

MINNESOTA STATE HIGH SCHOOL LEAGUE

Annual Report

2004-2005



2004-2005 MSHSL BOARD OF DIRECTORS



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Southwest Minnesota
Christian



Ann Yonamine
Eden Prairie

2004-2005 REPRESENTATIVE ASSEMBLY DELEGATES

The rule-making body of the Minnesota State High School League

CLASS A REGIONS

Region 1A

1. John Ostrowski, Athletic Director, Dover-Eyota
2. Jerry Reker, Principal, Kasson-Mantorville
3. Ken VanDenBoom, Athletic Director, Caledonia

Region 2A

4. Dan Gardner, Athletic Director, Belle Plaine
5. Craig Morgan, Athletic Director, Minnesota Valley Lutheran, New Ulm
6. Mindy Sparby, Athletic Director, New Richland-H-E-G

Region 3A

7. Bob Grey, Athletic Director, Montevideo
8. Bill Tauer, Athletic Director, Tracy-Milroy-Balaton
9. Steve Wiertzema, Athletic Director, Hills-Beaver Creek

Region 4A

10. Mike Aurich, Athletic Director, Concordia Academy, Roseville
11. Brian Budish, Athletic Director, Meadow Creek Christian, Andover
12. Steve Eklund, School Board, Braham

Region 5A

13. Rick Fischer, Athletic Director, Sauk Centre
14. Emmett Keenan, Athletic Director, Saint Cloud Cathedral
15. Dave Schroeder, Athletic Director, Maple Lake

Region 6A

16. Jean Lopez, Coach, Dilworth-Glyndon-Felton
17. Michael McCarney, Athletic Director, Battle Lake
18. Tom Trisko, Principal/AD, Brandon

Region 7A

19. Kathy Fredricksen, Athletic Director, Moose Lake
20. Chuck Klinker, Athletic Director, Virginia
21. Roger Koster, Athletic Director, Silver Bay

Region 8A

22. Mike Kolness, Principal, Ada-Borup
23. Joe McArthur, School Board, Waubun
24. Eldon Sparby, Principal, Greenbush-Middle River

CLASS AA REGIONS

Region 1AA

25. Byron Olson, Athletic Director, Lakeville
26. Bruce Santerre, Principal, Northfield
27. Ross Williams, Athletic Director, Albert Lea

Region 2AA

28. Jeff Jeska, Activities Director, Waconia
29. Todd Waterbury, Activities Director, Mankato East
30. Mark Woodbury, Activities Director, New Ulm

Region 3AA

31. Tom Conlon, School Board, St. Paul
32. Denise Quinlan, Assistant Superintendent, St. Paul
33. Mike Sjoberg, Coach, St. Thomas Academy, Mendota Heights

Region 4AA

34. Erin Herman, Assistant Principal, Hill-Murray, Maplewood
35. Jenny Loeck, Activities Director, Blaine
36. Bob Madison, Athletic Director, Mounds View

Region 5AA

37. Andy Ewald, Athletic Director, St. Louis Park
38. Adam Holm, Athletic Director, Osseo
39. Mark Robertson, Athletic Director, Fridley

Region 6AA

40. Kurt Habeck, Coach, Eastview, Apple Valley
41. Mary Haugen, Activities Director, Prior Lake
42. Dan Johnson, Activities Director, Hopkins

Region 7AA

43. Ron Larson, Athletic Director, St. Francis
44. Fran McGivern, Coach, Cambridge-Isanti
45. Joe Silko, Principal, Grand Rapids

Region 8AA

46. Harvey Crable, Activities Director, Bemidji
47. Lisa Johnson, Activities Director, Monticello
48. Mike Olson, Activities Director, Little Falls

MSHSL EXECUTIVE OFFICE

Executive Director Dave Stead
Executive Assistant Kristi Vesall
Associate Director Lisa Lissimore
Administrative Assistant Sheila Robinson
Associate Director Craig Perry
Administrative Assistant Ruth Atkins
Associate Director Jody Redman
Administrative Assistant Nancy Etter

Associate Director Kevin Merkle
Administrative Assistant Amanda Johnson
Administrative Assistant Katie Vanderpoel
Director of Information Howard Voigt
Media Relations Assistant Ellen Giloy
Publications Assistant Ann Johnson
MIS Director Chris Franson
Web Site Coordinator Michelle Jackson

Director of Finance Richard Matter
Accounting Assistant Sharon Bahma
Accounting Assistant Nancy Myers
Office Manager Betty Emerson
Receiving/Accounts Receivable Sandra Lindsey
Receptionist Yvonne Walsh

PRESIDENT'S REPORT

The Minnesota State High School League is extremely well respected nationwide. Its 20-member Board of Directors continues to focus on educational opportunities for student-athletes and fine arts participants and provides leadership and support for member schools.

