

Minnesota Dental Infrastructure Gap:

One-Time Infrastructure Investments Are Needed Now To Meet 2024 Minnesota Legislative Dental Target

Apple Tree Dental, Children's Dental Services, Community Dental Care, HealthPartners, Hennepin Healthcare, Minnesota Association of Community Health Centers, Minnesota Dental Association, Minnesota Oral Health Coalition, Normandale Community College, Northern Dental Access Center, PrimeWest Health, Southern Heights Dental Group, and University of Minnesota School of Dentistry

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Oral Care in Minnesota

BACKGROUND

The 2021 Minnesota legislature passed historic bipartisan legislation¹, ushering in a new era of oral health for Minnesotans in need². Because oral health and overall health are inextricably linked³, immediate and ongoing work has been set in motion to remedy Minnesota's dental health inequities⁴, unaddressed in over 30 years⁵. No one piece of legislation addresses the multifaced problem that includes reasonable reimbursement, adequate physical capacity, and enough workforce to deliver at least basic dental care. The 2021 Legislation began to address longstanding Minnesota health disparities with patient-centered, community-centric, value-based approaches to social determinants of health, health literacy, and impact of oral health on overall health.

MINNESOTANS IN NEED OF DENTAL CARE

Nearly one and a half million Minnesotans (107,943⁶ in MinnesotaCare and 1,344,634 in Medicaid & CHIP⁷) from every county in the state are publicly insured⁸. The 2021 legislation sets a performance benchmark of one dental visit per year for 55% of this

population. Currently state data shows that about 14% to 42% percent of those on public insurance receive that single annual dental visit (see tabular listing by county on last page). Conservatively, there is a 10% shortfall to meet the legislative benchmark. Minnesota defines **Critical Access Dental (CAD) Providers** according to Statute^{9,10}. CAD providers deliver two-thirds of the publicly insured dental visits in Minnesota. They are at full capacity with long waitlists, often in the hundreds and thousands of patients. **Additional one time infrastructure investments**¹¹ **are needed to expand capacity and deliver care to about 150,000 additional Minnesotans on public insurance and bridge the nearly 10% gap**.



In 2020, in all Minnesota counties, those on public insurance, had dental visit rates below 45%. Legislative target is 55% by 2024.

LOWERING TOTAL COST OF CARE

Being seen at least once per year for **prevention measures leads to better health and lower-cost treatments**. In 2021 periodontal benefits were restored by the legislature as part of the bipartisan package. Periodontal disease has been linked to chronic health conditions¹² such as diabetes, heart disease and even dementia. Dental Disease that goes untreated too often results in toothaches and expensive trips to the Emergency Room^{13,14}. Research shows that early treatment¹⁵ results in thousands of dollars in downstream savings accrued to the state as these patients are publicly insured. Remaining treatment gaps can be addressed by **increasing the provider capacity**, **increasing provider participation in the network, increasing availability of timely, local dental care, and helping reduce costly emergency department usage¹⁶. The Minnesota Commissioner of Human Services is tasked with measuring the effectiveness of public investments in achieving the intended legislatively designated outcomes.**

Bridging Gaps in Creating Public Value for Minnesotans

While much has been accomplished, major challenges remain. Achieving the legislative target of 55% of people with a single annual dental visit requires a matching increase in the provider capacity. Access is key to better health and lower overall spending. For example, the commercially insured population in Minnesota, receives more frequent dental visits, despite suffering from about half the disease burden compared to publicly insured patients. In essence, Minnesota's publicly insured population has twice the dental disease burden.

CRITICAL ACCESS DENTAL CARE PROVIDERS

CAD providers disproportionately serve children, adults, people with disabilities and seniors on publicly insured Minnesota Health Care Programs (MHCP). CAD designation requires a dental practice to deliver at least 25% of rural and 50% of urban dental appointments. There is an equivalent of 346 FTE dentists as registered CAD providers¹⁷. That is about 10% of the state's practicing dentists. Though reimbursements have recently increased, they still do not cover the cost of providing care for the remaining dentists which minimizes their participation. Expanding the infrastructure of our CAD providers, Minnesota's Medicaid dental workhorses, will have a strong return on public investment to meet the legislative target.

One-Time Investment to Secure Critical Access to Dental Care

CAD providers, both in private practice and nonprofits, are on the frontlines of dental care delivery and must have the additional infrastructure and staff to deliver the increased services required to Minnesotans in need. Our proposal is neutral on the administrative structure behind the delivery of dental care. Changing administration models and administrators will not increase infrastructure and workforce shortfalls. To reach the 55% utilization target mandated by the legislature by 2024, we must address infrastructure and workforce gaps head on. Infrastructure is a "brick and mortar" issue. As we have laid out, physical capacity and workforce is fully saturated, and **lack of such resources have now become barriers to caring for our children, adults, and our elders in need.** Therefore, we offer the following recommendations for consideration.

