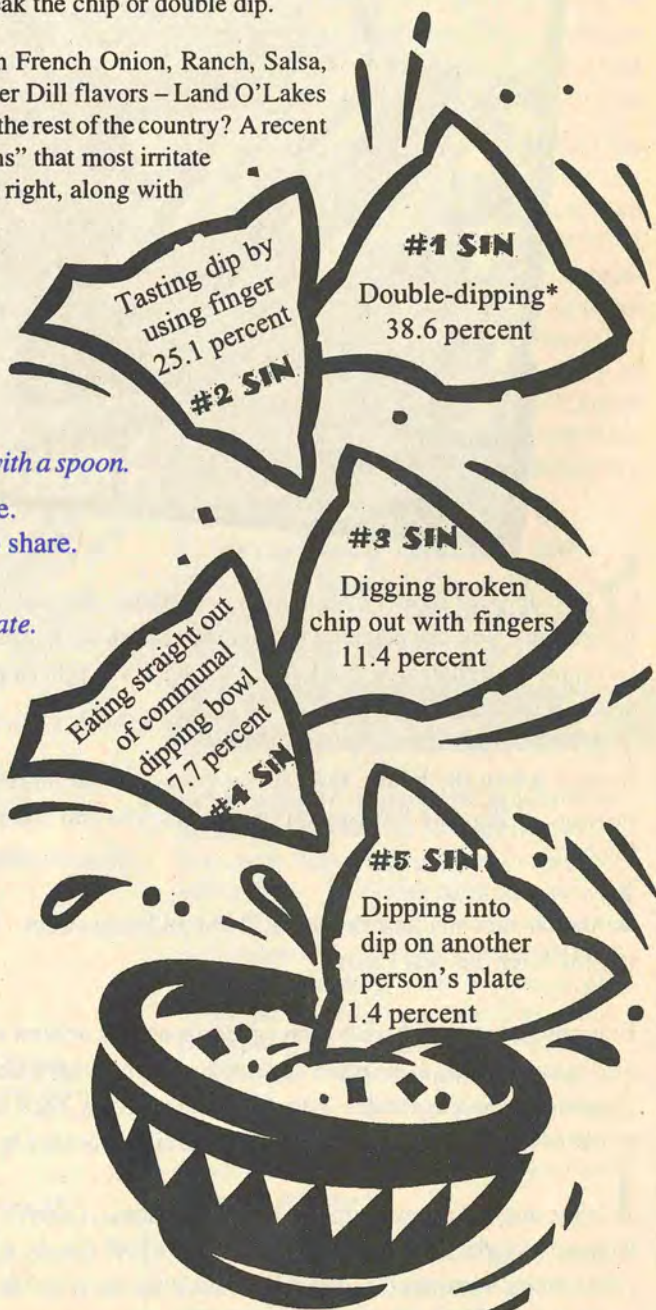
With its line of No•Fat Dips – in French Onion, Ranch, Salsa, Bacon Horseradish, and Cucumber Dill flavors – Land O'Lakes knows *how* to dip. But how about the rest of the country? A recent survey identified the “dipping sins” that most irritate Americans. They're listed to the right, along with some great “dipping tips” below.

TOP 5 DIPPING TIPS

1. Don't drip the dip.
2. Don't double-dip.
Just don't. Ever.
3. Do go after a broken chip, *with a spoon.*
4. Do stick to your own plate.
Some people don't like to share.
5. Don't hog the bowl.
Spoon some dip onto a plate.

** Double-dipping definition: dipping an item into a community dip bowl, taking a bite, and dipping the same item again. (How rude!)*

Made from No•Fat Sour Cream, the dips have the creamy texture and rich taste of regular sour cream dips, but with no fat and only half the calories. And, LANDOLAKES® No•Fat Dips contain only real dairy ingredients, unlike some dips made from vegetable oil or imitation sour cream.



HAPPY DIPPING!

Twin Cities Area...



ANOKA COUNTY

Anoka County Farmers' Market

Immaculate Conception Church
4030 Northeast Jackson St
Columbia Heights



2-6 pm Thurs
May 2-Oct 31

Broccoli, green beans, peas, strawberries, corn, tomatoes, squash, potatoes, apples, honey, eggs, raspberries, grapes, flowers, bedding plants in season.

Anoka County Farmers' Market

St. Timothy's Catholic Church
707 89th Ave NE
Blaine



7 am-noon Sat
May 4-Oct 26
2-6 pm Tues
July 2-Oct 1

Bedding plants, flowers, garden produce in season, berries, fruits, honey, eggs, poultry, herbs and bulbs.

Anoka County Farmers' Market

2nd Ave & Jackson St
Near City Hall
Anoka



2-6 pm Thurs
May 2-Oct 31

Fresh vegetables and bedding plants in season. All items locally grown.

Anoka Rum River Tree Farm

Round Lake Blvd
Anoka
612/493-5090



Daylight hours
Nov 29-Dec 22

Located ten miles north of Anoka on Round Lake Blvd (Anoka County Rd 9). Cut-your-own Christmas trees. Scotch pine, spruce, balsam, white pine, wreaths and garland.

Bennett Farms

16127 Tulip St NW
Anoka
612/421-2170



6 am - 1:30 pm Tues-Sun
April-Nov

Visit our stand at the Minneapolis Farmers' Market. We specialize in potatoes, vegetables, pumpkins, squash, chives, and garlic.

Centerville Tree Farm

1770 Main St
Centerville
612/493-5090



Daylight hours
Nov 29-Dec 22

Approximately ten miles north of Hwy 694. Cut-your-own Christmas tree: Scotch Pine, White Pine, Spruce and Balsam.

Fruitful Prairie Farms

7955 217th Avenue NE
Stacy
612/462-1133



Call for appointment
Seasonal

Organic Produce - specializing in muskmelon and introducing Minnesota grown kiwi fruit and plants. Much more. Eggs year-round. Located approximately 4 miles west of Wyoming on Anoka County Road 22, right on Anoka County Road 75, approximately 1/2 mile. Call for appointment and more information.

Hansen Tree Farm

Ramsey Blvd & 155th Ave NW
Anoka
644-3927 or 644-2561



9 am-dusk
Fri, Sat & Sun
Thanksgiving-Christmas

Choose-and-cut Christmas trees. Select from over 10,000 sheared Scotch, Norway, White Pine and Blue Spruce. Warm up by the campfire and enjoy complimentary cocoa and a wagon ride. Saws and twine provided. Free greens with tree purchase. We're the closest tree farm to Minneapolis. Between Anoka and Elk River, just off US Hwy 10/169. North on Ramsey Blvd. 2 miles, then left on 155th Ave NW for 1/4 mile. Start a family tradition!

Hipp Family Farm

210 NE Main St
Blaine
612/754-2428



9 am-7 pm Mon-Fri
9 am-6 pm Sat
In season

Roadside stand on Main St in Blaine. (Main St is same as Hwy 242.) Located 3/4 mile west of Hwy 65. All produce and bedding plants available at stand. Call for pick-your-own information and location. Large selection of crops: apples, beans, broccoli, cabbage, carrots, cauliflower, Christmas trees, cucumbers, pickles, melons, nursery stock, onions, potatoes, tomatoes, squash (several varieties), peppers (hot), corn. One of the largest selections of pumpkins in the North Metro area.

Main Street Tree Farm

3014 Main St NE
Blaine
612/422-0715



8 am-6 pm
Year round

Take Hwy 65 North to East Main St (County Rd 242). Go east two miles. Our tree farm is located on the south side of the road.

Oneka Berries

2333 E Cedar St
Hugo
612/429-8761



Seasonal hours

Strawberries just 15 minutes north of St. Paul. Take freeway 35E to County 14 (Hugo exit). Go east 1/4 mile to Elmcrest Ave/24th Ave, then take a right turn and drive 1/2 mile to E Cedar St. Go right 1/4 mile to our sign. Pick-your-own or pre-picked. Call hotline for current information. Containers supplied. Children welcome.

Rice Creek Gardens, Inc.

11506 Hwy 65
Blaine
612/754-8090



7 days a week (10-5 Sun)
9 am-5 pm (Thurs & Fri till dusk)
April 17-Nov 1

Unusual hardy plants: perennials, wildflowers, rhododendrons, day lilies, shrub roses, hosta and rock garden alpine. Bonsai, grasses, dwarf conifers, water lilies and herbs are produced and tested 'Minnesota Hardy'. Visit the twelve trial gardens connected by walking paths, to see plant communities and receive inspiration for your own gardens. Come several times to observe seasonal changes that make for year-around beauty. Design help available.

Waldoch Farm

8174 Lake Dr
Lino Lakes
612/780-1207 or 612/784-4592



9 am-6 pm Mon-Fri
9 am-5 pm Sat
Noon-5 pm Sun
mid July-Oct

Pick-your-own and roadside stand located on Lake Dr, (north of Main St). Call before coming to farm. Raspberries, beans, tomatoes, pickles, sweet and hot peppers, cabbage, broccoli, eggplant (regular and oriental), beets, sweet corn, melons, squash, okra, honey, pumpkins and more.

Waldoch Greenhouse

8174 Lake Dr
Lino Lakes
612/780-1207 or 612/784-4592



9 am-7 pm Mon-Fri
9 am-6 pm Sat
Noon-6 pm Sun
Apr-July

Located on Lake Dr (north of Main St). Bedding plants, hanging baskets, herbs, large selection of vegetable plants and perennials.

Wisp-O-Willow Berry Farm

22350 Sunrise Rd
Stacy
612/462-5149



Mon-Sat

Located 4-1/2 miles west of Wyoming on County 22 then right 1-1/2 miles on County 75. Call before driving to farm. Summer and fall raspberries, honey, apples and plums.

CARVER COUNTY

Ames Farm

11225 Co. Rd. 20
Watertown
612/955-33488



By appointment
late Aug-early Nov

Honey Crisp and other hard to find varieties of apples are our specialty. 16 Varieties including Chestnut Crab, Regent, Sweet 16, Haralson, State Fair, Wealthy, Honey Gold, Keepsake, Fireside and Victory. See us Sat/Sun most weekends during apple season at the Minneapolis Farmers Market or call ahead to visit our orchard.

Ambergate Gardens

8015 Krey Ave
Waconia
612/443-2248

9 am-5 pm Tues-Sun
Apr-Oct
And by appointment



Specialty mail-order and walk-in nursery emphasizing perennial flowers that are well adapted to Minnesota's rigorous climate. Offerings include native plants as well as numerous uncommon and/or unusual plants. Descriptive catalog of plants available for \$2. Minimum mail order amount is \$25. Shipping seasons are April-May and September-October. Nursery and display gardens are located one mile west of Victoria on State Hwy 5. Visits outside normal business hours can be arranged by appointment.

Bade's Orchard

104 Lano Lane
Chaska
612/448-4986

By appointment
Aug-Oct



Located 1-1/2 miles west of 41 on U.S. Hwy 212, at Lano Lane. Open Aug through Oct by appointment. Apples (eleven varieties), tomatoes, and peppers. Call before you come.

Berry Harvest

(Formerly Bob's Berry Farm)
15085 Halsey Ave
Carver
612/448-6545

Call for hours
June



Pick-your-own farm located 5 miles southwest of Chaska. Follow Hwy 212 west from Chaska one mile, turn south on County Rd 40, 3 miles south of Carver. Watch for Berry Harvest Sign. Strawberries (June & early July) and Fall Raspberries (Sept/Oct). Call for hours and picking times. Free containers. Families welcome, but children must be supervised.

Bongard's Creameries

13200 County Road 51
Bongards
612/466-5521

7 am-6 pm Mon-Sat
11 am-4 pm Sun



Bongard's Creameries retail store offers a wide variety of cheeses produced from Minnesota dairy farmers' milk. Cheddar, Colby, Monterey Jack, Marble Jack and American cheeses, including fresh cheese curds (less than 24 hours old).

Boorsma Farm

185 Arboretum Blvd
(next to U of M Arboretum)
Hwy 5 & Minnewashta Pkwy
Victoria
612/443-2068

Call for hours
June-Oct 31



Organically grown. Our farm is 3/4 mile west of U of M Landscape Arboretum on Hwy 5. Tomatoes, cucumbers, beans, eggplant, peppers, corn and fresh herbs. Grown without chemicals and pesticides. Pumpkins our specialty for fall. Also squash, potatoes, herb & flower wreaths, plants, & old-fashioned perennials. U-pick berries in season.

Carver Nursery

County Rd 40
Carver
612/448-6696



7 am 'til dark
Seasonal

Pick-your-own blueberries, raspberries and strawberries. Herbs and vegetables will be available during the season. We also have blueberry plants, raspberry plants, strawberry plants and dwarf apple trees. Our farm is located 3 miles southwest of Carver off of County Rd 40.

Deardorff Orchards

8350 Parley Lake Rd
Waconia
612/442-4356
Fax: 612/442-6491



9 am-5 pm Tues-Sun
Closed Mon
mid Aug-Oct

Visit our 100 acre farm and pick-your-own or buy from our historic sales barn. Fifteen varieties of Minnesota apples including Haralson, Regent, Cortland, McIntosh, Honeygold, Sweet 16 and Fireside. Crafts, Fall wreaths, honey, baskets and gift store. **FRESH CIDER.** Ponies and horses, pumpkins, ornamental corn and fall vegetables, too. We are 17 miles west of "Crosstown" and 169. Take 169 or 494 to State Hwy 5, West. Travel through Eden Prairie, Chanhassen, and Victoria. We are located 3 miles west of Victoria off Hwy 5—follow signs.

Halla Nursery Inc.

10000 Great Plains Blvd
Chanhassen
612/445-6555



Seasonal hours

LANDSCAPE DESIGNERS, CONTRACTORS, GROWERS, TREE MOVERS & GARDEN CENTER. Halla is a complete landscape design, construction and grower. We grow over 300 varieties of shade trees, evergreens and shrubs and have an on-site greenhouse for selection of bedding plants and over 100 varieties of perennials. Winner of several national and local landscape design awards, Halla specializes in moving shade trees up to 20" in diameter featuring the United States' LARGEST TREE SPADE (102" in diameter).

St. Boni Orchard

West Hill Rd
St. Bonifacius
612/472-5752

1-5:30 pm Thurs, Fri, Sat & Sun
Sept-Oct



Quality Minnesota apples: Sweet 16, Haralson, Honeygold, Regent, Fireside/Connell Red, McIntosh and Red Baron. Call for bushel specials. (Split a bushel with friends!) Seconds always half price. Enjoy the fall colors as you drive to our orchard—out State Hwy 7 to the stop light at St. Bonifacius, then take 92 north one mile, turn west on West Hill Rd for 1/2 mile.

Wilson's Nursery, Inc.

9150 Great Plains Blvd
Chanhassen
612/445-4088

7:30 am-4:30 pm, Mon-Fri
8 am-noon, Sat



Growers of shade, ornamental and evergreen trees and shrubs. Growing fields located at 5730 Yancy Ave, New Germany, MN 55367. Located 12-1/2 miles west of St. Bonifacius on Hwy 7; or 1-1/2 miles west of Hollywood Ranch House, then south on Yancy Ave 1/4 mile.

DAKOTA COUNTY

Adelmann's Farm Market

3645 Hwy 13
Eagan
612/454-2964



9 am-6 pm daily
Apr-Nov

Roadside stand located 1-1/2 miles north of Cedar Ave on Hwy 13. Wide assortment of herb plants, bedding plants, ornamentals, geraniums, vegetable plants and hanging baskets, wholesale and retail. Vegetables in season - tomatoes, peppers (sweet and hot), cucumbers, onions, potatoes, cabbage, melons, beets, etc. Sweet corn picked fresh daily. Inquiries concerning freezing and canning quantities welcome. Pumpkins, squash, gourds, ornamental corn and other fall decorations in season.

Alexis Bailly Vineyard, Inc.

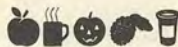
Hwy 61 at 170th St
Hastings
612/437-1413

11 am-5 pm Fri-Sun
June-Oct

Located one mile south of Hastings. Visitors welcome to visit the winery, stroll through the vineyards and sample the wines. Retail sales of wines and souvenirs.

Appleside Orchard

Hwy 3
Farmington
612/463-2505



Seasonal hours
Aug-Nov

The freshest, most flavorful apples are the ones you and your family pick right from the trees at Appleside. With over 100 acres of apples, raspberries and pumpkins, Appleside is one of Minnesota's premier pick-your-own farms. We have something for everyone, from caramel apples to popcorn, and fresh apple cider to gift baskets. Pre-picked fruit available. Hayrides in the fall. Apples and raspberries: Aug-Nov. Pumpkins: Oct. Call for harvest dates and weekend activities.

Biermeier Greenhouses

9022 Concord Blvd
Inver Grove Heights
612/457-5393

10 am-8 pm
mid Apr-August

Bedding plants, vegetable plants and perennial flower plants. Huge selection and personalized service.

Burnsville Farmers' Market

Mary Mother of the Church
3333 Cliff Rd
Burnsville
612/227-6856 hotline



Noon-5 pm Thursdays
May 23-Oct 31

Located on the parking lot of church. Fresh locally grown fruits, vegetables, plants, honey and bakery items from a 50 mile radius. Produce sold directly from farmer to consumer. Call hotline for current market information or 612/227-8101 for business information.

Diffley's Gardens of Eagan

4355 South Robert Tr
Eagan
612/454-6188 or 612/469-1855



9:30 am-6:30 pm daily
July-Oct

Organically grown produce. CERTIFIED ORGANIC by O.G.B.A. Roadside stand located between Diffley and Cliff Rd. Freshly picked SUPER SWEET CORN of yellow, white bicolor our specialty. Muskmelon, yellow and red watermelon, cucumbers, fresh green beans, red, yellow and green sweet peppers, sweet Spanish and German storage onions, green and red cabbage, garlic braids, 12 types of winter squash, yellow and red potatoes, purple and green broccoli, cut flowers, large selection of pumpkins and decorations. Fifth generation family farm since 1857.

Gerten Greenhouse, Garden Center and Nursery

5500 Blaine Ave
Inver Grove Heights
612/450-1501



Year round

Flowering spring bedding plants, vegetable plants, nursery stock, poinsettias and Easter lilies, lawn and garden and landscape supplies.

Girardin Gourmet Gardens

County Rd 88
Cannon Falls
507/263-5897

6-8 pm, Mon-Fri
Noon-8 pm Sat-Sun
Aug-Oct

Call for directions. More than 60 varieties of garlic, 20 varieties of shallots, 20 varieties of winter squash, 30 varieties of hot peppers, including Habanero and Scotch Bonnet, 20 varieties of potatoes. Many other unique gourmet vegetables.

Hawk's View Farm

Cedar Ave (Dakota County 23)
Northfield
507/645-8282



10 am-6 pm, Mon-Sat
May-Nov

Located 14 miles south of Apple Valley or 7 miles north of Northfield, just south of the intersection of County Rds 23 & 86. Organically grown produce picked fresh daily, including a wide variety of herbs, cut flowers, and vegetables in season: lettuce, u-pick peas, u-pick green beans, broccoli, potatoes, hot and sweet peppers, melons, tomatoes, sweet corn and more. Fall produce includes pumpkins, squash, ornamental corn, gourds and dried flowers. Call for u-pick times.

The Herb Man Adelmann's Farm Market

State Hwy 3 & 240th St
Farmington
612/463-3543



9 am-7 pm Tue-Sun
May-Dec

THE HERB MAN. Truck farm and greenhouses. Stand is located 2-1/2 miles south of Farmington on southwest corner of 240th St and State Hwy 3. Look for small red barn with green roof next to greenhouse range. Over 500 herb varieties and scented geraniums. Spring bedding and vegetable plants, perennials, hanging baskets, and geraniums. Vegetables in season - sweet corn, tomatoes, melons, peppers, pumpkins, squash, gourds, ornamental corn, etc. Wholesale inquiries invited. Dried floral material and arrangements in gift shop.

Lorence's U-Pick Strawberries and Raspberries

Cedar Ave (County Rd 23)
507/645-9749
612/944-1412 City Line

Pick Your Own farm located 14 miles south of Apple Valley or seven miles north of Northfield. Call before driving to the farm. Children must be supervised. Containers are supplied.



6 am-8 pm daily
June-Sept

Maher's Berry Farm

Akron Ave
Inver Grove Heights
612/450-1011

Pick your own raspberries. We grow Boyne red raspberries, and the season usually begins around the 4th of July and lasts 3-5 weeks. We also provide the quart containers. FROM ST. PAUL take Robert St (Hwy 3) south to Cliff Rd (County Rd 32), go east one mile to Akron Ave, north 1/4 mile to farm. FROM MINNEAPOLIS take Cedar south to Cliff Rd, go east 6-7 miles to Akron, north 1/4 mile to farm. Call for daily status.



7 am-noon, Mon-Sun
Until full or picked out

Pahl's Market

6885 160th St
Apple Valley
612/431-4345

Located 1/4 mile east of Cedar. Bedding plants, hanging baskets, sweet corn, vegetables, pick-your-own pumpkins, and Christmas trees.



Daily
May-Dec

Petersen Tree Farm

County Rd 6
Clear Lake
612/441-6094

Family-oriented tree farm conveniently located 3 miles north of Hwy 10 on County Rd 6 in Clear Lake. Scotch, Norway, White Pine, Spruce, Fraser Fir and Balsam. Free hayrides, free candy canes, free toys for kids. Free tree shaking and baling, weather permitting. A family-run operation offering a fun holiday outing in the country. Call for prices.



9:30 am-5 pm, Fri/Sat/Sun
Starting day after Thanksgiving
'til Christmas

Peterson Farms Inc.

County Rd 38 & County Rd 71
Rosemount
612/423-1934

Pick-your-own farm located 3-1/2 miles east of Rosemount on County Rd 42, past Dakota Technical College, then north (left turn) on County Rd 71 for 1/2 mile or two miles south of Pine Bend Oil Refinery on Hwy 52, right turn on County Rd 38, one mile. Follow signs. Free containers, recipes furnished, pre-picked berries available by order only. Strawberries and blueberries in season.



8 am-6 pm daily
Strawberries, June-July 4

Peterson Farms Inc.

County Rd 38 & County Rd 71
Rosemount
612/423-1934

Pick-your-own farm located 3-1/2 miles east of Rosemount on County Rd 42, past Dakota Technical College, then north (left turn) on County Rd 71 for 1/2 mile or two miles south of Pine Bend Oil Refinery on Hwy 52, right turn on County Rd 38, one mile. Follow signs. Free containers. Strawberries and blueberries in season.



Call ahead
Blueberries, July-Aug

Pflaum Farms

5780 - 225th St W
Farmington
612/463-3577

Conveniently located 1-3/4 miles east of Cedar Ave on 225th St. Farm fresh fruits and vegetables in season. Fresh and dried flowers. Early Spring and Summer...potted perennials, annual flowers, vegetable plants, herb plants, asparagus, rhubarb, lettuce, spinach, radishes, onions. Also Available In Season...strawberries, raspberries, sweet corn, tomatoes, peppers, green beans, carrots, beets, potatoes, melons, ornamental corn, squash, pumpkins, gourds. All fresh, homegrown produce picked daily. Call before coming and for additional information.