During the past school year, member schools of the League provided input regarding a variety of issues, and their comments were shared with and discussed by the Board of Directors. Member school will recall:

- the restructuring of the Representative Assembly and Activity Advisory Committee process
- a television contract with KSTC-TV, Channel 45 for the broadcast of MSHSL events through 2014-2015
- marketing proposals from both Target Center and Minnesota Sports & Entertainment to help increase tournament attendance and revenue
- moving the Minnesota State High School League Girls' Hockey Tournament from Ridder Arena to the Xcel Energy Center, rent free, beginning with the 2006 hockey tournament
- the formation of a Classification Committee to examine policies and procedures for dividing schools into class divisions for equitable competition
- adoption of 18-minute halves for varsity basketball teams
- realignment of schools into administrative regions and competitive sections for school years 2005-2007
- approval of a two-year experiment to seed the state soccer tournament
- adoption of **teamUP**, a resource-based program that provides schools with educational materials to help create a positive experience for students participating in MSHSL sponsored activities
- co-authored "A Guide to Compliance" which school administrators can use when evaluating athletic programs.

The Board of Directors issued their eighth *Annual Report* in the format you are currently reading; developed goals which were accomplished during the year; continued the expansion of the Web site to ensure more immediate and accurate communication to the member schools and the general public; sponsored the Hall of Fame, Triple "A", Spotlight on Scholarship, Challenge Cup, and ExCEL recognition programs; and solicited input from member schools at Area Meetings that were held throughout the state in the fall and spring of the year.

The 2005-06 school year will undoubtedly present our member schools with many different challenges as district and personal financial constraints cause people to closely evaluate their available resources, and in some cases, force them to make some tough decisions about programs and school initiatives. Needless to say, the Board of Directors and League staff will work with member schools and allied organizations to meet the challenges that lie ahead.

THANK YOU for the unending support you provide to the thousands of athletic and fine arts participants who are served by the activity programs in your school.



Sharon R. Euerle, Board of Directors
President, 2004-05



MISSION

The Minnesota State High School League is a non-profit, voluntary association of public and private schools with a history of service to Minnesota youth since 1916. Its mission is to provide educational opportunities through interscholastic athletic and fine arts programs for students and leadership and support for member schools.

GOVERNING VALUES

To achieve its mission, the League adheres to these governing values:

- equity, fairness, and justice
- activities that support the academic mission of schools
- fair play and honorable competition
- activities that support healthy lifestyles
- treating people with dignity and respect

HISTORY

The Minnesota State High School League was first organized in 1916 by a group of local superintendents. Then called the State High School Athletic Association, its mission was to promote amateur sports for boys and establish uniform rules for interscholastic contests.

In 1929, the Association broadened its scope to include speech and debate, and the Association's name changed to the Minnesota State High School League.

In 1960, the League incorporated under Minnesota Law as a non-profit, voluntary association of high schools. The League added music to its list of sponsored activities in 1965 and girls' athletic programs in 1969.

In 1973, Minnesota statutes provided that membership in the League be available to any high school in Minnesota that satisfied the compulsory attendance requirement under Minnesota Law. Thirty-seven non-public schools joined the League the next year.

During the 1990's the League became the first activity association in the nation to sponsor girls' ice hockey and adapted athletic programs for students with disabilities. The League also established a student advisory committee to provide students with a voice in League decisions.

For 88 years, the Minnesota State High School League, through the cooperative efforts of its member schools, has provided opportunities for students to participate on a fair and equitable basis in interscholastic athletic and fine arts activities.

SERVICES TO MEMBER SCHOOLS

The Minnesota State High School League is a service organization providing its membership with publications, training opportunities, recognition programs, tournaments, rules interpretation meetings, and many other services that assist in the administration of interscholastic activities.

The League serves students first and foremost, providing educational experiences through involvement in athletics and the arts. Interscholastic competition leads to state tournament competition. Students also are acknowledged through several recognition programs for academic achievements, community service, and leadership.

The League serves its member schools by providing competitive environments with rules that support fair play, dignity and respect. School personnel, from elected local school board members to superintendents, from principals to athletic/activity

directors, are invited twice annually to area meetings throughout the state to share concerns and discuss issues.

The League serves coaches and officials, both integral to equitable competition, by providing educational and training opportunities. Coaches can learn about the science of sport, first aid, and the rules that govern both student eligibility and the activities they oversee. Officials are provided annual meetings to review contest rules and are provided opportunities for further training in the mechanics of officiating.

The League serves the public in general as a complimentary extension of the classroom by providing activities for high school youth that teach lifelong lessons and develop responsible citizens. Communication with the general public takes many forms, not the least of which is a comprehensive Web site — www.mshsl.org.

