

Office of Ombudsman for Long-Term Care

Cheryl Hennen – State Long Term Care Ombudsman



mn.gov/ooltc 2-6-2023

Mission & Vision Statement

Mission:

• To empower, educate, and advocate alongside Minnesotans who are receiving long-term care services and supports to ensure their rights are upheld.

Vision:

- All Minnesotans seeking or receiving long-term care services and supports have a high quality of life and high quality of care with a person-centered focus.
- The OOLTC empowers and advocates alongside residents in individual cases to help them achieve their best life.
- The OOLTC is a leading voice influencing public policy to systemically improve long-term care in Minnesota.

Who Do We Serve?

Our program's services are free of charge. We serve:

- Anyone seeking information about long-term care services.
- Individuals 18+ who are a current, prospective, or former resident of a long-term care facility.
- Individuals receiving home care services.
- Medicare beneficiaries with hospital discharge concerns.
- Long-term care facility staff members and administrators with resident-related concerns.



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What Do We Do?



Where Complaints Originate

Complaints come to OOLTC from a variety of sources, even from facility staff.

Residents themselves are the most common source of complaints, but concerns are reported by families, friends, guardians, other agencies, facility staff, and others.

Complainants in 2022



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OOLTC Case Procedure

REQUEST

A complainant (resident, family, facility staff) asks for help.

CLOSING The case is closed when the resident directs us to stop our work.

RESOLUTION

The RO works to solve the problem in the way

the resident desires (care conferences, meetings

with facility staff, identifying unmet needs,

providing information/education, etc.)

THE RESIDENT IS OUR CLIENT

CONSENT

The RO meets with the resident, learns about their concerns and asks for consent to investigate and act.

INVESTIGATION

The RO investigates: record reviews, interviews with staff/family/other residents/case managers/other care providers, observation, call light audits, etc.

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Regional Ombudsman



- Work with residents to resolve complaints.
- Their regions are based on windshield time, population density, and amount of work at facilities in the area.
- Regional ombudsman generally live in their area and have community ties which helps to develop trust with residents and staff.
- Regional ombudsman have complex training mandated by the Administration on Community Living and have backgrounds as LTC providers, social workers, and case managers.

Case Examples

- In a skilled nursing facility, a resident wanted to transfer without the use of a hoyer lift as she had a traumatic experience with this equipment. The staff refused to toilet her without using the lift and the resident refused to use the lift. As a result the resident was expected to toilet on an incontinence pad in bed. The regional ombudsman was able to advocate for the resident to safely transfer herself to a commode. The regional ombudsman was also able to advocate for the resident to use a shower chair instead of receiving bed baths which left her feeling grimy and not fully clean.
- A skilled nursing facility contacted the OOLTC as required by law when it started a closure. The
 regional ombudsman participated in closure planning meetings and made sure that resident
 choices were included in the closing notice letter. The regional ombudsman was present at the
 meeting when the closure was announced to residents. The regional ombudsman worked with
 individual residents who had some concerns during the closure and at the facility where they
 moved afterwards. The RO helped to ensure that the residents had choice in where to move. The
 facility stayed open until all the residents had a safe and appropriate new home.

Funding and Administration

Funding in 2022



OOLTC is a program of the Minnesota Board on Aging that is administratively housed in DHS.

OOLTC is funded through the State of Minnesota, the Older Americans Act, and other sources.

Current Office Structure



Regional Ombudsmen



Work is Complex and Increasing

Complaints across all categories rose by 16% from 2021 to 2022 and complaints about care problems rose 30%.



Work is Complex and Increasing



Complaints about contract and service terminations, evictions, and refusals to readmit from the hospital have increased by 96% from 2021 to 2022.

Top Complaint Categories

1. Care

- 2. Autonomy, choice, rights
- 3. Admission/transfer/discharge
- 4. Facility policies and procedures
- 5. System and other

Unable to Serve All



Budget Request

Requesting 17 FTEs

10 New Staff Working with Clients

10 Regional Ombudsman



Projected New Maps





More Help is Needed



Residents need more advocates to elevate the resident voice.

OOLTC needs a budget appropriation to do this. When investing in LTC, it is critical that part of that is investing in the resident voice/advocacy/OOLTC.

OOLTC is Essential

Residents deserve better.

Please help us strengthen the resident voice by providing additional financial support for our office.





Thank You!

Cheryl Hennen

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