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Protecting, Maintaining and Improving the Health of All Minnesotans

April 5, 2022

Dear Legislators:

The Minnesota Statewide Health Improvement Partnership continues to make strides forward in the important work to reduce the incidence of costly preventable chronic diseases. SHIP's success in facing this challenge lies in its unique, cutting-edge approach in working at the community and Tribal levels through local partnerships.

SHIP recognizes that local community organizations, in partnership with local public health agencies, know best how to positively impact the health of their residents. That philosophical approach is the foundation of the work SHIP does related to increased opportunities for safer physical activity, increased access to healthy and affordable foods, reduced commercial tobacco use and secondhand smoke exposure, improved wellness opportunities in the workplace and the creation of opportunities for improved emotional well-being.

In its ongoing work, SHIP continues to follow best practices. Its efforts are proven public health prevention strategies that work to improve conditions and opportunities that support healthy eating, physical activity, well-being and reduced use of commercial tobacco products. These behaviors directly influence health outcomes and risk for chronic disease. Consistent with Minnesota's Results First Initiative of the 1,003 activities in 2020-2021 SHIP work plans, a full 86% are evidenced based while 14% are theory based.

One of the current SHIP-related issues of note is the work SHIP projects have done to help local communities deal with the ongoing COVID-19 pandemic. Because of its locally based structure, SHIP projects have been able to pivot in their work when necessary to assist communities in their efforts to support the health needs of their residents during the pandemic. We detailed some of this work in the section below on the SHIP pandemic response.

Thank you for your time and interest in the ongoing work of SHIP to reduce preventable chronic disease in Minnesota.

If you have questions or need additional information, please don't hesitate to contact me at any time.

Sincerely,

Jan K. Malcolm, Commissioner
Minnesota Department of Health

L'habole

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Minnesota's Statewide Health Improvement Partnership

REPORT TO THE MINNESOTA LEGISLATURE FISCAL YEAR 2020-2021

3/22/2022

Minnesota's Statewide Health Improvement Partnership: Report to the Minnesota Legislature Fiscal Year 2020-2021
As required by Minnesota Statute 145.986, Subd. 5.
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Overview

In 2008, in a bipartisan vote in response to rapidly accelerating and costly chronic diseases, the Minnesota Legislature created the Statewide Health Improvement Partnership. The partnership was tasked with working at the local level throughout the state to create and expand opportunities for Minnesotans to be more physically active, eat healthier foods, and live free from commercial tobacco use, the key ingredients to reducing preventable chronic diseases such as cancer, heart disease, stroke, and type 2 diabetes.

Since its creation, SHIP has had a significant and positive impact on reducing obesity and commercial tobacco use and secondhand smoke exposure throughout Minnesota, thereby helping to improve the health of Minnesotans and reduce the enormous annual costs associated with chronic disease. 90% of the nation's health care costs are for people with chronic conditions, and the majority of those costs are preventable. The combined yearly cost of obesity and commercial tobacco use in Minnesota is \$6.5 billion.

"Solutions that address both prevalence and spending related to chronic conditions must be systemic and ongoing and should focus on prevention and building environments that promote health and well-being for all. For health system transformation to have a meaningful impact, it must address both prevention of chronic conditions and cost-efficient health care for Minnesotans with chronic conditions."

—Treated Chronic Disease Prevalence and Spending in Minnesota, 2021, a report of the Minnesota Department of Health's All Payer Claims Database

In addition to its work to improve opportunities for healthy eating and active living and to reduce commercial tobacco use and secondhand smoke exposure, SHIP recently added well-being efforts. Wellbeing, which includes mental, physical, social/emotional health, and resiliency, is a key factor in health and the prevention of chronic diseases in Minnesota, especially among those faced with existing health disparities. The goal of SHIP's well-being strategy, which began in the fall of 2020, is to work within Minnesota communities to implement evidence-based and practice-informed strategies to create equitable, healthy, and positive conditions that promote well-being and resiliency for all Minnesotans.

Funding source and funding levels

SHIP is funded through the Minnesota Health Care Access Fund, which was established to increase access to health care, contain rapidly accelerating health care costs and improve the quality of health care services for Minnesotans. The rationale for including efforts to contain health care costs is that good health not only lies with treatment and access but also with the prevention and reduction of chronic diseases, especially among those populations faced with health disparities. When it was created, SHIP was funded at \$47 million in FY 2010-2011. Current funding levels for FY 2021-2022 are at \$35 million.

Community partnerships

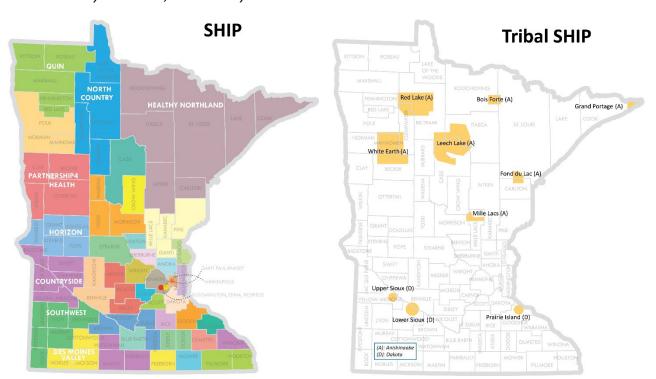
SHIP is unique in that to achieve its goal of reducing chronic disease in Minnesota, it operates at the community, county, and Tribal levels through local partnerships. The program recognizes that local organizations know best how to positively impact health in their communities. SHIP's work is directed by local community leadership teams that bring to the table expertise, strong relationships, and connections in a variety of fields. Operating in all 87 counties and within 10 Tribal nations, SHIP works

with and engages city, county, and Tribal leaders; schools and day care facilities; rental housing; workplaces and businesses; and local and regional health care organizations, in multiple settings throughout the community.

SHIP has also partnered with local hospitals and health care systems to better link their patients with community-based prevention services designed to improve health through healthy eating, physical activity, and commercial tobacco reduction assistance. During fiscal years 2020-2021, 32 local health partners collaborated with 130 community organizations and health care facilities to support clinics making community-based referrals, thereby providing community-based care options for over 3.5 million Minnesotans. In addition, 29 local health partners collaborated with 77 community organizations and health care facilities to support evidence-based programs, such as diabetes and chronic disease self-management programs, providing evidence-based programs for over 2.2 million Minnesotans.

