

A PROCLAMATION FOR "NATIONAL YOUTH FITNESS WEEK"

- WHEREAS, the ongoing strength of our nation depends upon the health of our young people; and
- WHEREAS, we must always strive to improve the fitness of our youth by determined and coordinated efforts; and
- WHEREAS, in this challenging world, it is essential that our young people recognize their obligation to themselves, to their families, and to the nation, to endeavor to keep themselves mentally, emotionally, spiritually, socially, and physically fit;

NOW, THEREFORE, I, Elmer L. Andersen, Governor of the State of Minnesota, do hereby proclaim the week beginning April 30, 1961, as

"NATIONAL YOUTH FITNESS WEEK, 1961"

and urge parents, young people and interested local and national organizations to use all appropriate means during that week to promote programs and activities demonstrating the importance of youth fitness to the end that we may secure the continuing strength and well-being of our people.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the Great Seal of the State of Minnesota to be affixed at the State Capitol this third day of April in the year of our Lord one thousand nine hundred and sixty-one, and of the state the one hundred third.

Elmer L. Andersen
GOVERNOR

Joseph L. Sarason
SECRETARY OF STATE

STATE OF MINNESOTA
DEPARTMENT OF STATE
FILED
APR 4 - 1961
Joseph L. Sarason
Secretary of State

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