#### HIV Surveillance Report, 2003



#### Introduction (I)

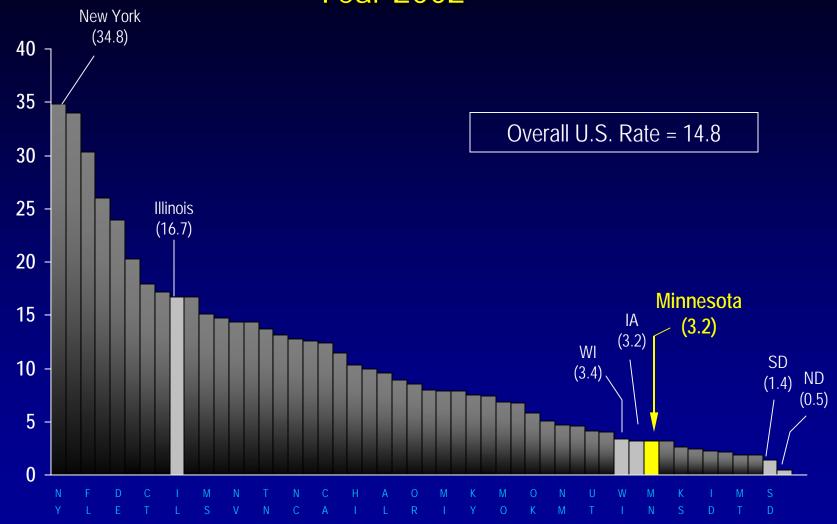
- These two introduction slides provide a general context for the data used to create this slide set. If you have questions about any of the slides please refer to the *Companion Text to the Minnesota HIV Surveillance Report, 2003* or *HIV Surveillance Technical Notes.*
- This slide set describes new HIV infections (including AIDS at first diagnosis) in Minnesota by person, place, and time.
- The slides rely on data from HIV/AIDS cases diagnosed through 2003 and reported to the Minnesota Department of Health (MDH) HIV/AIDS Surveillance System.
- The data are displayed by year of HIV diagnosis.

#### Introduction (II)

- Data analyses exclude persons diagnosed in federal or private correctional facilities, but include state prisoners (number of state prisoners believed to be living with HIV/AIDS = 91).
- Data analyses exclude persons arriving to Minnesota through the HIV+ Refugee Resettlement Program (total participants in this program since its inception in August 2000 = 67).
- Some limitations of surveillance data:
  - Data do not include HIV-infected persons who have not been tested for HIV
  - Data do not include persons whose positive test results have not been reported to the MDH
  - Case numbers for the most recent years may be undercounted due to delays in reporting

#### **National Context**

### U.S. State-Specific AIDS Rates per 100,000 Population Year 2002



#### Overview of HIV/AIDS in Minnesota

#### Minnesota HIV/AIDS Surveillance: Cumulative Cases

- As of December 31, 2003, a cumulative total of 7,356\* persons have been diagnosed and reported with HIV infection in Minnesota
  - 3,173 persons diagnosed with HIV infection (non-AIDS)
  - 4,183 persons diagnosed with AIDS
- Of these 7,356 persons, 2,583 are known to be deceased

<sup>\*</sup> This number includes only persons who reported Minnesota as their state of residence at the time of their HIV and/or AIDS diagnosis.

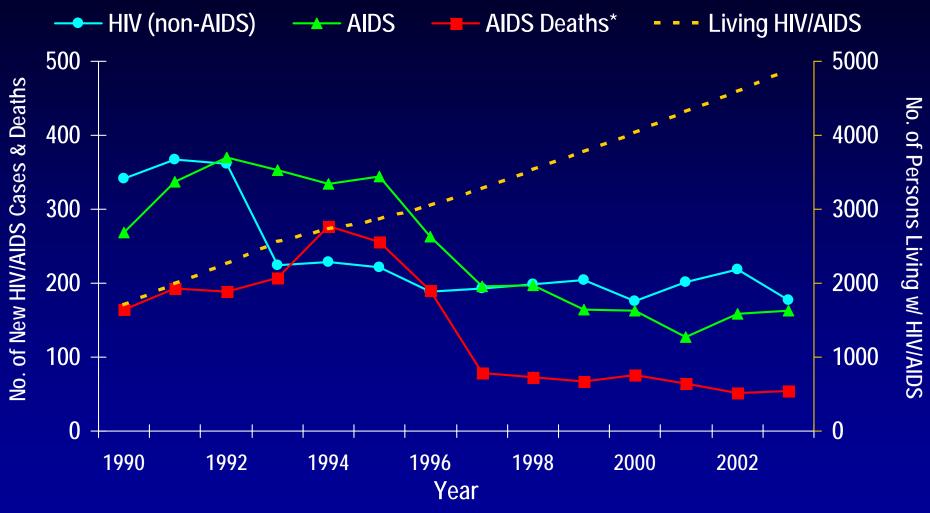
#### Estimated Number of Persons Living with HIV/AIDS in Minnesota

- As of December 31, 2003, 4,895\* persons are assumed alive and living in Minnesota with HIV/AIDS
  - 2,880 living with HIV infection (non-AIDS)
  - 2,015 living with AIDS
- This number includes 538 persons who were first reported with HIV or AIDS elsewhere and subsequently moved to Minnesota
- This number excludes 481 persons who were first reported with HIV or AIDS in Minnesota and subsequently moved out of the state

<sup>\*</sup> This number includes persons who reported Minnesota as their current state of residence, regardless of residence at time of diagnosis.

#### HIV/AIDS in Minnesota:

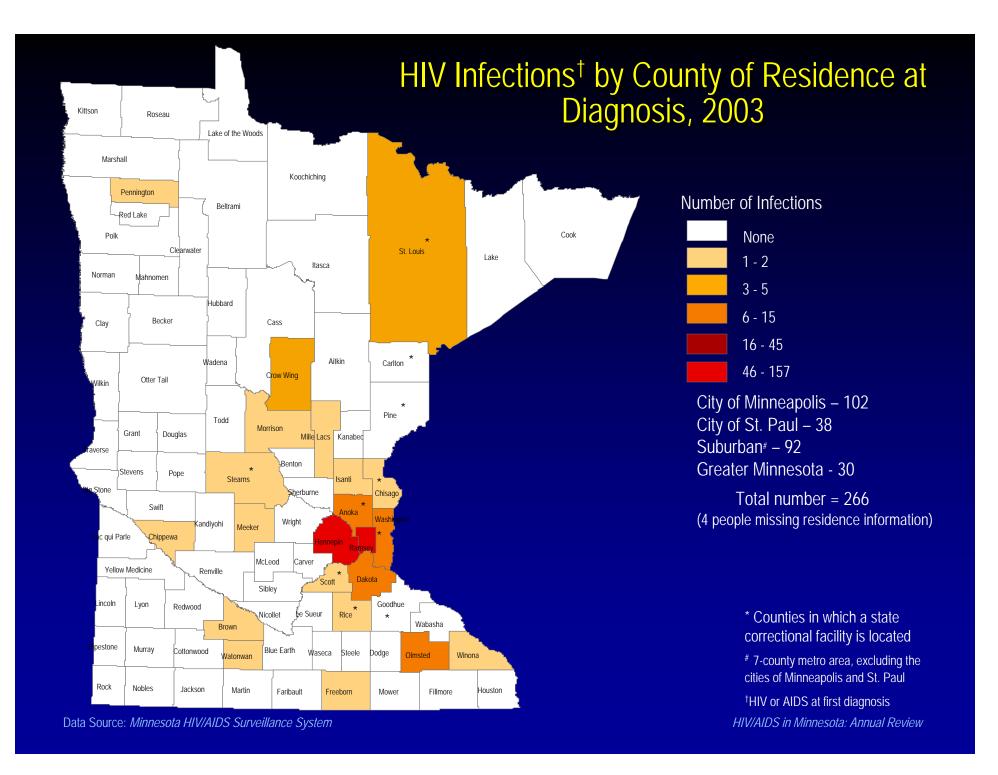
Number of New Cases, Prevalent Cases, and Deaths by Year, 1990-2003



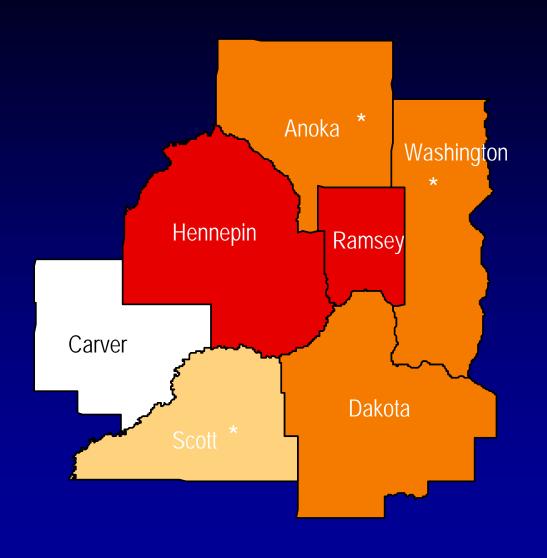
<sup>\*</sup> Deaths among AIDS cases, regardless of cause.

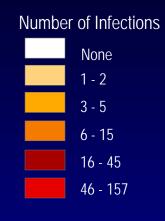
# HIV Infections\* in Minnesota by Person, Place, and Time

#### **Place**



#### Map of Metro Area: HIV Infections<sup>†</sup> by County of Residence at Diagnosis, 2003





City of Minneapolis – 102 City of St. Paul – 38 Suburban# – 92

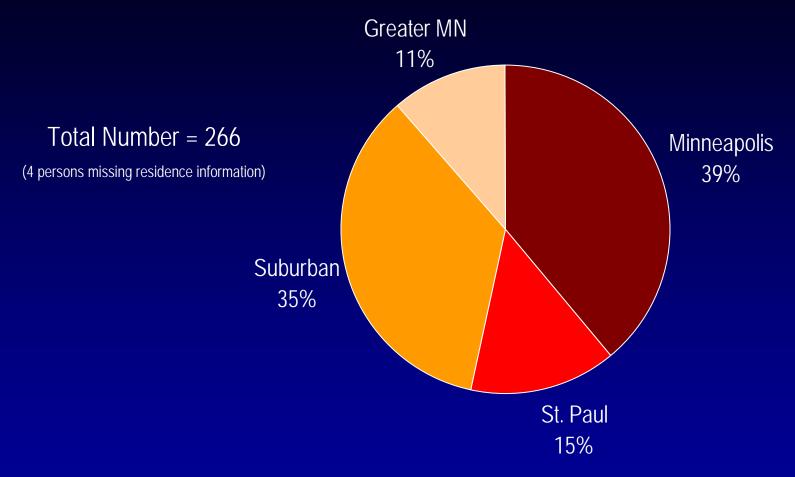
Total number (Metro only) = 232

- \* Counties in which a state correctional facility is located
- # 7-county metro area, excluding the cities of Minneapolis and St. Paul

Data Source: Minnesota HIV/AIDS Surveillance System

HIV/AIDS in Minnesota: Annual Review

## HIV Infections\* in Minnesota by Residence at Diagnosis, 2003

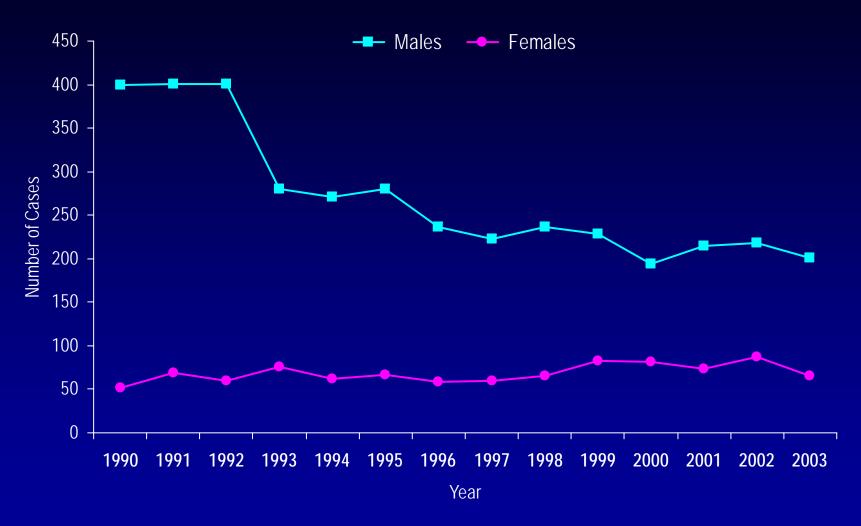


Suburban = Seven-county metro area including Anoka, Carver, Dakota, Hennepin (except Minneapolis), Ramsey (except St. Paul), Scott, and Washington counties. Greater MN = All other Minnesota counties, outside the seven-county metro area.

\* HIV or AIDS at first diagnosis

#### Gender and Race/Ethnicity

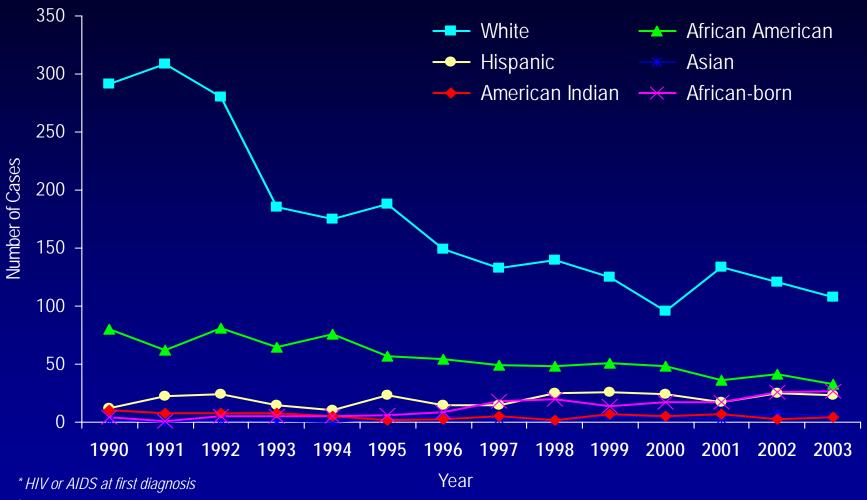
# HIV Infections\* by Gender and Year of Diagnosis, 1990-2003



Data Source: Minnesota HIV/AIDS Surveillance System

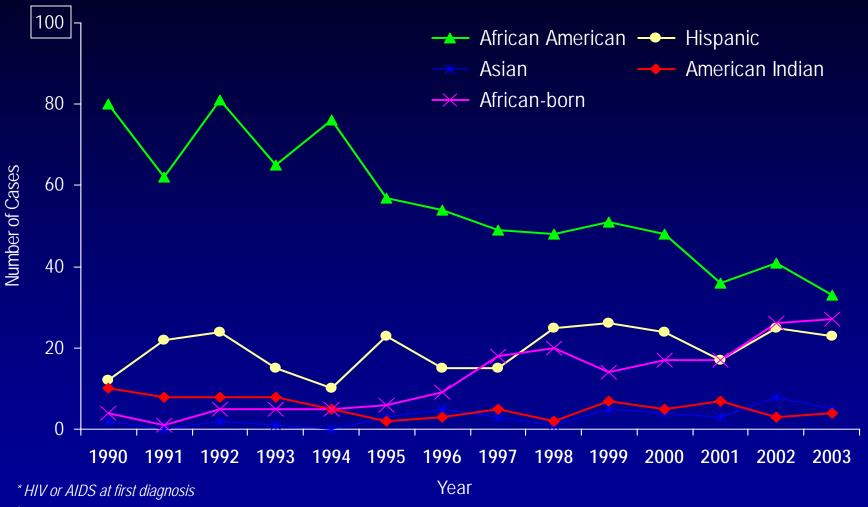
HIV/AIDS in Minnesota: Annual Review

# HIV Infections\* Among Males by Race/Ethnicity† and Year of Diagnosis, 1990-2003



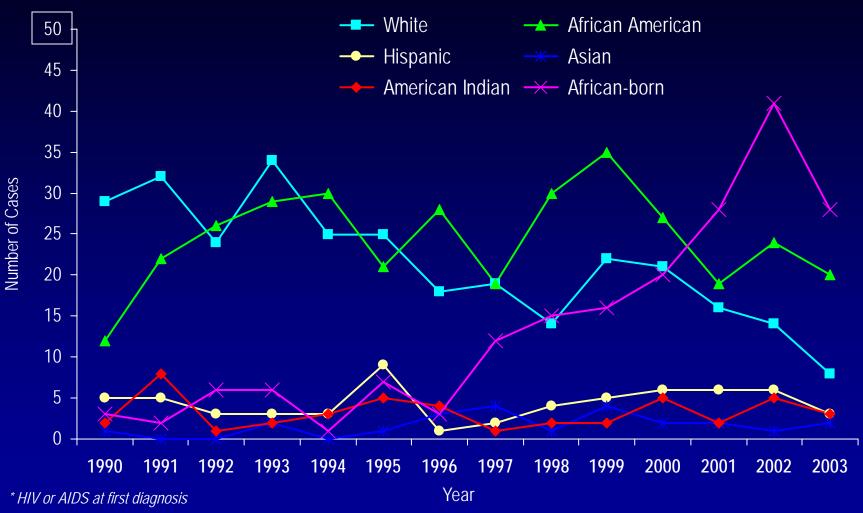
<sup>† &</sup>quot;African-born" refers to Blacks who reported an African country of birth; "African American" refers to all other Blacks. Cases with unknown race are excluded.

### HIV Infections\* Among Males by Race/Ethnicity† and Year of Diagnosis, 1990-2003 (excluding Whites)



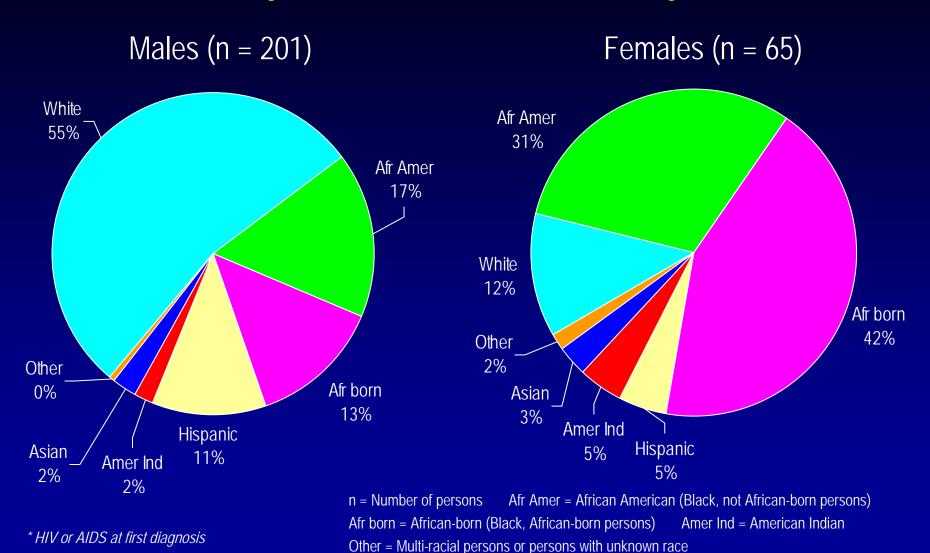
<sup>† &</sup>quot;African-born" refers to Blacks who reported an African country of birth; "African American" refers to all other Blacks. Cases with unknown race are excluded.

# HIV Infections\* Among Females by Race/Ethnicity† and Year of Diagnosis, 1990-2003



<sup>† &</sup>quot;African-born" refers to Blacks who reported an African country of birth; "African American" refers to all other Blacks. Cases with unknown race are excluded.

