Minnesota Coalition
FOR FAMILY HOME VISITING

Thursday, March 5, 2026

Commerce and Consumer Protection Committee
Minnesota Capitol, Room G-15

SF3768 / HF3779: A bill requiring health plans to cover doula services.

Dear Chair Klein and Members of the Committee,

The Minnesota Coalition for Family Home Visiting (MCFHV) appreciates the Commerce and Consumer Protection Committee hearing SF3768 and taking measures to improve health outcomes and birthing experiences in Minnesota. Doulas often visit their clients in their home and provide individualized care and support to families during pregnancy and throughout the postpartum period.

In 2023, MCFHV was pleased to see Minnesota expand Medicaid coverage to include doula services. Now, we urge you to join us in supporting SF3768 so that all families can receive lifesaving critical pregnancy, birthing, and postpartum support, regardless of health plan.

Doulas play a crucial role during pregnancy, in the birthing room and throughout the postpartum period. In addition to helping families develop and advocate for a safe, informed birthing plan, doulas services are shown to improve health outcomes for both newborns and mothers, mitigate complications related to childbirth, and improve the experience of families during the birthing process.

MCFHV believes all families in Minnesota deserve to feel supported during the perinatal period. Please join us in supporting SF3768, to require all health plans to cover doula services and better support the health and safety of families during the perinatal period.

Thank you for taking time to think about how to support expecting families this legislative session.

Sincerely,

Paula Frisk,
Minnesota Coalition for Family Home Visiting (MCFHV), Chair
St. David's, Program Director of Parent & Child Services
Mental Health Practitioner & Infant-Parent Specialist