

CRAFT Contract Objectives: 2019-2020 Mid-Year

Data collected during the period of 07/01/2019-12/31/2019

GRANTEE will satisfy the state legislative mandate appropriating dollars in the state general fund as a Fetal Alcohol Syndrome Grant to support nonprofit Fetal Alcohol Spectrum Disorders (FASD) outreach prevention programs in Olmsted County. This grant will be entitled “Olmsted County Project Community of Recovery Aiding Families in Transition (CRAFT) Program”. GRANTEE will also satisfy the goals and objectives and complete the tasks sent forth in the proposed workplan set forth, a copy of which is on file in the State office of the Department of Human Services (DHS), Alcohol & Drug Abuse Division (ADAD), 540 Cedar Street, Saint Paul, Minnesota 55155, and is incorporated into this agreement by reference. GRANTEE duties are the following:

- A. Develop a plan to provide comprehensive, gender-specific alcohol and drug abuse treatment services to high risk mothers (pregnant and parenting women suspected of or known to use or abuse alcohol or other drugs) and their families, specifically to those women who abuse alcohol and drugs during pregnancy or are at-risk for giving birth to a child with a Fetal Alcohol Spectrum Disorder (FASD) through the CRAFT Program which is centered on a supportive, multi-disciplinary case management team approach.

A. We provided women’s specific treatment support and recovery maintenance services for 58 clients during this period. Forty-one of these women were in the program at the start of this period and 17 women were admitted this period. These services were provided by the sub-contractor Dunatos.

- B. Implement an action team that represents agencies that provide services to the clients. The team will include representatives from social service agencies, child protection, public health, corrections, county financial services, chemical dependency treatment programs, Olmsted Medical Center and Mayo Clinic, Salvation Army and PAIR, children’s mental health, and the Father Project for Olmsted. Winona has Probation, Winona Health Services, GAL’s, Public Health, Child protection, U Of M extension office, County attorney office and Gunderson Hospital.

B. We have implemented a team of representatives from all of the above agencies. Meetings are held every other month for a total of 6 meetings per year per site. The action team met 3 times at each site this period. These services were provided by the sub-contractor Dunatos.

- a. Olmsted County Project Craft Program staff will complete individual care plans, developed by the multi-disciplinary team, for all 58 CRAFT participants (17 women who entered programming between 07/01/2019-12/31/19 completed one with case manager).

B.a. We completed individual care plans created by the multi-disciplinary team for 58 clients this period. These are reviewed at each home visits and adjusted according to client’s needs. These services were provided by the sub-contractor Dunatos.

- b. The team leader and multi-disciplinary team will assess immediate and ongoing needs of each participant at the time of admission and weekly throughout program participation. The assessment will evaluate the client’s needs for the following services: physical and mental health, individual and group counseling/support, financial management, job training and education, housing, emergency needs, and culturally-specific needs. Based on the individual assessment of needs, the multidisciplinary team will provide or refer women to the needed services throughout their treatment and at the time of discharge.

B.b. The grantee assessed the physical and mental health, individual and group counseling/support, financial management, job training and education, housing, emergency needs, and culturally-specific needs of 58 clients this period.

We referred to and/or ensured clients were receiving services from the following:

Olmsted County:

Financial Assistance-28 are receiving MFIP services and 4 were referred to this resource. 39 of the ladies are receiving medical assistance and 2 mothers were referred. 30 of the women are getting food assistance and four women were referred to this service. 2 Individuals utilized the MNSure navigator and 3 were referred to reach out to a navigator. 31 of the mothers are getting WIC services and 2 were referred to get signed up for services. 7 mothers utilized Workforce Development Center and 4 mothers were referred to their services.

Housing Resources:3 mothers are utilizing Three Rivers to meet their housing needs and one was referred to reach out to them for services. 2 mothers are using Energy Assistance programs, and 3 were encouraged to complete the paperwork needed for energy assistance. One family is using the Children Exchange program for clothing assistance. 13 women use channel one for food assistance and 1 was referred to their program. 7 mothers are utilizing Salvation Army Services to assist with housing, and 1 mother was referred to get on their waitlist. Two mothers used Dorothy Day house due to homelessness. One person was referred to Bear Creek sober housing, one person lived at gage East sober housing. One mother lived at the Cronin Home sober board and lodging, and two mothers were referred to their services. One mother receives help from Zumbro Valley housing. One mother was referred to use interfaith for housing resources, and another referral was made to the Bridges housing program, and three referrals were made to Olmsted County Housing Programs to sign up for housing opportunities. One mother utilizes LINK for homeless youth (under 24 years old). St. Vincent De Paul was utilized by one mother and 5 mothers were referred to their services. Lastly three families were referred to the Women Shelter for protection.

Family Services- 15 of the mothers have a Public Health nurse that comes into their home monthly and two mothers were referred to this program. Two families use Catholic Charities and two mothers were referred to use their services. One family uses Community Food Response and one person was referred the program. Five mothers were referred to use Legal Aid Services. Two mothers are utilizing Kathy Perry's individual parenting program. Three mothers utilized Birth Right, and one mother was referred to their services. One mother was referred to CARE services, and one mother was referred to baby steps. 5 mothers use the family access center for supervised Visits with their children and one person was referred to use that service. 7 mothers used Crisis Nursery for child care or respite care and five mothers were referred to their program. 6 mothers use Families First, and two mothers are in Parenting Classes through PAIRR. 31 mothers have utilized parenting classes at CRAFT and 27 mothers have utilized Public Health at CRAFT groups. 20 families are involved in child Protection cases in Olmsted county, one in Winona County, 1 in Wabasha County, 4 in Dodge County, one in goodhue, and two in other counties and mother is here for treatment. 6 mothers successfully completed all child protection requirements, and 14 mothers are using a voluntary Child Protection Service for extra support. One mother does have a Domestic Violence Social Worker.