# HIV Infections\* Diagnosed in Year 2003 by Gender and Race/Ethnicity



HIV/AIDS in Minnesota: Annual Review

# Number of Cases and Rates (per 100,000 persons) of HIV Infection\* by Race/Ethnicity† – Minnesota, 2003

Race/Ethnicity Cases Rate % White, non-Hispanic 116 44% 2.7 31.6 Black, African-American **53** 20% 110-156 Black, African-born 55 21% Hispanic 10% 18.1 26 American Indian 3% 8.6 Asian/Pacific Islander 3% 4.2 2 1% Other^ Total 100% 266

<sup>\*</sup> HIV or AIDS at first diagnosis; 2000 U.S. Census Data used for rate calculations.

<sup>† &</sup>quot;African-born" refers to Blacks who reported an African country of birth; "African American" refers to all other Blacks. Cases with unknown race are excluded.

<sup>††</sup> Accurate population estimates for African-born persons and MSM (any race) living in Minnesota are unavailable – anecdotal (50,000) and 2000 US Census data (35,188)) were used to create the range of rates reported for African-born.

<sup>^</sup> Other = Multi-racial persons or persons with unknown race

#### Age

#### Average Age at HIV Diagnosis Among Males: Three-Year Averages

Race/Ethnicity	Average age in years (Number of cases)		
	1989-1991	1994-1996	2001-2003
White	33 (918)	35 (512)	38 (363)
Black			
African American	32 (214)	34 (186)	37 (110)
African-born	30 (6)	36 (20)	36 (70)
Hispanic	32 (54)	33 (48)	34 (65)
Asian	25 (5)	38 (8)	39 (16)
American Indian	29 (28)	29 (10)	38 (14)

Cases with unknown or multiple race or unknown age were excluded.

# Average Age at HIV Diagnosis Among Females: Three-Year Averages

Race/Ethnicity	Average age in years (Number of cases)*		
	1989-1991	1994-1996	2001-2003
White	30 (88)	32 (68)	32 (38)
Black			
African American	29 (54)	30 (80)	32 (63)
African-born	21 (6)	31 (11)	33 (97)
Hispanic	34 (14)	34 (13)	29 (15)
Asian			38 (5)
American Indian	29 (16)	30 (12)	38 (10)

<sup>\*</sup> Average age not displayed for subgroups with less than 5 cases.

Cases with unknown or multiple race or unknown age were excluded.

# Adolescents & Young Adults (Ages 13-24)\*

<sup>\*</sup> Case numbers are too small to present meaningful data separately for adolescents and young adults.

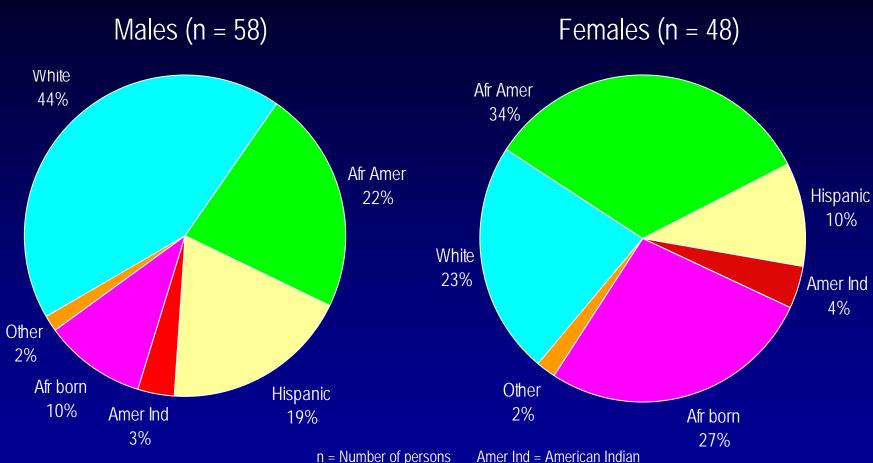
# HIV Infections\* Among Adolescents and Young Adults† by Gender and Year of Diagnosis, 1990-2003



<sup>\*</sup> HIV or AIDS at first diagnosis

<sup>&</sup>lt;sup>†</sup> Adolescents defined as 13-19 year-olds; Young Adults defined as 20-24 year-olds.

#### HIV Infections\* Among Adolescents and Young Adults† by Gender and Race/Ethnicity, 2001-2003 Combined



<sup>\*</sup> HIV or AIDS at first diagnosis

Data Source: Minnesota HIV/AIDS Surveillance System

Amer Ind = American Indian

Afr Amer = African American (Black, not African-born persons)

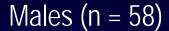
Afr born = African-born (Black, African-born persons)

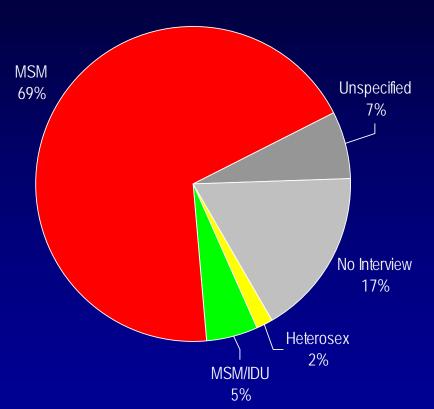
Other = Multi-racial persons or persons with unknown race

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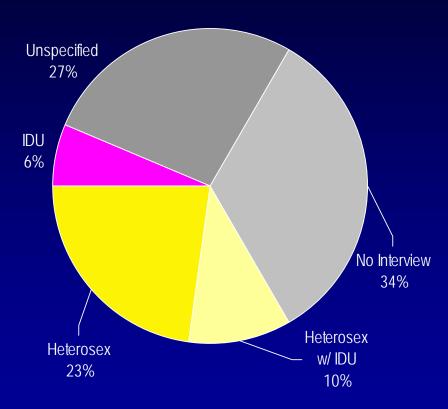
<sup>†</sup> Adolescents defined as 13-19 year-olds; Young Adults defined as 20-24 year-olds.

# HIV Infections\* Among Adolescents and Young Adults† by Gender and Exposure Group, 2001-2003 Combined





Females (n = 48)



n = Number of persons IDU = Injecting drug use MSM = Men who have sex with men Heterosex = Heterosexual contact

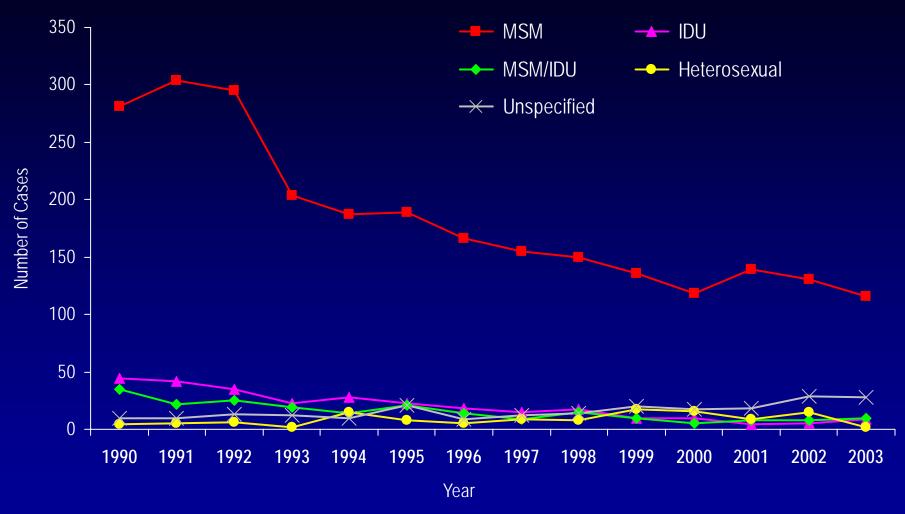
No Interview = Could not, would not or have yet to be interviewed HIV/AIDS in Minnesota: Annual Review

<sup>\*</sup> HIV or AIDS at first diagnosis

<sup>†</sup> Adolescents defined as 13-19 year-olds; Young Adults defined as 20-24 year-olds.

#### Mode of Exposure

### HIV Infections\* Among Males by Mode of Exposure and Year of Diagnosis, 1990-2003



MSM = Men who have sex with men

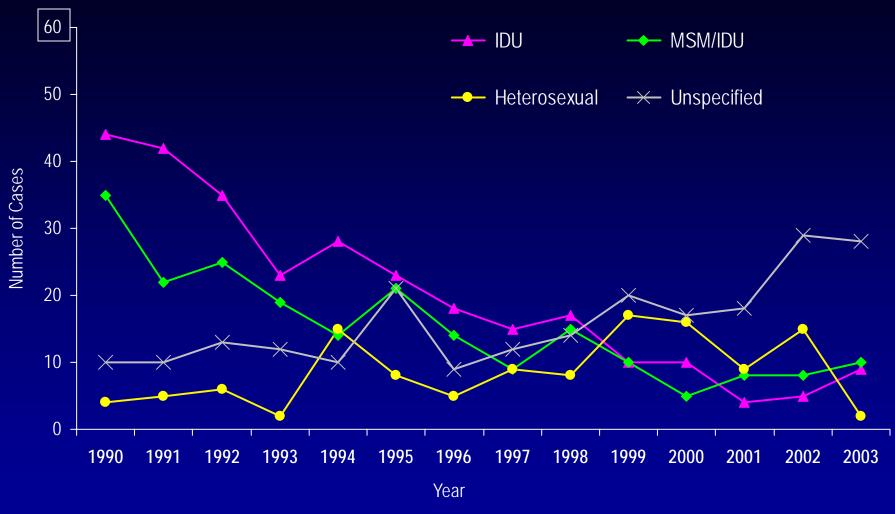
\* HIV or AIDS at first diagnosis

IDU = Injecting drug use

Heterosexual = Heterosexual contact

Unspecified = No mode of exposure ascertained

# HIV Infections\* Among Males by Mode of Exposure and Year of Diagnosis, 1990-2003 (excluding MSM)



MSM = Men who have sex with men

\* HIV or AIDS at first diagnosis

IDU = Injecting drug use

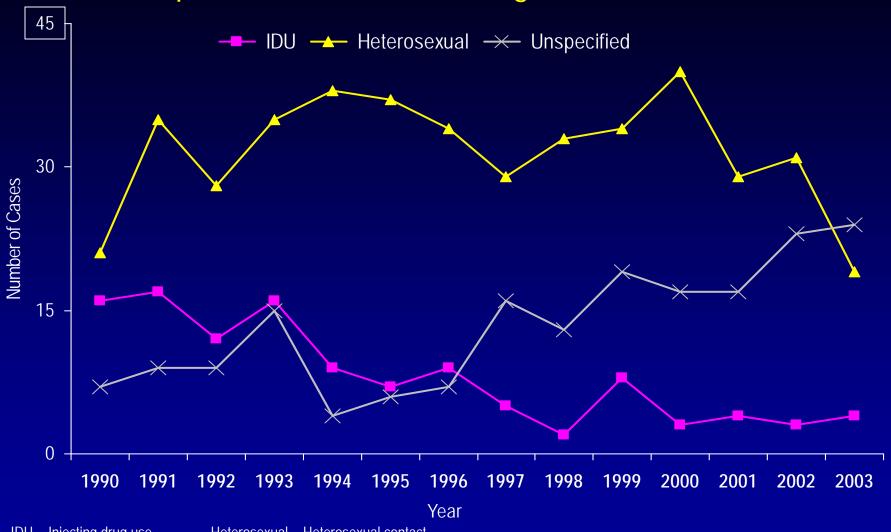
<u>Heterosexual</u> = <u>Heteros</u>exual contact

Unspecified = No mode of exposure ascertained

Data Source: Minnesota HIV/AIDS Surveillance System

HIV/AIDS in Minnesota: Annual Review

#### HIV Infections\* Among Females by Mode of Exposure and Year of Diagnosis, 1990-2003

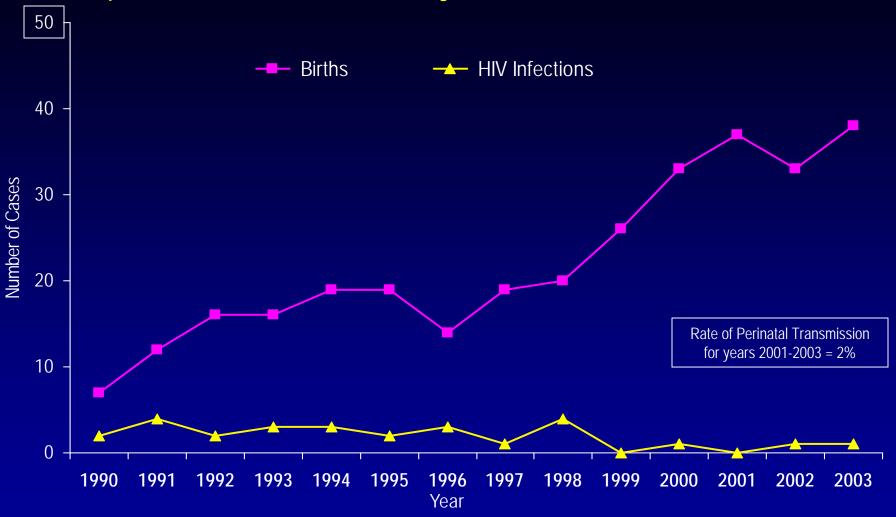


IDU = Injecting drug use

Heterosexual = Heterosexual contact

<sup>\*</sup> HIV or AIDS at first diagnosis No Interview = Could not, would not or have yet to be interviewed

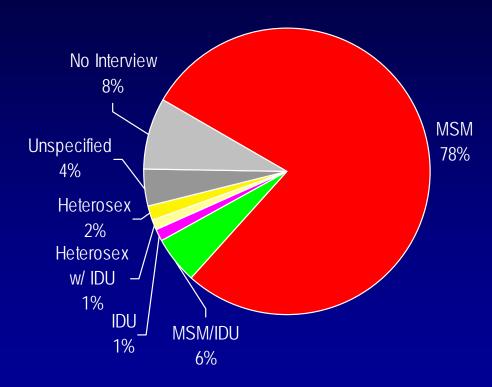
### Births to HIV-Infected Women and Number of Perinatally Acquired HIV Infections\* by Year of Birth, 1990-2003



<sup>\*</sup> HIV or AIDS at first diagnosis for a child exposed to HIV during mother's pregnancy, at birth, and/or during breastfeeding.

# HIV Infections\* by Mode of Exposure Diagnosis Years 2001-2003 combined

White Males (n = 363)

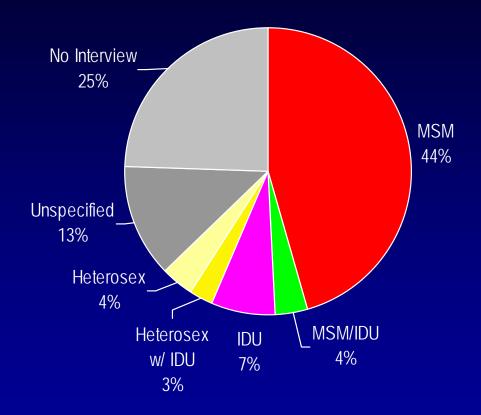


n = Number of persons MSM = Men who have sex with men \*HIV or AIDS at first diagnosis

IDU = Injecting drug use Heterosex = Heterosexual contact No Interview = Could not, would not or have yet to be interviewed

# HIV Infections\* by Mode of Exposure Diagnosis Years 2001-2003 combined

African American Males<sup>†</sup> (n = 110)



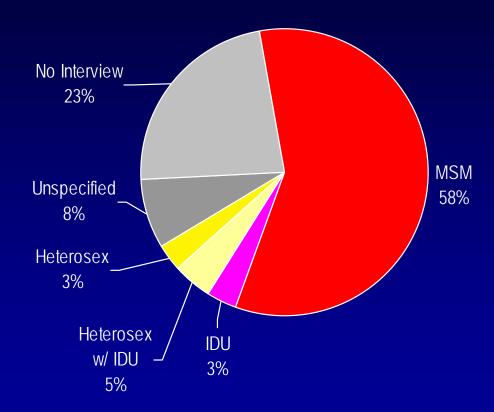
n = Number of persons MSM = Men who have sex with men \*HIV or AIDS at first diagnosis

IDU = Injecting drug use Heterosex = Heterosexual contact
No Interview = Could not, would not or have yet to be interviewed

<sup>†</sup> Refers to Black, African American (not African-born) males.

# HIV Infections\* by Mode of Exposure Diagnosis Years 2001-2003 Combined

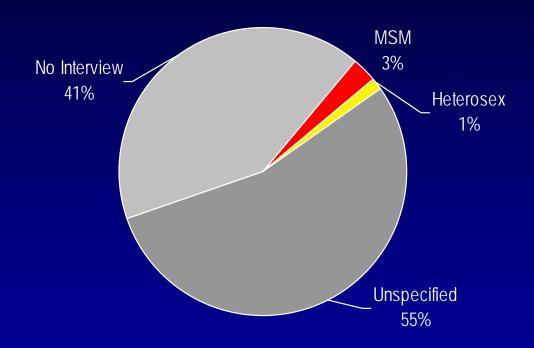
Hispanic Males (n = 65)



n = Number of persons MSM = Men who have sex with men \*HIV or AIDS at first diagnosis

IDU = Injecting drug use Heterosex = Heterosexual contact No Interview = Could not, would not or have yet to be interviewed

### African-born Males $^{\dagger}$ (n = 70)

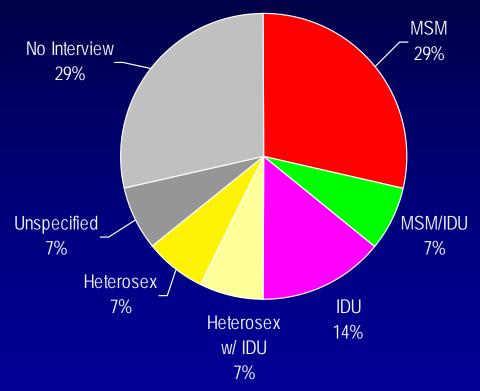


IDU = Injecting drug use Heterosex = Heterosexual contact No Interview = Could not, would not or have yet to be interviewed

<sup>†</sup> Refers to Black, African-born males.

### American Indian Males (n = 14)

CAUTION: Small number of cases – interpret carefully.



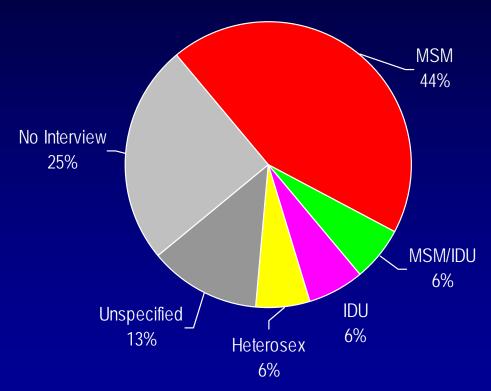
n = Number of persons MSM = Men who have sex with men \*HIV or AIDS at first diagnosis

IDU = Injecting drug use

Heterosex = Heterosexual contact

Asian Males (n = 16)

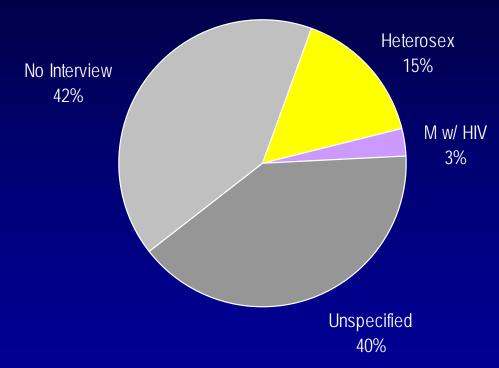
CAUTION: Small number of cases – interpret carefully.



n = Number of persons MSM = Men who have sex with men \*HIV or AIDS at first diagnosis

IDU = Injecting drug use Heterosex = Heterosexual contact No Interview = Could not, would not or have yet to be interviewed

African-born Females<sup>†</sup> (n = 97)



n = Number of persons M w/ HIV = Mother w/ HIV, HIV risk

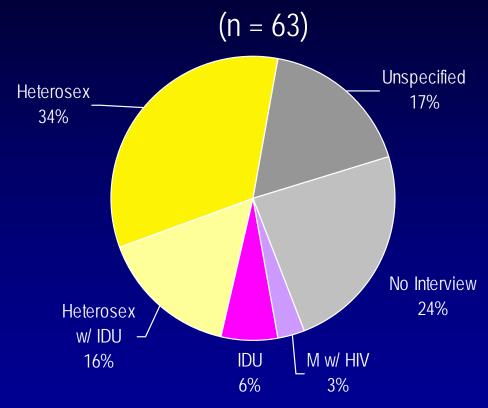
\* HIV or AIDS at first diagnosis

Heterosex = Heterosexual contact

No Interview = Could not, would not or have yet to be interviewed

<sup>†</sup> Refers to Black, African-born females.

