

# 2007 Blood Lead Surveillance Report



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#### Introduction

This 2007 Blood Lead Surveillance Report describes the activities of the Minnesota Department of Health (MDH) Childhood Lead Poisoning Prevention Program (CLPPP) and the data resulting from the MDH Blood Lead Information System (BLIS) for the 2007 calendar year. The report contains a description of the trends in lead testing and elevated blood lead levels in Minnesota, and summarizes activities taking place in Minnesota to prevent childhood lead poisoning. The intent of this report is to provide information for lead poisoning prevention stakeholders in Minnesota, document activities of the CLPPP, and assist local efforts to prevent childhood lead poisoning, and is also a companion to the State of Minnesota plan to eliminate childhood lead poisoning by 2010.

# **Lead poisoning**

Although the toxicity of lead has been known for thousands of years, lead poisoning remains one of the most common environmental health threats to children. There are many sources of lead, such as soil contaminated from years of leaded gasoline, lead dust accidentally brought home from parents' workplaces and hobby areas, and imported candies, traditional remedies, pottery, and toys. However, deteriorated lead paint in homes is the primary source of lead for U.S. children today.

Lead paint is most often found in homes built before 1950, but may be found in any home built before 1978, the year lead paint was banned for residential use. More than 80 % of all homes built before 1978 in the U.S. have lead based paint. This correlates to nearly one million homes in Minnesota. Old homes with lead paint may be found in both urban and rural areas. Lead paint may deteriorate as visible paint chips, but is more commonly found as fine dust, identical in appearance to ordinary house dust. Lead-painted windows are a special problem because the action of raising and lowering the window creates lead paint dust that settles on floors and window wells, even when new paint is put over the old lead paint. Remodeling activities in old homes can create large quantities of lead dust that may be inhaled or ingested by all family members.

Children less than six years old, and especially ages one to three years, are most vulnerable to lead's toxicity due to their growing bodies, nutritional needs, mouthing behavior and spending time on the floor. Pregnant women and the developing fetus are also at risk because lead easily passes through the placenta to the fetus, and the changing nutritional needs of the mother cause release of lead stored in bone. The Centers for Disease Control and Prevention (CDC) and the Minnesota Department of Health (MDH) consider children and pregnant women to have elevated blood lead levels (EBLLs) if their blood test results are greater than or equal to 10 micrograms of lead per deciliter whole blood ( $\mu$ g/dL).

Certain populations of children are at increased risk of lead poisoning. For example, children enrolled in Medicaid or other medical assistance programs are more likely to live in older homes in poor condition, have poor nutrition, and live in urban areas that may contain lead-contaminated soils. Refugees and immigrants are also at increased risk. They are likely to have

lead exposure in their home countries, may have poor nutritional status, and may live in substandard housing once in the U.S.

Recognizing and treating lead poisoning can be difficult because it often occurs with no distinct symptoms. In young children, the effects of low levels of lead may not appear until the children enter school and display learning difficulties, reduction in IQ, or behavior problems. At that point it is too late for prevention of lead poisoning and the effects are likely to be permanent.

Minnesota statute 144.9504 mandates environmental interventions for venous blood lead levels of 15  $\mu$ g/dL or greater in children less than six years old. For levels of 10  $\mu$ g/dL or greater, local public health nurses work with families to bring down elevated lead levels. For most children and adults with lead poisoning, identification and elimination of the source of lead is the main treatment. Chelation to quickly reduce the blood lead level is advised only for blood lead levels of 45  $\mu$ g/dL or greater. Research has shown no benefit in long-term outcome for chelation of blood lead levels less than 45  $\mu$ g/dL. For this reason, primary prevention, or preventing lead poisoning before it can start, is crucial.

#### 2010 Lead Poisoning Elimination Plan

In 2004 a workgroup consisting of partners from federal, state, and local governments, community based organizations, housing, real estate, landlord, and tenant organizations, and many other disciplines, created the State of Minnesota 2010 Childhood Lead Poisoning Elimination Plan. The stated goal of the plan is: "To create a lead-safe Minnesota where all children have blood lead levels below 10  $\mu$ g/dL by the year 2010." The plan advocates for a collaborative, housing-based approach to promoting primary prevention of childhood lead exposure, while incorporating ongoing programs at both the state and local level. This is consistent with the federal strategy to act before children are poisoned, identify and care for lead poisoned children, conduct research, and measure progress to refine lead poisoning prevention strategies. Further information and the full plan are available at the MDH Lead Program website: www.health.state.mn.us/divs/eh/lead.