Daily hours during season
May-October

Rainbow Ridge Farm

20175 Rhoda Ave
Welch
612/437-7837 or
1-800-657-4974

South from Hastings on 316 (six miles) left on 200th St, right on Ravenna Tr, left on 205th St, at top of hill left on Rhoda, first farm on left. (Call if earlier or later times are necessary), when crops are in season. June and July: strawberries and blueberries. Nov/Dec: geese. Playground. Picnic tables. Strawberries, blueberries, honey, jam, fresh and frozen geese. MN Grown Gift Boxes. Call for specific picking information.



8 am-noon, 4-7 pm daily
Or 'til picked out
Also open by appointment

Signal Hills Farmers' Market

Signal Hills Shopping Center
South Robert St
West St. Paul
612/227-6856 hotline

Fresh, locally grown fruits and vegetables, eggs and bakery items from a 50 mile radius sold direct from producer to consumer. Call the hotline for current market information or 612/227-8101 for business information.



8 am-noon Fri
June 14-Oct 25

Switzer's Nursery & Landscaping Inc

26601 Chippendale Ave
Northfield
612/332-3002 or 507/645-9741

Evergreens, shade trees, ground covers, flowers, flowering shrubs. Located 5 miles south of Farmington or 8 miles north of Northfield. Call for more information.



Apr-Dec
Call for hours

5 - A - D A Y - T I P

✓ For finicky kids, try cutting vegetables into interesting shapes, such as crinkle-cut carrots.

 HealthPartners

Wyatt Strawberries

10370 - 180th St E
Hastings
612/437-8479



7 am-dusk
While in season
Asparagus: early May-June
Strawberries: mid June-early July

Featuring asparagus while in season. We will pick to your order. Strawberries - pick-your-own. We are located south of Hastings between Hwy 61 and County Rd 47. Bring your own containers.

HENNEPIN COUNTY

Batherbrooke Farm

Bass Lake Rd and Hwy 101
Maple Grove
612/420-2754



Noon-6 pm daily
early Aug

Roadside sweet corn stand. Extra sweet corn only.

Bauer Berry Farm

County Rd 121
Champlin
612/421-4384



7 am-1 pm Sun-Sat for strawberries
5-8 pm Tues-Thurs for strawberries
Open additional evenings during peak
8 am-noon Mon-Sat for blueberries
10:00 am-4 pm daily for sweet corn

One mile west of Hwy 169 from County Rd 12 and then County Rd 121 in Champlin. PICK YOUR OWN STRAWBERRIES AND BLUEBERRIES. READY-PICKED SUPER SWEET CORN. Seasons: Strawberries, June 15 to July 15; Blueberries, July 10 to Aug 1; Sweet corn, July 20 to Aug 10. All dates are approximate and picking hours can vary due to weather and crop abundance. Call first for directions, picking hours and conditions.

Berry Brook Farm & Orchard

10311 Noble Ave N
Brooklyn Park
612/424-8700 or 612/865-4957



Open Tues-Sat
Noon-4 pm, Sun

PICK-YOUR-OWN & ROADSIDE STAND (formerly Applebrook Farm). Located east of Zane Ave, north of 101st Ave, south of 109th Ave, west of West River Rd. STRAWBERRIES, BLUEBERRIES, RASPBERRIES, APPLES. Seasons: Strawberries-June 15 to July 15. Blueberries-June 10 to July 10. Raspberries-June 15 to July 10. Apples-August 20 to October 31. All dates are approximate and picking times may vary depending on weather and crop abundance. Please call before coming to the farm. 10% discount on strawberries for senior citizens.

Brooklyn Park Farmers' Market

Community Athletic Complex
8700 Zane Ave N
Brooklyn Park
612/493-8335



Noon-5:30 pm Tues & Fri
May-Oct

Bedding plants, cut flowers, fruits, vegetables and honey. The farmers' market is located 2 blocks north of the Brooklyn Park intersection of Zane Ave N and 85th Ave N.

Cal's Market & Garden Center

2100 West Old Shakopee Rd
Bloomington
612/884-7889



9 am-9 pm
Seasonal

Bedding plants, geraniums, hanging baskets, perennials, nursery stock, pumpkins, fruits, vegetables and Christmas trees. Super-sweet sweet corn our specialty.

Cannon Bee Honey & Supply Co.

6105 11th Ave
South Minneapolis
612/861-8999



Tues 6 pm-9 pm
Sat 9 am-1 pm
Other times by appointment

Located one block north of the Crosstown Hwy (County 62). Retail/wholesale - specializing in flavored whipped honeys (peach, cinnamon & natural), round comb honey, cut comb and MN liquid honeys - basswood, buckwheat, clover and wildflower. We are a distributor for "Honey Straws" - available now in twelve delicious flavors! We also collect locally fresh Bee Pollen which is available in capsules or as granules. We have beeswax and candlemaking supplies and also stock beekeeping supplies. We have a large gift (honey products) line with many unusual gift ideas in varied sizes and prices. Also, choose special container sizes for your own honey gift packs.

Christmas Tree Retail Center

Plymouth Shopping Center
Hwy 55
Plymouth
612/493-5090



9 am-8 pm
Nov 26-Dec 22

1-1/4 miles west of County Hwy 18. Scotch pine, white pine, Norway Pine, Fraser Fir, Balsam Fir, Spruce, wreaths, garland and church trees.

Dumas Apple House

3025 W Wayzata Blvd (Hwy 12)
Long Lake
612/473-9538



Aug-Oct

A family orchard for over 69 years. We grow and sell 30 different varieties of Minnesota apples, including Mantet, Paula Red, Beacon, Lakeland, Haralson, Fireside, Regent, etc. The summer apples are ripe about the 1st of Aug and we are usually open until the end of Oct. We pick each day-call for current hours and varieties. We also have pumpkins of all sizes before Halloween at reasonable prices. The orchard and market are located 1-1/2 miles west of Long Lake.

Eden Apple (and Berry) Orchard

County Rd 1 (Pioneer Tr) at Dell Rd
Eden Prairie
612/934-7873



Call for hours
June-Nov

Pick-your-own strawberries, raspberries and apples. Located southwest of the Twin Cities in Eden Prairie, three miles west of the Flying Cloud Airport and U.S. Hwy 169 on County Rd 1 (Pioneer Tr). STRAWBERRIES available in June. Picking containers provided, kids welcome, call ahead for field conditions. RASPBERRIES available in Sept. APPLES - pick-your-own and ready picked available from mid Aug through mid Oct. Free hayrides available on weekends.

Fair Haven Farm

County Rd 44 & County Rd 7
Fairhaven
612/236-7685



7 am-7 pm
June-July
11 am-6 pm Thurs-Sun
Aug-Oct

Located three miles north of South Haven and 18 miles south of St. Cloud. Near the intersection of County Rd 44 and 7 in Fairhaven. Open June and July for pick-your-own strawberries, raspberries and blueberries, and late Aug-Oct for a wide selection of Minnesota Grown apples. Also sell wide variety of grapes and dried flowers. Call for directions.

Fall Harvest Orchard

County Rd 30 SE
Delano
612/972-3894



Seasonal hours
Aug-Nov

The orchard, located on a working farm, features fifteen varieties of Minnesota apples. Visitors may pick their own or buy fresh apples from our Apple House. Other u-pick produce includes gourds, pumpkins, squash, calico corn, etc. A popular activity is the old-fashioned cider press where families can press their own fresh apple cider. Children will enjoy seeing the diversity of animals on the farm. A gift shop offers stained glass, wooden apple crates and much more. We're located five miles west of Delano on County Rd 30.

Gregor Farm & Greenhouse

2592 Holy Name Dr
Medina
612/478-9832



9 am-6 pm Mon-Sat
11 am-4 pm Sun
Call for extended hours in May-June

Located one mile south of Hwy 55. Take Hwy 101 to County Rd 24. West on 24 for 3/4 mile to Holy Name Dr. North on Holy Name Dr 3/4 mile to farm. Sweet corn, cabbage, tomatoes and other produce in season. Bedding plants, hanging baskets, perennials, water flowers, mums and shrubs. Poinsettias, Christmas trees and wreaths at Christmas. Open 7 days. Call for availability.

Hamel Maple Syrup Co

3312 Red Fox Drive
Hamel
612/478-2353



Year round
Call for hours

Call for information on our maple syrup.

Hand N Home Farm

Minnetonka
612/545-3791



Fresh vegetables and herbs grown the old-fashioned way—chemical free! Special care and handpicking of vine-ripened produce directly from our Central Minnesota farm to the Metro area. Wholesale, restaurant and retail sales. Proven varieties and organic methods from our 13 years of experience. Call for details about custom growing and our green beans, golden tomatoes, summer squash, sweet corn, winter squash, pie and jack-o-lantern pumpkins, fresh herbs. Also colorful gourds and ornamental corn for Fall decorating.

Homestead Orchard

County Rd 92
Maple Plain
612/479-3186 or 612/479-2448



10 am-6 pm daily
Aug 15-Nov 1

Located 23 miles west of Minneapolis. Take Hwy 12 (394) and watch for sign 3 miles west of Maple Plain, then 2 miles south on County Rd 92. Apple varieties include Haralson, Fireside, Connell Red, Regent, Prairie Spy and Early Blush. Apple cider, honey and pick-your-own apples. Picnic tables, hayrides, llamas, pot belly pigs and pygmy goat petting zoo. Utility apples at half price. Free pony rides with purchase of ten pounds of apples. Year round pre-arranged large horse drawn hay and sleigh rides.

Hopkins Farmers' Market

16 - 9th Ave S
Hopkins
612/934-1316



7:30 am-noon Sat
late June-Oct

Located 1/2 block south of Main St on 9th Ave in downtown Hopkins next to Downtown Park. Offering a full line of fresh Minnesota Grown fruits and vegetables including tomatoes, sweet corn, green beans, peppers, melons, lettuce, carrots, cucumbers, raspberries, onions, potatoes, cabbage, apples, squash and much more. We also have specialty items such as honey, chicken, beef, pork, cheese, bakery products, fresh cut flowers, dried flowers and much more.

Jacobs Pumpkin Patch Farm

6367 Lawndale Ln
Maple Grove
612/559-5796



9 am-7 pm daily
mid Sept-Dec 25

Farm is located 3 miles west of I-494 on Bass Lake Rd (Co 10) then 1 mile south on Lawndale Ln. (Signs). Open for family fun with U-Pik Pumpkins. Also squash, gourds, ornamental corn, corn bundles and hay bales. We have small farm animals for our visitors to see. Also a corn field maze. Special attractions on weekends in October. School groups welcome. Open for Christmas tree sales after Thanksgiving. For more information, call Marlys.

Knapton's Raspberries & Apples

Hwy 55 & Lake Sarah Heights Dr
Greenfield
612/479-1184



8 am-8 pm daily
June-July
8 am-8 pm daily
Sept-Oct

Pick-your-own farm located 11 miles west of I-494 on Hwy 55, then south 1/2 mile on Lake Sarah Heights Dr. Open from late June through mid July for summer raspberries, and from mid Aug through Sept for fall raspberries. Also Haralson apples and pumpkins in Oct. Raspberry plants available for sale. Call to check on fruit availability.

Lazaroff Gardens

2601 Brookdale Dr
Brooklyn Park
612/561-9143



9 am-7 pm Mon-Fri
9 am-5 pm Sat
12-5 pm Sun
(Hours subject to change)
April-Dec

Lazaroff Gardens is located west of Hwy 252 on Brookdale Drive in Brooklyn Park. A family run business in vegetable farming and Garden Center. A variety of home grown fresh vegetables in season along with quality grown bedding plants and other gardening needs. "Come home to the park and plant with us."

WHEN YOU VISIT A FARM...
MENTION THIS DIRECTORY!

Marshall's Family Farm Mkt



County Rd 4 & 1
Eden Prairie
612/949-3495

10 am-8 pm daily
mid April-mid June
10 am-6:30 pm daily
mid July-Oct

We're a roadside stand located southwest of the Twin Cities: two miles west of Flying Cloud Airport and U.S. Hwy 169 on County Rd 1 (Pioneer Tr) then right onto County Rd 4 (Eden Prairie Rd). Open starting in mid April with a full line of quality bedding plants, hanging baskets, geraniums and perennials. We open again in mid July with a complete line of homegrown fruits and vegetables. We also have garden Mums, pumpkins and all your other fall favorites.

Minneapolis Farmers' Market



Exit 230 from I-94
Minneapolis
612/333-1718

6 am-1 pm daily
Apr 22-Dec 24
6 am-6 pm Thurs on Nicollet Mall
May-Nov

Minnesota's largest open air, covered market. Extended hours during Dec. Take Exit 230 from I-94, follow signs three blocks to market. Largest selection of Minnesota Grown fruits and vegetables, herbs, farmstead cheese, eggs, honey, maple syrup, also fish, meats and breads. Great selection of in season bedding plants, flowering plants, cut flowers and Christmas trees and wreaths during Dec. The best shipped in produce and flowers also are available. Also visit the Nicollet Mall Farmers' Market every Thursday from 6 am-6 pm, May to Nov. Call for more information.

Minnetonka Orchards



6530 County Rd 26
Minnetonka
612/479-3191

10 am-7 pm daily
mid Aug-Dec

A LITTLE BEYOND THE LAKE. Highway 394 (12) to Maple Plain, then County Rd 83 south 2-1/2 miles to County Rd 26; from Mound take County Rd 110 2-1/2 miles north to County Rd 26, follow the signs. Apples, cider, jams, popcorn, caramel apples, pies, honey, pumpkins, winter squash and craft items. FREE hayrides on weekends, weather permitting. Scheduled orchard tours, Ciderfest Sept 9-10. U-pick apples Aug-Oct. Pumpkins in Oct.

Morrie's Market



7170 Hwy 7
Excelsior
612/472-1135

1 pm-6 pm
July-Oct

Located seven miles west of Excelsior, one mile east of St. Bonifacius. Raspberries, grapes, sweet corn, tomatoes, squash, melons, pumpkins, pears, apples and all garden vegetables. Handmade wreaths and baskets.

Nesheim Raspberries & Vegetables



93rd Ave N
Corcoran
612/420-3695

8 am-8 pm daily
Or 'til picked out
late June-mid July

Pick-your-own. At I-94 west take Exit #213 (95th Ave N). Turn left and continue west on County Rd 30 for 3-1/2 miles to Cain Rd. Turn left on Cain Rd and continue to 93rd Ave N. Turn right 1/4 mile on right side of road. For early summer raspberries new plants. Fresh picked early sweet corn and vegetables also available. Call to check on raspberry availability.

Nistler Farms



3315 Lake Sarah Rd
Maple Plain
612/479-6593

Sweet corn, squash, pumpkins, ornamental corn, gourds and corn bundles available in season at the farm and Minneapolis Farmers' Market downtown and on the Nicollet Mall. Hayrides by appointment during pumpkin season. Whole or 1/2 hogs for sale year round. Active participant in the National Pork Producer's *Pork Quality Assurance* program.

Ostrich Producers Co-op



10560 Wayzata Blvd
Minnetonka
612/541-9391

9 am-6 pm Mon-Fri
Year round

Choose from a wide variety of ostrich products ranging from summer sausages, snack sticks and braunschwieger to fresh and frozen steaks and burgers. These products are incredibly lean, yet still contain a great flavor that's pleasantly surprising. The meat's color and texture are similar to that of beef.

Peterson Produce



Highway 12
Delano
612/972-2052

10 am-6 pm daily
May-Oct

Easy to find on Hwy 394/12, 14 miles west of Wayzata. We welcome families with children. Call for u-pick information or to place bulk orders. Fresh asparagus in May and June. In July our on-farm roadstand opens offering you the highest quality sustainably grown produce. Sweet corn, tomatoes, raspberries, peas, cucumbers, dill, basil, broccoli, cabbage, beans, potatoes, peppers, onions, melons, zucchini, honey, popcorn. Fall sales include winter squash, ornamental corn, gourds and pumpkins. For family fun come and pick-your-own pumpkins from the field!

Premium Quality Tree Company



Wholesale Office
5616 101st Avenue North
Brooklyn Park
612/424-5773

Christmas trees, Scotch pine, white pine, Norway pine, spruce, Fraser fir, balsam fir, wreaths, roping and spruce tips. Call or write for price list or farm tour.

Richfield Farmers' Market



Veterans Memorial Park
64th and Portland Ave
Richfield
612/861-9385

7 am-12:30 pm Sat
May-Oct

Market is located in Veterans Memorial Park of Richfield. Use Crosstown 62 coming from east or west, exit at Portland Ave. Go south to 64th St, turn left to enter park. Market is within picnic shelter. Fresh bakery products and concessions available. Plenty of fresh grown vegetables.

St. Boni Orchard

West Hill Rd
St. Bonifacius
612/472-5752

1-5:30 pm Thurs, Fri, Sat & Sun
Sept-Oct



Quality Minnesota apples: Sweet 16, Haralson, Honeygold, Regent, Fireside/Connell Red, McIntosh and Red Baron. Call for bushel specials. (Split a bushel with a friends!) Seconds always half price. Enjoy the fall colors as you drive to our orchard. Located out State Hwy 7 to the stop light at St. Bonifacius, then take 92 north one mile, turn west on West Hill Rd for 1/2 mile.

T.E.C. Co.

PO Box 539
Osseo, MN 55369



Seasonal hours

Tree seedlings and transplants. Over fifty varieties: hardwoods, softwoods, evergreens, wildlife shrubs MAIL ORDER ONLY-SPRING DELIVERY. Maple syrup and confections in-season and weather permitting (March-April). Pick-your-own pumpkins (Oct-Nov). Cut-your-own Christmas trees: Scotch Pine, White Pine, Norway Pine, Blue Spruce, White Spruce, Norway Spruce, Balsam Fir plus pre-cut specials. Write for more information.

Univ. of Minnesota Apple House Horticultural Research Center

Hwy 5 & County Rd 13
Excelsior
612/474-9440 or 612/443-2460



10 am-6 pm, Mon-Sat
Noon-6 pm Sun

The Horticultural Research Center (HRC) has developed cold-hardy fruit varieties for northern climates since 1908. Apple breeding has produced 20 new varieties, and many have quickly become favorites. New introductions are always becoming available. You can buy about 50 different varieties during the harvest season. A CONSUMER TASTE PANEL WILL INVOLVE YOU IN RESEARCH WITH YOUR COMMENTS ON POTENTIAL RELEASES! Pure maple syrup from the Landscape Arboretum and jellies made from HRC fruit are also available. Proceeds help support research at the HRC. The Apple House is 2 miles west of Hwy 41 on State Hwy 5, west of Chanhassen.

Wahlfor's Raspberry Farm

1525 Deer Hill Rd
Long Lake
612/473-7770

Seasonal hours

U-pick fall raspberries. Located 3 miles from Long Lake or 4 miles from Wayzata. Berries from mid Aug until frost. Call ahead for hours and specific directions to farm.

Westonka Farmers' Market

County Rds 15 & 110
Mound
612/472-0341



8 am-noon Sat
May 18-Oct 26
Noon-6 pm Mon & Wed
May 20-Oct 30

Apples, berries, corn, melon, beans, tomatoes, broccoli, honey, flowers, herbs, squash, peppers, bread. The Westonka Farmers' Market is sponsored by the Community Education and Services Department of the Westonka Public Schools in cooperation with the City of Mound.

RAMSEY COUNTY



Aldrich Arena Farmers' Market

1850 White Bear Ave
St. Paul
612/227-6856 hotline

8 am-12:30 pm Wed
May 1-Nov 6

Located in the north side parking lot. Fresh produce, bedding plants, eggs, honey, bakery, cheese, herbs, flowers, produce from within a 50 mile radius. St. Paul Grower's Association, Inc. Call the hotline for current market information, or call 612/227-8101 for business information.

B. Brand Apiary

760 Larson Ct
Shoreview
612/483-1367

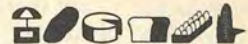


By appointment
Year round

Call before coming to house. Honey available in containers, bulk or in your own containers. Honey, beeswax, candles, comb honey and spun honey. May through mid Nov at St. Paul Farmers' Market stall 74.

Har Mar Farmers' Market

Har Mar Mall
County Rd B & Snelling Ave
612/227-6856 hotline



8 am-12:30 pm Tues
June 4-Oct 29

Located in the parking lot on the east/south side of the complex. Look for fresh locally grown fruits and vegetables, honey, cheese, eggs, herbs, bakery goods, plants, fresh cut flowers, all produced within a 50 mile radius by the seller. Call hotline for current market information or for business information call 612/227-8101.

The Honey House

North Oaks Village Center
889 Village Center Dr
North Oaks
612/483-5626



10 am-5 pm Tues-Sat

Minnesota Grown honey products. Please call for more information.

Landscape Alternatives, Inc.

1705 St. Albans St
Roseville
612/488-3142

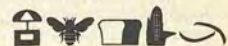


Seasonal
Apr-Oct

We grow nearly 200 species of native wildflowers and grasses. The nursery is located near the corner of Larpenteur Ave, 1 block west of Dale in Roseville. We are open Apr-Oct; please call for current hours. Catalog available for \$2.

Marketfest

Washington Square
White Bear Lake
612/429-8535



6-9 pm Thurs
June 20-Aug 15

Thursday night Marketfest is a weekly food and entertainment event held in downtown White Bear Lake in Railroad Park, located at the corner of Hwy 61 and 4th St. Marketfest includes food, farmers' market, entertainment, children's activities, artists, crafters and lots of fun! Most events are free or at minimal cost. This is a family event.

Northern Lakes Wild Rice Co.

773 Hyacinth Ave
St. Paul
612/771-4503

9 am-5 pm Tue-Fri
9 am-1 pm Sat



We offer a variety of Minnesota grown products. We have Wild Rice which is naturally grown, and harvested the Traditional way. The Wild Rice can be ordered in soup blends. Also available is Maple Syrup, and Wild Berry Jellies. All can be put into a variety of Birch Bark gift packs. NOTE Birch Bark is a seasonal product. Mail orders only, or visit Minneapolis Farmers Market.

St. Leo's Farmers' Market

2055 Bohland
Highland Park
612/227-6856 hotline

8-11 am Thurs
June 27-Oct 31



Located in the church parking lot, a block south of Ford Pkwy and 1/2 block east of Cleveland. Fresh produce, fruits, vegetables, plants, fresh cut flowers, all locally grown. For current market information call hotline or for business information call 612/227-8101, St. Paul Growers' Association, Inc.

St. Luke's Farmers' Market

Lexington Ave
(Between Summit & Portland)
St. Paul
612/227-6856 hotline



1:15-5 pm Fri
May 3-Nov 1

Located in church parking lot. Fruits, vegetables, herbs, flowers, honey, eggs, cheese, bakery items and plants. Call hotline for current market information or 612/227-8101 for business information.

St. Paul Wednesday Farmers' Market

290 E Fifth St
St. Paul
612/227-6856 hotline

2-5 pm Wed
July 10-Aug 28



Fresh, local fruits and vegetables from a 50 mile radius direct from the grower. Call hotline for current market information or call 612/227-8101 for business information.

