## Health Plan Company Audits Annual Report

# Health Care Administration February 2014

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**Legislative Report** 

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Minnesota Statutes, Chapter 3.197, requires the disclosure of the cost to prepare this report. The estimated cost of preparing this report is under \$5,000.

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## Health Plan Company Audits, December 2013

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## I. Legislation

MINN. STAT. 62Q.37 subd 7 (2013)

- Subd. 7.**Human services** (a) The commissioner of human services shall implement this section in a manner that is consistent with applicable federal laws and regulations and that avoids the duplication of review activities performed by a nationally recognized independent organization.
- (b) By December 31 of each year, the commissioner shall submit to the legislature a written report identifying the number of audits performed by a nationally recognized independent organization that were accepted, partially accepted, or rejected by the commissioner under this section. The commissioner shall provide the rationale for partial acceptance or rejection. If the rationale for the partial acceptance or rejection was based on the commissioner's determination that the standards used in the audit were not equivalent to state law, regulation, or contract requirement, the report must document the variances between the audit standards and the applicable state requirements.

#### II. Introduction

This report is submitted to the Minnesota Legislature pursuant to Minnesota Statutes 2013, 62Q.37 subd 7.

The Minnesota Department of Health (MDH) licenses all managed care organizations (MCOs) in the state. As part of that licensing review, MDH may audit plans once every three years. Under contract to the Department of Human Services (DHS), MDH also reviews DHS's managed care contracts for Minnesota Health Care Programs (MHCP) to see that they meet the federal standards under the Balanced Budget Act of 1997 (BBA).

DHS determines that MCOs are in compliance with particular federal BBA standards if the plans have met the similar National Committee for Quality Assurance (NCQA) standards. Each year DHS reports the number of NCQA audits that were accepted, partially accepted or rejected.

DHS's review and application of the NCQA accreditation standards are part of DHS's quality strategy and are posted each year on DHS's website.

- Of the eight MCOs under contract with DHS, NCQA accredits two (BluePlus, Medica) for services to Medicaid enrollees.
- NCQA accredits one other MCO (HealthPartners) for their commercial products.
- For SFY 2015, Primewest, Medica and HealthPartners are scheduled to be reviewed by MDH and are impacted by MS 62Q.37 subdivision 7.
- PrimeWest Health and UCare are in the process of becoming NCQA accredited for managed care MHCP.
- The DHS Commissioner did accept or partially accepted audits for PrimeWest and Medica performed by a nationally recognized independent organization. It is anticipated when the final HealthPartners audit is completed, the Commissioner will accept it.

## **NCQA Standards Compared to Federal and State Requirements**

Each year DHS considers new or updated NCQA standards, comparing them with federal and state requirements for all MCOs under contract with DHS.

DHS reviews and assesses accreditation and Medicaid standards and applicable federal and state requirements on an ongoing basis to determine any needed changes to this list. The following table shows which parts of the most recent NCQA standards satisfy which parts of federal BBA regulations.

BBA Regulation	NCQA Standard"100% Compliance"
Utilization Review and Over/Under	
Utilization of Services	
42 CFR 438.240 (b)(3)	UM 1-4, UM 10- 15
Health Information Systems	Annual NCQA Certified HEDIS Compliance Audit <sup>1</sup>
42 CFR 438.242	
Quality Assessment and Performance	
Improvement Program	
42 CFR 438.240 (e)(1-2)	QI 1, Element B
Clinical Practice Guidelines	
42 CFR 438.236 (b-d)	QI 9, Elements A
Case Management and Care Coordination	
42 CFR 438.208 (b)(1-3)	QI 4 Element B, QI 5
Access and Availability of Care and Services	QI 4, QI 5, RR 3 Element B, RR 4 Elements A
42 CFR 438.206	& E MED 1
Emergency Room and Post Stabilization Care	
42 CFR 438.114	UM 12
Confidentiality 42 CFR 438.208 (b)(4),	RR5, Elements A-G
438.224, and 45 CFR Parts 160 and 164, Part	
431, Subpart F	
Subcontractual Relationships and Delegation	
42 CFR 438.230	QI 12 UM 15, CR 9, RR 7, MEM 9
Credentialing and Re-credentialing	CR 1 - 8, QI 4, QI 5
42 CFR 438.214	

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 $<sup>^1</sup>$  2014 NCQA Standards and Guidelines for Accreditation of Health Plans, effective July 1, 2014. Minnesota Department of Human Services, November 2014

- 1. An MCO will be considered to have met the requirements in BBA 42 CFR 438 if, in the previous three annual NCQA-Certified HEDIS Compliance Audits,
  - a) all performance measures are reportable, and
  - b) the MCO provides the audit reports from the previous three years for review.
- 2. DHS/MCO Contract Section 7.3(A) Disease Management Program Standards. If the MCO has diabetes, asthma and cardiac disease management programs that achieve 100 percent compliance with the NCQA QI 8, the MCO will not need to further demonstrate compliance.