## www.familyservicerochester.org



January 26, 2023

To: Proof Alliance

Re: FASD Prevention Grants

Dear Ms. O'Brien,

On behalf of Family Service Rochester please accept this letter of support for an increase in Fetal Alcohol Spectrum Disorder (FASD) Prevention Grants to make prevention services available to more people in more communities.

In Minnesota, 13.1% of pregnancies are exposed to alcohol. and across the Nation it is estimated that one in 20 children have an FASD. It's more common that autism. It has lifelong implications. And with the right supports and resources, it's 100% preventable.

Family Service Rochester's Family Advocacy in Recovery and Restoration (FARR) program provides recovery support for women who are pregnant and/or parenting. Services are culturally appropriate, gender specific, and comprehensive. This service is provided in Dodge, Olmsted, Steele, Waseca, and Winona Counties. Since Farr's inception in August of 2020, 98% of the babies born to participants were free of alcohol and/or not prescribed substances at birth.

Our organization is a grantee recipient of FASD Prevention Grants for fetal alcohol spectrum disorders (FASD) prevention programs that support pregnant and parenting women with histories of alcohol use disorders. This grant program provides evidence-based and culturally appropriate recovery support services. The program not only supports women during pregnancy but prevents future alcohol-exposed pregnancies by providing wraparound services to increase stability and maintain recovery.

An expansion of FASD Prevention Grants from a base of \$750/year to \$1.25 million per year would provide additional grants to additional partners in Minnesota. This would provide access to services/resources in additional geographical regions of Minnesota and increase our reach in underserved communities. We urge the committee to support this vital legislation.

Thank you for your efforts and for your work on behalf of all Minnesotans. Sincerely,

Scott Maloney
Executive Director
Family Service Rochester

(507) 287-2010