St. Paul Weekend Farmers' Markets

290 E Fifth St
St. Paul
612/227-6856 hotline



6 am-1 pm Sat
Apr 27-Nov 2
8 am-1 pm Sun
May 5-Oct 27

Located in Lowertown. Everything sold is produced within a 50 mile radius. Featuring Minnesota Grown fruits and vegetables, bedding plants, poultry, eggs, cheese, honey, herbs, trout, shrubs, plants, fresh cut flowers, buffalo meat. Also available maple syrup, bakery goods, dried arrangements, some crafts, Hmong handwork and bagel sandwiches. Christmas trees available after Thanksgiving. Call the hotline for market update information or 612/227-8101 for business information.

Seventh Place Mall Market

Seventh Place
(Between Wabasha & St. Peter)
St. Paul
612/227-6856 hotline



10 am-2 pm Tues
July 9-Sept 24
10 am-2 pm Thurs
June 20-Oct 31

Fresh, local fruits and vegetables from a 50 mile radius direct from the grower. Call hotline for current market information or call 612/227-8101 for business information.

Victoria Valley Orchard

4304 N Victoria
Shoreview
612/484-4500



9 am-6 pm daily
Aug-Nov

On-farm sales outlet located in Shoreview, one mile north of I-694, just north of St. Paul. Call to find out which apples are in season. Free apple sampling and recipe sheet. Nineteen varieties of pre-picked apples including Haralson, Regent, Honeygold, Cortland, McIntosh, etc.

White Bear Lake Farmers' Market

Washington Square
Hwy 61 & 4th St
White Bear Lake
612/429-8535

9 am-1 pm Fri
July-Oct



Located in downtown White Bear Lake.

Ziittel Greenhouses

1958 N Rice St
St. Paul
612/489-8772

8 am-5 pm Mon-Sat
Year round
8 am-8 pm
Spring & summer



Also sell at the Minneapolis Farmers' Market, 312 N Lyndale, Minneapolis. Call to verify time open. Bedding plants and geraniums.

SCOTT COUNTY

Bob's Country Garden Center

Hwy 169
Shakopee
612/496-0207



9 am-8 pm Mon-Sat
9 am-5 pm Sun
Apr-Dec

Complete retail garden center and farm market. We're located 1/2 mile south of 41 on U.S. Hwy 169. Bedding plants, perennials, geraniums, hanging baskets, trees, shrubs, evergreens, and windbreak plants. All types of vegetables and fruits in season. Visit Bob's Pumpkinland in the fall—known for the largest selection of large and small pumpkins. Call for information.

Brewery Creek Farm Market

Scenic US Hwy 169
Belle Plaine
612/873-6555



Seasonal Hours

On-farm market and greenhouse. ASPARAGUS harvested fresh daily! Large quantities available mid April through June. HYDROPONIC TOMATOES (starting in May!), geraniums, bedding plants, hanging baskets. Beautiful fresh-cut flowers: gladiolus, peonies, statice, lilies, zinnias and many others. Pumpkins, squash, dried flowers and fall decorations available late summer and fall for wholesale and retail. You're invited to our 16th ANNUAL SPRING OPEN HOUSE held first weekend in May: drawings, refreshments and price specials.

Cal's Market & Greenhouse

County Rd 42 & County Rd 27
Savage
612/447-5215



9 am-8 pm
Seasonal

Located 3-1/2 miles west of 35W. Bedding plants, geraniums, hanging baskets, nursery stock, tomatoes, vegetables, fruits and Christmas trees. Super-sweet sweet corn our specialty.

Cedar Summit Farm

25816 Drexel Ave
New Prague
612/758-6886



By appointment
Year round

Home of UNCLE DAVE'S Premium Meat Products offering lean pasture raised poultry, beef & pork (custom processing). Cedar Summit Farm has been featured in Star-Tribune, Minnesota Volunteer and Minnesota Farmer. Call for information and directions.

Emma Krumbie's Restaurant, Apple Orchard & Bakery

US Hwy 169
Belle Plaine
612/873-4334



Year round

Family fun all year round! U-pick apples among 7,500 trees yielding 24 varieties in season. Enjoy U-pick pumpkins, raspberries and our friendly petting zoo. Great Scarecrow Festival in October features huge scarecrow display, *handicap accessible* wagon rides, festival games. The Apple Barn features an "orchard fresh" bakery, homestyle buffet, County Store—plus apples galore! Orchard Group Tours Available.

Greenfingers Farm

7140 Casey Pkwy
Prior Lake
612/447-8949



9 am-7 pm Mon-Sat
Noon-5 pm Sun
Apr-Oct

Located southwest of Burnsville Shopping Center on County Rd 27, 1/2 mile north of Cleary Lake Park. Bedding plants, perennials, nursery stock and all types of vegetables in season: tomatoes, sweet corn, melons, etc. We have a complete garden center and roadside market with vegetables. All our produce is CERTIFIED ORGANIC (O.G.B.A.).

Havlicek's Veseli Vrsek

Happy Hill Orchard

Hwy 13 at 270th St
Veseli
612/758-4386



4:30-6:30 pm Mon-Fri
10 am-6 pm Sat-Sun
Aug 15-Dec

Located 4 miles north of Veseli or 6 miles east of New Prague, or 10 miles south of Prior Lake off County Rd 23. Featuring Sweet 16, Fireside, Honeygold, Haralson, Prairie Spy, McIntosh, Cortland, Keepsake, & 15 other varieties. We also have light basswood blossom honey, plums, grapes, pumpkins, squash, tomatoes, garlic, & onions.

Kornder's Berry Farm

9751 Old Hwy 169 (County Rd 66)
Belle Plaine
612/873-6459



8 am-8 pm daily
early June-mid July

"Pick-your-own" STRAWBERRY farm located 1-1/2 miles northeast of Belle Plaine on US Hwy 169, east 1/4 mile on Old Hwy 169 (County Rd 66). FREE picking containers provided. Families welcome! Call for picking information which is updated 4 times daily during picking season. Our 31st season.

Meadow Oaks Farm

4145 200th St E
Prior Lake
612/447-4189



7 am-6 pm
Year round

Join the prestigious, the meat that royalty eats, farm FRESH LAMB. On-farm sales for custom processing. Located 3-1/2 miles south of Prior Lake on Panama Ave (Hwy 23) to 200th St E. Call for orders or appointments and for availability. Lamb is available year-round. Handspinning skirted fleeces, both colored and white. Also tanned lambskins, wool batts, wool mattress pads, roving and wool for stuffing dolls and toys. Also natural ringlets for doll hair and beards.

Nelson's Apple Farm

County Rd 86
Webster
612/461-3355



10 am-6 pm Mon-Sat
1-6 pm Sun
Aug 15-Dec 20

Pick-your-own apples—20 different varieties! Apple barn open Aug 15-Dec 20 with pre-picked apples, cider, Apple Dandies®. Free wagon rides, petting zoo. School and senior citizen tours by appointment. PYO strawberries in June. PYO pumpkins in October. Straw maze. Gift shop. Christmas trees day after Thanksgiving. We're located 1 mile northwest of Webster on County Rd 86.

Oak Hill Farm

23710 Homestead Ave
Belle Plaine
612/873-2903



By appointment
June-Oct

Our corn-fed lamb is second to none! Whole or half lambs available, cut to your specifications at a local state-inspected processor. Located 30 miles southwest of the Twin Cities. Please call for prices and availability. Wool quilt batts, mattress pads, crafter's wool and lambskins are also available.

Shun's U-Pick

County Rd 81
Shakopee
612/445-4023



Sun-up to dark
June-Nov

Located between Shakopee and Prior Lake. 5-1/2 miles south of Shakopee on County Rd 17 to County Rd 82, go past golf course to County Rd 81 to first driveway on left side of road. From Burnsville take County Rd 42 to County Rd 83, go past bingo parlor to County Rd 82, take right to County Rd 81 and take left to first driveway on left side of road. Strawberries & raspberries. Children welcome.

Spring Lake Farms

4340 E 190th St
Prior Lake
612/440-4225



April-Dec

Chickens and turkeys raised the way Grandma and Grandpa did. Birds are allowed to roam and exercise in grassy outside runs, helping them to supplement their diets with bugs, worms, grass, seeds and who knows what. This helps produce a healthier, firmer and more tasteful bird. Please call for availability and prices. Located 2-1/2 miles south of Prior Lake or 8 miles west of Interstate 35W.

SHERBURNE COUNTY

Grayson's Berryland

6679 County Rd 8
Clear Lake
320/743-3384



8 am-6 pm Mon-Fri
8 am-3 pm Sat
8 am-1 pm Sun

Located 45 minutes north of Twin Cities on I-94. Take Clearwater exit and travel north on Hwy 24 to County Rd 8. Pick-your-own or already picked strawberries, blueberries, raspberries, and rhubarb. Containers provided. Also fresh potatoes.

Norm's Farm Market

10568 Hwy 25
Becker
612/261-4267



8 am-dark daily
June 28-Nov

Homegrown sweet corn, potatoes, melons, vegetables, squash, pumpkins and other vegetables in season. Wild rice available year round. Located 2-1/2 miles northwest of Becker on Hwy 25.

Oakwood Game Farm, Inc.

Hwy 169
Princeton
1-800-328-6647



8 am-5:30 pm Mon-Fri
8:30 am-noon Sat

Three miles south of Princeton. Commercial hatchery and rearing facility for game birds since 1967. Ringneck pheasant, chukar partridge and wild turkey hatching eggs, day old chicks and adult birds available retail. Also retail store featuring smoked and fresh frozen pheasant, quail, mallard duck, wild turkey and partridge. Gift packs shipped nationwide, Visa/Mastercard.

Petersen Gladiolus

18040 US Hwy 10
Big Lake
612/263-3078 or 612/263-6575



7 am-dusk Mon-Fri
7 am-5 pm Weekends

On-farm sales outlet located 1/2 mile east of Big Lake. Cut gladiolus and various other cut flowers, sweet corn, tomatoes, strawberries, other vegetables in season.

Prairie Restorations

31922 128th Street
Princeton
612/389-4342



8 am-5 pm
Seasonal

Producers of quality native plant materials and seeds. Located on the south edge of Princeton.

Riverside Farm Market

Hwy 10
Anoka
612/427-6023



9 am-8 pm Mon-Sun
beginning May 1-Oct 31

Located five miles northwest of Anoka. Full line of bedding plants. Sweet corn, peppers, melons, tomatoes, squash, etc. Fresh from our fields to your table.

Tallakson's Tree Farm

15875 255th Avenue
Big Lake
612/474-7196



9 am-5 pm Tues-Sat
Nursery - April-Oct
9 am-5 pm Sat & Sun
Christmas Trees - Nov & Dec

Christmas trees: wholesale, retail, and choose & cut. Nursery stock: dig your own, potted and balled/burlap available (Spruce, Pine, Birch, Maple, Oak). Pumpkins and evergreen boughs. Call before coming to farm, delivery available.

WASHINGTON COUNTY

Aamodt's Apple Farm

Hwy 36 & Manning Ave (County 15)
Stillwater
612/439-3127



Seasonal hours
June-Dec

Throughout the season Aamodt's takes on a festive atmosphere. Our turn-of-the-century farm village comes alive with children's laughter rising from the hay maze as fiddlers stroll the grounds. Take a hay ride, or sit back and relax in the pantry with homemade bakery goods and fresh pressed cider. Visit our pumpkin patch or take a ride in Aamodt's hot air balloons. Also, we've added a winery, unveiling both apple and grape wines.

Afton Apple Orchards

14421 S 90th St
Afton
612/436-8385



8 am-6 pm or *til picked out daily
June-July
10 am-6 pm daily
Aug-Oct

Come "Pick your own" strawberries, apples, raspberries and pumpkins. Located on S 90th St between County Rd 21 and Minnesota 95, two miles south of Afton Alps in the scenic St. Croix Valley. Strawberries - June and July. Call for picking conditions. Apples and fall raspberries - Aug through Oct. Pre-picked fruit also available. Honey, jam, jellies, cider, maple syrup and other apple-time favorites. Playground and picnic facilities available. Free hayrides on weekends in the fall. Call for directions and tour information.

Afton Raspberry Co.

1421 Neal Ave S
(County Rd 71 & 15th St S)
Afton
612/436-7631



8 am-dark daily
mid July 'til frost
(first week in Oct)

Pick-your-own raspberries mid-July through frost (first week in Oct). Bring a lunch and enjoy our "Pickers' Patio." Please call to make sure we have raspberries on the day you wish to come. From St. Paul: take 94 east to Manning. Go south on Manning 200 feet before turning left on the frontage road. At first stop sign (1 mile) turn right onto Neal Ave. Continue on Neal 1.3 miles. Afton Raspberry Co. is on the left.

Afton South Oak Orchard

13255 50th St S
Afton
612/436-8467

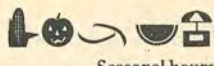


Afternoons Sat-Sun
Sept-Oct

Apples. Please call for varieties or more information.

Axdahl's Garden Farm

17447 Rivard Rd N
Stillwater
612/439-2460



Seasonal hours

Look for roadsides with "AXDAHL'S" signs in the Stillwater area at County Rds 12 & 15 and Greeley & Curvecrest St. Other sales locations at the St. Paul Farmers' Market, Minneapolis Farmers' Market and Stillwater Farmers' Market. Sweet corn, snap beans, melons, pumpkins, squash, ornamental corn, gourds and Christmas trees. Come pick your own pumpkins at our 12 & 15 location.

Bernin's Tree Farm

6540 Green Ave N
Hugo
612/426-3856



9 am-5 pm daily
Day after Thanksgiving-Dec 24

Scotch, Norway, White Pine, Fir or Spruce trees shaken to remove loose needles. Apple cider, cookies and coloring books for the kids. Located 15 minutes from St. Paul, one mile east of Ricci's Saloon on Hwy 61. From 35E go right at Hugo exit and follow signs. Pre-cut trees, wreaths and garland also available.

The Berry Patch

Manning Tr & County Rd 50
Forest Lake
612/433-3448



Daily
May-Sept

Pick-your-own farm located five miles east of Forest Lake on Hwy 97, then south on County Rd 15 or Manning Tr for 1-3/4 miles, then turn right onto County Rd 50. Open in May for sale of pre-picked asparagus; in June, July and Aug for pick-your-own strawberries, raspberries, blueberries, and pre-picked strawberries; in Sept for pick-your-own raspberries. Call before driving to the farm. Containers provided.

The Big Tomato Farm

7060 N Manning Avenue
Stillwater
612/439-6687



9 am-5 pm Mon-Fri
June-Oct

The Big Tomato Farm is a CERTIFIED ORGANIC Community Supported Farm (CSA) in Stillwater offering vegetables, flowers, herbs, and chickens. Our season runs from June until October providing 5-15 lbs. of fresh produce per week delivered to drop off sites in the Twin Cities or picked up at the farm. We also sell fresh cut flowers at the Stillwater Farmer's Market on the corner of Myrtle and 2nd in Stillwater. Please call for brochure.

Fischer's Croix Farm Orchard

12971 St. Croix Tr S
Hastings
612/437-7126



8 am-5 pm daily
Sept-Dec

Located on the Lower St. Croix River, one mile north of Hwy 10 on Washington County Rd 21. On farm market for pre-picked apples. PYO apples and fall raspberries. Also cider, honey, jams, etc.

Johnson's Whistling

Well Farm
St. Croix Tr & 90th St
(County Rd 21 & County Rd 76)
Afton
612/436-7314



10 am-dusk Sat-Sun
Sept-Oct

Located two miles south of Afton Alps/Afton State Park and 1/4 mile east of Afton Apple. Fall raspberries, apples, ornamental corn, corn stalks, straw, gourds, honey, dried flowers, squash, pick-your-own pumpkins and other assorted vegetables. Groups welcome mid week by appointment.

Jordan Ranch

6400 Upper Afton Rd
Woodbury
612/738-3422 or 612/739-9578



9 am-6 pm Tues-Sat
10 am-6 pm Sun

Farm market four miles east of downtown St. Paul. Call for produce availability and to place large orders of freshly picked quality produce. U-pick tomatoes when harvest allows, call. Also available: sweet corn, tomatoes, bedding plants, broccoli, Brussels sprouts, beans, cantaloupe, cauliflower, cucumbers, cabbage, dill, eggplant, gourds, kohlrabi, onions, ornamental corn, peppers, popcorn, potatoes, pumpkins, summer and winter squash, watermelon, crafts and covering hay. Horse-drawn hay and sleigh rides by reservation.

McDougall's Apple Junction

St. Croix Tr & 110th St
(County 21 & County 78)
Hastings
612/437-6794



Noon-6 pm Mon-Fri
10 am-6 pm Sat-Sun
late Sept-Nov

Orchard located just 20 minutes south of St. Paul. Four miles south of Afton Alps or two miles north of Carpenter's Nature Center. Apples, honey, pick-your-own pumpkins, jams and jellies, fall vegetables, Chrysanthemums, dried flowers, crafts and more. Make a drive along the beautiful lower St. Croix River Valley an autumn tradition, and be sure to include a visit to McDougall's Apple Junction. Gary and Alice McDougall.

Northern Vineyards

402 N Main St
Stillwater
612/430-1032



10 am-5 pm Mon-Sat
Noon-5 pm Sun
Year round

Minnesota wines made from locally grown grapes. We offer a broad selection of award winning wines ranging from oak-aged reds to light and fruity whites. Located in the historic Staples Mills complex.

Outback Nursery

15280 110th St S
Hastings
612/438-2771



2-6 pm Fri
8 am-4 pm Sat
Also open by appointment
May-Nov

Native Minnesota container-grown trees, shrubs and perennials. (As well as unusual and common hardy plants and landscaping hardgood materials.) Hard to find items. Looking for native plants? Call us! Looking for design, consulting or landscape service? Call us! We deliver. From State Hwy 10/61 go north on State Hwy 95 1/2 mile to 110th St S. East on 110th St 3-1/2 miles to the Nursery (on left).

S - A - D - A - Y - T - I - P



Make a tasty dessert when grilling by coring an apple and stuffing it with brown sugar (wrap in foil & grill until tender).

HealthPartners

Pine Tree Apple Orchards

E Hwy 96
White Bear Lake
612/429-7202



Seasonal hours
June-Feb

On-farm sales northeast of White Bear Lake (Hwy 61 north through White Bear Lake, east on Hwy 96, north on Apple Orchard Rd). Picturesque orchard setting offering a variety of apples (Aug - Feb), homemade apple bakery/dessert products, caramel apples, fresh cider, apple gifts, gift baskets, jams & jellies. For family outings-wagon ride, PYO pumpkins in October, entertainment, x-c skiing. Call for schedule. Tours Aug-Oct are educational and fun - reservations needed. PYO and ready picked strawberries available in June. Other location in Fillmore County.

Nature's Nectar

11108 Manning Trail N
Stillwater
612/439-8793



Seasonal hours
June-Dec

Located in the beautiful St. Croix River Valley. 5 miles north of Hwy 36 on County Road 15. Local honey, spun honey, comb honey, beeswax products. Seasonal gift packs. Please call ahead. Look for us at the Stillwater and Woodbury Farmers Market.

Poplar Hill Dairy Goat Farm

12521 Mayberry Trail N
Scandia
612/433-2684



Year round

Goat milk and goat milk cheeses. Please call before coming to the farm.

Red Cardinal Farm

75th St N (County Rd 12)
Stillwater
612/653-8038



8 am-6 pm Mon-Fri
8 am-1 pm Sat
May 15-Oct 5

The farm is located west of Stillwater on 75th St N (County 12) 1-1/2 miles north of Hwy 36. Organically grown fancy baby lettuces and greens, herbs, tomatoes, raspberries, fresh and dried flowers, plus more. We offer Community Supported Agriculture (CSA) and Bouquet of the Week Memberships. We sell gourmet produce directly to chefs/restaurants and cut flowers to florists. Call for information and references. Tours by appointment.

Shiloh Farms

8855 202nd Street N
Forest Lake
612/464-3415



9 am-9 pm Mon-Fri
April-Oct

We are located approximately 30 minutes from Minneapolis or St. Paul, 4 miles east of Interstate 35. Shiloh is an organic subscription farm, offering a large variety of fresh fruits, vegetables, herbs, flowers and poultry. Order early, our shares are limited. We also have available landscape consulting and nursery stock. Take a trip to the Farm!

St. Croix Vineyards

Hwy 36 & Manning Ave (Co Rd 15)
Stillwater
612/430-3310



Seasonal hours daily
Aug-Nov
Seasonal hours Fri-Sun
Labor Day-Aug

St. Croix Vineyards Winery and Tasting Room is located in a restored 1800's barn at Aamodt's Apple Farm. Tour our vineyards and sample our award-winning wines. Nine grape and two apple wines will be available along with cheese and bread to fill your picnic basket. Come and visit a new taste in Minnesota.

Withrow Berry Farm

County Rd 7
Withrow
612/439-4481



7 am 'til picked out
mid June-July 4

We're located between White Bear Lake and Stillwater. From St. Paul: east on Hwy 36 to Washington County Rd 15 (Manning Ave), north on 15 to Washington County Rd 7; follow signs to farm. Call for daily information. Strawberries: pick your own or already picked. Call ahead to order berries already picked.

WRIGHT COUNTY

Apple Jack Orchards

4875 37th St SE
Delano
612/972-6673



10 am-6 pm daily
Aug 15-Dec 23

Located west of Rockford-note sign-one mile south of Hwy 55 on County 115. Many apple varieties and cider. Large barn full of handmade crafts and gifts as well as tasty treats to eat. Weekend Wagon rides. Fun fall family outing.

Black Dog Farm

County Rd 116 & 33
Buffalo
612/682-5277



Seasonal hours
July-Oct

Fruit farm with pick-your-own or picked raspberries in July and Sept, apples starting in late Aug. Pick-your-own apples. Located two miles north of Hwy 55 between Rockford and Buffalo, southeast corner of Wright County Rd 116 and 33, 3 miles west of Rockford. Call for picking dates and times. Always open weekends.

Carlson's Orchard, Bakery & Cider Mill

11893 Montgomery Ave
Winsted
612/485-3704




9 am-7 pm daily
Aug-Nov 27

Orchard, farm bakery and cider mill located on Carlson's Orchard in Winsted. Minnesota apples, raspberries and pumpkins. Baked goods, jams and cider made in our bakery and cider room. Walk or hayride through our orchard, followed by soup, sandwich, pie and coffee in our dining area. LOCATED five miles south of State HWY 12 on COUNTY RD 5 (between Howard Lake and Cokato), or 5 miles west of Winsted on COUNTY 56. JOE and COLLEEN CARLSON.

WHEN YOU VISIT A FARM...
MENTION THIS DIRECTORY!

Countryside Apple Farms


13506 US Hwy 12 SW
Cokato
612/286-6115


Noon-dusk Sun-Fri
9 am-dusk Sat
mid Aug-mid Nov

Roadside market located just east of Cokato on US Hwy 12. Many varieties of apples are available through the season. Fall crops and vegetables will be on hand. You are always welcome to call. It would be our pleasure to be of service to you!

