



# Proclamation

- WHEREAS: *the goal of the Minnesota Dietetic Association, composed of 654 dietitians throughout the state, is to promote better nutrition for people of all ages through the distribution of accurate nutrition information; and*
- WHEREAS: *there are many Minnesotans who are poorly nourished although Minnesota ranks foremost in the nation in the production of food; and*
- WHEREAS: *the problem of improper nutrition is shared by all segments of society, not only the old and the poor, but the rich and the young; and*
- WHEREAS: *fad diets lacking necessary nutrients or focusing on extremes are potentially harmful; and*
- WHEREAS: *the correct way to good nutrition is to select the food one eats from the Four Food Groups -- Milk, Meat, Breads and Cereals, and Fruits and Vegetables; and*
- WHEREAS: *understanding and using these Four Food Groups will insure proper nutrition and consequently better health;*

NOW, THEREFORE, I, Wendell R. Anderson, Governor of the State of Minnesota, do hereby proclaim the week of March 2 - 8, 1975 to be

## NUTRITION WEEK

*in Minnesota, and urge all citizens to commend the Minnesota Dietetic Association for sponsoring this event.*

IN WITNESS WHEREOF, I have hereunto set my hand and caused the Great Seal of the State of Minnesota to be affixed at the State Capitol this fourteenth day of February in the year of our Lord one thousand nine hundred and seventy-five and of the State, the one hundred and seventeenth.

*Wendell R. Anderson*

GOVERNOR

*Jean Anderson Grane*  
SECRETARY OF STATE

STATE OF MINNESOTA  
DEPARTMENT OF STATE  
FILED  
FEB 18 1975

*Jean Anderson Grane*  
Secretary of State

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