Mental and Physical Health-8 mothers have a County Mental Health Worker, 1 has an ARMS worker, 6 mothers are receiving mental health services through Olmsted Medical Center, and 6 mothers are receiving mental health services through Mayo Clinic. Other local mental health providers for our families are Blue Stem (1), Psychological Consultants (2), Empower (27 ongoing, 6 referred), Jeff Clark (2), Zumbro Valley Mental Health (7), Common Ground (3), DBT (1), Serene Spirit (1), HRC (3), and a Cog Class through county probation(3). 23 families have a

primary care provider at Olmsted Medical Center, and 25 families have a primary care provider at Mayo Clinic. One mother utilizes Planned Parenthood. All families have a connection with a Dentist agency and some mothers were referred to schedule an appointment; Vallhala Dental(3), Apple Tree Dental(7 ongoing, 2 referrals), Rochester Community Dental (7 ongoing and 4 referrals), Free Clinic (2 ongoing, and 3 referrals), Northpoint Dental (1 referral), Lakeside Dentist (1), 5 other's ongoing.

Recovery-All 58 women are encouraged to attend community AA, NA, or Celebrate Recovery support groups. 4 women we served stayed at Pathway half way house. Outpatient services our women were engaged in were Empower (19 ongoing, 4 referred), Zumbro Valley (4 ongoing, and 1 referral), Odyssey(3 ongoing), Fountain Centers(1 ongoing), 1 person at Stage By Stage, 3 are using metro services, and 7 are utilizing Recovery is Happening Services. We have had several women who have required inpatient treatments five families were at Wellcome Manor, One person utilized Recovery Plus, one person went to Gables, 4 mothers who went to MN Teen Challenge, two mothers went to Recovery Hope, one mother went to Northstar and another mother went to the Heights. The sub-contractor, Dunatos, provided these referrals to clients to meet their ongoing needs. Many of our women are on Probation; 17 are in Olmsted County, 1 in Mower County, 2 in Dodge County, 1 in Goodhue County, 1 in Wabasha County, 1 in Steele County and 1 in Scott County. Two of our families are in Drug Court and one was referred but denied to no recent use.

Education- 4 families are using Hawthorn to further their Education and one mother was referred to go there. 1 mother is going to school at RCTC and three mothers were referred. 2 mothers are doing online schooling, and one mother is enrolled in the Jerimiah Program and 2 mothers were referred to their program.

Winona Referrals:

Financial Assistance: Six mothers are receiving MFIP, seven on Medical Assistance, and eleven on food assistance, seven mothers are on receiving WIC, five mothers are on energy assistance, seven mothers are on section 8 housing, seven mothers are working with the Workforce Center, one mother is receiving services through Catholic Charities, and one mother is getting help through the Crisis Nursery.

Mental and Physical Health: Two mothers are getting dental care at Dental Health of Winona, four mothers are getting it through Dental Health: Rochester, and one mother is getting dental care at Wabasha Dental Health. All of our women and children have a family physician; one family is going to Plainview Clinic, two families are going through Gunderson La Crosse, and twelve families are going through Winona Health. All of the mothers have had a mental health assessment completed within the last three years and updated when needed. However many of our mothers are still receiving mental health services currently; six mothers are at Hiawatha Valley, three mothers are at Common Ground Winona, Two mothers have a County Mental Health Worker and three of our mothers have ARMHS workers, and eight mothers are at EmpowerCTC Winona.

Recovery: All of our ladies are encouraged to participate in AA/NA/Celebrate Recovery meetings that supports their sobriety. Most of our ladies do participate in recovery meetings regularly. Some of our ladies are on probation; one mother is working with probation out of Wisconsin, one is in Olmsted County, three mothers are working with Winona County Corrections. Two of these mothers finished probation successfully while working with CRAFT. Many of our mothers received treatment services during this time; three mothers worked with Common Ground Winona, four mothers work with Hiawatha Valley, one mother works with EmpowerCTC Winona, one person works with metro in Rochester from Winona, and Winona Health is working with two mothers. One mother is enrolled in Treatment Court in Winona. Four of these mothers have completed Inpatient treatment service and successfully completed treatment.

Family Services: Two mothers are working with Child Protection Services and four mothers have successfully completed Child Protection recommendations. Two mothers are working with PSOP and one mother completed with PSOP after family needs were met. Seven mothers have utilized public health nurses within their home. Nine of the mothers enrolled in the Winona CRAFT Program have received Parenting Classes through the FCC program or the ECFE Program. **Education:** Lastly, we look at the education for the mothers in the Winona Program. One mother is currently taking classes at Middle School Nevada, two mothers are attending high school credits in Rochester MN, Three mothers are getting High School credits in Winona School District (and two graduated with their high school degree), and four mothers are working toward their GED, one mother is enrolled in a Tech School, and three mothers are working toward a degree, and one graduated from college while in CRAFT.

- c. Referrals will also be made to community action agencies and other human services, or whenever a referral will be necessary.

B.c. See section B.b. for referrals.

- d. Program's multidisciplinary team will ensure that the following are included in each participant's care plan; 1) therapeutic interventions and trauma services to address issues of relationships, emotional, sexual and physical abuse; 2) housing, financial management and job training/education.

B.d. We included in each participant's care plan therapeutic interventions, trauma services, housing, financial management, and job training/education on an as needed basis for 58 clients this period. Reference section B.b. for referrals. The sub-contractor, Dunatos, provided these referrals to clients to meet their ongoing needs.

- e. The case managers will ensure that all participating women have either received a mental health assessment prior to admission, or complete one if necessary during program participation. Need will be based on results from brief screening during intake and ongoing observation.