"SHIP has been a vital partner for us. We have a shared goal of creating a sustainable and collaborative approach to improving health and wellness in the community. SHIP helps bring multiple stakeholders together to improve engagement and leads evidence-based efforts that focus on the greatest community good."

-Emily Kuenstler, Community Health Director at Essentia Health

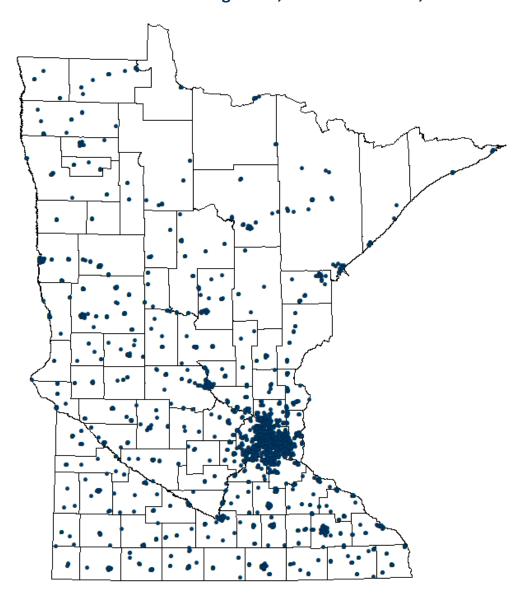


"Working in collaboration with SHIP and our Community Health Board has been instrumental in community health improvement efforts. Together we are stronger. SHIP facilitates the opportunity to gather people, resources and action for long-term community change."

—Alicia Bauman, Community Health Director, Lakewood Health System

At the request of local public health agencies throughout Minnesota, SHIP received the authorization to assist communities with their response to the pandemic. SHIP's unique, locally based structure allowed it to seamlessly pivot in its work at the community level. It has engaged with local emergency operations centers, helped staff community hotlines and coordinated emergency food response initiatives. SHIP has also continued in its mission to create and support opportunities for Minnesotans to stay physically active, eat healthy, reduce commercial tobacco use, stay mentally strong, and reduce inequities while staying safe during the pandemic. Since 2019, SHIP has partnered with 3,053 community organizations, schools, businesses, childcare facilities, and health care organizations.¹

SHIP Partner Sites: August 31, 2019 - October 1, 2021



¹ A complete listing of partner sites by strategy and local public health agency can be found in the appendix.

Using proven strategies to improve health

Recognizing that good health is created where Minnesotans live, work, learn, and play, SHIP focuses on proven and sustainable chronic disease prevention strategies and on community solutions that provide opportunities for all people in Minnesota to be healthy, especially for people in communities that are facing the greatest health disparities.

SHIP works at the community level to make positive changes that expand opportunities for residents to eat healthier, be more active, live without the harms of commercial tobacco use and/or exposure to secondhand smoke, and experience positive mental, social and emotional health. This approach concentrates on changing policies and shaping the environments that make healthier choices practical and available to everyone.

"Thanks to SHIP, we've built in a referral system for prediabetic patients to become educated through the evidence-based DPP [Diabetes Prevention Program] and/or engage in sessions with our personal trainers and nutrition coach. We are grateful for the opportunity to impact so many lives and prevent them from becoming diabetic."

Natalie Knutson, Director of Wellness, Lake Region Healthcare

SHIP's approach aligns with the Institute of Medicine and the U.S. Centers for Disease Control and Prevention, which have called for bold, long-term approaches to addressing the underlying causes of chronic disease, recommending that communities encourage and create opportunities for good health. That approach also aligns with the strategic priorities of leading organizations in chronic diseases, including the American Heart Association, the American Cancer Society, and Healthy People 2020, to name a few.

Monitoring and evaluations systems

To evaluate SHIP, MDH focuses on three key evaluation questions to assess its impact. Those include:

- Process evaluation: What is the breadth and scope of SHIP activities?
- Outcome evaluation: What is the extent of SHIP's policy, system and environmental (PSE) change work?
- Impact evaluation: To what extent does SHIP increase Minnesotans' access to healthy foods, opportunities for active living, and reduce commercial tobacco use, and how has SHIP has been able to positively impact the factors that lead to preventable chronic diseases?

To better understand the reach of SHIP's activities, MDH SHIP evaluation manages a system to track activities and partner sites. The evaluation team also manages a database of the type and number of Policy, System and Environmental (PSE) changes to better understand implementation. Focused evaluation studies or "deep dives" are conducted to better understand specific PSE changes and changes in health behaviors.

MDH SHIP's goal is to implement strategies and activities that will have the greatest impact and improve the lives of all Minnesotans. In the 2018 Legislative Session, the SHIP statute was amended to add evidence-based standards for all grant activities, with the goal of ensuring that Minnesotans' tax dollars support evidence-based programs. The categories of evidence SHIP uses are consistent with Minnesota's Results First Initiative and definitions of evidence as defined in Minnesota Statutes 2019, section 145.986, subdivision 1a. Those are:

Proven Effective (Evidence-based). A Proven Effective service or practice offers a high level of research on effectiveness for at least one outcome of interest. This is determined through multiple qualifying evaluations outside of Minnesota or one or more qualifying local evaluations.

Promising (Evidence-based). A Promising service or practice has some research demonstrating effectiveness for at least one outcome of interest. This may be a single qualifying evaluation that is not contradicted by other such studies but does not meet the full criteria for the Proven Effective designation.

Theory-based. A Theory-based service or practice has either no research on effectiveness or research designs that do not meet the above standards. These services and practices may have a well-constructed logic model or theory of change. This ranking is neutral. Services may move up to Promising or Proven Effective after research reveals their causal impact on measured outcomes.

For 2020-2021, SHIP worked with partners to address community needs through engaging in work on over 1,000 activities. The vast majority of those activities (86%) have been rated as either proven effective or promising.

SHIP meets Minnesota Results First Standards 2020-2021

86% of SHIP rated activities were evidence-based, rated either proven effective or promising.

An additional 14% of SHIP activities were theory-based.