Deer Lake Orchard

1903 10th St SW (County Rd 108)
Buffalo
612/682-6159


10 am-7 pm daily
Aug-Oct

Good time country atmosphere. 26 varieties of apples, fresh cider, pumpkins, squash, ornamental corn, apple pies and more! Weekends: free wagon rides through our scenic orchard and into Groggins Woods, miniature barnyard, pony rides, caramel apple sundaes and picnic area. Group tours available by prearrangement. From Buffalo take Hwy 25 south to County Rd 12 to County Rd 108.

Fair Haven Farm

13775 51st Avenue
Fairhaven
320/236-7685


7 am-7 pm
June-July
11 am-6 pm Every Day
mid-Aug - Oct

Located three miles north of South Haven and 18 miles south of St. Cloud. Near the intersection of County Rd 44 and 7 in Fairhaven. Open June and July for pick-your-own strawberries, raspberries and blueberries, and late Aug-Oct for a wide selection of Minnesota Grown apples. Also sell wide variety of grapes and dried flowers. Call for directions.

Fall Harvest Orchard

County Rd 30 SE
Delano
612/972-3894


Seasonal hours
Aug-Nov

The orchard, located on a working farm, features fifteen varieties of Minnesota apples. Visitors may pick their own or buy fresh apples from our Apple House. Other u-pick produce includes gourds, pumpkins, squash, calico corn, etc. A popular activity is the old-fashioned cider press where families can press their own fresh apple cider. Children will enjoy seeing the diversity of animals on the farm. A gift shop offers stained glass, wooden apple crates and much more. We're located five miles west of Delano on County Rd 30.

Green Hill Farm

5901 Farmington Ave SE
Delano
612/972-6489


Seasonal hours

Hwy 12 to Delano, north on County Rd 17, left on Farmington Ave SE, 3/4 mile to farm. U-pick or we-pick asparagus in May and fall raspberries from Sept 1 to frost. Scotch Highland cattle and American Buff geese. Call for availability.

Homeplace Beef™ Organic Farms

14316 Endicott Ave NW
Clearwater
320/558-6392



Corn fed beef quarters & halves cut, wrapped & sharp frozen at local locker according to customer's instructions. Cattle are fed only homegrown corn, hay and pastures produced without pesticides or chemical fertilizers. All cattle are born on *Homeplace Farms*—no outside cattle purchases. Recognized in the *Humane Consumer & Producers Guide* for humane husbandry practices. In business since 1972. Call for prices and more information.

Honeybear Farms


8465 NE Odean
Elk River
612/441-2761


10 am-dusk Weekends
mid Sept - Oct 31

Fall Pumpkin Festival. Pick-your-own pumpkins and free trolley (antique tractor towed) rides daily. Strawbale maze. Petting zoo of baby calves, goats, pigs, lambs. Admission charged. Located 3 miles south of Elk River. Turn off 101 south of Elk River at Cty Rd 39. West 1.4 miles on Cty Rd 39 to Odean. Turn south 0.8 miles. Watch for signs - easy to find.

Jim Rougier's Berry Farm

6687 Cameron Avenue NE
(County Rd 131)
Buffalo
612/682-1904


8 am-until picked out
mid June -mid July

Pick-your-own strawberries at our farm located 5 miles north of Buffalo on Hwy 25, then left onto County Rd 37 for 1/4 mile, then left on 131 or 5 miles south of Monticello on Hwy 25, then right on County Rd 37 for 1/4 mile, then left on 131 to farm. Watch for signs. Call before coming for picking information.

Meadow Brook Organic Acres

9182 Lathrop Ave SW
Howard Lake
320/543-3225



South of Howard Lake on County Rd 6—go 2-1/2 miles to County Rd 30—go west 2 miles on #30 to Lathrop Ave SW—turn left—first place on left. **OR** 1 mile east of Cokato to County Rd 5—south 3 miles to County Rd 30—east one mile to Lathrop Ave SW—turn right—first place on left. Organic since 1979. Beef for custom processing.

Mrs. Neisen's Home Grown Chickens

3772 County Rd 30 SE
Delano
612/972-2048


Sale Days Fri & Sat
9 am-5 pm
Year round

20 minutes west of Minnetonka on Hwy 12. Located 1 mile west of Delano on County Rd 30. We specialize in home grown, free range chicken. These meaty, delicious chickens are dressed and flash frozen for quality and freshness! Please call your order in. These birds go fast, and weekly supplies are limited! Whole, cut-ups, smoked & special order cuts available. Other products available in season.

Plum Crazy Orchard

2542 50th St NE
Buffalo
612/682-3738

Wholesale orchard and dried flower business. Specializing in Minnesota grown plums, Honeycrisp and Sweet 16 apples (other varieties, too) plus a large variety of dried flowers. Call before coming.

Stumpf's Pumpkins

8364 114th St NW
Annandale
320/274-5886

We specialize in LARGE pumpkins. Depending on sunshine, we usually have a large supply of 100-250# or larger pumpkins. Bring your truck and camera! We also have over 1,000 pumpkins of all sizes on tables to pick from. Gourds, ornamental corn, 10 varieties of squash. Located 3-1/2 miles north of Annandale or 9 miles south of Clearwater on Hwy 24, then 1/2 mile east on County Rd 39, then 2 miles north on IRELAND, left on 114th. Follow orange pumpkin signs.



Seasonal hours

Wood's Edge Apples

Hwy 25 & County Rd 113
Buffalo
612/682-4409

Three miles north of Buffalo or 6 miles south of Monticello at the junction of State Hwy 25 and County Rd 113. Over 20 varieties of apples including State Fair, Sweet 16, Cortland, Honeycrisp, Haralson, Regent, Fireside and Connell Red. Already picked or pick-your-own. Quality is our #1 priority. Also large selection of dried flowers and pumpkins, plus squash, plums, pears, honey, ornamental corn and cider. Lots of fall color—bring your camera!



9 am-7 pm Mon-Sat
Noon-7 pm Sun
Aug 20-mid Nov



4 pm-dark Mon-Fri
9 am-dark Sat-Sun
Sept 2-Oct



Start a Genuine Holiday Tradition!

**Do your kids believe Santa lives at the mall?
...that Christmas trees are assembled, not grown?**

Traditions are disappearing from our fast-paced world.

Fortunately, you can use this directory to locate a nearby Christmas tree farm and start a new family tradition. Pre-cut and choose-and-cut trees, wreaths and garland are among the products available from area growers. Horse-drawn sleigh rides, visits from Santa, and hot apple cider can make your excursion truly memorable.

With proper care, real Christmas trees will add lasting beauty and a wonderful aroma to your home during the holidays. Follow the care and storage tips below to get the most out of your Minnesota Grown tree.

- A freshly-cut tree will give better house life and needle retention.
- If storing the tree between cutting and putting it up, keep it in a cool and damp place away from the wind and sun to prevent drying.
- The stem heals over shortly after being cut, plugging water absorbing passages. To avoid this, cut at least 1/4" off the stem just before placing your tree in a stand.
- Keep water in the tree stand at all times to prevent the stem from healing over. A 7'- 8' tree can absorb over one gallon of water each day. A tree stand that holds 1-2 gallons of water is best.
- Do not trim the bark off the stem to fit it in a stand. Removing the bark destroys nearly all of the tree's water absorbing ability.
- Place your decorated tree away from fireplaces, heat registers or direct sunlight to help keep it from drying out.

RECIPES

From the garden or market, tender asparagus is always a joy.

SPRINGTIME ASPARAGUS & MUSHROOMS

Preparation time: 10 minutes
Cooking time: 9 minutes

- 1/4 cup LAND O LAKES® Light Butter, softened
- 2 tablespoons country-style Dijon mustard
- 1/4 teaspoon pepper
- 1 cup water
- 1 pound (24) asparagus spears, trimmed
- 1 cup sliced fresh mushrooms

In small bowl stir together Light Butter, mustard and pepper; set aside. In 10-inch skillet place water and asparagus spears. Cook over high heat until water comes to a full boil (3 to 5 minutes). Cover; reduce heat to low. Cook just until asparagus is crisply tender (5 to 6 minutes). Add mushrooms; continue cooking 1 minute. Remove from heat; drain. Add mustard mixture; toss to coat.

6 servings

Nutrition Facts (1 serving)

Calories 70
Protein 3g
Carbohydrate 6g
Fat 4g
Cholesterol 10mg
Sodium 115mg

© Land O'Lakes, Inc. 1994

A touch of brown sugar and honey complement the natural sweetness of fresh baby carrots.

ROASTED HONEY CARROTS

Preparation time: 5 minutes
Cooking time: 40 minutes

- 1 tablespoon firmly packed brown sugar
- 2 tablespoons LAND O LAKES® Light Butter, softened
- 2 tablespoons honey
- 4 cups baby carrots, peeled
- 2 tablespoons water
- Salt and pepper

Heat oven to 400°. In small bowl stir together brown sugar, Light Butter and honey until smooth; set aside. Place carrots and water in 13- x 9-inch baking pan. Cover with aluminum foil; bake for 30 to 35 minutes or until carrots are fork tender. Increase oven temperature to 450°. Remove aluminum foil; stir in Light Butter mixture. Continue baking for 10 to 15 minutes, stirring occasionally, until carrots are glazed and just start to brown. Season with salt and pepper.

8 servings

Nutrition Facts (1 serving)

Calories 60
Protein 1g
Carbohydrate 11g
Fat 2g
Cholesterol 5mg
Sodium 45mg

© Land O'Lakes, Inc. 1994



Fresh, crunchy vegetables and a creamy ginger dressing create a salad that's great with pork, chicken or fish.

CRUNCHY ORIENTAL SALAD

Preparation time: 30 minutes

SALAD

- 6 cups coarsely shredded Chinese cabbage
- 1 cup (about 4 ounces) pea pods, remove tips and strings, cut into julienne strips
- 1 cup fresh bean sprouts
- 1/2 cup sliced green onions
- 2 medium (1 cup) carrots, sliced into julienne strips

DRESSING

- 3/8 cup LAND O LAKES® Light Sour Cream *or* No-Fat Sour Cream
- 1 tablespoon firmly packed brown sugar
- 1 teaspoon salt
- 1/4 teaspoon pepper
- 1/2 teaspoon finely chopped fresh gingerroot*
- 2 teaspoons vinegar
- 1/2 cup toasted sliced almonds

In large bowl combine all salad ingredients; set aside. In small bowl stir together all dressing ingredients. Pour dressing over salad; toss to coat. Cover; refrigerate no more than 30 minutes. Just before serving, sprinkle salad with toasted almonds.

6 servings

*1/8 teaspoon ground ginger can be substituted for 1/2 teaspoon finely chopped fresh gingerroot.

Nutrition Facts (1 serving)

	Light Sour Cream	No-Fat Sour Cream
Calories	90	90
Protein	4g	4g
Carbohydrate	11g	12g
Fat	5g	3g
Cholesterol	5mg	5mg
Sodium	340mg	350mg

© Land O'Lakes, Inc. 1993

Try your favorite wild mushrooms in this stick-to-your ribs recipe.

SIRLOIN WITH RED WINE MUSHROOMS

Preparation time: 20 minutes

Grilling time: 12 minutes

MUSHROOMS

- 1/4 cup LAND O LAKES® Light Butter
- 1 (8-ounce) package (2 cups) fresh mushrooms, cut in half
- 1/4 teaspoon salt
- 1/8 teaspoon pepper
- 1 tablespoon chopped fresh marjoram leaves
- 1 tablespoon prepared horseradish
- 1 teaspoon finely chopped fresh garlic
- 1/4 cup red wine *or* beef broth

STEAK

- 2 tablespoons LAND O LAKES® Light Butter, melted
- 1/2 teaspoon finely chopped fresh garlic
- 1 pound sirloin beef steak

In 10-inch skillet melt 1/4 cup Light Butter until sizzling; add all remaining mushroom ingredients except red wine. Cook over medium high heat, stirring often, until mushrooms are coated with butter mixture and begin to soften (2 to 4 minutes). Reduce heat to medium; stir in wine. Continue cooking, stirring occasionally, until mushrooms are tender (4 to 5 minutes). Meanwhile, prepare grill; heat until coals are ash white. In small bowl stir together 2 tablespoons Light butter and 1/2 teaspoon garlic; brush on steak. Place steak on grill. Cover; grill, turning once, until desired doneness (8 to 12 minutes). Serve mushrooms over steak.

4 servings

Nutrition Facts (1 serving)

Calories	230
Protein	22g
Carbohydrate	4g
Fat	13g
Cholesterol	89mg
Sodium	302mg

© Land O'Lakes, Inc. 1993

RECIPES

Crisp cool cucumbers are an all-time favorite when served in this creamy sauce.

CUCUMBERS IN COUNTRY CREAM

Preparation time: 10 minutes

- 2 medium cucumbers, sliced
- ½ cup LAND O LAKES®
Light Sour Cream *or*
No-Fat Sour Cream
- 2 tablespoons minced onion
- 1 tablespoon lemon juice
- ¼ teaspoon salt
- ¼ teaspoon paprika
- ⅛ teaspoon garlic powder
- Dash pepper

In medium bowl combine all ingredients; refrigerate. Toss lightly before serving.

4 to 6 servings

Nutrition Facts (1 serving)

	Light Sour Cream	No-Fat Sour Cream
Calories	37	35
Protein	2g	2g
Carbohydrate	5g	7g
Fat	1g	0g
Cholesterol	5mg	0mg
Sodium	115mg	115mg

© Land O'Lakes, Inc. 1993

This recipe has only six ingredients. The flavor is terrific — especially if you like garlic!

GRILLED GARLIC CHICKEN

Preparation time: 30 minutes

Grilling time: 40 minutes

SAUCE

- ¼ cup LAND O LAKES®
Light Butter, melted
- ¼ teaspoon pepper
- 3 tablespoons finely chopped fresh
garlic
- 2 tablespoons soy sauce

CHICKEN

- 1 (3 to 4-pound) whole frying
chicken, cut in half
- ¼ cup chopped fresh parsley

Prepare grill placing coals to one side; heat until coals are ash white. Make aluminum foil drip pan; place opposite coals. In small bowl stir together all sauce ingredients.

Place chicken halves on grill over drip pan; baste with sauce. Cover; grill, turning and basting occasionally with sauce, for 40 to 60 minutes or until fork tender. Sprinkle with chopped fresh parsley.

4 servings
(⅓ cup sauce)

Nutrition Facts (1 serving)

Calories	250
Protein	35g
Carbohydrate	1g
Fat	10g
Cholesterol	112mg
Sodium	253mg

© Land O'Lakes, Inc. 1992



RECIPES

Several bread and filling choices lead to endless sandwich possibilities.

VEGETABLE PITA POCKETS

Preparation time: 15 minutes

SPREAD

- 1/2 cup LAND O LAKES®
Light Sour Cream *or*
No-Fat Sour Cream
- 4 ounces Neufchatel cheese,
softened
- 1 teaspoon dill weed
- 1/2 teaspoon dried parsley flakes
- 1/2 teaspoon instant minced onion

SUGGESTED BREADS

- 3 large (6-inch) pocket pita bread
cut in half, *or*
- 6 bagels split, *or*
- 12 slices whole wheatbread, *or*
- 12 slices rye bread

SUGGESTED FILLINGS

- | | |
|-----------------|---------------------|
| Sliced onion | Sliced radishes |
| Sliced zucchini | Alfalfa sprouts |
| Sliced cucumber | Sliced tomatoes |
| Pea pods | Sliced green pepper |

In small bowl stir together all spread ingredients until smooth; spread on desired bread. Assemble each sandwich by layering desired fillings on bread.

6 sandwiches

Nutrition Facts (1 serving)

	Light Sour Cream	No-Fat Sour Cream
Calories	170	160
Protein	6g	6g
Carbohydrate	23g	24g
Fat	6g	5g
Cholesterol	20mg	15mg
Sodium	260mg	260mg

© Land O'Lakes, Inc. 1991

Sour cream is the base for the custard in this old-fashioned apple pie.

COUNTRY APPLE CUSTARD PIE

Preparation time: 30 minutes

Baking time: 35 minutes

CRUST Single unbaked pie crust

FILLING

- 1 cup sugar
- 1 cup LAND O LAKES®
Light Sour Cream *or*
No-Fat Sour Cream
- 2 eggs, beaten
- 2 tablespoons all-purpose flour
- 1/4 teaspoon salt
- 1 teaspoon vanilla
- 3 medium (3 cups) tart cooking apples,
peeled, cored, coarsely chopped

STREUSEL

- 3 tablespoons LAND O LAKES®
Light Butter
- 1/4 cup all-purpose flour
- 1/4 cup firmly packed brown sugar

Heat oven to 375°. Line 9-inch pie pan with pie crust. Crimp or flute; set aside.

In large bowl combine sugar, Light Sour Cream, eggs, 2 tablespoons flour, salt and vanilla. Stir in apples, pour into prepared pie crust.

In 1-quart saucepan melt Light Butter; stir in 1/4 cup flour and brown sugar. Crumble over pie. Bake for 35 to 45 minutes or until filling is set. Cool completely on rack. Store refrigerated. *TIP: If crust is browning too quickly, shield with aluminum foil.*

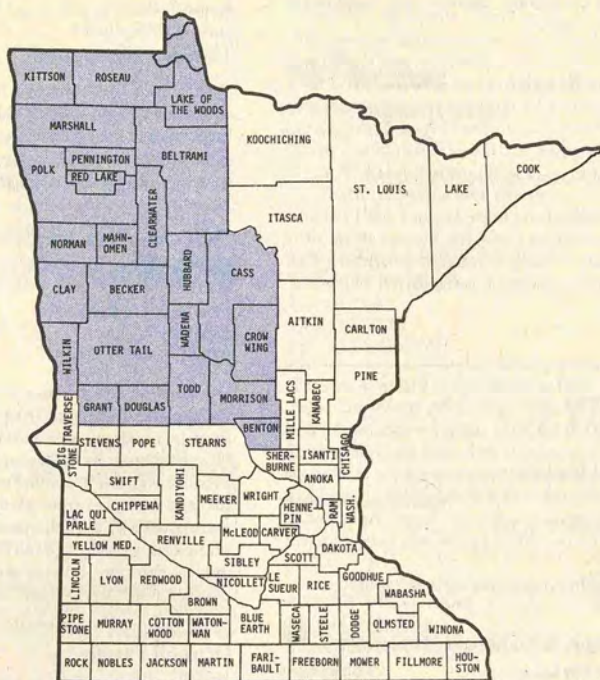
8 servings

Nutrition Facts (1 serving)

	Light Sour Cream	No-Fat Sour Cream
Calories	250	240
Protein	4g	4g
Carbohydrate	48g	50g
Fat	6g	4g
Cholesterol	70mg	60mg
Sodium	14mg	150mg

© Land O'Lakes, Inc. 1993

Northwest Area...



BECKER COUNTY

Lake Park Organics

Route 1, Box 8
Lake Park
218/238-5002



10 am-7 pm
May 1 -freeze

Located one mile south of Highway 10 on Becker Co. #1. Bedding Plant sales start May 1. Veggie sales in season including peas, kohlrabi, cabbage, beans, broccoli, beets, turnips, cauliflower, many varieties of sweet and hot peppers, tomatoes, potatoes, cukes, sweet corn, eggplant, squash, melons, pumpkins and much more. We have emu chicks for sale and can supply emu meat and emu oil. Crafts, herbs, cut flowers and much more.

Manitok Food & Gifts

Hwy 59, Box 97
Callaway, MN 56521
218/375-3425 or 1-800-726-1863



8 am-4:30 pm

Hand harvested wild rice, jams and jellies available. Please call for more information.

BELTRAMI COUNTY

Countryacre Blueberries

11904 Cardinal Rd NW
Bemidji
218/751-0193



Call for picking information
July-Aug

Pick your own organically grown North Blue and North Country blueberries. We are conveniently located 5 1/2 miles northwest of Bemidji on County Road 9 (Cardinal Rd). Call for picking days or to order pre-picked berries.

John's Berry Patch

2 miles South from Bemidji on 71
1 1/4 miles on Oak Hills Road
Bemidji
218/751-9369



Call for availability

Come out and pick your own strawberries on our new berry patch. Located south of Bemidji on Hwy 71 just two miles, then west 1 1/4 miles on the Oak Hills Road. If picking is not your cup of tea but want fresh Minnesota Grown Strawberries, we will pick them for you. Give us a call for availability at 218/751-9369. Sweet corn will be ready to pick this fall, please call.

Rhinestone Farm

Star Rt N
Waskish, MN 56685
218/647-8573 or 1-800-525-7858

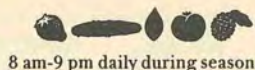


9 am-5 pm

Wild rice, wooden gift boxes and *Wild Rice Collections* cookbooks available. Mail order only.

Ten Mile Berry Farm

Route 1, Box 107
Puposky
218/243-2438

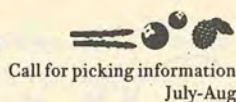


8 am-9 pm daily during season

Call ahead for field conditions. Strawberries, raspberries, cucumbers, dill and tomatoes.

Uncle TL's Berry Ranch

1925 Frohn Rd NE
PO Box 713
Bemidji, MN 56601-0713
218/751-0830 or 218/751-4555 or 218/751-0278



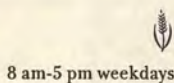
Call for picking information
July-Aug

We're located 3.9 miles from Lake Ave or CAR 12 (Power Dam Rd). 1/4 mile south on Frohn Rd. Please call ahead for picking information. Picking containers provided. Pick-your-own gooseberries, currants, jostaberries, blueberries and raspberries.

CASS COUNTY

Leech Lake Wild Rice Co.

RR 3 Box 100
Cass Lake, MN 56633
218/335-8317

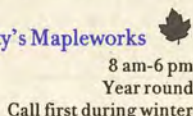


8 am-5 pm weekdays

100% natural, hand-harvested lake and river wild rice.

Maple Trails Resort & Flaherty's Mapleworks

HCR 1 Box 120 on Boy Lake
Boy River, MN 56632
218/889-2258



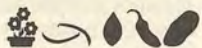
8 am-6 pm
Year round

Call first during winter

In addition to a 6-cabin family resort, the Flaherty's produce State Fair blue ribbon maple syrup. Home of Minnesota's largest maple tree, the resort and mapleworks can be found 17 miles north of Longville on County Rd 172, 4 miles off Hwy 8. Syrup is sold in many size containers.

Perkins Garden Center

Pine River
218/587-4804



We grow flowers (bedding plants) and vegetable plants for home garden planting. We also grow a mixed vegetable garden containing some strawberries, raspberries, broccoli, cauliflower, cabbage, potatoes, tomatoes, cucumbers, sweet corn, peppers, etc. using organic method of growing with natural fertilizers. Please call for more information.

Tianna Farms Kitchen

1 Tianna Farms Rd
Walker
1-800-842-6628 or 218/547-1306



8:30 am-5 pm daily
May-Dec

Wild and garden grown jams, jellies, spices, relishes and pickles. Each of our 50 different products are homemade in small batches of 10-12 jars. Our pickles go from vine to jar in the same day and are hand-packed, just like Grandma did it. Located west of town, just off Hwy 371 at Tianna Farms Bed and Breakfast. Call for brochure. Mail order, Visa, Master Card, Discover accepted

CLAY COUNTY

Rolling Oaks Farm

Route 3, Box 229
Hawley, MN 56549
218/937-5588



By appointment
Year round

Specializing in alternative livestock. Home-grown emu (Australia's 6' tall flightless birds!) for sale and breeding. Emu produce lean red meat and penetrating therapeutic oil. Emu oil products, decorative emerald emu eggs, alpaca breeding, alpaca fleece, and llamas available.