B.e. The grantee ensured that 58 clients received a mental health assessment, if necessary, either prior to admission or during program participation. Referrals to mental health providers were made if needed. Also, the grantee completed initial ASAM score ratings for 17 clients that were admitted, and concerns are addressed at weekly staff meetings by CRAFT and at EmpowerCTC's mental health meeting. These services were provided by the sub-contractor Dunatos.

- f. The Multidisciplinary Team (MT) will assess for and refer to professional support services including domestic violence programs, sexual assault, and crisis programs.

B.f. See section B.d.

- g. GRANTEE's MT will provide culturally and gender-specific supportive educational and recreational activities, and follow-up on referrals for assessments, treatment and activities.

B.g. All CRAFT activities are geared to address the needs of women with a history of substance abuse who are also pregnant and/or parenting.

- C. GRANTEE will reduce substance abuse among women in treatment and recovery who are either pregnant or have dependent children by providing culturally, gender-specific, comprehensive and coordinated case management services to meet participants basic needs, stabilize their family situation, improve their involvement in pre-treatment, treatment support and post-treatment recovery activities in order to maintain optimal health. GRANTEE will serve 45 women annually, participating in Project CRAFT Program for a minimum of six months to a maximum of twelve (6-12) months for non-pregnant women with dependent children; and a minimum of six months to a maximum of twelve (6-12) months after the birth for pregnant women.

C. See sections C.a. - C.n.

- a. GRANTEE's Olmsted County staff will visit with participants in their homes or in the office at a minimum of once a month to provide treatment support/recovery and maintenance service to all participants.

C.a. This period the multi-disciplinary team completed 31 home or office visits in July 30 in August, 31 in September, 38 in October, 31 in November, and 32 in December. This does not include other interactions that we may have with the clients outside of Home Visits and groups. This would include doctor visits, Care Planning Conferences, probation meetings, child protection meetings, ect. We also see these clients twice a week during our support groups. We offered 7 support groups in July, 9 in August, 7 in September, 19 in October, 7 in November, and 5 in December in Olmsted County. Mothers in Winona County had 5 groups in July, 4 groups in August, 4 groups in September, 5 groups in November, and 4 groups in December. These services were provided by the sub-contractor Dunatos.

- b. GRANTEE will provide referrals to mental health counseling service as required by client. Providers of mental health services will vary and be dependent on client needs and geographical location. Referrals will be made to the client's local Human Service Department if a mental health case manager is needed.

C.b. We assured that 58 clients had their mental health needs met by meeting with multidisciplinary teams weekly and discussing cases after meeting with clients each month. We referred for mental health assessments and treatment as needed. See section B.b. for referrals. These services were provided by the sub-contractor Dunatos.

- c. GRANTEE's case managers will administer urinary analyses to the clients at the time of their entry, at random points during their stay in the program and at the time of discharge.

C.c. We have conducted 249 Urinary Analysis Tests in the last six months either at groups, home visits, or individuals. Due to funding we have cut down on the amount of UA's that are completed with clients. Each client still gets one UA a month. All clients get a UA on their first group and each client that graduates have one the month of their graduation. We were unable to obtain urinary analyses on many of the clients who were discharged, due to loss of contact or lack of participation. These services were provided by the sub-contractor Dunatos.

- d. GRANTEE's case managers will aid communication between child welfare workers and substance abuse treatment providers;

- i. support clients in overcoming barriers to health care services by assisting with MA application process, transportation, setting appointments, choosing providers etc.;

C.d.i. We have provided assistance with the MA application process as well as transportation to, or assistance obtaining, health care services on an as needed basis for any clients in need of those services this period. These services were provided by the sub-contractor Dunatos.

- ii. assist client to meet basic needs, i.e. transportation, emergency financial assistance, food assistance, etc.;

C.d.ii. We have transported 22 clients to CRAFT group and/or professional services this period. We also provided gas vouchers to 31 clients, Walmart gift cards to 31 clients, and bus passes to 1 client for support activities this period. We have provided baby care necessities (diapers and wipes) to 30 clients this period. These services were provided by the sub-contractor Dunatos.

- iii. assist clients to obtain competent and dependable child care providers for their dependent children; and,

C.d.iii. See section C.e regarding assistance with childcare.

- iv. arrange for public transportation for health care, recreational and other services.

C.d.iv. We have provided bus passes to 1 clients to assist with public transportation this period. These services were provided by the sub-contractor Dunatos.

- e. The OCPCP's MT team will make referrals to Families First of Minnesota for women who are engaged in treatment services and do not have licensed childcare available, or provide assistance in accessing licensed childcare at no charge to allow the client to carry out their treatment plan of care and to facilitate the mothers' participation

C.e. We have provided 6 clients with referrals to Families First of Minnesota this period and 7 clients used the Crisis Nursery and 5 individuals were referred to their services. Families First is no longer doing childcare assistance. This is now changed to County Assistance and Crisis Nursery. These services were provided by the sub-contractor Dunatos.

- f. GRANTEE's case managers will also provide funding for recreational opportunities and emergency funding through the PH program which will assist client in achieving sobriety.

C.f. We host and fund a recreational social event the first Monday of each month for clients who are eligible to attend. This has included going out to eat, serving a meal at the Ronald McDonald house, having a game night, watching a movie as a group, family photo shoots, and bowling. We held 11 social events during this period between both counties. No funding through the PH program was utilized this period. These services were provided by the sub-contractor Dunatos.

- g. GRANTEE's case managers will ensure that participants and their families will be provided referrals and support services to achieve self-sufficiency and safety in the home.

- i. Clients in need of employment assistance will be referred to Job Services Centers by the case manager, and will be assisted to explore options to improve their employment status including GED Programs and post-secondary education options.

