



Proclamation

WHEREAS: Wellness Week has been established in Minnesota to create awareness of positive health habits; and

WHEREAS: The week promotes health-enhancing lifestyles and conditions; and

WHEREAS: The Midway Civic and Commerce Association and the Midway YMCA, in conjunction with Wellness Week, is sponsoring a health awareness program from October 10-15, 1983; and

WHEREAS: This program is designed to teach Minnesotans to be responsible for their personal health, and encourages them to make behavioral changes directed at that goal; and

WHEREAS: The program asks Minnesotans to make these changes now, since 40 to 60 percent of all illnesses result from lifestyle habits;

NOW, THEREFORE, I, Rudy Perpich, Governor of the State of Minnesota, do hereby proclaim the week of October 10 through October 15, 1983, to be

WELLNESS WEEK

in Minnesota.

34732
STATE OF MINNESOTA
DEPARTMENT OF STATE

FILED

AUG 9 - 1983

Joan Anderson Howe
Secretary of State

Rudy Perpich
Joan Anderson Howe

IN WITNESS WHEREOF, I have hereunto set my hand and caused the Great Seal of the State of Minnesota to be affixed at the State Capitol this eighth day of August in the year of our Lord one thousand nine hundred