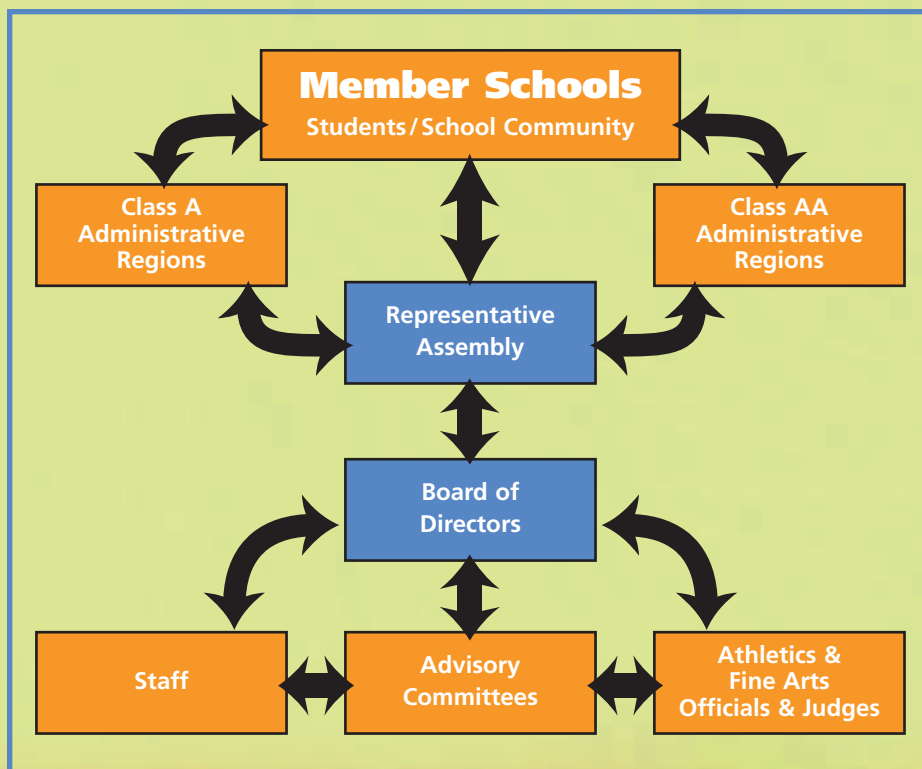


GRASSROOTS GOVERNANCE

As a non-profit, voluntary association of public and private schools, the League is structured to listen to and respond to its members. Individual school boards decide every year to join the League. Each member school and its composite constituencies — students, parents, coaches, administrators, and school board members — have a voice at the grassroots level known as an administrative region. A committee comprised of representatives from those member schools makes decisions about how subsection and section competition is conducted. Each of these 16 committees — eight for schools with an enrollment of fewer than 500 students in grades 10-12 and eight for schools with an enrollment of 500 or more — also elect or appoint three people to serve on the Representative Assembly which acts on bylaws that govern eligibility and the administration of programs and activities. These committees also review proposed changes to bylaws before consideration by the

Representative Assembly. These region committees report to the 20-member Board of Directors, which oversees the administration of all programs and activities and structures the conduct of state tournaments. The Board of Directors solicits recommendations from various advisory committees. There is a Student Advisory Committee. Each activity has an advisory committee comprised of coaches involved with that activity. Athletics and activity directors also have an advisory committee. So do officials and sports medicine personnel.

The intent is to involve everyone, from students and their parents and coaches to school administrators and their elected school board members, in the decision-making process. Every person involved in any facet of high school activities can be heard. Responding in a suitable fashion can often be challenging, but it is a duty held paramount at all levels of League governance.



Each of the 16 administrative regions is responsible for electing or appointing three people to serve on the Representative Assembly. Assembly members serve two-year terms.

2004-05 BYLAW CHANGES

Forty-eight people, representing the League's membership, comprise the Representative Assembly, the League's legislative body. The Assembly meets annually in mid-May to consider all bylaw proposals that come from League member schools, region committees, the Board of Directors and state athletics and fine arts associations.

League bylaws govern the addition of new activities, season lengths, number of contests, eligibility standards, and amateurism requirements of student athletes and fine arts participants. Bylaws also set requirements for conduct, enrollment, and they give direction to scholarship, student transfers, practices, and many other areas important to the sound administration of high school athletic and fine arts programs.

The Representative Assembly approved the following bylaw proposals during the 2004-05 school year—

Bylaw 403, Cooperative Sponsorship of League Activities by Two of More Member Schools

Proposal: Revises the procedures for determining the classification of Class A schools that provide cooperatively-sponsored programs.

Bylaw 508, Football

Proposal: Increases the number of quarters of participation to six quarters times the number of regular season games.

RECOGNITION

The League sponsors the—

- **Academics, Arts, and Athletics Awards (Triple "A")** for high school seniors that have a 3.0 or higher grade average and who participate in League-sponsored athletic and fine arts activities.
- **Spotlight on Scholarship** for students and school teams that maintain a "B" or better grade average.
- **Hall of Fame** for the most distinguished individuals involved in high school fine arts and athletics.
- **ExCEL Program** to honor high school juniors for community service, academic achievement and leadership.
- **Spotlight on the Arts** for outstanding student performances in speech, music, debate and one act play.
- **Challenge Cup** for schools that excel in section and state athletic and fine arts tournaments.