### African American Females<sup>†</sup>



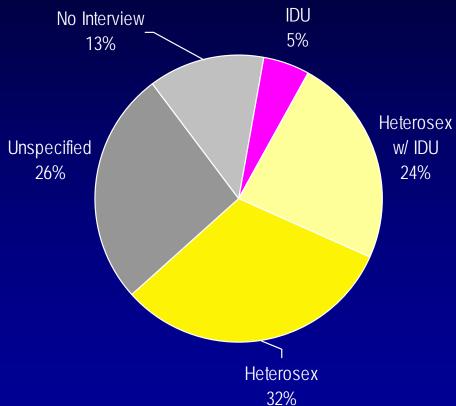
n = Number of persons IDU = Injecting drug use

Heterosex = Heterosexual contact M w/ HIV = Mother with HIV, HIV risk No Interview = Could not, would not or have yet to be interviewed

\* HIV or AIDS at first diagnosis

† Refers to Black, African American (not African-born) females.

White Females (n = 38)



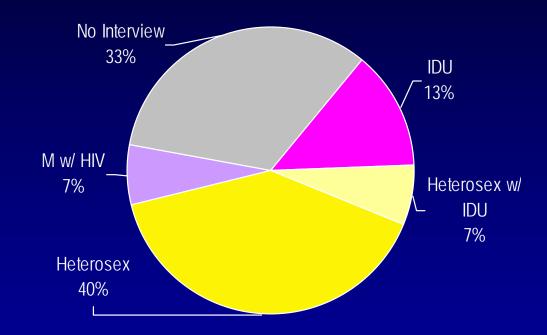
\* HIV or AIDS at first diagnosis

Heterosex = Heterosexual contact

No Interview = Could not, would not or have yet to be interviewed

Hispanic Females (n = 15)

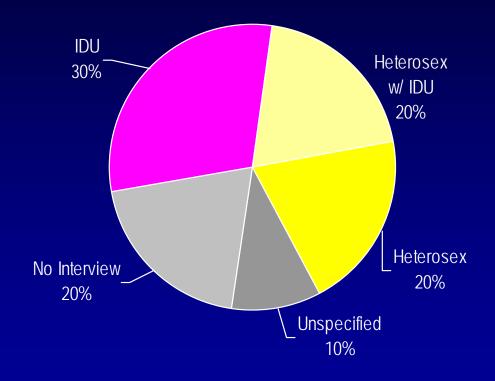
CAUTION: Small number of cases – interpret carefully.



M w/ HIV = Mother w/ HIV, HIV risk Heterosex = Heterosexual contact
No Interview = Could not, would not or have yet to be interviewed

American Indian Females (n = 10)

CAUTION: Small number of cases – interpret carefully.



n = Number of persons IDU = Injecting drug use

\* HIV or AIDS at first diagnosis

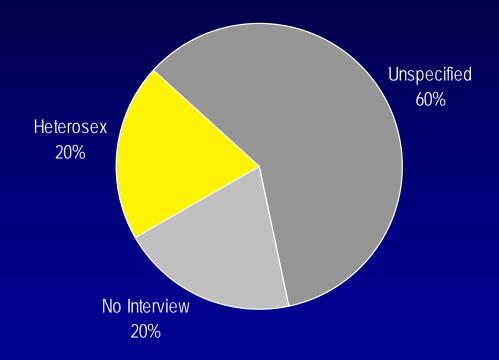
Heterosex = Heterosexual contact

No Interview = Could not, would not or have yet to be interviewed

Data Source: Minnesota HIV/AIDS Surveillance System

Asian Females (n = 5)

CAUTION: Small number of cases – interpret carefully.



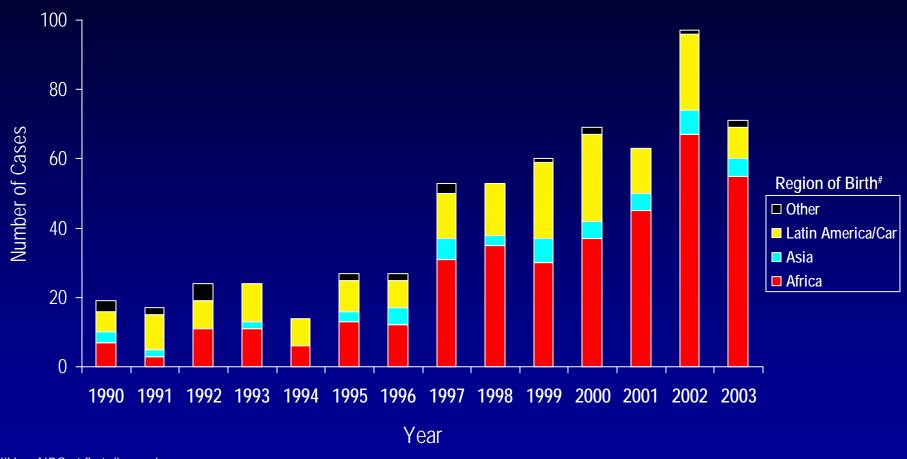
n = Number of persons Heterosex = Heterosexual contact

No Interview = Could not, would not or have yet to be interviewed

\* HIV or AIDS at first diagnosis

### **Special Populations**

# HIV Infections\* among Foreign-Born Persons† in Minnesota by Year of Diagnosis and Region of Birth, 1990-2003



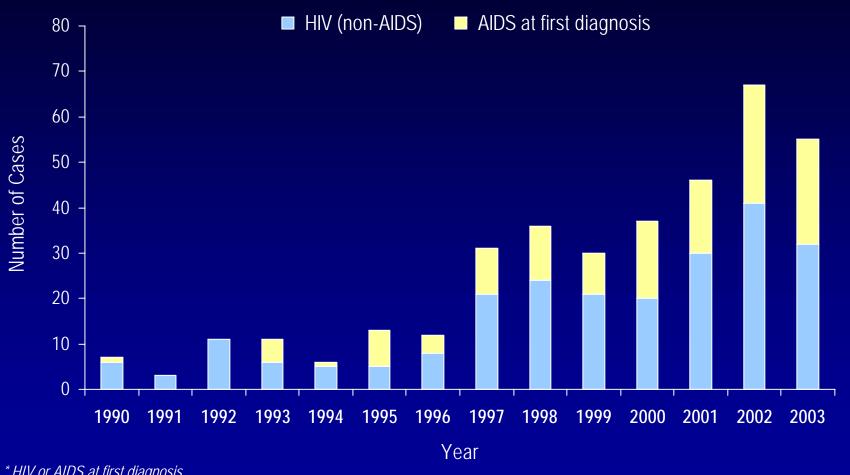
<sup>\*</sup> HIV or AIDS at first diagnosis

<sup>†</sup> Excludes persons arriving to Minnesota through the HIV+ Refugee Resettlement Program.

<sup>\*</sup> Latin America/Car includes Mexico and all Central, South American, and Caribbean countries.

Data Source: Minnesota HIV/AIDS Surveillance System

# HIV Infections\* Among African-Born Persons† by Year of Diagnosis, 1990-2003



<sup>\*</sup> HIV or AIDS at first diagnosis

<sup>†</sup> Includes 1 non-Black, African-born individual, but excludes persons arriving to Minnesota through the HIV+ Refugee Resettlement Program. Data Source: Minnesota HIV/AIDS Surveillance System HIV/AIDS in Minnesota: Annual Review

### Companion Text for the Slide Set: *Minnesota HIV Surveillance Report, 2003*

#### **INTRODUCTION**

#### Overview

The *Minnesota HIV Surveillance Report*, 2003 describes the occurrence of reported HIV infections in Minnesota by person, place, and time through December 31, 2003. Such data provide information about where and among whom HIV transmission is likely occurring. This knowledge can in turn be used to help educate, target prevention efforts, plan for services, and develop policy.

#### **Data Source**

The data in this report are based on confidential case reports collected through the Minnesota Department of Health (MDH) HIV/AIDS Surveillance System. In Minnesota, laboratory-confirmed infections of human immunodeficiency virus (HIV) are monitored by the MDH through this active and passive surveillance system. State law (Minnesota Rule 4605.7040) requires both physicians and laboratories to report all cases of HIV infection (HIV or AIDS) directly to the MDH (passive surveillance). Additionally, regular contact is maintained with several clinical sites to help ensure completeness of reporting (active surveillance).

Data in this report include cases diagnosed with HIV as of December 31, 2003 and reported to the MDH as of April 2004. All data are displayed by earliest date of HIV diagnosis. Refer to the *HIV Surveillance Technical Notes* for a more detailed description of data inclusions and exclusions.

#### **Data Limitations**

Factors that impact the completeness and accuracy of the available surveillance data on HIV/AIDS include the level of screening and compliance with case reporting. Thus, any changes in numbers of infections may be due to one of these factors, or due to actual changes in HIV/AIDS occurrence.

Last Revised: 4/13/04 Page 1 of 9

The data presented in this report are not adjusted for reporting delays. Thus, the case number presented for the most recent reporting year can be viewed as a minimum and will likely increase in the future as further case reports are received. Changes in past years' totals are updated in every new annual surveillance report.

#### **HIV/AIDS in the UNITED STATES**

Compared with the rest of the nation, Minnesota is considered to be a low to moderate HIV/AIDS incidence state. In 2002, state-specific AIDS rates ranged from 0.5 per 100,000 persons in North Dakota to 34.8 per 100,000 persons in New York. Minnesota had the 8th lowest AIDS rate (3.2 AIDS cases reported per 100,000 persons). Compared with states in the Midwest region, Minnesota had a moderate AIDS rate. State-specific HIV rates cannot be compared nationally because some states have not yet instituted HIV case surveillance. At present 39 states have name-based HIV reporting. The states that have HIV case surveillance are at various stages of implementation.

#### **HIV/AIDS IN MINNESOTA**

#### MDH HIV/AIDS Surveillance: Cumulative cases

AIDS has been tracked in Minnesota since 1982. In 1985, AIDS officially became a reportable disease to state and territorial health departments nationwide. Also in 1985, when the Food and Drug Administration approved the first diagnostic test for HIV, Minnesota became the first state to make HIV infection a reportable condition. As of December 31, 2003, a cumulative total of 7,356 cases of HIV infection have been reported among Minnesota residents. This includes 4,183 AIDS cases and 3,173 HIV, non-AIDS cases. Of these 7,356 HIV/AIDS cases, 2,583 are known to be deceased through correspondence with the reporting source, other health departments, reviews of death certificates and obituaries, active surveillance, and matches with the National Death Index.

Last Revised: 4/13/04 Page 2 of 9

<sup>&</sup>lt;sup>1</sup> This number includes persons who reported Minnesota as their state of residence at the time of their HIV and/or AIDS diagnosis. It also includes persons who may have been diagnosed in a state that does not have HIV reporting and who subsequently moved to Minnesota and were reported here. HIV-infected persons currently residing in Minnesota, but who resided in another HIV-reporting state at the time of diagnosis are excluded.

#### Overview of HIV/AIDS in Minnesota, 1990-2003

The annual number of new AIDS cases increased steadily from the beginning of the epidemic to the early 1990s, reaching a peak of 370 cases in 1992. Beginning in 1996, both the number of newly diagnosed AIDS cases and the number of deaths among AIDS cases declined sharply, primarily due to the success of new antiretroviral therapies including protease inhibitors. These treatments do not cure, but can delay progression to AIDS among persons with HIV (non-AIDS) infection and improve survival among those with AIDS. Thus the declines slowed during the late 1990s and the numbers have become relatively stable the past few years. The number of HIV (non-AIDS) diagnoses has remained fairly constant since the mid 1990s at approximately 200 cases per year, despite consistent increases in the number of people living with HIV/AIDS. By the end of 2003, an estimated 4,895 persons with HIV/AIDS were assumed to be living in Minnesota.<sup>2</sup>

#### **NEW HIV INFECTIONS IN MINNESOTA**

In this report, the term "new HIV infections" refers to HIV-infected Minnesota residents who were diagnosed in a particular calendar year and reported to the MDH. This includes persons whose first diagnosis of HIV infection is AIDS (AIDS at first diagnosis). HIV infection data are displayed by earliest known date of HIV diagnosis.

#### **New HIV Infections by Geography**

Historically, about 90% of new HIV infections diagnosed in Minnesota have occurred in Minneapolis, St. Paul and the surrounding seven-county metropolitan area. This has not changed over time. Although HIV infection is more common in communities with higher population densities and greater poverty, HIV or AIDS has been diagnosed in over 80% of counties in Minnesota.

#### **New HIV Infections by Gender**

Since the beginning of the epidemic, males have accounted for a majority of new HIV infections diagnosed per year. However, the number and the proportion of cases among females

Last Revised: 4/13/04 Page 3 of 9

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<sup>&</sup>lt;sup>2</sup> This number includes persons whose most recently reported state of residence was Minnesota, regardless of residence at time of diagnosis. This estimate does not include persons with undiagnosed HIV infection.

have increased over time. In 1990, males accounted for 90% of new HIV infections. In 2003, 76% of new infections occurred among males and 24% among females.

#### New HIV Infections by Race/Ethnicity<sup>3</sup>

Trends in the annual number of new HIV infections diagnosed among males differ by racial/ethnic group. New cases among White males drove the epidemic in the 1980s and early 1990s. Although Whites still account for the largest number of new infections among males, this number has generally been decreasing since 1991.

In contrast to the overall large decline in the annual number of cases among White males, the decline among African American males was more gradual. The annual number of cases for African American males peaked in 1992 at 81 and gradually decreased to 23 in 2003.

The numbers of new cases in all other racial/ethnic groups during this same time remained stable or increased. Increases in the annual number of HIV infections diagnosed among Hispanic and African-born males, in particular, have been recorded since the late 1990s. The proportion of new HIV infections diagnosed among men of color as a whole has been increasing over time.

Similarly, trends in the annual number of HIV infections diagnosed among females differ by racial/ethnic group. In the beginning of the epidemic, White women accounted for a majority of newly diagnosed cases among females. Since 1991, the number of new infections among women of color has exceeded the number among White women. From 1990 to 2003, the annual number of new infections diagnosed among African American females increased by 67 percent (20 cases in 2003) and increased nine-fold among African-born females between 1996 (3 cases) and 2003 (28 cases). The annual number of new infections diagnosed among Hispanic, American Indian, and Asian females continues to be quite small (fewer than 10 cases per year for each of these groups).

The most recent data illustrate that men and women of color are disproportionately affected by HIV/AIDS. Whites make up approximately 88% of the male population in Minnesota and 54% of the new HIV infections diagnosed among men in 2003. Men of color make up approximately 12% of the male population and 46% of the new infections diagnosed

Last Revised: 4/13/04 Page 4 of 9

<sup>&</sup>lt;sup>3</sup> Black race was broken down into African-born and African American (Black, not African-born). The numbers exclude 50 persons arriving through the HIV-Positive Refugee Resettlement Program.

among men in 2003. Similarly for females, Whites make up approximately 89% of the female population and 12% of new infections among women in 2003 whereas women of color make up approximately 11% of the female population and 88% of the new infections among women.<sup>4</sup>

Please note that race is not considered a biological reason for disparities in the occurrence of HIV experienced by persons of color. Race, however, can be considered a marker for other personal and social characteristics that put a person at greater risk for HIV exposure. These characteristics may include, but are not limited to, lower socioeconomic status, less education, and greater prevalence of drug use.

#### Average Age at HIV Diagnosis, Three-year Averages

In recent years, Hispanic males were slightly younger (approximate age = 34 years) than White, African American, African-born, American Indian, and Asian males (approximate age = 38 years) at the time of HIV diagnosis. During the past three years, the average age at HIV diagnosis has been approximately 30 years among White, African American, African-born and Hispanic females. Asian and American females were slightly older (approximate age = 38 years). Age at HIV diagnosis can be used as a proxy for age at HIV *infection*. However, due to differences in testing behavior (e.g. variable lengths of time between HIV infection and diagnosis) across time and between sociodemographic groups, comparisons of average age at diagnosis are difficult to interpret.

#### New HIV Infections among Adolescents and Young Adults<sup>5</sup>, 1990-2003

Many people are infected with HIV for years before they actually seek testing and become aware of their HIV status. This phenomenon especially affects the observed case counts for younger age groups. And as a result, the reported number of HIV infections among youth<sup>5</sup> (with few or no reports of AIDS at first diagnosis) is likely to underestimate the *true* number of new infections occurring in the population more than the reported number of cases in older age groups does.

Last Revised: 4/13/04 Page 5 of 9

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<sup>&</sup>lt;sup>4</sup> Population estimates based on U.S. Census 2000 data.

<sup>&</sup>lt;sup>5</sup> In this report, adolescents are defined as 13-19 year-olds and young adults as 20-24 year-olds; these two groups are jointly referred to as "youth." Analyses are performed for adolescents and young adults combined because case numbers are too small to present meaningful data separately for each.

In 1990, 9% of new HIV infections reported to the MDH were among youth. In 2003 this percentage was 14%. Among young men, the number of new HIV diagnoses peaked in 1992 at 46 cases and then declined through the mid 1990s to a low of 14 cases in 1997. Since 1997 the annual number of cases diagnosed among young men increased steadily to 28 in 2000, but then dropped to 18 cases in 2002. In 2003, the number of cases has slightly increased to 22 cases.

Unlike young men, the annual number of new HIV infections diagnosed among young women has remained relatively consistent over time. For example, 19 cases of HIV infection were diagnosed among young women in 1992 and 15 cases in 2003. Females accounted for 40% of new HIV infections diagnosed among adolescents and young adults in 2003. In contrast, adult females (25 years of age or older) only accounted for 24% of all adult cases.

Similar to the adult HIV/AIDS epidemic, persons of color account for a disproportionate number of new HIV infections among adolescents and young adults. Among young men, Whites accounted for 44% of new HIV infections diagnosed between 2001 and 2003, African Americans accounted for 22%, Hispanics 19%, and African-born 10% of the cases. Among young women, Whites accounted for 23%, African Americans 34%, African-born 27%, and Hispanics 10% of the new infections diagnosed during the same time period.

Men having sex with men (MSM) is the predominant mode of HIV exposure among adolescent and young adult males, accounting for 69% of the new HIV infections diagnosed between 2001 and 2003. The joint risk of MSM and injecting drug use (IDU) accounted for 5%, and heterosexual contact accounted for 2% of the cases in the same time period. HIV exposure risk was not obtained for 24% of the young male cases.

Heterosexual contact accounted for 33% of new HIV infections diagnosed among adolescent and young adult females between 2001 and 2003, this includes 10% for whom heterosexual contact with an injecting drug user was their only identified risk factor. IDU accounts for 6% of the cases. The number of young females who do not have a risk specified has continued to increase and accounted for 61% of the cases between 2001 and 2003.

