



# Wealth | Health | Social Change

## Mission & Vision

**Appetite For Change (AFC) is a community led nonprofit that uses food as a tool to build health, wealth, and social change in North Minneapolis and beyond.**

Since the start of MN's 2023 legislative session, the North Minneapolis Aldi's and Walgreens closed, while nearby, discount, food-outlet Walmart in Brooklyn Center is closing this month. AFC has been providing a safe, community-gathering space since 2015, including one of very few, full-service restaurants; serving made-from-scratch meals and providing jobs to community members on the Northside.

In just 11 years, AFC has grown from a start-up organization with an operating budget of less than \$25,000 to an almost \$5 million organization that employs over 100 people annually, invests millions into our community every year, and is improving the lives of thousands. AFC has become a food justice leader in the seven county Metro Area, the State of Minnesota and even globally through the Social Gastronomy Movement.

## The Project

We envision an "AFC Campus", providing a wealth of services, gathering spaces, community revitalization and food retail options. Appetite For Change will be acquiring land and constructing or rehabilitating a facility for its headquarters which will include: offices, programming spaces, retail, agriculture, and more. The approximately 20,000 square foot facility will be owned/operated by AFC and will house all of it's offices, programming and social enterprises including: Community Cooks Workshops, Youth Employment & Training, Breaking Bread Cafe & Catering, Indoor and Outdoor Food Production, The West Broadway Farmers Market & a year-round, food/retail market. Spaces will also include: kitchen, cold and dry storage, classrooms, offices, agriculture, community gathering, retail.

AFC's forever home will retain 76 (approx. 45FTE) current employees at AFC and will create an estimated 50 new jobs initially, and another estimated 25 jobs annually through expanded social enterprises, and scaled training/employment opportunities. This pre-design project will make possible the acquisition and construction/rehabilitation of a property in North Minneapolis that will make transformational change in our community. AFC's project will have lasting impact on the youth, families, elders and entire food system of or 7 county metro area with your support.

## Programs | Ventures

- **Community Cooks Workshops & Meal Boxes**
- **Urban Agriculture**
- **Youth Training and Opportunities Program**
- **Breaking Bread Cafe & Catering**
- **AFC Meals | Kitchen Coalition**
- **West Broadway Farmers Market**
- **Station 81 Drink & Eatery**
- **Network Weaving | MFJN | Northside Fresh**

## Appetite For Change

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## Your Support

AFC needs a permanent location to house our diverse programs and social enterprises and serve the community's unmet needs around food retail, youth recreation and employment, wellness activities and wealth building through food. The AFC campus will provide a space, owned by the community, where food can be used to catalyze lasting, transformative and holistic community development. AFC requests \$1,500,000 (FY24) be appropriated from the general fund to DEED, for a grant to Appetite for Change, a 501(c)(3) organization, for site selection, acquisition, planning & predesign for a facility that will provide access to food, workforce development, food production/agriculture, and health/wellness services.

## Appetite For Change | Programs

**Community Cooks** | Free weekly cooking workshops designed for youth, families, and mothers. Participants prepare and eat delicious meals together, learn about nutrition, and engage in group discussion about social change.

**Community Cooks Meal Boxes** | Brings the workshop to participants' doors, delivering locally-sourced ingredients, fresh recipes, and cooking tips to more than 400 households every week.

» [afcmn.org/mealbox](https://afcmn.org/mealbox)

**Urban Agriculture** | Our seven urban farm sites offer space for community members and youth to connect with the land and their food. We grow over 10,000 pounds of chemical-free produce annually, supplying our cafe, meal boxes, farmers market, and other local vendors with fresh fruits and vegetables.

**Youth Training & Opportunities Program** | Youth engage in peer-led activities that aid in the development of leadership, organizing, and advocacy skills. Training takes place in the kitchen, garden, classroom, and even the music studio.

**Metro Food Justice Network** | A network of community members, organizations, and businesses working together for food justice in Minnesota. By building relationships, sharing resources, and advocating for policies, we use the food system to create change in our community and beyond.

» [mfjn.org](https://mfjn.org)

## Appetite For Change | Food Ventures

**Breaking Bread Cafe & Catering** | A neighborhood eatery, AFC brings an affordable and nourishing restaurant option to North Minneapolis. Made from-scratch and plant-based options, the menu celebrates the culinary legacy of Black Americans. Catering is also available across MN with customizable menus for every event

» [breakingbreadfoods.com](https://breakingbreadfoods.com)

**West Broadway Farmers Market** | A diverse, community-led space offering fresh produce, local food, and arts from Northside entrepreneurs, Fridays @ the Capri Plaza

» [afcmn.org/wbfm](https://afcmn.org/wbfm)

**Station 81 Drink & Eatery** | A restaurant & bar with private dining space in downtown St. Paul. Offering commuters, residents, and workers alike local, affordable, and chef-driven food options inside the historic train station. Every meal enjoyed at Station 81 directly supports AFC's mission, and Union Depot is a perfect venue for any event.