The Community Farmers Market Moorhead-Fargo

Dike East Park
Fourth St South
Fargo, ND
218/498-0216



10 am-6:30 pm Tues
10 am-6:30 pm Thurs
10 am-6:30 pm Sat
mid June-Oct

Operated by Great Plains Produce (Growers). Hosted by Fargo Parks District at Dike East Park by Red River Dam. Enter across street south from high rise on Second Ave-Second St, south bypass by river, east from YMCA, Fourth St South. Produce available in season Fresh locally home grown produce for sale: variety of green garden vegetables, beets, cabbage, carrots, SWEET CORN, cukes, MELONS, peppers, potatoes, pumpkins, squash, TOMATOES, strawberries, raspberries, apples, chickens, flowers and more. "Minnesota Grown - Tastes 2,000 Miles Fresher" and "Pride of Dakota" products.

Driscoll Farms

Hwy 9
PO Box 98
Glyndon, MN 56547
218/498-0216



8 am-7 pm daily
May-Oct

Located 3 miles east of Glyndon, then 1-1/2 miles north on Hwy 9. Bedding plants and hanging baskets. Asparagus, rhubarb, tomatoes, potatoes, sweet corn, peppers, beans, pumpkins, squash and much more.

Gifts-N-Honey

605 4th St S
Moorhead, MN 56560
1-800-786-1147



10 am-6 pm M-Thur
or by appointment
Sept. 1 - May 31

Honey: Natural Clover and naturally flavored Clover Honey (strawberry, cinnamon, lemon, sour cherry, sour grape). Experimenting with more flavors at present, hope to expand our "value added" product line. Creamed Honey: Cinnamon, Natural, Peach Apricot Marmalade at present, experimenting with others. We are licensed "Minnesota Grown". Gift Ideas & Items: 100% beeswax candles (handrolled, painted or decorated, molded). Feature many gift boxes and gift baskets for any occasion. Call for current brochure. VISA, MASTERCARD, DISCOVER ACCEPTED. Please call first when visiting during Jun-Aug.

CROW WING COUNTY

Art Brown's North Country Farm

11866 County Rd 4 N
Nisswa, MN 56468
218/963-3804



10 am-6:30 pm Thurs, Fri, Sat
Noon-6:30 pm Sun
Closed Mon, Tues, Wed
mid June-Oct 1

Located 4-1/2 miles north of Merrifield at intersection of County Rds 4 & 118. All manner of good things in season including raspberries, asparagus, corn, beans, lettuce, flowers, fresh herbs, peas, snap peas, snow peas, potatoes, tomatoes, cukes, cabbage, beets, broccoli, carrots, sweet and hot peppers, rhubarb, garlic, kohlrabi and onions.

Lakes Area Growers Market

Westgate Mall Parking Lot
Hwy 210 W
Brainerd
218/829-8181

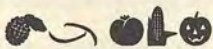


8:30 am-3 pm Tues & Fri
June 16-Oct 31

Garden fresh produce all Minnesota Crown.

Natural Spring Farm

101 Thorson Rd NE
Brainerd
218/764-3418



Seasonal

Fresh picked raspberries, broccoli, cauliflower, beans, lettuce, sweet corn, tomatoes, cabbage, squash, pumpkins, cut flowers and more. "Minnesota Crown." Please call before coming to the farm.

DOUGLAS COUNTY

Alexandria Farmers' Mkt

K-Mart Parking Lot
2310 Hwy 29 S
Alexandria
320/763-6893

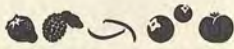


9 am-Noon Tues, Thurs & Sat
mid June-Aug
1-5 pm Tues & Thurs, 9 am-Noon Sat
Sept-Oct

Located at 2310 Hwy 29 S. Offering a full line of Minnesota Crown fruits and vegetables including apples, beans, beets, blueberries, broccoli, cabbage, carrots, cucumbers, flowers, herbs, lettuce, melons, onions, peas, peppers, potatoes, pumpkins, raspberries, squash, strawberries, sweet corn, tomatoes, chicken, beef and beef products.

Berry Ridge Farm

1301 Fireman's Lodge Rd SW
Alexandria
320/763-6893



Mon-Sat
June-Oct

Located two miles west of Alexandria on the east side of Lake Latoka. Blueberries, strawberries, raspberries, tomatoes, beans, peas, cucumbers, pumpkins, squash and more. For your convenience, call ahead for directions and crop availability.

Holmes City Berries

7137 Country Lane SW
PO Box 16
Holmes City
320/886-5382

6:30 am-noon Mon-Fri
5 pm - 7:30 pm Mon-Fri
6:30 am - 5 pm Sat & Sun
June-July

Come PYO delicious "berry perfect" strawberries. Go 9 miles west of Alexandria on Hwy 27 to Holmes City. Watch for signs. Farm is located 1/2 mile east of Blade's Grocery, then 3/4 mile south on Country Lane. Call to confirm that picking season has begun and for information on picking conditions throughout season. Enjoy wagon rides to field, which is scenically located between beautiful Blackwell and Grant Lakes. Senior citizens and families welcomed! Containers supplied at no charge.

Longhorn Country Farm

23218 Co. Rd. 99 SW
Kensington
320/965-2780
Fax: 320/965-2780

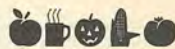


Call anytime
Year round

Our beef is boneless and handcut from a premium cross of Texas Longhorn cattle renowned for their lean, flavorful beef. Our cattle are grass and corn fed and cared for on our small Minnesota farm. USDA inspected, the meat is aged to its peak of tenderness and flavor, handcut, vacuum sealed and frozen. Sold by the cut in assorted bundles of red meats and smoked. Satisfaction guaranteed. Shipping or delivery arrangements available. Call for a brochure.

Ranum's West Lake Mary Orchards

5730 State Hwy 114 SW
Alexandria
320/886-5539



8 am 'til dark
Seasonal

Locally grown fresh fruits and vegetables in season. In our garden you'll find raspberries, strawberries, sweet corn, tomatoes, beets, squash, pumpkins, apples (16 varieties) and fresh apple juice. Plan to have our 4th annual Open House the first weekend in Oct. Come tour our orchard and pumpkin patch. We're located 6 miles west of Alexandria on Hwy 27, then south 1/2 mile on Hwy 114. Available at the house, roadside stand and Alexandria Farmers' Market.

HUBBARD COUNTY

Carters Red Wagon Farm

Hwy 34
East of Park Rapids
218/732-4979

9:30 am-5 pm Mon-Sat
June 20-Oct 1 at Farm Market
7 am 'til picked out Mon-Sat
June 20-July 20 U-Pick at Farm



We grow most of our own produce. Strawberries—u-pick or ready-picked. Blueberries—u-pick. Huge ox team transport to field. A real farm experience. Farm market specializes in sweet corn, early tomatoes, melons, green beans, asparagus. Also cucumbers, potatoes, pumpkins, squash, wild rice, honey, maple syrup, jams and jellies, cabbage, cauliflower, broccoli, onions, eggplant, peppers, beets, carrots, peas, ornamental corn, and other vegetables and farm produce. Besides our market on Hwy 34 east of Park Rapids, we also have a market and u-pick operation on the farm. From the spotlight in Park Rapids go 3 miles west on Hwy 34 and follow the blue highway signs, or go 4 miles south on Hwy 71 and follow the signs.

The Secret Garden

Rt 1 Box 404
Park Rapids, MN 56470
1-800-950-4409



9 am-3 pm Mon-Fri
By appointment
Year round

Creamy Wild Rice Asparagus Soup, Minnesota Minnestrone Soup, Wild Rice Waffles with Minnesota Maple Syrup.... You can create these Minnesota masterpieces in your own kitchen with our easy gourmet mixes. We have many unique items for gift giving as well as locally produced honey, maple syrup and wild rice. Gift baskets and boxes shipped nationwide. Visa/Master Card accepted. Call for a free catalog.

MARSHALL COUNTY

Sonshine Produce

RR 1, Box 114-A
Argyle
218/437-8222



Call anytime
Year round

Call for more information regarding fresh and frozen carrots.

MORRISON COUNTY

Little Falls Farmers' Market



Downtown
Bay St
Little Falls
320/632-5155

Early morning-early afternoon
Wed & Sat
Summer-fall

Located downtown on Bay St on the banks of the Mississippi River, one block north of Hwy 27, 1/2 block west of Kidder St. Open early morning to early afternoon. Fruits, vegetables, honey, plants and other farm garden products.

Maschler's Maple Bush

County Rd 14 & Maple Bush Tr
Rt 1 Box 132
Randall, MN 56475
320/749-2232



Year round

Located 3 miles west of Randall on County Rd 14. We offer award-winning maple syrup year round. Retail sales at our home as well as other local retail outlets in several sizes of containers. Shipping is available. Please call before coming.

Rolling Hills Greenhouse & Nursery



321 N Main St
Pierz
320/468-2451

8 am-5 pm Mon-Sat
By appointment Sun
April 1-July 1
By appointment anytime
July 1-March 31

Bedding plants, vegetable plants, trees and shrubs, packaged and bulk vegetable seed, onion sets, gardening and landscaping supplies, rock.

Triple S Farm

Rt 2 Box 185
Royalton
320/584-8159



We are located just 2-1/2 miles east of MN Hwy #10 on County Hwy #27. Our pastures and fields are set among rolling hills of mature burr and red oaks. We have lamb available year round and pick-your-own specialty crops in season. All production is with sustainable practices and low/no chemical inputs. Come visit any time.

Wild Oats Produce Company



Hwy 10
Royalton
320/584-8001

9 am-7 pm
May-Oct

A truly unique market, reminiscent of an old time country mercantile. The store is decorated entirely in antiques and farm memorabilia. A complete selection of produce of the season, grown on premises, fills the store. You'll find some of the best prices in the state on Minnesota wild rice, honey and maple syrup. We feature many Minnesota made products, local crafters and artists, many unique gifts. High quality at low prices is our specialty and our guarantee.

NORMAN COUNTY

Midwest Emu Growers Alliance

RR 1, Box 132
Twin Valley
218/567-8526

Year Round

Midwest Emu Growers Alliance is an emu grower owned cooperative. We have Minnesota raised emu (lean red meat) and emu oil. Call for information and availability.

OTTERTAIL COUNTY

Lipinski Farms

County Rd 75
RR 1 Box 125
Hewitt
218/924-2967



July to freeze

Sweet corn, tomatoes, green beans, dill, beets, carrots, cucumbers and other garden vegetables and sunflowers for bird seed in late fall. Located 4-1/2 miles west of Hewitt on Hwy 210 and 1-1/2 miles south on County Rd 75. Call for more information.

Sundberg Honey

County Rd 14
Richville
218/346-6725



Year round

Located six miles south of Perham on Hwy 78, then three miles west on County Rd 14. Honey and beeswax.

WHEN YOU VISIT A FARM...
MENTION THIS DIRECTORY!

PENNINGTON COUNTY

Efta Produce

Pennington Avenue South
Thief River Falls
218/681-7610



10 am-7 pm
June-Oct

Located in Thief River Falls one (1) mile south of First St. on Pennington Ave (the Airport road). Prepicked and U-pick berries, vegetables, potatoes, pumpkins, flowers, and ornamentals. Watch for our signs. Call for seasonal crop information.

POLK COUNTY

Johnson's Fruit & Vegetable Farm

US Hwy 2
Crookston
218/281-4672



9 am-6 pm Mon-Sat
late June-Oct

On-farm sales outlet located 1-1/2 miles east of Crookston on U.S. Hwy 2. Call to place orders for strawberries and raspberries. Early red potatoes, strawberries, raspberries, sweet corn, tomatoes, cucumbers, cantaloupe, squash and pumpkins.

RED LAKE COUNTY

Beau Pre' Farm

RR 2 Box 253
Red Lake Falls
218/253-2270



Call anytime
Year round

Our 15th year offering farm-fresh or frozen lamb for all seasons, cut and delivered to your specifications. Select from our Natural Colored Wool Growers Association-registered flock. Lambs offered for sale receive no high tail docks, no castration. Order by phone or visit our farm, seven miles north and west of Red Lake Falls on County Rd 18.

TODD COUNTY

Thorson's Farm Fresh Chickens



Todd County #79
Browerville
218/894-3071

6-9 pm Mon, Wed & Fri
mid June-mid Sept

Fresh chickens available mid June to mid Sept on Monday, Wednesday and Friday from 6-9 pm. Call to place your order. Chickens are raised outdoors. Great for frying, roasting or grilling. Frozen chickens available June to Oct. Call before coming to the farm. We're located 9 miles northeast of Browerville or 12 miles south of Staples on Todd County #79.

Three D Produce

Rt 1 Box 151
Staples
218/894-3346



9 am-6 pm Sun-Fri
Closed Sat
July 'til frost

Farm market in Staples located on Hwy 210, 2 blocks south of junction of Hwy 10 & Hwy 210. At market we have in season: sweet corn, tomatoes, hot and mild peppers, cantaloupe, watermelon, squash, beets, eggplant, onions, okra, cucumbers and assorted vegetables. Produce may also be purchased direct from the farm. Please call ahead and leave a message.

WADENA COUNTY

Carman Berry Farm



Hwy 71
Wadena
218/631-4613

By appointment
June 25-July 15

Located five miles north of Wadena on Hwy 71, then 1-1/2 miles east on T-149. Pick-your-own and ready-picked strawberries.

5 - A - D A Y - T I P

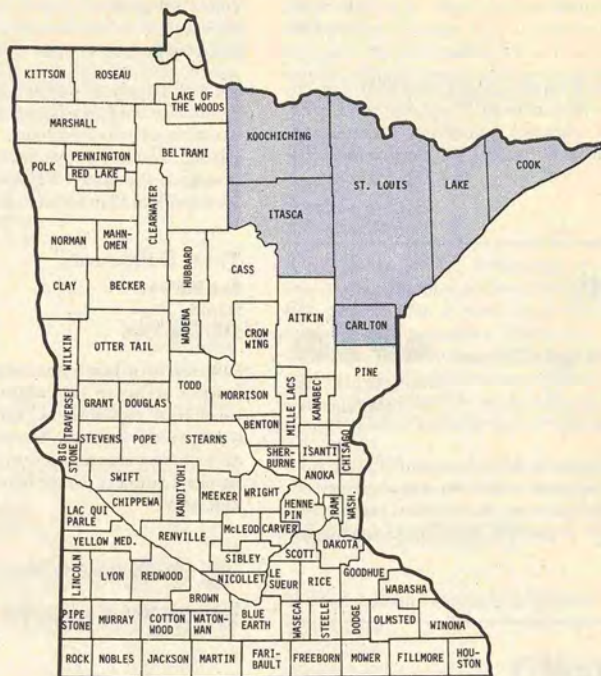
HealthPartners is a proud supporter of Minnesota's farmers markets, orchards, and roadside stands. That's because eating at least five servings of fruits and vegetables each day may protect against heart disease, obesity, stroke, and certain cancers.

HealthPartners

It's easy to add more fruits & vegetables to your diet! Check out the following suggestions and watch for other tips provided throughout this directory.

- ✓ Add a crunchy texture to sandwiches by using thin-sliced cucumbers and carrots.
- ✓ Liven-up tossed green salads with warm dressings prepared by simply heating vegetables such as mushrooms, bell peppers, and onions with low-fat Italian dressing.
- ✓ Simply add fruit to your breakfast cereal.

Northeast Area...



CARLTON COUNTY

Butkiewicz Family Farm

6710 Butkiewicz Road
Kettle River
218/273-6100 or 218/273-4805 Nov-Dec for Xmas Trees



Daylight hours
July-Aug for raspberries
Pick-your-own raspberries, pre-picked available upon request. Choose-and-cut Christmas trees. Live homegrown beef sold by the quarter, half or whole available year round for custom processing at inspected facility. From Moose Lake take MN Hwy 27/73 west 4-1/2 miles. Continue on Hwy 27 west to the left 6 miles. Turn right on County Rd 12 north for 1.7 miles. Turn left on County Rd 19 west 1 mile to Butkiewicz Rd leading to the farm. Enjoy a fine country drive to the Butkiewicz Family Farm.

Carlton County Farmers' Mkt

Hwy 45 & I-35
Scanlon
218/879-5790



9 am 'til sold out Sat
June 22-Oct 26

Located just north of I-35 Scanlon exit. Fresh fruits, vegetables, bedding plants, honey, maple syrup, crafts. For more information contact Emma.

Chub Lake Tree Farm

1867 E Chub Lake Rd
Carlton
218/927-6900



8 am-6 pm
Seasonal

Located at Carlton, south 1 mile on County Rd 1, right 1 mile on County Rd 3, right on East Chub Lake Rd. Christmas trees available for your selection or limited numbers for wholesale. Balsam Fir, Norway, Scotch and White Pine. Excellent quality in all species. Regional delivery may be arranged if necessary. Smaller trees may be dug as needed for landscaping purposes. You dig - we dig. Should plan on one to three feet in height.

Finkes' Berry Farm

2331 County Rd 4
Carlton
218/384-4432




8 am dark
July-Aug

Pick-your-own farm located nine miles southwest of Carlton; from I-35 (Mahtowa exit #227), two miles east, then one mile north on County Hwy 4. Open in July for pick-your-own and pre-picked strawberries, and open in Aug for pick-your-own blueberries. Please call ahead.

ITASCA COUNTY

Blueberry Meadows

1009 Eight Mile Rd
Grand Rapids
218/326-0671

 8 am-dusk
late July, Aug, early Sept

Pick-your-own Northsky, Northcountry and Northblue blueberries. We're eight miles south of Grand Rapids on Hwy 169 to Eight Mile Rd, turn right on Eight Mile Rd and go 3/4 mile. Blueberry Meadows is on the left. Picking from last week in July through most of Aug. Call for picking days.

Deer River Wild Rice, Inc.

E Hwy 2
Deer River, MN 56636
218/246-2713

 8 am-3 pm
Oct-July
7 am-4 pm
Aug-Sept

Selling wild rice.

Great River Farmer's Market

Wal-Mart
Hwy 169 South
Grand Rapids

 8 am-noon Wed & Sat
mid June-mid Oct

Fresh produce, fresh and dried flowers, maple syrup products, wild rice. Handcrafted wooden furnishings for adults and children. Jams and jellies, fall crops and ornaments.

Lavalier's Berry Patch

1750 County Rd 441
Grand Rapids
218/326-8271

 June 20-Aug

Located five miles south of Grand Rapids on the River Rd, then 3/4 mile east on County Rd 441. Strawberries and blueberries. Please call for specific picking times.

Nordic Ridge Gardens

1830 County Road 434
Bovey
218/247-7726

 Seasonal hours

Pick Your Own Strawberries in our relaxed country setting. Containers and recipes, provided. Children welcome. Pre-picked berries by order only. Call ahead to avoid disappointment. Choose Your Own Pumpkins from our decorated barn. Hayloft maze for kids. Farm school tours mid-week. Call for hours. Located 4 1/2 mi. south of Calumet: Take Co. Rd. 12, go 3 1/2 mi, turn right on Co. Rd. 70, then left on (gravel) Co. Rd. 434. Follow signs.

Patzoldt's Lost Frontier Company


3001 Horseshoe Lake Rd
Grand Rapids
218/326-5769

 Daylight hours
March-Dec

Since 1968. Located two miles southwest of Grand Rapids. Call to avoid disappointment. Organically grown, hand-picked wild rice, maple syrup, maple walnut fudge, maple sugar, breads and other baked goods made with freshly ground, organically grown grains, maple syrup, and jams and jellies made with all natural fruit - no preservatives or additives. Gift boxes available with any combination of items. Brochure available.

Wegner's Christmas Tree Farm

1551 Cardinal Dr
Grand Rapids
218/326-5965


 9 am - dark Sat & Sun
December

Specializing in Balsam Fir, Spruce, Norway Pine, Scotch Pine and White Pine to 10' in height. From Grand Rapids go east 8 miles to the Blackberry Store, turn right on Dove Lane for 1/2 mile, turn left on to Cardinal Drive for 1 1/2 miles. Look for fire #K125.

ST. LOUIS COUNTY

Berry Pine Farms

6396 Howard Gnesen Rd
Duluth
218/721-3250

 Seasonal hours

Pick-your-own raspberries and strawberries in a beautiful and relaxing setting. Located seven miles north of the Martin Rd right next to the Gnesen Community Center. Call ahead for hours and picking conditions. Pre-picked berries, jams and jellies available at the farm or by special order. Ken and Dana Fromberg.

The Blueberry Patch

Lilac Rd & County Hwy 20
Gilbert
218/865-4100
or 218/865-4384

 8:30 am - dusk daily
Strawberries
Open at 9 am Wed & Sat
Blueberries
late June-Sept 1

Go 2-1/2 miles east of Gilbert on State Hwy 135. Then go 5-1/2 miles south on County Hwy 20. Look for our sign. We have pick-your-own strawberries and blueberries. Hand harvested wild rice is also available. Supervised children welcome for strawberries, and children 10 and up are welcome for blueberries. Containers provided for strawberries, but please bring your own blueberry pails. Berry farming since 1986. Steven and Wanda Lerol.

Byers Berries


Hibbing, MN
218/258-7043
email: johnb@uslink.net
<http://www.uslink.net/~johnb/berryfarm/>

 June-Sept

Byers Berries, an exciting new addition to "Pick Your Own" berry farms, is conveniently located 3.5 miles East of Hibbing. We offer four varieties of strawberries and two varieties of raspberries, and will be adding several new berry types in the future. You will also find that Byers Berries offers *more than just berries*. Call before coming.

Duluth Farmers' Market

1330 E 3rd St
Duluth
218/724-9955

 7 am-noon Wed & Sat
Open daily for Christmas trees

Open from Mother's Day through Christmas. 100% locally produced bedding plants, berries, fresh vegetables, fall ornaments, crafts and Christmas trees.

Lake Superior Syrup Company

3136 Maple Ln
Duluth
218/624-2696 or 218/722-8134

Pure organic Minnesota maple syrup available year round.
Please call for directions.

Lakewood Berry Farm

Jean Duluth & Riley Rd
Duluth
218/525-5710

Located 1/4 mile east of intersection of Jean Duluth and Riley Rd (Duluth). Call about opening times. Pick-your-own or pre-picked raspberries, strawberries, black currants and red currants. Jams and gift boxes also available.



Seasonal hours

Peterson's Berry Farm

2001 Hwy 37
Eveleth
218/744-5759

Our pick-your-own farm entrance is located one block west of Junction of HWY 37 & HWY 53, just five miles south of EVELETH. Call for pre-picked ASPARAGUS in late May and June. Open in early July for STRAWBERRIES, mid July for SASKATOONS (JUNE BERRIES) followed by BLUEBERRIES to late August. Free picking containers provided. Please call for picking information and pre-picked orders.



