

Statewide Hunger Study Results

January 2025





MAKE HUNGER HISTORY

— A CALL TO —
END FOOD INSECURITY IN MN

PATH TO 2030



TRACKING REPORT OUT

REDUCING, PREVENTING, AND TRACKING HUNGER

OBJECTIVES

- Share results from our statewide hunger and food insecurity study
- Discuss reactions, questions, and ideas for the work that comes next
- Share next steps for continued roll-out and analysis

A NEW APPROACH TO MEASUREMENT



A more complete
neighbor-centric design



Data that assesses
the need in more detail



Minnesota-specific research
that can be replicated on a
timeline of our choosing

1 in 5 Minnesota
households

ARE FOOD INSECURE

THE HUNGER CONTINUUM



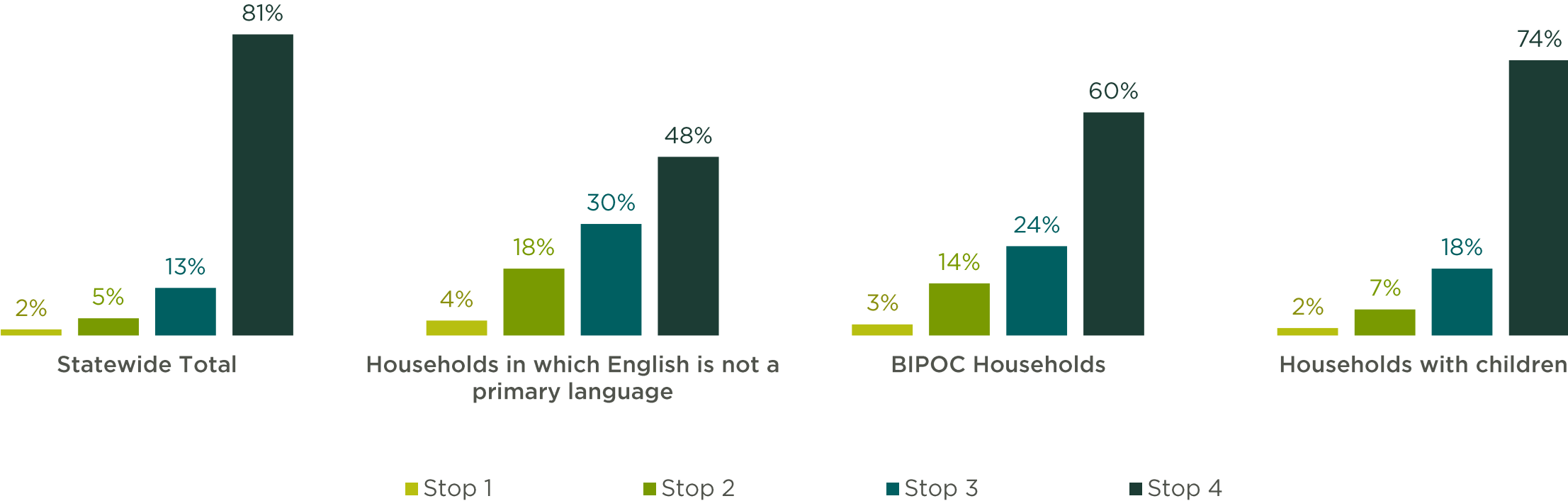
Totals reflect rounding.

