

STATE OF MINNESOTA  
EXECUTIVE DEPARTMENT

PROCLAMATION

WHEREAS, THE ONGOING STRENGTH OF OUR NATION DEPENDS  
UPON THE HEALTH OF OUR YOUNG PEOPLE; AND

WHEREAS, WE MUST ALWAYS STRIVE TO IMPROVE THE FITNESS  
OF OUR YOUTH BY DETERMINED AND COORDINATED  
EFFORTS; AND

WHEREAS, IN THIS CHALLENGING WORLD, IT IS ESSENTIAL  
THAT OUR YOUNG PEOPLE RECOGNIZE THEIR  
OBLIGATION TO THEMSELVES, TO THEIR FAMILIES,  
AND TO THE NATION, TO ENDEAVOR TO KEEP  
THEMSELVES MENTALLY, EMOTIONALLY, SPIRITUALLY,  
SOCIALLY AND PHYSICALLY FIT;

NOW, THEREFORE, I, ORVILLE L. FREEMAN, GOVERNOR OF THE  
STATE OF MINNESOTA, DO HEREBY PROCLAIM THE WEEK  
BEGINNING MAY 1, 1960, AS

"NATIONAL YOUTH FITNESS WEEK, 1960"

AND URGE PARENTS, YOUNG PEOPLE, AND INTERESTED LOCAL  
AND NATIONAL ORGANIZATIONS, TO USE ALL APPROPRIATE  
MEANS DURING THAT WEEK TO PROMOTE PROGRAMS AND  
ACTIVITIES DEMONSTRATING THE IMPORTANCE OF YOUTH  
FITNESS TO THE END THAT WE MAY ASSURE THE CONTINUING  
STRENGTH AND WELL-BEING OF OUR PEOPLE.

IN WITNESS WHEREOF, I  
HAVE HEREUNTO SET MY  
HAND AND CAUSED THE  
GREAT SEAL OF THE STATE  
OF MINNESOTA TO BE  
AFFIXED AT THE STATE  
CAPITOL THIS THIRTY-FIRST  
DAY OF MARCH IN THE YEAR  
OF OUR LORD ONE THOUSAND  
NINE HUNDRED AND SIXTY,  
AND OF THE STATE THE ONE  
HUNDRED SECOND.

ATTEST:

*Joseph L. Donovan*  
SECRETARY OF STATE

*Orville L. Freeman*  
GOVERNOR

#14530  
STATE OF MINNESOTA  
DEPARTMENT OF STATE  
FILED  
MAR 31 1960  
*Joseph L. Donovan*  
Secretary of State