A progress report ("2010 Plan Year Three Progress Report, September 2007") is available from CLPPP at the Web site listed above. There has been substantial progress in achieving the strategies laid out in the original Plan and in incorporating new ideas into the current Plan. The CLPPP will be reissuing an updated plan during late summer 2008. During the April 14, 2008 meeting of the MDH-sponsored Minnesota Collaborative Lead Education and Assessment Network (MCLEAN), participants went over Goal IV of the plan in detail to update progress on individual goals and tasks, and to make suggestions for revision or elimination of tasks. Tasks related to increasing the supply of lead-safe housing were specifically evaluated by two students from the Harvard School of Public Health in winter 2008. Further evaluation activities regarding these tasks will take place in summer 2008. The remaining goals and tasks were evaluated during subsequent work group meetings on May 21, 2008 and June 23, 2008. The updated plan for 2008 will incorporate all the progress and revisions suggested during these meetings. The 2010 plan was also reviewed and discussed at the April 3, 2007 and October 4, 2007 meetings of

MCLEAN. Future MCLEAN meetings will allow collaborators to provide updates on the progress towards specific goals in the 2010 Elimination Plan.

# The MN Blood Lead Information System (BLIS)

MDH maintains a blood lead information system (BLIS) for the purpose of monitoring trends in blood lead levels in adults and children in Minnesota. Analyzing laboratories submit results to the MDH lead program, as mandated by Minnesota Statute 144.9502. The data are maintained in an Oracle platform, which allows for high data security, and is compatible with other current state agency systems for data transfer. As of January 1, 2008 the blood lead database contained 969,319 records of blood lead test results from 685,335 individual Minnesota residents dating back to 1992. The data are used to help identify populations at risk for elevated blood lead levels (EBLLs), to help ensure that screening services are provided to groups identified as having the highest risk of lead poisoning and to ensure that environmental and medical follow up are provided to children with EBLLs.

It can often take months for these data to be reported and processed into the MDH surveillance database. The CLPPP is addressing this issue by promoting use of electronic reporting formats, which allow for greater efficiency in handling large numbers of records. MDH now receives approximately 67 % of reports electronically, up from 27 % in 1997.

# **Blood Lead Testing Methods Report to the Legislature**

There have been ongoing questions in the lead community regarding the role of testing in lead poisoning prevention and appropriate testing methods. Therefore, the 2007 Legislature directed MDH to conduct a study to evaluate blood lead testing methods used to confirm elevated blood lead status. Specifically MDH was required to conduct a study to examine the false positive rate of capillary tests, current protocols for capillary testing, and guidelines from other states regarding lead testing, and directed MDH to make recommendations regarding the use of capillary tests to initiate environmental or medical interventions and make recommendations regarding reducing the state mandatory intervention level to  $10~\mu g/dL$ . The full report is available here: <a href="http://www.health.state.mn.us/divs/eh/lead/reports/legislativerept07.pdf">http://www.health.state.mn.us/divs/eh/lead/reports/legislativerept07.pdf</a>.

#### Statewide surveillance data

The two main types of blood specimens used in blood lead testing are capillary and venous. Capillary blood specimens are drawn from a finger stick and the blood is collected either in capillary tubes or on filter paper. They are considered "screening" tests because they are prone to falsely high results due to surface contamination when hands are not properly washed with soap and water. However, capillary tests tend to be more acceptable to parents and may be performed in a wider range of settings. Venous specimens are considered "diagnostic" tests because they are drawn directly from a vein, but they can be less acceptable to some parents due to discomfort for the child, and necessitate greater expertise in drawing the blood.

Since not all Minnesota children have a high risk for lead exposure, targeted screening is currently recommended for most areas of the state, rather than universal screening. The goal is to test all children at risk for exposure to lead.

The number of children tested for lead in Minnesota has been increasing since 1998, with approximately 93,000 children tested in 2007 (Figure 1).

100,000 90,000 Number of Children Tested 80,000 70,000 60,000 50,000 40,000 30,000 1995 1997 1998 1999 2000 2001 2002 2003 2004 2005 2006 2007 1996

Figure 1: Number of Children Tested (Less than 6 Years of Age)

#### **Blood Lead Levels in Children**

The trends in the number of EBLL cases in Minnesota children may also be compared across years (Figure 2). Fortunately the number of EBLL cases has continued to decrease. In 2007 there were 1,098 Minnesota children with blood lead levels of 10  $\mu$ g/dL or greater, and 197 children had venous blood lead levels of 15  $\mu$ g/dL or greater.

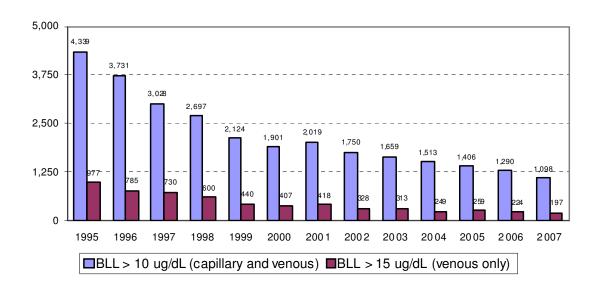


Figure 2: Number of Children with Elevated Blood Lead Levels

Blood lead testing and EBLL data have been summarized for each county in Minnesota, and are presented at the end of this report in Table 4.

