

Anonymous Female, mid-70's, lives about 30 minutes north of Duluth, MN

I had surgery in Duluth, MN in June, 2021 to repair my shoulder. I had fallen and three of the tendons tore away from my shoulder. I didn't sleep the night before surgery, and after the surgery I was only advised to only take Tylenol and ibuprofen with no additional pain medications prescribed. I was in the worst pain I've ever experienced in my life and couldn't sleep due to the pain. The Tylenol and ibuprofen weren't working to take the pain away.

Two days after my surgery with no sleep I called my surgeon and was advised to stay on course with the Tylenol and ibuprofen and make sure I was taking them regularly, which I already was. I still couldn't sleep due to the pain! Five days after my surgery I again called my surgeon because I hadn't slept at all since surgery and he prescribed me a small number of a weak opioid pain reliever. I was finally able to get some sleep but the pain was still unbearable for a few weeks.

Was the surgeon afraid I would become addicted? This was inhumane to put me in such agony. I will never have any surgery again and I wish I would have just let my arm rot off instead of having had this surgery. This is wrong!