Some hypotheses regarding the classification of males and females with unspecified risk are discussed in the next section.

Last Revised: 4/13/04 Page 6 of 9

#### **New HIV Infections by Mode of Exposure**

Since the beginning, men have driven the HIV/AIDS epidemic in Minnesota and male-to-male sex has been the predominant mode of exposure reported. Though still the majority, both the number and proportion of new HIV infections attributed to MSM have been decreasing since 1991 reaching an apparent plateau in 2000 at just under 130 cases per year. On a much smaller scale, the numbers of male cases attributed to IDU and MSM/IDU also have been decreasing over the past decade, while the number of cases attributed to heterosexual contact has been increasing. The number of cases without a specified risk has also been increasing.

Throughout the epidemic, heterosexual contact has been the predominant mode of HIV exposure reported among females. IDU is the second most common mode of transmission making up 6% of cases among women in 2003. Unspecified risk has been designated for a growing percentage of cases for the past several years. In 1996, 7% of women diagnosed with HIV infection did not have a specified mode of transmission. This percentage grew to 37% in 2003 with an additional 28% of female cases who would not agree to or could not be interviewed by a Disease Intervention Specialist from the MDH. Some cases may yet be interviewed, thus, a portion of these women will later have an identified mode of transmission. This explains *part* of the higher percentage of cases in recent years with an unspecified mode of exposure. According to a study conducted by the Centers for Disease Control and Prevention (CDC)<sup>6</sup>, it is likely that at least 80% of women with unspecified risk acquired HIV through heterosexual contact. Heterosexual contact as a mode of HIV transmission is currently only assigned to a female case if she knows that a male sexual partner of hers was HIV-infected or at increased risk for HIV (see *HIV Surveillance Technical Notes* for further details).

The proportion of cases attributable to a certain mode of exposure differs not only by gender, but also by race. Of the new HIV infections diagnosed among males between 2001 and 2003, MSM or MSM/IDU accounted for 78% of cases among White males, 58% of cases among Hispanic males, 44% of cases among African American males, and 3% of cases among African-born males. The latter three also had the highest proportions of cases with unspecified risk (31%, 38%, and 96%, respectively – this includes cases for whom no interview has been obtained). It is hypothesized that due, in part, to social stigma many of the cases with unspecified risk were

Last Revised: 4/13/04 Page 7 of 9

<sup>&</sup>lt;sup>6</sup> MMWR 2001; 50(RR-6):31-40.

unclassified MSM cases. This may not hold as true for African-born cases given that heterosexual contact and contaminated medical equipment have been established modes of HIV exposure in their countries of origin. IDU, MSM/IDU or heterosexual contact with an injecting drug user was reported as a risk in 14% of male African American cases and 8% of Hispanic and White cases diagnosed during 2001-2003. The number of cases among Asian and American Indian men during the years 2001-2003 was insufficient to make generalizations regarding risk (less than 20 cases in each group), but male-to-male sex appears to be the most prominent mode of exposure.

Heterosexual contact with a partner who has or is at increased risk for HIV infection accounted for 50% of cases among African American females, 26% of cases among White females, and 15% of cases among African-born females between 2001 and 2003. More than 40% of cases in each of these groups had no specified risk (including cases for whom no interview has been obtained; see *HIV Surveillance Technical Notes* for further information about assigning mode of exposure categories). IDU directly accounted for 3% of cases among Whites, 6% among African Americans, and 0% among African-born. The number of cases among Hispanic, Asian, and American Indian women during the years 2001-2003 were insufficient to make generalizations regarding risk (less than 20 cases in each group).

#### **Mother-to-Child HIV Transmission**

The ability to interrupt the transmission of HIV from mother to child via antiretroviral therapy and appropriate prenatal care is an important accomplishment in the history of the HIV/AIDS epidemic. Newborn HIV infection rates range from 25-30% without antiretroviral therapy, but decrease to 1-2% with appropriate medical intervention. Unfortunately, these benefits have largely only been realized in the developed world where antiretroviral therapies are more accessible than in undeveloped countries.

In Minnesota, only two cases of perinatal transmission occurred during the past 3 years, representing a 2% rate of transmission. The rate of transmission in Minnesota between 1982 and 1994 (before widespread use of zidovudine<sup>7</sup> to prevent mother-to-child HIV transmission) was 25%. Proper prenatal care, including HIV screening for all pregnant women and appropriate medical intervention for those infected, is a vital element in preventing the spread of HIV.

Last Revised: 4/13/04 Page 8 of 9

<sup>&</sup>lt;sup>7</sup> A common antiretroviral drug.

#### Special Populations: New HIV Infections among Foreign-born Persons

The number of new HIV infections diagnosed among foreign-born persons in Minnesota has steadily increased from 19 cases in 1990 to 71 cases in 2003. This increase has been largely driven by the increase of cases among African-born persons, from 7 cases in 1990 to 55 cases in 2003. Among new HIV infections diagnosed in 2003, 27% were among foreign-born persons. Based on U.S. Census 2000 data, foreign-born persons make up 5% of the total Minnesota population and are, therefore, disproportionately affected by HIV<sup>8</sup>. Among African-born this disparity is even more evident, while African-born persons make up less that 1% of the Minnesota population they accounted for 21% of new HIV infections in 2003.

Last Revised: 4/13/04 Page 9 of 9

<sup>&</sup>lt;sup>8</sup> Based on U.S. Census 2000 data, 260,463 foreign-born persons, including 35,188 African-born persons are living in Minnesota out of a total population of 4,919,479. Because there are many reasons foreign-born persons may not be included in the census count (e.g. difficulties with verbal or written English), these numbers are likely an underestimate of the actual size of the foreign-born population living in Minnesota.





#### **HIV Surveillance Technical Notes**

#### Surveillance of HIV/AIDS

The Minnesota Department of Health (MDH) collects case reports of HIV infection and AIDS diagnoses through a passive and active HIV/AIDS surveillance system. Passive surveillance relies on physicians and laboratories to report new cases of HIV infection or AIDS directly to the MDH in compliance with state law (1). Active surveillance conducted by MDH staff involves routine visits and correspondence with select facilities to ensure completeness of reporting and accuracy of the data.

Factors that impact the completeness and accuracy of HIV/AIDS surveillance data include: compliance with case reporting, timeliness of case reporting, test-seeking behaviors of HIV-infected individuals, and the availability and targeting of HIV testing services. Certain events have also impacted trends in HIV/AIDS surveillance data. For example changes over time in the surveillance case definition (most notably the 1993 expansion of the case definition for adults and adolescents (2)) have resulted in artificial jumps in AIDS case counts at the time the new definition went into effect or in the preceding year because changes in case definition allowed for retrospective diagnoses.

#### **New HIV Infections**

New HIV infections refer to persons who are diagnosed with HIV infection and newly reported to the MDH. This includes case-patients that meet the CDC surveillance definition for AIDS at the time they are initially diagnosed with HIV infection (AIDS at first diagnosis). Cases of new HIV infection are displayed by year of earliest HIV diagnosis. The number of new HIV infections in Minnesota includes only persons who were first reported with HIV infection while residents of Minnesota. Persons moving to Minnesota already infected with HIV are excluded if they were previously reported in another state.

#### Vital Status of HIV/AIDS Cases

Persons are assumed alive unless the MDH has knowledge of their death. Persons are assumed residing in Minnesota if their most recently reported state of residence was Minnesota and the MDH has not received notice of relocation outside of the state. Vital status information is updated by monthly visits to select reporting facilities, correspondence with other health departments, daily obituary reviews in local newspapers, annual death certificate reviews, and periodic matches with the National Death Index. "AIDS deaths" refers to all deaths among AIDS cases regardless of the cause.

#### Place of Residence for HIV/AIDS Cases

Persons are assumed to be residing in Minnesota if their most recently reported state of residence was Minnesota and the MDH has not received notice of relocation outside of the state. Likewise, a person's county or city of residence is assumed to be the most recently reported value unless the MDH is otherwise notified. Residence information is updated through standard case reporting, monthly visits to select reporting facilities and/or correspondence with other state health departments. Persons diagnosed with HIV infection while imprisoned in a state correctional facility are included in the data presented unless otherwise noted (federal and private prisoners are excluded). Residential relocation, including release from state prison, is difficult to track and therefore data presented by *current* residence must be interpreted in this light. Data on residence at *time of diagnosis* are considered more accurate, limited only by the accuracy of self-reported residence location.

#### **Data Tabulation and Presentation**

The data displayed are not adjusted to correct for reporting delays, case definition changes, or other factors.

MDH surveillance reports published before 2000 displayed data by year of report, the data in these documents are displayed by earliest date of HIV diagnosis. The report date is a function of reporting practices and may be months or years after the date of diagnosis and the date of infection. The date of diagnosis is temporally closer to the date of infection. Displaying data by year of diagnosis more closely approximates when infection occurred. Readers should bear in mind that diagnosis date is also an approximation for infection date. Many years may pass between time of infection and diagnosis; the incubation period (3) for HIV is around 10 years. It should also be noted that because of delays in reporting, the annual number of cases reportedly diagnosed in recent years is slightly lower than actual. This discrepancy corrects itself over time. The number of cases diagnosed within a calendar year changes relatively little after two years have passed.

Unless otherwise noted, data analyses exclude persons diagnosed in federal or private correctional facilities (inmates generally are not Minnesota residents before incarceration and do not stay in Minnesota upon their release), infants with unknown or negative HIV status who were born to HIV positive mothers, and HIV-infected refugees who resettled in Minnesota as part of the HIV-Positive Refugee Resettlement Program.

#### Mode of Exposure Hierarchy

All state and city HIV/AIDS surveillance systems funded by the Centers for Disease Control and Prevention use a standardized hierarchy of mode of exposure categories. HIV and AIDS cases with more than one reported mode of exposure to HIV are classified in the exposure category listed first in the hierarchy. In this way, each case is counted as having only one mode of exposure. The only exception to this rule is the joint risk of male-to-male sex (MSM) and injection drug use (IDU), which makes up a separate exposure category in the hierarchy. The following is a list of the hierarchy for adolescent/adult HIV/AIDS cases:

- (1) MSM
- (2) IDU
- (3) MSM/IDU
- (4) Hemophilia patient
- (5) Heterosexual contact
- (6) Receipt of blood transfusion or tissue/organ transplant
- (7) Other (e.g. needle stick in a health care setting)
- (8) Risk not specified.

The following is the list of the hierarchy for pediatric HIV/AIDS cases:

- (1) Hemophilia patient
- (2) Mother with HIV or HIV risk
- (3) Receipt of blood transfusion or tissue/organ transplant
- (4) Other
- (5) Risk not specified.

Heterosexual contact is only designated if a male or female can report specific heterosexual contact with a partner who has, or is at increased risk for, HIV infection (e.g. an injection drug user). For females this includes heterosexual contact with a bisexual male (mainly due to the elevated prevalence of HIV infection among men who have sex with men).

"Risk not specified" refers to cases with no reported history of exposure to HIV through any of the routes listed in the hierarchy of exposure categories. These cases include persons who have not yet been interviewed by MDH staff; persons whose exposure history is incomplete because they died, declined to be interviewed, or were lost to follow-up; and persons who were interviewed or for whom follow-up information was available but no exposure was identified/acknowledged.

The growing number of cases with unspecified risk in recent years is, in part, artificial and due to interviews that have not yet been completed. In time, a number of these will be assigned a mode of exposure category. However, part of the observed increase is real. As stated above, a person must have intimate knowledge about his/her partner to meet the criteria for heterosexual mode of exposure. Often cases will not be certain about their partners' HIV status or risk. Additionally, the perception of social stigma presumably decreases the likelihood that a person will acknowledge certain risk behaviors, particularly male-to-male sex or injection drug use. Thus, if the *true* numbers of cases due to heterosexual contact, MSM, and/or IDU increase, a larger number of cases without a specified risk would be expected.

A recent study by the Centers for Disease Control and Prevention used statistical methods to redistribute risk among female HIV/AIDS cases with unspecified risk (4). The results are helpful but are based on national data which are not necessarily applicable to the state or local level. Speculation regarding the distribution of risk behaviors among those with unspecified risk is difficult, especially in men, for whom even a national study is not available.

#### Re-distribution of Mode of Exposure

In 2004 the Minnesota Department of Health began estimating mode of exposure for cases with unspecified risk in its annual summary slides. Estimation was done by using the risk distribution for cases reported between 2002 and 2004 with known risk by race and gender and applying it to those with unspecified risk of the same race and gender. There were two exceptions to this method, African-born cases and Asian/Pacific Islander women. For both African-born and Asian/Pacific Islander women a breakdown of 95% heterosexual risk and 5% other risk was used. For African-born males a breakdown of 5% male-to-male sex, 90% heterosexual risk, and 5% other risk was used. These percentages are based on epidemiological literature and/or community experience.

Below is an example of how the process worked for white, African American and African-born females:

Reported Female cases 2002 - 2004										
Race/Risk	Heterosexual n (%†)		Other (5) n (%†)	Unspecified n	Total N					
White	25 (86)	4 (14)	0 (0)	14	43					
African-American	23 (79)	3 (10)	3 (10)	33	62					
African-born	13 (81)	0 (0)	3 (19)	89	105					

† Percent of those with know risk.

Female Cases for 2002 - 2004 with Estimated risk:										
Race/Risk	Heterosexual	IDU	Other	Unspecified	Total N					
White	(.86*14) + 25 = 37	(.14*14) + 4 =6	0	0	43					
African-American	(.79*33) + 23 = 49	(.1*33) + 3 = 6	(.1*33) + 3 =6	0	62					
African-born‡	(.95*89) + 13 = 98	0	(.05*89) + 3 = 7	0	105					

‡ Used a distribution of 95% heterosexual and 5% other.

#### **Definitions Related to Race/Ethnicity**

When data are stratified by race, Black race is broken down into African-born and African American (not African-born) based on reported country of birth.

The terms "persons of color" and "non-Whites" refer to all race/ethnicity categories other than White (Black, Hispanic, American Indian, and Asian/Pacific Islander).

#### Interstate De-Duplication Project (IDEP)

In 2004, the Minnesota Department of Health (MDH) participated in IDEP. IDEP is a CDC project aimed at eliminating duplicate reports of HIV and AIDS cases among states. Each case of HIV and AIDS is assigned to the state (or states when the diagnosis of HIV and AIDS occurs in two different states) where a person was first diagnosed. The first round looked at cases reported through December 31, 2001. Through this project, MDH identified 164 cases of HIV infection (including AIDS at first report) and 55 AIDS cases whose first diagnosis was not in Minnesota. These cases were previously considered as diagnosed in Minnesota and were counted in the cumulative number of cases diagnosed in Minnesota. As such, the change of "ownership" (where the case was diagnosed) has reduced both cumulative and yearly totals for Minnesota. Additionally, MDH also identified 250 cases that no longer live in Minnesota.

The results of IDEP are particularly noticeable in the total number of persons living with HIV/AIDS in Minnesota, which increased from 4,895 to 5,002, a gain of only 107 cases, instead of 292 (new infections minus deaths plus (difference between people moving in and people moving out)) between 2003 and 2004.

- (1) Minnesota Rule 4605.7040 (return to text)
- (2) MMWR 1992;41[no.RR-17]:1-19 (return to text)
- (3) Incubation period is the time between initial infection with the virus and the development of disease symptoms. (return to text)
- (4) MMWR 2001; 50(RR-6):31-40 (return to text)
- (5) Other includes Hemophilia, transplant, transfusion, mother w/ HIV or HIV risk (return to text)

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Table 1. Number of New Cases and Rates (per 100,000 persons) of HIV Infection, HIV (non-AIDS), and AIDS<sup>I</sup> Minnesota, 1982-2003

Year	HIV In	fection	HIV (no	n-AIDS)	AIDS		
Teal	Cases	Rate	Cases	Rate	Cases	Rate	
1982-1992	3983		2924		1718		
1993	356	7.8	225	5.0	353	7.8	
1994	334	7.3	228	5.0	335	7.3	
1995	348	7.5	222	4.8	345	7.4	
1996	293	6.2	189	4.0	263	5.6	
1997	283	6.0	193	4.1	196	4.1	
1998	302	6.3	198	4.1	197	4.1	
1999	313	6.4	204	4.2	165	3.4	
2000	275	5.6	176	3.6	163	3.3	
2001	288	5.9	201	4.1	127	2.6	
2002	315	6.4	218	4.4	158	3.2	
2003	266	5.4	177	3.6	163	3.3	
Cumulative Total "	7356	149.5	5155	104.8	4183	85.0	

<sup>&</sup>lt;sup>1</sup> HIV Infection = New cases of HIV infection (both HIV (non-AIDS) and AIDS at first diagnosis) diagnosed within a given calendar year. HIV (non-AIDS) = New cases of HIV infection (excluding AIDS at first diagnosis) diagnosed within a given calendar year. AIDS = All new cases of AIDS diagnosed within a given calendar year.

**Please Note:** The sum of HIV (non-AIDS) cases and AIDS cases will be greater than the number of cases of HIV Infection in a given year. The difference occurs because, unlike the HIV Infection category, the AIDS category includes both cases that are AIDS at first diagnosis as well as those cases that progress from HIV (non-AIDS) to AIDS during the year (see above definitions).

Numbers and rates exclude federal and private prisoners and refugees in the HIV-Positive Refugee Resettlement Program.

<sup>&</sup>lt;sup>II</sup> The cumulative rate is calculated by dividing the estimated current state population by the cumulative number of cases and multiplying by 100,000. Rates for individual calendar years were calculated using 2000 U.S. Census population data (2000-2003) and 1993-1999 population estimates were calculated using interpolation between U.S. Census 1990 data and U.S. Census 2000 data.

Table 2. Number of Cases and Rates (per 100,000 persons) of HIV Infection by Residence, Age, & Gender <sup>l</sup> Minnesota, 2003								
Group		fection	HIV Infection					
"	Cases	%	Rate					
Residence <sup>II</sup>								
Minneapolis	102	39%	26.7					
St. Paul	38	15%	13.2					
Suburban	92	35%	4.7					
Greater Minnesota	30	11%	1.3					
Total	262	100%	5.4					
Age								
<13 yrs	0	0%	0.0					
13-19 yrs	6	2%	1.1					
20-24 yrs	31	12%	9.6					
25-29 yrs	34	13%	10.6					
30-34 yrs	53	20%	15.0					
35-39 yrs	54	20%	13.1					
40-44 yrs	38	14%	9.2					
45-49 yrs	17	6%	4.7					
50-54 yrs	17	6%	5.6					
55-59 yrs	10	4%	4.4					
60+ yrs	6	2%	0.8					
Total	266	100%	5.4					
Gender								
Male	201	76%	8.3					
Female	65	24%	2.6					
Total	266	100%	5.4					

HIV Infection includes all new cases of HIV infection (both HIV (non-AIDS) and AIDS at first diagnosis) among Minnesota residents in 2003.

Suburban = Seven-county metropolitan area except Minneapolis & St. Paul (Anoka, Carver, Dakota, Hennepin (except Minneapolis), Ramsey (except St. Paul), Scott, and Washington counties). Greater Minnesota = Remaining 80 counties outside of the seven-county metropolitan area.

Numbers and rates exclude federal and private prisoners and refugees in the HIV-Positive Refugee Resettlement Program. State prisoners are included (one new diagnosis in 2003). Rates calculated using U.S. Census 2000 data.

Residence information missing for 4 cases of HIV infection in 2003.