SHIP is also engaged in planning activities.

Positive and significant impacts

Since it became operational in 2010, SHIP has worked to reduce commercial tobacco use and exposure, to increase access to healthy and affordable foods, to create more opportunities for safe physical activity, to improve emotional and mental well-being among residents of all ages, and to overcome the factors that lead to significant health inequities for many Minnesotans. In doing so, SHIP has been able to positively impact the factors that lead to preventable chronic diseases.

Local SHIP projects have worked to expand and establish farmers markets; increase physical activity and healthy eating opportunities in schools; worked with employers to implement worksite wellness initiatives; assisted communities in making their towns and cities more walkable and bikeable; partnered with child care providers to increase physical activity for babies and toddlers; implemented activities to improve well-being and reduce disparities; partnered with Tribes to implement traditionally based agricultural, medicinal and community garden programs; assisted cities and counties with implementing policies to raise the minimum tobacco sales age to 21; partnered with schools to address the youth vaping epidemic; and worked with rental housing managers to protect residents from the dangers of commercial tobacco smoke.

"In its focus on the factors that lead to preventable diseases, including heart disease and stroke, SHIP is a smart investment in the lives of Minnesotans that will pay long-term dividends in better and more equitable health."

—Justin Bell, Vice President of Health Strategies, American Heart Association

The result of this work has been a significant SHIP-based contribution to the savings of hundreds of millions of dollars in health care costs for Minnesota since 2011. These savings have occurred in spite of aggressive, ongoing marketing campaigns by the commercial tobacco industry, which spends over \$100 million annually marketing in Minnesota, and the sugary drink industry, which spends over \$1 billion annually in marketing in the United States.

Helping Minnesotans live commercial tobacco-free lives

Thanks to effective, evidence-based state policies, such as clean indoor air policies and policies that raise the price of cigarettes—discouraging youth from starting and adults to quit—Minnesota's smoking rates are the lowest ever recorded. SHIP commercial tobacco work has helped contribute to a significant decrease in current smoking among adults from 2018 (15.1%) to 2020 (13.8%). In addition, SHIP supported Tobacco 21 policies led to less tobacco use among adolescents living in areas with a Tobacco 21 policy compared to those living in areas without a policy.

Nonetheless, commercial tobacco use still kills over 6,300 Minnesotans every year and costs Minnesota \$3.2 billion annually in medical costs. In addition, more kids are using new and flavored nicotine products, like electronic cigarettes, and many populations in Minnesota still use commercial tobacco at significantly higher rates than the general population.

To help combat commercial tobacco use, with the support of SHIP, Minnesota communities are:

- Reducing youth access to commercial tobacco.
- Reducing secondhand smoke exposure.
- Increasing access to cessation resources for commercial tobacco and nicotine.
- Addressing commercial tobacco-related disparities.

Snapshot of SHIP commercial tobacco use reduction impacts

Working on implementing smoke-free policies at 488 properties, reducing exposure to secondhand smoke for over 134,000 Minnesotans

Partnered with 221 schools to help over 131,000 students stop smoking or prevent them from starting, through cessation resources (such as My Life, My Quit), commercial tobacco prevention curriculums, or adopting a comprehensive policy.

Worked with community leaders to implement 29 policies that change where and how commercial tobacco products are sold, thereby reducing access to addictive tobacco and nicotine products to over 1,275,000 Minnesotans.

Expanding access to healthy, affordable foods for Minnesotans

What Minnesotans eat has a direct effect on their health and well-being. People who eat a healthy diet that is rich in fruits and vegetables are at lower risk for type 2 diabetes, heart disease, stroke, tooth decay and some cancers. Healthy eating also helps control weight, lower blood pressure, increase energy levels, strengthen bones and improve brain function. Unfortunately, too many Minnesotans cannot find fresh fruits and vegetables near their homes, or what they can find is limited and expensive.

SHIP is working in Minnesota communities to:

- Increase access to fresh fruits and vegetables at farmers markets, local corner stores, emergency food programs, mobile markets and other food retailers.
- Expand the availability of healthier foods and increasing access at schools and child care facilities.
- Support new moms so it's easier for them to breastfeed after they return to work or school.

Snapshot of SHIP healthy eating impacts

Farm to School efforts at 198 schools are purchasing and serving locally grown foods to over 121,982 Minnesota students

SHIP partnered with 600 schools to increase access to healthy food serving over 237,818 Minnesota students

Communities are operating 142 SHIP-supported farmers markets, increasing access to fresh fruits and vegetables for over 740,000 Minnesotans

Communities are using 184 SHIP-supported emergency food organizations, such as food shelves, increasing access to food for over 1 million Minnesotans.

SHIP partnered with 118 food retail outlets, supporting access to healthy food and beverages for over 1.3 million Minnesotans.

SHIP partnered with over 40 child care providers to support healthy eating, serving over 1,000 children.

Increasing opportunities for Minnesotans to become and stay physically active

Regular physical activity helps improve the overall health of Minnesotans while reducing their risk for heart disease, stroke, type 2 diabetes, depression and cancer. Other benefits of regular physical activity include improved mood, increased energy levels, better sleep, and strengthened bones and muscles. SHIP is working in communities to make it easier and safer for Minnesotans of all ages to improve their health by being physically active. A full 97% of communities that SHIP has partnered with for five years or more have increased physical activity opportunities at the local level.

SHIP is working at the community level to:

- Expand the Walk! Bike! Fun! Pedestrian and Bicycle Safety Curriculum in schools.
- Implement and expand Safe Routes to School Programs.
- Create safer and more accessible places and spaces for residents to walk and bike.
- Implement active school initiatives to increase the time students are physically active.
- Create physical activity programs in childcare settings.

Snapshot of SHIP active living impacts

Working with 34 local public health partners, resulted in over 172,000 students in 333 schools being reached through safe routes to schools.

Since 2019, SHIP and local public health worked with 294 community partners on increasing access to walking and bicycling facilities to make it easier for Minnesotans to be active where they live, work, and play.

Since 2019, SHIP has supported comprehensive and master planning efforts in 99 communities, leading to changes that positively impact active living for 1.5 million Minnesotans.