#### **Case Management**

The CLPPP provides technical assistance to all local public health agencies in the state of Minnesota to ensure case management services for children with elevated blood lead. These activities include:

- Assuring case management activities and follow-up testing for children and pregnant women that have EBLLS above 10 μg/dL are performed consistent with MDH guidelines;
- Communicating regularly with the Asbestos and Lead Compliance Unit to assess progress on open lead cases and facilitate communication between the Asbestos and Lead Compliance Unit and local lead case managers; and

Case monitoring activities have helped clinicians improve their adherence to Minnesota Guideline procedures.

#### **Follow-up Testing**

MDH guidelines recommend follow-up blood lead tests for children with elevated blood lead levels. The period of time recommended for re-testing varies according to the initial blood level (see case management guidelines below), but the maximum time is 90 days for any child with a blood lead level of  $10 \mu g/dL$  or greater. Of the 1,098 Minnesota children identified with EBLLs

in 2007, 625 (60%) received a follow-up test. Of these, 479 (44% of the total children with EBLLs) were retested within 90 days of their initial EBLL. Working to improve this low follow-up rate would reduce and mitigate the effects of children's lead exposure. Increasing the follow-up rate and reducing the time between tests will take the combined efforts of providers, case managers and the MDH Lead Program.

# **Blood Lead Testing by County**

County-specific data on blood lead testing and EBLL rates are provided at the end of this report in Table 4.

# **Special populations**

#### Medicaid Children

National studies have shown that Medicaid-enrolled children are three times more likely to have elevated blood lead levels than non-enrolled children. Medicaid's Early and Periodic Screening Diagnosis and Treatment (EPSDT) program requires that well-child visits include blood lead testing at both 12 and 24 months. Despite the testing requirement, nationally only about 19% of Medicaid-enrolled children ages one to five were tested according to a 2000 report by the Government Accounting Office.

A joint study between the MDH Lead Program and Minnesota Department of Human Services (DHS) released in 2002 showed that children enrolled in Minnesota Health Care Programs (MHCP) had higher lead poisoning rates. Of those children tested between 1995 and 1998 and found to have EBLLs, 72% were enrolled in MHCP. MHCP children were nearly twice as likely as non-MHCP children to have EBLLs (9.8% compared to 5%). However, despite their high-risk status, only 13.3% of MHCP children were tested for blood lead in 1998.

The 9-30 month age group is used in analysis since this captures children tested around their one and two-year well-child visit as recommended in both DHS and MDH guidelines. Analysis of 1999-2003 data for Minnesota children enrolled in Medicaid funded programs provided good news about testing in the Medicaid-enrolled population, and was published in *Minnesota Medicine* in May 2006. The rate of blood lead testing in the total population of 9- to 30-monthold children enrolled in MHCP increased from 17% to 29% between 1999 and 2003. The rate of elevated blood lead levels EBLLs in tested children declined from 6% in 1999 to 2.7% in 2003. However, there remained a two-fold higher rate of elevated blood lead levels in MHCP children in 2003 (3.4% and 1.5% for MHCP and non- MHCP children, respectively). The percentage of children with elevated blood lead levels who were re-tested within three months increased from 39% in 1999 to 50% in 2003. To help sustain these gains, DHS continues to include provisions in their managed care contracts which encourage blood lead testing. A \$30 incentive is provided for every child above the previous year's level of testing. DHS also includes a blood lead screening among the performance goals that must be met for health plans to receive the 5% of

their contract amount that is withheld at the beginning of each contract year. The Minnesota Medicine article is also available at

www.mmaonline.net/publications/MNMed2006/May/clinical-zabel.htm in the May 2006, Volume 86 issue.

When combined with data from the report described above, the data for 2004 through 2007 also show a continuing trend toward higher rates of testing in MHCP-enrolled children (Figure 3), along with declining rates of EBLLs in both MHCP-enrolled and non-enrolled children (Figure 4).