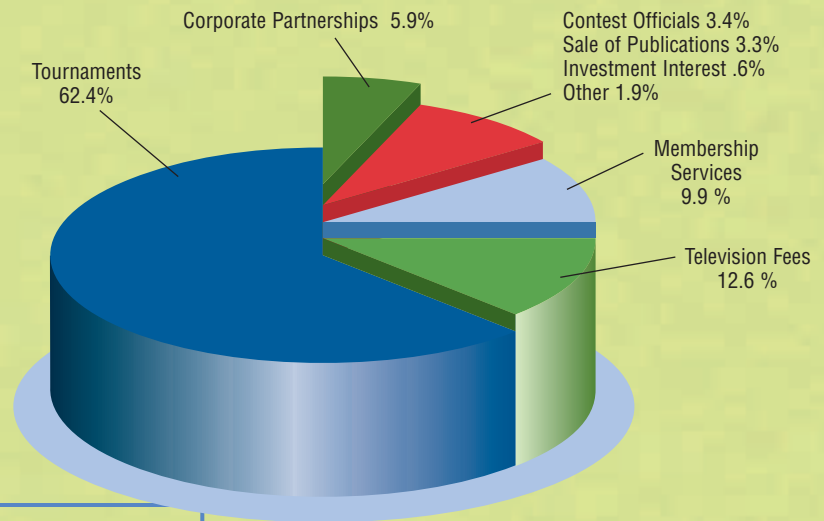
LEAGUE FINANCES

The Minnesota State High School League is a non-profit organization. The League operates on an annual budget of about \$6 million and receives no funding from the state legislature.

Revenues generated from tournament ticket sales, broadcast rights fees, and other tournament related-income makes up the majority of the League's operating budget. The remaining portion of the budget comes from corporate contributions, publication sales, registration fees, and investment income.

At the end of each fiscal year, revenue remaining after all expenses are paid, is distributed to member schools fortunate enough to have competed at the state level. Those shares of revenue during the past 10 years have averaged \$635,000 each year, an average of \$1,800 per school.

The Office of the State Auditor for Minnesota audits all financial records of the League. The audit report is mailed to all League member schools.



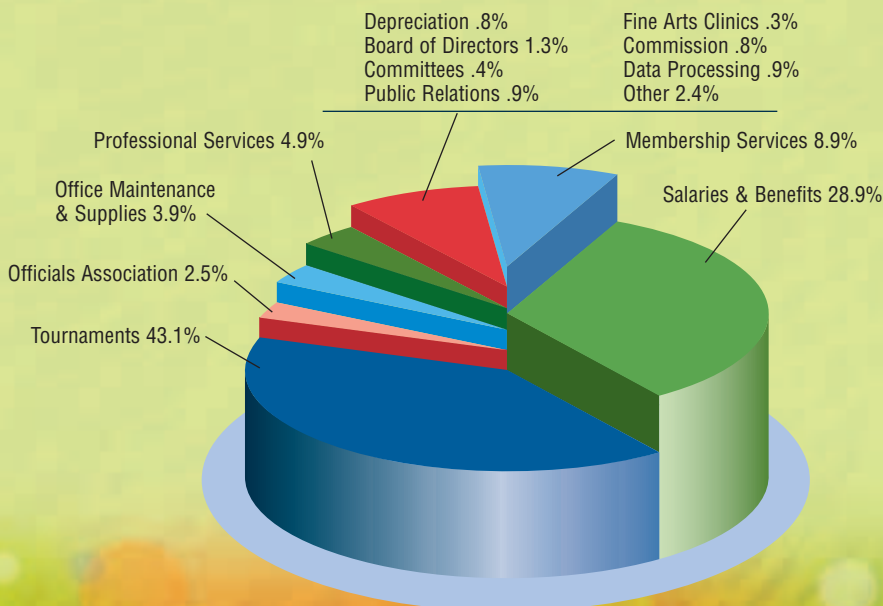
The League pays for and member schools receive—

- Catastrophic insurance coverage for student activity participants
- Tournament liability insurance
- Educational and training opportunities for coaches and contest officials
- Advisory committees that provide direct information to the Board of Directors
- Certificates, trophies and medals for students participating in League tournaments
- Student recognition programs
- Postage for mailing agendas, minutes of meetings, rule books, newsletters and requested information to member school and to anyone who requests to be on League mailing lists.