SHIP partnered with over 50 child care providers to support physical activity, serving over 1,300 children.

Advancing health equity among Tribal Nations

The Tribal SHIP Program provides opportunities for Tribal Nations in Minnesota to actualize culturally driven healthy eating and active living efforts tailored to their communities. Tribes throughout Minnesota are improving the health of their communities by elevating cultural wisdom and initiating intergenerational engagement through integration of traditional Indigenous lifeways.

Colonization and cultural genocide of Indigenous peoples in the United States devastated traditional systems that naturally fostered physical activity, healthy diet, and spiritual connection with the land. Tribal health advocacy is most effective when done in such a way that indigenous social determinants of health and indigenous cultural and economic disparities are seriously considered, and all action acknowledges and strengthens tribal sovereignty and self-determination. Addressing and overcoming the obstacles faced by Native communities will require time, self-empowerment, increased capacity, resources, and refocusing on Native values and cultural practices. Tribal communities have long known that reclaiming cultural values and integrating cultural practices into health equity work is chronic disease prevention. The Tribal SHIP Program recognizes these important attributes and is constructing a new narrative around health with an understanding that health equity is achieved in the community by people working together to create just conditions that promote health.

The Tribal SHIP Program is:

- Empowering the community to support healthy lifestyle choices and allowing spaces for healing from the impacts of historical trauma.
- Building community specific bases of evidence that are built and fostered by the community.
- Actively changing the culture of health within tribal communities by enacting culturally appropriate
 and community-specific strategies to increase access to healthy, indigenous foods, by integrating
 them into community outlets and increasing local agriculture and food production.
- Improving indoor and outdoor environmental supports for physical activity and increasing availability of and access to physical activity.
- Ensuring the built environment is conducive to healthy behaviors and establishing health policies and wellness committees, as well as other initiatives.
- Providing tribal communities opportunities to implement PSE changes within their communities.
 Some of the changes that are being implemented are: healthy foods policies for meetings/events, support for breastfeeding areas/policies, community walking/biking paths that incorporate

Indigenous language, information on local landmarks and indigenous foods, community medicinal and Indigenous food gardens, building community kitchens to hold educational classes, among others.

Creating wellness in Minnesota's workplaces

Because adults spend so much of the day at work, policies and efforts that support employee wellness can play a big role in keeping workers healthy and preventing chronic diseases like diabetes and heart disease. Healthy, motivated employees are also important to a workplace and a company's bottom line. U.S. employers lose tens of billions of dollars in health care and productivity costs due to preventable chronic diseases.

"The unique partnerships that [SHIP] helps create between individual businesses and public health brings benefits to employers and employees alike through strategies to improve employee health, enhance job satisfaction and increase workplace productivity. SHIP's workplace wellness efforts also result in lower health care costs by helping to reduce employee-related health care expenditures."

—Jonathan Weinhagen, President and CEO of the Minneapolis Regional Chamber of Commerce

With the help of SHIP, more and more employers across Minnesota are seeing the benefits of establishing efforts that make healthy options possible at work. Workplace wellness can help build a healthy culture that has benefits for the employer and the employee, including increased job performance, better employee engagement, job satisfaction, better customer service and employee retention. A 2018 survey found that 92% of SHIP workplaces indicated that their wellness program efforts have positively advanced due to SHIP.

With the support of SHIP, Minnesota businesses are:

- Implementing sustainable workplace wellness initiatives that have workable and easy-to-implement tools and resources.
- Adding healthy food options on-site and at company functions.
- Creating workplace support for breastfeeding.
- Helping employers strengthen policies to support employees to stop their commercial tobacco use.
- Creating opportunities for employees to get more physical activity and to manage stress during the workday.

Snapshot of SHIP workplace wellness impacts

SHIP staff provided technical assistance to 253 workplaces to increase access to breastfeeding for over 38,600 Minnesota employees

41 local public health partners worked with 367 employers to increase access to healthy foods and beverages to over 66,000 employees, such as providing healthier vending and supporting guidelines that encourage selecting catering contracts with healthy food and beverage options.

Over 320 employees are supporting over 63,000 employees to be more physically active throughout the work day through creating policies that support breaks and flexible schedules, allowing the employees to be more physically active

Supporting well-being efforts statewide

Well-being is important to health because it integrates mental health and physical health, resulting in more comprehensive approaches to disease prevention and health promotion. SHIP recognizes that an individual's lived experiences, as well as the built and natural environment that surround them, have a profound impact on their well-being. Working in partnership with communities throughout the state, SHIP is investing in opportunities to create equitable, healthy and positive conditions that promote well-being and resiliency for all Minnesotans.

SHIP's community-based well-being work has included:

- Assessing the well-being needs of communities through surveys and focus groups.
- Implementing school-based social and emotional learning programs.
- Training mental health workers on adverse childhood experiences.
- Supporting ongoing mental health efforts currently happening in communities.
- Reducing mental health stigma.
- Supporting workplaces to build skills among managers to create a supportive environment around the mental health of employees and develop policies and systems that address mental health stigma.
- Implementing school-based social and emotional learning programs and train staff to establish trauma-informed schools.
- Supporting health care settings to implement the Healthy Brain Initiative and assess food and housing insecurity for clients.

Snapshot of SHIP well-being impacts

326 employers have been working on implementing workplace wellness initiatives reaching more than 58,000 Minnesota employees

Since 2020, 96 schools worked on implementing social and emotional learning programs, supporting the well-being of 92,472 Minnesotan students

Providing support for Minnesota communities challenged by the COVID-19 pandemic

SHIP has long worked to reduce the root causes of health conditions that put Minnesotans at increased risk for negative outcomes associated with COVID-19 and other diseases. In addition to that ongoing work, because of how it is structured and the manner in which it operates, SHIP was uniquely positioned to seamlessly adjust its work to support communities facing health-related challenges associated with the COVID-19 pandemic. At the request of local public health agencies throughout Minnesota, SHIP received the authorization to assist communities with their response to the pandemic. The community partnerships that SHIP has built at the local level for its work in healthy eating, active living, commercial tobacco reduction and well-being were readily available to allow the partnerships to work on community-based planning, preparation and response to the pandemic. That work not only provided vitally needed assistance to help communities to respond to the pandemic, it continued to support SHIP's mission of increased access to healthy foods, safe opportunities for physical activity and access to mental well-being services.