Food insecurity is not
felt evenly

AMONG ALL MINNESOTANS

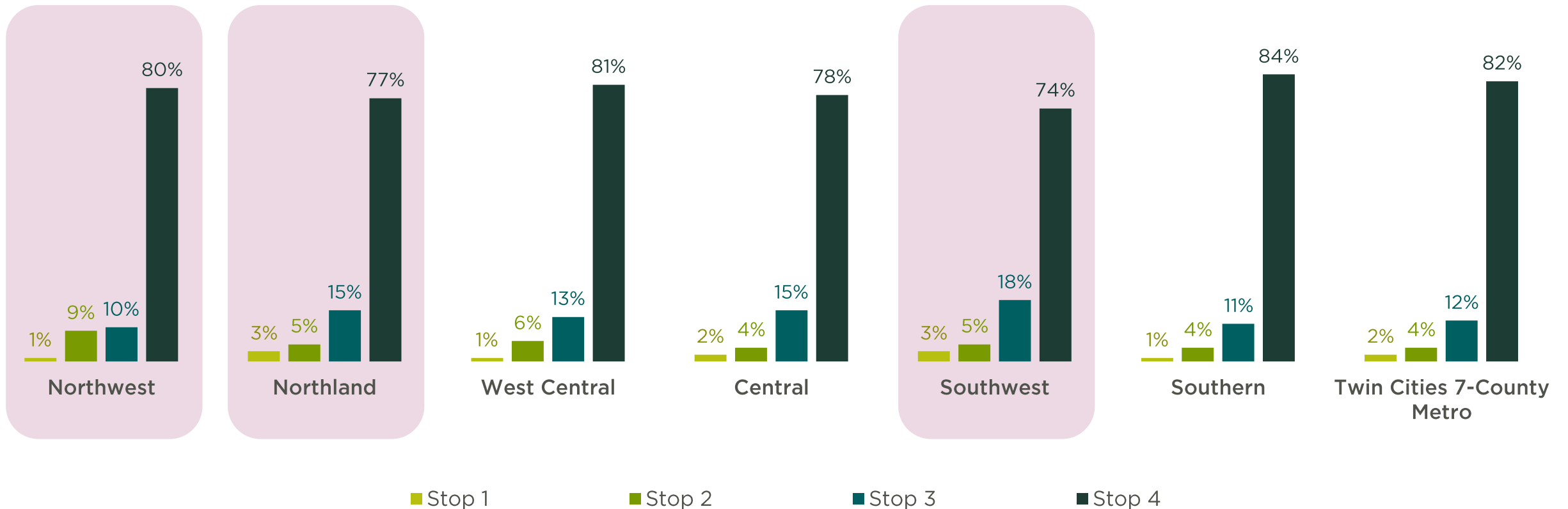
FOOD INSECURITY VARIES SIGNIFICANTLY AMONG DIFFERENT HOUSEHOLD TYPES

Distribution of Each Household Type Along the Hunger Continuum



HUNGER AND FOOD INSECURITY RATES VARY ONLY SLIGHTLY BY GEOGRAPHIC REGION

Distribution of Each Region Along the Hunger Continuum



THE HUNGER RELIEF NETWORK FEEDS MN



18% of the state
served by hunger relief



A majority of people
served had all the food
they needed

THE HUNGER-RELIEF NETWORK IS FEEDING A LOT OF MINNESOTANS

Among Households Who Are Receiving Support:



Some help



Enough help,
still not food
secure

Receive neither SNAP nor food aid



5%

Receive only SNAP



13%

Receive food aid and SNAP



29%

Receive only food aid



53%



The peak is ahead

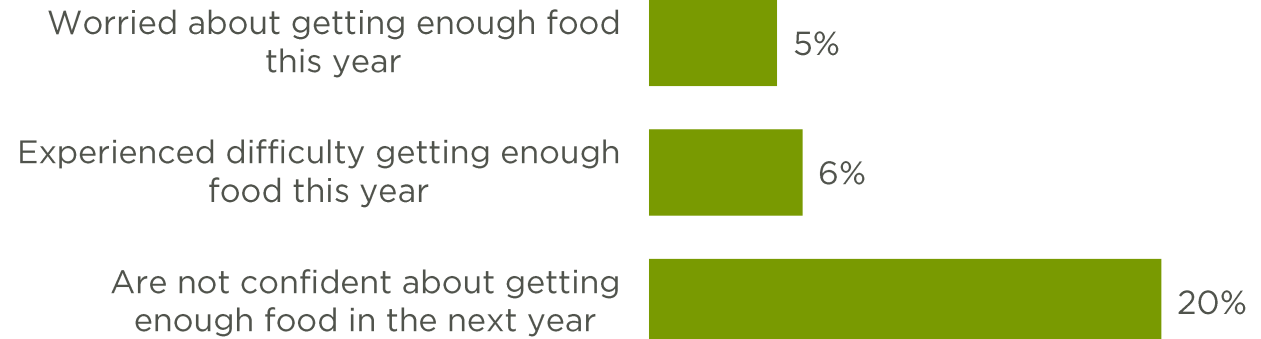
- Even food-secure neighbors face hardship
- Political uncertainty
- Economic uncertainty

MINNESOTA'S HUNGER-RELIEF NETWORK IS STRONG, BUT WE CAN'T MEET GROWING NEED INDEFINITELY



No need for
help, have
enough food

Among Food-Secure Households:



OUR GOAL:
BY 2030

90%

of MN households will be

FOOD SECURE

NEXT STEPS

- Continued analysis and ongoing partnership to ensure a shared, coordinated, statewide effort

Thank you!