C.g.i. We have provided referrals and information for clients regarding job search and educational activities as needed this period. See B.b. for job search and educational referrals. These services were provided by the sub-contractor Dunatos.

- ii. The client's housing situation will be assessed and referrals made to appropriate resources including financial resources, energy and fuel assistance. GRANTEE case managers will assist the women and their families in getting housing while participating in treatment and support services. In addition, GRANTEE will provide transportation to women to/from CRAFT activities and professional appointments. GRANTEE will assist in accessing medical rides or public transportation to treatment services as needed.

C.g.ii. We have provided referrals and information for clients regarding housing, financial resources and energy/fuel assistance as needed this period. See C.g.ii. regarding transportation. See B.b. for assistance referrals. These services were provided by the sub-contractor Dunatos.

- iii. GRANTEE's early childhood educator and case managers will assess the safety of the client's housing situation using the Home Safety Checklist, and assistance will be provided to obtain home safety supplies including smoke detectors, batteries, cupboard latches, outlet covers, etc.

C.g.iii We have assessed the homes of clients during home visits and offered assistance with any necessary safety supplies. The early childhood educator provided Home Safety checklists to all clients that we met with and supplies as needed. These services were provided by the sub-contractor Dunatos.

- h. The GRANTEE case managers will focus on the medical and social case management of the participant-centered, strengths-based care plan through the provision of home visits for parenting and prenatal education in addition to the case management services.

C.h. See section C.a. regarding home visits. The childhood educator and case managers developed and utilized a strengths-based and goal-oriented care plan and offered parenting and prenatal education at all home visits this period. These services were provided by the sub-contractor Dunatos.

- i. Recognizing the intensity of a holistic/comprehensive assessment, the case managers will utilize a rolling assessment process to identify and prioritize the needs by completing secondary assessments on a timeline that allows the client to focus on her most urgent treatment goals.

C.i. See section B.a. regarding individual care plans.

- j. GRANTEE case managers will assess health care needs and insurance status; refer clients without health insurance to social services for access to medical assistance; and, encourage clients to establish a medical home for primary health care.

C.j. See sections B.b. and C.d.i. regarding referrals to and assistance with obtaining medical assistance (social services) and a medical facility.

- k. GRANTEE's MT will provide home visiting one (1 or more) times per month, as needed, for treatment support, prenatal/parenting education, infant and child development, advocacy and assess need for referrals to support services.

C.k. This period our licensed early childhood educator has met with clients and their children for home or office visits. The early childhood educator had visits with 12 children in July, 16 in August, 16 in September, 21 in October, 14 in November, and 9 in December. Treatment support, prenatal/parenting education, infant and child development, advocacy and assessing needs for referrals to support services is implemented by both the case managers and the childhood educator based on the professional's knowledge of the subject. These services were provided by the sub-contractor Dunatos.

- l. GRANTEE's case managers will make phone contacts and visits at other locations such as in the Women's Infant's and Children's program (WIC) clinic setting, etc. will help to keep the client and nurse connected.

C.l. See section B.b. regarding referrals made to the WIC program.

- m. GRANTEE case managers will also encourage clients to do screening for hepatitis, Sexually Transmitted Infections (STI's), Human Immunodeficiency Virus/ Acquired immunodeficiency syndrome (HIV/AIDS), Tuberculosis (TB) and other screenings as appropriate; encourage routine preventive care; and, refer for tobacco cessation assistance.

C.m. See Section B.b. regarding referrals to health care providers.

- n. GRANTEE will increase the number of healthy infants born to women in substance abuse treatment/recovery maintenance services.
 - i. GRANTEE will ensure the provision of individualized health care of all pregnant women participating in the program between July 1, 2017 – June 30, 2019 by a health professional, at entry into the program, after the baby's birth, and throughout the postpartum period to ensure that pregnant women are receiving prenatal and postpartum care.

C.n.i. We ensured that individualized health care was provided for 16 clients who were pregnant this period. See Section B.b. regarding referrals to health care providers. This service was completed by the sub-contractor Dunatos.

- ii. GRANTEE case managers will coordinate with the hospital of delivery for access to birth toxicology results; and, will develop and implement written tracking and documentation for verification of prenatal and postpartum health care which health care verification will include tracking toxicology test results for both mothers and infants born during participation in the program.

C.n.ii. We had 9 births this period and requested toxicology screens and access to medical records for each pregnant client upon admit. This service was completed by the sub-contractor

Dunatos.

- iii. GRANTEE will ensure toxicology screening for the mothers and infants born during program participation.

C.n.iii We have received the toxicology results for 9 infants born this period and 9 mothers who gave birth this quarter. 8 of the 9 infants tested were negative for all substances at birth. 9 of the 9 mothers tested was negative for all substances at the time of delivery that had not been prescribed to them. One infant tested positive for THC; client entered program one month prior to giving birth. Child Protection case was never opened passed assessment stage. This service was compiled by the sub-contractor Dunatos.

- iv. GRANTEE will provide education on FASD and the effects of other drugs to participants through printed materials and at least quarterly training sessions.

C.n.iv. All 58 participants have had FASD and the effects of other drugs education printed materials available to them this period, as well as a demonstration of what alcohol does to an egg to represent the effects upon a fetus as well as our brain. CRAFT has provided information at group sessions or home visits at least once per quarter. We will continue to offer this service at least quarterly. This service was completed by the sub-contractor Dunatos.

- D. GRANTEE's MT will work to increase the number of healthy families and number of healthy infants born to women in recovery from substance abuse by providing activities in the areas of parenting, healthcare and healthy living, children support, and prenatal and post-natal healthcare. Grantee will provide the following activities from July 1, 2017 – June 30, 2019.