"Through this [SHIP] partnership we were able to bridge a gap caused by the COVID-19 pandemic and help create food access for all because we want everyone to have food on their tables."

—Mary Hernandez, Co-Founder of Esperanza and Community Project Director of Scott, Carver, Dakota CAP Agency

One example of this work took place in Carver County, where SHIP started a monthly food distribution effort to provide healthy and nutritious food to local residents facing challenges putting food on their tables due to the COVID-19 pandemic. This effort served more than 4,500 households/families and more than 16,000 individuals. The contact-free food distribution system was organized and implemented by more than 15 organizations, including cities, churches, and local law enforcement agencies. As part of the effort, a food delivery process for seniors and people living in isolation was also organized. Area residents were provided with a variety of healthy foods, including fresh produce, dairy, and nonperishable goods. Many events ran out of food quickly, demonstrating the widespread need for food created by the pandemic and related job losses.

SHIP projects throughout Minnesota have engaged in a wide range of pandemic-related work, often in conjunction with their ongoing work—work that will ultimately help to reduce health impacts of future pandemics. That work has included:

- Coordinating free food distribution efforts for those impacted by the pandemic.
- Promoting the availability of mental health and suicide prevention resources within communities.
- Striving to improve overall equitable health outcomes for Minnesotans amid the COVID-19 pandemic, as well as for the long term.
- Promoting the availability of commercial tobacco cessation resources for smokers and former smokers dealing with pandemic-related stress.
- Coordinating food delivery efforts for vulnerable and isolated Minnesotans, including seniors.
- Providing community-based and culturally relevant information on how to prevent COVID-19 transmission.
- Giving support to schools to adjust their meal preparation and distribution services.

Appendix

Number of partner sites for Minnesota by strategy

Overall number of partner sites

2019-2020	2020-2021	Overall (2019-2021)
2,354	2,196	3,053

Partner sites in the community

	2019-2020	2020-2021	Overall (2019-2021)
Reducing Commercial Tobacco Use	388	399	614
Increasing Opportunities for Healthy Eating	472	394	599
Increasing Opportunities for Active Living	281	319	413

Partner sites in specific settings

These settings are increasing opportunities for healthy eating and active living and reducing commercial tobacco use

	2019-2020	2020-2021	Overall (2019-2021)
Child Care Facilities	44	54	82
Health Care Facilities and Community Organizations	175	136	217
Schools	754	740	926
Workplaces	1,428	488	766

Number of partner sites by local public health, strategy, and setting²

Anoka County

Strategy	Number of Partner Sites
Reducing Commercial Tobacco Use	15
Increasing Opportunities for Healthy Eating	38
Increasing Opportunities for Active Living	24

² These settings are increasing opportunities for health eating and active living and reducing commercial tobacco use.

Number of partner sites in specific settings

Setting	Number of Partner Sites
Child Care Facilities	2
Health Care Facilities and Community Organizations	22
Schools	39
Workplaces	13

Website: Anoka County: Statewide Health Improvement Partnership (SHIP) (https://www.anokacounty.us/2233/SHIP)

Benton County

Number of partner sites in the community

Strategy	Number of Partner Sites
Reducing Commercial Tobacco Use	1
Increasing Opportunities for Healthy Eating	3
Increasing Opportunities for Active Living	4

Number of partner sites in specific settings

Setting	Number of Partner Sites
Child Care Facilities	17
Health Care Facilities and Community Organizations	1
Schools	3
Workplaces	16

Website: Benton County: Statewide Health Improvement Partnership (SHIP) (https://www.co.benton.mn.us/354/Statewide-Health-Improvement-Partnership)

BE WELL (Blue Earth County)

Number of partner sites in the community

Strategy	Number of Partner Sites
Reducing Commercial Tobacco Use	1
Increasing Opportunities for Healthy Eating	4
Increasing Opportunities for Active Living	3

Number of partner sites in specific settings

Setting	Number of Partner Sites
Health Care Facilities and Community Organizations	3
Schools	7
Workplaces	33

Website: Blue Earth County: BE WELL: Health Care (https://www.blueearthcountymn.gov/1153/BE-WELL-Health-Care)

Bloomington, Edina, Richfield

Number of partner sites in the community

Strategy	Number of Partner Sites
Reducing Commercial Tobacco Use	10
Increasing Opportunities for Healthy Eating	4
Increasing Opportunities for Active Living	4

Number of partner sites in specific settings

Child Care Facilities	1
Health Care Facilities and Community Organizations	4
Schools	4
Workplaces	3

Website: <u>BloomingtoMN.gov: Partnerships for Health Communities</u> (https://www.bloomingtonmn.gov/ph/partnerships-healthy-communities)

Cass County Community Health Board

Number of partner sites in the community

Strategy	Number of Partner Sites
Reducing Commercial Tobacco Use	5
Increasing Opportunities for Healthy Eating	11
Increasing Opportunities for Active Living	4

Number of partner sites in specific settings

Setting	Number of Partner Sites
Health Care Facilities and Community Organizations	5
Schools	7
Workplaces	5

Website: Cass County: LiveHealthy (http://www.co.cass.mn.us/livehealthy/)

Carver County Statewide Health Improvement Program

Strategy	Number of Partner Sites
Reducing Commercial Tobacco Use	1
Increasing Opportunities for Healthy Eating	15
Increasing Opportunities for Active Living	5

Number of partner sites in specific settings

Setting	Number of Partner Sites
Child Care Facilities	2
Health Care Facilities and Community Organizations	9
Schools	23
Workplaces	10

Website: Carver County Minnesota: Statewide Health Improvement Partnership (https://www.co.carver.mn.us/departments/health-human-services/public-health/programs/statewide-health-improvement-partnership)

Chisago County

Number of partner sites in the community

Strategy	Number of Partner Sites
Increasing Opportunities for Healthy Eating	17
Increasing Opportunities for Active Living	15

Number of partner sites in specific settings

Setting	Number of Partner Sites
Health Care Facilities and Community Organizations	3
Schools	19
Workplaces	4