9 am-dusk daily
July-Aug

Pine Creek Farm

County Rd 44
Brimson
218/848-2475

Farm fresh lamb and pasture raised chickens for custom processing. Pick-your-own blueberries. Call ahead for availability. Located 1-1/2 miles south of Rollins on County Rd 44.



Shary's Berries

1651 Two Harbors Rd
Two Harbors
218/834-5221

Pick-your-own organic blueberries. Raspberries, carrots, basil and more. Certified organically grown.

call for picking times
late July-mid Aug

Superior Highland Sugarbush

546 Rose St
Duluth
218/525-6837

Provides pure maple syrup and maple cream from Lake Superior high country maples near Two Harbors. More than 15,000 gallons of sap are boiled over a wood fire each Apr to produce a fine-flavored product that meets organically grown standards. Sugarbush tours by request. Philip Cook, sugarmaker, sells maple products from his home.

Year round

Virginia Farmers' Market

Armory Parking Lot
8 1/2 St South
Virginia
218/865-6532

Offers locally grown produce: strawberries, wild and domestic blueberries, raspberries, sweet corn, tomatoes, wild rice, melons, cucumbers, all kinds of vegetables and fresh flowers. Call for more information.



2-6 pm Tues & Fri
July-Oct

Tap-In To Real Maple Syrup

You already know that maple syrup is great on pancakes, French toast, and waffles. You may even be aware that maple syrup makes deliciously sweet baked beans.

But have you tried vanilla ice cream, nuts, and maple syrup?...Adding syrup to the water when boiling a ham?...Baking a squash with two tablespoons of syrup in the cavity?

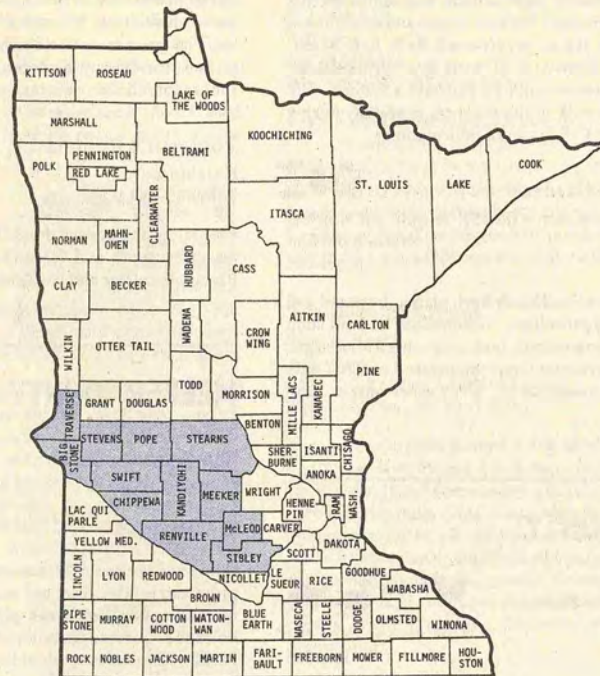
Pure maple syrup is a "natural" food that contains nothing artificial and has only 40 calories per tablespoon. Look for the maple leaf icon in this directory to find fresh Minnesota maple syrup!

Try Cooking With Maple Syrup

You can substitute 1 - 1 1/2 cups of maple syrup and 3/8 tsp. baking soda for a cup of granulated sugar in your recipes. If syrup is replacing half the sugar, reduce the liquid in your recipe by one-fourth. If syrup is replacing all the sugar, reduce the liquid by one-half.

For more delicious maple syrup recipes, send a self-addressed, stamped envelope to: Recipes - MMSPA, RR #1 Box 132 Randall, MN 56475

West-Central Area...



BIG STONE COUNTY

Lakeshore Fruit Farm

Hwy 7
Ortonville
320/839-3384



8 am-6 pm Mon-Sat
10 am-6 pm Sun
Aug-Oct

Roadside stand in "Ye Ol' Apple Barrel." Apples (retail and wholesale) in season, jellies, syrups, honey, pumpkins and squash in season. Located two miles north of Ortonville on Hwy 7.

Olson's Pleasant Valley Farms, Inc.

Route 1, Box 201
Ortonville
1-800-700-7675



8 am-6 pm Mon-Fri
Jan-Dec

Distributor of fine MN Grown specialty food products throughout SW & WCMinnesota & TCMetro area. Barbecued pork, fresh pork cuts, farm-raised trout, chili, organic ice cream & more. For a complete list of products and pricing information or to arrange home delivery, call 1-800-700-7675. MN Grown producers looking for a distributor are encouraged to call Shannon Elliott at 612/920-4657 (metro) or 1-800-700-7675 for more information.

CHIPPEWA COUNTY

Montevideo Farmers' Mkt

Across from Pioneer Village
Hwy 7 & 59
Montevideo
320/269-6789



7 am-1 pm Tues & Sat
1-8 pm Thurs
mid June-freeze

Located across from Pioneer Village in Montevideo. Locally grown garden produce, strawberries and raspberries. Some craft items.

KANDIYOHI COUNTY

Garden of Eatin'

24402 10th St
Belgrade
320/354-2375



7 am-7 pm Mon-Sat
1:30-7 pm Sun
June-Oct

Open Nov 15-Dec 20 for trees

PYO strawberries. On-farm sales of summer and fall apples and apple cider. Also choose-and-cut Christmas trees Nov 15 through Dec 20. Located six miles south of Belgrade on U.S. 71, then one mile west on 247th Ave and 1/4 mile south on Tenth St.

Jimmy Appleseed Orchard

15455 Old Mill Road
Spicer
320/796-5307



10 am-6:30 pm daily
Sept 10-Oct 30

Located midway between New London and Spicer on MN Hwy 23. Look for the signs! We have apples and cider for you to taste. We grow Haralson, Connell Red, Red Baron, Wealthy, Sweet 16, Redwell and Prairie Spy. We have a few trees of other varieties, so call us if you have a favorite. We invite you to take a walk in the orchard, especially during apple blossom time. Call for more information.

Woodland Herb Gardens

5376 NE 132nd Ave (County Rd 32) Spicer
320/796-5931



8 am-6 pm Mon-Sat
Noon-6 pm Sun
April-Oct

Large variety of Minnesota hardy herb plants, fresh cut and dried herbs, scented geraniums. Greenhouse and gift shop with herb vinegars, seasonings, teas, soaps, herb related gift items. All herbs are grown without chemicals. Located 1 mile north of Spicer on County Rd 32, 1-1/2 miles west of State Hwy 23.

MCLEOD COUNTY

Bijan's Potpourri Farm

8299 Dove Ave
Glencoe
612/864-5754



7:30 am-6 pm Mon-Sat
July-Jan

Located 50 scenic miles from downtown Minneapolis. Live lamb sold for custom processing. Processing and sale of free range chicken, duck and geese. Available Oct-Jan, except chicken July-Sept. Call between 7:30 am-6 pm Mon-Sat.

Far-View Sheep Farms

21126 210th St
Hutchinson
320/587-6668
320/587-6094 phone & fax



Call before coming
Year round

"The Lamb Shoppe", an on-farm retail outlet, is located only one hour west of the Twin Cities on Hwy 7. Our store features a variety of specialty cuts including grill ready & pre-seasoned lamb. Lamb available all times of the year. The lamb is the same as supplied to the "Da Afghan" restaurant in Bloomington. We have USDA-inspected wieners, sausage sticks and pan ready lamb patties. Also our state fair "Lamb with Wild Rice" patties. And, of course, locker lambs-whole or half.

Green Acres

Hwy 212
Stewart
320/562-2139



8 am-6 pm Mon-Sat
Noon-4 pm Sun

Pick-your-own and roadside stand located on main highway. Call for appointment to pick strawberries. Bedding plants, strawberries, sweet corn, tomatoes, green peppers, assorted hot peppers, cabbage, pickles, melons, squash, pumpkins, Christmas trees, bulk Christmas candy, popcorn, decorative ponds and nursery stock.

Maple Crest Berry Farm

21454 Jade Rd
Silver Lake
320/327-2728



8 am-8 pm Mon-Sat
June-Oct

Located two miles north of State Hwy 7 taking McLeod County 16 north and west 1/2 mile then 1-1/2 miles north on Jade Rd. Pick-your-own strawberries. Also on farm sales of ready-picked strawberries by order, carrots, pumpkins and corn shocks for fall lawn decoration.

Pohlmeir's Broilers

Hutchinson
320/587-9411



May-Dec

Free range, farm raised, fresh/frozen, cut and whole broilers. Six miles south and 3.5 miles east of Hutchinson and at Blaine, Excelsior and Hopkins Farmers' Markets.

MEEKER COUNTY

The Apple Sellers

County Rd 14
Darwin
320/275-2282



9 am-7 pm Mon-Sat
Noon-7 pm Sun
Aug-Oct

Come and see one of Minnesota's most scenic orchards by a picturesque lake. Visit our unique red barn featuring many varieties of apples, fresh cider, pies, honey and a craft boutique. Located ten miles north of Hutchinson on County Rd 12 or five miles south of Darwin on County Rd 14.

Carlson Meats

Box 205
Grove City, MN 56243
320/857-2261



7:30 am-5 pm Mon-Fri
7:30 am-Noon Sat

Processing and sales of beef, buffalo and pork. Specializing in fresh and smoked homemade pork sausages and fresh potato sausages. Mail order available. USDA inspected slaughter and processing.

Crow River Farms

County Rd 9
Litchfield



June 5-Aug 10

Pick-your-own strawberries from June 5 - July 10. Located 5 miles east of Litchfield on Hwy 12, 1-3/4 miles south on County Rd 9. Roadside market located E Hwy 12, Litchfield. Selling sweet corn, tomatoes, new potatoes from July 1 - Aug 10.

Dassel Hillside Farm

24492 Hwy 15
Dassel
320/275-2622



June-Dec

"Fresh Apples From Dassel" located on State Hwy 15, 1-1/2 miles north of US Hwy 12, watch for signs. U-pick strawberries. U-pick raspberries in July. Apples mid Aug-Dec. Call for hours. Sample our Beacon, Paula Red, Red Baron, Wealthy, McIntosh, Cortland, Haralson, Sweet 16, Regent and Connell Red apples. Honey from our bees and country crafts. Families welcome. Call for information on special weekend activities in Sept and Oct. Choose & cut Christmas trees, Thanksgiving-December. Julie and Karl Townsend.

Leafblad Produce

67784 330th St
Watkins
612/693-2486



7 am-7 pm June-July
May 1-Sept
By appointment-May, Aug & Sept

Pre-picked or pick-your-own asparagus available May 1st. We offer five varieties of strawberries and both Summer and Autumn bearing red raspberries. Gooseberries, currants, and purple raspberries are also available in season. We are located 12 miles northeast of Litchfield on Hwy 24, then 1 mile west on 330th St, or 20 miles south of St. Cloud on Hwy 15, 5 miles west on Hwy 24, then 1 mile west on 330th St.

The Nelson Farm

23618 CSAH 1
Litchfield
320/693-7750



Sept 28-Oct 27
11 am-5 pm Sat
Noon-5 pm Sun

School field trips by Appt - Mon-Fri
Special candlelight evenings
Oct 25-26-27 by Reservation

Five weekends of fun! Pumpkins, ornamental corn, gourds, popcorn, squash, apples, corn shocks. Pick your own or prepicked. Scarecrow making, horse drawn trolleyride, trails, childrens play, mazes, farm animals, gift shoppe, tractor pulled wagon ride to pumpkin patch. Fee charged. Special Candlelight evening Oct 25-26-27. Require Reservations. Fee charged. Family Oriented fun! Directions In Litchfield -N Sibley Ave (Hwy 12 & 22). Take 5th St W to CSAH 1, go south 3-1/2 miles. Watch for signs.

Sleeping Cat Organic Farm

66683 288th St
Litchfield, MN 55355
320/693-8449



Year round

Beef, veal, chevon (goat meat) and free-range eggs. Farm is organic. Weekly metro area delivery. Also at Minneapolis Farmers' Market on Saturday mornings.

Turcks Trees

67304 MN Hwy 24
Litchfield
320/693-3944



Farm - 9 am-4 pm daily
Retail lot locations:
10 am-7 pm weekends
1 pm-7 pm weekday
Nov 29-mid Dec

Located 9 miles NE of Litchfield on MN Hwy 24. Choose & cut your Christmas Tree. We help cut, load and tie on your tree. Scotch, Red, White & Ponderosa Pine, Colorado Blue & Black Hills Spruce. Pre-cut Balsam & Spruce available. Custom made Balsam wreaths, garland crafts, sold in our Gift Shop. Free cider, cookies & coloring books. Santa visiting on weekends. Call for more information about the farm or retail lots in Hutchinson & Litchfield. Hours - Retail lots - 10 am-7 pm Weekends and 1 pm-7 pm Weekdays.

5 - A - D A Y - T I P

✓ Quick slaws can be made by combining shredded cabbage and your favorite non-fat dressing such as poppyseed, mustard, or non-fat vinaigrette.

HealthPartners

SIBLEY COUNTY

Burdorf's

Rt 2 Box 37
Arlington
612/964-5815
after 9-15-96 507/964-5815



Year round

Grain fed beef halves and quarters cut, wrapped and frozen to your specifications. Beef are fed only O.G.B.A. Certified Organic Grains grown without the use of pesticides or chemical fertilizers. Beef available year round. Chickens and turkeys, available in season, are also fed O.G.B.A. Certified Organic grains. Taking orders for poultry in Jan-March. Call or write for more information. Ask for Gary or Carol.

Kathleen's Gardens

County Hwy 9
Arlington
612/237-2247 or 1-800-823-7743
after 9/15/96 -507/237-2247



7 am 'til picked out
Berry season
1-5 pm Sat-Sun
June-Oct

Pick-your-own farm located 4-1/2 miles south of Arlington on County Hwy #9 and 1-1/2 miles west on Township Rd. Open about June 1 for strawberries, July-Oct for raspberries. Free containers provided. Call ahead. Pumpkin farm festival open weekends Oct 5-6, 12-13 and 19-20 from 1-5 pm. Wagon rides, farm animals, cornfield and straw mazes, pick-your-own pumpkins, squash, gourds, ornamental corn. Bring your whole family. School and adult tour groups welcome-please arrange ahead. Popcorn available for group fundraising.

Mom's Dairy

Route 2, Box 15
Gibbon
507/834-6308



Year round
Call ahead

A small on-farm dairy that processes Organic milk and ice cream. Milk is pasteurized but not homogenized and available in skim and 2% B.F. Organic milk requires no pesticides be used on feed for the cows. And no antibiotics or hormones used on animals. Cheese and yogurt to be available soon.

STEARNS COUNTY

Fair Haven Farm

13775 51st Ave
Fairhaven, MN 55382
320/236-7685



7 am-7 pm
June-July
11 am-6 pm Every day
mid-Aug - Oct

Located three miles north of South Haven and 18 miles south of St. Cloud. Near the intersection of County Rd 44 and 7 in Fairhaven. Open June and July for pick-your-own strawberries, raspberries and blueberries. Also open in Aug-Oct for a wide selection of Minnesota apples. Also sell wide variety of grapes and dried flowers. Call for directions.

Fresh Produce Co.

32328 County Rd 18
Brooten, MN 56316
320/352-5658

10 am-9 pm Sun, Mon, Wed, Fri
2 pm-9 pm Tues, Thurs, Sat
July-Oct

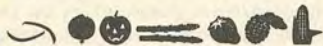


Located 6-1/2 miles north of Brooten on tar road #18. We have most kinds of vegetables in season but specialize in sweet corn, tomatoes, ten kinds of potatoes, melons, squash, pumpkins, gourds, ornamental corn. Please call before you come out to the farm to check on availability; leave a message if no one is home. We are a member of the Alexandria Farmers' Market, open Tues, Thurs and Sat from 9 am-noon.

Produce Acres

25704 Co Rd 50
Cold Spring
320/685-3257

8 am-8 pm or picked out daily
May 1-Oct 31



Located 3-1/2 miles northwest of Cold Spring. Pick-your-own asparagus, strawberries, or raspberries. Pre-picked asparagus, strawberries, tomatoes, raspberries, pumpkins, gourds, squash, cucumbers, beans, glads, onion, sweet corn, indian corn, cantaloupe.

STEVENS COUNTY

Das Apfel Haus Orchard


County Rd 1
Hancock
320/392-5477 or 320/589-4811


1 pm 'til dark
Aug 20-Nov 10

One mile southwest of Hancock on County Rd 1. We have 25 varieties of apples including Haralson, Connell Red, Sweet 16 and Honeygold. We also have squash, colored corn, mini-pumpkins and more.

Steve's Strawberries

State Hwy 59 (East of Morris)
Morris
320/589-1631


8 am-8 pm Mon-Sat
11 am-5 pm Sun
June 15-July 4







Pick your own and ready picked strawberries. To order ready picked berries or for more information, please call. Children welcome.

Honey



COOKING TIPS

For best results, use recipes developed for using honey.

When you substitute honey for granulated sugar in recipes:

-  Substitute honey for up to one-half of the sugar. With experimentation, honey can be substituted for all the sugar in some recipes.
-  Reduce the amount of liquid in the recipe by 1/4 cup for each cup of honey used in baked goods.
-  Add 1/4 to 3/4 teaspoon baking soda for each cup of honey used.
-  Reduce oven temperature by 25° F. to prevent over browning of baked goods.
-  For easy removal, spray measuring cup with vegetable cooking spray before adding honey.
-  Honey absorbs & retains moisture readily so baked goods will stay fresh longer.

BUYING TIPS

-  Select mildly flavored honeys, such as clover, for use in cooking where delicate flavors predominate.
-  Use strongly flavored honeys in spreads or other recipes where a distinct honey flavor is desired.

STORAGE TIPS

Store honey at room temperature. When honey crystallizes, remove lid and place jar in warm water until crystals dissolve. Or, microcook 1 cup of honey in microwave-safe container at HIGH (100%) 2 to 3 minutes or until crystals dissolve; stir every 30 seconds. Do not boil or scorch.

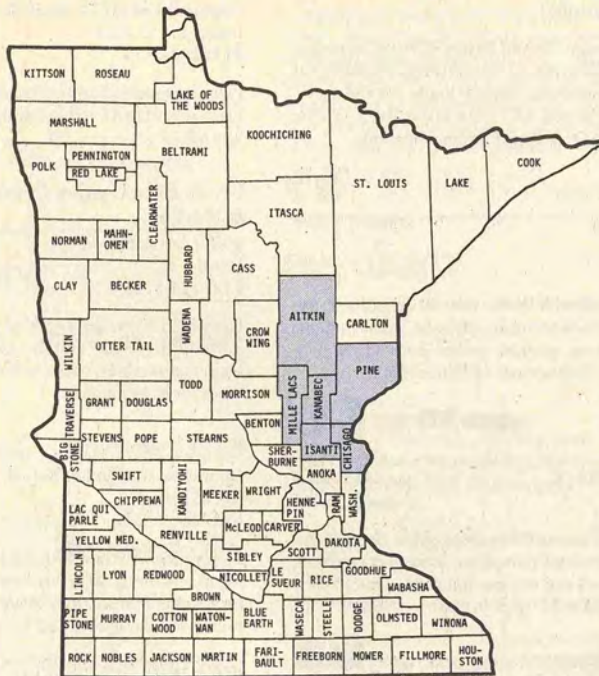
For more information contact:

Minnesota Honey Producers Association
c/o Cathy Jo Rufer
3499 75th Street SW
Waverly, Minnesota 55390
Phone: (612) 658-4645
Fax: (612) 658-4036



PLEASE DO NOT GIVE HONEY TO CHILDREN 1 YEAR OF AGE OR YOUNGER.

East-Central Area...



AITKIN COUNTY

Gemini Guernseys

RR 1 Box 3300
Palisade, MN 56469
218/845-2443 or 1-800-404-3646

6 am-11 pm
Year round

"The cream rises" on GEMINI GUERNSEYS Old Fashioned Style Milk from the Guernsey cows on our farm in Palisade. OUR COWS ARE NOT INJECTED WITH rBST. Pasteurized under Dept. of Agriculture Regulations. Ingredients: MILK. Available direct from the farm; on select home delivery routes; at most Twin Cities natural foods stores; and at the Minneapolis Farmers' Market seasonally, Sat-Sun. Please call—people answer, not machines—please let it ring.



Minnesota Wild Minnesota Specialty Crops

69 Airport Blvd
McGregor, MN 55760
1-800-328-6731

9 am-5 pm Mon-Fri
10 am-4 pm Sat
Year round

Location is 1/2 mile north of McGregor on Hwy 65 N. Retail location offers a wide selection of wild berry jellies and syrups, Minnesota honeys, Minnesota maple syrup, lake and cultivated wild rice. Gift baskets and ideas available. New for '96 - Wild Berry Table Wines and Wild Berry Honey Wines.

New Frontier Foods, Inc.

308 Minnesota Ave N
Aitkin
218/927-3701 or 1-800-525-5272

8 am-5 pm
Year round

We offer paddy grown wild rice, Ultra Roasted™ wild rice, barley and brown rice. New instant four grain cereal packed in single serving waterproof pouches.

CHISAGO COUNTY

Central Rivers Co-op

10575 Wyoming Ave
Chisago City
612/257-6320



8 am-5 pm Sat
Noon-4 pm Sun
May-Nov

Located on Hwy 8 in Chisago City. A variety of agricultural and potted products are available for sale.

Community Market

12819 Lake Blvd
Lindstrom
612/257-1128



7:30 am-6 pm Mon-Fri
7:30 am-5 pm Sat
Year round

Please call for information on products available and directions to the market.

Eichten's Hidden Acres Cheese & Bison Farm



9 am-6 pm Mon-Sat
10 am-6 pm Sun
Year round
Center City
612/257-1566 (retail)
612/257-4752 (mail order)

Located between Center City and Shafer. Cheese, sausages, wild rice, honey, maple syrup, ice cream treats, Buffalo meat and gift shop. Homemade cheese made on the farm, Minnesota's second largest American Bison Herd. Picnic tables available. Also sales at area farmers' markets.

Franconia Flora Farm



26910 St. Croix Tr N
Shafer, MN 55074
612/257-9579

Open May-Dec

Dried & preserved flowers & herbs - over 50 varieties. Fresh flowers available June-September. Natural floral designs. Bittersweet, pumpkins, gourds, broom corn in the fall. Located on Hwy 95, 7 miles south of Taylors Falls.

Jewel Lane Farm



9748 Jewel Ln
Chisago City, MN 55013
612/257-5079

10 am-6 pm
(Closed Mondays)
mid July-Oct

Freezer lambs. Machine washable sheep skins. Sweet corn, tomatoes, peppers, melons, pumpkins, squash, cucumbers, dill, cabbage, potatoes and ornamental corn. Our stand is located on Forest Blvd at 311th St in downtown Stacy.

Monadnock Orchard



2725 Rush Point Dr (County Rd 7)
Rush City, MN 55069
320/358-4830

10 am-5 pm Fri-Sun
Sept-Nov

Crunch into a fresh crisp apple from Monadnock Orchard!! Featuring more than 10 delicious varieties including Haralson, Sweet 16, Honeygold and others. Variety availability varies throughout the season. Halloween pumpkins for the kids available in season. From I-35 take the Rush City exit, then east 1/4 mile, right for 1/4 mile and then right on County Rd 7 for 4-1/2 miles to the orchard. From Hwy 65 go north of Cambridge to Grandy, then 7-1/2 miles east on County Rd 6.