REVENUES \$6,547,368

Tournaments	\$4,085,561
Television Fees	\$822,207
Membership Services	\$650,310
Sale of Publications	\$215,689
Contest Officials Registration	\$223,439
Investment Interest	\$38,668
Corporate Partnership	\$386,875
Other	\$124,619

EXPENSES \$6,453,630



Tournaments & School Reimbursements	\$2,781,012
Salaries & Benefits	\$1,868,263
Professional Services	\$315,206
Membership Services	\$575,127
Office Maintenance & Supplies	\$252,736
Other	\$157,785
Board of Directors	\$84,410
Committees	\$24,647
Officials Association	\$155,818
Depreciation	\$52,067
Fine Arts Programs	\$17,675
Public Relations	\$55,714
Corporate Partnership Commission	\$54,988
Data Processing	\$58,182

COMPARATIVE SCHEDULE OF TOURNAMENT REVENUES AND DIRECT EXPENSES

FOR THE YEARS ENDED JULY 31, 2005 AND 2004

Tournament	2005**			2004*		
	Revenues	Direct Expenses	Excess (Deficiency) of Revenues Over Direct Expenses	Revenues	Direct Expenses	Excess (Deficiency) of Revenues Over Direct Expenses
Baseball	\$ 83,776	\$ 64,877	\$ 18,899	\$ 79,735	\$ 70,532	\$ 9,203
Boys' basketball	504,916	214,371	290,545	448,746	212,738	236,008
Girls' basketball	273,335	198,450	74,885	242,554	196,103	46,451
Cross country running	13,686	31,764	(18,078)	13,718	27,730	(14,012)
Football	804,027	274,228	529,799	725,048	274,093	450,955
Golf	4,941	30,865	(25,924)	5,826	35,479	(29,653)
Girls' gymnastics	44,873	77,770	(32,897)	42,267	73,736	(31,469)
Boys' hockey	1,184,132	261,850	922,282	1,167,782	267,289	900,493
Nordic ski racing	2,866	14,001	(11,135)	2,687	11,422	(8,735)
Alpine skiing	2,284	15,177	(12,893)	1,969	12,784	(10,815)
Soccer	143,342	95,048	48,294	180,273	102,137	78,136
Girls' softball	53,164	47,918	5,246	45,057	47,925	(2,868)
Boys' swimming & diving	46,898	43,135	3,763	46,436	41,483	4,953
Girls' swimming & diving	49,286	45,031	4,255	52,322	41,841	10,481
Boys' tennis	4,915	23,927	(19,012)	1,966	22,578	(20,612)
Girls' tennis	6,889	28,359	(21,470)	3,312	24,758	(21,446)
Track and field	91,174	89,426	1,748	89,183	76,375	12,808
Girls' volleyball	109,751	100,468	9,283	138,642	98,153	40,489
Wrestling	368,006	183,185	184,821	410,997	185,916	225,081
Synchronized swimming	0	433	(433)	0	241	(241)
Adapted soccer	7,321	15,086	(7,765)	6,895	13,013	(6,118)
Adapted floor hockey	7,639	14,478	(6,839)	9,817	13,345	(3,528)
Adapted softball	5,393	15,459	(10,066)	6,042	13,780	(7,738)
Adapted bowling	364	3,381	(3,017)	354	2,875	(2,521)
Debate	226	11,361	(11,135)	226	9,153	(8,927)
Speech	4,277	34,363	(30,086)	3,703	34,615	(30,912)
One act play	14,675	9,529	5,146	13,684	9,741	3,943
Girls' hockey	145,221	83,412	61,809	139,414	96,599	42,815
Cheerleading	42	7,208	(7,166)	0	6,894	(6,894)
Girls' dance team	108,142	80,267	27,875	111,194	75,000	36,194
Girls' lacrosse	0	951	(951)	0	387	(387)
Visual Arts	0	25	(25)	0	700	(700)
Total	\$4,085,561	\$2,115,803	\$1,969,758	\$3,989,849	\$2,099,415	\$1,890,434

The tournament direct expenses shown above include only those expenses that are directly associated with holding the tournaments such as personnel, site and program costs. School expense reimbursement and indirect costs such as membership services, salaries and benefits, postage, and other general administrative costs of the MSHSL have not been allocated to any specific tournaments and therefore, are not included in the schedule shown above.

* From State Auditor's Report less 2004 Television Revenue

** End of year balance on League financial statements

A 10-YEAR COMPARISON OF SCHOOL REIMBURSEMENTS FOR TOURNAMENT PARTICIPATION

	Number of Schools Participating	Total Amount Returned	Average Per School
1995-96	342	598,082	1,749
1996-97	352	806,136	2,290
1997-98	358	800,394	2,236
1998-99	357	918,296	2,572
1999-00	352	650,581	1,848
2000-01	357	671,141	1,879
2001-02	359	476,296	1,326
2002-03	360	256,233	712
2003-04	357	669,084	1,874
2004-05	364	671,022	1,843



MINNESOTA STATE HIGH SCHOOL LEAGUE ACTIVITY

More than 200,000 student athletes participate in at least one sports program offered by the 400 plus high schools in the state. League member schools offer an average of 18 athletic programs. The information below was compiled at the conclusion of the 2004-05 school year based on the on-line responses from 486 schools.