Website: Chisago County Minnesota: Community Health: Statewide Health Improvement Partnership (SHIP) https://www.chisagocountymn.gov/1070/Community-Health

Countryside Public Health (Big Stone, Chippewa, Lac Qui Parle, Swift, Yellow Medicine)

Number of partner sites in the community

Strategy	Number of Partner Sites
Reducing Commercial Tobacco Use	9
Increasing Opportunities for Healthy Eating	30
Increasing Opportunities for Active Living	27

Number of partner sites in specific settings

Setting	Number of Partner Sites
Child Care Facilities	1
Health Care Facilities and Community Organizations	5
Schools	23
Workplaces	29

Website: Countryside Public Health (https://www.countrysidepublichealth.org/ship-2)

Crow Wing Energized

Number of partner sites in the community

Strategy	Number of Partner Sites
Reducing Commercial Tobacco Use	2
Increasing Opportunities for Healthy Eating	10
Increasing Opportunities for Active Living	4

Number of partner sites in specific settings

Setting	Number of Partner Sites
Health Care Facilities and Community Organizations	6
Schools	14
Workplaces	11

Website: Crow Wing Energized (https://crowwingenergized.org/)

Dakota County

Number of partner sites in the community

Strategy	Number of Partner Sites
Reducing Commercial Tobacco Use	16
Increasing Opportunities for Healthy Eating	17
Increasing Opportunities for Active Living	8

Number of partner sites in specific settings

Setting	Number of Partner Sites
Child Care Facilities	3
Health Care Facilities and Community Organizations	3
Schools	54
Workplaces	16

Website: <u>Dakota County: Statewide Health Improvement Partnership</u> (https://www.co.dakota.mn.us/Government/publiccommittees/SHIP/Pages/default.aspx)

Des Moines Valley Health and Human Services (Cottonwood & Jackson Counties)

Strategy	Number of Partner Sites
Reducing Commercial Tobacco Use	17
Increasing Opportunities for Healthy Eating	17
Increasing Opportunities for Active Living	12

Number of partner sites in specific settings

Setting	Number of Partner Sites
Health Care Facilities and Community Organizations	15
Schools	14
Workplaces	23

Website: Des Moines Valley Health and Human Services (https://www.dvhhs.org)

Dodge-Steele Community Health Board

Number of partner sites in the community

Strategy	Number of Partner Sites
Reducing Commercial Tobacco Use	3
Increasing Opportunities for Healthy Eating	6
Increasing Opportunities for Active Living	5

Number of partner sites in specific settings

Setting	Number of Partner Sites
Child Care Facilities	1
Health Care Facilities and Community Organizations	1
Schools	12
Workplaces	21

Websites:

- <u>Steele County: SHIP</u>
 (https://www.steelecountymn.gov/divisions/community_services/public_health/SHIP.php)
- Dodge County: Public Health (https://www.co.dodge.mn.us/departments/public health.php)

Fillmore-Houston Counties

Number of partner sites in the community

Strategy	Number of Partner Sites
Reducing Commercial Tobacco Use	4
Increasing Opportunities for Healthy Eating	12
Increasing Opportunities for Active Living	14

Number of partner sites in specific settings

Setting	Number of Partner Sites
Child Care Facilities	4
Health Care Facilities and Community Organizations	3
Schools	27
Workplaces	5

Websites:

- <u>Fillmore County: Public Health</u>
 (https://www.co.fillmore.mn.us/departments/community_services/public_health/index.php)
- Houston County: Public Health (https://www.co.houston.mn.us/departments/public-health/)

Freeborn County

Number of partner sites in the community

Strategy	Number of Partner Sites
Reducing Commercial Tobacco Use	51
Increasing Opportunities for Healthy Eating	19
Increasing Opportunities for Active Living	22

Number of partner sites in specific settings

Setting	Number of Partner Sites
Health Care Facilities and Community Organizations	4
Schools	19
Workplaces	41

Website: Freeborn County: Statewide Health Improvement Partnership (SHIP) (https://www.co.freeborn.mn.us/346/Statewide-Health-Improvement-Program-SHI)

Faribault, Martin, Watonwan SHIP

Number of partner sites in the community

Strategy	Number of Partner Sites
Reducing Commercial Tobacco Use	1
Increasing Opportunities for Healthy Eating	8
Increasing Opportunities for Active Living	6

Number of partner sites in specific settings

Setting	Number of Partner Sites
Health Care Facilities and Community Organizations	1
Schools	17
Workplaces	19

Website: <u>Watonwan County: Statewide Health Improvement Partnership</u> (https://www.co.watonwan.mn.us/443/Statewide-Health-Improvement-Partnership)

Healthy Northland (Aitkin, Itasca, Koochiching, Carlton, Cook, Lake, and St. Louis Counties)

Number of partner sites in the community

Strategy	Number of Partner Sites
Reducing Commercial Tobacco Use	30
Increasing Opportunities for Healthy Eating	44
Increasing Opportunities for Active Living	28

Number of partner sites in specific settings

Setting	Number of Partner Sites
Child Care Facilities	2
Health Care Facilities and Community Organizations	23
Schools	52
Workplaces	31

Website: Healthy Northland: Statewide Health Improvement Partnership (https://healthynorthland.org)

Hennepin County

Number of partner sites in the community

Strategy	Number of Partner Sites
Reducing Commercial Tobacco Use	42
Increasing Opportunities for Healthy Eating	23
Increasing Opportunities for Active Living	22

Number of partner sites in specific settings

Setting	Number of Partner Sites
Health Care Facilities and Community Organizations	12
Schools	90
Workplaces	36

Website: Hennepin County: Public Health (https://www.hennepin.us/publichealth)

Horizon SHIP (Douglas, Grant, Pope, Stevens and Traverse Counties)

Strategy	Number of Partner Sites
Reducing Commercial Tobacco Use	2
Increasing Opportunities for Healthy Eating	17
Increasing Opportunities for Active Living	6

Number of partner sites in specific settings

Setting	Number of Partner Sites
Health Care Facilities and Community Organizations	2
Schools	15
Workplaces	14

Website: Horizon Public Health: Statewide Health Improvement Partnership (SHIP) (https://horizonpublichealth.org/services/healthy-lifestyles/ship/)

