

## A Mother's Love Initiative

### BOYS TO MEN LEADERSHIP PROGRAM

#### **MISSION STATEMENT**

WE strive to empower boys/young men, to ensure social success. WE will achieve these goals by providing the tools necessary to learn together, grow together and build great futures together.

WE strive to ensure that the boys young men, become successful life-long leaders. By building a stronger individual, we build strong futures one young lady at a time.

#### **GOALS:**

Our goal is to address the “**root cause**” through the “3 E’s”: Education, Employment and Empowerment.

The A Mother's Love Initiative “Boys to Men Leadership Program” has educators and mentors who recognize that **ALL** boys/young men come to us with varying degrees of life experiences and trauma that may be unique to them. This is summed up in the “Invisible Suitcase Theory”.

The “Invisible Suitcase Theory” explores the trauma, abuse and neglect experienced in the home and the community. The Invisible Suitcase Theory recognizes why many of our boys/young men are often experiencing low self-esteem, low expectations and distrust in their life. It is our goal to help them pack a new suitcase filled with new life experiences.

## **BE ALL YOU CAN BE**

WE, in the Boys to Men Leadership Program, believe that our girls/young ladies should know there are no limits to what they can aspire to be. We empower them to reach for the stars.

WE, in the Boys to Men Leadership Program will offer our boys/young men academic tutoring, resources, and well as a mentor/mentee opportunity.

**TUTORING:** Kindergarten thru 6th grade



WE, in the Boys to Men Leadership Program have prepared an 8 – week training class , to ensure personal success.

Our Empowerment classes consist of:

#### **Week 1 - Beginning the Journey**

- Expectations/Group Rules
- Time of Healing
- Breaking Generational Curses

#### **Week 2 - Respecting Yourself and Others**

- Who am I, “Mask Exercise”
- What Are My Dreams

#### **Week 3 - Self-Care**

- Personal Hygiene
- Health is Wealth

#### **Week 4 - Relationship Building**

- The Play (Role Reversal)
- Family and Friends
- Communication is Key

#### **Week 5 - Violence**

- Bullying
- Community Violence
- Grief & Trauma

#### **Week 6 - Choices**

- Understanding My Emotions
- Good & Bad Choices

#### **Week 7 - Me, My Family & My Community**

- Leadership - What is it?
- Being a Good Citizen

#### **Week 8 - Graduation**

- Recap
- Graduation



*There are no limits  
YES YOU CAN!!!*

The key is patience,  
understanding,  
guidance and love



*Save the mother, you save the  
child.  
Save the father, you save the  
family.  
Save the family, you save the  
community.*



**"Bringing Back the Village"**

**A Mother's Love Initiative**  
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**Website:**

[www.amosersloveinitiative.org](http://www.amosersloveinitiative.org)

## **A Mother's Love Initiative Boy's To Men Leadership Program**



**Ages:**

**10 - 17 years old**

## A Mother's Love Initiative

### GIRLS ROCK LEADERSHIP PROGRAM

#### **MISSION STATEMENT**

**WE** strive to empower young girls/young ladies, to ensure social success. **WE** will achieve these goals by providing the tools necessary to learn together, grow together and build great futures together.

**WE** strive to ensure that the girls/young ladies, become successful life-long leaders. By building a stronger individual, we build strong futures one young lady at a time.

#### **GOALS:**

Our goal is to address the “**root cause**” through the “3 E’s”: Education, Employment and Empowerment.

The A Mother's Love Initiative “Girls Rock Leadership Program” has educators and mentors who recognize that **ALL** girls/young ladies come to us with varying degrees of life experiences and trauma that may be unique to them. This is summed up in the “Invisible Suitcase Theory.”

The “Invisible Suitcase Theory” explores the trauma, abuse and neglect experienced in the home and the community. The Invisible Suitcase Theory recognizes why many of our girls/young ladies often experience low self-esteem, low expectations and distrust in their lives. It is our goal to help them pack a new suitcase filled with new life experiences.

## **BE ALL YOU CAN BE**

**WE**, in the Girls Rock Leadership Program, believe that our girls/young ladies should know there are no limits to what they can aspire to be. We empower them to reach for the stars.

**WE**, in the Girls Rock Leadership Program will offer our girls/young ladies academic tutoring, resources, as well as a mentor/mentee opportunities.

**TUTORING:** Kindergarten—6th grade



**WE**, in the Girls Rock Leadership Program have prepared an 8 – week training class , to ensure personal success.

Our Empowerment classes consist of:

#### **Week 1 - Beginning the Journey**

- Expectations/Group Rules
- Workshop Planning
- Journaling

#### **Week 2 - Love Thyself—Self-worth**

- Who am I, “Mask Exercise”
- What Do I Like
- Who & What Do I Want to Be

#### **Week 3 - Self-Care**

- Personal Hygiene

#### **Week 4 - Relationship Building**

- The Play (Role Reversal)
- Parent & Family
- My Peers Don’t Control Me, I Do

#### **Week 5 - Violence**

- Community Violence
- Grief & Trauma

#### **Week 6 - Choices**

- Understanding My Emotions
- Good & Bad Choices

#### **Week 7 - Me, My Family & My Community**

- Leadership - What is it?
- Being a Good Citizen

#### **Week 8 - Graduation**

- Recap
- Graduation



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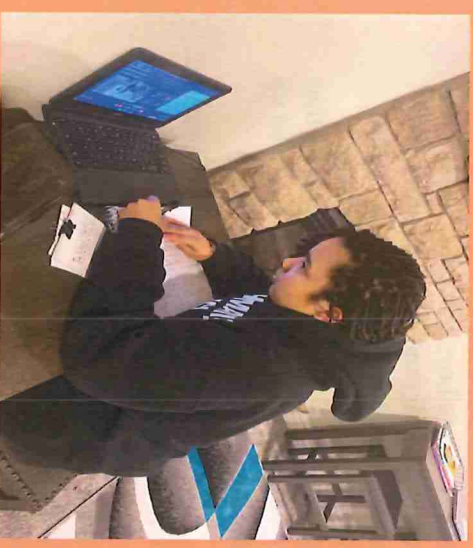
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Save the father, you save the  
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## **A Mother's Love Initiative Girls Rock Leadership Program**



**Ages:**  
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