



# MINNESOTA ACADEMY OF PAS

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March 29, 2025

Senator Liz Boldon  
Minnesota Senate Building, Room 3205  
95 University Avenue W.  
St. Paul, Minnesota 55155

Dear Sen. Boldon,

On behalf of the Minnesota Academy of PAs (MAPA), I am writing to express our strong support for SF 831, legislation that aims to provide essential grant funding to address healthcare worker burnout, reduce stigma, and encourage providers to seek mental health treatment when needed. MAPA represents Minnesota's 4,000+ PAs and PA students enrolled at Minnesota's five nationally accredited PA programs. As an organization dedicated to supporting PAs and the broader healthcare workforce, we recognize the urgency of this bill and its potential to positively impact the healthcare system in Minnesota.

Healthcare workers are the backbone of our communities, providing life-saving care under immense pressure. The past few years have only magnified the physical and emotional toll they endure daily. Burnout, stress, and mental health challenges have reached alarming levels, threatening the stability of our healthcare workforce and the quality of care patients receive. Reducing the stigma surrounding mental health treatment within the medical profession is vital. Many providers fear professional repercussions or societal judgment when seeking help, leading them to suffer in silence. By allocating funding to initiatives that promote provider mental well-being, this bill will help foster a culture where seeking mental health support is normalized and encouraged.

Supporting our healthcare workers means safeguarding the future of patient care in Minnesota. SF 831 is a necessary and meaningful investment in both the individuals who dedicate their lives to caring for others and the broader healthcare system. We urge you to continue championing this legislation.

Thank you for your leadership and commitment to the well-being of our healthcare workforce.

Sincerely,

Alannah Zheng, MSPA, PA-C, CLC  
Co-Chair, Minnesota Academy of PAs Legislative & Reimbursement Committee