



# Proclamation

HEREAS: Multiple sclerosis is a major health problem that afflicts hundreds of thousands of Americans; and

HEREAS: Minnesota has the second highest rate of multiple sclerosis in the nation; and

HEREAS: Minnesotans' well-known love of outdoor activities is annually harnessed to support the efforts of the National Multiple Sclerosis Society through the Fitness Day program, which encourages our citizens to jog, hike, or bike for multiple sclerosis; and

HEREAS: Fitness Day activities are of benefit to each participant, and also foster public awareness of the efforts of the National Multiple Sclerosis Society and its chapters to work toward a cure for this disease, and offer patient services and the hope of medical research to those afflicted with multiple sclerosis;

NOW, THEREFORE, I, Albert H. Quie, Governor of the State of Minnesota, do hereby proclaim Sunday, April 22, 1979, to be

FITNESS DAY

STATE OF MINNESOTA  
DEPARTMENT OF STATE  
FILED  
MAR 27 1979

*Joan Anderson Growe*  
Secretary of State

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in Minnesota, and encourage all citizens to join this athletic event to aid in the struggle against multiple sclerosis.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the Great Seal of the State of Minnesota to be affixed at the State Capitol this twenty-seventh day of March in the year of our Lord one thousand nine hundred seventy-nine, and of the State the one hundred twenty-first.

*Albert H. Quie*

GOVERNOR

*Joan Anderson Growe*  
SECRETARY OF STATE