#15950 STATE OF MINNESOTA DEPARTMENT OF STATE HILED AUG 6 - 1962 upper La alancero Secretary of State

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A PROGLAMATION FOR "POSTURE CHECKUP HEEK"

whereas,

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, the development of good posture is one of the most beneficial habits that we can help our children to acquire; and

WHEREAS, because a sound and alert American youth is vital at all times, the Minnesota Chiropractic Association, sponsor of Posture Checkup Week, is focusing its attention on impressing parents, educators, and adult leaders of youth groups with the benefits which are derived from correct posture; and

- WHEREAS, studies have shown that many lasting deformities, with attendant poor health can be traced to poor posture in childhood; and
- WHEREAS, good posture will lead to well-formed adult bodies and help to prevent many unnecessary ills; and
- WHEREAS, Chiropractic doctors in Minnesota will provide free Postural and Spinal Checkups for children of grade school age during said week;

NOW, THEREFORE, I, Elmer L. Andersen, Governor of the State of Minnesots, do hereby proclaim the week of August 20 - 24, 1962, as

"POSTURE CHECKUP WEEK"

in Minnesota and urge the people of the State to take note of this program and its potential benefits by stressing the value of good posture to their children.

> IN WITNESS WHEREOF, I have hereunto set my hand and caused the Great Seal of the State of Minnesota to be affixed at the State Capitol this sixth day of August in the year of our Lord one thousand nine hundred and sixtytwo, and of the State the one hundred fifth.

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