



Proclamation

WHEREAS: Frank R. Knott won four gold medals in the Senior Citizens Outdoor Speedskating Olympics at Lake Placid on January 31 and February 1 of this year; and

WHEREAS: he is Minnesota's only Gold Medalist in these events; and

WHEREAS: he also was the winner in the 200, 400, 800 and 1500 meter Indoor Speedskating Competition in New Jersey this year; and

WHEREAS: Frank Knott values highly the physical strength and mental discipline that athletic competition instill at any age; and

WHEREAS: Frank R. Knott, who was born on April 23, 1900, continues to pursue the goals of physical fitness despite a few health problems; and

WHEREAS: Frank R. Knott will be 76 years young on April 23, 1976;

NOW, THEREFORE, I, Wendell R. Anderson, Governor of the State of Minnesota, do hereby proclaim Friday, April 23, 1976 to be

FRANK R. KNOTT DAY

in Minnesota, and wish him and his good wife, Vilen, an abundance of happiness, good health, and many more days of speedskating in the years ahead.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the Great Seal of the State of Minnesota to be affixed at the State Capitol this nineteenth day of April in the year of our Lord one thousand nine hundred seventy-six and of the State the one hundred eighteenth.

Wendell R. Anderson

GOVERNOR

Jean Anderson Gleason
SECRETARY OF STATE

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STATE OF MINNESOTA
DEPARTMENT OF STATE
FILED
APR 19 1976
Jean Anderson Gleason
Secretary of State