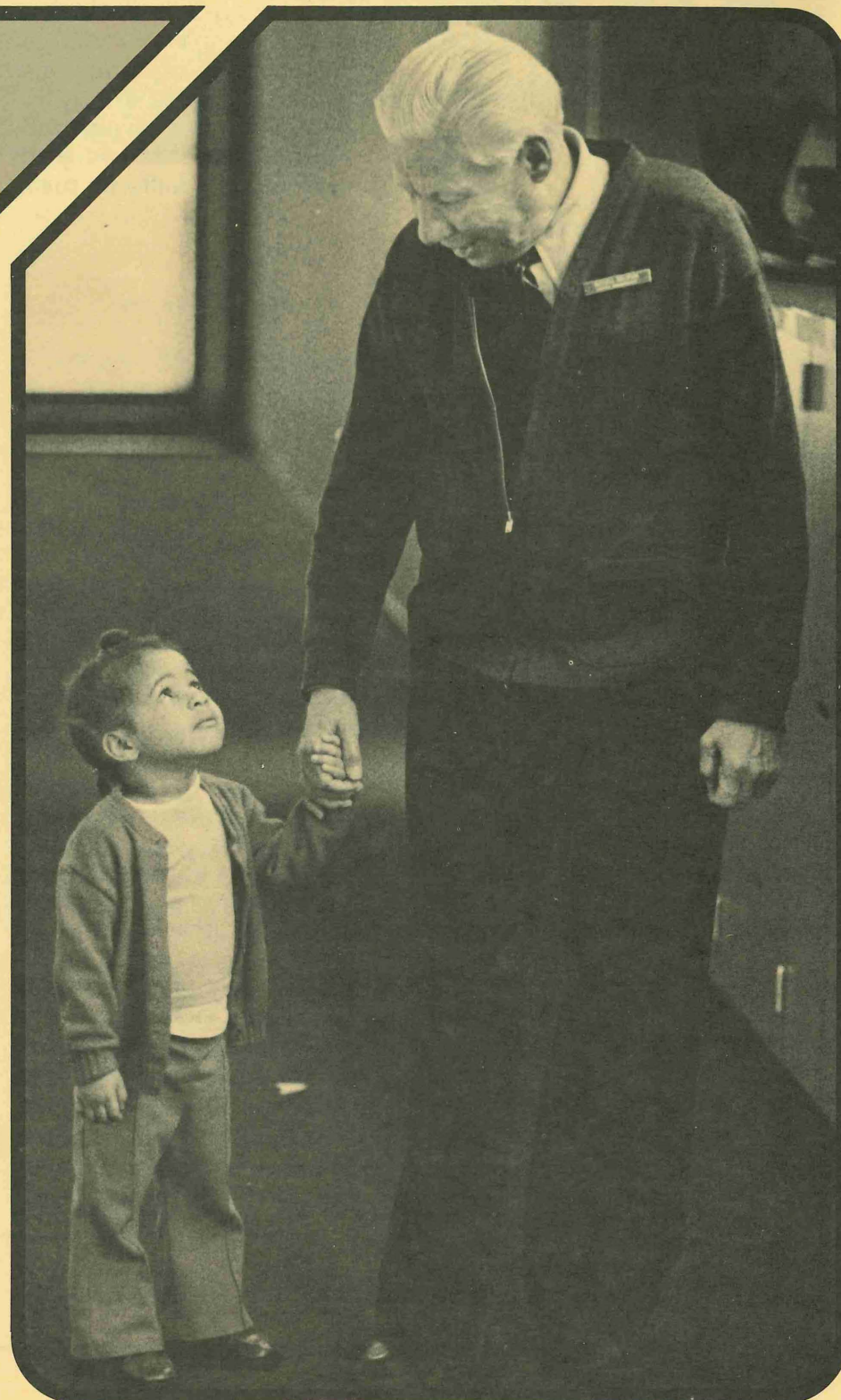


# **Annual Report 1980**

## **Minnesota Board on Aging**

**204 Metro Square, St. Paul, MN 55101  
(612) 296-2770**

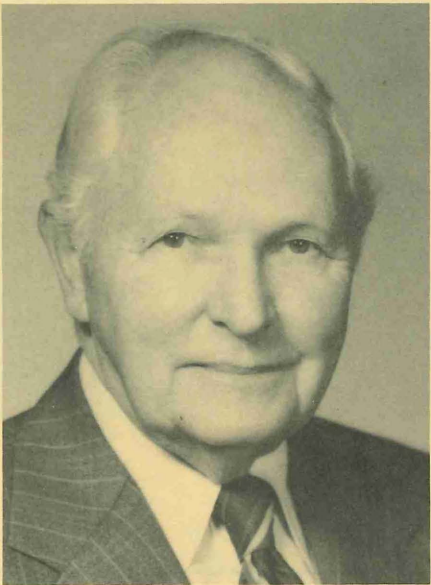




# ANNUAL REPORT 1980

## Minnesota Board on Aging

### From the Chairman . . .



Though every organization should, not every organization does wrest time from daily activities to plan for the future. I'm pleased to report, however, that in 1980 the Minnesota Board on Aging was able to take a number of steps toward long-range planning.

One of the Board's major accomplishments during the year was involving people throughout the state in conferences and forums preparatory to the 1981 White House Conference on Aging. The meetings of as few as five persons to as many as several hundred focused on the needs of the elderly in the 1980s and how best to meet them. The suggestions emerging from the more than 250 forums will form the basis of recommendations that Minnesota will send to the White House Conference on Aging in 1981.

