

forty million Americans suffer from lung disease and forty thousand people die WHEREAS:

each year due to lung disease; and

WHEREAS: physical fitness is important to a healthy body and strong lungs; and

it has been demonstrated that physical fitness results in more efficient body use of precious oxygen in the person with advanced pulmonary disease; and WHEREAS:

WHEREAS: October is National Jogging Month and the American Lung Association has chosen

to sponsor an event--RUN FOR YOUR LIFE--to demonstrate the progressive health differences between walkers with diseases like asthma and emphysema, and normal

walkers, joggers and runners; and

WHEREAS:

on Saturday, October 22, thousands of participants will walk, jog or run in the fight against lung disease on an 11 kilometer course, starting at Coffman Memorial Union on the East Bank of the University of Minnesota and ending at Rarig Center

on the West Bank; and

WHEREAS: RUN FOR YOUR LIFE will provide necessary financial support to further respiratory

care and research efforts in our community;

NOW, THEREFORE, I, Rudy Perpich, Governor of the State of Minnesota, do hereby proclaim

Saturday, October 22, 1977 as

RUN FOR YOUR LIFE DAY

in Minnesota, and commend all volunteers who united to make this worthwhile event possible.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the Great Seal of the State of Minnesota to be affixed at the State Capitol this twenty-sixth day of September in the year of our Lord one thousand nine hundred seventy-seven and of the State the one hundred twentieth.

GOVERNOR

STATE OF MINNESOTA DEPARTMENT OF STATE

Gran anderson Showe Secretary of State

SECRETARY