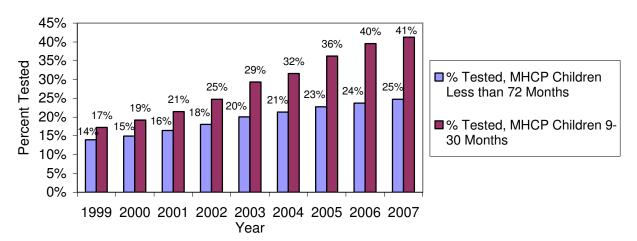
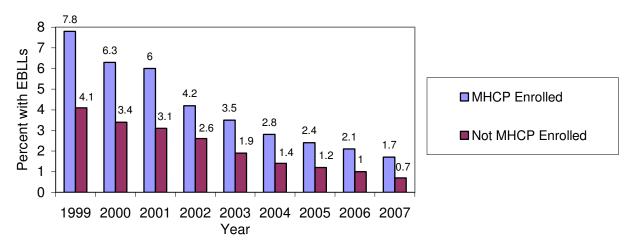


Figure 3. Children Enrolled in MHCP Tested for Blood Lead





## Refugee Children

Refugees are a population at high risk for lead poisoning. Refugees may have lead exposure in their countries of origin, such as use of leaded gasoline, herbal remedies, cosmetics or spices that contain lead, cottage industries that use lead in an unsafe manner, and limited regulation of emissions from larger industries. Once they are in the U.S., refugees frequently move into older, inner city housing, with potential for exposure to lead-based paint. The Division of Infectious Disease Epidemiology, Prevention, and Control at MDH collects demographic data on all refugees entering the state who receive an initial health screening. The 2007 refugee data were linked with the blood lead test results from BLIS to describe lead testing and EBLL rates in refugees. Refugee children in Minnesota comprise a wide range of ethnic origins, as shown in Table 1. Of all refugee children entering Minnesota in 2007, 94 % received health screening.

Table 1. Number and Percent of Refugee Children (0-72 Months) Tested and with Elevated Blood Lead Levels in 2007 by Country of Origin

Ethnicity/ Region of Origin	# of Refugee Children*	# of Children Tested for Lead		Of Children for Lead, # Within T Months of A	Tested hree	Childi w/Elevated (10 µg/	d Level
Burma	93	89	96%	87	98%	7	8%
Ethiopia	14	14	100%	14	100%	2	14%
Former USSR	20	18	90%	13	72%	0	0%
Hmong/Laos	10	7	70%	6	86%	0	0%
Liberia	30	29	97%	27	93%	3	10%
Rest of Africa	12	9	75%	8	89%	0	0%
Rest of Asia	6	1	17%	1	100%	0	0%
Somalia	53	49	92%	47	96%	0	0%
Total	238	216	86%	203	94%	12	6%

<sup>\*</sup>Data obtained from MDH Infectious Disease Epidemiology, Prevention and Control Division

Blood lead tests were also matched to refugee information in past years (Fig. 5). Of the children seen for an initial health screen in 2007, 97% were tested for blood lead. The rate of elevated blood lead levels for refugees has dropped in the past several years, but was still approximately five times the rate for blood lead tests statewide in 2007.

Figure 5. Lead Testing and EBLLs in Refugee Children

In early 2005, CDC issued new guidelines for blood lead testing in refugee children. These guidelines include lead testing for refugee children up through age 15, a repeat blood lead test after three to six months in the U.S., blood chemistry for iron status, use of pediatric multivitamins, and educational efforts for providers and families. These new guidelines were issued in response to a number of lead poisoning cases, including one death, in refugees in New Hampshire. In many of those cases, the children arrived with low lead levels, but were exposed to lead in the old homes in which they resided and absorbed this lead easily due to their poor nutritional status.

In response to these new guidelines, MDH Lead Program staff met with MDH Refugee Health Program staff to determine the feasibility of updating the recommendations for blood lead testing in refugees and to help raise awareness of educational materials in Somali. As a result of these meetings, MDH staff (both Refugee Health and CLPPP) decided to collaborate with the refugee health screening clinic at the St. Paul – Ramsey County Department of Public Health to conduct a pilot study to determine the feasibility of these recommendations. Some of the specific activities that occurred through this project were: testing blood lead levels in new refugee children aged 6 months through 15 years, performing complete blood count and blood chemistry for iron status, and obtaining follow-up lead tests on refugee children after three to six months in the U.S., even though their initial test was below the level of concern. Follow-up testing was performed to make sure their lead levels did not increase due to poor nutritional status when entering the country combined with lead exposure in the U.S. St. Paul - Ramsey Department of Public Health nurses followed up with parents and physicians on any test results that were of concern. Of the 150 children seen at the clinic, all received initial blood lead testing and 140 were tested a second time after living in the U.S. Initial EBLLs were observed in five of the children screened (3.3%), and only one child (0.7%) had a low initial test with an elevated second test. A full report was published in the March/April 2008 issue of *Public Health Reports*, and is available here: http://www.publichealthreports.org/userfiles/123\_2/111-116.pdf.

Since spring 2007 the CLPPP has collaborated with the MDH Refugee Health Program on a national study to assess lead exposure and lead poisoning risk for new refugees in the U.S. The

study is directed by Dr. Paul Geltman of the Massachusetts Department of Health. Minnesota is serving as one of the study areas in which families of 30 refugee children will answer a lead risk survey and have a home lead hazard assessment performed. Minnesota data will be combined with data from other states to assess the risk of lead poisoning faced by refugees across the nation.