The Board on Aging, its staff, and the directors of the state's Area Agencies on Aging also participated in a process designed to identify key initiatives that the MBA should undertake in the next five years. Results were used to develop a three-year plan for the Board and they also spurred the formation of a long-range planning and policy committee that will continue to give direction to Board activities.

The Board on Aging has long been an advocate for the elderly and a leader in the research, development, and administration of programs and services for older people. I am confident that the steps toward long range planning taken in 1980 will ensure the Board's continued adoption of timely strategies and programs.

Leonard Ramberg  
Chairman  
Minnesota Board on Aging

## Highlights

A sampling of Board on Aging activities in 1980:

### January — Dental Care

The Board sent the state legislature a final report on the two-year experimental dental care program for senior citizens that ended in 1979.

### February — Nursing Homes

A slide/tape presentation explaining nursing home residents' rights and grievance procedures was developed as part of the Board's long-term-care ombudsman program.

### March — Senior Centers

At its monthly meeting the Board approved guidelines for distributing \$250,000 in McKnight Foundation funds to Area Agencies on Aging. The AAAs used the money to make 67 grants to senior citizen centers in 1980.

### April — Education and Training Conference

Together with the Minnesota Gerontological Society, the Board sponsored the first annual statewide conference on education and training in aging.

### May — Long-Term-Care Research

Results of a five-year study conducted for the Board on Aging by University of Minnesota researchers pointed out that in-home services are at least as good, if not better, than long-term-care in nursing homes.



The 1981 White House Conference On Aging

### June — Institute on Aging

More than 800 persons attended the Board on Aging's 22nd Annual Institute on Aging at St. Cloud State University. "Later Life Options: Worker, Retiree, Volunteer" was the conference's theme.

### July — Legislative Roundtables

A series of legislative roundtables helped the MBA legislative committee gather background information on such issues as pensions, housing, utilities, and nursing homes.

### August — White House Conference on Aging

Ten task forces completed work this month on background papers used at regional conferences on aging held in the fall. By year's end more than 9,000 people had taken part in 250 forums in preparation for the national conference on aging in 1981.

### September — Cable Television

The Board's cable television committee stirred so much interest in seniors' use of cable TV in one Minneapolis suburb, St. Louis Park, that a 10-week class in television production began this month. Students learned how to operate cameras and lights, write scripts, and conduct interviews.

### October — Long-Term-Care Ombudsman

At its monthly meeting the Board on Aging decided to expand its long-term-care ombudsman program by starting five regional ombudsman programs to aid nursing home residents in solving their problems.

### November — Legislation

With an eye to the 1981 state legislative session, the Board on Aging's legislative committee began setting priorities.

### December — Grant-making

The Board on Aging approved \$12 million in grants to help Area Agencies on Aging continue serving nearly 130,000 older people. A new Indian Area Agency on Aging was also approved.





# History

In the early 1950s a legislative study commission recommended that the Governor create a permanent council to advise him and other state officials about how to meet older Minnesotans' needs. The Council — the Governor's Citizens Council on Aging — was formed in 1956.

The Council is now called the Minnesota Board on Aging and has an annual budget of over \$14 million. With state, federal, and

foundation funds the Board develops and coordinates a wide variety of programs for Minnesota's 626,000 older people. All programs are designed to help older persons live in their homes or places of residence with an emphasis on the reduction of isolation and the prevention of untimely or unnecessary institutionalization.

The 25 members of the Minnesota Board on Aging are appointed by the Governor and serve a maximum of eight years. The majority are over age 60.

Board meetings are usually held on the third Friday of each month and are open to the public.