Healthy Together (Brown, Nicollet, Le Sueur and Waseca Counties)

Number of partner sites in the community

Strategy	Number of Partner Sites
Reducing Commercial Tobacco Use	1
Increasing Opportunities for Healthy Eating	10
Increasing Opportunities for Active Living	5

Number of partner sites in specific settings

Setting	Number of Partner Sites
Health Care Facilities and Community Organizations	6
Schools	23
Workplaces	9

Website: Facebook: SHIP – Brown, Nicollet, Le Sueur and Waseca Counties (https://www.facebook.com/BNLWSHIP/)

Kandiyohi-Renville Counties

Number of partner sites in the community

Strategy	Number of Partner Sites
Reducing Commercial Tobacco Use	2
Increasing Opportunities for Healthy Eating	18
Increasing Opportunities for Active Living	13

Number of partner sites in specific settings

Setting	Number of Partner Sites
Health Care Facilities and Community Organizations	4
Schools	4
Workplaces	8

Websites:

- Kandiyohi County: Statewide Health Improvement Partnership
 (https://www.kcmn.us/departments/public health/health promotion.php)
- Rennville County: SHIP Statewide Health Improvement Partnership
 (https://www.renvillecountymn.com/departments/public health/healthy living/ship.php)

Live Well Goodhue County

Number of partner sites in the community

Strategy	Number of Partner Sites
Reducing Commercial Tobacco Use	4
Increasing Opportunities for Healthy Eating	8
Increasing Opportunities for Active Living	6

Number of partner sites in specific settings

Setting	Number of Partner Sites
Health Care Facilities and Community Organizations	3
Schools	10
Workplaces	8

Website: Goodhue County: Our Mission (https://www.co.goodhue.mn.us/1309/About-Live-Well-Goodhue-County)

Minneapolis Health Department

Number of partner sites in the community

Strategy	Number of Partner Sites
Reducing Commercial Tobacco Use	182
Increasing Opportunities for Healthy Eating	37
Increasing Opportunities for Active Living	37

Number of partner sites in specific settings

Setting	Number of Partner Sites
Health Care Facilities and Community Organizations	4
Schools	26
Workplaces	30

Website: Minneapolis Health Department

(https://www2.minneapolismn.gov/government/departments/health/)

Meeker-McLeod-Sibley Community Health Services

Number of partner sites in the community

Strategy	Number of Partner Sites
Reducing Commercial Tobacco Use	2
Increasing Opportunities for Healthy Eating	8
Increasing Opportunities for Active Living	6

Number of partner sites in specific settings

Setting	Number of Partner Sites
Schools	7
Workplaces	2

Website: Meeker McLeod Sibley: Statewide Health Improvement Partnership (https://mmspublichealth.org/programs-services/healthy-choices-healthy-behavior/statewide-health-improvement-program/)

Morrison-Todd-Wadena CHB

Number of partner sites in the community

Strategy	Number of Partner Sites
Reducing Commercial Tobacco Use	8
Increasing Opportunities for Healthy Eating	12

Number of partner sites in specific settings

Setting	Number of Partner Sites
Health Care Facilities and Community Organizations	4
Schools	23
Workplaces	4

Website: <u>Morrison County: Community Health (https://www.co.morrison.mn.us/287/Community-Health)</u>

North Country CHB

Number of partner sites in the community

Strategy	Number of Partner Sites
Reducing Commercial Tobacco Use	3
Increasing Opportunities for Healthy Eating	2

Number of partner sites in specific settings

Setting	Number of Partner Sites
Health Care Facilities and Community Organizations	4
Schools	22
Workplaces	12

Website: North Country Health Alliance (http://www.ncchb.org/ship)

Olmsted SHIP

Strategy	Number of Partner Sites
Increasing Opportunities for Healthy Eating	12
Increasing Opportunities for Active Living	12

Number of partner sites in specific settings

Setting	Number of Partner Sites
Child Care Facilities	6
Health Care Facilities and Community Organizations	7
Schools	23
Workplaces	15

Website: Olmsted County: Statewide Health Improvement Partnership (SHIP)
(https://www.olmstedcounty.gov/government/county-departments/public-health-services/ship)

PartnerSHIP 4 Health

Number of partner sites in the community

Strategy	Number of Partner Sites
Reducing Commercial Tobacco Use	6
Increasing Opportunities for Healthy Eating	37
Increasing Opportunities for Active Living	33

Number of partner sites in specific settings

Setting	Number of Partner Sites
Health Care Facilities and Community Organizations	2
Schools	76
Workplaces	107

Website: PartnerSHIP 4 Health (https://partnership4health.org)

Partners in Healthy Living (Istanti, Kanabec, Mille Lacs, and Pine Counties)

Number of partner sites in the community

Strategy	Number of Partner Sites
Reducing Commercial Tobacco Use	6
Increasing Opportunities for Healthy Eating	6
Increasing Opportunities for Active Living	2

Number of partner sites in specific settings

Setting	Number of Partner Sites
Health Care Facilities and Community Organizations	2
Schools	20
Workplaces	20

Website: <u>Partners in Healthy Living: A Statewide Health Improvement Partnership (https://partnersinhealthyliving.us)</u>

Polk-Norman-Mahnomen Community Health Board

Number of partner sites in the community

Strategy	Number of Partner Sites
Reducing Commercial Tobacco Use	6
Increasing Opportunities for Healthy Eating	2
Increasing Opportunities for Active Living	2

Number of partner sites in specific settings

Setting	Number of Partner Sites
Health Care Facilities and Community Organizations	3
Schools	11
Workplaces	5

Websites:

- Polk County: Statewide Health Improvement Partnership (SHIP)
 (https://www.co.polk.mn.us/244/Statewide-Health-Improvement-Partnership)
- Mahnomen County: Norman-Mahnomen Public Health (https://co.mahnomen.mn.us/index.asp?SEC=118F9B96-3C80-4532-9EA4-C19DBECD4702)

Rice County

Number of partner sites in the community

Strategy	Number of Partner Sites
Reducing Commercial Tobacco Use	2
Increasing Opportunities for Healthy Eating	6
Increasing Opportunities for Active Living	4