D. We have a PAIR parenting facilitator come to group sessions twice a month during the school year and once a month in the summer to provide parenting training. There have been 31 clients that have received this training at group, though it was available to all participants. We have met with PAIR each quarter to discuss individual progress. The parenting training was provided by PAIR. We also have a public health nurse come to group sessions approximately once a month to provide parenting training. There have been 27 clients that have received this training at group, though it was available to all participants. The parenting training was provided by Olmsted County Public Health.

- a. GRANTEE will increase knowledge, confidence and positive parenting skills by providing parenting guidance and training that includes drug use effects.

D.a. See section C.n.i.v. regarding FASD and effects of other drugs education and section D. regarding parenting training.

- b. GRANTEE will contract with a parenting facilitator to provide a minimum of twenty-one (21) one-hour group sessions of parenting training on an annual basis to all participants, two (2) one-hour group sessions per month during the school year (September – May) and one (1) one-hour group session per month during non-school months (June –August) for each grant year. The training will include at least twenty-one (21) one- hour group sessions by Parents Are Important in Rochester (PAIR), using PAIR's Parenting Curriculum.

D.b. See section D. regarding parenting training.

- i. Grantee will meet with facilitator each quarter to review individual participant's progress. Participants found to need additional parenting education skills will be referred to further training and one-to-one parenting education.

D.b.i. We have contact with the PAIR educator a minimum of once a month to review group topics and progress. Participants are referred on an as needed basis to additional parenting education through the PAIR program. This service was completed by the sub-contractor Dunatos.

- ii. Grantee will administer the Adult Adolescent Parenting Inventory – Version 2: (AAPI-2) as a pre-test within ten (10) days of admission for each client, and again towards the end of the program with each client when they have completed the parenting education and training sessions.

D.b.ii. We utilize the Adult-Adolescent Parenting Inventory. We have administered the pre-test to 17 clients who were admitted this period within 10 days of admission. We have administered the post-test to 5 clients who have completed the parenting education this period. These services were provided by the sub-contractor Dunatos.

- iii. GRANTEE will utilize an evidence-based curriculum to assess, teach and model parenting skills, i.e. Nurse Child Assessment Satellite Training (NCAST), Growing Great Kids (GGK).

D.b.iii. The early childhood educator (contracting with the subcontractor Dunatos), PAIR, and Olmsted County Public Health use evidence-based curriculums to assess, teach and model parenting skills in the group and home visit setting. This service was completed by the sub-contractor Dunatos, PAIR and Olmsted County Public Health.

- c. GRANTEE staff will screen or refer out for screening all children in custody for physical and dental health needs and provide referrals for services to meet assessed needs.

D.c. We have assessed the needs of 100 children to ensure their physical health and dental care needs are met. We ensured services were being received (or made a referral) for 20 children to Olmsted Medical Center, 30 children to Mayo Clinic, 31 to Winona Health, 9 to Apple Tree Dental, 6 Community Health Dental, 6 Pediatric Dentistry. In some cases, mothers had parental rights but did not have their children in their care due to a CPS case and their services are not known to case managers. We still ensured that their physical and dental needs were met, and referrals are made if necessary. These services were provided by the sub-contractor Dunatos.

- i. Grantee will ensure that all children whose mother is in the OCPC program are up-to-date on immunizations.

D.c.i. We have ensured that 100 children are meeting with their doctor for regular doctor visits. All but three families choose to vaccinate their children on immunizations. These services were provided by the sub-contractor Dunatos, Mayo Clinic, and Olmsted Medical Center.

- ii. Grantee will refer participants to the Women's Infant's and Children's program, Minnesota Family Investment Program, and the Public Nurse Home Visiting Program for newborns upon admission into the OCPC program.

D.c.ii. We have 27 mothers who are utilizing Women's, Infant's and Children's program, Minnesota Family Investment Program, and the Public Nurse Home Visiting Program. 38 children this period utilized the WIC program and 27 families have an assigned public health nurse. See section B.b. for all referrals to the above programs. These referrals were provided by the sub-contractor Dunatos.

- iii. GRANTEE will refer participant to additional treatment/support services which grantee deems needed including, but not limited to; family planning, mom and baby classes through ECFE, information on child development, and breast feeding support network information.

D.c.iii. We have referred 58 clients to parenting classes through PAIR within our group services. These referrals were provided by the sub-contractor Dunatos and PAIR. See additional referrals pertaining to the above services in section B.b. (including Planned Parenthood, Public Health, and WIC).

- iv. GRANTEE will assess the insurance status of the client's children/family; and, refer to social services to determine medical assistance or MN Sure eligibility.

D.c.iv. See section C.d.i. regarding assistance with medical insurance and services.

- v. GRANTEE will ensure routine well child exams and preventive health care including dental care for their children and family. GRANTEE will assess for health care needs of the client and significant other including tobacco cessation, family planning, mental health, etc.

D.c.v. We have ensured that 58 clients and 100 children have had access to child exams and preventative health care this period. See sections B.b. and D.c. for health care referrals. These referrals were provided by the sub-contractor Dunatos.

- d. GRANTEE will ensure that the Early Childhood Educator will provide prenatal and post-natal health education including nutrition. The staff will require pregnant women to follow pre-natal medical care and coordinate care with primary medical provider.

D.d. We ensured that prenatal and postnatal health education was provided for 16 clients who were pregnant and/or gave birth this period. See Section B.b. regarding referrals to health care providers. These services were provided by the sub-contractor Dunatos.

- e. GRANTEE will support women who drank during pregnancy and have prenatally exposed their children to alcohol by partnering with Minnesota Organization for Fetal Alcohol Syndrome (MOFAS) to provide support to women as they acknowledge and address the ramifications of their alcohol and drug use during pregnancy, via local support group or other activities.

D.e. FASD education is provided by CRAFT case managers, as well as EmPower's medical director Ann Lansing who is a Certified Addictions Registered Nurse- Advanced Practice, on a quarterly basis during group services. These services were provided by the sub-contractor Dunatos.