# Legislation

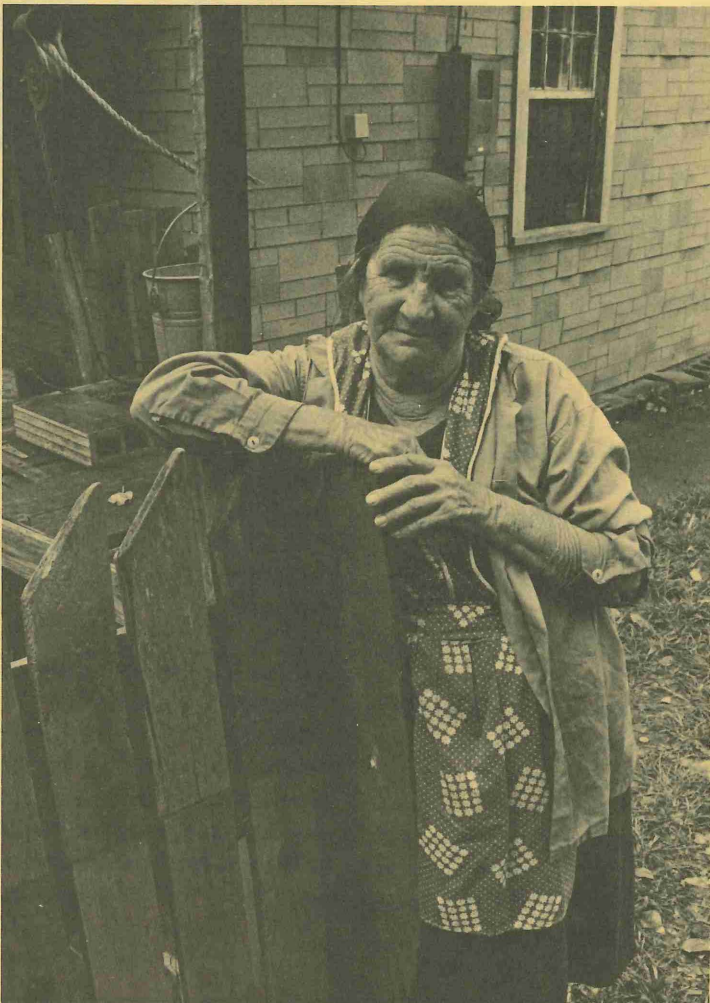
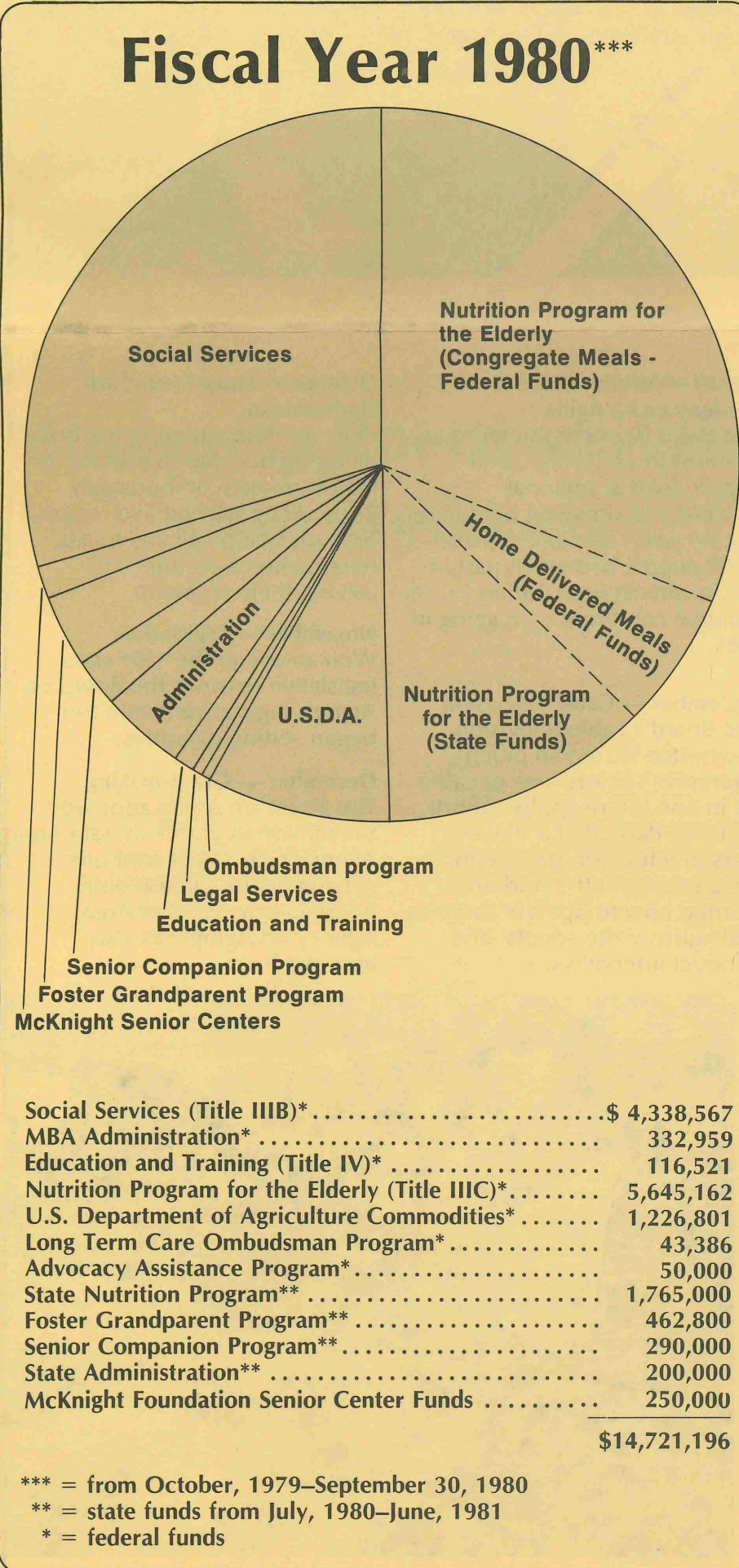
The Board on Aging's active and aggressive legislative committee worked hard in 1980 to review the major bills introduced in the state legislature of concern to older people.

The committee also prepared a bi-weekly legislative update, *Aging Action Under the Dome*, for organizations and individuals interested in senior citizen legislative issues.

The committee's efforts aided passage of a number of legislative measures, among them:

- expanded home weatherization and fuel assistance for the state's poor;
- a statewide pre-nursing home admission screening program;
- \$500,000 to expand the Minnesota Department of Health's in-the-home services program;
- an increase from \$30 to \$35 in nursing home residents' monthly personal needs allowances;

- protection for vulnerable adults from physical or psychological abuse;
  - additional tax benefits for pensioners;
  - \$200,000 to support the Retired Senior Volunteer Programs (the appropriation was later "deferred" as part of state cost-cutting efforts).
- In the summer the Board's legislative committee held a series of "roundtables." The discussions helped the committee study in-depth such issues as housing, health care policy, income maintenance, and long-term care.
- In the fall the Board on Aging picked 10 top priority issues to concentrate on in the coming year and from those began developing its 1981 legislative program.





# Long Term Care Ombudsman Program

In 1980 the Board on Aging awarded \$20,000 start-up grants to five regional long term care ombudsman programs. All of the programs are designed to help nursing and boarding care home residents, and their families and friends, protect residents' rights

and resolve residents' concerns.

