

HYDROQUINONE EXPOSURE

FROM SKIN-LIGHTENING PRODUCTS

Research has found harmful ingredients in skinlightening products, including hydroquinone. Hydroquinone reduces melanin production. Hydroquinone is toxic and harmful.



THE AMOUNT OF HYDROQUINONE ABSORBED INTO THE SKIN DEPENDS ON:

- ✓ How often the product is applied
- ✓ How long you apply the product
- ✓ Where you apply the product
- ✓ Use during pregnancy and/or breastfeeding



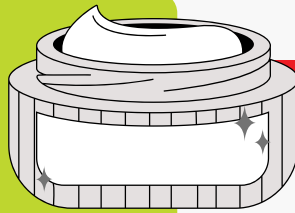
Some products exceed the hydroquinone concentration legal limit of 2%



Skin-lightening products are used by women and men.

HYDROQUINONE CAN HARM YOUR HEALTH:

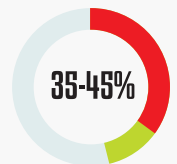
- It can cause skin irritation
- It can cause cancer
- It can cause skin inflammation
- It can cause extreme sensitivity to sunlight
- It can cause ochronosis, a blue-black or gray-blue skin discoloration



Skin-lightening products include creams, ointments, soaps, capsules/pills, and injections



Many skin-lightening product's ingredient label does not list all ingredients in the product. Avoid all skin-lightening products



35-45% OF HYDROQUINONE IS ABSORBED THROUGH THE SKIN

WHAT COSMETIC PRODUCTS CONTAIN HYDROQUINONE?

Creams, lotions, soaps, and skincare products used for skin-lightening purposes.

WHAT TO DO?

- If you use products that have hydroquinone in it, stop use & consult with your doctor
- Read the skin-lightening products' labels. Do not use products that contain hydroquinone
- Embrace your own beauty and avoid chemical exposure from skin-lightening products

DO NOT THROW SKIN-LIGHTENING PRODUCTS IN THE TRASH. TAKE IT TO A HAZARDOUS WASTE SITE. FOR HELP, CONTACT US VIA

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