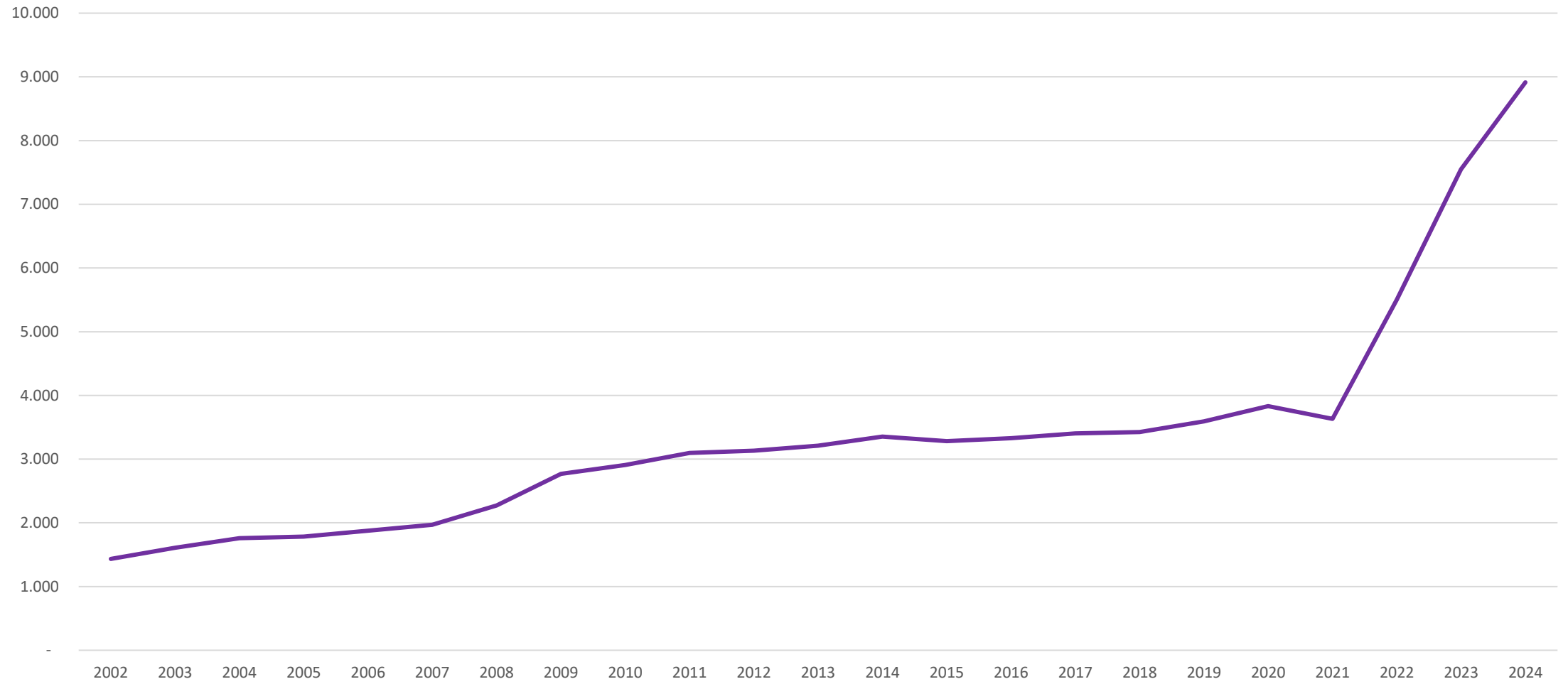
Questions?



2024 Preliminary Food Shelf Visit Statistics



Food shelf visits total (in millions)



Food shelf visits total (in millions)

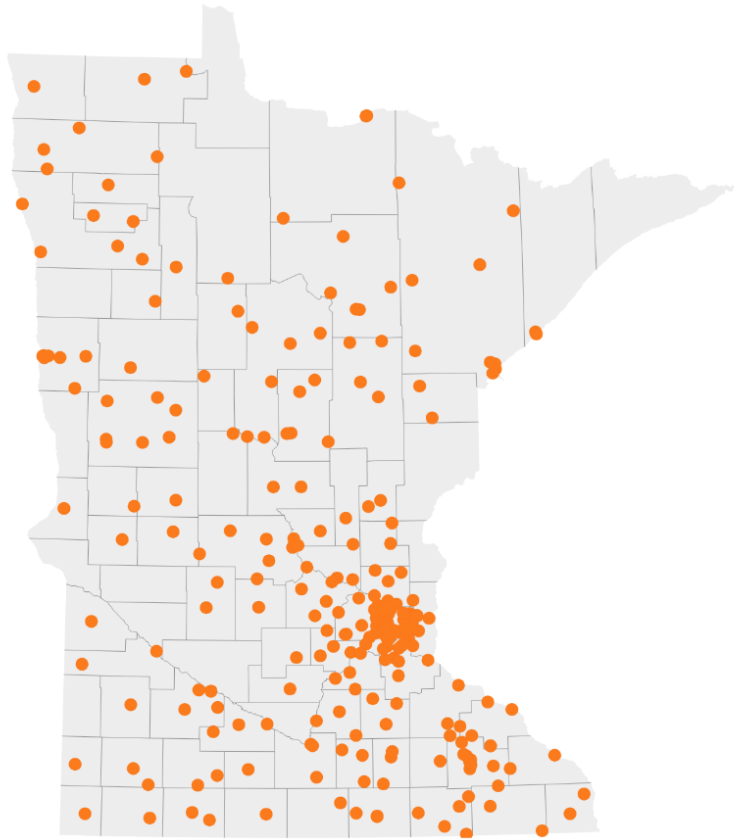


2023 & 2024 Totals

	Children	Adults	Seniors	Individuals	Households	Pounds
YTD 2023	2,710,541	3,978,419	874,737	7,563,697	2,738,444	139,139,946
YTD 2024	3,230,534	4,705,574	977,602	8,913,710	2,850,024	154,353,844
# change	519,993	727,155	102,865	1,350,013	111,580	15,213,897
% change	19.2%	18.3%	11.8%	17.8%	4.1%	10.9%



The Minnesota Food Shelf Program (MFSP)



Created with Datawrapper

- State grant
- Non-competitive
- Grant amounts range from \$7,500 to \$150,000