In addition to responding to specific concerns and complaints, the ombudsman program promotes better community understanding of the needs of residents and serves as a community resource to answer questions about long term care.

MBA ombudsman staff provide coordination, back up,

technical assistance, and training to the regional programs. The Board on Aging also helps develop state regulations and policies beneficial to nursing home residents and operates a toll-free hotline (1-800-652-9747) to respond to complaints and concerns about long term care.

The Board's Ombudsman Program is part of a national effort required by the federal Older Americans Act.

## Regional Ombudsman Programs

### Northwest:

Lutheran Social Services  
Professional Center, Suite 2  
Holiday Mall  
Moorhead, 56560  
(218) 236-1494

### Northeast:

Senior Citizens Coalition of  
Northeastern Minnesota  
206 West 4th St.  
Duluth, 55806  
(218) 727-0207  
and  
Legal Aid Services of  
Northeastern Minnesota  
204 Chestnut St.  
Virginia, 55792  
(218) 749-3270

### Central:

Central Minnesota Senior  
Federation  
1900 Minnesota Blvd.  
St. Cloud, 56301  
(612) 253-3257

### Southwest:

Southwest Regional  
Ombudsman Consortium  
Southern MN Regional Legal  
Services  
Gus Johnson Plaza  
413 N. 4th Street  
Mankato, 56001  
(507) 625-2216

### Southeast:

Southern Minnesota Legal  
Services  
400 Exchange Bldg.  
Winona, 55987  
(507) 454-6660

### Metro Area:

Nursing Home Residents  
Advocates  
3231 1st Avenue S.  
Minneapolis, 55408  
(612) 825-6861



## Senior Centers

Senior centers were scrutinized in the spring and summer of 1980 by University of Minnesota researchers to help the Board on Aging learn how centers currently operate and what other functions they might also perform.

The study revealed that approximately 135 centers serve older people in the state. Nearly all (85 percent) offer recreation and socialization, arts and crafts, blood pressure checks, information and referral, outreach, and adult education and speakers.

Senior centers now serve a relatively well and healthy elderly population, according to the report. Efforts to expand senior center activities to frail older persons may be resisted by current center users, the report cautioned.

1980 also marked the beginning of efforts by the McKnight Foundation to help senior centers improve their facilities. Through the Board on Aging and Area Agencies on Aging, the foundation made grants totaling \$250,000 to centers in 66 communities.



The money supplemented whatever the centers could raise on their own and was matched at a 75/25 ratio, with localities responsible for 25 percent of a project's cost.

McKnight grants will also be available to senior centers in 1981 and 1982.



# Area Agencies on Aging

Area Agencies on Aging (AAAs), funded by the Minnesota Board on Aging, are responsible for improving services to older persons within given regions of the state.

In 1980 the MBA granted AAAs more than \$4.3 million to help fund social service projects for older persons as well as plan, advocate, coordinate, and evaluate local aging programs.

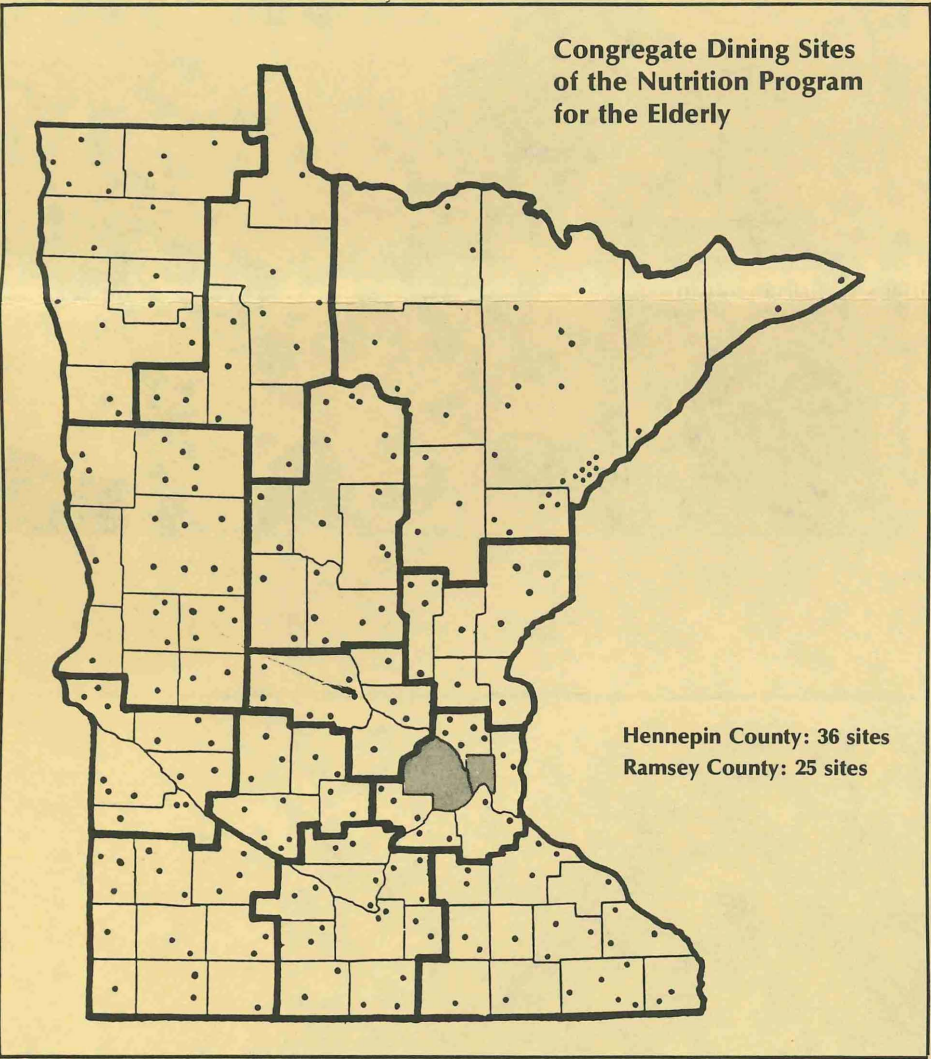
Area Agencies on Aging may be governmental units or private, non-profit agencies. Allocations from the Board to AAAs are made on the basis of the number of persons age 60 and older in each area, with increased allocations for low-income and minority elderly.