1. One-Time General Fund Investment in Needed Infrastructure

In order to deliver the additional services our legislature has mandated to publicly insured Minnesotans in need, we request consideration for additional one-time dental infrastructure investments to increase the state's capacity to deliver care. This includes equipment replacement and enhancement, additional mobile dental care capacity, and facility expansion. **Only by investing in the infrastructure capacity Minnesota must have, can we meet the legislative targets set.** We estimate this one-time investment at \$20 million.

2. Activate Dental Workforce Expansion and Job Growth

Expanding infrastructure is inextricably linked to a proportional workforce expansion. This leads to additional jobs. This will also stimulate employment in the ring of suppliers that support the functioning of an increased dental care delivery capacity. These jobs are private-sector and benefit-earning positions expanding the state's health care supplier sector. We estimate the investment to increase training and workforce capacity at \$5 million. In a separate public policy proposal, we will describe this requirement in greater detail.

3. Set the Evaluation Metric for Reporting to the Legislature

We cannot reliably improve what we do not measure. Therefore, we recommend that the impact of this investment be quantified and reported back by county to the legislature with data from DHS and dental providers. This way a correlation can be established between reaching the 55% utilization and the increased investment in capacity.

Summary

There is an infrastructure gap for Critical Access Dental providers to meet or exceed the **legislatively mandated 1**dental visit per year for 55% of the nearly 1.5 million Minnesotans on public insurance. Bipartisan legislative leadership is continuing to raise the bar on fiscally responsible, effective, preventative dental care and improved access. Leadership from the Minnesota legislature, the Departments of Health and of Human Services remains vital and necessary to bridge the infrastructure gap so that CAD providers can serve our children, adults, and elders in need. We believe Minnesota can become an inspiring model for Oral Health for the entire nation.

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Percent Minnesota Public Insurance Patients That Visited a Dental Provider (2020 by County)

Between 14% to 40% on public insurance had 1 dental visit. The rest did not receive a single dental visit in 2020. Over 65% of the visits were provided by Critical Access Dental (CAD) Providers. CAD are often at full capacity with long waiting lists in the hundreds and thousands of patients. Without additional capacity / infrastructure, state target of 55% cannot be reached.

AITKIN	33.07	LYON	29.34
ANOKA	34.45	MAHNOMEN	34.80
BECKER	39.75	MARSHALL	26.83
BELTRAMI	33.89	MARTIN	36.26
	33.09	MCLEOD	35.49
BENTON		MEEKER	32.62
BIG STONE	32.55	MILLE LACS	29.77
BLUE EARTH	32.70	MORRISON	37.71
BROWN	38.42	MOWER	29.80
CARLTON	31.93	MURRAY	30.30
CARVER	31.16	NICOLLET	31.76
CASS	31.82	NOBLES	25.57
CHIPPEWA	38.75	NORMAN	36.73
CHISAGO	29.31	OLMSTED	36.10
CLAY	34.53	OTTER TAIL	40.98
CLEARWATER	36.48	PENNINGTON	27.01
COOK	41.56	PINE	28.49
	35.05	PIPESTONE	14.38
COTTONWOOD		POLK	39.64
CROW WING	33.43	RAMSEY	30.63
DAKOTA	30.02	RED LAKE	29.25
DODGE	33.89	REDWOOD	30.11
DOUGLAS	41.98	RENVILLE	33.15
FARIBAULT	32.25	RICE	36.49
FILLMORE	31.21	ROCK	23.39
FREEBORN	33.61	ROSEAU	28.77
GOODHUE	34.59	SCOTT	32.92
GRANT	40.40	SHERBURNE	32.29
HENNEPIN	31.95	SIBLEY	39.67
HOUSTON	32.65	ST. LOUIS	31.54
HUBBARD	38.70	STEARNS	34.97
ISANTI	29.55	STEELE	37.51
		STEVENS	37.39
ITASCA	40.03	SWIFT	31.49
JACKSON	28.50	TOOD	34.09
KANABEC	35.72	TRAVERSE	35.87
KANDIYOHI	37.68	WABASHA	32.92
KITTSON	28.08	WADENA	34.66
KOOCHICHING	38.82	WASECA	35.17
LAC QUI PARLE	39.63	WASHINGTON	31.54
LAKE	30.72	WATONWAN	34.51
LAKE OF THE WOO	31.95	WINONA	36.17
LE SUEUR	31.99	WRIGHT	32.78
LINCOLN	31.38	YELLOW MEDICINE	39.85