#### **Adults**

CDC recommends a level of concern for adult exposure to lead of 25  $\mu$ g/dL, while the Occupational Safety and Health Administration (OSHA) requires action in exposed workers at a level of 40  $\mu$ g/dL. Minnesota's Adult Blood Lead Epidemiology and Surveillance (ABLES) program began identifying eligible adults on January 1, 1998. The total number of tests reported in 2007 for adults in Minnesota is presented in Table 2.

Table 2: Minnesota residents 16 years or older with a reported blood lead test in 2007

# of reports	# of individuals	Range of reported results
9,827	8,668	0.0 to 82.0 μg/dL

There were 156 adults with BLLs of 25  $\mu$ g/dL or greater identified through the ABLES program in 2007 (five female), and there were 14 adults with reported levels greater than 40  $\mu$ g/dL (none female). Occupations and hobbies contributing to lead exposure are listed in Table 3.

Table 3. Occupation/Exposure Categories for Adults with Elevated Blood Lead Levels

Occupation/Exposure	25+ μg/dL	40+ μg/dL
Painting	1	0
Construction and Demolition	8	1
Fishing Tackle Manufacturing	16	0
Lead Smelting	90	8
Stained Glass	5	0
Stone Product Manufacturing	2	0
Recycling	7	2
Shooting Firearms	1	0
Broke Open Car Batteries	1	1
Casting Fishing Sinkers	1	0
Retained Bullet from Gunshot	2	0
Home remodeling	1	1
Intentional ingestion	1	1
Unknown	20	0
Total	156	14

#### **Evaluation of BLIS for 2007**

In 2007 there were 114,310 total blood lead tests reported to the MDH BLIS. The tests were received from 56 separate laboratories; 41,342 (36%) received on paper through mail or fax and 72,967 (64%) received through electronic reporting (mailed disks, encrypted email, or secure website downloads). A total of 15,766 tests (14% of the total) were received from 33 clinics using ESA LeadCare analyzers. The tests received by MDH consisted of 82,669 capillary specimens (72%), 28,502 venous specimens (25%), and 3,139 tests of unknown type (2.8%). The median difference between specimen date (date the blood lead specimen was drawn) and date of analysis was one day. The difference between the date received at MDH and date of analysis had a median of 5 days, with a median of 6 days for paper laboratories and 4 days for electronic records laboratories. The time between received date and date of entry into BLIS had a median of 1 day for all tests, with a median of 0 days for electronic records and 10 days for paper records. The median total time between specimen date and entry date was 10 days, with a median of 21 days for paper records and 7 days for electronic. These data help indicate the advantages of electronic reporting. Electronic transfer of medical data significantly improves timeliness, in addition to requiring less staff time for entry of records into BLIS.

Data completeness is an important component of any surveillance system, and MDH staff make extensive efforts to ensure the most complete data possible in BLIS. Even after efforts to find missing addresses, they are still the most frequently missing component of data in blood lead tests reported to BLIS. Both city and zip code were missing 6.3% of the time, and street address was missing 6.9% of the time. The patient's date of birth was missing for 4 records, and these were all confirmed to be adult patients.

#### **State Blood Lead Guidelines**

MDH has developed a set of four guidelines for lead: Childhood Blood Lead Screening, Childhood Blood Lead Case Management, Childhood Blood Lead Clinical Treatment, and Blood Lead Screening for Pregnant Women. These guidelines were developed by collaborative workgroups and have been endorsed by a range of professional health organizations. All four guidelines may be found at the MDH Web site at <a href="www.health.state.mn.us/divs/eh/lead">www.health.state.mn.us/divs/eh/lead</a>. In addition to the guidelines from MDH, local public health agencies may review risk factors for elevated blood lead and the available blood lead screening data to assess concerns about lead poisoning in their areas. This will allow local agencies to develop interventions tailored to the risks in their areas. Factors to be considered locally are the age and condition of housing stock, the size of the population, screening practices of the area health care providers, occupational and community sources of lead, socio-economic status of the population and other unique risk factors in the community. The assessment should address the amount of screening that takes place relative to the size of the childhood population, the relative number of elevated cases that are found, and the use of other screening tools, such as questionnaires, to identify risk factors.

## **Childhood Blood Lead Screening Guidelines**

The MDH Childhood Blood Lead Screening Guidelines direct physicians to order blood lead tests for 1) children residing in specific geographic areas that have a high rate of cases of elevated blood lead; and 2) children matching specific demographic groups that have a high rate of elevated blood lead. Universal screening is recommended for children residing in Minneapolis and St. Paul and those recently arriving from other major metropolitan areas or other countries. Screening is also recommended for children receiving Medicaid. The test is typically performed when the child is one and two years old, but may be done at any time if the parent is concerned or if a high-risk activity (e.g. remodeling a home built before 1950) has recently occurred.