Adapted Bowling (Co-ed)

- 28 participating schools (CI)
- 126 participating individuals (CI)
- 24 participating schools (PI)
- 47 participating individuals (PI)
- 2 Championships - CI/PI

Nationally: 58 participating schools
198 participants

Adapted Floor Hockey (Co-ed)

- 58 participating schools (CI)
- 203 participating individuals (CI)
- 67 participating schools (PI)
- 176 participating individuals (PI)
- 2 Championships - CI/PI

Nationally: 67 participating schools
379 participants

Adapted Soccer (Co-ed)

- 56 participating schools (CI)
- 240 participating individuals (CI)
- 50 participating schools (PI)
- 134 participating individuals (PI)
- 2 Championships - CI/PI

Nationally: 56 participating schools
374 participants

Adapted Softball (Co-ed)

- 55 participating schools (CI)
- 195 participating individuals (CI)
- 53 participating schools (PI)
- 102 participating individuals (PI)
- 2 Championship - CI/PI

Nationally: 56 participating schools
322 participants

FYI: Minnesota was the first of three state associations to sponsor adapted athletic programs for students with disabilities.

Girls' Badminton

- 17 participating schools
- 474 participating individuals

Nationally: 408 participating schools
10,683 participants

Baseball

- 427 participating schools
- 13,892 participating individuals
- 3 Championships

Nationally: 15,161 participating schools
460,732 participants

FYI: Baseball is the third most popular sport for boys in Minnesota.

Boys' Basketball

- 460 participating schools
- 14,427 participating individuals
- 4 Championships

Nationally: 17,482 participating schools
545,497 participants

FYI: Basketball is the second most popular sport for boys in Minnesota.

Girls' Basketball

- 454 participating schools
- 13,229 participating individuals
- 4 Championships

Nationally: 17,175 participating schools
456,543 participants

FYI: Nationwide, basketball is the most popular sport for girls. It's the third most popular sport for girls in Minnesota.

Boys' Cross Country Running

- 325 participating schools
- 5,171 participating individuals
- 2 Championships

Nationally: 12,727 participating schools
201,719 participants

Girls' Cross Country Running

- 324 participating schools
- 4,573 participating individuals
- 2 Championships

Nationally: 12,345 participating schools
170,450 participants

Girls' Dance Team (competitive)

- 281 participating schools
- 7280 participating individuals
- 6 Championships

FYI: Minnesota is the only state high school association that sponsors competitive Dance Team.

Football

- 434 participating schools
- 28,510 participating individuals
- 6 Championships

Nationally: 15,039 participating schools
1,072,790 participants

FYI: Nationwide, football is the most popular sport for boys. It's also the activity involving the most boys in Minnesota.

Boys' Golf

- 391 participating schools
- 6,682 participating individuals
- 2 Championships

Nationally: 13,152 participating schools
161,025 participants

Girls' Golf

- 381 participating schools
- 5,023 participating individuals
- 2 Championships

Nationally: 8,249 participating schools
64,245 participants

Girls' Gymnastics

- 186 participating schools
- 3,103 participating individuals
- 2 Championships

Nationally: 1,430 participating schools
19,115 participants

Boys' Ice Hockey

- 268 participating schools
- 6,557 participating individuals
- 2 Championships

Nationally: 1,474 participating schools
37,004 participants

Girls' Ice Hockey

- 232 participating schools
- 4,161 participating individuals
- 2 Championships

Nationally: 431 participating schools
7,398 participants

Girls' Lacrosse

- 15 participating schools
- 636 participating individuals

Nationally: 1,270 participating schools
48,086 participants

Boys' Alpine Ski

- 85 participating schools
- 1,330 participating individuals
- 1 Championship

Nationally: 464 participating schools
5,739 participants

Girls' Alpine Ski

- 83 participating schools
- 767 participating individuals
- 1 Championship

Nationally: 451 participating schools
4,245 participants

Boys' Nordic Ski Racing

- 107 participating schools
- 1,383 participating individuals
- 1 Championship

Nationally: 332 participating schools
3,549 participants

Girls' Nordic Ski Racing

- 110 participating schools
- 2,207 participating individuals
- 1 Championship

Nationally: 331 schools
4,376 participants

Boys' Soccer

- 198 participating schools
- 8,240 participating individuals
- 2 Championships

Nationally: 10,392 participating schools
354,587 participants



PROGRAMS AND PARTICIPANTS

Girls' Soccer

- 195 participating schools
 - 7,933 participating individuals
 - 2 Championships
- Nationally:** 9,695 participating schools
316,104 participants

Girls' Fastpitch Softball

- 415 participating schools
 - 12,789 participating individuals
 - 3 Championships
- Nationally:** 14,493 participating schools
364,759 participants

