



Twin Cities Rochester

About Bolder Options

Bolder Options is known for our 1:1 mentoring program. For 32 years, we have been empowering youth through a year-long mentorship program, pairing them with caring adults who support goal-setting and personal development. Mentors and youth commit to meeting weekly for 2-4 hours, engaging in structured activities that promote physical, social, and emotional wellness. Youth set both physical and future-focused goals, learning to break them into achievable steps. With consistent support, encouragement, and accountability, they build confidence, resilience, and access to life-changing opportunities.



86% of youth paired with a mentor successfully complete a full year of weekly mentorship with Bolder Options (vs. the national average of 50%).

Bolder Options is committed to sticking with these extraordinary young people through to careers and/or college. In partnership with their parents/guardians and mentors, we deliver on our mission to prepare Bolder Options youth to succeed in all life's races.



Experiences with Bolder Options showed me pathways to the careers I'm considering now.

We create Bolder Options for youth, one future at a time.

Visit our website at www.bolderoptions.org





Alumni Program - Inspire Futures & Grow Professional Skills

95% of Bolder youth who graduate from the 1:1 mentoring program join the Alumni Program.

- Adventure Learning programs build confidence & leadership
- I Believe/ I Achieve paid career & college training programs expose youth to wide range of career options, teach employment skills, connect with career coaches, and support pathways to careers in business, trades, public service, and more.
- I Achieve grads are eligible for scholarship & internship opportunities and leadership roles with Bolder Options

32 Years of Transformative Impact

100%

Connect
with a career
coach

86%

Know how to
make a
resume

96%

Have set &
achieved a
goal

88%

Plan to
attend
college

90%

Feel positive
about their
futures

95%

More active &
have more
energy

Funding Request

\$500,000 in fiscal year 2026 and \$500,000 in fiscal year 2027 are appropriated from the workforce development fund for a grant to provide middle and high school-aged youth with intensive one-to-one wellness and goal-oriented mentorship; programming that teaches life and job-seeking skills; access to career coaches and other mentors; and connections to employment, job training, and education opportunities. The grant will serve youth in the Bolder Options program in the Twin Cities and Rochester.



Scan to learn more
about our impact.



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