

WHEREAS: Food is the substance of which life is made and by which life is sustained; and

WHEREAS:

AS: The quality of food the individual consumes each day plays a vital role in his health throughout the life cycle; and

WHEREAS: There is a need for continuing nutrition education and a massive effort to enhance

good nutrition practices;

NOW, THEREFORE, I, Rudy Perpich, Governor of the State of Minnesota, do hereby proclaim the month of March to be

NATIONAL NUTRITION MONTH

in Minnesota.

FURTHER, I encourage all citizens to become concerned about their nutrition and the nutrition of others in the hope of achieving optimum health for both today and tomorrow.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the Great Seal of the State of Minnesota to be affixed at the State Capitol this twentieth day of January in the year of our Lord one thousand nine hundred and eightyeight, and of the State the one hundred thirtieth.

SECRETARY OF STATE

STATE OF MINNESOTA DEPARTMENT OF STATE FILED

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