Boys' Swimming & Diving

- 143 participating schools
 - 2,974 participating individuals
- Nationally:** 5,878 participating schools
103,754 participants

Girls' Swimming & Diving

- 195 participating schools
 - 7,012 participating individuals
 - 2 Championships
- Nationally:** 6,238 participating schools
148,154 participants

Girls' Synchronized Swimming

- 19 participating schools
 - 441 participating individuals
- No national information is available

Boys' Tennis

- 193 participating schools
 - 4,552 participating individuals
 - 2 Championships
- Nationally:** 9,426 participating schools
148,530 participants

Girls' Tennis

- 228 participating schools
 - 5,866 participating individuals
 - 2 Championships
- Nationally:** 9,646 participating schools
169,292 participants

Boys' Track & Field

- 432 participating schools
 - 13,836 participating individuals
 - 2 Championships
- Nationally:** 15,294 participating schools
516,703 participants

Girls' Track & Field

- 431 participating schools
 - 14,045 participating individuals
 - 2 Championships
- Nationally:** 15,213 participating schools
428,198 participants

FYI: Track is the second most popular sport for girls in Minnesota.

Girls' Volleyball

- 447 participating schools
 - 15,529 participating individuals
 - 3 Championships
- Nationally:** 14,526 participating schools
386,022 participants

FYI: Volleyball is the most popular sport for girls in Minnesota.

Wrestling

- 351 participating schools
 - 8,677 participating individuals
 - 3 Championships
- Nationally:** 9,562 participating schools
243,009 participants

Cheerleading

- 363 participating schools
 - 8,307 participating individuals
- Nationally:** 3,482 participating schools
84,416 participants

FINE ARTS

There are more than 80,000 students involved in fine arts activities—debate, speech, drama, music, and the visual arts during the 2004-05 school year. On average, League member schools offer 2.6 fine arts activities.

Debate

- 75 participating schools
- 675 participating individuals
- 1 Championship

One Act Play

- 320 participating schools
- 2,824 participating individuals
- 2 Championships

Speech

- 350 participating schools
- 5,516 participating individuals
- 2 Championships

Visual Arts

- 224 participating schools
- 2,679 participating individuals

Music

Section/state music festivals are held throughout the state January through May.

Bands

- 417 participating schools
- 32,921 participating individuals

Orchestra

- 185 participating schools
- 3,386 participating individuals

Vocal

- 403 participating schools
- 34,980 participating individuals

FYI: There is no national information available for fine arts programs.

LEAGUE-SPONSORED ACTIVITIES

Debate

Drama

Speech

Music

Visual Arts

Cheerleading

Girls' Badminton

Girls' Dance Team

Girls' Gymnastics

Girls' & Boys' Golf

Girls' & Boys' Swimming & Diving

Girls' & Boys' Basketball

Baseball

Girls' Softball

Girls' & Boys' Nordic Ski Racing

Girls' & Boys' Alpine Skiing

Girls' & Boys' Tennis

Girls' & Boys' Hockey

Football

Wrestling

Girls' Volleyball

Girls' & Boys' Track & Field

Girls' Synchronized Swimming

Girls' & Boys' Cross Country Running

Girls' & Boys' Soccer

Girls' Lacrosse

Adapted Soccer

Adapted Floor Hockey

Adapted Softball

Adapted Bowling

A national survey shows that the number of participants in high school athletics increased for the 16th consecutive year in 2004-05 and topped 7 million for the first time in history. Minnesota ranks eighth in the nation in the total number of students involved in high school sports.

THE VALUE OF PARTICIPATION

The mission of the Minnesota State High School League is to provide educational opportunities through interscholastic athletic and fine arts programs for the 200,000 students who participate in them and to provide leadership and support for the 491 high schools that are members of the League.

Decades of research proves that students who participate in high school activities tend to have:

- higher grade-point averages
- better attendance records
- lower dropout rates
- fewer discipline problems than non-participating students.

National studies repeatedly report that high school activities:

- build character
- increase self-confidence
- relieve tension
- support classroom learning by generating school pride, a sense of community, and by nurturing a feeling of belonging that makes students want to achieve.

These studies also show that students who participate in athletic and fine arts programs are more likely to:

- graduate from high school
- stay off drugs
- attend college
- avoid unwanted pregnancies.

Still, more statistics reveal that participation in activities encourages the aspirations of youth and provides young people with countless opportunities to develop leadership skills.

A Minnesota study of more than 300 schools showed—

- The average student had a grade-point average of 2.68 (on a 4.0 scale), but the grade-point average of student athletes was 2.84 and 2.98 for students involved in the fine arts—speech, drama, music and debate.
- The average student was absent 8.76 days a year. Athletes were absent 7.44 days and fine arts participants were absent only 6.94 days a year.

