



Proclamation

WHEREAS: The U.S. Department of Agriculture and Health and Human Services have recently released a set of guidelines calling for reduced sugar consumption; and

WHEREAS: The guidelines are viewed as part of our national nutritional policy and are seen as a major achievement by people most concerned about issues of nutrition; and

WHEREAS: The average American eats 130 pounds of sugar every year, which represents an all-time high for sugar consumption; and

WHEREAS: Children are the most vulnerable group to sugar and tend to consume excessive hidden sugar through a variety of food products;

NOW, THEREFORE, I, Rudy Perpich, Governor of the State of Minnesota, do hereby proclaim March 14, 1986, to be

SUGARLESS DAY

STATE OF MINNESOTA
DEPARTMENT OF STATE
FILED
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in Minnesota and urge all of our citizens to practice good health by increasing their awareness.

Joan Anderson Howe
Secretary of State

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IN WITNESS WHEREOF, I have hereunto set my hand and caused the Great Seal of the State of Minnesota to be affixed at the State Capitol this twenty-eighth day of February in the year of our Lord one thousand nine hundred and eighty-six, and of the State the one hundred twenty-seventh.

Rudy Perpich
GOVERNOR

Joan Anderson Howe
SECRETARY OF STATE

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