

#16247
STATE OF MINNESOTA
DEPARTMENT OF STATE
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Joseph L. Donovan
Secretary of State

A PROCLAMATION FOR "MINNESOTA YOUTH FITNESS WEEK"

WHEREAS, the ongoing strength of our nation depends upon the health of our young people; and

WHEREAS, we must always strive to improve the fitness of our youth by determined and coordinated efforts; and

WHEREAS, in this challenging world, it is essential that our young people recognize their obligation to themselves, to their families, and to the nation, to endeavor to keep themselves mentally, emotionally, spiritually, socially, and physically fit;

NOW, THEREFORE, I, Karl F. Rolvaag, Governor of the State of Minnesota, do hereby proclaim the week beginning April 28, 1963, as

"MINNESOTA YOUTH FITNESS WEEK, 1963"

and urge parents, young people and interested local and national organizations to use all appropriate means during that week to promote programs and activities demonstrating the importance of youth fitness to the end that we may assure the continuing strength and well-being of our people.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the Great Seal of the State of Minnesota to be affixed at the State Capitol this fifteenth day of April in the year of our Lord one thousand nine hundred and sixty-three and of the state the one hundred fifth.

Karl F. Rolvaag
GOVERNOR

Joseph L. Donovan
SECRETARY OF STATE