WHAT HIGH SCHOOL STUDENTS SAY

Responses from students to national surveys support extracurricular activities not only as lifestyle learning, but also as relief from behavior-influencing tensions of an adult, fast-paced, technologically-focused society. High schoolers in 50 states say—

Fun is the number one reason girls and boys get into high school activities. Lack of fun was the leading reason for dropping out.

Winning as a major benefit of sports ranked only eighth for boys as a reason to participate. Girls gave it a 12 rating.

Skill development—both boys and girls considered as a crucial aspect of having fun in participation. Even the best athletes considered developing a skill as more important than winning.

Self-competition and learning about themselves were rated among the most rewarding challenges of sports, ahead of winning or getting attention from others.

Improved attitudes about themselves, lower drop out rates, and less need for discipline resulted from activity participation.

The majority said participation in school activities is a very important part of their high school education; 63 percent agreed that activities contribute greatly to school spirit; and 65 percent said activities make high school much more enjoyable.

Student responses to a Minnesota State High School League survey states that—

- 95 percent believe that “how you treat others” is more important than winning.
- 91 percent say that students who participate in school activities tend to be leaders.
- 86 percent think that sportsmanship is more important than winning.
- 81 percent learned to be sensitive to cultural heritage and traditions of others.
- 73 percent felt that their school places the right amount of emphasis on sports.
- 66 percent appreciate their parents’ encouraging attitudes more than any other attitude parents display toward athletic participation.

WHAT HIGH SCHOOL PRINCIPALS SAY

A national survey of high school principals states that:

- 99 percent agreed that after school activities teach good citizenship
- 97 percent believe that students learn valuable lessons in extracurricular activities that they cannot learn in a regular class routine
- 95 percent said school spirit develops and improves in the student body through participation
- 76 percent believe the demand on students’ time by activities is not excessive
- 72 percent felt that parents/communities strongly support school activities.



2005-06 MSHSL CALENDAR OF EVENTS

FALL

Girls' Tennis	Oct.26-29	AA – Northwest Athletic Club 98th Street, Bloomington A – Nicollet Indoor Tennis Club, Minneapolis
Boys' & Girls' Soccer	Oct. 26-27 Oct. 31, Nov. 1, 3	Quarterfinals – Various Sites Semifinals & Finals – Metrodome, Minneapolis
Boys' & Girls' Cross Country Running	Nov. 5	St. Olaf College, Northfield
Girls' Volleyball	Nov. 10-12	Xcel Energy Center, St. Paul
Adapted Soccer	Nov. 11-12	Stillwater Area High School
Football	Nov. 11, 18-19, 25	Quarterfinals – Various Sites Semifinals & Prep Bowl – Metrodome, Minneapolis
Girls' Swimming & Diving	Nov. 21-23	U of M Aquatic Center, Minneapolis

WINTER

Debate	Jan. 13-14	Coon Rapids High School
One Act Play	Feb. 9-10	O'Shaughnessy Auditorium, College of St. Catherine AA – Thursday, February 9 A – Friday, February 10
Boys' & Girls' Alpine Skiing	Feb. 16	Giants Ridge, Biwabik
Boys' & Girls' Nordic Skiing	Feb. 17	Giants Ridge, Biwabik
Girls' Dance Team	Feb. 17-18	Xcel Energy Center, St. Paul
Girls' Hockey	Feb. 23-25	Xcel Energy Center, St. Paul
Girls' Gymnastics	Feb. 24-25	Roy Wilkins Auditorium, St. Paul
Boys' Swimming & Diving	March 2-4	U of M Aquatic Center, Minneapolis
Wrestling	March 2-4	Xcel Energy Center, St. Paul
Boys' Hockey	March 8-11	Xcel Energy Center, St. Paul
Girls' Basketball	March 15-18	Target Center, Minneapolis & Williams Arena, Minneapolis
Adapted Floor Hockey	March 17-18	Bloomington Jefferson High School
Boys' Basketball	March 22-25	Target Center, Minneapolis & Williams Arena, Minneapolis

SPRING

Speech	April 21-22	Bloomington Jefferson High School AA – Friday, April 21 A – Saturday, April 22
Adapted Bowling	May 19	Brunswick Zone, Eden Prairie
Adapted Softball	June 2-3	Coon Rapids High School
Boys' & Girls' Golf	June 6-8	AA – Bunker Hills, Coon Rapids A – Izatys, Onamia
Boys' Tennis	June 6-9	AA – Northwest Athletic Club 98th Street, Bloomington A – Northwest Athletic Club, Burnsville
Girls' Softball	June 9-10	Caswell Park, North Mankato
Boys' & Girls' Track & Field	June 9-10	TBD
Baseball	June 15-16	AAA – Midway Stadium, St. Paul & Dick Siebert Field, Minneapolis AA – Dick Putz & Joe Faber Fields, St. Cloud A – Chaska Athletic Park & Mini Met, Jordan

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MINNESOTA STATE HIGH SCHOOL LEAGUE

Annual Report

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