



## Proclamation

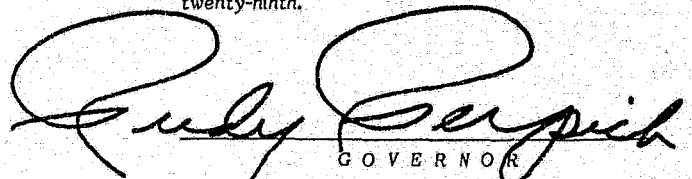
- WHEREAS: The State of Minnesota is pleased to recognize the Jump Rope For Heart program sponsored by the Minnesota Association for Health, Physical Education, Recreation, and Dance and by the American Heart Association; and
- WHEREAS: The Jump Rope For Heart program has raised more than one-half million dollars in the past seven years to support the research and education programs of the American Heart Association, and in 1987 alone, more than 10,000 students throughout the State of Minnesota participated in this event; and
- WHEREAS: The Jump Rope for Heart program is designed to increase public awareness of the importance of physical fitness; to promote a positive attitude toward exercise; and to educate the general public about the benefits of a strong physical education curriculum in our school; and
- WHEREAS: The participants in the program may find that jumping rope improves the condition of the cardiovascular system while enhancing coordination and rhythmic skills; and
- WHEREAS: The program encourages a greater spirit of altruism among children; and
- WHEREAS: The Jump Rope For Heart events are planned to take place during the 1987-1988 school year, allowing hundreds of adults, children and young people throughout the State of Minnesota to give willingly of their time, energy and commitment that we may find additional ways to prevent and cure heart disease so that people may lead longer, healthier lives;

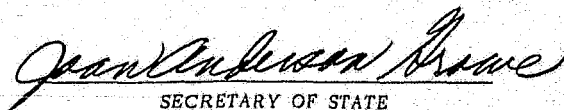
NOW, THEREFORE, I, Rudy Perpich, Governor of the State of Minnesota, do hereby proclaim the months of the 1987-1988 school year to be

JUMP ROPE FOR HEART MONTHS

in Minnesota.

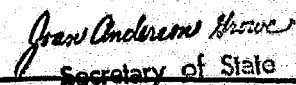
IN WITNESS WHEREOF, I have hereunto set my hand and caused the Great Seal of the State of Minnesota to be affixed at the State Capitol this twenty-first day of June in the year of our Lord one thousand nine hundred and eighty-seven, and of the State the one hundred twenty-ninth.

  
GOVERNOR

  
SECRETARY OF STATE

STATE OF MINNESOTA  
DEPARTMENT OF STATE  
FILED  
JUL 10 1987

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Secretary of State