Table 3. Number of Cases and Rates (per 100,000 persons) of HIV Infection by Race/Ethnicity & Mode of Exposure <sup>1</sup> Minnesota, 2003										
Males Females								Total		
Group	Cases	%	Rate <sup>IV</sup>	Cases	%	Rate <sup>IV</sup>	Cases	%	Rate III	
Race/Ethnicity										
White, non-Hispanic	108	54%	#	8	12%	#	116	44%	2.7	
Black <sup>II</sup> , African-American	33	16%	#	20	31%	#	53	20%	31.6	
Black <sup>II</sup> , African-born	27	13%	#	28	43%	#	55	21%	110-156.3	
Hispanic	23	11%	#	3	5%	#	26	10%	18.1	
American Indian	4	2%	#	3	5%	#	7	3%	8.6	
Asian/PI	5	2%	#	2	3%	#	7	3%	4.2	
Other <sup>II</sup>	1	0%	#	1	2%	#	2	1%	Χ	
Total	201	100%	8.3	65	100%	2.6	266	100%	5.4	
Mode of Exposure										
MSM	116	58%	Χ			Х	116	44%	Χ	
IDU	9	4%	Χ	4	6%	Χ	13	5%	X	
MSM/IDU	10	5%	Χ			Χ	10	4%	X	
Heterosexual (Total)	(2)	1%	Χ	(19)	29%	Χ	(21)	8%	Χ	
with IDU	0		Χ	6		Χ	6		Χ	
with Bisexual Male			Χ	3		Χ	3		X	
with Hemophiliac/other	0		Χ	0		Χ	0		X	
with HIV+, unknown risk			Χ	10		Χ	12		X	
Perinatal	0	0%	Χ	0	0%	X	0	0%	Х	
Other	0	0%	Χ	0	0%	X	0	0%	Χ	
Unspecified	28	14%	Χ	24	37%	Χ	52	20%	Χ	
No Interview	36	18%	Χ	18	28%	Χ	54	20%	Χ	
Total	201	100%	8.3	65	100%	2.6	266	100%	5.4	

<sup>1</sup> HIV infection includes all new cases of HIV infection (both HIV (non-AIDS) and AIDS at first diagnosis) among Minnesota residents in 2003.

Numbers exclude federal and private prisoners and refugees in the HIV-Positive Refugee Resettlement Program.

MSM – Mon who have say with mon IDLL principle drug use. Heterosayual – For males; beterosayual contact with

MSM = Men who have sex with men. IDU = Injecting drug use. Heterosexual = For males: heterosexual contact with a female known to be HIV+, an injecting drug user, or a hemophiliac/blood product or organ transplant recipient. For females: heterosexual contact with a male known to be HIV+, bisexual, an injecting drug user, or a hemophiliac/blood product or organ transplant recipient. Perinatal = Mother to child HIV transmission; birth may have occurred in a previous year. Unspecified = Cases who did not acknowledge any of the risks listed above. No Interview = Cases who refused to be, could not be or have not yet been interviewed.

<sup>&</sup>lt;sup>II</sup> African-born Blacks are reported separately from other Blacks (born in the U.S. or elsewhere). Other includes multi-racial persons and persons with unknown race.

III Rates calculated using U.S. Census 2000 data. Accurate population estimates for Black, African-born persons living in Minnesota are unavailable – anecdotal (50,000) and 2000 U.S. Census data (35,188) ) were used to create the range of rates reported for African-born persons. The population estimate for Black, African-American persons (167,784) was calculated by subtracting the U.S. Census estimate for African-born persons (35,188) from the total Black population (202,972). Note that this assumes that all African-born persons are Black (as opposed to another race).

<sup>&</sup>lt;sup>IV</sup> U.S. Census 2000 data necessary to calculate race-specific rates (specifically a breakdown of the state population by "Race alone or in Combination with one or more races" by gender) have not yet been released for Minnesota. When these data become available this table will be updated.

Table 4. Number of Cases and Rates (per 100,000 persons) of	
HIV Infection by County of Residence Minnesota, 2003	

The integral by cour	HIV Infection by County of Residence Minnesota, 2003  HIV Infection HIV Infection								
County <sup>II</sup>		Rate <sup>III</sup>							
A til to	Cases	Rate							
Aitkin	0	-							
Anoka	9	3.0							
Becker	0	-							
Beltrami	0	-							
Benton	0	-							
Big Stone	0	-							
Blue Earth	0	-							
Brown	1	-							
Carlton	0	-							
Carver	0	-							
Cass	0	-							
Chippewa	1	-							
Chisago	2	-							
Clay	0	-							
Clearwater	0	-							
Cook	0	-							
Cottonwood	0	-							
Crow Wing	3	-							
Dakota	9	2.5							
Dodge	0	-							
Douglas	0	-							
Faribault	0	-							
Fillmore	0	-							
Freeborn	1	-							
Goodhue	0	-							
Grant	0	-							
Hennepin	157	14.1							
Houston	0	-							
Hubbard	0	-							
Isanti	2	-							
Itasca	0	-							
Jackson	0	-							
Kanabec	0	-							
Kandiyohi	0	-							
Kittson	0	-							
Koochiching	0	-							
Lac Qui Parle	0	-							
Lake	0	-							
Lake of the Woods	0	-							
Le Sueur	0	-							
Lincoln	0	-							
Lyon	0	-							
McLeod	0	-							
Mahnomen	0	-							
Marshall	0	-							
Martin	0	-							
Meeker	1	-							
Mille Lacs	1	-							
Morrison	2	-							
Mower	0	-							

Table 4. Number of Cases and Rates (per 100,000 persons) of HIV Infection by County of Residence <sup>l</sup> Minnesota, 2003								
المستورية	HIV Infection	HIV Infection						
County <sup>ll</sup>	Cases	Rate <sup>III</sup>						
Murray	0	-						
Nicollet	0	-						
Nobles	0	-						
Norman	0	-						
Olmsted	6	4.8						
Otter Tail	0	-						
Pennington	1	-						
Pine	0	-						
Pipestone	0	-						
Polk	0	-						
Pope	0	-						
Ramsey	50	9.8						
Red Lake	0	-						
Redwood	0	-						
Renville	0	-						
Rice	2	-						
Rock	0	-						
Roseau	0	-						
St. Louis	3	-						
Scott	1	-						
Sherburne	0	-						
Sibley	0	-						
Stearns	1	-						
Steele	0	-						
Stevens	0	-						
Swift	0	-						
Todd	0	-						
Traverse	0	-						
Wabasha	0	-						
Wadena	0	-						
Waseca	0	-						
Washington	6	3.0						
Watonwan	1	-						
Wilkin	0	-						
Winona	2	-						
Wright	0	-						
Yellow Medicine	0	-						
State Total**	266	5.4						

HIV infection includes all new cases of HIV infection (both HIV (non-AIDS) and AIDS at first diagnosis) among Minnesota residents in 2003. County of residence as reported at time of diagnosis.

Residence information missing for 4 cases of HIV infection in 2003; Total rate is based on all cases in the state (n = 266).

Rates calculated using U.S. Census 2000 data. Rates not calculated for counties with fewer than 5 cases. Numbers and rates exclude federal and private prisoners and refugees in the HIV-Positive Refugee Resettlement Program. HIV infection was diagnosed among one state prisoner during 2003 (State correctional facilities are located in the following counties: Anoka, Carlton, Chisago, Goodhue, Pine, Rice, Scott, St. Louis, Stearns, and Washington).

#### Perinatal HIV Exposure

### Table 5a. Number of Births to HIV-Infected Women<sup>II</sup> by Year of Child's Birth and Mother's Race/Ethnicity, Minnesota 1982-2003

				Foreign-born Mothers <sup>IV</sup>						
Year(s)	White	Black, African- American <sup>III</sup>	Black, African- born <sup>III</sup>	Hispanic	American Indian	Asian/PI	Multi-racial	Total	Number	(% of total in time period)
1982-1989	15	6	0	0	1	1	0	23	2	9%
1990	4	2	0	0	1	0	0	7	0	0%
1991	5	4	0	0	3	0	0	12	0	0%
1992	9	5	1	1	0	0	0	16	1	6%
1993	8	6	1	0	1	0	0	16	1	6%
1994	5	9	1	2	2	0	0	19	1	5%
1995	8	8	0	1	2	0	0	19	1	5%
1996	8	2	0	2	1	1	0	14	3	21%
1997	8	8	1	1	0	1	0	19	1	5%
1998	8	6	3	1	2	0	0	20	4	20%
1999	7	12	3	1	1	1	1	26	5	19%
2000	12	10	7	2	1	1	0	33	9	27%
2001	1	20	13	1	2	0	0	37	15	41%
2002	9	6	11	2	2	0	3	33	9	27%
2003	4	14	14	4	0	1	1	38	17	45%
Cumulative Total	111	118	55	18	19	6	5	332	69	21%

NOTE: A birth to an HIV-infected woman was only included in the table if her residence at the time of child's birth was reported as Minnesota.

<sup>&</sup>lt;sup>1</sup> Exposure of child to HIV during pregnancy, at birth, and/or during breastfeeding.

<sup>&</sup>lt;sup>II</sup> HIV-infected women may or may not have progressed to an AIDS diagnosis.

III African-born Blacks are reported separately from other Blacks (born in the U.S. or elsewhere).

<sup>&</sup>lt;sup>IV</sup> Mothers' places of birth include: Africa (52), Asia/Pacific Islands (6), Latin America/Caribbean (11).

#### Perinatal HIV Transmission<sup>1</sup>

### Table 5b. Number of Perinatally-Acquired HIV/AIDS Cases by Year of Child's Birth and Mother's Race/Ethnicity, Minnesota 1982-2003

Year(s)				Foreign-born Mothers <sup>III</sup>						
	White	Black, African- American <sup>II</sup>	Black, African- born <sup>ll</sup>	Hispanic	American Indian	Asian/PI	Unknown	Total	Number	(% of total in time period)
1982-1989	5	2	0	0	1	1	0	9	1	11%
1990	2	0	0	0	0	0	0	2	0	0%
1991	4	0	0	0	0	0	0	4	0	0%
1992	2	0	0	0	0	0	0	2	0	0%
1993	2	1	0	0	0	0	0	3	0	0%
1994	2	0	0	1	0	0	0	3	0	0%
1995	0	0	0	1	1	0	0	2	0	0%
1996	0	1	0	1	0	1	0	3	2	67%
1997	0	0	1	0	0	0	0	1	0	0%
1998	1	1	2	0	0	0	0	4	2	50%
1999	0	0	0	0	0	0	0	0	0	-
2000	0	1	0	0	0	0	0	1	0	0%
2001	0	0	0	0	0	0	0	0	0	-
2002	0	0	0	1	0	0	0	1	1	100%
2003	0	0	1	0	0	0	0	1	1	100%
Cumulative Total	18	6	4	4	2	2	0	36	7	19%
Rate of Transmission 1996-2003	2%	5%	8%					5%	11%	
Cumulative Rate of Transmission <sup>IV</sup>	16%	5%	7%					11%	10%	

NOTE: Cases of perinatally-acquired HIV/AIDS were only included in the table if the child's residence at the time of birth was reported as Minnesota.

<sup>&</sup>lt;sup>1</sup> Transmission of HIV from mother to child during pregnancy, at birth, and/or during breastfeeding.

<sup>&</sup>lt;sup>II</sup> African-born Blacks are reported separately from other Blacks (born in the U.S. or elsewhere).

III Mothers' places of birth include: Africa (3), Asia/Pacific Islands (2), Latin America/Caribbean (2).

The cumulative rate of HIV transmission is calculated by dividing the total number of perinatally-acquired HIV infections by the total number of births in a category and multiplying by 100. Rates calculated only for categories where the cumulative number of births is 30 or greater.

# HIV/AIDS Prevalence & Mortality Report, 2003

Minnesota Department of Health HIV/AIDS Surveillance System

### Introduction (I)

- These three introduction slides provide a general context for the data used to create this slide set. If you have questions about any of the slides please refer to the *Companion Text to the Minnesota HIV/AIDS Prevalence & Mortality Report, 2003 or HIV/AIDS Prevalence & Mortality Technical Notes.*
- This slide set displays estimates of the number of persons living with HIV/AIDS (prevalence) and mortality in Minnesota by person, place, and time.
- The slides rely on data from HIV/AIDS cases diagnosed through 2003 and reported to the Minnesota Department of Health (MDH) HIV/AIDS Surveillance System.

### Introduction (II)

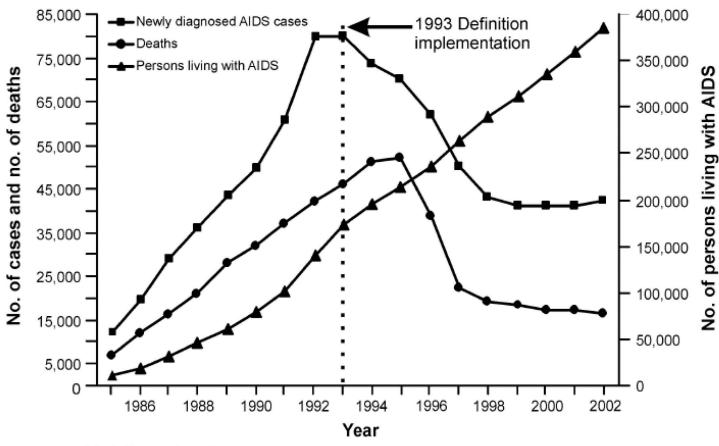
- Data analyses exclude persons diagnosed in federal or private correctional facilities, but include state prisoners (n=91) and persons arriving to Minnesota through the HIV+ Refugee Resettlement Program (n=65 prevalent cases).
- Some limitations of surveillance data:
  - Data do not include HIV-infected persons who have not been tested for HIV
  - Data do not include persons whose positive test results have not been reported to the MDH
  - Case numbers for the most recent years may be undercounted due to delays in reporting

### Introduction (III)

- Persons are assumed to be alive unless the MDH has knowledge of their death.
- Persons whose most recently reported state of residence was Minnesota are assumed to be currently residing in Minnesota unless the MDH has knowledge of their relocation. Our ability to track changes of residence, including within the state, is limited.
- Vital status and current residence are updated through one or more of the following methods:
  - Standard case reporting
  - Correspondence with other health departments
  - Obituary reviews (daily)
  - Active surveillance (monthly)
  - Death certificate reviews (annually)
  - National Death Index match

#### **National Context**

#### AIDS Cases, Deaths, and Persons Living with AIDS by Year, 1985–2002—United States



Adjusted for reporting delays.

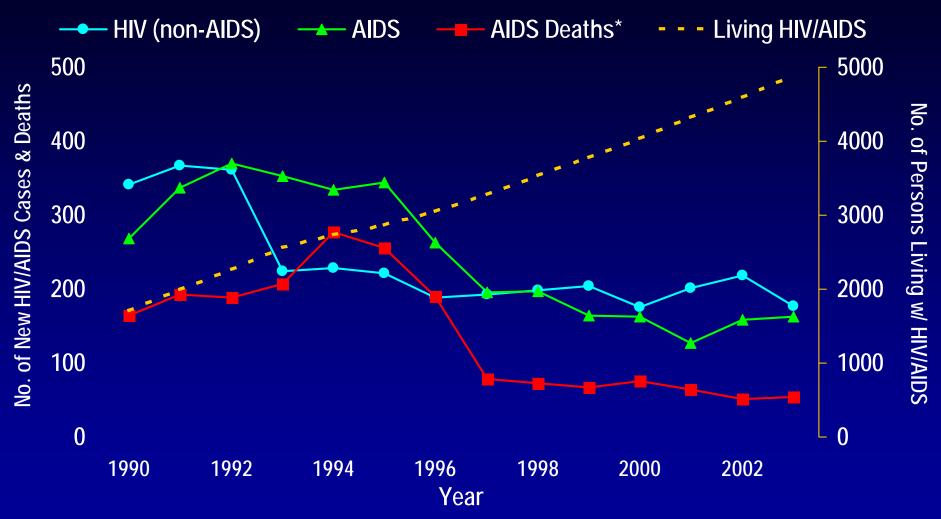




#### Overview of HIV/AIDS in Minnesota

#### HIV/AIDS in Minnesota:

Number of New Cases, Prevalent Cases, and Deaths by Year, 1990-2003



<sup>\*</sup> Deaths among AIDS cases, regardless of cause.

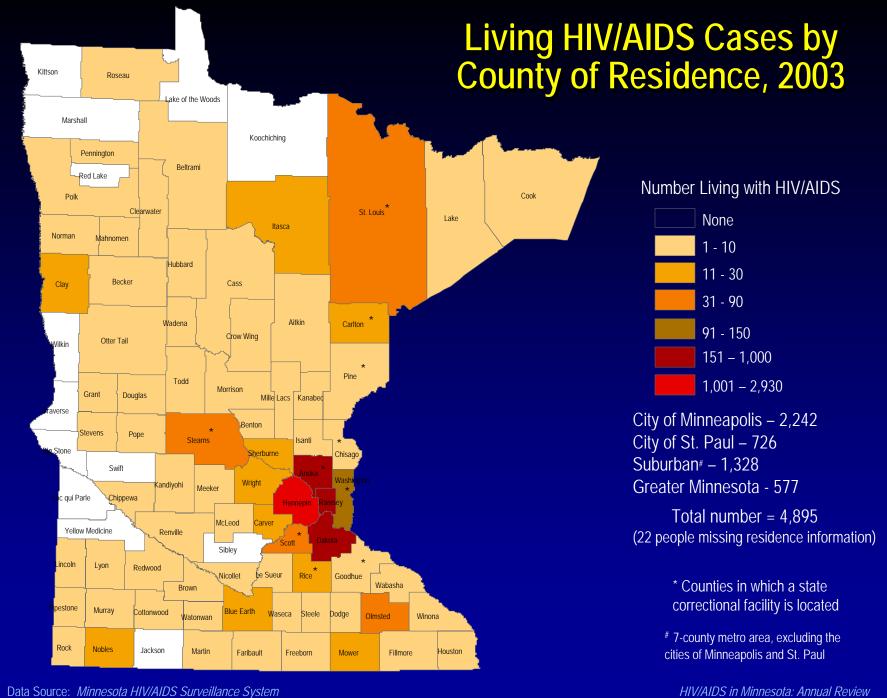
# Persons Living with HIV/AIDS in Minnesota

#### Estimated Number of Persons Living with HIV/AIDS in Minnesota

- As of December 31, 2003, 4,895\* persons are assumed alive and living in Minnesota with HIV/AIDS
  - 2,880 living with HIV infection (non-AIDS)
  - 2,015 living with AIDS
- This number includes 538 persons who were first reported with HIV or AIDS elsewhere and subsequently moved to Minnesota
- This number excludes 481 persons who were first reported with HIV or AIDS in Minnesota and subsequently moved out of the state

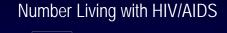
<sup>\*</sup> This number includes persons who reported Minnesota as their current state of residence, regardless of residence at time of diagnosis.