Pleasant Valley Orchard



17325 Pleasant Valley Rd
Rural Shafer
612/257-1906

Noon-6 pm Tues-Sun
Sept-Nov

Scenic orchard and rustic red sales barn located in the rolling hills of southern Chisago County overlooking the St. Croix River Valley. All your favorite apple varieties, cider, pie, honey, maple syrup, pumpkins, squash, ornamental corn, country crafts and gifts. Nature trail and weekend hayrides. Access off US Hwy 8 or MN 95 on Pleasant Valley Rd (County 26). Look for signs. Open Sept-Nov, Tues-Sun, Noon-6 pm.

Riverview Farms



12455 St. Croix Tr
North Branch, MN 55056
612/674-8791

Weekends & by appointment
Sept-Halloween

Sweet corn—call first. Squash, gourds, ornamental corn, pumpkins, corn shocks, straw and alfalfa bales. Decorative dried oats, wheat, etc. We set up fall harvest displays at homes or businesses. 6 miles east of North Branch or 14 miles west of Taylors Falls on Hwy 95.

ISANTI COUNTY

Anderson Berry Farm



County Rd 59 (277th Ave NW)
Isanti
612/444-5179

8 am-8 pm Mon-Sat
mid June-mid July

Pick-your-own strawberries, located 5 miles north of St. Francis on Hwy 47 and 1/2 mile west on County Rd 59 (277th Ave NW).

Green Barn Garden Center & Market



265th Ave & Hwy 65
Isanti
612/444-5725

9 am-7 pm daily, Spring
9 am-5:30 pm daily, Fall
March-Dec

Located three miles south of Isanti, Minnesota, 18 miles north of Hwy 242. Full line of bedding plants, sweet corn, squash, pumpkins, potatoes and tomatoes in season. Garden seeds for large gardens.

Rod's Berry Farm



County Rd 5 to Zodiac St
North Branch
612/444-6353

8 am-8 pm Mon-Sat
mid June-mid July

Pick-your-own strawberries. Farm located seven miles east of Isanti on County Rd 5, then one mile south on Zodiac St. Call for picking information. Bring your own containers. Ready picked also available. Call 612/674-4172 to place an order.

Rolf's Fresh Vegetables



Hwy 95
North Branch
612/674-7753 or 612/689-9720

10 am-6 pm daily
July 15-Oct 1

Roadside stand located 6-1/2 miles west of North Branch exit off 35W on Hwy 95. Tomatoes, sweet corn, squash, pumpkins, melons and other vegetables (green beans and cucumbers by order). Call ahead for large quantities.

Stacy Christmas Tree Farm



County Rd 36
Stacy
612/493-5090

9 am-4:30 pm
Nov 29-Dec 22

Located 2-1/2 miles west of I-35, then 2-1/2 miles north on County Rd 36. Cut-your-own Christmas trees. Scotch pine, Colorado blue spruce, white spruce, white pine, Norway pine and Balsam fir.

Wolcyn Tree Farms & Nursery



Hwy 95
Cambridge
612/689-3346

Apr-Dec

Cut-your-own or pre-cut. Our farm is located 8 miles west of Cambridge on Hwy 95. Open daily after Thanksgiving. Free hayrides every weekend! Free hot cider, coffee, and cookies every day. Free tree removal bag with tree. Scotch Pine, White Pine, Norway Pine, Colorado Spruce, Balsam Fir, Fraser Fir—largest selection around. Wreaths, roping, stands. Visit our gift shop. Enjoy a day at Wolcyn's! Evergreen seedlings, transplants, potted or B&B trees available Apr-Oct. Call for more information.

KANABEC COUNTY

Kringen's Strawberry Patch

2094 220th Avenue 8 am-8 pm or 'til picked out daily
Mora mid June-mid July
320/679-3845

Located 2 miles north of Mora on Hwy 65. Pick-your-own or custom-picked strawberries. Call for current information or to order custom-picked berries. We supply containers. Children welcome if supervised. Picnic facilities on site.

MILLE LACS COUNTY

J.Q. Fruit Farm

8082 33rd St
Princeton
612/389-2567

Pick-your-own and at Princeton Farmers' Market on La Grande. Call for crop information. Strawberries, blueberries, plums and apples.

Rhodes Market Farm

34107 Quail Rd
Onamia
320/532-4429

Our farm is located 1 mile south of Onamia on Hwy 169, then east 3 miles on Quail Rd. We grow a large variety of vegetable plants, flowers in packs, pots and hanging baskets. We also specialize in growing chemical-free vegetables: tomatoes, onion, beans, cauliflower, peppers, squash, pumpkins and more. Large quantities are available for canning and freezing. Please call ahead for availability or more information.

Rum River Orchard

210th St & Hwy 169
Milaca
612/823-3354

North of Milaca on Hwy 169, 2 miles north of Prince Bait, 1000 ft west on 210th St. Watch for our signs. Additional days will be indicated by our orchard signs. Buy apples by the pound, peck, or bushel. Many varieties are available plus apple products, dried flowers, crafts, gifts, and pick-your-own pumpkins. Stop in and get a free recipe and a taste of our apples while you're out enjoying the fall colors.

Whitcomb Home Floral

Greenhouse & Nursery
Hwy 169 West Service Rd N
Princeton
612/389-1739

Container-grown shrubs, trees, and perennials at wholesale prices. Spring bedding plants, large selection. Specializing in unusual hanging basket plants. Planting and landscape design service and installation, over 30 years experience. Blueberries, apples, pumpkins and squash in season. Pick-your-own or we pick—call ahead. Easily located 2 miles north of Princeton, Hwy 169 West Service Rd.

PINE COUNTY

Bork Tree Farms, Inc.

Highway 48
Hinckley
1-800-752-9182

Balsam and Fraser Fir, Norway, Scotch and White Pine, Colorado, Black Hills and White Spruce, pre-cut or available for cut-your-own. Call for directions.

Davy Jones' Garden

Hinckley
320/384-7398

Specializing in melons. Located 16 miles east of Hinckley, south two miles on St. Croix State Park entrance road and west one mile. Call for availability from July through Oct. Produce includes watermelon, muskmelon, honeydew, tomatoes, peppers (hot and mild), cucumbers, cauliflower, broccoli, Brussels sprouts, cabbage, squash, pumpkins, gourds and sweet corn.

High Hopes Acres Berry Farm

Pine County 21 7 am-Noon, & 6 pm-dark daily
Hinckley mid June-mid July
320/384-6278

Located 10 miles east of Hinckley on Hwy 48 to Cloverdale, then 1.6 miles south on Pine County 21. U-pick strawberries or ready-picked by order. Open everyday 7 am-noon and 6 pm-dark during picking season (mid June-mid July). Call our Berry Line beginning June 1 at 612/384-6278 for picking information or ordering. Children welcome. Containers available for picking and transporting berries at no charge.

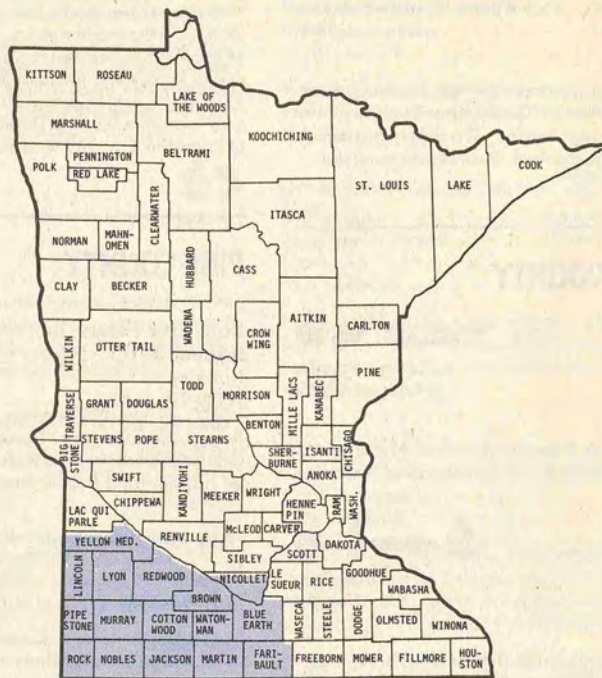
Great Gift Ideas!

Minnesota Grown t-shirts (adult, youth and infant sizes), sweatshirts, baseball caps and aprons available.

Call (612) 297-8695 or
1-800-657-3878 for a price list.



Southwest Area...



BLUE EARTH COUNTY

Hanel Popcorn Company

County Rd 116
Mankato
507/947-3485



7 am-5 pm

Family farm that grows and processes Minnesota Grown popcorn. Farm is located 7 miles NW of Mankato on County Rd 116. Package sizes available: 50#, 3#, and 1#. Call ahead.

Kopischke's Market & Pumpkinland

Hwy 169
Vernon Center
507/549-3313



9 am-7 pm Mon-Sat
10 am-7 pm Sun
May & Aug-Oct

Farm market and pick-your-own farm located 1/2 mile south of Vernon Center. Call ahead for U-pick tomatoes. Also melons, squash, pumpkins, gourds, ornamental corn, apples, tomatoes, peppers, sweet corn, cabbage, beans, onions. Fall entertainment in October—hayrides to u-pick pumpkin patch. Bedding plants in May.

Mankato Farmers' Market

Madison East Center
1400 Madison Ave
Mankato
507/345-4494



8 am-noon Sat
4 pm-6 pm Tues & Thurs
June-Oct

Fresh, locally grown fruits, vegetables, bedding plants, cut flowers, herbs, honey, and dried flower arrangements from within a 40 mile radius. Growers must register. Call for information.

Pietsch Gardens

County Rd 15
Mankato
507/245-3720 or 507/245-3354



Seasonal hours daily
mid May-Oct

Located two miles west of St. Clair, off blacktop County Rd 15. Prepared all times in season. Raspberries, strawberries, tomatoes, corn, pickles, etc. Also selling at the farmers' market at Madison East in Mankato on Tues, Thurs and Sat.

BROWN COUNTY

A-Peeling Acres

Rt 4 Box 6
New Ulm, MN 56073
507/354-4945



10 am-6 pm
Aug 15-Oct 31

When traveling south on Trunk Hwy #15, turn left at DNR Regional Headquarters. Go approximately 3 miles. Turn right at driveway marked "Nelson's Christmas Trees." Go through tree farm to end of driveway (3/10 of a mile). Eleven varieties.

J & M Apiaries

700 Prescott NW
Sleepy Eye, MN
507/794-4791



By appointment

Located at west end of town (north of Hwy 14 across railroad tracks). Beeswax, crafts and honey. Hand-dipped candles, Christmas ornaments, hand-painted pure beeswax, ornamental candles and refrigerator magnets.

Nelson's Christmas Trees & Nursery



Hwy 15
New Ulm
507/354-6132

Noon-8 pm Mon-Fri
9 am-8 pm Sat-Sun
Nov 23-Dec 24

5,000 Christmas trees of six species growing on our farm. Cut-your-own tree from our fields or purchase fresh-cut trees, tree stands, wreaths and other accessories at our sales barn. Hayrides and treats for kids of all ages. Turn east on Shag Rd opposite DNR Regional Office on Hwy 15 at south edge of New Ulm, travel 2 miles to farm.

Rivervine

1510 North Broadway
New Ulm, MN 56073
507/354-6716



9 am-5:30 pm Mon-Fri
9 am-5 pm Sat
Open year round

We are a unique little shop open year-round specializing in the great tastes Minnesota has to offer. We grow 15 acres worth of vegetables and fruit, including u-pick or we-pick strawberries, sweet corn, tomatoes, squash, pumpkins, gourds and decorative corn. Minnesota apples and cider arrive in late summer. Enjoy our Minnesota specialty foods: maple syrup, honey, jams, wild rice, soup, bread and pancake mixes—all perfect for our Minnesota gift baskets.

Springfield Farmers' Market



Riverside Park
Springfield
507/723-5375

8 am-11 am Wed & Sat
July-Oct

Fresh fruits and vegetables of every kind in season. All produce is locally grown. Call for more information.

Tomschin's Produce



Hwy 5
Springfield
507/723-5375

Seasonal
June-Oct

Fresh locally grown vegetables including broccoli, cabbage, tomatoes, cucumbers, peppers, sweet corn, potatoes, squash, pumpkins, melons and popcorn. Located 5 miles south of Springfield on Co. Rd. 5.

JACKSON COUNTY

Schumacher Berry Farm and Nursery



Berry Ln
Heron Lake
507/793-2288

6:30 am-noon daily
Seasonal

Pick-your-own strawberries. From Heron Lake, travel north on County Rd 9, 1 mile to Berry Ln. East for 3/4 mile on Berry Ln. Farm is located on north side of road. To confirm that the season has started, please call. Bring your own containers.

LINCOLN COUNTY

Andersen Premium Honey



Hwy 75
Lake Benton
507/368-4593

Year round

Four miles north of Lake Benton on Hwy 75. Honey stand since 1930. Premium honey.

Hendricks Farmers' Market



Main St
Hendricks

3-5:30 pm Fri
mid July-mid Oct

All manner of garden vegetables, freshly picked seasonal fruits, home-baked goods, jams and jellies, and flowers. All locally grown and made.

Ivanhoe Farmers' Market



Main St
Ivanhoe

3-5:30 pm Wed
mid July-mid Oct

All manner of garden vegetables, freshly picked seasonal fruits, home-baked goods, jams and jellies, and flowers. All locally grown and made.

LYON COUNTY

Holmberg Orchard



County Rd 8
Rt 1 Box 109
Vesta
507/762-3131

10 am-6 pm daily Sept & Oct
10 am - 6 pm weekends Nov

Located 13 miles west of Marshall on Hwy 19, 7 miles north on Redwood County 8. Follow signs. Apples, including Red Baron, State Fair, Paula Red, Wealthy, Cortland, Honeygold, Haralson, Fireside, Connell Red, Regent. Stop for samples of apples and of our apple cider, made fresh here. Also pies, honey, caramel, apple butter and a country gift shop. Call our "Juicy Apple Line" for special weekend activities in Sept and Oct. Lee and Sindie Holmberg.

MARTIN COUNTY

B & C Country Gardens



10 miles S. Hwy 15
Fairmont
507/235-5094

9 am-6 pm Sat-Sun
1 pm-7 pm Mon-Fri
mid July-mid Oct

Tomatoes, sweet and jalapeno peppers, slice cucumbers, melons, acorn, buttercup, butternut squash, zucchini, egg plant, gourds, mini pumpkins, etc. 10 miles south of Fairmont. Watch for the signs on west side of highway. Call for information: 507/238-1221 or 507/235-5094.

Timberlake Orchards



County Rd 41 (Old Hwy 15)
Fairmont
507/235-6696

9 am-sunset daily
Aug-Dec

On-farm sales outlet located nine miles south of Fairmont on County Rd 41 (old Hwy 15). Call for directions. Apples, fresh apple cider, dried florals, dried arrangements.

Lori's Fine Herbs

North County Rd 38
Avoca, MN 56114
507/335-7786



9-5:30 pm Mon-Fri
10 am-4 pm Sat
Year round

Wholesale and retail fresh herbs and vegetables. Hydroponic greenhouses growing fresh herbs and vine ripened tomatoes. Seven and a half acre outdoor garden, specializing in sweet corn, onions and many kinds of peppers, both hot and sweet. Spring sales of herb and vegetable starts.

NICOLLET COUNTY

Hilltop Orchard

County Rd 21 East
New Ulm
507/359-4493



4:15 pm-dark Mon-Fri
12:30 pm-dark Sat-Sun
Aug-mid Nov

Located one mile east of New Ulm at the Y intersection of Hwy 14 and Hwy 15, take County Rd 21 east to the top of the hill, watch for signs. Pick-your-own apples or already bagged. Call for fruit availability. Sixteen different apple varieties.

NOBLES COUNTY

Indian Lake Berry Farm

County Rd 5
Worthington
507/376-4316



Noon-7 pm daily
mid June 'til frost

Tomatoes and sweet corn available through Sept. Pick-your-own or pre-picked blueberries, raspberries, currants, saskatoon berries and lingon berries. Free containers. 10 flavors of honey, 8 flavors of jams and jellies, wild rice and maple syrup. Please call for harvesting dates or more information. From Worthington on County Rd 5-5 miles south, 1 mile east on County Rd 4, then 1-3/4 miles south on County Rd 5.

Ocheda Orchard

Worthington
507/376-3255



9 am-5 pm Mon-Sat
Aug-Nov
1 pm-5 pm Sun - Sept & Oct

Pick-your-own and roadside market located from Consolidated Coop Grain Terminal in Worthington 4 1/2 miles South on County Road #5. 25 Apple varieties available (mostly Minnesota varieties), sweet corn, pumpkins, honey and jams and jellies. Hours may be limited early season and extended in September and October.

REDWOOD COUNTY

Hacker's Tree Farm Nursery & Greenhouse

RR 3, Box 161
Sleepy Eye
507/794-2462



9 am-8 pm Mon-Sat
Noon-8 pm Sun
April-Dec

From Cobden: 3 miles north on Co. No. 7, 1 1/2 miles west on gravel. From Springfield: 3 miles east on Hwy. 14, 4 1/2 miles north on Co. No. 16, 1 1/2 miles east on gravel. From Morgan: 7 miles south on Co. No. 2, 1 1/2 miles east on gravel.

Holmberg Orchard

County Rd 8
Rt 1 Box 109
Vesta
507/762-3131



10 am-5 pm Daily
Sept & Oct
10 am-6 pm weekends
Nov

Located 5 1/2 miles west of Vesta on County Rd 30, 1 mile north on Redwood County 8. Follow signs. Red Baron, State Fair, Paula Red, Wealthy, Cortland, Honeygold, Haralson, Fireside, Connell Red and Regent apples. Stop in for samples of apples and apple cider, made fresh here. We also have pies, honey, caramel, jams & jellies and a country gift shop. Call our "Juicy Apple Line" for special activities in Sept-Oct. Lee and Sindie Holmberg.

WATONWAN COUNTY

Watonswan County Farmers' Market

St. James Downtown Park
St. James
507/375-3333



2-5:30 pm Thurs
June-Oct

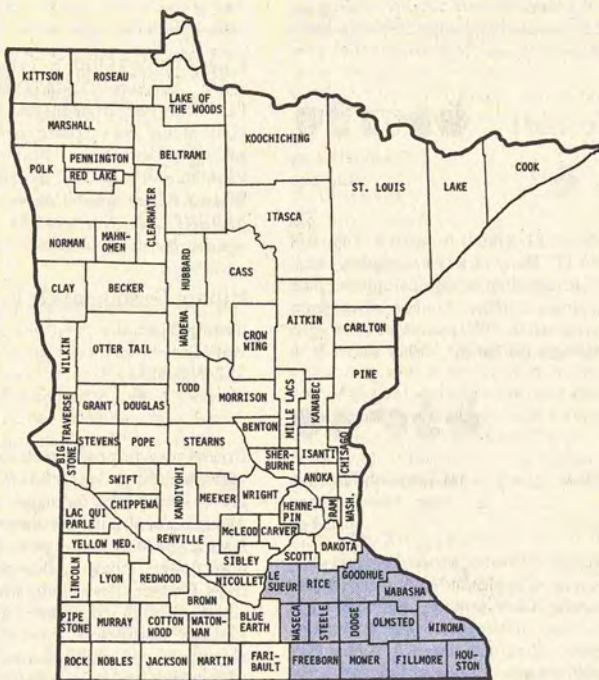
Variety of vegetables (sweet corn, tomatoes, peppers, broccoli, cukes, melons), apples, etc.

5 - A - D A Y - T I P

- ✓ Mix finely chopped or mashed cooked vegetables into meatloaf, meatballs, or other ground meat dishes.
- ✓ Spruce up a prepared pasta marinara sauce with fresh vegetables.

HealthPartners

Southeast Area...



DODGE COUNTY

Bob's Berry Farm & Busy Bee Crafts

RR1, Box 229
Kasson
507/635-5815



7 am - 7 pm daily
May-Oct

Pick your own, we pick strawberries and raspberries. Farm is located 7 miles south of Pine Island or 5 1/2 miles north of Byron on County Road 5. Free picking containers provided. Handcrafted beeswax candles in many styles, sizes and colors available, along with honey and honey stix. Call ahead to check on fruit availability. Supervised children welcome. Check out our bedding plants from our greenhouse.

King's Orchard

U.S. Hwy 14
Kasson
507/634-7830



9 am-dusk Mon-Sat
Noon-dusk Sun
mid Aug-early Nov

Located between Rochester and Owatonna. Dedicated to bringing customers high-quality apple varieties which include: Duchess, Paula Red, Wealthy, McIntosh, Red Baron, Jonathan, Cortland, Haralson, Regent and Fireside. Also available are pumpkins, several varieties of squash, cider, ornamental corn, honey, preserves and more. Call before coming to learn which varieties are available for pick-your-own.

FILLMORE COUNTY

Forest Resource Center

Rt 2 Box 156A
Lanesboro
507/467-2437

8 am-4:30 pm Mon-Fri
10 am-3 pm Sat & Sun
Year Around



Log grown Shiitake mushrooms. Fresh, 3 pound box. UPS anywhere in the Midwest. Freeze-dried Shiitake, excellent for unexpected guests or presents. Shiitake/wild rice soup.

Hill & Vale Farms

Wykoff
507/352-4441

By appointment
Year round



Ewe will love our prime lamb meat. Available by pieces, halves or wholes. Mail order, too! Spend your bucks wisely; buy our top-quality ewe lambs for breeding stock. Call ahead for orders or visits. Located 5 miles east of Spring Valley on Hwy 16 to mile marker 221, then 1 mile south. Ask about our "Minnesota & More" retail outlet featuring Minnesota Grown foods and gifts.

O'Connor's Shamrock Station

RR 3 Box 28B
Spring Valley, MN 55975
507/346-2148



By appointment
Year round

Live lamb available year round for on-site butchering in accordance with your cultural customs. On-farm sales outlet for locker lamb—we'll deliver to your butcher or ours for custom processing. Raw wool and Angora goat hair, washable sheepskin pelts. Call for directions, to place an order or for more information.

Pine Tree Apple Orchard

County Rd 17
Preston
507/765-2408



Seasonal hours
Aug-Dec

On-farm sales outlet located 1/2 mile northeast of Hwy 52 in Preston on County Rd 17. Many varieties of apples, cider, apple bakery with pies, breads, donuts, caramel apples, apple gifts and gift baskets, jams and jellies. Tours available from Sept through Oct by reservation. PYO pumpkins and wagon rides available in Oct—call for times. Other location in Washington County.

Preston Apple & Berry Farm

645 Hwy 16 & Hwy 52 E
Preston
507/765-4486



9 am-7 pm daily May-Dec
9 am - 6 pm Jan-April
April-Feb

Located on the south edge of Preston across from rest area. Free samples of 28 varieties of apples and cider. Fresh frozen apple pies, baked pies, other bakery products, caramel apples, honey, maple syrup, jams, popcorn, cheese & Watkins Products. Locally grown Christmas trees. April and May garden seeds and bedding plants. June and July Pick-your-own strawberries or already picked strawberries available—call before coming. Containers provided. Raspberries available July thru September. Apples available August through February.

