

To whom it may concern:

I am providing testimony in support of SF2235 : Employee health plan options compliance with cost-sharing limits disclosure in job postings by employers requirement provision.

Since my son was diagnosed with Type 1 Diabetes at the age of 3, on his first day of preschool, I have been paying approximately half of my income every 90 days to keep my son alive.

I also previously had little to no knowledge of Type 1 Diabetes, HRAs, HSAs, Co-pays, deductibles, Out-of-pocket maximums, CGMs, MDI, and any and all other diabetes and healthcare related terminology. I have spent so much time over the past 7 years figuring out how to pay for all of this, I now feel I could teach an undergrad course on the two.

When I heard of the law for cost-sharing for prescription drugs, medical supplies to treat chronic disease (HF2680/SF2744\*/CH57) becoming effective at the start of this year, I was hopeful that things would FINALLY change for the better for my family, and life would be affordable. Imagine, paying \$200 every 90 days instead of nearly \$2000!

However, I was sent on another Kafka-esque journey, trying to decipher if my school district employer plan met the qualifications. Every night after long hours of teaching I would research, download, read, ask on social media groups, email benefits departments. They would refer me to Medica who would refer me to Express Scripts would leave me on hold and then hang up and then sound and round again and nobody knew about the new law to begin with.

Deliberately deceiving or not, what transparency with the passing of SF2235 would mean to me is confidence that I am in the right employment for my family. I would not have spend hours outside of work trying to understand healthcare policy and law, hours that should be spent with my family. I would not spend time seeking employment elsewhere, hoping for better benefits for my family. In a time when employers need to attract and keep quality workers, advertising a benefit such as cost-sharing limits could only be a positive.

Chelsea Rudie

Parent of a child with Type 1 Diabetes

[casrude@gmail.com](mailto:casrude@gmail.com)