The screening guidelines were published in 2000. Since that time, EBLL rates have significantly dropped and primary prevention activities have increased in Minnesota. Therefore, the CLPPP convened a workgroup of stakeholders to formally re-evaluate the Blood Lead Screening Guidelines during fall 2007. Although EBLL rates in Minneapolis and St. Paul have decreased substantially since 2000, the group felt that given the education and outreach that has occurred over the past several years, the benefits of maintaining a universal testing recommendation for these two cities outweighed the benefits that might be gained by recommending targeted blood lead testing for these areas.

#### **Childhood Blood Lead Case Management Guidelines**

The MDH Childhood Blood Lead Case Management Guidelines are intended to establish standardized, minimum levels of care for providing services to children with EBLLs. However, those counties that have greater resources available may wish to take a more rigorous approach to case management. The objective is to ensure that a qualified case manager is available to oversee the treatment and recovery of each child, and to ensure that steps are taken to prevent further exposure of the child to potential sources of lead. The Case Management Guidelines work in concert with the MDH Blood Lead Screening Guidelines for Minnesota to identify and manage lead exposure in children. Appropriate steps are presented for both capillary and venous test results.

#### **Childhood Blood Lead Clinical Treatment Guidelines**

The Childhood Blood Lead Clinical Treatment Guidelines were designed for physicians to assist them in treating a patient with an EBLL, thus ensuring that all EBLL cases in Minnesota receive a consistent level of care. Although the current "actionable" level for lead case management and clinical treatment activities in Minnesota is  $10~\mu g/dL$ , the CLPPP strongly supports providing guidance from public health and medical professionals to families with documented lead exposures below this threshold. Clinical treatment guidelines for blood lead levels less than  $10~\mu g/dL$  were reviewed by a group of five physicians during 2005. Their consensus was that education should be provided and encouraged for children with blood lead levels of 5-10  $\mu g/dL$ , but further clinical treatment is not required.

#### **Blood Lead Screening Guidelines for Pregnant Women in Minnesota**

In June 2004, MDH developed Blood Lead Screening Guidelines for Pregnant Women in Minnesota. They are designed for Ob/Gyn physicians, nurse practitioners, and midwives to assist them in screening and treating pregnant women for elevated blood lead levels, thus ensuring that both the women and their children receive intervention to reduce their lead exposure.

Prenatal lead exposure is of concern because it may have an effect on intellectual development. In addition to fetal risk, lead may be a risk to the mother; it has been shown to be related to cardiovascular disease. Lead is transferred from mother to the fetus because the placenta is a weak barrier to the passage of lead. Therefore, it may be assumed that fetal blood contains the same concentration of lead as maternal blood. The CDC and MDH consider  $10~\mu g/dL$  and above to be an elevated blood lead level for pregnant women as well as children.

In many cases, high levels of lead in pregnant women arise from maternal occupational exposure. However, other lead exposures may occur, such as: remodeling a home containing lead paint that allows lead dust to become airborne and inhaled; a family member's occupation or hobby resulting in "take-home" lead; using non-commercial home remedies or cosmetics that contain lead; using glazed pottery for cooking; and pica behavior of the mother, such as eating soil or pieces of clay pots. There may also be exposure of the fetus to lead coming out of the mother's bones. This may arise from long-term previous exposures of the mother even though lead exposure is not happening during the pregnancy. Lead may come out of maternal bones faster during pregnancy and lactation because of the mother and fetus's need for calcium. A diet rich in iron and calcium may help reduce absorption of lead during pregnancy.

Not every woman is at risk for lead exposure, so a risk screening questionnaire should be used to decide when to test a pregnant, or potentially pregnant, woman for lead.

#### Other information resources available from CLPPP

The Lead Program maintains a web page through the MDH Web site that provides a number of lead education materials for providers, regulated parties, and the general public (<a href="www.health.state.mn.us/divs/eh/lead">www.health.state.mn.us/divs/eh/lead</a>). This site contains information on hot topics (including current data, projects and requirements), numerous fact sheets, a list of "frequently asked questions" and responses, all publications and reports (including guidelines for screening, case management, and clinical treatment in children, and screening of pregnant women), a downloadable version of a lead education workshop, and links to many external lead resources.

The Lead Program posts relevant information to the MCLEAN group email list and encourages other state groups or individuals to post and respond to information.

