

Proclamation

WHEREAS: There are 34 million adult Americans who are obese — one in every four adults; a total of 68 million adult Americans are considered overweight (5% or more above their ideal weight); and

Overweight people face greater risk of heart disease, diabetes, high-blood pressure, WHEREAS: high blood cholesterol levels, and even cancer; and

The U.S. Surgeon General has identified the reduction of fat intake as the number one WHEREAS: dietary priority of the nation; and

WHEREAS: Losing weight is important to the citizens of Minnesota, as weight loss can play a significant role in allowing people to live longer, healthier, and more productive

NOW, THEREFORE, I, Rudy Perpich, Governor of the State of Minnesota, do hereby proclaim the month of April to be

NATIONAL WEIGHT LOSS MONTH

in Minnesota.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the Great Seal of the State of Minnesota to be affixed at the State Capitol this twenty-third day of March in the year of our Lord one thousand nine hundred and eightynine, and of the State the one hundred thirtieth.

STATE OF MINNESOTA DEPARTMENT OF STATE

MAY 1 1989

Joan Andrew Heever Secretary of State

SECRETARY OF STATE