



Proclamation

WHEREAS: There are 34 million adult Americans who are obese — one in every four adults; a total of 68 million adult Americans are considered overweight (5% or more above their ideal weight); and

WHEREAS: Overweight people face greater risk of heart disease, diabetes, high-blood pressure, high blood cholesterol levels, and even cancer; and

WHEREAS: The U.S. Surgeon General has identified the reduction of fat intake as the number one dietary priority of the nation; and

WHEREAS: Losing weight is important to the citizens of Minnesota, as weight loss can play a significant role in allowing people to live longer, healthier, and more productive lives;

NOW, THEREFORE, I, Rudy Perpich, Governor of the State of Minnesota, do hereby proclaim the month of April to be

NATIONAL WEIGHT LOSS MONTH

in Minnesota.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the Great Seal of the State of Minnesota to be affixed at the State Capitol this twenty-third day of March in the year of our Lord one thousand nine hundred and eighty-nine, and of the State the one hundred thirtieth.

Rudy Perpich #39066
GOVERNOR

STATE OF MINNESOTA
DEPARTMENT OF STATE
FILED

MAY 1 1989

Joan Anderson
Secretary of State

Joan Anderson
SECRETARY OF STATE