



## MINNESOTA & SANDY HOOK PROMISE

### OUR ORGANIZATION

[Sandy Hook Promise](#) (SHP) envisions a future where all children are free from school shootings and other acts of violence. As a national nonprofit organization, SHP's mission is to educate and empower youth and adults to prevent violence in schools, homes, and communities. Creators of the life-saving, evidence-informed "Know the Signs" prevention programs, SHP teaches the warning signs of someone who may be in crisis, socially isolated, or at-risk of hurting themselves or others and how to get help. SHP also advances school safety, youth mental health, and responsible gun ownership at the state and federal levels through nonpartisan policy and partnerships. SHP is led by several family members whose loved ones were killed in the tragic mass shooting at Sandy Hook Elementary School on December 14, 2012.

### OUR SUPPORT

Throughout Minnesota, SHP has engaged youth & adults in our mission and prevention programs. **Our base of supporters in the state has grown to over 37,000**, including 279 volunteer [Promise Leaders](#) who help raise awareness and engage their communities to help protect children from violence.

### OUR IMPACT

Nationally, SHP's programs have helped avert multiple school shootings, suicides, and other acts of violence. **In Minnesota, we have trained and empowered over 60,000 students and adults in 113 schools to *Know the Signs* and prevent violence.** We have 172 students involved in multiple [SAVE Promise Clubs](#) throughout the state.



### OUR PROGRAMS

Research has proven that Sandy Hook Promise's *Know the Signs* programs effectively teach youth and adults how to prevent school violence, shootings, and other harmful acts. Students and educators learn how to identify at-risk behaviors and intervene to get help. These early-prevention measures empower everyone to help keep schools and communities safe.

- **Start with Hello** – teaches youth how to minimize social isolation, marginalization, and rejection by creating an inclusive community that reaches out and connects with at-risk individuals BEFORE they choose to hurt themselves or others.
- **Say Something** – trains students to recognize the warning signs and signals of someone at risk of hurting themselves or others and to "say something" before a tragedy can occur.
  - **Say Something: Prevent Suicide** – expands on the core *Say Something* program to teach the warning signs and risk factors specific to suicide. Training and resources are specifically tailored each for educators, parents, and students.
  - **Say Something Anonymous Reporting System (SSARS)** – allows youth and adults to share secure and anonymous safety information before an at-risk individual harms themselves or others.
- **Students Against Violence Everywhere (SAVE) Promise Clubs** – student-led organizations that encourage youth to take charge of keeping schools safe by teaching, modeling and continually reinforcing the key messages of *Start with Hello* and *Say Something*