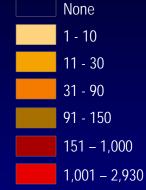
#### **Place**



#### Map of Metro Area: Living HIV/AIDS Cases by County of Residence, 2003







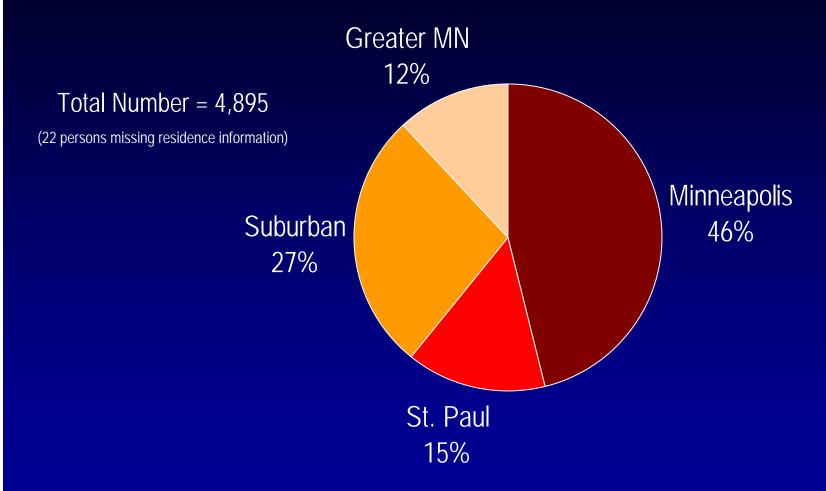
City of Minneapolis – 2,242 City of St. Paul – 726 Suburban\* – 1,328

Total number (Metro only) = 4,296

<sup>\*</sup> Counties in which a state correctional facility is located

<sup># 7-</sup>county metro area, excluding the cities of Minneapolis and St. Paul

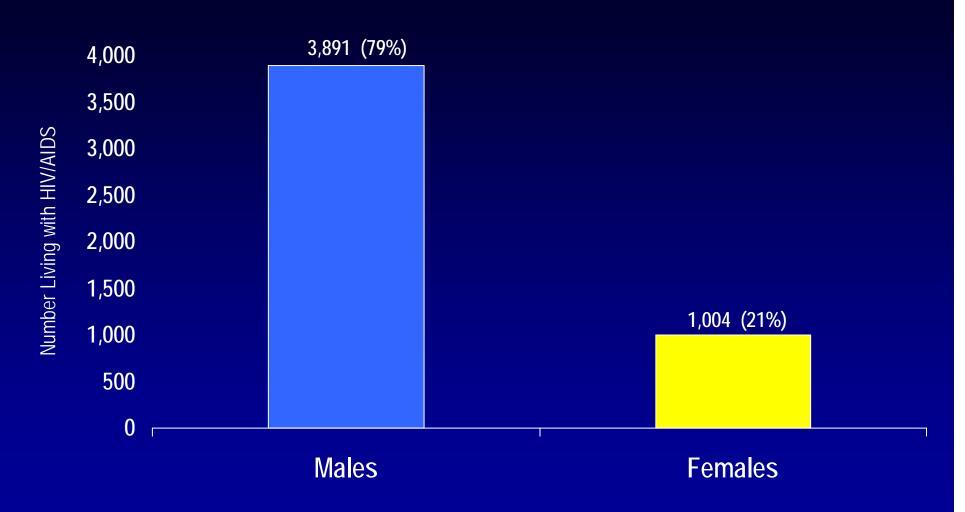
### Persons Living with HIV/AIDS in Minnesota by Current Residence, 2003



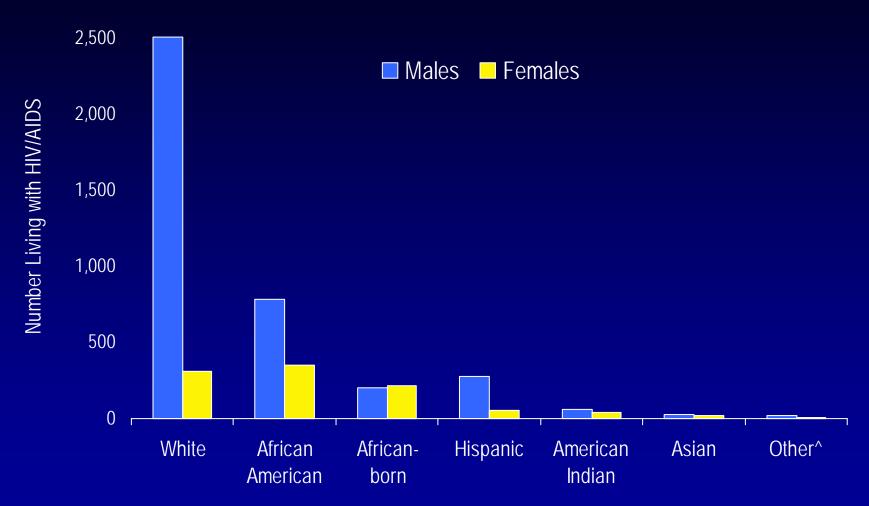
Suburban = Seven-county metro area including Anoka, Carver, Dakota, Hennepin (except Minneapolis), Ramsey (except St. Paul), Scott, and Washington counties. Greater MN = All other Minnesota counties, outside the seven-county metro area.

#### Gender and Race/Ethnicity

## Persons Living with HIV/AIDS in Minnesota by Gender, 2003



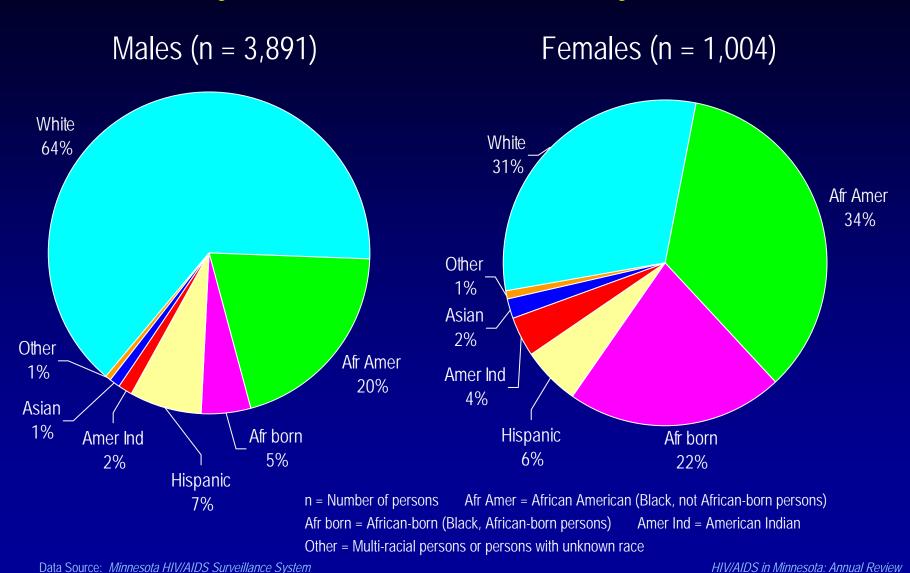
#### Persons Living with HIV/AIDS in Minnesota by Gender and Race/Ethnicity\*, 2003



<sup>\* &</sup>quot;African-born" refers to Blacks who reported an African country of birth; "African American" refers to all other Blacks.

<sup>^</sup> Other includes persons with unknown or multiple races (n=27).

### Persons Living with HIV/AIDS in Minnesota by Gender and Race/Ethnicity, 2003



### Number of Cases and Rates (per 100,000 persons) of Persons Living with HIV/AIDS by Race/Ethnicity<sup>†</sup> – Minnesota, 2003

Race/Ethnicity	Cases	%	Rate
White, non-Hispanic	2,817	58%	65.2
Black, African-American	1,137	23%	677.7
Black, African-born	419	9%	838-1911††
Hispanic	332	7%	231.5
American Indian	98	2%	120.9
Asian/Pacific Islander	65	1%	38.6
Other^	27	1%	X
Total  Consus Data used for rate calculations	4,895	100%	99.5

Census Data used for rate calculations.

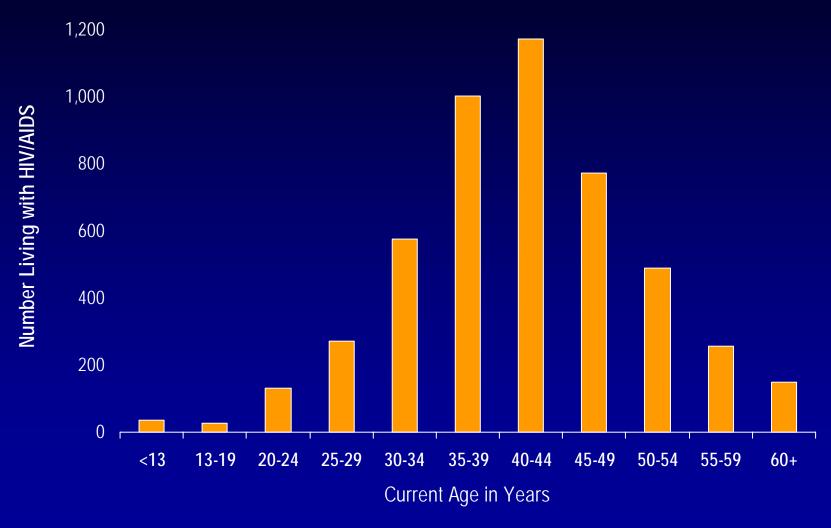
<sup>† &</sup>quot;African-born" refers to Blacks who reported an African country of birth; "African American" refers to all other Blacks. Cases with unknown race are excluded.

<sup>&</sup>lt;sup>††</sup> Accurate population estimates for African-born persons and MSM (any race) living in Minnesota are unavailable – anecdotal (50,000) and 2000 US Census data (35,188) ) were used to create the range of rates reported for African-born.

<sup>^</sup> Other = Multi-racial persons or persons with unknown race

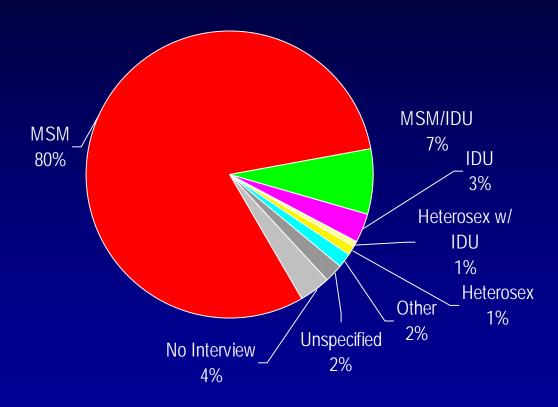
#### Age

## Persons Living with HIV/AIDS in Minnesota by Age Group, 2003



#### **Mode of Exposure**

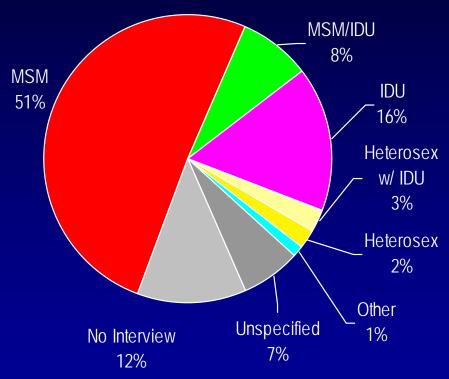
White Males (n = 2,508)



n = Number of personsIDU = Injecting drug use

MSM = Men who have sex with men Heterosex = Heterosexual contact Other = Hemophilia, transplant, transfusion, mother w/ HIV or HIV risk No Interview = Could not, would not or have yet to be interviewed

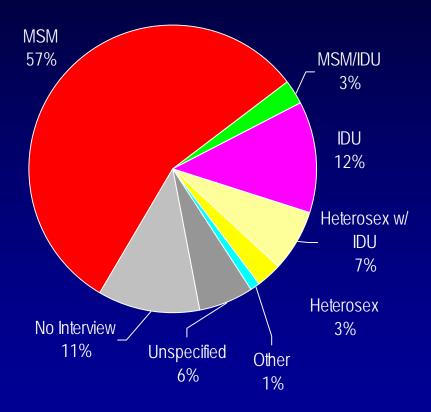
#### African American Males<sup>†</sup> (n = 785)



n = Number of persons IDU = Injecting drug use MSM = Men who have sex with men Heterosex = Heterosexual contact Other = Hemophilia, transplant, transfusion, mother w/ HIV or HIV risk No Interview = Could not, would not or have yet to be interviewed

<sup>†</sup> Refers to Black, African American (not African-born) males.

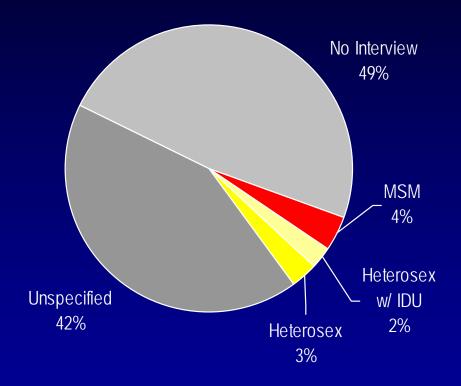
Hispanic Males (n = 275)



n = Number of personsIDU = Injecting drug use

MSM = Men who have sex with men Heterosex = Heterosexual contact Other = Hemophilia, transplant, transfusion, mother w/ HIV or HIV risk No Interview = Could not, would not or have yet to be interviewed

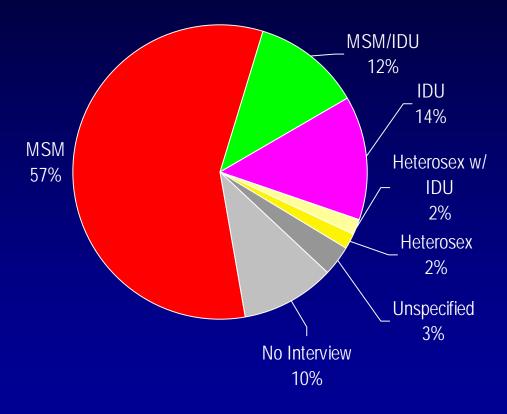
African-born Males<sup>†</sup> (n = 201)



n = Number of persons † Refers to Black, African-born males.

MSM = Men who have sex with men IDU = Injecting drug use Heterosex = Heterosexual contact No Interview = Could not, would not or have yet to be interviewed

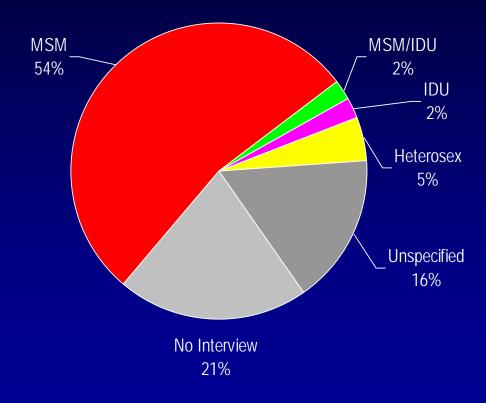
American Indian Males (n = 59)



n = Number of persons MSM = Men who have sex with men No Interview = Could not, would not or have yet to be interviewed IDU = Injecting drug use

Heterosex = Heterosexual contact

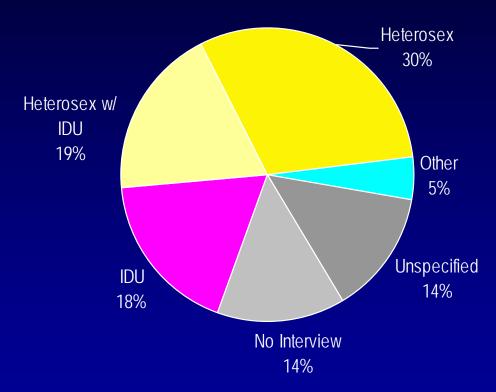
Asian Males (n = 43)



n = Number of persons MSM = Men who have sex with men No Interview = Could not, would not or have yet to be interviewed IDU = Injecting drug use

Heterosex = Heterosexual contact

#### African American Females<sup>†</sup> (n = 352)



n = Number of personsIDU = Injecting drug use

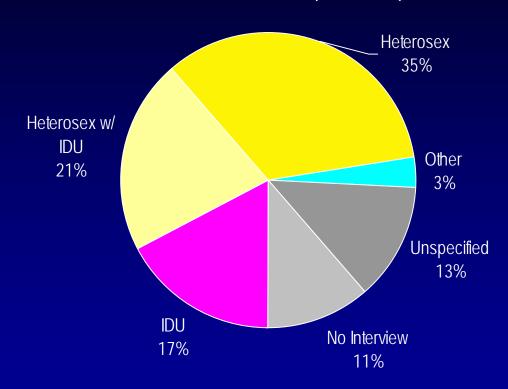
Other = Hemophilia, transplant, transfusion, mother w/ HIV or HIV risk

Heterosex = Heterosexual contact

No Interview = Could not, would not or have yet to be interviewed

<sup>†</sup> Refers to Black, African American (not African-born) females.

White Females (n = 309)



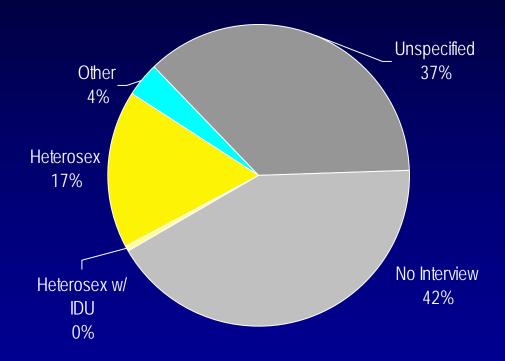
n = Number of personsIDU = Injecting drug use

Other = Hemophilia, transplant, transfusion, mother w/ HIV or HIV risk

Heterosex = Heterosexual contact

No Interview = Could not, would not or have yet to be interviewed

#### African-born Females<sup>†</sup> (n = 218)

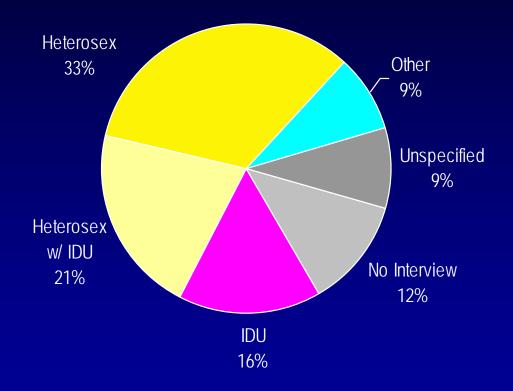


n = Number of persons Heterosex = Heterosexual contact

Other = Hemophilia, transplant, transfusion, mother w/ HIV or HIV risk No Interview = Could not, would not or have yet to be interviewed

<sup>†</sup> Refers to Black, African-born females.