Number of partner sites in specific settings

Setting	Number of Partner Sites
Child Care Facilities	1
Health Care Facilities and Community Organizations	5
Schools	14
Workplaces	12

Website: Rice County: Statewide Health Improvement Partnership (SHIP) (https://www.co.rice.mn.us/294/Statewide-Health-Improvement-Partnership)

Sherburne County

Strategy	Number of Partner Sites
Reducing Commercial Tobacco Use	4
Increasing Opportunities for Healthy Eating	4
Increasing Opportunities for Active Living	4

Number of partner sites in specific settings

Setting	Number of Partner Sites
Child Care Facilities	6
Health Care Facilities and Community Organizations	2
Schools	13
Workplaces	9

Website: Sherburn County: Statewide Health Improvement Partnership (SHIP) (https://www.co.sherburne.mn.us/457/State-Health-Improvement-Partnership)

Saint Paul-Ramsey County Public Health

Number of partner sites in the community

Strategy	Number of Partner Sites
Reducing Commercial Tobacco Use	93
Increasing Opportunities for Healthy Eating	45
Increasing Opportunities for Active Living	20

Number of partner sites in specific settings

Setting	Number of Partner Sites
Child Care Facilities	1
Health Care Facilities and Community Organizations	10
Schools	69
Workplaces	34

Website: Ramsey County: Statewide Health Improvement Partnership (SHIP) (https://www.ramseycounty.us/residents/health-medical/public-health-initiatives/statewide-health-improvement-program-ship)

Southwest Health and Human Services (Lincoln, Lyon, Murray, Pipestone, Redwood, and Rock counties)

Number of partner sites in the community

Strategy	Number of Partner Sites
Reducing Commercial Tobacco Use	2
Increasing Opportunities for Healthy Eating	16
Increasing Opportunities for Active Living	9

Number of partner sites in specific settings

Setting	Number of Partner Sites
Health Care Facilities and Community Organizations	3
Schools	15
Workplaces	18

Website: <u>Southwest Health & Human Services:</u> A <u>Healthier Southwest – Statewide Health Improvement Partnership (SHIP) (https://swmhhs.com/public-health/statewide-health-improvement-program/)</u>

SHIP Mower County

Number of partner sites in the community

Strategy	Number of Partner Sites
Reducing Commercial Tobacco Use	3
Increasing Opportunities for Healthy Eating	7
Increasing Opportunities for Active Living	1

Number of partner sites in specific settings

Setting	Number of Partner Sites
Health Care Facilities and Community Organizations	2
Schools	5
Workplaces	6

Website: Mower County Health & Human Services (https://www.shipmowercounty.org/)

Quin County Community Health Service (Kittson, Marshall, Pennington, Red Lake, and Roseau Counties)

Number of partner sites in the community

Strategy	Number of Partner Sites
Reducing Commercial Tobacco Use	44
Increasing Opportunities for Healthy Eating	13
Increasing Opportunities for Active Living	6

Number of partner sites in specific settings

Setting	Number of Partner Sites
Child Care Facilities	9
Health Care Facilities and Community Organizations	4
Schools	18
Workplaces	23

Websites:

- Inter-County Nursing Services: SHIP 4.0 (https://www.intercountynursingservice.com/?page_id=18)
- Marshall County: Community Health Services
 (https://www.co.marshall.mn.us/departments/community health services/index.php)

Scott County Public Health

Strategy	Number of Partner Sites
Reducing Commercial Tobacco Use	3
Increasing Opportunities for Healthy Eating	15
Increasing Opportunities for Active Living	6

Number of partner sites in specific settings

Setting	Number of Partner Sites
Child Care Facilities	2
Health Care Facilities and Community Organizations	2
Schools	12
Workplaces	20

Website: <u>Scott County: SHIP Healthy Communities (https://www.co.scott.mn.us/402/Healthy-Communities)</u>

Stearns County

Number of partner sites in the community

Strategy	Number of Partner Sites
Reducing Commercial Tobacco Use	3
Increasing Opportunities for Healthy Eating	6
Increasing Opportunities for Active Living	5

Number of partner sites in specific settings

Setting	Number of Partner Sites
Health Care Facilities and Community Organizations	11
Schools	14
Workplaces	20

Website: <u>Stearns County: Healthy Communities Stearns County</u> (https://www.stearnscountymn.gov/315/Healthy-Communities-Stearns-County)

Wabasha County Public Health SHIP

Number of partner sites in the community

Strategy	Number of Partner Sites
Reducing Commercial Tobacco Use	2
Increasing Opportunities for Healthy Eating	17
Increasing Opportunities for Active Living	9

Number of partner sites in specific settings

Setting	Number of Partner Sites
Child Care Facilities	7
Health Care Facilities and Community Organizations	5
Schools	16
Workplaces	25

Website: Wabasha County Statewide Health Improvement Partnership (https://wabashacountyship.org/)

Washington County

Number of partner sites in the community

Strategy	Number of Partner Sites
Reducing Commercial Tobacco Use	28
Increasing Opportunities for Healthy Eating	10
Increasing Opportunities for Active Living	7

Number of partner sites in specific settings

Setting	Number of Partner Sites
Child Care Facilities	15
Health Care Facilities and Community Organizations	5
Schools	47
Workplaces	33

Website: Washington County (https://www.co.washington.mn.us/589/Living-Healthy-in-Washington-County)

Winona County Community Services

Number of partner sites in the community

Strategy	Number of Partner Sites
Increasing Opportunities for Healthy Eating	6
Increasing Opportunities for Active Living	8

Number of partner sites in specific settings

Setting	Number of Partner Sites
Child Care Facilities	1
Health Care Facilities and Community Organizations	1
Schools	8
Workplaces	8

Website: Winona County PartnerSHIP (http://winonacountypartnership.com/)

Wright County

Strategy	Number of Partner Sites
Increasing Opportunities for Healthy Eating	7
Increasing Opportunities for Active Living	5

Number of partner sites in specific settings

Setting	Number of Partner Sites
Child Care Facilities	1
Health Care Facilities and Community Organizations	6
Schools	11
Workplaces	8

Website: Wright County: Statewide Health Improvement Partnership (https://www.co.wright.mn.us/575/Statewide-Health-Improvement-Partnership)