In September 2004, ECHO (Emergency and Community Health Outreach) launched a first-of-its-kind television series on Twin Cities Public Television (tpt) Channel 17. An estimated 1.2 million households in the Twin Cities Metro area and western Wisconsin are covered by the signal. Every month, tpt broadcasts a 20-minute segment (hosted by members from ethnic communities) in six languages: Hmong, Khmer, Lao, Somali, Spanish and Vietnamese. Since

ECHO will broadcast live if a statewide crisis or emergency is underway, immigrant/refugee communities are familiar with the program and recognize its broadcasts as important to the health and safety of their families. ECHO is led by St. Paul-Ramsey County Public Health, Hennepin County Public Health, the Minnesota Department of Health, and other emergency preparedness agencies.

In late 2005, the CLPPP contracted with ECHO to get lead poisoning prevention messages out to non-English speaking populations. The shows about lead were taped in July 2006 and were broadcast in October 2006. DVDs of the production are available from CLPPP for use in education of non-English speaking populations. These productions are also available for viewing on ECHO's website at <a href="www.echominnesota.org">www.echominnesota.org</a>. To date, MDH has distributed approximately 1,700 copies of the DVD.

#### St. Paul Prevention Project

In fall 2006, the CLPPP contracted with Saint Paul/Ramsey County Department of Public Health to provide Lead Supervisor Training for four small contractors working in two targeted census tracts with high risk factors for childhood lead poisoning. Lead-safe work practices training was provided to at least 50 % of participating contractors' employees. Saint Paul/Ramsey County staff mentored and supported participating contractors during on-the-job implementation of lead-safe work in 16 homes with identified lead hazards. This effort continued in 2007, and the experiences of these contractors will be documented and summarized on the MDH Lead Program Web site.

#### Lead in Venison

Many states have programs in which hunters may donate venison to food shelves by bringing their shot deer to meat processors, who provide the processed venison to food charities. In March 2008 a physician in North Dakota performed radiographic analysis on venison packages from food shelves in that state. A high percentage of the packages showed visible metal fragments on the X-ray images. Minnesota Department of Agriculture (MDA) staff obtained packages from Minnesota food shelves and performed similar analyses. The results were similar to North Dakota, with approximately 25% of packages showing fragments. Chemical analysis detected the presence of significant quantities of lead in the packages. As a result of this discovery MDA suspended venison distribution from food shelves in Minnesota. Currently MDH, MDA and the Department of Natural Resources (DNR) are working together to implement changes to the program for the Fall 2008 hunting season. Also, these three agencies are working to provide guidance for hunters and their families about consumption of venison, whether it is processed at home or by a commercial processor. More information will be available as the fall deer hunting season approaches, and will be available on the MDH Lead Program Web site.

#### **Further Lead Information**

More information about lead poisoning prevention in Minnesota is available at the MDH Lead Program web site: <a href="https://www.health.state.mn.us/divs/eh/lead">www.health.state.mn.us/divs/eh/lead</a> or by calling 651-201-4620.

Table 4: Blood Lead Testing by County (Children Less than 6 Years of Age)

County 5 to 9.9 μg/dL 10 to 14.9 μg/dL 15 μg/dL or greater Total Children Tested									
County	5 to 9.	9 µg/aL	10 to 14.9 μg/dL		Total Children Tested				
	Venous	Capillary	Venous	Capillary	Venous	Capillary	All test types	Population < 6 years (2000)	Percent Tested
Aitkin	0	24	0	1	0	0	258	858	30%
Anoka	24	193	4	11	4	7	5,744	27,287	21%
Becker	9	29	0	1	0	2	667	2,244	30%
Beltrami	0	27	1	0	0	0	280	3,394	8%
Benton	1	38	0	2	0	2	1048	2,949	36%
Big Stone	0	7	0	0	0	1	77	336	23%
Blue Earth	0	44	0	4	2	1	876	3,709	24%
Brown	5	20	0	2	0	0	247	1,752	14%
Carlton	1	52	0	3	0	2	721	2,266	32%
Carver	4	31	1	1	0	2	1078	7,493	14%
Cass	1	26	0	1	0	0	362	1,688	21%
Chippewa	5	12	0	1	0	0	209	922	23%
Chisago	5	33	2	4	1	1	788	3,750	21%
Clay	0	30	1	1	0	1	642	3,826	17%
Clearwater	0	1	0	0	0	0	47	594	8%
Cook	0	1	0	0	0	0	31	292	11%
Cottonwood	0	6	0	1	0	0	94	862	11%
Crow Wing	4	109	0	10	1	4	1188	3,999	30%
Dakota	42	294	3	26	7	12	6,582	33,353	20%
Dodge	3	13	0	2	0	2	230	1,613	14%
Douglas	0	35	0	2	0	0	548	2,216	25%
Faribault	1	32	0	3	2	0	216	1,025	21%
Fillmore	2	18	1	1	0	0	193	1,458	13%
Freeborn	1	18	3	2	4	3	380	2,209	17%
Goodhue	2	25	2	3	2	0	540	3,258	17%
Grant	0	8	0	0	0	0	97	392	25%
Hennepin	469	1,328	132	128	68	42	21,912	88,005	25%
Houston	2	16	1	2	0	2	201	1,389	14%
Hubbard	0	9	0	0	0	0	133	1,232	11%
Isanti	3	34	1	2	0	1	688	2,497	28%