Hispanic Females (n = 57)

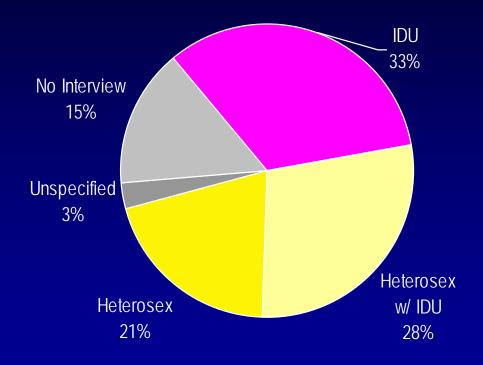


n = Number of personsIDU = Injecting drug use

Other = Hemophilia, transplant, transfusion, mother w/ HIV or HIV risk

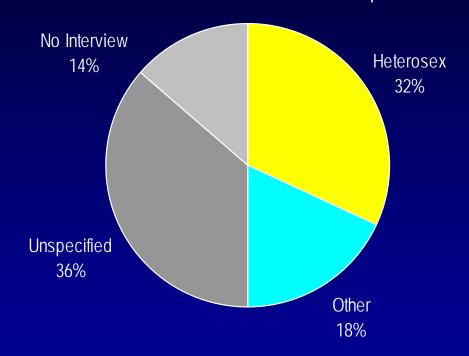
Heterosex = Heterosexual contact No Interview = Could not, would not or have yet to be interviewed

American Indian Females (n = 39)



 Heterosex = Heterosexual contact
No Interview = Could not, would not or have yet to be interviewed

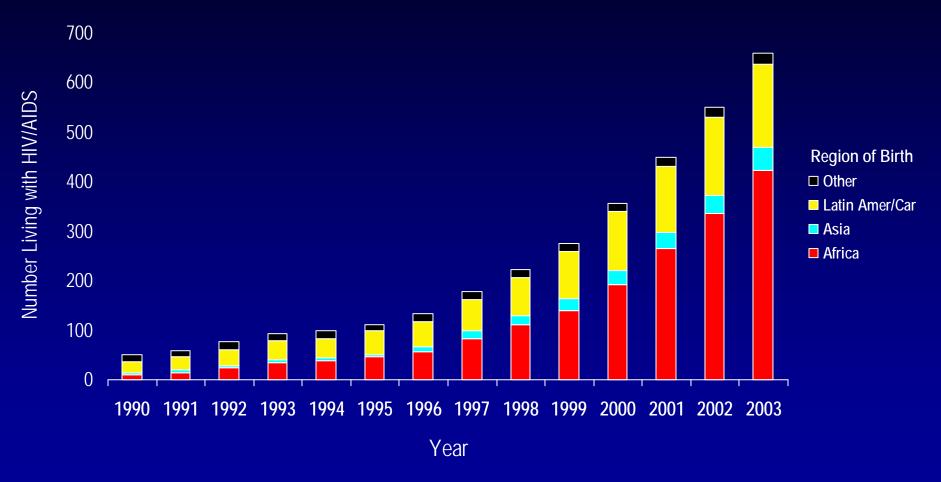
Asian Females (n = 22) CAUTION: Small number of cases – interpret carefully.



n = Number of persons Heterosex = Heterosexual contact Other = Hemophilia, transplant, transfusion, mother w/ HIV or HIV risk No Interview = Could not, would not or have yet to be interviewed

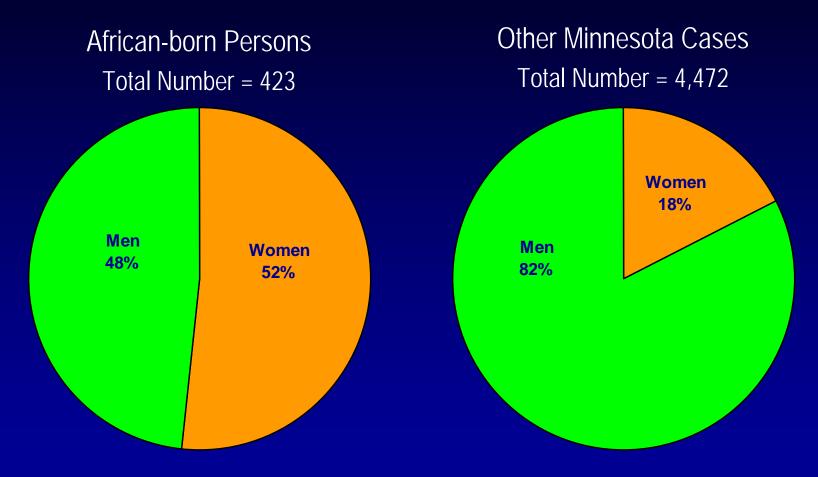
#### **Special Populations**

#### Foreign-Born Persons Living with HIV/AIDS in Minnesota by Region of Birth, 1990-2003



Latin Amer/Car – Includes Mexico, Caribbean, and Central/South American countries

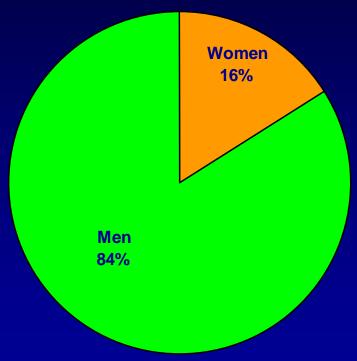
#### African-Born<sup>†</sup> Persons Living with HIV/AIDS Compared to Other Minnesota Cases by Gender, 2003



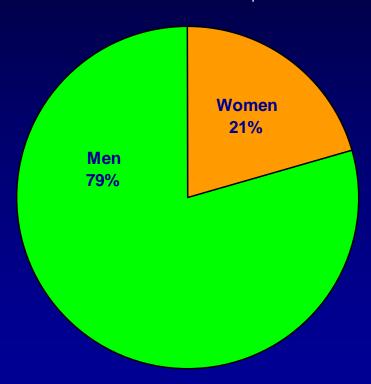
<sup>†</sup> Includes persons arriving to Minnesota through the HIV+ Refugee Resettlement Program.

# Persons Living with HIV/AIDS born in Latin America/Caribbean<sup>†</sup> Countries Compared to Other Minnesota Cases by Gender, 2003





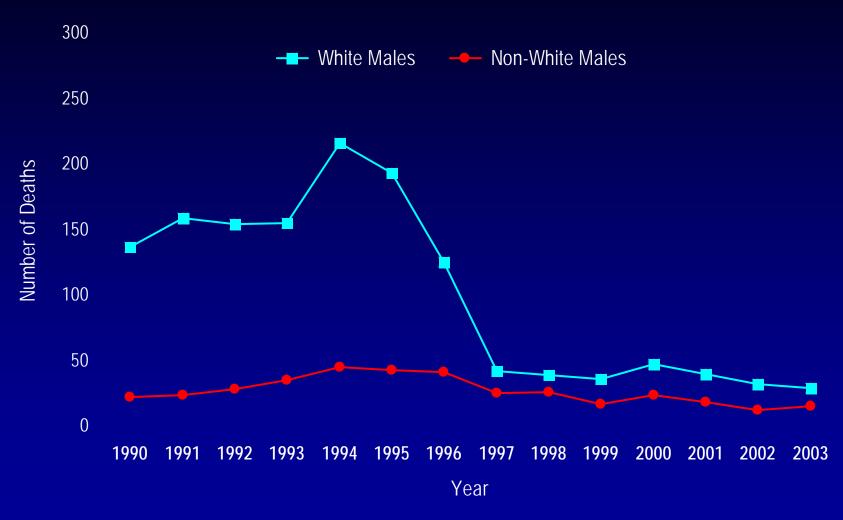
Other Minnesota Cases Total Number = 4,727



<sup>†</sup> Includes Mexico and all Central/South American and Caribbean countries.

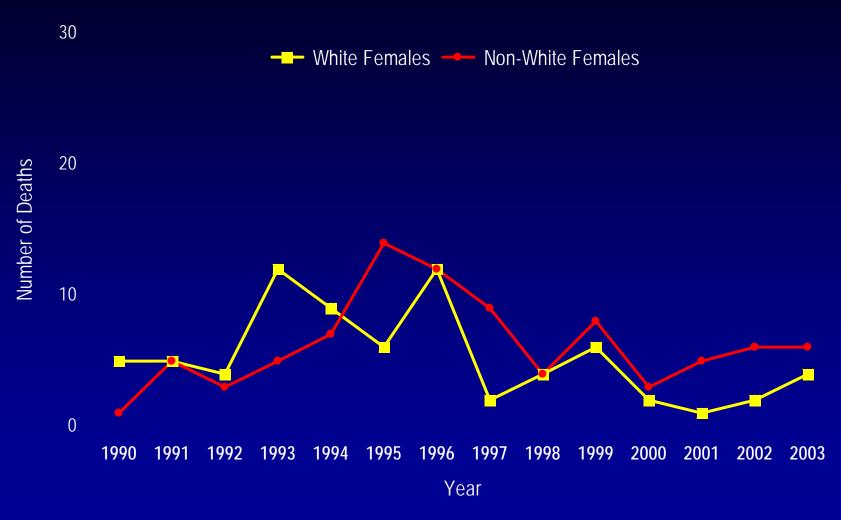
#### **Mortality**

### Reported Deaths\* among Male AIDS Cases in Minnesota, 1990-2003



<sup>\*</sup> Deaths among AIDS cases, regardless of cause.

# Reported Deaths\* among Female AIDS Cases in Minnesota, 1990-2003



<sup>\*</sup> Deaths among AIDS cases, regardless of cause.

Data Source: Minnesota HIV/AIDS Surveillance System

# Companion Text for the Slide Set: Minnesota HIV/AIDS Prevalence & Mortality Report, 2003

#### **INTRODUCTION**

The *Minnesota HIV/AIDS Prevalence & Mortality Report, 2003* contains estimates of HIV/AIDS prevalence (the number of persons living with HIV or AIDS) and mortality in Minnesota. These estimates can be used to help educate, plan for HIV/AIDS services and develop policy.

#### **Data Source**

The data in this report are based on confidential case reports collected through the Minnesota Department of Health (MDH) HIV/AIDS Surveillance System. In Minnesota, laboratory-confirmed infections of human immunodeficiency virus (HIV) are monitored by the MDH through this active and passive surveillance system. State law (Minnesota Rule 4605.7040) requires both physicians and laboratories to report all cases of HIV infection (HIV or AIDS) directly to the MDH (passive surveillance). Additionally, regular contact is maintained with several clinical sites to ensure completeness of reporting (active surveillance).

#### **Data Limitations**

The prevalence estimate is calculated by totaling the number of HIV and AIDS cases diagnosed through December 31, 2003 who are not known to be deceased and whose most recently reported state of residence was Minnesota. It bears noting that persons who are HIV-infected but not yet tested are not included in this prevalence estimate. Migration (known HIV-infected persons moving in or out of the state) also affects the estimate. Refer to the *HIV/AIDS Prevalence & Mortality Technical Notes* for a more detailed description of data inclusions and exclusions.

Factors that impact the completeness and accuracy of the available surveillance data on HIV/AIDS include the level of screening and compliance with case reporting. Thus, any changes in numbers of infections may be due to one of these factors, or due to actual changes in HIV/AIDS occurrence.

Last Revised: 4/13/04 Page 1 of 5

#### PERSONS LIVING WITH HIV/AIDS IN THE UNITED STATES

The Centers for Disease Control & Prevention (CDC) estimates that there are 800,000 to 900,000 people currently living with HIV/AIDS in the United States. The number of people specifically living with AIDS in the United States has been increasing in recent years: from approximately 290,400 in 1998 to approximately 384,900 in 2002.

#### PERSONS LIVING WITH HIV/AIDS IN MINNESOTA

#### Overview of HIV/AIDS in Minnesota, 1990-2003

The number of persons assumed to be living with HIV/AIDS in Minnesota has been steadily increasing over time. As of December 31, 2003, 4,895 persons known to be living with HIV/AIDS resided in Minnesota, a 6.5% increase from 2002. While the number of HIV (non-AIDS) diagnoses has remained steady since the mid-1990s at just under 200 cases per year, both the number of newly diagnosed AIDS cases and the number of deaths among AIDS cases have been declining since 1996. The decreases are primarily due to the success of new treatments introduced in 1995 (protease inhibitors) and 1996 (highly active antiretroviral therapy or HAART). These treatments do not cure, but can delay progression to AIDS among persons with HIV (non-AIDS) infection and improve survival among those with AIDS. Thus, the declines slowed during the late 1990s and the numbers have been relatively stable the past few years.

#### Living HIV/AIDS Cases, 2003

Among the estimated 4,895 prevalent cases in Minnesota, 2,880 are diagnosed with HIV (non-AIDS) and 2,015 are diagnosed with AIDS. The majority (88%) of prevalent cases reside in the seven-county metropolitan area surrounding the Twin Cities of Minneapolis and St. Paul (Hennepin, Ramsey, Anoka, Dakota, Scott, and Washington counties). Although HIV infection is more common in communities with higher population densities and greater poverty, there are people living with HIV or AIDS in over 80% of counties in Minnesota.

Last Revised: 4/13/04 Page 2 of 5

<sup>&</sup>lt;sup>1</sup> Centers for Disease Control and Prevention. HIV/AIDS Surveillance Report 2002:14.

#### **Gender & Race/Ethnicity**

Seventy-nine percent (79%) of prevalent HIV/AIDS cases are males. Broken down by race/ethnicity, 64% of male cases are White, 20% African American, 7% Hispanic, 5% African-born, 2% American Indian, and 1% Asian/Pacific Islander. In total, 36% of males living with HIV/AIDS are non-White whereas only 12% of the general male population is Non-White. Among female cases, the distribution is even more skewed toward women of color: 31% White, 35% African American, 22% African-born, 6% Hispanic, 4% American Indian, and 2% Asian/Pacific Islander. Thus, 69% of prevalent female HIV/AIDS cases are non-White whereas only 11% of the general female population in Minnesota is non-White.

Please note that race is not considered a biological reason for disparities related to HIV/AIDS experienced by persons of color. Race, however, can be considered a marker for other personal and social characteristics that put a person at greater risk for HIV exposure. These characteristics may include, but are not limited to, lower socioeconomic status, less education, and less access to health care.

#### Age

Seventy-eight percent (78%) of persons living with HIV/AIDS in 2003 are currently 35 years of age or older. Broken down into five-year age groups, 40-44 year olds make up the largest group (24% of cases), followed by 35-39 year olds (21%) and 45-49 year olds (16%).

#### **Mode of Exposure**

The proportions of living cases attributable to particular modes of exposure differ among gender and race groups. While 80% of White males reported male-to-male sex (MSM or MSM/IDU) as a risk factor, only 46% of non-White males reported this mode of exposure. The difference in proportions is partly explained by the relatively large number of non-White males with unspecified risk, particularly among African-born and Asian men. It is hypothesized that due, in part, to social stigma many of the cases with unspecified risk were unclassified MSM cases. This may not hold as true for African-

Last Revised: 4/13/04 Page 3 of 5

born cases given that heterosexual contact and contaminated medical equipment have been established modes of HIV exposure in their countries of origin. The percent of male cases that identified IDU, MSM/IDU, or heterosexual contact with an injecting drug user as a risk factor was particularly high for American Indians (28%), African Americans (27%) and Hispanics (22%). The percentages among White, Asian, and African-born males were 11%, 4%, and 2%, respectively. Similar to the MSM category, IDU may be underreported due to social stigma.

Across all race/ethnicity groups, females most frequently report heterosexual contact as their mode of HIV exposure. However, IDU was reported as directly or indirectly (via heterosexual contact with a person who injected drugs) involved in a large percentage of female cases among most race/ethnicity groups. The largest percentage of IDU-related cases occurred among American Indians (61%) followed by Whites, African Americans, and Hispanics with 38%, 37%, and 37%, respectively. One case among African-born females was related to IDU and no cases among Asian females. African-born females living with HIV/AIDS had the largest percentage of cases with unspecified risk: 79% compared to approximately 20% among the other female race/ethnicity groups. The number of prevalent HIV/AIDS cases among Asian females was too small (n = 22) to make generalizations about risk. See the *HIV/AIDS Prevalence & Mortality Technical Notes* for a detailed discussion of mode of exposure categories.

#### **Emerging Trend**

Between 1990 and 2003, the number of foreign-born persons living with HIV/AIDS in Minnesota increased substantially, especially among the African-born population. In 1990, 51 foreign-born persons were reported to be living with HIV/AIDS in Minnesota, and by 2002 this number had increased ten-fold to 550 persons. In 2003, the total number of foreign-born persons living with HIV/AIDS was 660, a 20% increase from 2002. This trend illustrates the growing diversity of the infected population in Minnesota and the need for culturally appropriate HIV care services and prevention efforts.

The characteristics of foreign-born persons living with HIV/AIDS in Minnesota differ from U.S.-born, especially in gender. While females account for 17% of cases

Last Revised: 4/13/04 Page 4 of 5

among U.S.-born persons, they account for 41% of foreign-born cases. This is especially noticeable among African-born cases, where women account for 51% of those living with HIV/AIDS in Minnesota. Among Asian-born cases, women account for 36% of cases. The gender distribution among cases born in Latin America, the Caribbean and Europe is similar to that of U.S.-born cases.

#### HIV/AIDS MORTALITY IN MINNESOTA

The number of deaths<sup>2</sup> among Minnesota AIDS cases decreased between 1995 and 1997 and remained relatively constant between 1997 and 2003. The largest declines in mortality were observed among White males in the mid 1990s. In recent years, the number of deaths among AIDS cases has been comparable between White and non-White males and between White and non-White females. In 2003, a total of 54 deaths were reported among AIDS cases. Of these deaths, ten (10) were among women and 44 among men.

Last Revised: 4/13/04 Page 5 of 5

<sup>&</sup>lt;sup>2</sup> Includes all deaths, regardless of cause.





## **HIV/AIDS** Prevalence and Mortalitity Technical Notes

#### Surveillance of HIV/AIDS

The Minnesota Department of Health (MDH) collects case reports of HIV infection and AIDS diagnoses through a passive and active HIV/AIDS surveillance system. Passive surveillance relies on physicians and laboratories to report new cases of HIV infection or AIDS directly to the MDH in compliance with state law (1). Active surveillance conducted by MDH staff involves routine visits and correspondence with select facilities to ensure completeness of reporting and accuracy of the data.

Factors that impact the completeness and accuracy of HIV/AIDS surveillance data include: compliance with case reporting, timeliness of case reporting, test-seeking behaviors of HIV-infected individuals, and the availability and targeting of HIV testing services. Certain events have also impacted trends in HIV/AIDS surveillance data. For example changes over time in the surveillance case definition (most notably the 1993 expansion of the case definition for adults and adolescents (2)) have resulted in artificial jumps in AIDS case counts at the time the new definition went into effect or in the preceding year because changes in case definition allowed for retrospective diagnoses.

#### Vital Status of HIV/AIDS Cases

Persons are assumed alive unless the MDH has knowledge of their death. Persons are assumed residing in Minnesota if their most recently reported state of residence was Minnesota and the MDH has not received notice of relocation outside of the state. Vital status information is updated by monthly visits to select reporting facilities, correspondence with other health departments, daily obituary reviews in local newspapers, annual death certificate reviews, and periodic matches with the National Death Index. "AIDS deaths" refers to all deaths among AIDS cases regardless of the cause.

#### Place of Residence for HIV/AIDS Cases

Persons are assumed to be residing in Minnesota if their most recently reported state of residence was Minnesota and the MDH has not received notice of relocation outside of the state. Likewise, a person's county or city of residence is assumed to be the most recently reported value unless the MDH is otherwise notified. Residence information is updated through standard case reporting, monthly visits to select reporting facilities and/or correspondence with other state health departments. Persons diagnosed with HIV infection while imprisoned in a state correctional facility are included in the data presented unless otherwise noted (federal and private prisoners are excluded). Residential relocation, including release from state prison, is difficult to track and therefore data presented by *current* residence must be interpreted in this light. Data on residence at *time of diagnosis* are considered more accurate, limited only by the accuracy of self-reported residence location.

#### **Data Tabulation and Presentation**

Unless otherwise noted, data analyses exclude persons diagnosed in federal or private correctional facilities (inmates generally are not Minnesota residents before incarceration and do not stay in Minnesota upon their release), infants with unknown or negative HIV status who were born to HIV positive mothers. Data include HIV-infected refugees who resettled in Minnesota as part of the HIV-Positive Refugee Resettlement Program.

The HIV/AIDS surveillance system is a live database that is continuously updated to reflect the most current information available. Variables such as current state of residence are over-written when updates are made. Annual archive files were initiated in 2001. Thus, the numbers of HIV/AIDS cases residing in Minnesota in 2000 and 2001 were estimated using the current state of residence variable while the number in previous years (1990-1999) was estimated using state of residence at time of diagnosis, vital status, and date of death variables. The number of HIV/AIDS cases alive in a certain year was calculated by summing cases with an HIV/AIDS diagnosis in that year or prior whose vital status in 2001 was "alive" or whose date of death was

either after the calendar year of interest or missing.

#### **Mode of Exposure Hierarchy**

All state and city HIV/AIDS surveillance systems funded by the Centers for Disease Control and Prevention use a standardized hierarchy of mode of exposure categories. HIV and AIDS cases with more than one reported mode of exposure to HIV are classified in the exposure category listed first in the hierarchy. In this way, each case is counted as having only one mode of exposure. The only exception to this rule is the joint risk of male-to-male sex (MSM) and intravenous drug use (IDU), which makes up a separate exposure category in the hierarchy. The following is a list of the hierarchy for adolescent/adult HIV/AIDS cases:

- (1) MSM
- (2) IDU
- (3) MSM/IDU
- (4) Hemophilia patient
- (5) Heterosexual contact
- (6) Receipt of blood transfusion or tissue/organ transplant
- (7) Other (e.g. needle stick in a health care setting)
- (8) Risk not specified.