- f. GRANTEE will ensure that the MT will provide training to new mothers of infants on safe sleep practices, such as risk factors for SIDS, having all mothers watch videos on safe sleep and shaken baby syndrome. The training will also include teaching infant and child safety including child

passenger safety, home safety, etc.

D.f. We provided training on infant and child safety to all of our clients this period through home visits and group sessions. Various safety topics were also addressed by a trained PAIRR parent educator and a public health nurse in the group setting. These services were provided by an on-staff early childhood educator (contracting with the subcontractor Dunatos), PAIRR and Olmsted County Public Health.

- E. GRANTEE will work to decrease the likelihood children of women in substance abuse treatment support or recovery maintenance services and increase substance abuse protective factors, reduce substance abuse risk factors and increase resilience of clients' children by providing strength-based age-appropriate children's programming, through contract with Parents Are Important in Rochester (PAIRR), for children in the custody of ninety (90) OCPCP participants (forty five (45) women between 07/01/2017 – 06/30/2018 and forty five (45) women between 07/01/2018 – 06/30/2019).

E. See section I.b. regarding children's programming.

- F. The Early Childhood Educator, with oversight by case managers, will refer children and adolescents for diagnostic assessments and therapeutic interventions related to drug addiction, mental and emotional health, and family wellness. The assessment will address: mental health, developmental needs and issues of emotional, sexual and physical abuse, and neglect. Documentation will be made of referral, progress, and follow through.

F. Our multi-disciplinary team is working with the clients to assess and address the therapeutic needs of their children. Referrals in Rochester have been made to Fernbrook (5), Rochester School District- ECSE (9), Head Start (1), Early Head Start (8), Three Year Old Screenings (3) OC Behavioral Health (2), PAIRR (1), Kathy Perry-Parenting (2), Boys and Girls Club (4), Blue Stem (4), Meadow Heights (1), and the Imagination Library (17), Day Care Assistance (15), Parent Aware (2). Referrals in Winona have been (10) WIC, Parenting Program FCC (2), Parenting Program ECFE (7), Early Education (8), Head Start (1), Grace Place (3), Hiawatha Valley Mental Health (5), Partners in Excellence(1), IEP (3), Day Care Assistance (3), School Counselor (1). These services were provided by the sub-contractor Dunatos.

- G. GRANTEE case managers will ensure that all children of the OCPC program participants are up-to-date on immunizations, and will receive primary pediatric care, including immunizations and dental care from their provider or by referral to local resources including: Public Health Clinics, Children's Dental Health Services, Rochester, Community Dental, Apple Tree Dental, and others.

G. See section D.c. regarding physical health referrals and D.c.i. regarding immunizations.

- H. GRANTEE will utilize the Ages & Stages Questionnaire (ASQ) and Ages & Stages - Social-Emotional (ASQ-SE) to identify any growth and development concerns and make referrals as indicated.

H. The childhood educator assesses all dependent children of clients that we have contact with using the age appropriate ASQ-3 at the beginning, middle and final stages of their participation in the program. The childhood educator has completed 14 ASQ SE's, and completed 17 ASQ 3's. All of the children are assessing on a regular basis by Early Childhood Educator, and in Winona they are completed by their Public Health nurse. Proper referrals were made. There were no children that required a referral due concerns on Ages and Stages Questionnaire. There were a few that indicated child should be monitored. Those individuals are working with a Public

Health nurse one on one to continue monitoring those needed areas. These services were provided by the sub-contractor Dunatos.

- a. Grantee will assess the participant's children's mental and physical health needs and refer to appropriate service providers for therapeutic interventions to address developmental needs and issues of emotional, sexual and physical abuse, and neglect.

H.a. We have assessed 100 children in order to meet their mental and physical health needs. See sections D.c. and G. for referrals. These referral services were provided by the sub-contractor Dunatos.

- b. Grantee will provide an early childhood educator to provide 2 –hour group session two (2) times per week for children age 1-17 of the women in the program each quarter. Provided there are children in the following age ranges, there will be at least 2 groups each week for each age range, Groups will be divided similar to the following breakdown: ages one to three (1 to 3), ages three through six (3 to 6); ages seven through twelve (7 to 12); and ages thirteen to seventeen (13 to 17), for a total of four (4) hours of programming per week for the children.

H.b. We have a licensed childhood educator on staff come to group twice a week to provide children's programming. We offered 7 support groups in July, 9 in August, 7 in September, 19 in October, 7 in November, and 5 in December in Olmsted County with Early Childhood Educator Present. Mothers in Winona County had 5 groups in July, 4 groups in August, 4 groups in September, 5 groups in November, and 4 groups in December with advocacy weekly available by phone for assistance at staff meetings. Early Childhood Educator did talk in Winona in November about Parenting Styles. Of the 55 children who participated in this group programming there were 35 children in the 0-3 age group, there were 8 children in the 4-6 age group, there was 12 children in the 7-12 age group, and there were 0 children in the 13-17 age group served in Olmsted County. In Winona ages served are 14 (0-3) year old, 8 (4-6) years old, 3 (7-12) years old, and 6 (13-17) years old. Some of these children came twice each week, but some only came once a week due to school, transportation, appointments, and parental attendance. However, Winona only meets one time a week at this time and does not have a Early childhood Educator present at groups. In some cases, some of the mothers had parental rights, but did not have their children in their care due to a CPS case. Therefore, there were a number of children that did not attend this programming. The children's programming is provided by the licensed childhood educator and Dunatos.

- c. Grantee will encourage participation of all children that are appropriate for Alateen and all family members that are appropriate for Alanon.