Twelve Area Agencies on Aging

operated in the state in 1980. In December, the Board on Aging approved plans for a thirteenth AAA to begin serving elderly Minnesota Indians in 1981.

Using federal Older Americans Act funds (Title IIIB), AAAs awarded 112 new grants in 1980 and continuation funding to 98 other programs. In-the-home services for older persons took the largest share of the funds, although senior centers, transportation, outreach, and information and referral efforts were also priorities. Since 1967 when funds for social service programs for senior citizens first became available, the Board on Aging and Area Agencies on Aging have supported a total of 439 programs.

Federal (Title IIIB) funds available from Area Agencies on Aging generally offset 90 percent of service project expenses the first year, 75 percent the second year, and 50 percent the third year. Funding levels vary after three years.



## Nutrition Program for the Elderly

Funds from Title IIIC of the Older Americans Act allow Area Agencies on Aging to support a state-wide nutrition program for the elderly. In 1980 more than 81,500 older persons participated in the congregate dining program which offers group meals, nutrition education, and outreach.

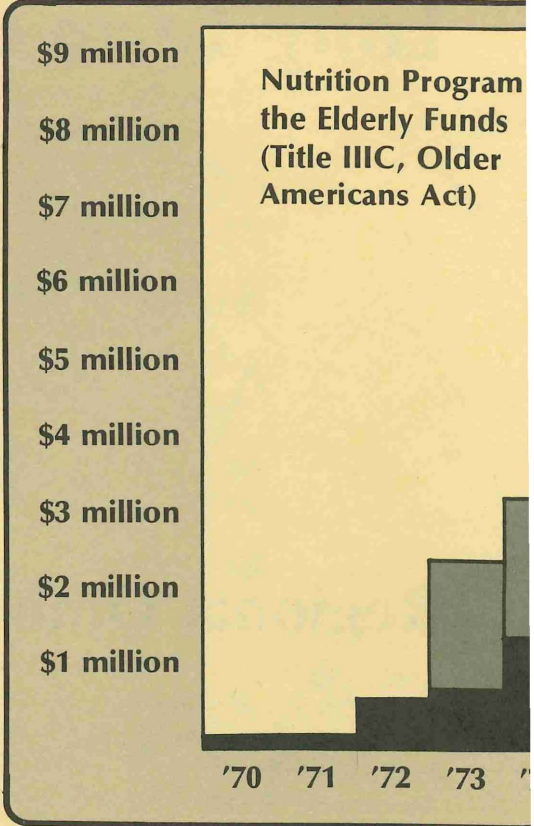
The program is especially intended to promote better health among older persons with restricted incomes by improving nutrition and reducing isolation.

In 1980, 10 new nutrition sites were started in Minnesota, bringing the total number of sites in the state to 277 by the end of the year. Services increased to more than 13,200 meals each day, usually five days a week. Participants contributed to meal costs according to their means, donating over \$2.3 million during the year.

1980 marked the first year that Area Agencies on Aging were able to use specially ear-marked funds to deliver meals to the homes of shut-ins and invalids. The \$879,000 available paid start-up costs for a number of programs, equipment costs for others, and helped deliver 198,000 meals.

Through Area Agencies on Aging, the MBA administered over \$10 million for nutrition programs. Of this, most was federal money but an impressive \$1.7 million was contributed by the state. In addition, the U.S. Department of Agriculture provided a cash reimbursement of 43 cents for every meal served to eligible persons.

The Board on Aging and its staff were responsible for nutrition program planning, grant-making, management, technical consultation and support, monitoring, and evaluation.



## Social Service

### Region I

- Mike Moore, Director**  
**Northwest AAA**  
**Northwest Regional Development Commission**  
**425 Woodland Avenue**  
**Crookston 56716**  
**218/281-1396**
- Badger Senior Citizen Center\*
  - East Grand Forks Senior Citizen Center\*
  - Fertile Senior Citizen Center\*
  - Hallock Senior Citizen Center\*
  - Holt Senior Citizen Center\*
  - Kittson County Senior Transportation Program\*
  - Mentor Senior Citizen Center\*
  - Middle River Senior Citizen Center\*
  - Newfolden Senior Citizen Center\*
  - Northwest Minnesota Legal Services, Moorhead
  - Red Lake County Good Neighbor Transportation Program\*
  - Roseau County Transit Service
  - Twin Valley Senior Citizen Center\*
  - Valley Chore Service, Crookston

