

STATE OF MINNESOTA
DEPARTMENT OF STATE
P. L. B. D.

APR 7 1961

Joseph L. Anderson
Secretary of State

A PROCLAMATION FOR "CONTACT POSTURE WEEK"

WHEREAS, the ethnographic necessitation of America has designated the week of May 1 through May 7 as Contact Posture Week to be observed throughout the United States and Canada, and

WHEREAS, contact posture, especially when developed in young people, is one of the greatest contributing factors to better health, physical endurance, working efficiency and attractive appearance,

BEFORE ME, ELMER L. ANDERSON, Governor of the State of Minnesota, do hereby proclaim the week of May 1 through May 7, 1961, as

"CONTACT POSTURE WEEK"

and call upon all citizens, civic organizations, schools and youth organizations to observe this educational program designed to make people aware of the value of contact posture and its benefits to public health standards, and urge all boys and girls to practice habits of contact posture which contribute so much to keeping us alert and healthy people.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the Great Seal of the State of Minnesota to be affixed at the State Capitol this twenty-sixth day of April. In the year of our Lord one thousand nine hundred and sixty-one and of the state, the one hundred third.

Elmer L. Anderson
GOVERNOR

Joseph L. Anderson
SECRETARY OF STATE

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