H.c. We have encouraged participation of all children and family members that are appropriate for Alateen or Alanon. EmpowerCTC also has a family night available one a month for family members to come and address issues around Chemical Dependency that is encouraged when appropriate. Children need to be at least 16 years of age or older to attend that meeting.

- I. On discharge case managers will complete an individual continuing care plan with each CRAFT project participant that specifies the goals, length and location of continuing care programming to include referrals to services within the participant's home location.

I. We have provided 7 clients with individual continuing care plans at graduation. At times, clients were discharged due to loss of contact or were unwilling to meet with staff prior to

discharge and it was not possible to provide continuing care plans. This service was provided by the grantee and the sub-contractor Dunatos.

- J. GRANTEE will provide in person or telephone contact with participant 4 weeks from discharge to follow up on parenting and other recovery maintenance resources during transition into their community.

J. We have provided in person or telephone contact with 7 clients during week four following graduation. These clients with whom we followed up with needed no further assistance with transition into their communities. Clients are reminded at their final home visit that as alum of the program they are always welcome back to groups and social events for further support. It appears we are providing adequate referrals for resources upon graduation. These services were provided by the sub-contractor Dunatos.

- K. GRANTEE will conduct formal follow up on referral, progress, and follow through during program participation of all clients.

- a. GRANTEE will utilize a formal tracking form to monitor referrals, progress, and follow through in conjunction with the policies and procedures.
- b. Referral to, utilization, and follow through with all program services will be documented in the participating mother's file and into the specific program services log by the designated Program Specialist or staff person.
- c. GRANTEE will track the referrals of all program services to know if the women went and received the services and if not, further help getting the women into the needed services will be provided.

K. (a.-c.)- We have utilized a database and a data specialist from Airlinks Networks Inc., as well as program staff, to track referrals and client progress, home visits, group attendance, transportation, consultations with other case workers and phone contact for all clients this period. Summaries of interactions with clients and case workers are kept in a paper file as well. These services were provided by the sub-contractor Dunatos and Airlinks Networks Inc.

- L. GRANTEE will provide culturally competent staff to serve the needs of the women in the program, reflecting the cultures represented in the Rochester and surrounding area.

L. CRAFT case managers and childhood educator have had cultural diversity training through their degree programs and continue to attend cultural diversity training workshops as required by their respective licenses.

- M. GRANTEE certifies that this program will be operated in compliance with the provisions of Federal Substance Abuse Prevention and Treatment Block Grant, Health and Human Services Code of Federal Regulations (CFR) Title 45, Part 96 requiring that pregnant women are provided preference in admission to treatment centers as provided by 96.131, and are provided interim services as necessary and as required by law; [Sec. 1927(a)(b)].

M. Although CRAFT is not a Rule 31 licensed treatment program, pregnant drug-abusing women get advocacy and action when reporting laws or priority treatment status comes into play. Staff

will encourage the women to self-report and empower themselves. However, when it becomes necessary to take involuntary action such as notifying a screening unit or child protection intake regarding danger to a fetus staff will do so.

- N. GRANTEE is required to provide program staff with continuing education related to women-specific recovery services and best practices models for serving women who are pregnant or have dependent children.

N. CRAFT staff attends continuing education training as needed to fulfill the requirements of their respective licenses. The majority of the trainings are related to chemical and/or mental health services and best practice models. Staff attends two weekly staff meeting; one being a mental health meeting for all staff to address needs of their clients, and one weekly staff meeting for CRAFT to discuss cases and other issues.

- O. The GRANTEE's will participate in the data collection system including forms developed and approved by MOFAS in order to measure process and client outcomes. Grantee will, upon request, submit the data collected to assess process and outcomes.

O. CRAFT staff continuously collects data from admit to discharge of each client who participates in the CRAFT program. We utilize forms developed by CRAFT staff and a database developed by Airlinks Networks Inc. to measure progress and outcomes. We submit the data to MOFAS as requested. These services were provided by the sub-contractor Dunatos and Airlinks Networks Inc.

- P. Utilize a data collecting system in order to effectively evaluate programming. Submit reports to MOFAS on January 10, 2018, June 15, 2018, January 10, 2019, and June 15, 2019.

P. See section O. regarding data collection and submission of data.

- Q. GRANTEE's will ensure strict compliance with the Federal and State rules and guidelines regarding confidentiality of information on patients participating in to programs.

Q. We are in compliance and emphasize the importance of confidentiality to the participants upon admit and continuously throughout the program. Clients sign an informed consent form upon admission stating they will abide by confidentiality rules and guidelines. We obtain and keep on file releases of information for any client information staff shares.

- R. GRANTEE's will comply with Certification Regarding Environmental Tobacco Smoke; Public Law 103-227, also known as Pro-Children Act of 1994, requiring that this language be included in any subcontracts which contain provisions for children's services and that all subcontractors will certify this compliance.

R. We have this in our facility clauses and talk about the positives of having a smoke-free environment for children and adults. Dunatos assures that no smoking is ever allowed inside the premises, near entry ways, or while children and adults are being transported in agency vehicles.

- S. GRANTEE's will ensure that pregnant women are provided preference in admission to treatment centers and provide interim services to pregnant women in need of treatment in compliance with all applicable requirements in Health and Human Services Code of Federal Regulations (CFR) Title 45, Part 96.131

(a) federal block grant requirements relating to drug and alcohol treatment programs and their role in the provision of treatment to injection drug users (IDU's) and substance abusing pregnant women.

S. See section M. regarding preference in admission to treatment centers and provide interim services to pregnant women in need of treatment. This also applies to IDUs.

T. GRANTEE will immediately notify MOFAS in writing of any program staff changes, including a position description and resume for newly hired staff, and a plan for the continuance of the duties outlined in the grant contract.

