

Rural MN Counties experience aging earlier, more acutely than metropolitan areas
 Source: 2015-2019 U.S. Census Bureau data

County	% of Aging over 65	Area Agency on Aging
Aitkin	32%	Arrowhead
Cook	27%	Arrowhead
Lac qui Parle	27%	MN River
Lake	26%	Arrowhead
Big Stone	26%	MN River
Murray	25%	MN River
Cass	25%	Central
Hubbard	25%	Dancing Sky
Traverse	25%	Dancing Sky
Lincoln	25%	MN River
Koochiching	24%	Arrowhead
Kittson	24%	Dancing Sky
Pope	24%	Dancing Sky
Lake of the Woods	23%	Dancing Sky
Otter Tail	23%	Dancing Sky

Minnesota's Aging Population and Disability Communities
Susan Brower, MN State Demographer
January 8, 2022

MN Area Agencies on Aging regions containing the above counties

Arrowhead - kkane@ardc.org Central - lori@cmcoa.org

Dancing Sky - darla@nwrdc.org MN River - jswanson@MNRAAA.org