River Valley Cheese

208 Parkway N
Lanesboro
507/467-7000



10 am-5 pm seven days a week
May-Oct

We make a variety of cheeses fresh each day from milk produced on nearby Amish dairy farms. Watch the cheese being made through our large observation windows. Tours are welcome. Our large retail store carries all our cheeses, including fresh cheese curds, many other fine Minnesota food products, and local Amish maple syrup and crafts. We offer our cheeses both retail and wholesale by mail order. Farmer certified rBGH-free milk.

Rushford Community Farmers' Market

Nordic Lanes parking lot
Rushford
507/864-7720



Early morning 'til sold out
July-Oct

All garden produce.

FREEBORN COUNTY

Farmer Johns Pumpkin Patch

Route 1, Box 323
Austin
507/437-2642



8 am - sunset Daily
Jun 1 - Nov 1

June - STRAWBERRIES - call for picking conditions or to order. Aug-Sep - TOMATOES - order bushels. Sep 28 - PUMPKIN PATCH opens (the Kids Place). Lots of varieties - Lots of fun! No entrance charge! Groups Welcome. Call early for reservations. Rhubarb, Raspberries, Currants, Vegetables. From AUSTIN - 218 North to Lansing Corners. West 3 miles, around curve to North 1/4 mile. From ALBERT LEA - North to 251. East (through Hollandale) another 8 miles to Corning. South 3/4 mile.

Hilltop Greenhouse & Farm

County Rd 28
Hollandale
507/889-3271



9 am-5 pm Mon-Sat
Winter
8 am-8 pm Mon-Sat
Noon-6 pm Sun
Summer

Greenhouse and produce sales outlet located two miles north of Hollandale, on County Rd 28, then 1/4 mile west on second gravel road (watch for signs). Sixteen miles northeast of Albert Lea or 18 miles northwest of Austin. Greenhouse sales feature: bedding and vegetable plants, perennials, cut and dried flowers, foliage, holiday plants, wreaths and Christmas trees. Produce sales include: strawberries, peas, green beans, summer squash, cucumbers, tomatoes, peppers, eggplant, cabbage, cauliflower, broccoli, watermelon, cantaloupe, sweet corn, pumpkins, gourds, ornamental corn and winter squash. For further information, please feel free to call.

PP Enterprises

County Rd 71
Albert Lea
507/373-3845



1 pm-6 pm daily
Oct 1-Oct 24

Directions: from Skyline Mall intersection take County Rd 46 west 2 miles, left on County Rd 71 for 1/2 mile and PUMPKIN PATCH on right—well marked. Walk the PUMPKIN PATH and through the patch to find your PERFECT PUMPKIN. Also enjoy PUMPKINLAND where you can pumpkin bowl, golf, toss and dunk. Humpty Pumpkin and pumpkin houses are fun to look at. Farm animals also in pasture to see. Old-fashioned fun for the entire family!

GOODHUE COUNTY

Bushel & Peck Market

Hwy 61
Lake City
612/345-4516 or 1-800-4(Bushel)




9 am-6 pm daily
March-Jan

Located 4 miles north of Lake City on Hwy 61 or 12 miles south of Red Wing on Hwy 61. Pick your own strawberries available in June. Taste your favorite locally grown apples picked at the peak of flavor (August-December). Pick out a pumpkin for the kids from our large patch. Watch out for the witch! Petting Zoo (October). Buses and tour groups welcome. Picnic area and restrooms available. Contact Chuck Bremer for more information.

Callister Farm

County Rd 54
Wanamingo
507/824-2427


Call ahead
Hours vary with the season
June-Oct

U-pick strawberries and black or red raspberries. Fresh-picked peppers, tomatoes, cukes (slicing and pickling), green beans, dill, super-sweet corn, beets, squash (fall), onions, pumpkins, gourds, ornamental corn. Fresh chickens available May through Oct. Also homemade jams, jellies and fruit butters. Located 4 miles south of Wanamingo on Hwy 57, then 1/4 mile west on County Rd 54. Call ahead.

Dancing Winds Farm


6863 County # 12 Blvd
Kenyon, MN 55946-4125
507/789-6606


Noon-6 pm Mon-Fri
Noon-6 pm Sun
Closed Saturdays
April-Dec

Minnesota's first farmstead goat cheese plant est. 1987. We take pride in producing quality, fresh goat milk cheeses in the tradition of European cheesemaking. Customers are welcome to buy either fresh chevres and/or fetas. Spring is an especially fun time to visit—lots of new kids jumping around. We sell Sat at Minneapolis and St. Paul Farmers' Markets, too (April-Nov). Please call before coming to the farm. Tours available.

Great River Vineyard


35680 Hwy 61 Blvd
Lake City
612/345-3531


8 am-6 pm daily
July-Oct

Located: 12 miles south of Red Wing and 3 miles north of Lake City on Hwy 61. Products: Fresh table grapes, fresh local grape juice, grape jelly, Wine grapes for home winemakers. Pick your own grapes. Pick your own raspberries, raspberry jam. Purple, black and yellow raspberries also in season. We are Minnesota's only producer of authentic Minnesota Grape Juice. Wine grapes available. No wine produced. No wine tastings.

Hampton Hills Tree Farm


Minnesota Hwy 56
Hampton
612/493-5090


9 am-4:30 pm
Nov 29-Dec 22

Located on Highway 56, 7 miles south of Hampton. Cut your own Christmas trees. Balsam, Fraser, Scotch, Spruce and White Pine. Call for horse drawn hayride schedule and Santa's visit.

Lorentz Meats & Deli

305 W Cannon St
Cannon Falls
507/263-3617 or 1-800-535-6382


7:30 am-7 pm Mon-Fri
8 am-4 pm Sat
11 am-4 pm Sun

Located just 30 miles south of the metropolitan area, Lorentz Meats & Deli is a great stop for people looking for old-fashioned sausages, smoked products and fresh meats. Hunters have grown accustomed to the high quality venison sausages, and farmers bring their beef, pork and lamb to be processed year round. Our 25 years of family pride assure you of quality service and products.

Oak Ridge Orchard


County 5 Blvd
Lake City
612/345-4371 or 612/345-3968


9 am-6 pm Mon-Sat
Noon-6 pm Sun
Sept-Nov

As you drive through the hills and valleys on your trip to the orchard you may see deer, wild turkeys and other wildlife in the fields and forests along the way. Take Hwy 58 to Goodhue County 5 from Red Wing. Take Goodhue County 2 to Goodhue County 5 from Frontenac. Five miles out on Goodhue County 5 from Lake City. We feature 20 varieties of apples, our own honey, pumpkins and more. Sample before you buy.

Pine Island Farmers' Market


Main St
Pine Island
507/356-8103 or 507/281-4598
1-800-848-3953


8 am-noon Sat
June 15-Oct 26

Area farmers selling produce, fruits and vegetables. This community-wide market is held on Main St in the heart of Pine Island's Historic District. Just stop by on Saturdays for fresh-baked goods, blueberries, melons, potatoes, squash, cucumbers, pumpkins and much more. Pine Island is only 14 miles north of Rochester on U.S. Hwy 52. If you have any questions, please call 1-800-848-3953.

Rainbow Ridge Farm


20175 Rhoda Ave
Welch
612/437-7837 or
1-800-657-4974


8 am-noon, 4-7 pm daily
Or 'til picked out
Also open by appointment

South from Hastings on 316 (six miles), left on 200th St, right on Ravenna Tr, left on 205th St, at top of hill left on Rhoda, first farm on left. Call if earlier or later times are necessary. Open when crops are in season. June and July: strawberries and blueberries. Nov/Dec: geese. Playground. Picnic tables. Strawberries, blueberries, honey, jam, fresh and frozen geese. MN Grown gift boxes. Call for specific picking information.

Sweet Meadow Farms

Zumbrota
507/732-7400 or 1-800-584-5351


By appointment

Pan-ready cuts of young, farm flock lamb and gourmet lamb sausages. Will UPS to your door.

Traxler Beef

4359 County 11 Blvd
Kenyon
507/789-5946


Year round

Beef sold live by the 1/4, 1/2 or whole available year round for custom processing. Free brochure available. Call anytime.

WHEN YOU VISIT A FARM...
MENTION THIS DIRECTORY!

HOUSTON COUNTY

Bauer's Market & Nursery

Hwy 14 and 61
LaCrescent
507/895-4583

Open daily, call ahead for hours
Year round

Known for quality, selection and service, we sell Minnesota nursery stock, bedding plants and other spring items. As summer approaches, our market is filled with a country-fresh aroma. Strawberries, raspberries and sweet corn are just a few of the seasonal produce sold at Bauer's. Starting in mid July, the first Minnesota apples signify the coming of fall. We feature the largest selection of apples in southeast Minnesota. This selection is available through most of the winter, usually until mid March.

Molling Family Belgian Blues

Blue Ribbon Meats

Rt 3 Box 130
Caledonia
507/724-2617


Year round

Thomas and Barbara Molling. Belgian Blue beef by the cut, 1/4, 1/2 or whole for custom processing at USDA-inspected facility. Beef snack sticks also available. Gift boxes. Mail order and free brochure available. Call anytime.

Old Hickory Orchards, Inc.

1625 County Hwy 29
Apple Blossom Scenic Drive
LaCrescent
507/895-4845



8 am-6 pm
Aug-Dec

Many varieties of apples and fresh apple cider. Please call for more information.

MOWER COUNTY

Austin Farmers' Market

Old K-Mart Parking Lot
N Main St
Austin
507/437-4561




May-Oct

Sponsored by the Austin Area Chamber of Commerce Agriculture Committee. Seasonal fruits and vegetables, flowers, green plants, honey, eggs, handmade craft items.

Cat's Creek Farm

Rt 1 Box 780
Sargeant, MN 55973
507/584-6330


By appointment
Year round

Wool and mohair for handspinning. Angora goats and registered Shetland sheep for sale.

Mustard Seed Gardens

County Rd 22
Austin
507/325-2346



8 am-6 pm daily
April-Oct

From Austin take Hwy 218 south to County Rd 22, go 1-1/2 miles east. Fresh-picked berries and vegetables in season. Call ahead for current information. "Pumpkins & Petting Farm" open Sept 21 through Halloween. Specializing in apples, pumpkins (painted and plain), squash, dried flowers, ornamental corn. No admission fee for the petting farm, which offers a hands-on approach with a large variety of barnyard and exotic animals. Groups please call ahead for appointment.

OLMSTED COUNTY

Apple Ridge Orchard & Bakery

Hwy 52
Oronoco
507/367-2500



Festive harvest atmosphere for the entire family, and pick-your-own in season. Apples fresh from the orchard, fresh pressed apple cider, Orchard Bakery featuring fresh baked Apple Ridge Orchard pies and Apple Dumplings, apple cinnamon bread, muffins, caramel apples, apple gift baskets, honey, jams and jellies, apple butter and homemade fudge. Favorite family events include PYO pumpkins with tractor-pulled wagon rides and PYO apples at the orchard every weekend in season. Annual Scarecrow Festival in October. Our barnyard animals love kids. Christmas trees in season. Field trips and tours by reservation.

Barnes Sky Ranch Llamas


4724 75th St NW
Oronoco, MN 55960
507/288-7720



Located 4 miles north of Rochester on Hwy 52 to 75th St (County Rd 14), then 1 mile west. We invite you to come and enjoy the beauty and uniqueness of llamas. These gentle animals will thrill you with their mystique and charm. We offer wonderful, endearing pets, some of which will be large and strong for packers and cart drivers. We also offer breeding stock that is registered, blood-typed and guaranteed. Our prices are very reasonable as we would like everyone to experience the joy of llamas. We welcome your inquiry and visit. Roger and Sharon Barnes.

Happy Ours Farm

Co. 3
Byron
1-800-GOAT LADY


10 am-6 pm daily
Year round

Take Hwy 14 west from Rochester, six miles south on Co. 3. Pasteurized goat milk in quart cartons and fresh goat cheeses available year around off the farm, in several retail stores in the Rochester area and at the downtown farmer's market March through October. Farm tours are available on request, call for directions.

Kennellamas

702 23rd St SW
Rochester, MN 55902
507/288-0984
Fax 507/288-7361

8 am-10 pm by appointment



Since 1981. "Breeding for the Right Stuff and Color." Forty fine long-wooled breeding and show stock. Free delivery within 300 miles. Shown by appointment.

Northwoods Berry Farm

8018 75th Ave NW
Oronoco
507/280-0591



8 am-8 pm
Seasonal

From State Hwy 52 follow 75th St NW through Douglas, turn north on first gravel road, go 1/2 mile to first driveway on the right. Please call before stopping in. Strawberries, raspberries, sweet corn, pumpkins, ornamental corn and gourds.

Sekapp Orchard

3415 College View Rd E
(County Rd 9)
Rochester
507/282-4544



9 am-7 pm daily
July 15-Dec 31

Orchard sales room located one mile east of Rochester on County Rd 9. Minnesota apples including Duchess, Beacon, Paula Red, Wealthy, McIntosh, Regent, Haralson, Red Delicious, Fireside, Honeygold and others. Fresh vegetables in season including sweet corn, cucumbers, peppers and tomatoes. Squash, pumpkins, apple cider, honey, jams and maple syrup. Strawberries and raspberries (pick-your-own both summer and fall).

RICE COUNTY

Countryside Berries

15974 Canby Ave
Faribault
507/332-8761

6 am-till picked out



Pick-your-own and ready-picked strawberries. Call for current picking information. Picking starts at 6:00 am and goes till picked out. We're located 4 miles north of Faribault on Hwy 21. Watch for signs.

Faribault Area Farmers' Market

Central Park
Second Ave & Sixth St
Faribault
507/334-8474

Sat mornings
June-Oct



Watch Faribault Daily News for any changes. Locally grown vegetables from asparagus to zucchini, honey, apples, eggs, maple syrup, flowers and house plants.

Fireside Orchard & Gardens

Hwy 19
Northfield
507/663-1376



9 am-6 pm daily
Seasonal
mid Aug-Dec 31

1-1/2 miles east of Interstate 35 on Hwy 19 to Northfield. Cold storage guarantees highest quality apples. Retail and pick-your-own. 14 favorite varieties: Haralson, Fireside, Keepsake, Prairie Spy, Cortland, Regent, McIntosh, Spartan, Honeycrisp, Honeygold, Connell Red, Empire, Duchess, Early Blush, Wealthy. We feature homemade fudge, MN cheeses, fresh pressed cider, jams and jellies, maple syrup, donuts, honey, gift fruit boxes. Special attraction—you must see our color-burst fall chrysanthemum display gardens! Please call ahead.

Fox Hill Farm

9562 170th St W
Shieldsville
507/334-7160

8 am-6 pm Every day
Aug 10-Nov 30



Pick-your-own and pre-picked apples. Over 30 varieties of fresh apples, including: Haralson, Fireside, Regent, Honeygold, McIntosh, Cortland, Prairie Spy, Sweet 16, Keepsake, Honeycrisp, Connell Red, Empire, Duchess, Early Blush, Liberty and many more. Located 3.5 miles southwest of Shieldsville (1/2 mile west of Hunt Lake). Take County Rd 10 (Dodd Rd) 3 1/2 miles west from Shieldsville, turn right 170th, 1/3 mile on right; or call for directions.

Gunderson Home Grown

12614 90th St E
Northfield
507/645-8248

July-Sept



Located 5 1/2 miles east of Northfield on 90th St. E (Wall St. Road). We specialize in pastured poultry and beef. Chickens are dressed and fresh (not frozen). Chickens available July-Sept. Call to place order several weeks ahead. Vegetables in season.

Kanne Orchard Faribo Farmers' Market

19365 Cannon City Rd
Faribault
1-800-958-1516



Weekends
Sept-Oct

Apples, cider, vegetables, popcorn, honey, syrup, wood works, rugs, dried flowers, gifts, beef & turkey jerky and more. Open all day Sat and Sun afternoons. Free samples.

Northfield Area Farmers' Mkt

Riverside Park on 7th St
Northfield
612/463-3577

Open at 11:45 am Tues & Fri
Open at 9 am Sat
May-Oct



Located downtown Northfield on 7th St. Large variety of fruits, vegetables, herbs, fresh and dried flowers. Early Spring-Summer: Potted perennials, annual flowers, vegetable plants, cut flowers. Asparagus, herb plants, rhubarb, lettuce, spinach, radishes, table onions, eggs, maple syrup, jams, jellies, pickles, herbal vinegars, baked goods, honey. Also Available in Season: Strawberries, raspberries, potatoes, tomatoes, green beans, peppers, sweet corn, melons, apples, ornamental corn, squash, pumpkins, gourds. All fresh, locally grown produce. Call for more information.

WHEN YOU VISIT A FARM... MENTION THIS DIRECTORY!

STEELE COUNTY

Prairie Hill Wildflowers

RR 1 Box 191A
Ellendale, MN 56026
507/451-7791

Products available: native wildflower and prairie grass seed and plants. Call for a catalog.



WABASHA COUNTY

Apple Ridge Orchard

County Rd 1
Mazeppa
507/843-3033

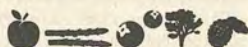
Festive harvest atmosphere for the entire family includes PYO apples with tractor-pulled wagon rides every weekend in season, weather permitting. Apples fresh from the orchard, fresh pressed apple cider.



Jewell Nurseries, Inc.

PO Box 457
Lake City
1-800-848-0933

8 am-5 pm Mon-Fri
Year round



Please call for more information.

Nielsen Tree Farm

Rt 1 Box 27
Kellogg
507/767-4476

Dawn-dusk
Thanksgiving-Christmas Eve



Start a family tradition by choosing your perfect Christmas tree from thousands of homegrown Norway, Scotch and White Pine trees. Warm up and enjoy complimentary hot cider in our rustic giftshop. Pet and feed Rudy the deer. Saws, twine, shaking and baling provided. Roping, wreaths, tree stands and tree bags also available. Family operated for almost 20 years. Located just off Hwy 61 on County Road 84 near Weaver. Follow elf signs or call for more information.

Pepin Heights Orchard

Hwy 61
Lake City
612/345-2305 or 1-800-652-3779



9 am-6 pm daily
Aug-Thanksgiving

We're the world's largest producer of Minnesota's favorite apple—the Haralson. We have dozens of other varieties, too. Most are sold in Twin Cities grocery stores, but we save some of the finest for our retail store in Lake City. Fresh fruit, fresh-pressed cider, and our popular Pepin Heights Sparkling Cider, along with lots of other tasty regional treats. South of Lake City.

Wescott Orchard

County Rd 25
Elgin
507/876-2891



9 am-5 pm Mon-Sat
Noon-5 pm Sun
Aug-Nov

Located one mile east of Elgin. Fourteen varieties of apples. We press our own cider. We also offer Elgin cheese, honey and vegetables.

WASECA COUNTY

Wesley Syrup Company

5th St SW
Route 1 Box 122
Elysian, MN 56028
507/267-4453

Daytime hours daily
Year round



A 3500 tap, pure maple syrup operation with recently installed Reverse Osmosis and evaporator system. Open year-round for sales, wholesale or retail, and mail orders. Visitors welcome. Location: **Where is Elysian?** Between Mankato and Faribault on Hwy 60, to Southwest 5th St, south and west 1-1/2 miles to location of operation.

WINONA COUNTY

Winona Farmers' Market

Under Interstate Bridge
Between Second & Third St
Winona
715/946-3932


7:30 am-2 pm Sat
mid May-Oct
8 am-1 pm Wed
July-Sept



Located in downtown Winona under the Interstate Bridge between Second and Third Sts. Large variety of vegetables, fruits, herbs, fresh and dried flowers. Ornamentals, eggs, frozen chicken, honey. Canning and storage quantities and organic produce available. Free stall available weekly to nonprofit organization bake sales. Apples, pears, berries, sweet corn, squash, melons, garlic, onions, carrots, beans, radishes, potatoes, leeks, beets, lettuce, spinach, glads, broccoli, cabbage, peas, asparagus, tomatoes, peppers, celeriac, bedding plants and houseplants.

5 - A - D A Y - T I P

- ✓ Buy enough fruits and vegetables each week so there's enough to put a few pieces in everyone's lunch each day.
- ✓ Wash fruits and vegetables right when you get home so they're ready to toss in a lunch bag during the morning rush.

 HealthPartners

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JUNE

7-8	Greenbush	<i>Sheep Days</i>	(218) 782-2146
7-9	Pine Island	<i>Cheese Fest</i>	(507) 356-8103
9	New Ulm	<i>Dairy Day</i>	(507) 354-2016
14-16	Elgin	<i>Cheese Days</i>	(507) 876-2291
27-30	Big Lake	<i>Spudfest</i>	(612) 263-6034

JULY

12-13	Hinckley	<i>Corn and Clover Carnival</i>	(320) 384-7837
12-14	Deer River	<i>Wild Rice Festival</i>	(218) 246-8213
19-20	Pelican Rapids	<i>Turkey Festival</i>	(218) 863-1221
20	Mahnomen	<i>Wild Rice Day</i>	(218) 935-2675

AUGUST

8-10	Gaylord	<i>Eggstravaganza</i>	(507) 237-2508
13-14	Cokato	<i>Corn Carnival</i>	(320) 286-5505
17-18	Ortonville	<i>Corn Festival</i>	(800) 568-5722
17-18	Plainview	<i>Corn on the Cob Festival</i>	(507) 534-2229
22	Sleepy Eye	<i>Buttered Corn Day</i>	(800) 290-0588
23-24	Barnesville	<i>Potato Days Festival</i>	(800) 525-4901
23-25	Wells	<i>Kernels Day</i>	(507) 553-5760
30-Sept. 1	McGregor	<i>Wild Rice Days</i>	(218) 768-3692

SEPTEMBER

6-8	Kellogg	<i>Watermelon Festival</i>	(507) 767-4953
7, 28	Benson	<i>Farmers Market</i>	(320) 843-3618
14	Worthington	<i>King Turkey Days</i>	(507) 372-2919
15	Brooklyn Park	<i>Apple Cider Day</i>	(612) 493-8368
19-22	LaCrescent	<i>Apple Festival</i>	(507) 895-2800
21	Cannon Falls	<i>Fall Market Day</i>	(507) 263-2289
28-29	Litchfield	<i>Nelson's Pumpkin Festival</i>	(320) 693-7750
28-29	Vesta	<i>Autumn in the Country</i>	(507) 762-3131
28-29	Vernon Center	<i>Pumpkinland Festival</i>	(507) 549-3313

OCTOBER

5	Redwood Falls	<i>Old-Fashioned Fall Festival</i>	(507) 637-2656
5	Byron	<i>WPC Weigh-Off</i>	(507) 365-8035
5-6	Lake City	<i>Johnny Appleseed Days</i>	(612) 345-4123
5-6	Arlington	<i>Pumpkin Farm Festival</i>	(507) 237-2247
12	Maple Plain	<i>Fall Festival</i>	(612) 479-6623
12-13	Winona	<i>Polish Applefest</i>	(507) 454-3431

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