### Region II

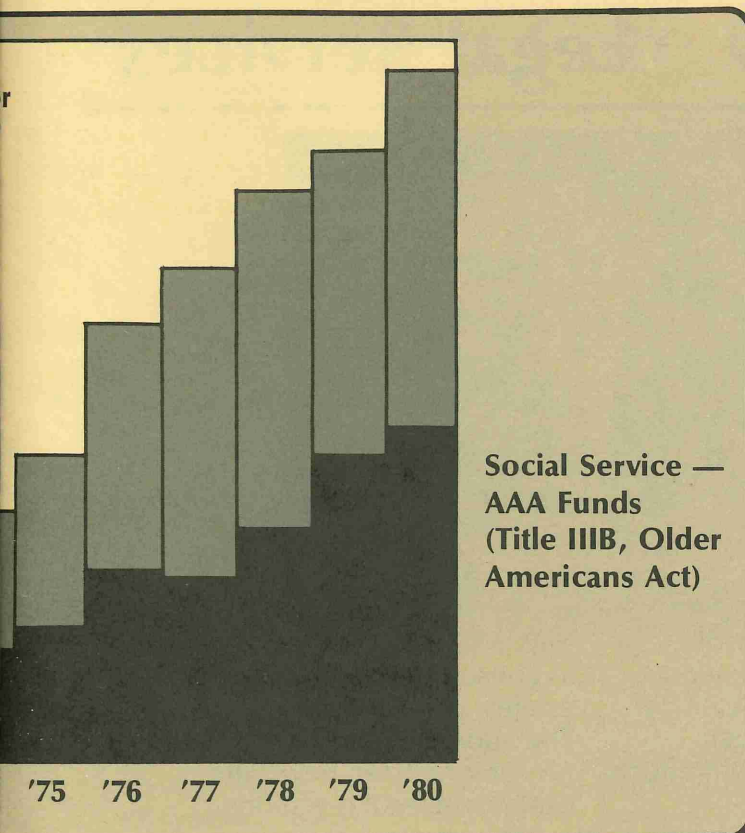
- Marcia Nottingham, Director**  
**Headwaters AAA**  
**Headwaters Regional Development Commission**  
**Box 584**  
**Bemidji 56601**  
**218/751-3108**
- Bagley Senior Center\*
  - Beltrami County Council on Aging — Senior Center\*
  - Beltrami County Homemaker — Health Aide Service Program
  - Beltrami Senior Transportation Project
  - Clearbrook — Leonard Senior Citizens Center
  - Hubbard County Chore Services
  - Lake of the Woods Senior Citizen Health Assessment Program
  - Park Rapids Senior Citizens Center\*
  - Senior Services Project, Moorhead
  - Waubun Senior Center\*
  - Williams Senior Center\*

### Region III

- Kathy Johnson, Director**  
**Arrowhead AAA**  
**Arrowhead Regional Development Commission**  
**200 Arrowhead Place**  
**Duluth 55802**  
**218/722-5545**
- Aitkin County Senior Health Education\*
  - Adult Day Care Benedictine, Duluth\*
  - Bois Forte-Tower Nutrition Site\*
  - Carlton County Transportation\*
  - Coleraine Senior Center\*
  - Duluth Heights Senior Center\*
  - Duluth Senior Health Assessment Expansion
  - Eveleth Senior Center\*
  - Floodwood Health Assessment
  - Fond du Lac Senior Center
  - Grand Rapids YMCA Senior Center\*
  - Greenwood Township Senior Center\*
  - Homesteaders Senior Renovation, Duluth
  - Hospice, Duluth\*
- \* = new grant in 1980

Nutrition Program for the Elderly				
Year	Number of Nutrition Sites	Meals Per Day	Number of Participants	Federal Funding
1980	277	13,208	81,500	\$4.7 million
1979	267	11,200	75,000	4.5 million
1978	256	10,000	70,500	4.4 million
1977	239	8,000	57,500	4 million
1976	199	6,000	45,000	3.1 million
1975	147	4,350	35,000	2.3 million
1974	122	3,800	30,000	1.8 million
1973	43	2,100	12,000	1.8 million





## Projects, 1980

IAAA Senior Center, Duluth  
In-Home Services to the Elderly, St. Louis County  
International Falls Senior Center  
Itasca County Chore Service  
Itasca County Foot Care\*  
Keewatin Senior Citizens Center\*  
Koochiching County Footcare Clinic  
Koochiching County Home Health Aide/Homemaker  
Koochiching/Itasca County Coordinator on Aging  
Koochiching Senior Center\*  
Lake County Chore Service Expansion  
Lake County Coordinator on Aging\*  
Legal Aid — Senior Citizen Law Project, Duluth  
McGrath Senior Center  
Nashwauk Senior Center  
Nat Polinsky Adult Day Care Expansion, Duluth  
North Itasca Senior Center\*  
St. Louis County Adult Day Care  
St. Louis County Outreach Expansion\*  
Scenic Senior Citizens, Bovey\*  
Senior Health Ombudsman, Duluth  
Senior Law Project Expansion, Lake, Cook, and Carlton County\*  
Senior Radio Access Project, Grand Rapids\*  
Tamarack Senior Center\*  
West End Senior Center, Duluth

### Region IV

**Laurel Sorlie, Director**  
**West Central AAA**  
**West Central Regional Development Commission**  
**Administration Building**  
**Fergus Falls Community College**  
**Fergus Falls 56537**  
**218/739-3356**

