March 4, 2026

Commerce & Consumer Protection Committee
SF 3768 / HF 3779: A bill requiring health plans to cover doula services

Dear Chair Klein and Members of the Commerce & Consumer Protection Committee,

Minnesota's Prenatal to Three Coalition (PN-3) is writing to express our support for SF3768, to ensure families in Minnesota have access to critical support during the perinatal period. Investing in birth doulas is an important strategy to support families during pregnancy, to make informed health decisions during pregnancy, help mothers develop and advocate for their birth plan, and increase access to critical perinatal services.

Doulas are proven to reduce childbirth complications and fatalities, increase breastfeeding rates, improve perinatal health outcomes and the birthing experiences. Since 2023, all perinatal doula services have been covered under Medicaid. Unfortunately, not all private health plans offer the same coverage of this critical pregnancy support—despite the proven return of investing in lifesaving, preventative care and advocacy support.

SF3768 will require all health plans to cover doula services while not imposing cost-sharing measures on those receiving doula care. Please join us in expanding coverage, so everybody can have access to the support they need to give birth safely and with dignity.

Thank you for taking measures to support families during pregnancy and after birth, this legislative session.

Alisha Porter,
Children's Defense Fund-Minnesota, Director
Minnesota Prenatal to Three Coalition, Chair

Nancy Jost,
Early Childhood Advisor
Minnesota Prenatal to Three Coalition, Chair