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EXECUTIVE ORDER NO. 81-6

Providing For the Establishment Of A Governor's Council On Health Promotion And Wellness

I, ALBERT H. QUIE, Governor of the State of Minnesota, by virtue of the authority vested in me by the Constitution and applicable statutes, including but not limited to, Minnesota Statutes 1980 Section 15.0593, do hereby issue this Executive Order:

WHEREAS, Minnesotans are a healthy people with an active and growing concern for maintaining and improving their well being; and

WHEREAS, it is recognized that individuals who are mentally, emotionally, spiritually and physically fit are healthier, more productive and less susceptible to accidents, stress, hypertension and other diseases requiring medical care; and

WHEREAS, a healthy individual contributes to the prosperity

of the State, and leads to healthier families, healthier institutions and a healthier society; and

WHEREAS, there is an increasing awareness on the part of individuals of the need to assume greater responsibility for their own well being and greater involvement in health care decision making; and

WHEREAS, an organized and publicized program of health promotion and wellness would greatly assist efforts already under way in the State of Minnesota which emphasize prevention of illness; and

WHEREAS, health promotion and wellness are practical, promising and beneficial approaches to curbing the upward spiral of health care costs;

NOW, THEREFORE, I Order:

- The establishment of the Governor's Council on Health Promotion and Wellness pursuant to <u>Minnesota Statutes</u> Section 15.0593 and other applicable State statutes.
 - a. The Council shall be appointed by the Governor and consist of fifteen (15) members experienced or interested in health promotion and wellness. There shall be at least one member from each Congressional district.
 - b. The chairperson of the Council shall be appointed by the Governor from among the members.

- c. Members of the Council shall not receive per diem pay but may be reimbursed for travel and other expenses.
- 2. The Council is charged to improve the quality of life of the citizens of Minnesota. This charge includes but is not limited to:
 - a. Provision of assistance to organizations, communities and neighborhoods in their efforts to encourage individual, family and community health promotion and wellness programs.
 - b. Sponsorship of informational, educational or research projects related to health and wellness which, when completed, would have a positive effect on the quality of life of Minnesota's citizens.
 - c. Examination of laws, rules, or practices of State government that encourage or discourage healthy lifestyles and recommendation of changes thereto.
 - d. Promotion of health and wellness among State employees, recognizing the leadership role of State government as the largest employer in Minnesota.
- 3. The Council is authorized to solicit, receive and disburse, on behalf of the Governor, funds made available for health promotion and wellness.

- 4. The chairperson may appoint, subject to approval by the Council, advisory committees composed of individuals who have interest and/or expertise in various health promotion and wellness fields.
- 5. The Council may, subject to the availability of funds, hire staff to assist in its work and contract with such individuals and organizations as may assist in carrying out the duties of the Council.
- 6. Related State agencies shall, subject to resource limitations, cooperate with and assist the Council in its work.

Pursuant to <u>Minnesota Statutes</u> 1980 Section 4.035, this Order shall become effective fifteen (15) days after the publication in the State Register and filing with the Secretary of State and shall expire in accordance with the provisions of <u>Minnesota Statutes</u> 1980, Section 4.035, Subdivision 3.

IN TESTIMONY WHEREOF, I have hereunto set my hand this _____ day of July, 1981.

ALBERY H. QUIE

Covernor

State of Minnesota

Filed According to Law:

Joan Anderson Growe Secretary of State