County	5 to 9.	9 μg/dL	10 to 14.9 μg/dL		15 μg/dL or greater		Total Children Tested		
	Venous	Capillary	Venous	Capillary	Venous	Capillary	All test types	Population < 6 years (2000)	Percent Tested
Itasca	4	33	1	6	0	2	729	2,825	26%
Jackson	0	5	0	0	0	0	93	723	13%
Kanabec	0	17	1	1	0	0	183	1,116	16%
Kandiyohi	14	44	1	5	0	4	926	3,080	30%
Kittson	0	6	0	1	0	0	36	407	9%
Koochiching	1	24	0	0	0	2	175	958	18%
Lac Qui Parle	2	11	1	1	0	0	96	508	19%
Lake	0	8	0	0	0	0	194	670	29%
Lake of the Woods	0	9	0	0	0	0	64	244	26%
Le Sueur	0	19	1	1	5	0	398	1,923	21%
Lincoln	1	2	1	0	0	0	50	435	11%
Lyon	0	29	0	1	2	1	513	2,009	26%
McLeod	0	36	0	4	1	1	693	2,935	24%
Mahnomen	2	1	0	0	0	0	73	453	16%
Marshall	0	5	0	0	0	0	72	703	10%
Martin	3	28	0	4	3	1	343	1,449	24%
Meeker	1	17	1	3	0	1	367	1,760	21%
Mille Lacs	1	15	0	3	0	1	397	1,648	24%
Morrison	1	28	0	1	1	1	557	2,513	22%
Mower	14	17	2	0	1	0	473	2,860	17%
Murray	0	7	0	0	0	0	94	600	16%
Nicollet	0	23	2	0	4	0	500	2,143	23%
Nobles	0	34	0	5	0	3	527	1,736	30%
Norman	0	2	0	0	1	0	56	556	10%
Olmsted	13	47	2	3	4	3	1142	10,691	11%
Otter Tail	2	14	0	0	1	1	418	3,772	11%
Pennington	0	4	0	1	0	1	136	999	14%
Pine	0	51	1	2	1	1	398	1,784	22%
Pipestone	0	2	0	2	0	0	44	678	6%
Polk	6	8	2	1	1	0	320	2,261	14%
Pope	0	20	1	2	0	1	147	660	22%
Ramsey	356	904	88	88	59	18	11,579	41,990	28%

County	5 to 9.	9 μg/dL	10 to 14	10 to 14.9 μg/dL 15 μg/dL or greater		Total Children Tested			
	Venous	Capillary	Venous	Capillary	Venous	Capillary	All test types	Population < 6 years (2000)	Percent Tested
Red Lake	1	0	0	1	0	0	36	289	12%
Redwood	3	12	2	3	1	0	251	1,252	20%
Renville	2	19	1	1	0	1	283	1,260	22%
Rice	4	65	2	2	4	1	1002	4,206	24%
Rock	1	14	0	0	0	0	82	733	11%
Roseau	0	5	0	0	0	0	122	1,460	8%
St. Louis	20	271	11	18	7	9	3553	12,737	28%
Scott	1	98	1	2	1	1	1,947	10,001	15%
Sherburne	1	62	3	4	0	3	1,840	6,497	18%
Sibley	3	18	2	2	1	1	235	1,227	4%
Stearns	8	108	5	9	2	5	3,100	10,311	30%
Steele	2	25	3	4	0	1	731	2,832	26%
Stevens	1	11	2	0	0	0	120	631	19%
Swift	2	14	0	0	0	1	141	775	18%
Todd	1	38	0	1	0	1	408	1,743	23%
Traverse	0	14	0	0	0	0	56	277	20%
Wabasha	0	12	0	0	0	0	222	1,540	14%
Wadena	2	10	0	0	0	0	196	1,014	19%
Waseca	2	23	0	2	0	0	331	1,554	21%
Washington	21	134	3	9	1	2	2,888	18,636	15%
Watonwan	0	17	0	5	1	0	205	1,022	20%
Wilkin	0	2	0	0	0	1	83	548	15%
Winona	0	27	2	1	4	0	387	3,385	11%
Wright	6	59	1	5	0	1	2,222	8,947	25%
Yellow Medicine	1	16	0	2	0	0	158	757	21%
Unknown	39	394	0	6	0	1	5,008	N/A	N/A
Minnesota Totals	1,126	5,451	295	426	197	179	93,477	397,581	24%