



Proclamation

WHEREAS: MINNESOTANS ARE A HEALTHY PEOPLE WITH AN ACTIVE AND GROWING CONCERN FOR MAINTAINING AND IMPROVING THEIR WELL BEING; AND

WHEREAS: THERE IS AN INCREASING AWARENESS ON THE PART OF INDIVIDUALS OF THE NEED TO ASSUME GREATER RESPONSIBILITY FOR THEIR OWN WELL BEING AND GREATER INVOLVEMENT IN HEALTH CARE DECISION MAKING; AND

WHEREAS: HEALTH PROMOTION AND WELLNESS ARE PRACTICAL, PROMISING AND BENEFICIAL APPROACHES TO CURBING THE UPWARD SPIRAL OF HEALTH CARE COSTS; AND

WHEREAS: AN ORGANIZED AND PUBLICIZED PROGRAM OF HEALTH PROMOTION AND WELLNESS WOULD GREATLY ASSIST EFFORTS ALREADY UNDER WAY IN THE STATE OF MINNESOTA WHICH EMPHASIZE PREVENTION OF ILLNESS;

NOW, THEREFORE, I, ALBERT H. QUIE, GOVERNOR OF THE STATE OF MINNESOTA, DO HEREBY PROCLAIM OCTOBER 3 THROUGH OCTOBER 9, 1982 TO BE

WELLNESS WEEK

IN MINNESOTA, AND HAVE ASKED LIEUTENANT GOVERNOR LOU WANGBERG TO PREPARE THIS PROCLAMATION FOR MY SIGNATURE AND DISSEMINATE THE SAME. FURTHER, I URGE CITIZENS TO JOIN IN PROMOTING PROGRAMS THAT CREATE AWARENESS OF THE BENEFITS OF POSITIVE HEALTH HABITS.

IN WITNESS WHEREOF, WE HAVE HEREUNTO SET OUR HANDS AND CAUSED THE GREAT SEAL OF THE STATE OF MINNESOTA TO BE AFFIXED THIS FIRST DAY OF JULY IN THE YEAR OF OUR LORD ONE THOUSAND NINE HUNDRED AND EIGHTY-TWO AND OF THE STATE THE ONE HUNDRED TWENTY-FOURTH.

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STATE OF MINNESOTA
DEPARTMENT OF STATE
FILED
JUL 2 1982
Jean Anderson Howe
Secretary of State

Albert H. Quie
GOVERNOR

Jean Anderson Howe

Lou Wangberg
LIEUTENANT GOVERNOR