T. We have immediately notified MOFAS in writing of any program staff changes and have provided any required paperwork. There has been no staff changes in the last six months; however, a case manager from the Winona Site put in her two week notice this week.

U. To comply with the provisions of grant clause VII. ACCOUNTING, AUDIT AND EXAMINATION BY LEGISLATIVE AUDITOR, GRANTEE will provide the State with a copy of all signed sub-contracts for services funded under this grant contract.

U. To the CRAFT staff's knowledge, the State has all signed contracts for this grant. We have not been informed otherwise.

V. GRANTEE's staff will obtain Criminal Background Checks on all hires with direct client contact responsibilities. GRANTEE will maintain the Criminal Background Checks on file for inspection, as requested, by MOFAS staff.

V. CRAFT and the sub-contractor Dunatos have obtained background checks on all employees and interns who have direct client contact responsibilities and the background checks are maintained on file.

W. GRANTEE may provide incentives as gift cards, gas cards and phone cards up to a total of \$20 per participant per incentive.

a. GRANTEE will ensure that the gift cards and gas cards are not used to purchase alcohol, tobacco, or licit or illicit drugs, including energy drinks.

W.a. The gas gift cards we provide are for fuel only and cannot be used on merchandise. All clients sign a consent for incentives to receive gift cards.

b. GRANTEE will ensure that the program participants receiving gift cards or gas cards will sign a statement that any gift cards issued to them will not be used to purchase alcohol, tobacco, or licit or illicit drugs, including energy drinks. Any participants found to be in violation of this agreement will no longer be eligible to receive gift cards.

W.b. The gas gift cards we provide are for fuel only and cannot be used on merchandise. All clients sign a consent for incentives to receive gift cards.

c. GRANTEE will provide incentives based on the following criteria:

i. Monthly Social Events are based on a woman's attendance in CRAFT groups. In the month prior to the Social Event, a woman must attend a minimum of three (3) groups

and/or be working full time or attending school. Social Events are a CRAFT group activity that varies from month to month depending on client interest and weather.

W.c.i. We have held and funded 11 social events during this period for the clients who attended the minimum of three group sessions the month prior or are attending school or work full-time.

- ii. Gift cards are typically a fifteen (\$15) dollar card for gas or a sixteen dollar (\$16) bus card, these are given once a month to a mother who is a CRAFT program participant when she schedules and keeps an appointment with her case manager for a home visit.

W.c.ii. We provided 123 \$15 gas cards, 149 \$20 Walmart gift cards, and 1 \$16 bus pass this period.

- iii. Gift cards of \$20.00 are given when a woman completes an education program, such as a General Educational Development (GED) program, a parenting-related program or starts employment.

iv.

W.c.iii. We provided a \$20 fuel gift card to 5 clients upon completion of the CRAFT program this period.

- X. GRANTEE's staff will attend scheduled quarterly meeting, when possible, with all other grant-funded Women Services grantees and the ADAD grant consultant.

X. Grantee and sub-contractor Dunatos is willing to participate in quarterly meetings with other grant-funded Women Services grantees and the ADAD grant. We have not been requested to do so in this reporting period.

- Y. GRANTEE's staff will provide the State with up to three (3) days each fiscal year to participate in site visits or attend other meetings on request.

Y. Grantee and sub-contractor Dunatos is willing to participate in site visits and attend other meetings.

- Z. GRANTEE's staff will provide the State with up to three (3) days each fiscal year to participate in state-sponsored evidence-based or best practices training in areas such as parenting, children programming, trauma-informed services, family-centered and recovery services models.

Z. Grantee and sub-contractor Dunatos is willing to participate in state-sponsored evidence-based or best practices trainings. We have not been requested to do so in this reporting period.

- AA. The GRANTEE agrees not to discriminate against any employee or applicant for employment because of race, color, creed, religion, national origin, sex, marital status, status in regard to public assistance, membership or activity in a local commission, disability, sexual orientation, or age in regard to any position for which the employee or applicant for employment is qualified. Minnesota Statutes section 363A.02 GRANTEE agrees to take affirmative steps to employ, advance in employment, upgrade, train, and recruit minority persons, women, and persons with disabilities.

AA. The CRAFT staff and sub-contractor Dunatos does not discriminate due to race, creed, religion, national origin, sex, marital status, status in regard to public assistance, membership or activity in a local commission, disability, sexual orientation, or age in regards to current

employees or applicants. CRAFT staff agrees to take affirmative steps to employ, advance in employment, upgrade, train, and recruit minority persons, women, and persons with disabilities.

BB. The GRANTEE must not discriminate against any employee or applicant for employment because of physical or mental disability in regard to any position for which the employee or applicant for employment is qualified. The GRANTEE agrees to take affirmative action to employ, advance in employment, and otherwise treat qualified disabled persons without discrimination based upon their physical or mental disability in all employment practices such as the following: employment, upgrading, demotion or transfer, recruitment, advertising, layoff or termination, rates of pay or other forms of compensation, and selection for training, including apprenticeship. Minn. Rule 5000.3550

BB. The CRAFT staff and sub-contractor Dunatos does not discriminate against any employee or applicant for employment because of physical or mental disability in regard to any position for which the employee or applicant for employment is qualified. CRAFT staff agrees to take affirmative action to employ, advance in employment, and otherwise treat qualified disabled persons without discrimination based upon their physical or mental disability in all employment practices.

CC. GRANTEE agrees to comply with the rules and relevant orders of the Minnesota Department of Human Rights issued pursuant to the Minnesota Act.

CC. The CRAFT program is in compliance with the Minnesota Human Rights Act.

DD. GRANTEE agrees that no religious based counseling shall take place under the auspices of this grant contract.

DD. The CRAFT staff and sub-contractor Dunatos adhered to this agreement and no religious based counseling took place under the auspices of this grant contract during this period.