Battle Lake Senior Citizens Center  
Campbell Senior Citizens Center\*  
Clay County Home Maintenance Program  
Douglas-Grant Health Screening  
Douglas-Grant Homemaker  
Fergus Falls Program Director\*  
Grant County Coordinator\*  
Hawley Senior Citizens Center\*  
Kensington Senior Citizens Center\*  
Lake Agassiz Library — Large Print Books, Moorhead\*  
Lakeland Mental Health Counseling, Fergus Falls  
Northwest Minnesota Legal Services, Moorhead  
Ogema Senior Citizens Center\*  
Osakis Senior Citizens Center\*  
Otter Tail County Home Health Aide\*  
Otter Tail County Transportation\*  
Parkers Prairie Senior Citizens Center\*  
Pelican Rapids Senior Citizens Center\*  
Pope County Coordinator on Aging\*  
Pope County Home Health Aide\*  
Sedan Senior Citizens Center\*  
Stevens County Coordinator on Aging\*  
Stevens County Homemaker/Health Assessment\*  
Traverse County Homemaker/Health Assessment  
Viking Library — Large Print Books\*  
Vining Senior Citizens Center\*  
Wilkin County Coordinator on Aging

### Region V

**John Fellerer, Director**  
**Region Five AAA**  
**Region Five Regional Development Commission**  
**611 Iowa Avenue**  
**Staples 56479**  
**218/894-3233**

Bena Community Center  
Cass County Home Health Project\*  
Crow Wing County Coordinator on Aging  
Crow Wing County Home Health Aide-Homemaker Project  
Eagle Bend Senior Citizens Center  
Grey Eagle Senior Center Renovation\*  
Hackensack Community Center\*  
Little Falls School District (Morrison County), Cross Generational Activities\*  
Little Falls Transportation (Morrison County)\*  
Morrison County Home Health/Chore Home Program\*  
Morrison and Todd County Legal Services\*  
Senior Legal Services Project, Moorhead  
The Information Phone for Seniors, Little Falls  
Todd County Coordinator on Aging\*  
Todd County Geriatric Home Health Program  
Upsala Senior Center Renovation\*  
Wadena County Health Assessment

### Region VI-E

**Kathleen McCormick, Director**  
**Six East AAA**  
**Six East Regional Development Commission**  
**311 West Sixth Street**  
**Willmar 56201**  
**612/235-8504**

Adult Daycare, Willmar  
Atwater Multipurpose Senior Center\*  
Atwater Nutrition Transportation\*  
Bird Island Multipurpose Senior Center\*  
Glencoe Elderly Transportation Program\*  
Hector Multipurpose Senior Center\*  
Hutchinson Transportation and Information and Referral  
McLeod County Homemaker and Chore Service Program  
Meeker County Transportation and Information and Referral\*  
Stewart Multipurpose Senior Center\*  
The Whistle Stop Transportation Program, Spicer\*

### Region VI-W

**Lois Vikse, Director**  
**Upper Minnesota Valley AAA**  
**Upper Minnesota Valley Regional Development Commission**  
**323 West Schlieman**  
**Appleton 56208**  
**612/289-1981**

Benson Senior Center\*  
Big Stone County Transportation  
Chippewa County Chore\*  
Graceville Senior Center\*  
Holloway Senior Center\*  
Marietta Senior Center\*  
Montevideo Friendly Visiting\*

### Regions VII E & W

**Roger J. Ames, Director**  
**Region Seven AAA**  
**East Central Regional Development Commission**  
**119 South Lake Street**  
**Mora 55051**  
**612/679-4065**

**Donna Walberg, Program Manager**  
**Region Seven AAA**  
**Central Minnesota Regional Development Commission**  
**2700 First Street North**  
**St. Cloud 56301**  
**612/253-7870**

Becker Senior Center\*  
Chisago County Multi-purpose Senior Center  
Chisago County Older Americans Transportation Program  
Cloverdale Senior Center\*  
Elk River Senior Center\*  
Foley Senior Center\*  
Freeport Senior Center\*  
Hinckley Senior Citizens Center  
Homemaker Project, Chisago County  
Howard Lakes Senior Center\*  
Legal Advocacy for Older Americans, Cambridge and Pine City\*  
Maple Lake Senior Center\*  
Mille Lacs County Nursing Service Home Health Care\*  
Mille Lacs County Senior Citizen Transportation Program  
Nutrition Centers Program Senior Center Outreach Pilot Project, St. Cloud\*  
Nutrition Centers Program — Transportation, St. Cloud\*  
Pine County Health Care Project  
Quamba Senior Center\*  
St. Cloud Legal Services Title III Project  
Second Experience Incorporated — Employment for Older People, Princeton\*  
Senior Services Specialist-Protective Services, Stearns County  
Sherburne County Friendly Visiting\*  
Stanford Township Senior Center\*  
Whitney Senior Center Outreach Project, St. Cloud\*  
Wright County Home Care Project\*

### Region VIII

**Fred DeJong, Director**  
**Southwestern AAA**  
**Southwest Regional Development Commission**  
**25th & Broadway, Box 265**  
**Slayton, MN 56172**  
**507/836-8549**

Balaton Senior Citizens Center\*  
Community Legal Education for Seniors in Region VIII, Worthington\*  
Dundee Senior Center\*  
Fulda Senior Center\*  
Garvin Senior Center\*  
Hendricks Multipurpose Senior Center\*  
Hills Senior Citizens Center\*  
Information and Referral, Southwest Minnesota Opportunity Council, Worthington\*







## Senior Companions and Foster Grandparents

To supplement the federal Senior Companion Program in Minnesota, the Board on Aging awarded \$290,000 in state funds to the Minnesota Association of Retarded Citizens in 1980.

Senior Companions provide friendship, understanding, and individual attention to other older persons in need of close, meaningful relationships and help many maintain independent living in their own homes or adjust to life in institutions. MBA funds enabled 100 older people to serve as Senior Companions to more than 525 older clients.