The following is the list of the hierarchy for pediatric HIV/AIDS cases:

- (1) Hemophilia patient
- (2) Mother with HIV or HIV risk
- (3) Receipt of blood transfusion or tissue/organ transplant
- (4) Other
- (5) Risk not specified.

Heterosexual contact is only designated if a male or female can report specific heterosexual contact with a partner who has, or is at increased risk for, HIV infection (e.g. an intravenous drug user). For females this includes heterosexual contact with a bisexual male (mainly due to the elevated prevalence of HIV infection among men who have sex with men).

"Risk not specified" refers to cases with no reported history of exposure to HIV through any of the routes listed in the hierarchy of exposure categories. These cases include persons who have not yet been interviewed by MDH staff; persons whose exposure history is incomplete because they died, declined to be interviewed, or were lost to follow-up; and persons who were interviewed or for whom follow-up information was available but no exposure was identified/acknowledged.

The growing number of cases with unspecified risk in recent years is, in part, artificial and due to interviews that have not yet been completed. In time, a number of these will be assigned a mode of exposure category. However, part of the observed increase is real. As stated above, a person must have intimate knowledge about his/her partner to meet the criteria for heterosexual mode of exposure. Often cases will not be certain about their partners' HIV status or risk. Additionally, the perception of social stigma presumably decreases the likelihood that a person will acknowledge certain risk behaviors, particularly male-to-male sex or injecting drug use. Thus, if the *true* numbers of cases due to heterosexual contact, MSM, and/or IDU increase, a larger number of cases without a specified risk would be expected.

A recent study by the Centers for Disease Control and Prevention used statistical methods to redistribute risk among female HIV/AIDS cases with unspecified risk (3). The results are helpful but are based on national data that are not necessarily applicable to the state or local level. Speculation regarding the distribution of risk behaviors among those with unspecified risk is difficult, especially in men, for whom even a national study is not available.

#### Re-distribution of Mode of Exposure

In 2004 the Minnesota Department of Health began estimating mode of exposure for cases with unspecified risk in its annual summary slides. Estimation was done by using the risk distribution for living cases with known risk by race and gender and applying it to those with unspecified risk of the same race and gender. There were two exceptions to this method, African-born cases and Asian/Pacific Islander women. For both African-born and Asian/Pacific Islander women a breakdown of 95% heterosexual risk and 5% other risk was

used. For African-born males a breakdown of 5% male-to-male sex, 90% heterosexual risk, and 5% other risk was used. These percentages are based on epidemiological literature and/or community experience.

Below is an example of how the process worked for white, African American and African-born females:

Living Cases Among Females in 2004										
Race/Risk	Heterosexual n (%†)	IDU n (%†)	Other n (%†)	Unspecified n	Total N					
White	178 (72)	58 (24)	10 (4)	78	324					
African-American	174 (69)	62 (25)	16 (6)	107	359					
African-born	43 (83)	0 (0)	9 (17)	223	275					

† Percent of those with know risk.

Female Cases with Estimated Risk										
Race/Risk	Heterosexual	IDU	Other	Total N						
White	(.72*78) + 178 = 234	(.24*78) + 58 = 77	(.04*78) + 10 = 13	324						
African-American	(.69*107) + 174 = 248	(.25*107) + 62 = 88	(.06*107) + 16 = 23	359						
African-born‡	(.95*223) + 43 = 255	0	(.05*223) + 9 = 20	275						

‡ Used a distribution of 95% heterosexual and 5% other.

#### **Definitions Related to Race/Ethnicity**

When data are stratified by race, Black race is broken down into African-born and African American (not African-born) based on reported country of birth.

The terms "persons of color" and "non-Whites" refer to all race/ethnicity categories other than White (Black, Hispanic, American Indian, and Asian/Pacific Islander).

### **Interstate De-Duplication Project (IDEP)**

In 2004, the Minnesota Department of Health (MDH) participated in IDEP. IDEP is a CDC project aimed at eliminating duplicate reports of HIV and AIDS cases among states. Each case of HIV and AIDS is assigned to the state (or states when the diagnosis of HIV and AIDS occurs in two different states) where a person was first diagnosed. The first round looked at cases reported through December 31, 2001. Through this project, MDH identified 164 cases of HIV infection (including AIDS at first report) and 55 AIDS cases whose first diagnosis was not in Minnesota. These cases were previously considered as diagnosed in Minnesota and were counted in the cumulative number of cases diagnosed in Minnesota. As such, the change of "ownership" (where the case was diagnosed) has reduced both cumulative and yearly totals for Minnesota. Additionally, MDH also identified 250 cases that no longer live in Minnesota.

The results of IDEP are particularly noticeable in the total number of persons living with HIV/AIDS in Minnesota, which increased from 4,895 to 5,002, a gain of only 107 cases, instead of 292 (new infections minus deaths plus (difference between people moving in and people moving out)) between 2003 and 2004.

- (1) Minnesota Rule 4605.7040 (return to text)
- (2) MMWR 1992; 41[no.RR-17]: 1-19 (return to text)
- (3) MMWR 2001; 50(RR-6):31-40 (return to text)

If you have questions or comments about this page, contact <a href="mailto:idepcweb@health.state.mn.us">idepcweb@health.state.mn.us</a> or call 612-676-5414 (TTY: 612-676-5653) for the MDH <a href="mailto:Infectious Disease Epidemiology">Infectious Disease Epidemiology</a>, <a href="mailto:Prevention and Control Division">Prevention and Control Division</a>.

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Table 1. Number <sup>I</sup> and Rate <sup>II</sup> (per 100,000) of Persons Living with HIV (non-AIDS) and AIDS by Residence, Age, and Gender Minnesota, 2003								
Group	`	n-AIDS)		DS 0/	То	tal %	HIV/AIDS	
	Cases	<u>%</u>	Cases	<u>%</u>	Cases		Prevalence Rate	
Residence <sup>III</sup>	4.000	470/	000	450/	0.040	400/	586.0	
Minneapolis St. Paul	1,336 421	47% 15%	906 305	45% 15%	2,242 726	46% 15%	252.8	
Suburban	775	27%	553	27%	1.328	27%	67.3	
Greater Minnesota	326	11%	251	12%	577	12%	25.3	
Total	2,858	100%	2,015	100%	4,873	100%	99.5	
Age <sup>IV</sup>								
<13 yrs	26	1%	9	0%	35	1%	3.8	
13-19 yrs	21	1%	7	<1%	28	1%	5.3	
20-24 yrs	105	4%	26	1%	131	3%	40.6	
25-29 yrs	205	7%	68	3%	273	6%	85.4	
30-34 yrs	374	13%	201	10%	575	12%	162.7	
35-39 yrs	618	22%	384	19%	1,002	21%	242.9	
40-44 yrs	666	23%	506	25%	1,172	24%	284.7	
45-49 yrs	418	15%	354	18%	772	16%	211.9	
50-54 yrs	244	8%	247	12%	491	10%	162.9	
55-59 yrs	126	4%	132	7%	258	5%	113.7	
60+ yrs	69	2%	81	4%	150	3%	19.4	
Total	2,872	100%	2,015	100%	4,887	100%	99.5	
Gender								
Male	2,249	78%	1,642	81%	3,891	79%	159.8	
Female	631	22%	373	19%	1,004	21%	40.4	
Total	2,880	100%	2,015	100%	4,895	100%	99.5	
StateTotals	2,8	80	2,0	15	4,895		99.5	

<sup>&</sup>lt;sup>1</sup> Cases reported to the MDH, assumed to be alive, and currently residing in Minnesota as of 12/31/03.

Suburban = Seven-county metropolitan area except Minneapolis & St. Paul (Anoka, Carver, Dakota, Hennepin (except Minneapolis), Ramsey (except St. Paul), Scott, and Washington counties). Greater Minnesota = Remaining 80 counties outside of the seven-county metropolitan area.

Numbers exclude federal and private prisoners, but include 91 state prisoners and 65 refugees in the HIV-Positive Refugee Resettlement Program.

<sup>&</sup>lt;sup>II</sup> HIV/AIDS prevalence rate calculated by dividing the total number of prevalent cases in a stratum (e.g persons aged 20-24 years) by the estimated population for that stratum and multiplying by 100,000. Population estimates are based on 2000 U.S. Census data.

III Residence information missing for 22 persons living with HIV and 0 persons living with AIDS.

 $<sup>^{\</sup>rm IV}$  Age missing for 8 persons living with HIV and 0 persons living with AIDS.

Tab	le 2. Numb				nd Rates (p and Mode o	-		-	HIV (non-A n, 2003	IDS) and	d AIDS		
		Male	s			Femal	es		Total				
Group	HIV	AIDS	То	tal	HIV	AIDS	To	tal	HIV	AIDS		Grand :	
	(non-AIDS)		Cases	%	(non-AIDS)		Cases	Cases %	(non-AIDS)		Cases	%	Rate III
Race/Ethnicity													
White, non-Hispanic	1,447	1,061	2,508	64%	195	114	309	31%	1,642	1,175	2,817	58%	65.2
Black <sup>II</sup> , African-American	469	316	785	20%	228	124	352	35%	697	440	1,137	23%	677.7
Black <sup>II</sup> , African-born	121	80	201	5%	128	90	218	22%	249	170	419	9%	838-1191
Hispanic	138	137	275	7%	33	24	57	6%	171	161	332	7%	231.5
American Indian	28	31	59	2%	25	14	39	4%	53	45	98	2%	120.9
Asian/Pl	26	17	43	1%	16	6	22	2%	42	23	65	1%	38.6
Other <sup>II</sup>	20	0	20	1%	6	1	7	1%	26	1	27	1%	x
Total	2,249	1,642	3,891	100%	631	373	1,004	100%	2,880	2,015	4,895	100%	99.5
Mode of Exposure								1					
MSM	1,517	1,132	2,649	68%			<b></b>		1,517	1,132	2,649	54%	x
IDU	150	104	254	7%	66	73	139	14%	216	177	393	8%	х
MSM/IDU	144	115	259	7%			_		144	115	259	5%	X
Heterosexual (Total)	(69)	(52)	(121)	3%	(298)	(146)	(444)	44%	(367)	(198)	(565)	12%	x
with IDU	31	32	63		91	65	156	-	122	97	219		X
with Bisexual Male	-	-			58	26	84		58	26	84		Х
with Hemophiliac/other		1	2		6	0	6		7	1	8		X
with HIV+, unknown risk	37	19	56		143	55	198		180	74	254		x
Perinatal	7	5	12	0%	23	8	31	3%	30	13	43	1%	X
Other	20	24	44	1%	7	5	12	1%	27	29	56	1%	X
Unspecified	114	96	210	5%	110	73	183	18%	224	169	393	8%	X
No Interview	228	114	342_	9%	127	68	195	19%	355	182	537	11%	X
Total	2,249	1,642	3,891	100%	631	373	1,004	100%	2,880	2,015	4,895	100%	99.5

<sup>&</sup>lt;sup>1</sup> Cases reported to the MDH, assumed to be alive and currently residing in Minnesota as of 12/31/03.

MSM = Men who have sex with men. IDU = Injecting drug use. Heterosexual = For males; heterosexual contact with a female known to be HIV+, an injecting drug user, or a hemophiliac/blood product or organ transplant recipient. For females; heterosexual contact with a male known to be HiV+, bisexual, an injecting drug user, or a hemophiliac/blood product or organ transplant recipient. Perinatal = Mother to child HIV transmission. Other = Hemophilia patient/blood product or organ transplant recipient. Unspecified = Cases who did not acknowledge any of the risks listed above. No Interview = Cases who refused to be, could not be or have not yet been interviewed.

Numbers exclude federal and private prisoners, but include 91 state prisoners and 65 refugees in the HIV-Positive Refugee

<sup>&</sup>quot;African-born Blacks are reported separately from other Blacks (born in the U.S. or elsewhere).

III HIV/AIDS prevalence rate calculated by dividing the total number of prevalent cases in a stratum (e.g White, non-Hispanic) by the estimated population for that stratum and multiplying by 100,000. Population estimates are based on 2000 U.S. Census data. Accurate population estimates for Black, African-born persons living in Minnesota are unavailable – anecdotal (50,000) and 2000 U.S. Census data (35,188)) were used to create the range of rates reported for African-born persons. The population estimate for Black, African-American persons (167,784) was calculated by subtracting the U.S. Census estimate for African-born persons (35,188) from the total Black population (202,972). Note that this assumes that all African-born persons are Black (as opposed to another race).

Table 3. Number and Rate (per 100,000) of Persons Living with HIV (non-AIDS) and AIDS
by County of Residence <sup>l</sup> Minnesota. 2003

County <sup>ll</sup>	HIV (non-AIDS)	AIDS	Total Total	Rate <sup>III</sup>
Aitkin	2	2	4	-
Anoka	. 95	65	160	53.7
Becker	0	4	4	
Beltrami	3	4	7	17.7
Benton	3	2	5	14.6
Big Stone	0	0	0	-
Blue Earth	10	6	16	28.6
Brown	2	6	8	29.7
Carlton	11	8	19	60.0
Carver	13	13	26	37.0
Cass	2	4	6	22.1
Chippewa	0	1	1	-
Chisago	5	4	9	21.9
Clay	9	2	11	21.5
Clearwater	1	0	1	-
Cook	0	1	1	*
Cottonwood	1	2	3	-
Crow Wing	6	4	. 10	18.1
Dakota	112	69	181	50.9
Dodge	1	3	4	
Douglas	1	4	5	15.2
Faribault	2	6	8	49.4
Fillmore	4	3	7	33.1
Freeborn	1	3	4	-
Goodhue	8	2	10	22.7
Grant	2	1	3	-
Hennepin	1,725	1,205	2,930	262.5
Houston	1	1	2	-
Hubbard	2	3	5	27.2
Isanti	6	3	9	28.8
Itasca	6	5	11	25.0
Jackson	0	0	0	-
Kanabec	1	2	3	-
Kandiyohi	4	6	10	24.3
Kittson	0	0	0	-
Koochiching	0	0	0	-
Lac Qui Parle	Ö	0	0	
Lake	1	0	1	-
Lake of the Woods	0	0	0	-
Le Sueur	1 1	2	3	-
Lincoln	2	0	2	-
Lyon	7	1	8	31.5
McLeod	3	1	4	-
Mahnomen	1	0	1	-
Marshall	0	0	0	-
Martin	3	2	5	22.9
Meeker	2	2	4	
Mille Lacs	2	4	6	26.9
Morrison	1 1	5	6	18.9
Mower	10	5	15	38.9
Murray	0	1	1 1	
Nicollet	2	3	5	16.8
Nobles	8	3	11	52.8
Norman	1		3	-

Table 3. Number a	Table 3. Number and Rate (per 100,000) of Persons Living with HIV (non-AIDS) and AIDS										
	by County of Residence <sup>l</sup> Minnesota, 2003										
County <sup>ii</sup>	HIV (non-AIDS)	AIDS	Total	Rate <sup>III</sup>							
Olmsted	40	28	68	54.7							
Otter Tail	4	2	6	10.5							
Pennington	1	0	1	-							
Pine	4	4	8	30.2							
Pipestone	0	1	1	-							
Polk	6	3	9	28.7							
Pope	1	3	4	-							
Ramsey	500	358	858	167.9							
Red Lake	0	0	0	-							
Redwood	0	1	1	-							
Renville	2	0	2	-							
Rice	15	11	26	<i>45</i> .9							
Rock	3	0	3	-							
Roseau	0	1	1	-							
St. Louis	42	30	72	35.9							
Scott	20	12	32	35.8							
Sherburne	5	8	13	20.2							
Sibley	0	0	0	_							
Stearns	36	17	53	39.8							
Steele	3	0	3	-							
Stevens	1	1	2	-							
Swift	0	0	0	-							
Todd	1	0	1	-							
Traverse	0	0	0	-							
Wabasha	3	3	6	27.8							
Wadena	1	2	3	-							
Waseca	3	0	3	-							
Washington	67	42	109	54.2							
Watonwan	2	3	5	42.1							
Wilkin	0	0	0	-							
Winona	2	2	4	-							
Wright	13	8	21	23.3							
Yellow Medicine	0	0	0	-							
State Total**	2,858	2,015	4,873	99.5							

Cases reported to the MDH, assumed to be alive and currently residing in a Minnesota county as of

Numbers exclude federal and private prisoners, but include 91 state prisoners and 65 refugees in the HIV-Positive Refugee Resettlement Program. State correctional facilities are located in the following counties: Anoka, Carlton, Chisago, Goodhue, Pine, Rice, Scott, St. Louis, Stearns, and Washington.

<sup>&</sup>quot;Residence information missing for 24 persons living with HIV and 0 persons living with AIDS.

HIV/AIDS prevalence rate calculated by dividing the total number of prevalent cases in a stratum (e.g persons living in Hennepin county) by the estimated population for that stratum and multiplying by 100,000. Population estimates are based on 2000 U.S. Census data. Rates not calculated for counties with fewer than 5 cases.

Table 4. Number of HIV (non-AIDS) Cases, AIDS Cases, and AIDS Deaths <sup>f</sup> Minnesota, 1990-2003														
	1990	1991	1992	1993	1994	1995	1996	1997	1998	1999	2000	2001	2002	2003
HIV (non-AIDS)	341	367	361	225	228	222	189	193	198	204	176	201	218	177
AIDS	268	337	370	353	335	345	263	196	197	165	163	127	158	163
AIDS deaths	165	193	189	207	277	256	190	78	73	67	76	64	52	54

<sup>1</sup> HIV (non-AIDS) = New cases of HIV infection (excluding AIDS at first diagnosis) diagnosed within a given calendar year. AIDS = All new cases of AIDS diagnosed within a given calendar year. AIDS deaths = Number of deaths known to have occurred among AIDS cases in a given calendar year, regardless of cause.

given calendar year, regardless of cause.

Please Note: These numbers refer to events, not individuals. For example, a person diagnosed as an HIV (non-AIDS) case in 1992 and then diagnosed as an AIDS case in 2000 will be counted twice in Table 4, once for each event. Thus, the numbers of HIV (non-AIDS) and AIDS cases cannot be summed over years to obtain cumulative totals. Please refer to the Minnesota HIV Surveillance Report, 2003 New HIV Infections, Table 1 for cumulative totals.

Case numbers exclude federal and private prisoners and refugees in the HIV-Positive Refugee Resettlement Program.

	Table 5. Known Mortality among Minnesota AIDS Cases by Year of Diagnosis Minnesota, through 2003 <sup>l</sup>									
Year	Cases Diagnosed	Cases Known to be Dead <sup>ii</sup>	Case-Fatality Rate <sup>III</sup>	Deaths Occurring in this Interval						
1982-1989	743	710	96%	368						
1990	268	247	92%	165						
1991	337	304	90%	193						
1992	370	279	75%	189						
1993	353	243	69%	207						
1994	335	187	56%	277						
1995	345	113	33%	256						
1996	263	75	29%	190						
1997	196	42	21%	78						
1998	197	37	19%	73						
1999	165	23	14%	67						
2000	166	23	14%	76						
2001	137	10	7%	64						
2002	159	15	9%	52						
2003	169	10	6%	54						
Cumulative Total	4,203	2,318	55%	2,309						

Numbers exclude federal and private prisoners, but include 91 state prisoners and 65 refugees in the HIV-Positive Refugee Resettlement Program.

<sup>&</sup>lt;sup>1</sup> CDC 1993 AIDS definition used for all cases.

" Cases known to be dead (by any cause) as of 12/31/2003. Reporting of deaths is incomplete.

Case-fatality rate is calculated by dividing the number of cases known to be dead by those diagnosed in a given interval and multiplying by 100.