A second effort, the Foster Grandparent Program, helps older people give both time and love to mentally retarded and emotionally disturbed young

people as well as children with special needs. In return Foster Grandparents, as well as Senior Companions, receive a \$40 weekly stipend, a daily meal, transportation allowance, two weeks paid vacation, and an annual physical examination. Most importantly, they rediscover the satisfaction that comes from being needed.

In Minnesota, the federal Foster Grandparent Program was supplemented in 1980 with \$462,800 in state funds. The Board on Aging awarded most of the money to the Minnesota Association of Retarded Citizens to provide stipends for 155 foster grandparents. Catholic Charities, St. Cloud, received a \$23,800 grant for an additional eight foster grandparents.

## Public Information

Cable television programming by and for seniors became a public information priority in 1980. With interest in cable TV spreading across the state, the Board's cable television committee began interesting senior citizens' groups in learning how to produce their own programs.

As part of a free, 10-week course offered by the St. Louis Park cable television station, seniors learned how to run TV cameras and lights, direct programs, write scripts, and conduct interviews. In Bloomington, seniors were busy producing weekly and monthly shows.

The Board on Aging continued

to publish its bi-monthly newsletter, the **Senior Spotlight**, which reports news of interest to older persons and professionals in the field of aging. Circulation: 12,000.

Special publications such as *Minnesota's Services for Seniors* and "Quick-Look" *Senior Service Book* were also issued and helped answer the daily requests for information received at the Board's offices. Many information requests came over the MBA's year-old INFO-LINE, a toll-free number (1-800-652-9747) that people with problems and questions can call between 8 a.m. and 4:30 p.m. each week day.

The members and staff of the

Board on Aging filled dozens of speaking engagements and appeared on a number of radio and TV broadcasts during the year. They also worked closely with the media in the production of several newspaper series and television programs on aging.



## Education, Training, and Research

In 1980, the Minnesota Board on Aging awarded \$44,000 to the state's Area Agencies on Aging to support local level training of people who work with the elderly. Training covered such subjects as creative retirement, working with the developmentally disabled

elderly, senior center management, lay advocacy, guardianship and conservatorship, staff roles and relationships in long term care, financial management, and client-oriented program evaluation. Funds were also used by AAAs to support

community forums and regional conferences in preparation for the White House Conference on Aging in 1981. In all, over 50 training sessions were held and 4000 persons received training.

In addition, the Board on Aging sponsored statewide conferences and training programs such as the MBA 22nd Annual Institute on Aging; training sessions for Area Agencies on Aging and nutrition projects; workshops on aging awareness and curriculum building in elementary and high schools; a workshop on counseling older adults; a statewide education and training conference; and a study of manpower needs in the field of aging.

A portion of the Board's education and training funds (Title IV-A, Older Americans Act) were used to support activities of a six-state Consortium on Education and Training. One of the Consortium's training programs, a conference on "Translating Research Into Policy," was held in St. Paul in October in cooperation with the Hubert H. Humphrey Institute of Public Affairs at the University of Minnesota. The conference attracted more than 100 participants, including educators, researchers and practitioners. The Board on Aging plans to become even more involved in gerontological research in the near future.





# Minnesota Board on Aging

## 1980 Members

Sharon Anderson  
Minneapolis

Royal Bakke  
Mendota

Carol Bartels  
Ironton

Dr. Vernon Bittner  
Golden Valley

Mary Bogdanovich  
Calumet

Juanita Christensen  
Minneapolis

Dr. Virgil Christensen  
Mankato

Raymond Eckes  
North Mankato

Alvin Johnson  
North Oaks

Andrew Jones  
Brooklyn Center

Abraham Kastenbaum<sup>0</sup>  
St. Louis Park

James Kirk, Jr.  
St. Paul

John Kolb\*  
Dakota

Halvor Lacher  
Rushford

Ann LaVoy  
Naytahwaush

Rev. Alvin G. Lewis, Jr.  
Renville

Ferne Lundy  
Worthington

Geneva Mackety\*\*  
Minneapolis

Fred McComb  
Minneapolis

Carl Meirick  
Duluth

Rhoda Miller  
Edina

Estelle Mullins  
Hinckley

Emily Peake  
Minneapolis

Leonard Ramberg\*\*\*  
Minneapolis

Edwin Stevens  
Roseville

Dr. Wendell Swenson  
Rochester

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cover by Steve Greene  
p. 4 by Steve Krasner

### MBA Staff

Gerald A. Bloedow  
Executive Secretary

Ronald Abato  
Service Development  
Specialist

Jerald Farrington  
Regional Coordinator

Ted Gredvig, Director  
Program Operations

Roger Hughes  
Grants Analyst

Jim Jensen  
Legal Services Developer

James Knobel, Director  
Administrative Support

Jim Lanenberg  
Building Specialist

Doris Matthews  
Accounting Officer

Sherilyn Moe  
Assistant Long Term  
Care Ombudsman

Beth Molberg  
Communications Director

Liz Nelson  
Nutritionist

Rich Nelson  
Deputy Secretary

Pamela Parker  
Long Term Care Ombudsman

Karin Sandstrom, Director  
Program Development

Linda Schiebe  
Operations Analyst

James Sims  
Policy Analyst

Sheridan Skeen  
Program Coordinator

Jim Tift, Director  
Education and Training

Art Weflen  
Regional Coordinator

### Secretaries:

Marlene Bowman  
Debbie Broostin  
Pat Conners  
Lois Cosgrove  
Edna Dahn  
Buffy Lindell  
Eileen Meloy

\* deceased

\*\* moved from state

\*\*\* chairman

<sup>0</sup> vice-chairman